

**Championnats Provinciaux Epreuves combinees - 7/24/2004 to 7/25/2004****Piste Ben-Leduc****Résultats - Outdoor Pentathlon****Femmes Outdoor Pentathlon Minime**

Points 60H HJ JT LJ

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1 Jobin, Lea 11.85 1.19m 28.86m 4.33m  
Saint Laurent Select w: -1.8 w: -0.7  
93 1548 (405) (302) (455) (386) (0)

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2 Chabot, Sandrine 12.59 1.22m 9.84m 3.73m  
Jeunesse Athletics Waterl w: -0.8 w: -0.2  
94 987 (305) (331) (103) (248) (0)

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3 Sigouin, Melissa 13.29 1.13m 11.35m 3.36m  
Corsaire Chaparal w: -1.8 w: -0.3  
93 772 (222) (248) (130) (172) (0)

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4 Brodeur, Eloise 12.98 1.07m 10.78m 3.19m  
Montreal International w: -0.8 w: -1.4  
93 714 (257) (197) (120) (140) (0)

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5 Brown, Carmille 14.50 1.10m 6.99m 3.24m  
Saint Laurent Select w: -0.8 w: +0.0  
94 532 (107) (222) (53) (150) (0)

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6 Moustaine, Sarah 13.53 0.95m 10.92m 2.96m  
Dynamique Laval w: -1.8 w: 0.5  
95 523 (196) (104) (123) (100) (0)

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7 Samson, Michelle 14.52 0.92m 8.75m 2.91m  
Corsaire Chaparal w: -0.8 w: 0.4  
93 366 (106) (84) (84) (92) (0)

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8 Sigouin, Cynthia 14.76 0.92m 4.00m 2.98m  
Corsaire Chaparal w: -1.8 w: 0.2  
95 278 (88) (84) (2) (104) (0)

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Points 60H LJ DT HJ JT

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 1 Sinnathurai, Shangethan 11.48 4.59m 19.41m 1.16m 19.26m  
 Saint Laurent Select w: -3.1 w: 3.4  
 93 1179 (296) (306) (261) (165) (151)  
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2 Simpson, Charles 12.82 4.17m 20.00m 1.25m 23.19m  
 West Island w: -3.1 w: 5.2  
 93 1065 (136) (234) (272) (218) (205)  
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3 Tremblay-Lucier, Sebastie 13.10 3.37m 25.63m 1.01m 30.65m  
 Corsaire Chaparal w: -3.1 w: 2.6  
 93 995 (110) (112) (379) (86) (308)  
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4 Daigneault, Jean-Felix 11.95 4.25m 13.44m 1.04m 19.54m  
 Saint Laurent Select w: -3.1 w: 1.6  
 94 887 (233) (247) (152) (100) (155)  
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5 Belanger, Alexis 12.12 3.57m 14.77m 1.19m 19.91m  
 Montreal International w: -3.1 w: 4.7  
 93 870 (212) (140) (176) (182) (160)  
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6 Corriveau-Windvist, Simon 12.30 4.22m 9.41m 1.13m 10.04m  
 Sherbrooke w: -3.1 w: 2.0  
 93 696 (191) (242) (82) (148) (33)  
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7 Richard, Frederic 13.98 2.98m 19.51m 1.01m 21.71m  
 Sherbrooke w: -3.1 w: 2.0  
 93 641 (45) (63) (263) (86) (184)  
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8 Prince, Olivier 13.56 3.05m 19.03m 1.04m 16.13m  
 Corsaire Chaparal w: -3.1 w: 3.7  
 93 609 (73) (72) (254) (100) (110)  
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9 Lawlor, Vincent 12.76 3.60m 13.62m 1.01m 13.24m  
 Corsaire Chaparal w: -3.1 w: 1.9  
 93 601 (142) (145) (155) (86) (73)  
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10 Tellier, Dakota 13.40 3.73m 12.46m 1.16m 10.00m  
 Kilomaitres de Lasalle w: -3.1 w: 2.3  
 94 582 (85) (164) (135) (165) (33)  
 -----

11 Saulnier, William 13.38 3.12m 12.72m 0.95m 19.32m  
 Dynamique Laval w: -3.1 w: 1.8  
 94 516 (86) (80) (139) (59) (152)  
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12 Marchand, Steve 15.33 3.31m 14.81m 1.07m 13.05m  
 Saint Laurent Select w: -3.1 w: 3.0  
 94 467 (0) (104) (177) (116) (70)  
 -----

13 Heon, Arthur 14.26 3.09m 14.69m 0.86m 14.92m  
 Dynamique Laval w: -3.1 w: 2.3  
 95 400 (31) (76) (174) (25) (94)  
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**....Hommes Outdoor Pentathlon Minime**

14 Prince, Maxime 16.76 2.58m 10.25m 0.95m 6.57m  
 Corsaire Chaparal w: -3.1 w: 3.2



**Championnats Provinciaux Epreuves combinees - 7/24/2004 to 7/25/2004****Piste Ben-Leduc****Résultats - Outdoor Pentathlon****Femmes Outdoor Pentathlon Benjamin**

Points 60H HJ JT LJ

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1 Fontaine, Myriam 9.85 1.30m 16.23m 4.77m

Dynamique Laval w: -1.5 w: +0.0

91 1866 (740) (409) (219) (498) (0)  
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2 Jones, Brooke 10.58 1.24m 20.65m 4.83m

Saint Laurent Select w: -1.5 w: 1.7

91 1772 (607) (350) (301) (514) (0)  
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3 Parent-Banachowski, Sophi 10.31 1.45m 15.15m 3.95m

Montreal International w: -2.0 w: 2.2

91 1716 (655) (566) (199) (296) (0)  
-----

4 Bolduc, Aurelie 10.43 1.27m 18.88m 4.26m

Montreal International w: -2.0 w: 1.0

92 1650 (634) (379) (268) (369) (0)  
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5 Chabot, Sarah 11.05 1.27m 16.04m 4.38m

Jeunesse Athletics Waterl w: -2.0 w: 3.2

92 1521 (528) (379) (216) (398) (0)  
-----

6 Tremblay, Jade 12.22 1.30m 23.38m 4.28m

Saint Laurent Select w: -2.0 w: 0.7

92 1488 (353) (409) (352) (374) (0)  
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7 D'Aoust, Laurence 11.51 1.21m 18.04m 3.91m

Saint Laurent Select w: -2.0 w: 2.0

91 1317 (456) (321) (253) (287) (0)  
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8 Chenier, Pascale 14.01 1.39m 12.46m 4.44m

Montreal International w: -1.5 w: 0.7

92 1214 (149) (502) (150) (413) (0)  
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9 Rodrigue, Marie-Isabelle 12.15 1.15m 17.22m 3.50m

Jeunesse Athletics Waterl w: -1.6 w: +0.0

92 1066 (363) (266) (237) (200) (0)  
-----

10 Chhek, Chakrya 12.22 1.18m 13.38m 3.73m

Saint Laurent Select w: -1.6 w: 1.3

92 1061 (353) (293) (167) (248) (0)  
-----

11 Picard, Ariane 13.13 1.21m 15.32m 3.57m

Dynamique Laval w: -1.6 w: 1.5

92 977 (240) (321) (202) (214) (0)  
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12 Peterson, Krystel 12.92 1.12m 16.22m 3.74m

Saint Laurent Select w: -2.0 w: 0.5

92 972 (264) (239) (219) (250) (0)  
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13 Kafshbarghi, Sheila 13.28 1.21m 14.62m 3.56m

Saint Laurent Select w: -1.5 w: 0.5

91 946 (223) (321) (190) (212) (0)  
-----**....Femmes Outdoor Pentathlon Benjamin**

14 Lapia, Ashiley 13.67 1.21m 12.00m 3.58m

Saint Laurent Select w: -1.6 w: 0.5

92 861 (182) (321) (142) (216) (0)

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15 Sheena, Lee 14.80 1.30m 10.51m 3.46m

Saint Laurent Select w: -1.6 w: 1.3

92 801 (85) (409) (115) (192) (0)  
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**Championnats Provinciaux Epreuves combinees - 7/24/2004 to 7/25/2004****Piste Ben-Leduc****Résultats - Outdoor Pentathlon****Hommes Outdoor Pentathlon Benjamin**

Points 80H LJ DT HJ JT

-----  
 1 Charbonneau, Jason 14.60 4.54m 22.12m 1.35m 16.11m  
 Saint Laurent Select w: -2.0 w: -3.2  
 92 1359 (357) (297) (312) (283) (110)

-----  
 2 Cantin, Alexandre 17.93 4.25m 19.97m 1.23m 32.73m  
 Jeunesse Athletics Waterl w: -2.0 w: -1.7  
 91 1140 (78) (247) (271) (206) (338)

-----  
 3 Mbongo, Axel 16.69 3.90m 17.43m 1.35m 27.87m  
 Saint Laurent Select w: -2.7 w: -2.1  
 91 1125 (159) (190) (224) (283) (269)

-----  
 4 Thibodeau, Jeremy 16.46 4.11m 14.56m 1.38m 22.72m  
 Saint Laurent Select w: -2.7 w: -0.7  
 92 1074 (177) (224) (172) (303) (198)

-----  
 5 Renaud, Olivier 17.40 4.07m 14.06m 1.35m 22.38m  
 Jeunesse Athletics Waterl w: -2.7 w: -2.7  
 92 967 (110) (217) (163) (283) (194)

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 6 Viger, Francis 14.82 3.71m 14.22m 1.20m 16.30m  
 Dynamique Laval w: -2.0 w: -4.3  
 91 960 (333) (161) (166) (188) (112)

-----  
 7 Emond, Yuri-Christophe 16.67 3.67m 18.51m 1.17m 23.81m  
 Sherbrooke w: -2.0 w: -3.3  
 92 943 (161) (155) (244) (170) (213)

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 8 Cloutier-Blain, Francis 17.00 3.47m 23.18m NH 24.75m  
 Montreal International w: -2.7 w: -3.2  
 91 821 (137) (126) (332) (0) (226)

-----  
 9 Noel-Masse, Frederic 16.76 3.44m 14.77m 1.11m 24.47m  
 Corsaire Chaparal w: -2.0 w: -2.7  
 92 811 (154) (122) (176) (137) (222)

-----  
 10 Charbonneau, Charles-Emma DNF 3.32m 22.15m 1.08m 21.21m  
 Saint Laurent Select w: -4.0  
 92 718 (0) (106) (313) (121) (178)

-----  
 11 Tellache, Karim 18.15 3.19m 13.37m 1.08m 27.13m  
 Corsaire Chaparal w: -2.7 w: -3.3  
 92 686 (66) (89) (151) (121) (259)

-----  
 11 Gagnon, Lawrence 16.64 3.23m 17.35m 1.23m FOUL  
 Corsaire Chaparal w: -2.0 w: -1.9  
 91 686 (163) (94) (223) (206) (0)

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 13 St-Jean, Philippe 18.45 3.32m 15.31m 1.14m 16.85m  
 Jeunesse Athletics Waterl w: -2.0 w: -3.0  
 92 616 (52) (106) (186) (153) (119)

**....Hommes Outdoor Pentathlon Benjamin**

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 14 Lum, Jason Wayne 19.22 2.27m 12.33m 1.11m 15.80m  
 Saint Laurent Select w: -2.7 w: -3.9



**Championnats Provinciaux Epreuves combinees - 7/24/2004 to 7/25/2004****Piste Ben-Leduc****Résultats - Outdoor Pentathlon****Femmes Outdoor Pentathlon Cadet**

Points 80H HJ JT LJ

-----  
1 Beaumont-Courteau, Ariane 12.73 1.54m 26.27m 4.65m

Montreal International w: -1.5 w: -1.2

90 2292 (754) (666) (406) (466) (0)  
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2 Aubin, Virginie 12.83 1.51m 25.42m 4.70m

Jeunesse Athletics Waterl w: -1.5 w: 3.4

90 2239 (738) (632) (390) (479) (0)  
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3 Belhumeur-Limoges, Chloe 14.03 1.33m 24.05m 4.55m

Saint Laurent Select w: -1.5 w: 1.0

89 1812 (568) (439) (364) (441) (0)  
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4 Forgue, Fanny 17.99 1.30m 22.98m 4.32m

Impulsion w: -1.5 w: 0.5

90 1293 (156) (409) (344) (384) (0)  
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**Championnats Provinciaux Epreuves combinees - 7/24/2004 to 7/25/2004****Piste Ben-Leduc****Résultats - Outdoor Pentathlon****Hommes Outdoor Pentathlon Cadet**

Points 100H LJ DT HJ JT

-----  
 1 Jones, Blake 16.43 5.46m 36.79m 1.56m 41.95m  
 Saint Laurent Select w: -2.6 w: 3.6  
 89 2499 (522) (473) (600) (434) (470)

-----  
 2 Couture, Alexandre 16.12 5.60m 25.35m 1.47m 36.02m  
 Dynamique Laval w: -4.0 w: 3.3  
 89 2184 (556) (502) (374) (367) (385)

-----  
 3 Leveille, Simon 15.31 5.87m 29.17m 1.62m ND  
 Corsaire Chaparal w: -4.0 w: 4.2  
 90 2135 (648) (559) (448) (480) (0)

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 4 Richard, Marc-Andre 18.48 5.10m 31.40m 1.53m 39.81m  
 Sherbrooke w: -4.0 w: 3.1  
 90 2071 (327) (402) (492) (411) (439)

-----  
 5 Brosseau, Michael 19.31 4.92m 27.10m 1.35m 31.12m  
 Jeunesse Athletics Waterl w: -4.0 w: 3.1  
 90 1633 (260) (367) (408) (283) (315)

-----  
 6 Renaud, Jean-Christophe 19.18 4.78m 24.15m 1.44m 26.63m  
 Jeunesse Athletics Waterl w: -2.6 w: 4.6  
 90 1559 (270) (341) (351) (345) (252)

-----  
 7 Parizeau, Hadrien 20.28 4.66m 23.59m 1.29m 35.76m  
 Impulsion w: -2.6 w: 5.2  
 90 1475 (191) (319) (340) (244) (381)

-----  
 8 Desmarais, Hugo 19.15 3.84m 17.77m 1.23m 18.61m  
 Dynamique Laval w: -4.0 w: 4.7  
 90 1034 (273) (181) (231) (206) (143)

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**Championnats Provinciaux Epreuves combinees - 7/24/2004 to 7/25/2004****Piste Ben-Leduc****Résultats - Heptathlon****Femmes Heptathlon Juvenile**

Points 100H HJ SP LJ Dayl JT 200

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 1 Renaud, Esther 17.06 1.44m 9.57m 5.23m 24.69m 27.82  
 Jeunesse Athletics w: -2.7 w: 1.0 w: -0.1  
 88 3290 (590) (555) (501) (623) 2269 (376) (645) (0)

-----  
 2 Dugas, Katerine 16.57 1.53m 8.20m 4.80m 20.86m 29.29  
 Dynamique Laval w: -2.7 w: 1.7 w: -0.1  
 88 3057 (646) (655) (412) (506) 2219 (305) (533) (0)

-----  
 3 Sarazin-Cote, Josee 17.93 1.38m 7.85m 4.55m 18.33m 27.93  
 Saint Laurent Selec w: -2.7 w: 3.3 w: -0.1  
 88 2712 (496) (491) (390) (441) 1818 (258) (636) (0)

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 4 Laplante, Amelie 17.11 1.26m 9.13m 4.82m FOUL 29.72  
 Saint Laurent Selec w: -2.7 w: 0.9 w: -0.1  
 87 2439 (584) (369) (473) (511) 1937 (0) (502) (0)

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 5 Ho, Marie-Tran 22.82 1.35m 8.17m 4.63m 23.90m 29.48  
 Saint Laurent Selec w: -2.9 w: 1.7 w: -2.1  
 87 2323 (111) (460) (410) (461) 1442 (362) (519) (0)

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 6 Longpre, Veronique 20.88 1.32m 7.63m 4.30m 20.45m 30.10  
 Dynamique Laval w: -2.9 w: 2.4 w: -2.1  
 88 2188 (233) (429) (375) (379) 1416 (297) (475) (0)

-----  
 7 Deschenes, Katerine 19.92 1.35m 5.66m 4.02m 14.05m 32.06  
 Corsaire Chaparal w: -2.9 w: 1.2 w: -2.1  
 88 1858 (309) (460) (250) (312) 1331 (179) (348) (0)  
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**Championnats Provinciaux Epreuves combinees - 7/24/2004 to 7/25/2004**

**Piste Ben-Leduc**

**Résultats - Decathlon**

**Hommes Decathlon Juvenile**

Points 100 LJ DT HJ 110H Day1 PV JT 400

-----  
1 Gagnon, Remi 12.10 5.71m 25.07m 1.42m 17.10 2.15m 43.55m 55.86

Saint Laurent Select w: -3.3 w: 3.1 w: -2.1

89 3697 (631) (525) (368) (331) (614) 2469 (169) (494) (565) (0) (0)

-----  
2 Beaumont-Courteau, Maxime 13.27 5.05m 23.66m 1.60m 17.11 3.80m 29.45m 57.55

Montreal International w: -3.3 w: 3.4 w: -2.1

87 3586 (423) (392) (341) (464) (613) 2233 (562) (291) (500) (0) (0)

**Championnats Provinciaux Epreuves combinees - 7/24/2004 to 7/25/2004**

**Piste Ben-Leduc**

**Résultats - Heptathlon**

**Femmes Heptathlon Junior**

Points 100H HJ SP 200 Day1 LJ JT 800

-----  
1 Brosseau, Mylene 17.67 1.53m 10.59m 28.02 4.56m 33.44m 2:37.93

Jeunesse Athletics w: -2.5 w: 1.4 w: 1.4

86 3957 (523) (655) (568) (629) 2375 (443) (542) (597)

-----  
2 Gendron-Daigneault, DQ 1.38m 8.55m DNF 4.65m 25.71m 2:48.43

Sherbrooke w: 3.0

86 2268 (0) (491) (435) (0) 926 (466) (396) (480)

**Championnats Provinciaux Epreuves combinees - 7/24/2004 to 7/25/2004**

**Piste Ben-Leduc**

**Résultats - Decathlon**

**Hommes Decathlon Junior**

Points 100 LJ SP HJ 400 Day1 110H DT PV JT 1500

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1 Laplante, Louis-Philippe 12.26 6.16m 12.39m 1.81m 52.50 17.07 30.11m 3.50m 40.70m 5:34.7h  
Saint Laurent Select w: -3.3 w: 3.2 w: -2.9  
85 5586 (601) (621) (630) (636) (703) 3191 (617) (467) (482) (452) (377)  
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**Championnats Provinciaux Epreuves combinees - 7/24/2004 to 7/25/2004**

**Piste Ben-Leduc**

**Résultats - Decathlon**

**Hommes Decathlon Senior**

Points 100 LJ SP HJ 400 Day1 110H DT PV JT 1500

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1 El Fouladi, Yassine 12.98 6.16m 10.48m 1.81m 52.75 17.94 34.08m 3.80m 42.16m 4:49.0h

Saint Laurent Select w: -3.3 w: 2.5 w: -2.9

84 5670 (471) (621) (515) (636) (692) 2935 (530) (545) (562) (473) (625)

-----  
2 Lynden, Allen 12.76 5.01m 9.20m 1.66m 56.49 18.92 22.79m 4.20m 32.92m 4:56.1h

Montreal International w: -3.3 w: 3.5 w: -2.9

83 4744 (509) (384) (438) (512) (540) 2383 (439) (325) (673) (341) (583)