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## Cross des Couleurs - 4 km - Challenge Cross Country 2004

R T	R H	Dossard	Nom	Prénom	Sexe	Année	Âge	Performance	Handicap	PerformanceH	Participation	Performance	Total
1	1	2580	Nduwingoma	Jean-Claude	M	1988	16	11:32.98	104.0%	11:06.14	205	205	410
21	2	2762	Drolet	Normand	M	1952	52	14:04.50	120.5%	11:40.83	205	204	409
16	3	2702	Bereket	Lemlem	F	1987	17	13:44.42	115.5%	11:53.56	205	203	408
56	4	2056	Pearson	Lord Shalom	M	1940	64	15:41.30	131.2%	11:57.52	205	202	407
34	5	1980	D'Amour	Pierre	M	1950	54	14:49.91	123.1%	12:03.13	205	201	406
19	6	2006	Bourgouin	Réjean	M	1957	47	13:59.16	115.6%	12:05.96	205	200	405
33	7	2470	Grenon	Myriam	F	1968	36	14:44.08	121.4%	12:08.28	205	199	404
2	8	2576	Ibnouzahir	Abdel	M	1978	26	12:34.42	102.0%	12:19.61	205	198	403
9	9	2684	Bozek	Bertrand	M	1969	35	13:14.92	106.5%	12:26.34	205	197	402
4	10	2430	Michaud	Dominic	M	1985	19	12:44.62	102.0%	12:29.52	205	196	401
3	11	2011	Carle	John	M	1983	21	12:41.84	100.7%	12:36.76	205	195	400
6	12	2353	Ricard	Alexandre	M	1988	16	13:07.95	104.0%	12:37.43	205	194	399
27	13	2617	Riopel-Meunier	Annie	F	1986	18	14:38.35	115.3%	12:42.04	205	193	398
8	14	2005	Bernard	Olivier	M	1989	15	13:13.25	104.0%	12:42.52	205	192	397
14	15	2708	Fontaine	Martin	M	1968	36	13:36.17	107.0%	12:42.71	205	191	396
55	16	2038	Mac Callum	Sid	M	1950	54	15:39.25	123.1%	12:43.23	205	190	395
7	17	2432	Gravel	Benjamin	M	1987	17	13:11.10	103.4%	12:45.40	205	189	394
5	18	2404	Lalonde	Michael	M	1984	20	12:57.94	101.3%	12:47.63	205	188	393
68	19	1975	Breton	Gaëtan	M	1947	57	16:14.16	126.0%	12:53.31	205	187	392
23	20	2696	Izquierdo	Ricardo	M	1962	42	14:22.01	111.0%	12:56.45	205	186	391
11	21	2391	Langevin	Francis	M	1988	16	13:28.89	104.0%	12:57.56	205	185	390
37	22	2597	Myrand	Melanie	F	1985	19	14:55.08	115.0%	12:58.40	205	184	389
12	23	2028	Jodoin	Jean-Philippe	M	1988	16	13:31.14	104.0%	12:59.72	205	183	388
10	24	2058	Raymond	Mathieu	M	1987	17	13:26.58	103.4%	13:00.37	205	182	387
20	25	2034	St-Antoine	Serge	M	1967	37	14:01.91	107.5%	13:03.10	205	181	386
41	26	2029	Kamariza-Pearson	Claudine	F	1986	18	15:09.45	115.3%	13:09.02	205	180	385
40	27	2044	Maranda	Sophie	F	1984	20	15:07.10	114.7%	13:10.72	205	179	384
26	28	2558	Léveillé	Pierre	M	1962	42	14:37.98	111.0%	13:10.84	205	178	383
17	29	2020	Duguay-Boucher	Olivier	M	1988	16	13:50.60	104.0%	13:18.42	205	177	382
83	30	2062	Vézina	Robert	M	1949	55	16:39.74	124.3%	13:24.01	205	176	381
18	31	2582	Chadi	Nicholas	M	1987	17	13:51.07	103.4%	13:24.07	205	175	380
103	32	1978	Carroll	John	M	1941	63	17:33.66	130.5%	13:27.43	205	174	379
13	33	2566	Gosselin	Simon	M	1983	21	13:35.14	100.7%	13:29.70	205	173	378
92	34	2297	Bush	Christine	F	1961	43	17:01.01	126.0%	13:30.46	205	172	377
29	35	2489	Caron	Louis	M	1965	39	14:41.87	108.5%	13:32.70	205	171	376
161	36	2002	Smith	Diana	F	1946	58	20:22.06	150.2%	13:33.38	205	170	375
59	37	2755	Shurtleff	Genevieve	F	1977	27	15:48.21	116.5%	13:33.65	205	169	374
97	38	2014	Cloutier	Gilles	M	1945	59	17:20.22	127.6%	13:35.20	205	168	373
60	39	2643	Hughes	Melanie	F	1990	14	15:49.11	115.8%	13:39.55	205	167	372
93	40	2017	Davis	Terry	M	1949	55	17:01.86	124.3%	13:41.80	205	166	371
15	41	1979	D'Amour	Marc-André	M	1982	22	13:42.75	100.0%	13:42.75	205	165	370
22	42	2051	Morand	Gabriel	M	1988	16	14:17.13	104.0%	13:43.93	205	164	369
76	43	2530	Perras	André	M	1953	51	16:26.87	119.2%	13:47.78	205	163	368
24	44	1986	Duguay-Boucher	Hugo	M	1989	15	14:27.72	104.0%	13:54.11	205	162	367

64	45	2359	Gauthier	Marie-France	F	1989	15	16:09.32	115.8%	13:57.00	205	161	366
69	46	2478	Ghinda	Diana	F	1988	16	16:14.47	115.8%	14:01.45	205	160	365
46	47	2055	Pagel	Thomas	M	1964	40	15:17.91	109.0%	14:02.03	205	159	364
25	48	2750	Koszegi	Guillaume	M	1974	30	14:37.09	104.0%	14:03.31	205	158	363
136	49	2730	Martin	Mona	F	1955	49	18:58.14	134.8%	14:04.44	205	157	362
109	50	2559	Cyr	Martine	F	1964	40	17:45.03	125.7%	14:07.54	205	156	361
30	51	2687	Collin	Olivier	M	1989	15	14:42.16	104.0%	14:07.99	205	155	360
32	52	2050	Monette	Sébastien	M	1988	16	14:42.91	104.0%	14:08.71	205	154	359
28	53	2629	Chartier	Alexandre	M	1987	17	14:39.08	103.4%	14:10.52	205	153	358
77	54	2007	Gagné	Caroline	F	1978	26	16:27.99	116.1%	14:11.24	205	152	357
31	55	2682	Emile	Wilkenson	M	1975	29	14:42.61	103.5%	14:12.73	205	151	356
126	56	2036	Léveillé	Claude	M	1944	60	18:18.72	128.4%	14:15.58	205	150	355
35	57	2710	Robidoux	Kurtis	M	1988	16	14:51.98	104.0%	14:17.43	205	149	354
48	58	2057	Poirier	Stéphane	M	1966	38	15:26.95	108.0%	14:18.20	205	148	353
36	59	2557	Fradette	Daniel	M	1991	13	14:52.88	104.0%	14:18.29	205	147	352
84	60	2705	Damien	Jacques	M	1955	49	16:46.05	117.2%	14:18.73	205	146	351
82	61	2253	Honsinger	Leah	F	1987	17	16:37.42	115.5%	14:23.30	205	145	350
89	62	2043	Mallet	Victor	M	1955	49	16:56.44	117.2%	14:27.60	205	144	349
38	63	2618	Feltlann-Lauzon	Daniel	M	1989	15	15:02.82	104.0%	14:27.85	205	143	348
61	64	2387	Le Houx	Pierre	M	1963	41	15:56.38	110.0%	14:29.32	205	142	347
95	65	2128	Boutin	Gilles	M	1954	50	17:12.52	117.9%	14:35.48	205	141	346
88	66	2052	Morency	Rebecca	F	1988	16	16:55.83	115.8%	14:37.16	205	140	345
44	67	2694	Giambattisto	Kristopher	M	1989	15	15:14.25	104.0%	14:38.83	205	139	344
106	68	2046	Marchand	Michel	M	1952	52	17:40.17	120.5%	14:39.81	205	138	343
91	69	2689	Templeton	Lauren	F	1988	16	17:00.08	115.8%	14:40.83	205	137	342
127	70	2700	Wisdom	Derek	M	1947	57	18:29.68	126.0%	14:40.88	205	136	341
155	71	2127	Legault	Denise	F	1954	50	20:09.89	136.9%	14:43.60	205	135	340
43	72	2030	Laberge	Dominique	M	1987	17	15:13.97	103.4%	14:44.27	205	134	339
39	73	2064	Villeneuve	Jonathan	M	1985	19	15:04.54	102.0%	14:46.67	205	133	338
45	74	2729	Patry	Alain	M	1976	28	15:17.04	103.0%	14:50.30	205	132	337
50	75	2358	Gauthier	Mathieu	M	1990	14	15:28.28	104.0%	14:52.32	205	131	336
47	76	2636	Lapointe	Marc	M	1976	28	15:20.80	103.0%	14:53.95	205	130	335
51	77	2550	Lajeunesse Beriault	Léandre	M	1990	14	15:31.88	104.0%	14:55.78	205	129	334
199	78	1994	Kavalec	Gladys	F	1937	67	26:12.12	175.5%	14:56.01	205	128	333
42	79	2442	Prud'Homme	Michel	M	1979	25	15:10.43	101.5%	14:56.96	205	127	332
94	80	2695	Prud'Homme	Nathalie	F	1983	21	17:08.95	114.4%	14:59.08	205	126	331
99	81	2683	Poirier	Marie-Claude	F	1979	25	17:22.84	115.6%	15:02.18	205	125	330
49	82	2756	Simpson	Eric	M	1986	18	15:27.65	102.7%	15:03.38	205	124	329
151	83	2649	Leblanc	France	F	1956	48	19:59.95	132.6%	15:04.71	205	123	328
57	84	2047	Mcalear	Richie	M	1991	13	15:43.13	104.0%	15:06.60	205	122	327
58	85	2059	Rivard-Bernard	Simon	M	1990	14	15:43.97	104.0%	15:07.40	205	121	326
100	86	2760	Marcotte	Colleen	F	1987	17	17:29.21	115.5%	15:08.12	205	120	325
53	87	2023	Fortin	Mathieu	M	1986	18	15:34.82	102.7%	15:10.36	205	119	324
154	88	2538	Mitchell	Jane	F	1956	48	20:08.66	132.6%	15:11.28	205	118	323
140	89	2494	Laramée	Marie-Thérèse	F	1960	44	19:09.89	126.1%	15:11.99	205	117	322
113	90	2634	St-Jacques	Sophie	F	1976	28	17:48.73	117.0%	15:13.35	205	116	321
52	91	2364	Labelle	Shane	M	1985	19	15:32.55	102.0%	15:14.13	205	115	320
102	92	2396	Deschambault	Crystal	F	1985	19	17:33.21	115.0%	15:15.91	205	114	319
107	93	2761	Marcotte	Danielle	F	1989	15	17:41.67	115.8%	15:16.74	205	113	318
115	94	2619	Lauzon	Pierre	M	1956	48	17:54.06	116.4%	15:22.94	205	112	317
134	95	2703	Dozois	Anne-Marie	F	1967	37	18:50.93	122.5%	15:23.51	205	111	316
198	96	2053	Morin	Michael	M	1926	78	25:50.51	167.8%	15:24.06	205	110	315
71	97	2735	Royer	Francis	M	1972	32	16:16.93	105.0%	15:30.35	205	109	314
96	98	2691	Gallant	Jean-Marc	M	1962	42	17:14.96	111.0%	15:32.24	205	108	313
128	99	2012	Charest	Sylvie	F	1971	33	18:33.18	119.4%	15:32.48	205	107	312
65	100	2723	Tabet	Nabil	M	1989	15	16:11.29	104.0%	15:33.66	205	106	311
54	101	2048	Messier	Martin	M	1982	22	15:36.29	100.0%	15:36.29	205	105	310
63	102	2042	Mallet	Michel	M	1986	18	16:03.60	102.7%	15:38.39	205	104	309

144	103	2298	Caisse	Daniel	M	1950	54	19:15.51	123.1%	15:38.96	205	103	308
67	104	2639	Lemire	Louis-Philippe	M	1975	29	16:13.17	103.5%	15:40.22	205	102	307
117	105	2536	Marcil-Roy	Amélie	F	1986	18	18:04.66	115.3%	15:41.03	205	101	306
111	106	2688	Abraira	Ron	M	1960	44	17:46.70	113.0%	15:43.77	205	100	305
148	107	2421	Dalphond	Eve	F	1965	39	19:39.10	124.6%	15:46.35	205	99	304
72	108	2252	Langlois	Patrick	M	1975	29	16:19.65	103.5%	15:46.48	205	98	303
62	109	2753	Coutu	Alex	M	1984	20	16:01.04	101.3%	15:48.30	205	97	302
74	110	2624	Gagnon	Benoit	M	1987	17	16:22.17	103.4%	15:50.26	205	96	301
70	111	2367	Croteau	Vincent	M	1986	18	16:15.82	102.7%	15:50.29	205	95	300
194	112	1949	Boucher	Heleen	F	1942	62	25:38.18	160.0%	16:01.17	205	94	299
79	113	2728	Chartier	Loic	M	1987	17	16:34.55	103.4%	16:02.24	205	93	298
80	114	2389	Raymond	Stéphane	M	1987	17	16:35.40	103.4%	16:03.06	205	92	297
66	115	2317	Kenny	Kurt	M	1980	24	16:12.85	101.0%	16:03.21	205	91	296
132	116	2533	Ogrodnick	Greg	M	1955	49	18:49.37	117.2%	16:03.99	205	90	295
75	117	2699	Bilodeau	Justin	M	1985	19	16:25.31	102.0%	16:05.85	205	89	294
142	118	2526	Cayer	Marie-Josée	F	1971	33	19:14.19	119.4%	16:06.83	205	88	293
130	119	2637	Picard	Amanda	F	1990	14	18:40.04	115.8%	16:07.14	205	87	292
73	120	2292	Monge Opico	Noel Alirio	M	1984	20	16:20.46	101.3%	16:07.46	205	86	291
159	121	2627	Makinson	Suzanne	F	1963	41	20:18.64	125.8%	16:08.96	205	85	290
78	122	2712	Trépanier	Guillaume	M	1985	19	16:30.06	102.0%	16:10.51	205	84	289
131	123	2625	Allan	Amy	F	1992	12	18:49.08	115.8%	16:14.95	205	83	288
81	124	2692	Desy	Patrick	M	1985	19	16:36.58	102.0%	16:16.90	205	82	287
87	125	2711	Dumas	Benjamin	M	1987	17	16:53.23	103.4%	16:20.31	205	81	286
167	126	2031	Lajoie	Yolande	F	1958	46	21:06.32	128.3%	16:26.70	205	80	285
112	127	2015	Côté	Stéphane	M	1966	38	17:47.67	108.0%	16:28.49	205	79	284
138	128	2348	Rochette	Chloe	F	1990	14	19:06.36	115.8%	16:29.87	205	78	283
86	129	2366	Lacroix	Pierre-Yves	M	1985	19	16:50.84	102.0%	16:30.87	205	77	282
98	130	2759	Beausoleil	Pierre Jr	M	1974	30	17:20.75	104.0%	16:40.67	205	76	281
141	131	2041	Mainguy	Justine	F	1985	19	19:11.00	115.0%	16:40.95	205	75	280
145	132	2045	Marleau	Normand	M	1957	47	19:23.39	115.6%	16:46.46	205	74	279
85	133	2641	Perreault	Carl	M	1982	22	16:47.72	100.0%	16:47.72	205	73	278
90	134	2482	Lauzon	Philippe	M	1981	23	16:57.10	100.5%	16:52.03	205	72	277
104	135	2388	Raymond	Patrick	M	1990	14	17:36.02	104.0%	16:55.11	205	71	276
135	136	2410	Gauthier	Jacques	M	1961	43	18:57.58	112.0%	16:55.50	205	70	275
169	137	2532	Perras	Suzie	F	1959	45	21:22.48	126.2%	16:56.30	205	69	274
101	138	2626	Gélinas	François	M	1987	17	17:30.61	103.4%	16:56.47	205	68	273
192	139	2678	Craig	Judith	F	1947	57	25:19.30	149.1%	16:58.79	205	67	272
170	140	2644	Tawilian	Maral	F	1961	43	21:30.33	126.0%	17:04.24	205	66	271
110	141	2109	Levesque-Pero	Felix	M	1992	12	17:45.93	104.0%	17:04.64	205	65	270
114	142	2352	Gelineau	François	M	1973	31	17:51.03	104.5%	17:04.85	205	64	269
120	143	2685	Bourbonnais	François	M	1970	34	18:06.88	106.0%	17:05.28	205	63	268
125	144	2551	Laplante	François	M	1968	36	18:17.33	107.0%	17:05.45	205	62	267
139	145	2349	Rochette	Réjean	M	1962	42	19:08.09	111.0%	17:14.14	205	61	266
150	146	2395	Duclos	Benoit	M	1957	47	19:57.26	115.6%	17:15.76	205	60	265
118	147	2736	Trudeau	Sébastien	M	1973	31	18:05.55	104.5%	17:18.75	205	59	264
119	148	2635	Abi-Rached	Gilbert	M	1973	31	18:06.29	104.5%	17:19.45	205	58	263
175	149	2527	Cayer	France	F	1959	45	21:54.50	126.2%	17:21.67	205	57	262
153	150	2009	Brown	Sarah	F	1987	17	20:07.04	115.5%	17:24.73	205	56	261
121	151	2018	Dery	Patrick	M	1974	30	18:07.21	104.0%	17:25.34	205	55	260
158	152	2063	Viau	Marceline	F	1988	16	20:13.04	115.8%	17:27.45	205	54	259
123	153	2022	Fortier	Kevin	M	1988	16	18:10.51	104.0%	17:28.27	205	53	258
116	154	2628	Murray	Mathieu	M	1976	28	18:01.04	103.0%	17:29.51	205	52	257
156	155	2010	Cantin	Eloise	F	1986	18	20:10.40	115.3%	17:30.12	205	51	256
105	156	2709	Desy	Nicholas	M	1981	23	17:37.38	100.5%	17:32.11	205	50	255
147	157	2368	Gervais	Mike	M	1962	42	19:28.32	111.0%	17:32.36	205	49	254
108	158	2577	Lalonde	Olivier	M	1981	23	17:43.33	100.5%	17:38.03	205	48	253
160	159	2638	Badra-Quirion	Karine	F	1980	24	20:20.51	115.1%	17:40.22	205	47	252
122	160	2016	Cusson	Frederick	M	1986	18	18:10.22	102.7%	17:41.70	205	46	251

152	161	2426	Boucher	Robert	M	1960	44	20:01.10	113.0%	17:42.68	205	45	250
162	162	2035	Lemieux	Laurianne	F	1989	15	20:31.91	115.8%	17:43.74	205	44	249
165	163	2763	Sarazin	Isabelle	F	1976	28	20:49.33	117.0%	17:47.70	205	43	248
124	164	2037	Lo Basso	Christina	M	1985	19	18:10.83	102.0%	17:49.28	205	42	247
164	165	2578	Caron	Eliane	F	1985	19	20:44.13	115.0%	18:01.94	205	41	246
137	166	2584	Foley	Kevin	M	1971	33	19:02.46	105.5%	18:02.83	205	40	245
133	167	2581	Chadi	Alexandre	M	1989	15	18:50.12	104.0%	18:06.34	205	39	244
157	168	2324	Legaré	Alain	M	1962	42	20:10.67	111.0%	18:10.51	205	38	243
143	169	2721	La Terreur	Carl	M	1973	31	19:14.48	104.5%	18:24.70	205	37	242
178	170	2177	Archambault	Dominique	F	1965	39	23:01.33	124.6%	18:28.66	205	36	241
129	171	2025	Gendron	Eric	M	1981	23	18:35.15	100.5%	18:29.59	205	35	240
189	172	2054	Nadeau	Isabelle	F	1955	49	24:58.78	134.8%	18:32.02	205	34	239
166	173	2707	Pelletier	Yves	M	1961	43	20:58.05	112.0%	18:43.04	205	33	238
183	174	2561	Mallinson	Claudia	F	1961	43	23:40.94	126.0%	18:47.91	205	32	237
173	175	2647	Paquet	Isabelle	F	1981	23	21:33.59	114.6%	18:48.34	205	31	236
180	176	2032	Lapointe	Chantal	F	1966	38	23:15.19	123.5%	18:49.46	205	30	235
146	177	2698	Pilon	Guy Jr	M	1976	28	19:25.55	103.0%	18:51.56	205	29	234
176	178	2285	Duchesne	Daniel	M	1954	50	22:15.65	117.9%	18:52.51	205	28	233
191	179	2701	Eran-Tasker	Safak	F	1956	48	25:10.45	132.6%	18:58.82	205	27	232
200	180	2049	Michaud	Don	M	1936	68	26:47.36	141.0%	19:00.31	205	26	231
163	181	2546	Caron	André	M	1964	40	20:43.49	109.0%	19:00.69	205	25	230
186	182	2679	Zehetner	Werner	M	1945	59	24:16.80	127.6%	19:01.67	205	24	229
177	183	2697	Goldenberg	Ronald	M	1955	49	22:23.19	117.2%	19:06.50	205	23	228
149	184	2764	Rochon	Patrick	M	1977	27	19:49.23	102.5%	19:20.19	205	22	227
185	185	2264	Weinstein	Ralph	M	1948	56	24:16.14	125.2%	19:23.43	205	21	226
188	186	2439	Blais	Sylvie	F	1959	45	24:50.85	126.2%	19:41.42	205	20	225
179	187	2613	Maranda	Vincent	M	1955	49	23:07.26	117.2%	19:44.11	205	19	224
195	188	2132	Leroux	Christine	F	1961	43	25:45.79	126.0%	20:27.02	205	18	223
190	189	2026	Grenier	Christine	F	1967	37	25:06.05	122.5%	20:29.83	205	17	222
197	190	2485	Bélair	Suzanne	F	1964	40	25:46.33	125.7%	20:30.55	205	16	221
171	191	1673	Bélair	Bruno	M	1974	30	21:31.49	104.0%	20:41.76	205	15	220
172	192	2704	Balsamo	Giampaolo	M	1974	30	21:32.58	104.0%	20:42.80	205	14	219
174	193	2060	Seymour	Nicholas	M	1988	16	21:33.88	104.0%	20:43.76	205	13	218
168	194	2572	Diamond	Alexandre	M	1985	19	21:17.65	102.0%	20:52.41	205	12	217
204	195	2112	Bourcier	Serge	M	1945	59	27:10.17	127.6%	21:17.53	205	11	216
193	196	2693	De Sananes	Shirley	F	1971	33	25:36.15	119.4%	21:26.79	205	10	215
203	197	2019	Dube	June	F	1966	38	27:04.07	123.5%	21:54.75	205	9	214
187	198	2095	Wirth	Eddy	M	1963	41	24:27.07	110.0%	22:13.52	205	8	213
202	199	2621	Crête	Nathalie	F	1968	36	27:03.74	121.4%	22:17.60	205	7	212
181	200	2758	Hamelin	Francis	M	1972	32	23:29.51	105.0%	22:22.31	205	6	211
201	201	2061	Soucy	Jean-Paul	M	1952	52	26:57.57	120.5%	22:22.38	205	5	210
184	202	2726	Guay	Bruno	M	1973	31	23:47.39	104.5%	22:45.85	205	4	209
196	203	2180	Sauvé	Pierre	M	1960	44	25:46.05	113.0%	22:47.87	205	3	208
182	204	2525	Lavoie	Pierre-Luc	M	1984	20	23:30.39	101.3%	23:11.70	205	2	207
205	205	2008	Brodeur	France	F	1973	31	29:36.32	118.4%	24:59.87	205	1	206

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