

Licensed to Ontario T&F Assoc. - Organization License Hy-Tek's Meet Manager
 2006 Ontario Senior & Junior Championships - 02/07/2006 to 03/07/2006
 H.P. Series Meet #2 - Sponsored by the OTTL
 Ottawa, ON
 Results

Women 100 Meter Dash Junior

Name	Year	Team	Prelims
Heat 1 Preliminaries Wind: 3.7			
1 Issajenko, Natasha	89	I BE Fast	11.84q
2 McBean, Athena	89	Mississauga	12.25q
3 Wills, Ashley	89	Phoenix A.A.	12.30q
4 Bashir, Emilia	90	Laurel Creek	12.38q
5 Skeete-Wilson, Jordan	90	Ottawa Lions	12.45q
6 Francis, Latesha	87	Windsor Legion	13.13
Heat 2 Preliminaries Wind: 5.1			
1 Loyer, Celine	89	Dssg A.C.	12.00q
2 Kellyman, Chanelle	90	Etobicoke Glad.	12.10q
3 Harrison, Danielle	87	Windsor Legion	12.14q
4 Holder, Nikkita	87	Durham Legion	12.16q
5 Poirier, Jocelyn	88	Ottawa Lions	13.01
6 Wallace, Camille	91	Phoenix A.A.	13.03
7 Julien, Thamara	90	York U.T.C.	13.25
Heat 3 Preliminaries Wind: 6.3			
1 Owusu-Agyapong, Flings-J	88	Flying Angels	11.86q
2 Montcalm, Noelle	88	Windsor Legion	12.11q
3 Singh, Francine	88	I BE Fast	12.45q
4 Toner, Hailey	89	Mississauga	12.53q
5 Halle, Emilie	90	Ottawa Lions	12.81
6 Hall, Morgan	89	London Western	12.93
7 Press, Robin	90	Hamilton O.C.	13.89
Heat 4 Preliminaries Wind: 4.0			
1 George, Phylcia	87	Project Athletic	11.83q
2 Blackman, Iman	90	I BE Fast	12.37q
3 Lalonde, Catherine	89	Ottawa Lions	12.44q
4 Hanson, Karyn	89	Brampton	12.59q
5 Coxhead, Emily	88	St.Thomas Legion	12.66
6 Wilson, Jessica	89	Etobicoke Glad.	12.81
Heat 5 Preliminaries Wind: 2.7			
1 Wells, Sherine	88	Project Athletic	12.06q
2 Steele, Shennae	89	Mississauga	12.13q
3 Fortier, Caitlin	89	Ottawa Lions	12.36q
4 Charnuski, Olivia	90	Laurel Creek	12.79
5 O'Connor-Louis-Seize, Is	91	Cirrus	12.81
6 Atwell, Aria	87	Etobicoke Glad.	12.89
7 Connor, Courtney	87	Ottawa Lions	13.20
Heat 6 Preliminaries Wind: 3.7			
1 Morgan, Cheria	89	Project Athletic	12.05q
2 Holder, Simone	88	Etobicoke Glad.	12.19q
3 Brooks, Brittany	90	Brantford	12.53q
4 Fourie, Mari	89	Laurel Creek	12.57q
5 Burke-Trebell, Jessica	88	I BE Fast	13.04
6 Knaggs, Courtney	87	Durham	13.45

Women 100 Meter Dash Junior

Name	Year	Team	Semis
Heat 1 Semi-Finals Wind: 2.7			
1 Owusu-Agyapong, Flings-J	88	Flying Angels	11.89Q
2 Loyer, Celine	89	Dssg A.C.	12.10Q
3 Steele, Shennae	89	Mississauga	12.22q
4 Harrison, Danielle	87	Windsor Legion	12.23q
5 Fortier, Caitlin	89	Ottawa Lions	12.43q
6 Blackman, Iman	90	I BE Fast	12.45q
7 Brooks, Brittany	90	Brantford	12.53
8 Toner, Hailey	89	Mississauga	12.74
Heat 2 Semi-Finals Wind: 3.1			
1 Issajenko, Natasha	89	I BE Fast	11.95Q
2 Morgan, Cheria	89	Project Athletic	12.15Q
3 Holder, Nikkita	87	Durham Legion	12.17q
4 Montcalm, Noelle	88	Windsor Legion	12.22q
5 Bashir, Emilia	90	Laurel Creek	12.44q
6 Singh, Francine	88	I BE Fast	12.48
7 Wills, Ashley	89	Phoenix A.A.	12.61
Heat 3 Semi-Finals Wind: 7.5			
1 George, Phylcia	87	Project Athletic	11.79Q
2 Holder, Simone	88	Etobicoke Glad.	12.09Q

3 Kellyman, Chanelle	90 Etobicoke Glad.	12.13q
4 McBean, Athena	89 Mississauga	12.27q
5 Skeete-Wilson, Jordan	90 Ottawa Lions	12.30q
6 Hanson, Karyn	89 Brampton	12.46
7 Lalonde, Catherine	89 Ottawa Lions	12.62
-- Wells, Sherine	88 Project Athletic	DNF

Women 100 Meter Dash Junior

Name	Year Team	Finals	Specs.
Section 1 Finals Wind: 0.4			
1 Steele, Shennae	89 Mississauga	12.36	
2 Montcalm, Noelle	88 Windsor Legion	12.39	
3 McBean, Athena	89 Mississauga	12.41	
4 Harrison, Danielle	87 Windsor Legion	12.47	
5 Fortier, Caitlin	89 Ottawa Lions	12.51	
6 Skeete-Wilson, Jordan	90 Ottawa Lions	12.61	
7 Blackman, Iman	90 I BE Fast	12.63	
Section 2 Finals Wind: 0.1			
1 Owusu-Agyapong, Flings-J	88 Flying Angels	11.87	
2 George, Phylisia	87 Project Athletic	12.16	
3 Issajenko, Natasha	89 I BE Fast	12.18	
4 Morgan, Cheria	89 Project Athletic	12.39	
4 Holder, Simone	88 Etobicoke Glad.	12.39	
6 Kellyman, Chanelle	90 Etobicoke Glad.	12.41	
7 Loyer, Celine	89 Dssg A.C.	12.53	
8 Holder, Nikkita	87 Durham Legion	12.69	

Women 200 Meter Dash Junior

Name	Year Team	Prelims
Heat 1 Preliminaries Wind: 0.2		
1 Morgan, Cheria	89 Project Athletic	25.98Q
2 Blackman, Iman	90 I BE Fast	26.31q
3 Reid, Renee	88 Project Athletic	26.68
4 Perrault, Jennifer	88 Oakville Legion	26.89
5 O'Connor-Louis-Seize, Is	91 Cirrus	27.54
6 Eversley, Jennifer	88 Etobicoke Glad.	27.90
7 Gartner-Manzan, Sophie	90 York U.T.C.	27.98
8 Cousins, Sadie	89 Guelph Tfc	29.87
Heat 2 Preliminaries Wind: -0.5		
1 Montcalm, Noelle	88 Windsor Legion	25.60Q
2 Ruediger, Kate	87 Oakville Legion	25.84q
3 Singh, Francine	88 I BE Fast	26.25q
4 Skeete-Wilson, Jordan	90 Ottawa Lions	26.69
5 Hanson, Karyn	89 Brampton	27.11
6 Poirier, Jocelyn	88 Ottawa Lions	27.64
7 Julien, Thamara	90 York U.T.C.	28.36
8 Harding, Sarah	88 Brampton	28.60
Heat 3 Preliminaries Wind: -0.6		
1 McBean, Athena	89 Mississauga	25.83Q
2 Fortier, Caitlin	89 Ottawa Lions	26.19q
3 Wills, Ashley	89 Phoenix A.A.	26.44q
4 Loyer, Celine	89 Dssg A.C.	26.99
5 Rayner, Jennifer	89 London Western	27.09
6 Vandervoort, Katrina	90 Ottawa Lions	28.11
7 Emes, Fiona	87 Guelph Tfc	28.67
Heat 4 Preliminaries Wind: +0.0		
1 Harrison, Danielle	87 Windsor Legion	26.65Q
2 Halle, Emilie	90 Ottawa Lions	26.80
3 Coxhead, Emily	88 St.Thomas Legion	26.93
4 Cryne, Monique	88 Hamilton O.C.	27.67
5 Stevens, Sam	90 Laurel Creek	27.85
6 Potter, Leanne	89 Hamilton O.C.	28.12
7 Slegers, Andrina	89 London Western	29.68
Heat 5 Preliminaries Wind: -0.6		
1 Steele, Shennae	89 Mississauga	25.74Q
2 Holder, Simone	88 Etobicoke Glad.	25.97q
3 Charnuski, Olivia	90 Laurel Creek	26.91
4 Kellyman, Chanelle	90 Etobicoke Glad.	26.91
5 Lajeunesse, Catherine	90 Independent	27.35
6 Sherwin, Grace	89 St.Thomas Legion	27.64
7 Burke-Trebell, Jessica	88 I BE Fast	27.69
Heat 6 Preliminaries Wind: 0.8		
1 Issajenko, Natasha	89 I BE Fast	24.68Q
2 Cotten, Jen	87 London Western	26.24q
3 Brooks, Brittany	90 Brantford	26.55q
4 Atwell, Aria	87 Etobicoke Glad.	26.67q
5 Lalonde, Catherine	89 Ottawa Lions	26.67q

6 Toner, Hailey	89 Mississauga	27.42
7 Hall, Morgan	89 London Western	27.61

Women 200 Meter Dash Junior

Name	Year Team	Finals	Specs.
Section 1 Finals Wind: 0.5			
1 Fortier, Caitlin	89 Ottawa Lions	25.83	
2 Singh, Francine	88 I BE Fast	26.04	
3 Wills, Ashley	89 Phoenix A.A.	26.18	
4 Cotten, Jen	87 London Western	26.19	
5 Brooks, Brittany	90 Brantford	26.53	
6 Atwell, Aria	87 Etobicoke Glad.	26.67	
7 Lalonde, Catherine	89 Ottawa Lions	26.71	
Section 2 Finals Wind: 2.0			
1 Issajenko, Natasha	89 I BE Fast	24.75	
2 Montcalm, Noelle	88 Windsor Legion	25.38	
3 Steele, Shennae	89 Mississauga	25.46	
4 McBean, Athena	89 Mississauga	25.49	
5 Holder, Simone	88 Etobicoke Glad.	25.88	
6 Ruediger, Kate	87 Oakville Legion	25.93	
7 Harrison, Danielle	87 Windsor Legion	26.53	
-- Morgan, Cheria	89 Project Athletic	DQ	R.163.3

Women 400 Meter Dash Junior

Name	Year Team	Prelims
Heat 1 Preliminaries		
1 Ruediger, Kate	87 Oakville Legion	56.91Q
2 Perrault, Jennifer	88 Oakville Legion	57.15q
3 Hughes, Emily	90 Niagara Olympic	1:04.61
4 Cousins, Sadie	89 Guelph Tfc	1:07.54
Heat 2 Preliminaries		
1 King, Angela	87 Kingston Napanee	59.70Q
2 Rayner, Jennifer	89 London Western	1:00.15q
3 Cryne, Monique	88 Hamilton O.C.	1:00.51q
4 Lajeunesse, Catherine	90 Independent	1:02.41
5 Daley, Robbi-Jayne	91 Fredericton	1:02.45
6 Eikelenboom, Natasha	91 Niagara Olympic	1:04.15
Heat 3 Preliminaries		
1 Lela, Christianne	88 Ottawa Lions	58.67Q
2 Danso-Dapaah, Keesha	90 Etobicoke	59.95q
3 Coleman, Emily	88 Kingston Napanee	1:02.99
4 Horricks, Katie	87 St.Thomas Legion	1:03.04
5 Foster, Kiersten	88 London Western	1:03.15
6 Larocque, Leah	89 Ottawa Lions	1:04.95
7 Prevost, Tania	87 Petite Nation	1:13.33
Heat 4 Preliminaries		
1 Buttinger, Maddie	89 Laurel Creek	59.26Q
2 Slegers, Andrina	89 London Western	1:04.80
3 Potter, Leanne	89 Hamilton O.C.	1:05.42
4 Emes, Fiona	87 Guelph Tfc	1:06.78
5 Black, Felicia	88 London Western	1:11.22
Heat 5 Preliminaries		
1 Siemon, Victoria	88 U. OF Toronto	58.48Q
2 Reid, Renee	88 Project Athletic	1:00.69q
3 Stevens, Sam	90 Laurel Creek	1:02.40q
4 McMurtrie, Amanda	89 Niagara Olympic	1:03.37
5 Hinton, Stephanie	90 Brantford	1:03.87
Heat 6 Preliminaries		
1 Tousaw, Julia	89 St.Thomas Legion	58.34Q
2 Rudell, Rita	91 Saugeen	1:00.05q
3 Sherwin, Grace	89 St.Thomas Legion	1:00.30q
4 Aubry, Rachel	90 Ottawa Lions	1:00.77q
5 Kennedy, Shannon	92 Etobicoke	1:02.37q
6 Martineau, Triniece	89 London Western	1:05.04
7 Harding, Sarah	88 Brampton	1:06.15

Women 400 Meter Dash Junior

Name	Year Team	Finals	Specs.
Section 1 Finals			
1 Reid, Renee	88 Project Athletic	59.13	
2 Cryne, Monique	88 Hamilton O.C.	59.59	
3 Sherwin, Grace	89 St.Thomas Legion	1:00.03	
4 Aubry, Rachel	90 Ottawa Lions	1:00.56	
5 Kennedy, Shannon	92 Etobicoke	1:02.50	
Section 2 Finals			

1	Ruediger, Kate	87	Oakville Legion	56.68	
2	Perrault, Jennifer	88	Oakville Legion	56.74	
3	Tousaw, Julia	89	St.Thomas Legion	57.24	
4	Lela, Christianne	88	Ottawa Lions	57.56	
5	Siemon, Victoria	88	U. OF Toronto	57.92	
6	Danso-Dapaah, Keesha	90	Etobicoke	58.92	
7	King, Angela	87	Kingston Napanee	1:00.21	
--	Buttinger, Maddie	89	Laurel Creek	DQ	R.163.3

Women 800 Meter Run Junior

Name	Year	Team	Finals	Specs.
Section 1				
1	Wallace, Madi	89	London Western	2:17.30
2	Coutts, Lauren	89	London Western	2:24.09
3	Robertshaw, Blaire	90	London Western	2:25.06
4	Gill, Laura	88	Sarnia Asw	2:26.03
5	Eikelenboom, Natasha	91	Niagara Olympic	2:29.42
6	Hughes, Emily	90	Niagara Olympic	2:29.45
7	Mason, Danielle	90	Laurel Creek	2:31.60
8	Adams, Paris	91	Niagara Olympic	2:32.20
9	Mooradian, Lindsay	89	Niagara Olympic	2:34.10
Section 2				
1	Daley, Robbi-Jayne	91	Fredericton	2:19.57
2	Spettigue, Kelly-Lynne	88	Markham	2:22.59
3	Fauteux-Lachance, Vicky	88	Mtl-Olympique	2:24.19
4	Tallman, Kaitlyn	88	Track North	2:24.92
5	Allaire, Tara	89	Achilles R.C.	2:25.88
6	Convery, Lorelle	88	U. OF Toronto	2:26.09
7	Hinton, Stephanie	90	Brantford	2:33.72
8	Prevost, Mercedes	90	Ottawa Lions	2:34.58
9	Haliburton, Sarah	90	Markham	2:37.33
10	Coyne, Sarah	91	U. OF Toronto	2:37.56
11	Cockburn, Allie	90	Ottawa Lions	2:43.70
Section 3				
1	Driscoll, Jessica	88	Phoenix A.A.	2:15.03
2	Raby, Arianne	88	Launaudière	2:15.11
3	Gribbons, Shannon	88	Saugeen	2:15.42
4	Danso-Dapaah, Keesha	90	Etobicoke	2:16.88
5	Harrison, Kate	89	Phoenix A.A.	2:18.30
6	Maryuen, Chantelle	89	York U.T.C.	2:19.41
7	O'Hagan, Kaitlin	92	York U.T.C.	2:20.26
8	Somerville, Alana	90	Ottawa Lions	2:20.40
9	Kennedy, Shannon	92	Etobicoke	2:20.76
10	Siemon, Victoria	88	U. OF Toronto	2:23.29
11	Beebie, Melanie	88	Mississauga	2:24.09
12	Picard-Arsenault, Josée	88	Laval	2:25.52

Women 1500 Meter Run Junior

Name	Year	Team	Finals	Specs.
Section 1				
1	Beebie, Melanie	88	Mississauga	4:56.39
2	Coté-Barton, Marjorie	89	Dynamique-Laval	4:58.53
3	Castrillo, Keegan	89	Sarnia Asw	4:59.31
4	Fauteux-Lachance, Vicky	88	Mtl-Olympique	5:00.32
5	Gill, Carly	88	Sarnia Asw	5:04.37
6	Mason, Danielle	90	Laurel Creek	5:09.65
7	Mooradian, Lindsay	89	Niagara Olympic	5:14.03
8	Adams, Paris	91	Niagara Olympic	5:14.90
9	Coyne, Sarah	91	U. OF Toronto	5:14.96
10	Haliburton, Sarah	90	Markham	5:14.98
Section 2				
1	Carson, Lindsay	89	Tri City	4:28.38
2	McKay, Tarah	87	Tri City	4:28.88
3	Harrison, Kate	89	Phoenix A.A.	4:33.76
4	Gribbons, Shannon	88	Saugeen	4:35.71
5	Driscoll, Jessica	88	Phoenix A.A.	4:36.95
6	Shenstone, Johanna	89	Markham	4:40.72
7	Wallace, Madi	89	London Western	4:42.20
8	Maryuen, Chantelle	89	York U.T.C.	4:43.96
9	Seccafien, Andrea	90	Guelph Tfc	4:44.08
10	Slater, Kelsie	90	Niagara Olympic	4:45.37
11	O'Hagan, Kaitlin	92	York U.T.C.	4:50.75
12	Somerville, Alana	90	Ottawa Lions	4:50.92
13	Coutts, Lauren	89	London Western	4:51.08
14	Convery, Lorelle	88	U. OF Toronto	4:52.09
15	Gill, Laura	88	Sarnia Asw	4:55.81
16	Farquharson, Charlotte	88	Toronto O.C.	4:56.94

Women 3000 Meter Run Junior

Name	Year	Team	Finals	Specs.
Section 1				
1 Price, Caitlin	88	Hamilton O.C.	10:11.27	
2 Seccafien, Andrea	90	Guelph Tfc	10:25.70	
3 Spettigue, Kelly-Lynne	88	Markham	10:27.48	
4 Tallman, Kaitlyn	88	Track North	10:27.89	
5 Allaire, Tara	89	Achilles R.C.	10:28.95	
6 Robertshaw, Blaire	90	London Western	10:33.77	
7 Locke, Tiffany	88	Ottawa Lions	10:40.34	
8 Nicholson, Michelle	88	London Western	10:45.76	

Women 5000 Meter Race Walk Junior

Name	Year	Team	Finals	Specs.
1 Jackman, Kathryn	89	Peterborough	30:32.49	
-- Ratel, Marie-Hélène	89	Petite Nation	X31:45.22	

Women 100 Meter Hurdles Junior

Name	Year	Team	Prelims
Heat 1 Preliminaries Wind: 2.7			
1 Anobile, Charelle	89	Windsor Legion	14.90q
2 Fourie, Mari	89	Laurel Creek	15.01q
3 Coxhead, Emily	88	St.Thomas Legion	15.07q
4 Martineau, Triniece	89	London Western	15.44q
5 Morrison, Kelly	90	Hamilton O.C.	15.81q
6 Halle, Emilie	90	Ottawa Lions	16.08q
7 Gartner-Manzan, Sophie	90	York U.T.C.	17.92
Heat 2 Preliminaries Wind: 1.8			
1 Cere, Susana	89	McGill Olympic	14.98q
2 Montcalm, Noelle	88	Windsor Legion	15.34q
3 Payne, Adrienne	90	Sarnia Asw	16.36q
4 Poirier, Jocelyn	88	Ottawa Lions	16.55
5 Sindani, Josephine	90	Ottawa Lions	16.64
6 Eversley, Jennifer	88	Etobicoke Glad.	16.69
Heat 3 Preliminaries Wind: 3.8			
1 George, Phylcia	87	Project Athletic	14.53q
2 Cotten, Jen	87	London Western	14.78q
3 Fonseca, Danielle	88	South Simcoe	14.98q
4 Charnuski, Olivia	90	Laurel Creek	15.73q
5 Connor, Courtney	87	Ottawa Lions	17.05
6 Stevens, Emma	88	U. OF Toronto	17.36
Heat 4 Preliminaries Wind: 3.5			
1 Holder, Nikkita	87	Durham Legion	14.27q
2 Francis, Latesha	87	Windsor Legion	15.50q
3 Mueller, Shannon	89	Rideau Lake	15.86q
4 Wright, Aleeza	89	Ottawa Lions	16.89
5 Mooney, Kristin	89	Quinte Legion	17.01
6 Carveth, Becky	89	U. OF Toronto	17.64
7 Van Der Marel, Lacey	87	Hamilton O.C.	18.96

Women 100 Meter Hurdles Junior

Name	Year	Team	Finals	Specs.
Section 1 Finals Wind: 1.3				
1 Montcalm, Noelle	88	Windsor Legion	15.02	
2 Francis, Latesha	87	Windsor Legion	15.75	
3 Charnuski, Olivia	90	Laurel Creek	15.79	
4 Mueller, Shannon	89	Rideau Lake	15.96	
5 Morrison, Kelly	90	Hamilton O.C.	16.17	
6 Halle, Emilie	90	Ottawa Lions	16.28	
7 Payne, Adrienne	90	Sarnia Asw	16.47	
8 Martineau, Triniece	89	London Western	17.10	
Section 2 Finals Wind: 1.0				
1 Holder, Nikkita	87	Durham Legion	14.09	
2 George, Phylcia	87	Project Athletic	14.66	
3 Cotten, Jen	87	London Western	14.79	
4 Fonseca, Danielle	88	South Simcoe	14.93	
5 Cere, Susana	89	McGill Olympic	15.14	
6 Anobile, Charelle	89	Windsor Legion	15.38	
7 Coxhead, Emily	88	St.Thomas Legion	15.55	
8 Fourie, Mari	89	Laurel Creek	16.13	

Women 400 Meter Hurdles Junior

Name	Year	Team	Finals	Specs.
Section 1				
1 Aubry, Rachel	90	Ottawa Lions	1:07.14	
2 McMurtrie, Amanda	89	Niagara Olympic	1:07.84	
3 Larocque, Leah	89	Ottawa Lions	1:09.59	
4 Stevens, Emma	88	U. OF Toronto	1:11.62	
5 Wright, Aleeza	89	Ottawa Lions	1:12.69	
6 Martineau, Triniece	89	London Western	1:13.93	
Section 2				
1 Mooney, Kristin	89	Quinte Legion	1:08.46	
2 Sherwin, Grace	89	St.Thomas Legion	1:08.48	
3 Daly-Buijitti, Melissa	89	Ottawa Lions	1:09.24	
4 Foster, Kiersten	88	London Western	1:09.75	
5 Payne, Adrienne	90	Sarnia Asw	1:10.85	
Section 3				
1 Buttinger, Maddie	89	Laurel Creek	1:04.04	
2 Tousaw, Julia	89	St.Thomas Legion	1:04.83	
3 Anobile, Charelle	89	Windsor Legion	1:06.10	
4 Fonseca, Danielle	88	South Simcoe	1:06.34	
5 Horricks, Katie	87	St.Thomas Legion	1:06.61	
6 Rudell, Rita	91	Saugeen	1:07.50	

Women 2000 Meter Steeplechase Junior

Name	Year	Team	Finals	Specs.
Section 1				
1 Farquharson, Charlotte	88	Toronto O.C.	7:28.51	
2 Moran, Brittany	87	Durham	7:33.48	
3 Castrillo, Keegan	89	Sarnia Asw	7:43.50	
4 Gill, Carly	88	Sarnia Asw	7:43.84	
5 Nicholson, Michelle	88	London Western	8:11.82	

Women 4x100 Meter Relay Junior

Team	Finals	Specs.
1 Etobicoke Gladstone 'A'	48.30	
1) Kellyman, Chanelle 90		
3) Atwell, Aria 87		
2 Ottawa Lions T.F.C. 'A'	48.65	
1) Edwards, Karelle 90		
3) Lalonde, Catherine 89		
3 Laurel Creek 'A'	49.88	
1) Charnuski, Olivia 90		
3) Austin, Linsey 89		
4 Ottawa Lions T.F.C. 'B'	53.32	
1) Vandervoort, Katrina 90		
3) Aubry, Rachel 90		
2) Wilson, Jessica 89		
4) Holder, Simone 88		
2) Fortier, Caitlin 89		
4) Skeete-Wilson, Jordan 90		
2) Bashir, Emilia 90		
4) Fourie, Mari 89		
2) Halle, Emilie 90		
4) Sindani, Josephine 90		

Women High Jump Junior

Name	Year	Team	Finals	Specs.
Starting Height: 1.40m				
Flight 1				
1 Boyle, Sarah	87	U. OF Toronto	1.76m	
1.40 1.45 1.50 1.55 1.60		1.65 1.70 1.73 1.76 1.80		
P P P P O		XO O XO XO XXX		
2 Buttinger, Maddie	89	Laurel Creek	1.73m	
1.40 1.45 1.50 1.55 1.60		1.65 1.70 1.73 1.76		
P P P P O		O O O XXX		
3 Neeb, Nikki	89	Laurel Creek	1.70m	
1.40 1.45 1.50 1.55 1.60		1.65 1.70 1.73		
P P O O O		XO XXO XXX		
4 Beckford-Stewart, Alecia		Mississauga	1.65m	
1.40 1.45 1.50 1.55 1.60		1.65 1.70		
P O O O O		O XXX		
4 Hislop, Maragareth	88	Power Athletics	J1.65m	
1.40 1.45 1.50 1.55 1.60		1.65 1.70		
P O O O O		XXO XXX		
4 Cotten, Jen	87	London Western	1.65m	
1.40 1.45 1.50 1.55 1.60		1.65 1.70		
P O O P O		O XXX		
7 Morrison, Kelly	90	Hamilton O.C.	1.60m	
1.40 1.45 1.50 1.55 1.60		1.65		
P O XO O XO		XXX		
7 Edwards, Karelle	90	Ottawa Lions	1.60m	
1.40 1.45 1.50 1.55 1.60		1.65		

	P	O	XO	O	XO	XXX		
7	Rudell, Rita					91	Saugeen	1.60m
	1.40	1.45	1.50	1.55	1.60	1.65		
	P	P	O	O	XXO	XXX		
10	Klassen, Sarah					88	U. OF Toronto	1.55m
	1.40	1.45	1.50	1.55	1.60			
	P	P	P	XXO	XXX			
11	Battison, Alana					88	U. OF Toronto	1.50m
	1.50	1.55						
	O	XXX						
12	Watson, Katie					88	London Western	1.45m
	1.40	1.45	1.50					
	O	XO	XXX					
13	Johnson, Katie					87	London Western	1.40m
	1.40	1.45						
	O	XXX						

Women Pole Vault Junior

Starting Height: 3.00m

Name	Year	Team	Finals	Specs.
1 Hamilton, Heather	88	Power Athletics	3.50m	
	3.05	3.20	3.35	3.60
	O	XXO	O	XXX
1 House, Jennifer	89	London Legion	J3.50m	
	3.05	3.20	3.35	3.60
	P	P	O	XO
3 Poetschke, Alex	89	St.Thomas Legion	3.05m	
	3.05	3.20		
	O	XXX		
-- Reiser, Erika	89	Windsor Legion	NH	
	3.05	3.20		
	P	XXX		

Women Long Jump Junior

Name	Year	Team	Finals	Wind	Specs.
1 Beckford-Stewart, Alecia		Mississauga	5.64m	3.2	
	5.34m(1.9)	5.64m(3.2)	5.64m(1.3)	5.33m(0.1)	FOUL(0.6)
	5.64m(0.8)				
2 Cotten, Jen	87	London Western	5.43m	1.6	
	5.40m(1.8)	5.43m(1.6)	5.33m(0.6)	5.25m(-0.1)	5.28m(-0.1)
	5.35m(0.9)				
3 Francis, Latesha	87	Windsor Legion	5.36m	1.1	
	5.15m(4.5)	4.96m(1.5)	FOUL(0.2)	4.99m(0.2)	4.97m(0.4)
	5.36m(1.1)				
4 Harrison, Danielle	87	Windsor Legion	5.22m	5.7	
	FOUL(+0.0)	5.22m(5.7)	FOUL(4.2)	5.18m(1.0)	5.14m(0.5)
	5.19m(0.2)				
5 Van Der Marel, Lacey	87	Hamilton O.C.	5.12m	2.3	
	5.12m(2.3)	FOUL(-0.2)	5.08m(1.3)	4.95m(-0.3)	4.64m(0.9)
	5.04m(1.0)				
6 Okoukoni, Catherine	90	Lightning A.C.	5.08m	0.9	
	4.95m(2.6)	5.02m(+0.0)	5.08m(0.9)	3.56m(0.8)	4.29m(0.4)
	4.39m(0.1)				
7 Zachariah, Neb	87	Guelph Tfc	5.05m	-1.3	
	5.05m(-1.3)	FOUL(-0.2)	FOUL(2.1)	PASS(NWI)	PASS(NWI)
	PASS(NWI)				
8 Miller, Sara	88	SE Athletics	4.99m	1.5	
	4.99m(1.5)	4.86m(1.4)	4.97m(1.8)		
9 Steele, Lydia	88	Hamilton O.C.	4.93m	0.5	
	4.78m(-0.1)	4.93m(0.5)	FOUL(3.5)		
10 Wallace, Camille	91	Phoenix A.A.	4.91m	0.3	
	4.58m(2.2)	4.69m(-0.8)	4.91m(0.3)		
11 Revell, Lauren	89	South Simcoe	4.78m	0.3	
	4.69m(1.4)	4.78m(0.3)	4.71m(0.7)		
12 Morrison, Kelly	90	Hamilton O.C.	4.76m	-0.7	
	4.76m(-0.7)	4.16m(0.3)	FOUL(2.4)		
13 Tschirhart, Victoria	87	Guelph Tfc	4.48m	2.2	
	4.48m(2.2)	4.33m(0.6)	4.43m(1.3)		
Flight 2					
1 Edwards, Karelle	90	Ottawa Lions	5.43m	2.5	
	5.43m(2.5)	5.18m(0.7)	5.31m(0.3)	5.17m(-0.4)	5.23m(0.5)
	FOUL(0.2)				
2 Wilson, Jessica	89	Etobicoke Glad.	5.03m	1.1	
	FOUL(1.7)	FOUL(0.7)	5.03m(1.1)		
3 Kussen, Carly	88	South Simcoe	4.89m	0.6	
	4.89m(0.6)	4.56m(0.7)	4.58m(0.2)		
4 Austin, Linsey	89	Laurel Creek	4.86m	1.3	
	4.63m(1.2)	4.86m(1.3)	4.85m(2.3)		
5 Gabriel, Jasmine	88	Phoenix A.A.	4.84m	0.1	
	4.41m(1.3)	4.13m(0.4)	4.84m(0.1)		
6 Skeete-Wilson, Jordan	90	Ottawa Lions	4.82m	1.0	
	4.82m(1.0)	4.78m(0.7)	PASS(NWI)		
6 Sindani, Josephine	90	Ottawa Lions	4.82m	2.1	
	4.46m(0.1)	4.82m(2.1)	4.74m(+0.0)		
8 Vandervoort, Katrina	90	Ottawa Lions	4.76m	2.5	

	4.48m(1.8)	4.48m(2.5)	4.76m(2.5)		
9	Clemmer, Victoria		89 U. OF Toronto	4.69m	1.1
	4.69m(1.1)	4.57m(0.5)	4.32m(1.5)		
10	Lauv, Julia		87 Ottawa Lions	4.61m	-0.1
	FOUL(1.3)	4.61m(-0.1)	4.39m(0.5)		
11	Black, Katie		88 Dssg A.C.	4.38m	1.3
	4.08m(1.5)	4.10m(0.8)	4.38m(1.3)		
12	Gray, Christine		88 South Simcoe	4.23m	1.1
	FOUL(1.5)	4.23m(1.1)	FOUL(1.7)		
13	Press, Robin		90 Hamilton O.C.	3.62m	1.1
	FOUL(0.6)	FOUL(2.7)	3.62m(1.1)		

Women Triple Jump Junior

=====						
Name	Year	Team	Finals	Wind	Specs.	
=====						
Flight 1						
1	Zachariah, Neb	87 Guelph Tfc	12.56m	1.8		
	12.56m(1.8)	12.21m(1.4)	12.07m(1.6)	12.05m(1.6)	11.98m(1.8)	FOUL(1.7)
2	Okoukoni, Catherine	90 Lightning A.C.	11.40m	2.5		
	10.88m(1.6)	11.40m(2.5)	11.12m(0.6)	11.00m(1.4)	10.91m(1.1)	11.18m(1.2)
3	Steele, Lydia	88 Hamilton O.C.	11.38m	1.0		
	11.38m(1.0)	11.24m(2.6)	10.93m(0.9)	10.79m(2.6)	11.01m(1.0)	11.03m(1.4)
4	Revell, Lauren	89 South Simcoe	10.90m	1.5		
	FOUL(2.1)	10.90m(1.2)	FOUL(2.3)	10.70m(1.1)	FOUL(1.5)	10.90m(1.5)
5	Miller, Sara	88 SE Athletics	10.76m	2.5		
	10.31m(1.2)	10.27m(1.4)	10.76m(2.5)	10.66m(2.6)	10.62m(0.8)	10.69m(1.9)
6	Black, Katie	88 Dssg A.C.	10.72m	2.8		
	FOUL(0.7)	10.32m(1.0)	9.19m(3.9)	10.12m(1.9)	10.47m(2.7)	10.72m(2.8)
7	Tschirhart, Victoria	87 Guelph Tfc	10.55m	1.8		
	10.27m(1.4)	10.32m(0.8)	10.12m(1.3)	9.99m(3.1)	10.55m(1.8)	10.25m(0.5)
8	Sindani, Josephine	90 Ottawa Lions	10.34m	1.8		
	10.34m(1.8)	FOUL(NWI)	9.64m(0.3)	FOUL(NWI)	10.23m(2.6)	9.52m(2.5)
9	Plaine, Justine	Unattached	10.31m	0.7		
	FOUL(NWI)	10.31m(0.7)				
10	Kussen, Carly	88 South Simcoe	10.26m	2.2		
	9.98m(1.2)	10.19m(2.9)	10.26m(2.2)			
11	Van Der Marel, Lacey	87 Hamilton O.C.	10.22m	2.4		
	FOUL(NWI)	10.09m(1.1)	10.22m(2.4)			
12	Neeb, Nikki	89 Laurel Creek	10.21m	2.2		
	10.21m(2.2)	9.90m(2.4)	9.98m(1.8)			
13	Lourenco, Heather	92 Laurel Creek	10.08m	4.2		
	9.67m(1.6)	9.66m(0.9)	10.08m(4.2)			
15	Gabriel, Jasmine	88 Phoenix A.A.	9.90m	1.9		
	9.90m(1.9)	9.74m(1.4)	9.65m(1.0)			
16	Gray, Christine	88 South Simcoe	9.47m	1.5		
	9.47m(1.5)	FOUL(2.3)	9.31m(2.5)			
17	Press, Robin	90 Hamilton O.C.	9.08m	2.1		
	9.08m(2.1)	FOUL(0.8)	9.02m(3.8)			
14	Sarazin-Coté, Josée-Anne	89 Saint-Laurent	X9.92m	1.3		
	FOUL(NWI)	9.92m(1.3)	9.78m(-0.2)			
--	Austin, Linsey	89 Laurel Creek	FOUL	NWI		
	FOUL(NWI)	FOUL(NWI)	FOUL(NWI)			

Women Shot Put Junior

=====						
Name	Year	Team	Finals	Specs.		
=====						
1	Andrews, Kaitlyn	88 Independent	13.97m			
	13.11m	13.35m	13.97m	13.42m	FOUL	13.21m
2	Thibault, Dominique	88 Ottawa Lions	12.64m			
	12.48m	12.64m	12.20m	12.37m	11.84m	11.96m
3	Lane, Diana	88 London Western	11.47m			
	10.89m	11.36m	11.47m	11.12m	FOUL	10.84m
4	VanDodewaard, Caitlin	89 Ottawa Lions	11.18m			
	10.61m	10.67m	10.53m	10.49m	10.94m	11.18m
5	Wachna, Bethanie	88 Windsor Legion	11.01m			
	FOUL	10.63m	FOUL	FOUL	11.01m	FOUL
6	Mullen, Maggie	89 Sarnia Asw	10.83m			
	10.22m	10.38m	10.03m	FOUL	10.50m	10.83m
7	McIntosh, Sarah	88 Saugeen	10.38m			
	FOUL	9.98m	9.93m	10.31m	10.38m	10.32m
8	Bailey, Caroline	88 Saugeen	10.24m			
	9.44m	9.13m	10.24m	9.83m	9.99m	9.62m
9	Du, Susan	90 U. OF Toronto	9.82m			
	9.01m	9.79m	9.82m			
10	Peterson-Paul, Shereen	91 York U.T.C.	7.33m			
	7.33m	7.14m	7.10m			
11	Clemmer, Victoria	89 U. OF Toronto	6.71m			
	6.71m					

Women Discus Throw Junior

Name	Year	Team	Finals	Specs.
1 Andrews, Kaitlyn	88	Independent	41.72m	
			39.50m 38.34m 38.41m 38.88m 38.89m 41.72m	
2 Boudreau, Isabelle	89	Saint-Jean	38.15m	
			FOUL 38.15m 36.75m 35.53m 35.11m 35.23m	
3 VanDodewaard, Caitlin	89	Ottawa Lions	37.42m	
			FOUL 31.83m 34.93m 37.42m FOUL 36.77m	
4 Lane, Diana	88	London Western	35.62m	
			32.29m 35.62m 32.96m 35.07m 32.93m 33.61m	
5 Thibault, Dominique	88	Ottawa Lions	33.46m	
			33.46m FOUL FOUL FOUL 32.81m FOUL	
6 Wachna, Bethanie	88	Windsor Legion	32.38m	
			31.97m 31.70m 31.62m PASS 30.96m 32.38m	
7 Mullen, Maggie	89	Sarnia Asw	27.09m	
			26.59m FOUL 27.09m FOUL 26.82m FOUL	
8 King, Emily	89	Sarnia Asw	24.62m	
			24.62m FOUL FOUL FOUL FOUL FOUL	

Women Hammer Throw Junior

Name	Year	Team	Finals	Specs.
1 Bailey, Caroline	88	Saugeen	35.44m	
			32.74m 35.44m 35.14m 34.95m 34.82m FOUL	
2 Lane, Diana	88	London Western	35.40m	
			34.61m FOUL 32.02m FOUL 34.29m 35.40m	
3 McIntosh, Sarah	88	Saugeen	31.80m	
			FOUL FOUL FOUL 26.37m 31.80m 31.27m	

Women Javelin Throw Junior

Name	Year	Team	Finals	Specs.
1 Bond, Jessica	88	Petite Nation	42.40m	
			41.45m 40.71m 35.62m FOUL 42.40m 39.92m	
2 Wachna, Bethanie	88	Windsor Legion	40.71m	
			40.71m 39.66m 37.79m 40.64m 38.86m 40.68m	
3 Collins, Sarah	87	Ottawa Lions	40.03m	
			37.93m 37.53m 39.38m 40.03m 38.22m 38.08m	
4 Weston, Katie	88	North Bay Legion	38.62m	
			38.62m 36.54m 37.27m 36.86m 37.80m FOUL	
5 Mullen, Maggie	89	Sarnia Asw	38.32m	
			38.32m 35.79m 33.83m FOUL FOUL 36.21m	
6 King, Emily	89	Sarnia Asw	35.49m	
			33.60m 34.96m 31.76m 30.40m 35.49m 34.05m	
7 Neeb, Nikki	89	Laurel Creek	32.77m	
			24.35m 30.63m 32.77m FOUL 27.01m 30.82m	
8 Chartrand, Valérie	87	Ottawa Lions	31.42m	
			31.42m 31.29m 31.40m 29.40m 28.02m 30.30m	
9 Johnson, Katie	87	London Western	30.63m	
			28.92m FOUL 30.63m	
10 Petrov, Beth	89	Power Athletics	28.55m	
			FOUL 28.55m 27.29m	
11 Lane, Diana	88	London Western	25.53m	
			25.53m 24.99m FOUL	
12 VanDodewaard, Caitlin	89	Ottawa Lions	24.64m	
			FOUL 24.64m FOUL	

Women 100 Meter Dash Senior

Name	Year	Team	Prelims
Heat 1 Preliminaries Wind: 5.7			
1 Thibault, Genevieve	86	Laval	11.30Q
2 Mercado, Rosana		Puerto Rico	11.54Q
3 Horobjowsky, Vanessa	82	McGill Olympic	12.10q
4 Ayippey, Mavis		Independent	12.18q
5 Kuluski, Kerry	79	U. OF Toronto	12.47q
6 Del Grande, Karla	53	Etobicoke Glad.	12.79q
7 Mullings, Sheree	81	York U.T.C.	12.97
Heat 2 Preliminaries Wind: 5.5			
1 Broomfield, Erica	77	Mississauga	11.33Q
2 Bass, Valma		Virgin Islands	11.51Q
3 Castro, Militza		Puerto Rico	11.55q
4 Leblanc, Marie-Andrée	82	Sherbrooke	12.03q
5 Durbeuil, Maryse	84	McGill Olympic	12.31q
6 Pepper, Brittany	86	Speed River	12.76q
7 Egbo-Egbo, Mary	85	Independent	13.63

8	Libby, Deborah	80	Independent	13.86
Heat 3 Preliminaries Wind: 1.8				
1	Hyacinthe, Kimbely	89	Saint-Laurent	11.71Q
2	Morales, Celiangelis		Puerto Rico	11.78Q
3	Gutierrez, Jennifer		Puerto Rico	11.83q
4	Whittingham, Netoya	85	Mississauga	12.73q
5	Bailargeon, Julie	85	Sherbrooke	12.97

Women 100 Meter Dash Senior

Name	Year	Team	Finals	Specs.
Section 1 Finals Wind: 0.5				
1		Puerto Rico	11.78	
2		Puerto Rico	11.89	
3		Puerto Rico	12.00	
4	82	Sherbrooke	12.42	
5	84	McGill Olympic	12.60	
6	82	McGill Olympic	12.62	
7	53	Etobicoke Glad.	13.32	
Section 2 Finals Wind: 0.2				
1	86	Laval	11.62	
2	77	Mississauga	11.64	
3		Puerto Rico	11.79	
4		Virgin Islands	11.81	
5	89	Saint-Laurent	11.96	
6		Independent	12.66	
7	79	U. OF Toronto	12.73	
8	86	Speed River	13.13	

Women 200 Meter Dash Senior

Name	Year	Team	Prelims
Heat 1 Preliminaries Wind: 0.5			
1	81	Swift Athletics	23.70Q
2		Puerto Rico	25.07Q
3		Independent	26.31q
4	86	Guelph Tfc	26.36
5	86	Speed River	27.25
6	85	London Western	27.36
7	83	Ottawa Lions	27.53
Heat 2 Preliminaries Wind: 0.8			
1	77	Mississauga	23.63Q
2	84	Ottawa Lions	24.39Q
3		Puerto Rico	24.94q
4	79	U. OF Toronto	26.09q
5	86	Brampton	26.10q
6		Puerto Rico	26.40
7	85	Sherbrooke	27.02
8	53	Etobicoke Glad.	27.08

Women 200 Meter Dash Senior

Name	Year	Team	Finals	Specs.
Section 1 Finals Wind: 0.6				
1	81	Swift Athletics	23.86	
2	86	Brampton	25.98	
3	79	U. OF Toronto	26.23	
4		Independent	26.29	

Women 400 Meter Dash Senior

Name	Year	Team	Finals	Specs.
Section 1				
1	84	Ottawa Lions	55.62	
2	80	McGill Olympic	57.12	
3	82	Perfmax Racing	57.28	
4	78	York U.T.C.	57.95	
5	86	Guelph Tfc	58.69	
6	84	Sherbrooke	1:01.26	
--	83	Mississauga	DQ	R.163.3
--	86	Ottawa Lions	DQ	R.163.3
Section 2				
1	86	Brampton	1:00.52	
2	84	Oakville Legion	1:01.60	
3	53	Etobicoke Glad.	1:02.34	
4	84	Mtl-Olympique	X1:05.69	

Women 800 Meter Run Senior

Name	Year	Team	Finals	Specs.
Section 1				
1 Coopman, Kaitlin	84	York U.T.C.	2:17.14	
2 Henderson, Kate	83	Speed River	2:17.93	
3 Germain, Katia	84	Sherbrooke	2:18.08	
4 Miller, Elizabeth	86	Ottawa Lions	2:22.56	
5 Robertson, Elysia	86	Ottawa Lions	2:22.72	
6 Jennings, Serena	81	Track North	2:23.59	
7 Costanzo, Loriana	86	Lakehead	2:23.64	
8 Koenig, Nicole	84	Oakville Legion	2:25.43	
9 Tremblay-Laforce, Anne	84	Mtl-Olympique	2:30.39	
Section 2				
1 Brown, Megan	85	Newmarket	2:10.36	
2 McLaughlin, Paula	80	U. OF Toronto	2:14.15	
3 Buchanan, Dana	84	Ottawa Lions	2:14.29	
4 Katz, Sarah	78	York U.T.C.	2:14.96	
5 Eberhard, Hannah	85	Windsor Legion	2:16.17	
6 Venturelli, Emilie	82	Perfmax Racing	2:17.86	
7 MacLean, Leanna	82	Tiger Track Club	2:21.69	
-- Gooding, Sheena		Barbados	XDNF	

Women 1500 Meter Run Senior

Name	Year	Team	Finals	Specs.
Section 1				
1 Del Valle, Lizaira		Puerto Rico	4:24.66	
2 Quinn-Smith, Tara	79	Independent	4:24.75	
3 Brown, Megan	85	Newmarket	4:24.87	
4 Stallwood, Rebecca	78	Hamilton O.C.	4:28.01	
5 Biewald, Jenni	88	Ottawa Lions	4:28.59	
6 Buchanan, Dana	84	Ottawa Lions	4:32.14	
7 Boyle, Shari	73	Toronto O.C.	4:34.44	
8 Mullins, Rosie		Swift Athletics	4:35.67	
9 MacLean, Leanna	82	Tiger Track Club	4:42.84	
10 McLaughlin, Paula	80	U. OF Toronto	4:43.45	
11 Coopman, Kaitlin	84	York U.T.C.	4:43.87	
12 Henderson, Kate	83	Speed River	4:44.98	
13 Schneeberg, Amy	81	Independent	4:48.49	
14 Jennings, Serena	81	Track North	4:50.31	
15 Manning, Lindsay	85	Markham	4:53.73	
16 Costanzo, Loriana	86	Lakehead	5:01.03	

Women 5000 Meter Run Senior

Name	Year	Team	Finals	Specs.
1 Tallen, Emily	80	Physi-Kult	16:37.29	
2 Stapleton, Jill	83	Ottawa Lions	17:29.59	
3 Sieminska, Edyta	81	Edmonton Thunder	X17:59.82	

Women 5000 Meter Race Walk Senior

Name	Year	Team	Finals	Specs.
1 Markle, Joanne	82	Bytown Walkers	28:09.94	
2 Gagne, Chantal	87	Peterborough	31:45.24	

Women 100 Meter Hurdles Senior

Name	Year	Team	Prelims
Heat 1 Preliminaries Wind: 3.1			
1 Horobbjowsky, Vanessa	82	McGill Olympic	15.13q
2 McParland, Shellie	85	London Western	15.37q
3 Bell, Jennifer	84	Kwtfa	15.86q
Heat 2 Preliminaries Wind: 2.7			
1 Roehner, Jen	82	Power Athletics	15.00q
2 Romano-Hurteau, Marlene	82	Mtl-Olympique	15.57q

Women 100 Meter Hurdles Senior

Name	Year	Team	Finals	Specs.
Section 1 Finals Wind: 1.0				
1 Roehner, Jen	82	Power Athletics	14.95	
2 Horobbjowsky, Vanessa	82	McGill Olympic	15.42	
3 McParland, Shellie	85	London Western	15.77	

4 Bell, Jennifer 84 Kwtfa 16.35

Women 400 Meter Hurdles Senior

Name	Year Team	Finals	Specs.
Section 1			
1 White, Andrea	86 Ottawa Lions	1:02.84	

Women 3000 Meter Steeplechase Senior

Name	Year Team	Finals	Specs.
1 Woods, Danelle	89 Ottawa Lions	11:04.14	
2 Mullins, Rosie	Swift Athletics	11:18.73	
3 Cushnie, Amber	88 U. OF Toronto	11:39.58	
4 Lobasso, Christina	85 Mtl-Olympique	12:18.54	
-- Slater, Kelsie	90 Niagara Olympic	DNF	

Women High Jump Senior

Name	Year Team	Finals	Specs.
Starting Height: 1.50m			
Flight 1			
1 Cadienhead, Maresa	76 Lightning A.C.	1.83m	
1.45 1.50 1.55 1.60 1.65	1.70 1.75 1.80 1.83 1.86		
P P P P P	O O XO XXO XXX		
2 Matthews, Kristen	82 Power Athletics	1.80m	
1.45 1.50 1.55 1.60 1.65	1.70 1.75 1.80		
P P P P O	O XXO XXX		
3 Moody, Michelle	85 Lightning A.C.	1.75m	
1.45 1.50 1.55 1.60 1.65	1.70 1.75 1.80		
P P P O O	O O XXX		
4 Clifford, Melissa	83 U. OF Toronto	1.70m	
1.45 1.50 1.55 1.60 1.65	1.70		
P P XO XO XO	XXX		
5 Romano-Hurteau, Marlene	82 Mtl-Olympique	1.65m	
1.45 1.50 1.55 1.60 1.65	1.70		
P O O O XO	XXX		
5 Rivera, Yaritza	Puerto Rico	1.65m	
1.45 1.50 1.55 1.60 1.65	1.70		
P P O XO O	XXX		
7 Bell, Jennifer	84 Kwtfa	1.60m	
1.45 1.50 1.55 1.60 1.65			
O XO O O XXX			

Women Pole Vault Senior

Name	Year Team	Finals	Specs.
Starting Height: 3.30m			
1 Gonzalez, Alexandra	Puerto Rico	4.00m	
3.30 3.45 3.60 3.70 3.80	3.90 4.00		
P P O P O	P XO		
2 Creighton, Janice	83 U. OF Toronto	J3.80m	
3.30 3.45 3.60 3.70 3.80	3.90		
P P O P O	XXX		
3 Kovacic, Simona	80 U. OF Toronto	J3.70m	
3.30 3.45 3.60 3.70 3.80			
P P XO XXO XXX			
3 Zambarana, Andrea	Puerto Rico	3.70m	
3.30 3.45 3.60 3.70 3.80			
P XXO XO XO	XXX		
5 Fish, Suzanne	82 U. OF Toronto	J3.60m	
3.30 3.45 3.60 3.70			
P XO O XXX			
6 Jean, Caroline	80 Sherbrooke	3.45m	
3.30 3.45 3.60			
P O XXX			
6 Maaten, Dayna	85 Windsor Legion	J3.45m	
3.30 3.45 3.60			
XO XO XXX			
6 Jeffs, Ashley	83 U. OF Toronto	J3.45m	
3.30 3.45 3.60			
X O XXX			
6 Sauks, Kate	84 U. OF Toronto	3.45m	
3.30 3.45 3.60			
O XO XXX			
-- Bland, Lisa	83 U. OF Toronto	NH	
3.30			

XXX

Women Long Jump Senior

Name	Year	Team	Finals	Wind	Specs.
1 Rozeafort, Alexandra	84	Saint-Laurent	5.62m	1.2	
			5.47m(1.3) FOUL(3.6)		5.62m(1.2) 5.56m(1.3) FOUL(0.8) 5.24m(1.6)
2 Rivera, Yaritza		Puerto Rico	5.55m	0.9	
			5.00m(1.3) FOUL(2.5)		5.24m(-1.2) 5.55m(0.9) 5.44m(1.2) 5.24m(1.4)
3 Mullings, Sheree	81	York U.T.C.	5.46m	-0.7	
			4.67m(-0.5) 5.46m(-0.7)		4.46m(1.1) 4.51m(1.1) 4.63m(-0.7)
4 McParland, Shellie	85	London Western	5.40m	3.3	
			5.18m(1.5) 5.40m(3.3)		5.15m(0.2) FOUL(1.0) 5.25m(0.3) 5.16m(-1.5)
5 Romano-Hurteau, Marlene	82	Mtl-Olympique	5.36m	0.2	
			5.33m(0.9) 5.36m(0.2)		FOUL(4.0) 5.26m(0.8) 5.17m(+0.0) 5.22m(-0.8)
6 Doody, Maureen	71	Ottawa Lions	5.22m	2.2	
			4.95m(1.0) 4.99m(1.5)		5.16m(1.5) 4.93m(-0.3) 5.22m(2.2) 5.20m(-0.2)
7 Stroud, Beth	77	Power Athletics	5.07m	0.3	
			5.01m(1.1) FOUL(-1.3)		4.79m(0.4) 5.07m(0.3) 4.88m(-1.0) 5.06m(-0.2)
8 Bell, Jennifer	84	Kwtfa	5.02m	0.4	
			FOUL(NWI) 4.85m(1.1)		5.02m(0.4) 4.85m(4.2) 3.86m(-0.6) 4.73m(-0.2)
9 Garrett, Sherri	82	South Simcoe	4.77m	0.3	
			4.39m(0.9) 4.62m(0.2)		4.77m(0.3)
10 Egbo-Egbo, Mary	85	Independent	4.66m	1.1	
			4.62m(0.3) 4.66m(1.1)		4.54m(-1.3)
11 Whrttingan, Natoya		Mississauga	4.59m	0.3	
			FOUL(0.2) 4.50m(0.9)		4.59m(0.3)
12 Lynch, Mary-Francis	84	Ottawa Lions	4.26m	0.7	
			FOUL(3.8) FOUL(2.2)		4.26m(0.7)

Women Triple Jump Senior

Name	Year	Team	Finals	Wind	Specs.
1 Charles, Tabia	85	Power Athletics	13.39m	1.8	
			12.99m(3.0) FOUL(1.9)		13.39m(1.8)
2 Egbo-Egbo, Mary	85	Independent	11.40m	3.2	
			11.40m(3.2) 11.34m(3.1)		11.34m(3.3)
3 Sauks, Kate	84	U. OF Toronto	10.80m	1.2	
			FOUL(NWI) 10.19m(1.6)		10.40m(2.2) 10.03m(1.2) 10.80m(1.2) 10.30m(1.6)
-- Garrett, Sherri	82	South Simcoe	FOUL	NWI	
			FOUL(NWI) FOUL(NWI)		FOUL(NWI) FOUL(NWI) FOUL(NWI) FOUL(NWI)

Women Shot Put Senior

Name	Year	Team	Finals	Specs.
1 Frizell, Sultana	84	Ottawa Lions	15.26m	
			15.26m FOUL 15.07m	FOUL FOUL 14.98m
2 Larose, Caroline	78	Ottawa Lions	13.82m	
			13.18m 13.80m 13.44m	12.74m 13.82m 13.64m
3 Patterson, Heather	86	Speed River	12.84m	
			12.28m 12.16m 12.19m	12.84m 12.06m FOUL
4 Jackson, Stephanie	85	London Western	12.76m	
			12.13m 11.49m 11.56m	12.76m 12.64m 11.95m
5 Camden, Ashley	84	Sarnia Asw	12.52m	
			11.60m 12.52m 11.93m	12.13m FOUL FOUL
6 Rivera, Yaritza		Puerto Rico	10.50m	
			10.50m 10.36m 10.07m	9.94m 10.01m 10.44m
7 Wallace, Katie	84	Sarnia Asw	5.77m	
			5.19m 5.13m 5.65m	5.77m FOUL FOUL

Women Discus Throw Senior

Name	Year	Team	Finals	Specs.
1 LE Jour-McDonagh, Marie-	79	Saint-Laurent	48.38m	
			47.68m 48.38m FOUL	47.90m 47.25m FOUL
2 Frizell, Sultana	84	Ottawa Lions	42.98m	
			42.98m FOUL FOUL FOUL	42.11m 41.38m
3 Wallace, Katie	84	Sarnia Asw	14.45m	
			14.45m FOUL	13.86m FOUL FOUL 14.39m

Women Hammer Throw Senior

Name	Year	Team	Finals	Specs.
1 Alместier, Amarilis		Puerto Rico	66.57m	
			66.11m 65.25m 66.57m	65.96m FOUL 62.10m
2 Frizell, Sultana	84	Ottawa Lions	60.55m	

59.24m	FOUL	60.55m	FOUL	FOUL	FOUL	
3 Boisselle, Marie-Eve		86 Saint-Jean				54.92m
54.65m	54.92m	54.72m	FOUL	53.11m	53.56m	
4 Dirico, Tiffany		80 Corsaire				33.31m
32.73m	FOUL	33.31m	27.33m	29.82m	33.13m	
5 Jackson, Stephanie		85 London Western				30.19m
FOUL	30.19m	FOUL	27.80m	FOUL	28.56m	

Women Javelin Throw Senior

Name	Year	Team	Finals	Specs.
1 Tiffin, Amy	84	Windsor Legion	43.68m	
37.72m	43.68m	42.74m	40.55m	FOUL FOUL
2 Larose, Caroline	78	Ottawa Lions	43.57m	
41.57m	39.83m	40.32m	41.19m	41.42m 43.57m
3 Frizell, Sultana	84	Ottawa Lions	43.47m	
39.08m	41.55m	42.56m	42.25m	FOUL 43.47m
4 Manera, Elise	84	Hamilton O.C.	36.70m	
36.70m	34.42m	34.60m	FOUL	29.40m 33.36m
5 Caban, Julie-Christine	85	Saint-Laurent	X34.59m	
34.59m	33.92m	34.29m	29.99m	FOUL 32.81m

Men 100 Meter Dash Junior

Name	Year	Team	Prelims	
Preliminaries				
-- Kirkpatrick, Josh	87	St.Thomas Legion	SCR	
Heat 1 Preliminaries	Wind:	3.6		
1 Holmes, Seon	89	Mississauga	10.85Q	
2 Keating, Justin	80	Sarnia Asw	10.97Q	
3 Kamara, Emmanuel	89	Brampton	11.06q	
4 Alexis, Jordan	88	Ottawa Lions	11.08q	
5 Kowalski, Brian	88	Brantford	11.34q	
6 Norris, Cory	89	Guelph Tfc	11.51	
7 Armah, Michael	89	York U.T.C.	11.79	
8 Mason, Ryan	87	Laurel Creek	11.93	
Heat 2 Preliminaries	Wind:	3.2		
1 Forbes, Charles	89	Project Athletic	10.87Q	10.862
2 Ouellet-Leveille, Clemen	88	Mtl-Olympique	10.87Q	10.870
3 St.Bernard, Jerome	88	Mississauga	11.01q	
4 Dandi, Anthony	88	Brantford	11.25q	
5 Brumwell, David	89	York U.T.C.	11.40	
6 Kamran, Isfandyar	89	Laurel Creek	11.56	
7 Rahman, Wahid	91	Ottawa Lions	11.67	
8 Tucker, Greg	91	Kwtfa	12.00	
Heat 3 Preliminaries	Wind:	2.5		
1 Leblanc, Michael	87	SE Athletics	10.81Q	
2 Edwards, Colin	88	Windsor Legion	11.04Q	
3 H-Peschier, Curtis	89	Brampton	11.14q	
3 Gravel, Francis	88	Perfmax Racing	11.14q	
5 Anthony, Bruce	88	Mississauga	11.28q	
6 Sarweswaran, Niroshan	90	York U.T.C.	11.65	
7 Caiazza, Anthony	89	Laurel Creek	11.93	
Heat 4 Preliminaries	Wind:	3.1		
1 Warner, Ian	90	Etobicoke Glad.	10.91Q	
2 Johnson, Jerome	87	Brampton	11.02Q	
3 Batt, Jeremy	89	Ottawa Lions	11.37	
4 Makinde, Oluwasegun	91	Ottawa Lions	11.38	
5 Risling, Tony	89	Ottawa Lions	11.39	
6 Gauthier-Kwan, Olivier	89	Ottawa Lions	11.54	
7 Cameron, Stephen	87	Hamilton O.C.	11.85	
Heat 5 Preliminaries	Wind:	5.3		
1 Halstead, Tyrone	89	Mississauga	10.64Q	
2 Richard, Bianco	88	Perfmax Racing	10.95Q	
3 Hayle, Phillip	91	Brampton	10.97q	
4 Eldon, Charley	90	Brantford	11.35	
5 Williams, Evan	89	Ottawa Lions	11.59	
Heat 6 Preliminaries	Wind:	5.3		
1 Warner, Justyn	87	Etobicoke Glad.	10.43Q	
2 Glasgow, Jamie	88	Mississauga	10.85Q	
3 Giroux, Bryan	88	Laurel Creek	10.91q	
4 Despres-Bedward, Anthony	87	Ottawa Lions	10.98q	
5 Setyo, Shawn	89	U. OF Toronto	11.32q	
6 Lamarche, Steve	89	Windsor Legion	11.39	
7 Codling, Chris	87	Brampton	11.45	
8 McLoughlin-Coleman, Thom	91	Ottawa Lions	11.56	

Men 100 Meter Dash Junior

Name	Year	Team	Semis
Heat 1 Semi-Finals Wind: 1.5			
1 Leblanc, Michael	87	SE Athletics	10.75Q
2 Holmes, Seon	89	Mississauga	10.88Q
3 Richard, Bianco	88	Perfmax Racing	10.95q
4 Keating, Justin	80	Sarnia Asw	10.96q
5 Despres-Bedward, Anthony	87	Ottawa Lions	10.98q
6 Dandi, Anthony	88	Brantford	11.33
7 Anthony, Bruce	88	Mississauga	11.65
-- St. Bernard, Jerome	88	Mississauga	DQ
Heat 2 Semi-Finals Wind: 5.3			
1 Halstead, Tyrone	89	Mississauga	10.43Q
2 Ouellet-Leveille, Clemen	88	Mtl-Olympique	10.59Q
3 Forbes, Charles	89	Project Athletic	10.67q
4 Johnson, Jerome	87	Brampton	10.81q
5 Hayle, Phillip	91	Brampton	10.88q
6 Gravel, Francis	88	Perfmax Racing	10.94q
7 Setyo, Shawn	89	U. OF Toronto	11.17
8 Kamara, Emmanuel	89	Brampton	11.22
Heat 3 Semi-Finals Wind: 1.4			
1 Warner, Justyn	87	Etobicoke Glad.	10.32Q
2 Glasgow, Jamie	88	Mississauga	10.85Q
3 Warner, Ian	90	Etobicoke Glad.	10.85q
4 Giroux, Bryan	88	Laurel Creek	11.08q
5 H-Peschier, Curtis	89	Brampton	11.17q
6 Edwards, Colin	88	Windsor Legion	11.17
7 Alexis, Jordan	88	Ottawa Lions	11.24
8 Kowalski, Brian	88	Brantford	11.43

Men 100 Meter Dash Junior

Name	Year	Team	Finals	Specs.
Section 1 Finals Wind: +0.0				
1 Hayle, Phillip	91	Brampton	11.04	
2 Keating, Justin	80	Sarnia Asw	11.06	
3 Richard, Bianco	88	Perfmax Racing	11.13	
4 H-Peschier, Curtis	89	Brampton	11.21	
5 Despres-Bedward, Anthony	87	Ottawa Lions	11.29	
6 Johnson, Jerome	87	Brampton	11.37	
Section 2 Finals Wind: 0.1				
1 Warner, Justyn	87	Etobicoke Glad.	10.46	
2 Halstead, Tyrone	89	Mississauga	10.85	
3 Warner, Ian	90	Etobicoke Glad.	10.86	
5 Leblanc, Michael	87	SE Athletics	10.93	
6 Holmes, Seon	89	Mississauga	11.02	
7 Glasgow, Jamie	88	Mississauga	11.03	
8 Forbes, Charles	89	Project Athletic	11.05	
4 Ouellet-Leveille, Clemen	88	Mtl-Olympique	X10.92	

Men 200 Meter Dash Junior

Name	Year	Team	Prelims
Heat 1 Preliminaries Wind: -0.1			
1 Robertson, Mike	89	Ottawa Lions	22.42Q
2 Dills, Brendan	88	Guelph Tfc	22.81q
3 Setyo, Shawn	89	U. OF Toronto	23.65
4 Adu-Basawah, Kwasi	88	York U.T.C.	23.73
5 Anthony, Bruce	88	Mississauga	24.11
6 Brisson, Matthew	88	St.Thomas Legion	24.56
7 Tucker, Greg	91	Kwtfa	24.85
8 Armah, Michael	89	York U.T.C.	24.89
Heat 2 Preliminaries Wind: -0.1			
1 Halstead, Tyrone	89	Mississauga	22.38Q
2 Ouellet-Leveille, Clemen	88	Mtl-Olympique	22.61q
3 Eldon, Charley	90	Brantford	23.53
4 Reid, Christopher	88	Brampton	23.58
5 Ellemo, Eric	89	Perfmax Racing	23.91
6 Miller-Smith, Jordan	90	Laurel Creek	24.04
7 Mason, Ryan	87	Laurel Creek	25.03
Heat 3 Preliminaries Wind: 0.2			
1 Forbes, Charles	89	Project Athletic	22.44Q
2 H-Peschier, Curtis	89	Brampton	22.60q
3 Holmes, Seon	89	Mississauga	22.71q
4 Richard, Bianco	88	Perfmax Racing	22.84q
5 Jacobs, Nolan	87	I BE Fast	22.91q
6 Kowalski, Brian	88	Brantford	23.63
7 Codling, Chris	87	Brampton	23.95
8 Hewitt, Neville	89	Brampton	25.31

Heat 4 Preliminaries	Wind:	0.4		
1 Glasgow, Jamie	88	Mississauga	22.29Q	
2 St. Bernard, Jerome	88	Mississauga	22.43q	
3 Batt, Jeremy	89	Ottawa Lions	22.99q	
4 Hamilton, Andre	90	Phoenix A.A.	23.54	
5 Stewart, Kyle	89	Hamilton O.C.	23.91	
6 Cameron, Stephen	87	Hamilton O.C.	24.06	
7 Caiazzo, Anthony	89	Laurel Creek	25.38	

Heat 5 Preliminaries	Wind:	0.9		
1 Pyper, Todd	87	Ottawa Lions	21.95Q	
2 Edwards, Colin	88	Windsor Legion	22.83q	
3 Lamarche, Steve	89	Windsor Legion	23.42	
4 Smith, Mason	88	Sarnia Asw	23.93	
5 Kamran, Isfandyar	89	Laurel Creek	24.08	
6 Rajas, Brandon	88	Brampton	24.35	
7 Allen, Graham	88	U. OF Toronto	25.59	

Heat 6 Preliminaries	Wind:	0.3		
1 Warner, Justyn	87	Etobicoke Glad.	21.84Q	
2 Despres-Bedward, Anthony	87	Ottawa Lions	22.74q	
3 Johnson, Jerome	87	Brampton	23.24	
4 Brumwell, David	89	York U.T.C.	23.52	
5 Sarweswaran, Niroshan	90	York U.T.C.	23.87	
6 Hayle, Phillip	91	Brampton	23.98	
7 Risling, Tony	89	Ottawa Lions	24.39	

Men 200 Meter Dash Junior

Name	Year	Team	Finals	Specs.
------	------	------	--------	--------

Section 1 Finals	Wind:	0.8		
1 Edwards, Colin	88	Windsor Legion	22.48	
2 Ouellet-Leveille, Clemen	88	Mtl-Olympique	22.66	
3 Holmes, Seon	89	Mississauga	22.71	
4 Batt, Jeremy	89	Ottawa Lions	23.36	

Section 2 Finals	Wind:	1.6		
1 Pyper, Todd	87	Ottawa Lions	21.83	
2 St. Bernard, Jerome	88	Mississauga	22.27	
3 Glasgow, Jamie	88	Mississauga	22.32	
4 Robertson, Mike	89	Ottawa Lions	22.52	
5 Forbes, Charles	89	Project Athletic	22.66	
6 H-Peschier, Curtis	89	Brampton	22.78	
7 Jacobs, Nolan	87	I BE Fast	23.15	

Men 400 Meter Dash Junior

Name	Year	Team	Prelims
------	------	------	---------

Heat 1 Preliminaries			
1 Robertson, Mike	89	Ottawa Lions	50.34Q
2 Ward, Patrick	89	Durham Legion	51.97q
3 Thomson, Justin	89	Hamilton O.C.	52.56
4 Turgeon, Jeff	88	Track North	53.62
5 Fauteux-Brault, Guillaume	87	Sherbrooke	53.71
6 Arrowsmith, Andy	88	U. OF Toronto	55.67

Heat 2 Preliminaries			
1 Wason, Miguel	87	Hamilton O.C.	48.81Q
2 Dills, Brendan	88	Guelph Tfc	49.36q
3 Benazzouz, Reda	89	Ottawa Lions	50.55q
4 Edwards, Colin	88	Windsor Legion	52.29
5 Adu-Basawah, Kwasi	88	York U.T.C.	53.04
6 Rajas, Brandon	88	Brampton	53.05
7 Smith, Mason	88	Sarnia Asw	53.12
8 Hare, Joe	90	Ottawa Lions	54.84

Heat 3 Preliminaries			
1 Davis, Jorden	87	Mississauga	49.29Q
2 Grinstead, Justin	88	South Simcoe	50.36q
3 Pelland, Andre	89	Track North	51.41q
4 Stewart, Kyle	89	Hamilton O.C.	52.88
5 Nepveu-Goulet, Julien	88	Mtl-Olympique	55.86
6 Langridge, Jordan	90	Quinte Legion	56.14

Heat 4 Preliminaries			
1 Ouellette, Eric	88	Track North	51.45Q
2 Calwell, Jordan	87	London Western	52.06q
3 Reid, Christopher	88	Brampton	53.78
4 Miller-Smith, Jordan	90	Laurel Creek	54.31
5 Asmussen, Mike	87	Lakehead	55.03
6 Holmes, Stephen	90	Quinte Legion	56.43

Heat 5 Preliminaries			
1 Pyper, Todd	87	Ottawa Lions	48.97Q
2 West, Richard	90	Phoenix A.A.	51.48q
3 Jacobs, Nolan	87	I BE Fast	51.87q

4	Ellemo, Eric	89	Perfmax Racing	52.57	
5	Batt, Jeremy	89	Ottawa Lions	53.92	
6	Coyne, Jared	87	London Western	54.78	
7	Grant, Oliver	91	Kwtfa	54.79	
Heat 6 Preliminaries					
1	Santiago, Christian	88	Puerto Rico	49.84Q	
2	Hamilton, Andre	90	Phoenix A.A.	50.45q	
3	Lamarche, Steve	89	Windsor Legion	51.29q	
4	Fleming, Noah	87	Hamilton O.C.	53.12	
--	Hewitt, Neville	89	Brampton	DQ	Rule 163.3

Men 400 Meter Dash Junior

Name	Year	Team	Finals	Specs.
Section 1 Finals				
1	Jacobs, Nolan	87	I BE Fast	50.19
2	Hamilton, Andre	90	Phoenix A.A.	50.55
3	Benazzouz, Reda	89	Ottawa Lions	50.61
4	Lamarche, Steve	89	Windsor Legion	50.72
5	West, Richard	90	Phoenix A.A.	50.81
6	Calwell, Jordan	87	London Western	51.64
7	Ward, Patrick	89	Durham Legion	51.84
Section 2 Finals				
1	Santiago, Christian	88	Puerto Rico	47.82
2	Pyper, Todd	87	Ottawa Lions	47.89
3	Wason, Miguel	87	Hamilton O.C.	48.05
4	Davis, Jordan	87	Mississauga	48.94
5	Robertson, Mike	89	Ottawa Lions	49.32
6	Ouellette, Eric	88	Track North	50.59
7	Grinstead, Justin	88	South Simcoe	50.91

Men 800 Meter Run Junior

Name	Year	Team	Finals	Specs.
Section 1				
1	Spennrath, Sean	88	Lakehead	2:01.48
2	Moore, David	88	Sarnia Asw	2:02.07
3	Whitfield, Jamie	87	GC Athletics	2:03.52
4	Helmuth, Nicholas	89	Brantford	2:06.78
5	McLean, Colin	89	London Western	2:06.84
6	Grice, James	89	Hamilton O.C.	2:08.00
7	Osborne, Gavin	90	GC Athletics	2:08.51
8	Grant, Oliver	91	Kwtfa	2:08.77
9	Jamison, Brad	91	Niagara Olympic	2:10.06
10	Thomas, Ryan	91	Niagara Olympic	2:11.28
11	Mazajlo, Dennis	88	London Western	2:15.66
12	Nolan, Rob	87	GC Athletics	2:16.94
13	Fang, Shaonan	89	London Western	2:18.72
Section 2				
1	Baker, Sean	87	Speed River	2:00.76
2	Voumvakis, Mike	89	Markham	2:01.01
3	Patchett, Julian	92	Durham	2:01.28
4	Brown, Rob	87	Speed River	2:01.95
5	Asmussen, Mike	87	Lakehead	2:02.69
6	Downing, Eric	89	Mississauga	2:02.96
7	Frank, Nick	88	Newmarket	2:03.38
8	Prudhomme, Spencer	89	Niagara Olympic	2:03.48
9	Meyers, Chris	88	Markham	2:04.81
10	Turgeon, Jeff	88	Track North	2:04.91
11	Easterbrook, Doug	91	Niagara Olympic	2:05.73
12	Arrowsmith, Andy	88	U. OF Toronto	2:09.51
Section 3				
1	Hughes, Matt	89	Toronto O.C.	1:56.10
2	Hill, Thomas	90	Lakehead	1:57.77
3	Klaus, Anders	87	Hamilton O.C.	1:58.01
4	Berkhedle, Walid	88	Phoenix A.A.	1:58.46
5	Fleming, Noah	87	Hamilton O.C.	1:58.70
6	Knieriem, Scott	88	London Western	1:59.07
7	Skufca, Jeff	89	London Western	1:59.93
8	Thomson, Justin	89	Hamilton O.C.	2:01.14
9	Ristevski, Jake	89	Phoenix A.A.	2:05.06
10	Holmes, Stephen	90	Quinte Legion	2:06.15
11	Langridge, Jordan	90	Quinte Legion	2:06.91
12	Calwell, Jordan	87	London Western	2:11.76
Section 4				
1	Davidson, Mark	88	Phoenix A.A.	1:55.11
2	Dhaqane, Mohammed	90	Phoenix A.A.	1:56.35
3	Mahler, Matt	88	Niagara Olympic	1:56.78
5	Benazzouz, Reda	89	Ottawa Lions	1:57.79

6	Potvin, Josh	89	Lakehead	1:58.59
7	Romaniw, Chris	88	Hamilton O.C.	1:59.11
8	Mosher, Tommy	88	U. OF Toronto	1:59.35
11	Vink, Ben	89	London Western	2:02.80
4	Lapointe, Felix-Antoine	87	Laval	X1:57.02
9	Fauteux-Brault, Guillaume	87	Sherbrooke	X1:59.70
10	Olivier, Collin	89	Vaudreuil-Dorion	X2:00.72
Section 5				
1	Heaney, Andrew	88	Phoenix A.A.	1:51.59
2	Duncan, Justin		Mississauga	1:52.04
3	Finn, Ryan	87	Phoenix A.A.	1:52.77
4	Lecours, Tommy	88	Laval	1:53.80
5	Lewandowski, Adam	87	Ottawa Lions	1:55.06
6	Lavoie, Olivier	88	Corsaire	1:55.99
7	Lane, Ben	87	Markham	1:56.73
8	Hulse, Matthew	88	West Kingston	1:56.77
9	Emberley, Scott	87	Toronto O.C.	1:58.05
10	Watson, Rob	87	London Western	2:01.44
11	Ouellette, Eric	88	Track North	2:06.15

Men 1500 Meter Run Junior

=====				
Name	Year	Team	Finals	Specs.
=====				
Section 1				
1	Paplyk, Matt	87	Toronto O.C.	4:13.09
2	Downing, Eric	89	Mississauga	4:14.08
3	Skufca, Jeff	89	London Western	4:16.66
4	Meyers, Chris	88	Markham	4:17.16
5	Prudhomme, Spencer	89	Niagara Olympic	4:18.61
6	Easterbrook, Doug	91	Niagara Olympic	4:19.37
7	Delorme, Eric	87	Speed River	4:21.72
8	Osborne, Gavin	90	GC Athletics	4:22.69
9	McLean, Colin	89	London Western	4:23.88
10	Frank, Nick	88	Newmarket	4:25.44
11	Thomas, Ryan	91	Niagara Olympic	4:25.58
12	Jamison, Brad	91	Niagara Olympic	4:25.99
13	Grice, James	89	Hamilton O.C.	4:27.35
14	Helmuth, Nicholas	89	Brantford	4:30.42
15	Nolan, Rob	87	GC Athletics	4:42.64
16	Fang, Shaonan	89	London Western	4:47.10
Section 2				
1	Hughes, Matt	89	Toronto O.C.	4:02.33
2	Bernard, Olivier	89	Dynamique-Laval	4:03.48
3	Aguanno, Andrew	89	York U.T.C.	4:03.83
4	Hill, Thomas	90	Lakehead	4:05.34
5	Knieriem, Scott	88	London Western	4:06.02
6	Mahler, Matt	88	Niagara Olympic	4:06.15
7	Huff, Ryan	88	London Western	4:06.31
8	Potvin, Josh	89	Lakehead	4:07.77
9	Klaus, Anders	87	Hamilton O.C.	4:08.08
10	Whitfield, Jamie	87	GC Athletics	4:09.80
11	Spennath, Sean	88	Lakehead	4:09.94
12	Ross, William	88	London Western	4:11.19
13	Ristevski, Jake	89	Phoenix A.A.	4:11.46
14	Berkhedle, Walid	88	Phoenix A.A.	4:13.26
15	Vink, Ben	89	London Western	4:15.91
16	McGillicuddy, Spencer	90	Mississauga	4:18.44
17	Watson, Rob	87	London Western	4:21.05
18	Mazajlo, Dennis	88	London Western	4:32.64
Section 3				
1	Heaney, Andrew	88	Phoenix A.A.	3:54.13
2	Finn, Ryan	87	Phoenix A.A.	3:54.69
3	Davidson, Mark	88	Phoenix A.A.	3:55.86
4	Emberley, Scott	87	Toronto O.C.	3:56.17
5	Hulse, Matthew	88	West Kingston	3:56.28
6	Lavoie, Olivier	88	Corsaire	3:57.11
7	Lane, Ben	87	Markham	3:59.82
8	Pettes, Tyler	89	Etobicoke	4:01.56
9	Lewandowski, Adam	87	Ottawa Lions	4:02.01
10	Voumvakis, Mike	89	Markham	4:04.66
11	Baker, Sean	87	Speed River	4:04.98
12	Brown, Rob	87	Speed River	4:05.92
13	Armstrong, Ryan	89	St.Thomas Legion	4:06.53
14	Moore, David	88	Sarnia Asw	4:07.07
15	Mosher, Tommy	88	U. OF Toronto	4:07.99
16	Dhaqane, Mohammed	90	Phoenix A.A.	4:14.48

Men 5000 Meter Run Junior

=====				
Name	Year	Team	Finals	Specs.
=====				

```

=====
Section 1
1 McConnell, Patrick      88 London Western      15:11.78
2 Butters, Matt          88 Niagara Olympic     15:15.31
4 Terence, Attema        89 Niagara Olympic     15:44.41
5 Paolini, Edwardo       90 York U.T.C.         16:02.33
6 Ahmed, Mohammed       91 Niagara Olympic     16:41.08
8 Johnston, Richard      88 Markham              18:32.41
3 Soucy, Philippe        88 Dynamique-Laval     X15:38.51
7 Monete, Sebastien     88 Vaudreuil-Dorion    X17:59.33

```

Men 5000 Meter Race Walk Junior

```

=====
Name                    Year Team              Finals Specs.
=====
1 Marchand, André       90 Petite Nation       30:35.59

```

Men 110 Meter Hurdles Junior

```

=====
Name                    Year Team              Prelims
=====

```

```

Heat 1 Preliminaries   Wind: 3.9
1 Theriau, Chris       87 Annaplis V.R.C.     14.94q
2 James, Andre         87 Mississauga          15.23q
3 Brisson, Matthew     88 St.Thomas Legion    15.48q
4 Pearson, Stuart      89 Ottawa Lions        16.38q
5 Williams, Evan       89 Ottawa Lions        16.53q
6 Gossack, Nick        89 Unattached          16.69q
7 McLoughlin-Coleman, Thom 91 Ottawa Lions       17.00q
8 Fallon, Sean         88 Hamilton O.C.       18.68q

```

```

Heat 2 Preliminaries   Wind: 5.7
1 Fawcett, Tyler       88 Ottawa Lions        14.29q
2 Allen, Graham        88 U. OF Toronto       15.60q
3 Ohlsen, Jack         88 Ottawa Lions        15.76q
4 Doucette, Trevor    89 Ottawa Lions        15.99q
5 Ambrose, Asa        91 Laurel Creek        16.03q
6 Nichol, Leonae      90 Mississauga          16.61q

```

Men 110 Meter Hurdles Junior

```

=====
Name                    Year Team              Finals Specs.
=====

```

```

Section 1 Finals      Wind: 2.2
1 Nichol, Leonae      90 Mississauga          15.60
2 Williams, Evan      89 Ottawa Lions        16.35
3 McLoughlin-Coleman, Thom 91 Ottawa Lions       17.18
4 Pearson, Stuart     89 Ottawa Lions        17.42
5 Fallon, Sean        88 Hamilton O.C.       17.97

```

```

Section 2 Finals      Wind: 2.0
1 Fawcett, Tyler      88 Ottawa Lions        14.48
2 Theriau, Chris      87 Annaplis V.R.C.    14.86
3 James, Andre        87 Mississauga          15.16
4 Allen, Graham       88 U. OF Toronto       15.69
5 Brisson, Matthew    88 St.Thomas Legion    15.77
6 Ohlsen, Jack        88 Ottawa Lions        15.84
7 Ambrose, Asa       91 Laurel Creek        16.23
8 Doucette, Trevor    89 Ottawa Lions        16.52

```

Men 400 Meter Hurdles Junior

```

=====
Name                    Year Team              Finals Specs.
=====

```

```

Section 1
1 Ward, Patrick       89 Durham Legion       56.86
2 Doucette, Trevor    89 Ottawa Lions        57.10
3 Boczar, Kevin       88 Ottawa Lions        57.93
4 Nichol, Leonae     90 Mississauga          58.99
5 Coyne, Jared        87 London Western     1:00.70
6 Drouin, Derek       90 Sarnia Asw         1:04.54
7 Bartol, Jordan      88 Niagara R.A.       1:07.34

```

```

Section 2
1 Wason, Miguel       87 Hamilton O.C.      53.49
2 Fawcett, Tyler      88 Ottawa Lions        54.01
3 James, Andre        87 Mississauga          55.58
4 Santiago, Christian 88 Puerto Rico         55.97
5 Ohlsen, Jack        88 Ottawa Lions        56.73
-- Grinstead, Justin  88 South Simcoe        DQ      R.168.7b

```

Men 3000 Meter Steeplechase Junior

```

=====
Name                    Year Team              Finals Specs.
=====

```

```

=====
Section 1
1 Weston, Dave          87 Windsor Legion          9:27.37
2 Armstrong, Ryan      89 St.Thomas Legion        9:54.24
3 Aguanno, Andrew      89 York U.T.C.             10:00.02
4 Huff, Ryan           88 London Western          10:03.74
5 Papyk, Matt          87 Toronto O.C.           10:09.25
-- Delorme, Eric       87 Speed River             DNF
-- Coote, Jesse        90 Etobicoke               DNF

```

Men 4x100 Meter Relay Junior

```

=====
Team                               Finals Specs.
=====
1 Mississauga Track 'A'             42.59
  1) Holmes, Seon 89                2) Glasgow, Jamie 88
  3) St.Bernard, Jerome 88          4) Halstead, Tyrone 89
2 Ottawa Lions T.F.C. 'A'         44.30
  1) Ohlsen, Jack 88                2) Robertson, Mike 89
  3) Batt, Jeremy 89                4) Fawcett, Tyler 88
3 York University Track & Field 'A' 44.65
  1) Armah, Michael 89              2) Brumwell, David 89
  3) Sarweswaran, Nirosan 90        4) Adu-Basawah, Kwasi 88
4 Ottawa Lions T.F.C. 'B'         46.18
  1) Makinde, Oluwasegun 91         2) Gauthier-Kwan, Olivier 89
  3) Risling, Tony 89               4) Boczar, Kevin 88
5 Windsor Legion 'A'              46.53
  1) Lamarche, Steve 89             2) Daabous, James 89
  3) Weston, Dave 87                4) Edwards, Colin 88

```

Men High Jump Junior

Starting Height: 1.75m

```

=====
Name                               Year Team                               Finals Specs.
=====
Flight 1
1 Huey, Brad                       88 Sarnia Asw                             2.10m
  1.65 1.70 1.75 1.80 1.85 1.90 1.95 2.00 2.05 2.10 2.14
  P P P P P O P XO O XO XXX
2 Jones, Jordan                     Lightning A.C.                             2.05m
  1.65 1.70 1.75 1.80 1.85 1.90 1.95 2.00 2.05 2.10
  P P P P O XO O XXO XO XXX
3 Georgevski, Brett                 88 U. OF Toronto                          J1.90m
  1.65 1.70 1.75 1.80 1.85 1.90 1.95
  P P P O O XXO XXX
3 Major, Brian                       89 Laurel Creek                            1.90m
  1.65 1.70 1.75 1.80 1.85 1.90 1.95
  P P P O O O XXX
5 Dobson, Jordan                     89 Laurel Creek                            J1.85m
  1.65 1.70 1.75 1.80 1.85 1.90
  P P P XO XO XXX
5 Drouin, Derek                      90 Sarnia Asw                              1.85m
  1.65 1.70 1.75 1.80 1.85 1.90
  P O XO O O XXX
7 Murray, Brad                       90 Sarnia Asw                              1.75m
  1.65 1.70 1.75 1.80
  O XO XXO XXX
8 Ward, Greg                          91 Ottawa Lions                            1.70m
  1.65 1.70 1.75
  P XO XXX
9 Williams, Evan                     89 Ottawa Lions                            1.65m
  1.65 1.70
  O XXX

```

Men Pole Vault Junior

Starting Height: 3.50m

```

=====
Name                               Year Team                               Finals Specs.
=====
1 Kirkpatrick, Josh                 87 St.Thomas Legion                       4.50m
  3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20 4.30 4.40 4.50 4.60
  P P P P P P P P P P P O XXX
2 Beaumont-Courteau, Maxim          87 Mtl-Intern'L                           4.20m
  3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20 4.30
  P P P P P P O P O XXX
2 Krupa, Todd                        87 London Western                          J4.20m
  3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20 4.30
  P P P P P XO O O O XXX
4 Grescescu, Tudo                    88 Mtl-Intern'L                            3.60m
  3.40 3.50 3.60 3.70 3.80
  P P XXO P XXX

```

-- Fallon, Sean
3.40
XXX

88 Hamilton O.C.

NH

Men Long Jump Junior

Name	Year Team	Finals	Wind	Specs.
1 Vassell, Damion	89 Hamilton O.C.	6.65m	2.1	
6.48m(3.5) FOUL(4.0) 6.08m(2.3) 6.43m(2.7) 6.62m(2.6) 6.65m(2.1)				
2 Flemington, Chris	87 Guelph Tfc	6.47m	5.2	
5.95m(1.9) 6.17m(3.9) 6.32m(4.5) 6.47m(5.2) 6.40m(4.5) 6.46m(3.2)				
2 Dandi, Anthony	88 Brantford	6.47m	1.8	
6.07m(3.1) 6.31m(3.5) 6.28m(3.2) FOUL(2.7) PASS(NWI) 6.47m(1.8)				
2 Balint, Tristan	87 London Western	6.47m	6.5	
6.07m(3.9) FOUL(3.5) FOUL(3.3) 6.47m(6.5) FOUL(4.1) 6.05m(-1.1)				
5 Obonna, Ikenna	88 Brampton	6.38m	3.8	
FOUL(6.1) FOUL(3.5) 6.22m(3.5) 6.15m(4.6) PASS(NWI) 6.38m(3.8)				
6 Gauthier-Kwan, Olivier	89 Ottawa Lions	6.34m	4.2	
6.34m(4.2) 6.31m(5.7) FOUL(3.6) 6.00m(6.2) 6.20m(1.6) 6.28m(-0.7)				
7 Smart, Evan	88 South Simcoe	6.31m	2.1	
5.92m(6.4) 4.40m(4.1) FOUL(2.1) PASS(NWI) FOUL(2.7) 6.31m(2.1)				
8 Murray, Brad	90 Sarnia Asw	6.22m	5.4	
FOUL(4.4) 6.22m(5.4) 5.86m(1.6) FOUL(2.7) 6.16m(4.5) 6.06m(2.2)				
9 Rahman, Wahid	91 Ottawa Lions	5.45m	5.4	
5.45m(5.4) 5.30m(3.5) 5.45m(5.0)				
10 Yang, Jeremy	88 Laurel Creek	5.41m	4.8	
5.41m(4.8) FOUL(2.9) FOUL(4.6)				
11 Cameron, Stephen	87 Hamilton O.C.	5.03m	4.9	
5.03m(4.9) 4.96m(5.9) 4.83m(2.3)				

Men Triple Jump Junior

Name	Year Team	Finals	Wind	Specs.
1 Williams, Orlando	87 Laurel Creek	14.67m	1.4	
13.68m(0.8) 12.35m(-0.2) 12.23m(-0.3) 13.79m(2.6) 14.67m(1.4) 14.31m(1.2)				
2 Obonna, Ikenna	88 Brampton	14.35m	2.1	
FOUL(1.4) 13.88m(2.1) PASS(NWI) FOUL(1.8) 14.35m(2.1) 14.19m(1.1)				
3 Vassell, Damion	89 Hamilton O.C.	12.76m	1.9	
12.71m(2.4) 12.55m(2.8) 12.32m(+0.0) 12.43m(1.6) FOUL(0.6) 12.76m(1.9)				
4 Murray, Brad	90 Sarnia Asw	12.68m	1.5	
12.42m(0.8) 12.27m(0.8) FOUL(1.0) 12.12m(1.8) 12.17m(2.1) 12.68m(1.5)				
5 Dandi, Anthony	88 Brantford	12.50m	1.1	
FOUL(1.5) 12.36m(0.5) PASS(NWI) FOUL(2.4) PASS(NWI) 12.50m(1.1)				
6 Gauthier-Kwan, Olivier	89 Ottawa Lions	12.27m	1.4	
11.02m(1.4) 11.73m(0.3) 10.68m(0.5) 11.25m(0.7) 11.83m(3.2) 12.27m(1.4)				
7 Balint, Tristan	87 London Western	12.15m	2.2	
11.92m(2.4) 11.83m(0.2) 11.93m(1.3) PASS(NWI) 12.15m(2.2) 12.12m(1.0)				
8 Smart, Evan	88 South Simcoe	11.48m	1.6	
11.43m(2.5) FOUL(3.6) 11.48m(1.6) PASS(NWI) FOUL(3.0) PASS(NWI)				
9 Ambrose, Asa	91 Laurel Creek	10.96m	-0.5	
FOUL(1.1) 10.96m(-0.5) FOUL(0.8)				

Men Shot Put Junior

Name	Year Team	Finals	Specs.
1 Kiefer, Dustin	88 London Western	15.77m	
15.51m 15.77m FOUL FOUL FOUL 15.75m			
2 Bloxam, Cole	87 Sarnia Asw	14.94m	
14.50m FOUL FOUL 14.29m 14.94m 14.87m			
3 Arbour, Patrick	88 Ottawa Lions	13.61m	
12.99m 13.23m 13.61m 13.61m 12.99m 13.52m			
4 Ruckstuhl, Ben	88 Quinte Legion	13.32m	
13.00m 13.33m 12.97m 12.15m 12.79m FOUL			
5 Roubos, Brent	90 U. OF Toronto	12.08m	
10.17m 12.08m 11.04m FOUL 10.73m 11.45m			
6 Hasson, Dan	89 Saugeen	12.01m	
FOUL 10.12m 11.29m 12.01m FOUL 11.78m			
7 Guerin, Fredric	90 Ottawa Lions	11.24m	
11.09m 10.86m 10.86m 11.24m 10.51m 10.11m			

Men Discus Throw Junior

Name	Year Team	Finals	Specs.
1 Millar, Brad	87 Saugeen	44.81m	
FOUL FOUL 43.39m FOUL 43.31m 44.81m			
2 Arbour, Patrick	88 Ottawa Lions	42.79m	
FOUL 33.49m 41.17m 41.97m 42.79m 40.79m			

3	Hasson, Dan	89	Saugeen	40.84m
	FOUL FOUL FOUL	40.84m	FOUL FOUL	
4	Ruckstuhl, Ben	88	Quinte Legion	40.02m
	FOUL 35.29m 37.41m	FOUL	39.26m 40.02m	
5	Roubos, Brent	90	U. OF Toronto	38.83m
	36.93m 37.59m 35.88m	38.06m	FOUL 38.83m	
6	Fallon, Sean	88	Hamilton O.C.	29.09m
	FOUL FOUL FOUL FOUL	29.09m	FOUL	
7	Guerin, Fredric	90	Ottawa Lions	28.29m
	27.60m 23.28m 26.45m	28.19m 28.29m	27.70m	

Men Hammer Throw Junior

Name	Year	Team	Finals	Specs.
1 Millar, Brad	87	Saugeen	58.45m	
			57.80m FOUL 58.41m 58.45m FOUL FOUL	
2 Kiefer, Dustin	88	London Western	55.40m	
			FOUL FOUL FOUL 55.40m FOUL FOUL	
3 Archer, Josh	88	Saugeen	46.49m	
			46.49m 43.32m 44.07m 42.77m 46.43m FOUL	
5 Robinson, Justin	87	London Western	26.32m	
			FOUL FOUL 24.03m FOUL 26.32m FOUL	
6 Ruckstuhl, Ben	88	Quinte Legion	25.07m	
			FOUL FOUL FOUL 25.07m FOUL FOUL	
3 Haran, Maxime	89	Corsaire	X46.49m	
			45.49m 46.49m FOUL 44.53m 44.74m 45.99m	

Men Javelin Throw Junior

Name	Year	Team	Finals	Specs.
1 Daabous, James	89	Windsor Legion	59.25m	
			56.42m 59.25m 56.94m 55.46m 56.44m 53.73m	
2 Arbour, Patrick	88	Ottawa Lions	57.87m	
			54.91m 48.43m 57.87m FOUL 52.68m 50.68m	
3 Megginson, Curtis	89	North Bay Legion	53.64m	
			FOUL 48.84m 48.29m FOUL 47.87m 53.64m	
4 Garbaty, Casey	89	Sarnia Asw	49.79m	
			47.26m 48.62m 49.17m 48.09m 49.01m 49.79m	
5 Bloxam, Cole	87	Sarnia Asw	48.78m	
			45.52m FOUL 47.13m 46.98m 48.78m 48.11m	
6 Ausman, Paul	91	Ottawa Lions	42.55m	
			FOUL 42.16m 40.80m 40.99m FOUL 42.55m	
7 Robinson, Justin	87	London Western	38.58m	
			FOUL 38.58m FOUL PASS PASS PASS	

Men 100 Meter Dash Wheelchair Senior

Name	Year	Team	Prelims
-- Radmore, Joey	78	Ottawa Lions	SCR

Men 100 Meter Dash Senior

Name	Year	Team	Prelims
Heat 1 Preliminaries Wind: 2.6			
1 Wright, Neville	80	Edmonton Int'L	10.30Q
2 Collins, Denison		Mississauga	10.51Q
3 Garber, Anthony	83	Power Athletics	10.61q
4 Ajayi, Olu	81	Body Mind Speed	10.67q
5 Adjetey-Nelson, Jamie	84	Windsor Legion	10.94q
6 Fontaine, David	84	Sherbrooke	11.17
7 Oelsner, Nathaniel	85	Ottawa Lions	11.76
8 Keating, Justin	80	Sarnia Asw	12.69
Heat 2 Preliminaries Wind: 3.9			
1 Macrozonaris, Nicolas	80	Saint-Laurent	10.27Q
2 LaTouche, Marc		Mississauga	10.45Q
3 MacInnis, Luke	81	Body Mind Speed	10.71q
4 McAulay, Randy	84	London Western	10.80q
5 Chieffallo, Mike	85	Ottawa Lions	11.18
6 Lacerte, Pierre Alexandr	83	Sherbrooke	11.47
Heat 3 Preliminaries Wind: 1.9			
1 Allen, Charles	77	Ottawa Lions	10.47Q
3 Kerr, Jason	86	London Western	10.74q
4 Stiver-Balla, Mat	84	Body Mind Speed	11.01
5 Lewis, Jared		Mississauga	10.53q
5 Atkinson, Don	65	Laurel Creek	11.48
6 Wigood, Chad	77	Kwtfa	11.92

Heat 4 Preliminaries	Wind:	1.2		
1 Grenier, Martin		79	Sherbrooke	10.51Q
2 Robinson, Justin		83	Etobicoke Glad.	10.59Q
3 Osunde, Wole			Body Mind Speed	10.65q
4 Faille, David		84	McGill Olympic	10.78q
5 Ignacio, Kevin		86	I BE Fast	10.95q
6 Arthur, Augustine		80	Mississauga	10.98q
7 Allen, Gregory		87	Ottawa Lions	11.16
8 MacKenzie, Tom		79	Oakville Legion	11.99
Heat 5 Preliminaries	Wind:	1.9		
1 Parris, Emanuel		85	Sherbrooke	10.39Q
2 Stanley, Fatih		83	Body Mind Speed	10.55Q
3 Horacius, Pierre-Hans		86	Perfmax Racing	10.60q
4 Letts, Julius		86	Brampton	11.05
5 Brown, Kirkland			Independent	11.43
Heat 6 Preliminaries	Wind:	6.3		
1 Desmond, Allen		71	Flying Angels	10.80Q
2 Goeloe, Geronimo			Ned-Antilles	10.86Q
3 Ukwouma, Emeka		84	Etobicoke Glad.	10.98q
4 Leblanc, Gabriel		85	Nb-Sea	11.09
5 Watkins, Derek		81	Ottawa Lions	11.28
6 Chickee, Brandon		84	Windsor Legion	11.37

Men 100 Meter Dash Senior

Name	Year	Team	Semis
=====			
Heat 1 Semi-Finals	Wind:	2.9	
1 Allen, Charles		77	Ottawa Lions
2 Parris, Emanuel		85	Sherbrooke
3 Stanley, Fatih		83	Body Mind Speed
4 Robinson, Justin		83	Etobicoke Glad.
5 Ajayi, Olu		81	Body Mind Speed
6 Osunde, Wole			Body Mind Speed
7 Ignacio, Kevin		86	I BE Fast
8 Adjetey-Nelson, Jamie		84	Windsor Legion
Heat 2 Semi-Finals	Wind:	5.7	
1 Wright, Neville		80	Edmonton Int'L
2 Collins, Denison			Mississauga
3 Grenier, Martin		79	Sherbrooke
4 Garber, Anthony		83	Power Athletics
5 MacInnis, Luke		81	Body Mind Speed
6 Goeloe, Geronimo			Ned-Antilles
7 Arthur, Augustine		80	Mississauga
8 McAulay, Randy		84	London Western
Heat 3 Semi-Finals	Wind:	3.1	
1 Macrozonaris, Nicolas		80	Saint-Laurent
2 Horacius, Pierre-Hans		86	Perfmax Racing
3 Lewis, Jared			Mississauga
3 LaTouche, Marc			Mississauga
5 Kerr, Jason		86	London Western
6 Faille, David		84	McGill Olympic
7 Ukwouma, Emeka		84	Etobicoke Glad.
-- Desmond, Allen		71	Flying Angels

Men 100 Meter Dash Wheelchair Senior

Name	Year	Team	Finals	Specs.
=====				
Section 1	Wind:	1.2		
1 Radmore, Joey		78	Ottawa Lions	18.50

Men 100 Meter Dash Senior

Name	Year	Team	Finals	Specs.
=====				
Section 1 Finals	Wind:	1.4		
1 LaTouche, Marc			Mississauga	10.56
2 Horacius, Pierre-Hans		86	Perfmax Racing	10.64
3 Robinson, Justin		83	Etobicoke Glad.	10.75
4 Goeloe, Geronimo			Ned-Antilles	10.79
5 Lewis, Jared			Mississauga	10.81
6 Ajayi, Olu		81	Body Mind Speed	10.85
Section 2 Finals	Wind:	1.0		
1 Macrozonaris, Nicolas		80	Saint-Laurent	10.34
2 Wright, Neville		80	Edmonton Int'L	10.36
3 Allen, Charles		77	Ottawa Lions	10.49
4 Parris, Emanuel		85	Sherbrooke	10.52
5 Collins, Denison			Mississauga	10.59
6 Grenier, Martin		79	Sherbrooke	10.61
7 Stanley, Fatih		83	Body Mind Speed	10.69

8 Garber, Anthony 83 Power Athletics 10.80

Men 200 Meter Dash Senior

Name	Year	Team	Prelims
Heat 1 Preliminaries Wind: 0.6			
1 Young, Andrew	81	Niagara R.A.	21.77Q
2 Garber, Anthony	83	Power Athletics	22.20q
3 Adu-Bobie, Richard	85	Ottawa Lions	22.39q
4 Chieffallo, Mike	85	Ottawa Lions	22.55q
5 Stiver-Balla, Mat	84	Body Mind Speed	22.64
6 Nordin, Andrew	85	Lakehead	23.02
7 Remillard-Savard, Antoin	83	Sherbrooke	23.36
8 Prionas, Matt	84	London Western	23.84
Heat 2 Preliminaries Wind: 0.7			
1 LaTouche, Marc		Mississauga	21.90Q
2 Llanos, Enrique		Puerto Rico	21.96q
3 Ajayi, Olu	81	Body Mind Speed	22.34q
4 Crepsac, Malik	66	Ont. Masters	22.70
5 Ferth, Shane	81	Kwtfa	23.27
6 Williams, Lawrence	70	Ottawa Lions	23.59
Heat 3 Preliminaries Wind: 0.1			
1 Nelson, Keston		Mississauga	21.62Q
2 Goeloe, Geronimo		Ned-Antilles	22.33q
3 Faille, David	84	McGill Olympic	22.51q
4 Leblanc, Gabriel	85	Nb-Sea	23.25
5 Young, Paul	84	Niagara R.A.	23.26
6 Allen, Gregory	87	Ottawa Lions	23.41
-- Arthur, Augustine	80	Mississauga	DQ R.163.3
Heat 4 Preliminaries Wind: 0.8			
1 Stanley, Fatih	83	Body Mind Speed	22.16Q
2 Ukwouma, Emeka	84	Etobicoke Glad.	22.45q
3 Chickee, Brandon	84	Windsor Legion	23.45
4 Jones, Jared	85	Phoenix A.A.	23.54
5 Gabay, Rodney	85	Hamilton O.C.	23.79
6 Wigood, Chad	77	Kwtfa	24.99
Heat 5 Preliminaries Wind: +0.0			
1 Rigby, Mario	85	Hamilton O.C.	22.94Q
2 Armstrong, Mark	84	Phoenix A.A.	23.29
3 Letts, Julius	86	Brampton	23.33
4 Lemay-Lelievre, Guillaum	85	Mtl-Olympique	23.83
5 MacKenzie, Tom	79	Oakville Legion	24.78
-- Wright, Neville	80	Edmonton Int'L	DNF
Heat 6 Preliminaries Wind: 1.3			
1 Shields, Ryan	88	Usa - Texas	21.84Q
2 Semenowicz, Martin	84	London Western	22.15q
3 Barbarie, Daniel	82	Ottawa Lions	22.48q
4 Ignacio, Kevin	86	I BE Fast	22.58
5 Vanden Dool, Andrew	81	St.Thomas Legion	23.58
6 Atkinson, Don	65	Laurel Creek	24.00
7 Oelsner, Nathaniel	85	Ottawa Lions	24.65

Men 200 Meter Dash Senior

Name	Year	Team	Finals	Specs.
Section 1 Finals Wind: 3.2				
1 Adu-Bobie, Richard	85	Ottawa Lions	21.90	
2 Goeloe, Geronimo		Ned-Antilles	22.00	
3 Ukwouma, Emeka	84	Etobicoke Glad.	22.22	
4 Faille, David	84	McGill Olympic	22.28	
5 Barbarie, Daniel	82	Ottawa Lions	22.48	
6 Chieffallo, Mike	85	Ottawa Lions	22.70	
Section 2 Finals Wind: 1.5				
1 Shields, Ryan	88	Usa - Texas	21.35	
2 Nelson, Keston		Mississauga	21.40	
3 Young, Andrew	81	Niagara R.A.	21.68	
4 Llanos, Enrique		Puerto Rico	22.05	
5 Semenowicz, Martin	84	London Western	22.23	

Men 200 Meter Dash Wheelchair Senior

Name	Year	Team	Finals	Specs.
Section 1 Wind: NWI				
1 Radmore, Joey	78	Ottawa Lions	38.31	

Men 400 Meter Dash Senior

Name	Year	Team	Prelims
------	------	------	---------


```

=====
Heat 1 Preliminaries
1 Cummings, Brian      86 Ottawa Lions      49.85Q
2 Crepsac, Malik       66 Ont. Masters      50.49q
3 Ferth, Shane         81 Kwtfa             50.61q
4 Jones, Jared         85 Phoenix A.A.     51.38q
5 Deault, Jeff         86 Track North      51.85
6 Newton, Andrew       86 Dssg A.C.        54.82
7 Aldridge, Brendon   78 Brampton         57.89
Heat 2 Preliminaries
1 Rigby, Mario         85 Hamilton O.C.    49.94Q
2 Ellerton, Andrew    83 Track North      50.11q
3 Costa, Chris         79 Speed River      53.48
4 Fortin, Matthieu    86 Mtl-Olympique    57.00
Heat 3 Preliminaries
1 Smellie, Gavin      86 Mississauga       48.37Q
2 Komenan, Valery     86 Perfmax Racing    48.92q
3 Armstrong, Mark     84 Phoenix A.A.     50.44q
4 Nordin, Andrew      85 Lakehead         50.78q
5 Williams, Lawrence  70 Ottawa Lions     52.52
6 Gabay, Rodney       85 Hamilton O.C.    52.72
Heat 4 Preliminaries
1 Shields, Ryan       88 Usa - Texas      50.37Q
2 Alva, Alex          83 St.Thomas Legion  51.04q
3 Maloney, Andrew     82 Independent      51.59q
4 John, Jesse         86 Lakehead         54.07
5 Hrynkow, Chris      77 Ottawa Lions     1:03.31
Heat 5 Preliminaries
1 Nelson, Keston      Mississauga         47.82Q
2 Zubair, Abdull      86 London Legion    50.85q
3 Simon, Kawani       82 Mississauga       51.14q
4 Remillard-Savard,  83 Sherbrooke       51.66
5 Green, Barry        82 Ottawa Lions     52.90
6 Lemay-Lelievre,    85 Mtl-Olympique    54.44

```

Men 400 Meter Dash Senior

```

=====
Name Year Team Finals Specs.
=====
Section 1 Finals
1 Ferth, Shane      81 Kwtfa      50.45
2 Nordin, Andrew   85 Lakehead  50.51
3 Simon, Kawani    82 Mississauga 51.06
4 Jones, Jared     85 Phoenix A.A. 51.37
Section 2 Finals
1 Smellie, Gavin   86 Mississauga 47.92
2 Komenan, Valery 86 Perfmax Racing 48.75
3 Cummings, Brian 86 Ottawa Lions 48.82
4 Ellerton, Andrew 83 Track North 49.53
5 Armstrong, Mark  84 Phoenix A.A. 50.22
6 Rigby, Mario     85 Hamilton O.C. 50.52

```

Men 800 Meter Run Senior

```

=====
Name Year Team Finals Specs.
=====
Section 1
1 Hackshaw, Derek  69 Newmarket  1:59.56
2 John, Jesse      86 Lakehead    2:00.01
3 Suda, Matt       86 London Western 2:00.92
4 Stacey, Matt     81 Ottawa Lions 2:01.50
5 Dewitt, Nathan   85 London Western 2:02.97
6 Green, Barry     82 Ottawa Lions 2:03.39
7 Costa, Chris     79 Speed River  2:03.41
8 Hrynkow, Chris   77 Ottawa Lions 2:07.13
9 Bartao, John     85 Etobicoke    2:07.91
Section 2
1 Reiter, Nathan   83 Speed River  1:54.55
2 Sullivan, Peter  79 Swift Athletics 1:55.07
3 Thorson, Cleve   81 Saugeen     1:56.00
4 Anderson, Travis 76 Brantford   1:56.41
6 Brens, Chris     86 Markham     1:56.90
7 MacAulay, Angus  84 Speed River  1:58.08
9 Volpi, Matt      86 Ottawa Lions 2:03.09
5 Michaud, Dominic 85 Cirrus     X1:56.60
8 Cloutier, Sylvain 84 Laval      X1:58.75
10 Manley, Jeff    83 Darmouth    X2:12.50
Section 3
1 Roppelt, Brian   83 Edmonton Thunder 1:49.48
2 Silvera, Simoncito Venuzuela     1:49.68
3 Hayden, Ryan     82 Kajaks      1:51.18

```

4	Carvalho, Jose	82	U. OF Toronto	1:51.70
5	Maloney, Andrew	82	Independent	1:51.93
6	Savard, Kevin	84	Ottawa Lions	1:51.99
7	Del Monte, Mike	86	Newmarket	1:52.79
8	Brooks, Brendan	84	Speed River	1:53.20
9	Dunbar, Kevin	75	Independent	1:54.16
10	Simon, Kawani	82	Mississauga	1:54.29
11	Levesque, Gino		Laval	X1:57.44
12	Donawa, Michael	78	Usa-Bermuda	X2:07.92

Men 1500 Meter Run Senior

Name	Year	Team	Finals	Specs.
Section 1				
1		Puerto Rico	3:44.85	
2	82	Toronto O.C.	3:48.01	
3	88	Ottawa Lions	3:48.08	
4	82	U. OF Toronto	3:50.03	
5	84	Markham	3:50.96	
6	81	Saugeen	3:52.72	
7	75	Independent	3:53.13	
8	87	Toronto O.C.	3:53.17	
9	79	Independent	3:54.51	
10	85	NS - Independent	3:56.06	
11	82	Achilles R.C.	3:58.34	
12	71	GC Athletics	3:58.86	
13	79	Swift Athletics	3:59.56	
14	85	London Western	4:05.45	
15	83	Toronto O.C.	4:08.32	
Section 2				
1	84	Speed River	3:57.78	
2	85	U. OF Toronto	3:58.12	
3	81	Ottawa Lions	4:00.49	
4	77	Windsor Legion	4:02.54	
5	86	London Western	4:02.75	
6	86	Markham	4:04.64	
7	85	Cirrus	4:06.18	
8	84	Laval	4:06.55	
9	88	London Western	4:07.60	
10	86	Speed River	4:09.83	
11	84	Lakehead	4:13.58	
12	85	Etobicoke	4:33.23	

Men 5000 Meter Run Senior

Name	Year	Team	Finals	Specs.
Section 1				
1	83	Windsor Legion	14:48.95	
2	84	London Western	14:53.02	
3	77	Ottawa Lions	15:01.73	
5	76	Newmarket	15:16.73	
8	85	Kingston Napanee	15:43.46	
9	78	Peterborough	15:55.50	
4	78	Swift Athletics	X15:12.64	
6	79	Tiger Track Club	X15:18.63	
7	82	Tiger Track Club	X15:37.38	
10	85	Vaudreuil-Dorion	X16:30.58	

Men 5000 Meter Race Walk Senior

Name	Year	Team	Finals	Specs.
1	82	Mtl-Olympique	X23:51.85	

Men 110 Meter Hurdles Senior

Name	Year	Team	Prelims
Heat 1 Preliminaries Wind: 3.8			
1		Puerto Rico	13.72q
2	80	McGill Olympic	14.16q
3	84	U. OF Toronto	14.53q
4	86	Ottawa Lions	15.56q
5	86	London Legion	15.61q
Heat 2 Preliminaries Wind: 2.8			
1		Puerto Rico	14.35q
2	81	St.Thomas Legion	15.01q
3	85	London Western	15.68q

Men 110 Meter Hurdles Senior

Name	Year Team	Finals	Specs.
Section 1 Finals Wind: 1.1			
1 Llanos, Enrique	Puerto Rico	13.91	
2 Stewart, Mark	84 U. OF Toronto	14.47	
3 Moleko, Tumelo	85 London Western	15.47	
4 Sorensen, Cody	86 Ottawa Lions	15.58	
5 Zubair, Abdull	86 London Legion	15.64	

Men 400 Meter Hurdles Senior

Name	Year Team	Finals	Specs.
Section 1			
2 Zubair, Abdull	86 London Legion	53.42	
3 Labelle, Shane	85 Corsaire	53.60	
4 Geer, Keenan	86 Durham	54.07	
5 Corupe, Jim	76 Unattached	56.40	
1 Komenan, Valery	86 Perfmax Racing	X52.98	

Men 3000 Meter Steeplechase Senior

Name	Year Team	Finals	Specs.
1 Karanja, Joshua	83 Ottawa Lions	8:59.56	
2 Nissen, Robbie	83 Edmonton Thunder	9:00.10	
3 Dillon, Marcus	87 Toronto O.C.	9:09.42	
4 Chafr, Paul	82 Swift Athletics	9:26.53	
5 Henshaw, Mark	88 London Western	9:30.61	
6 Murray-Lawson, Colin	85 U. OF Toronto	9:43.08	
7 Kull, Corey	86 Speed River	9:50.67	
8 Paquette, Maxime	84 Speed River	10:25.17	
-- Gosselin, James	77 Windsor Legion	DNF	
-- Poulin-Cadovius, James	85 Mtl-Olympique	XDNF	

Men 4x100 Meter Relay Senior

Team	Finals	Specs.
1 Ottawa Lions T.F.C. 'A'	42.30	
1) Sorensen, Cody 86		2) Adu-Bobie, Richard 85
3) Barbarie, Daniel 82		4) Watkins, Derek 81
2 Windsor Legion 'A'	43.90	
1) Ray, Tyler 84		2) Warnock, Ben 85
3) Chickee, Brandon 84		4) Adjetey-Nelson, Jamie 84

Men High Jump Senior

Name	Year Team	Finals	Specs.
Starting Height: 1.85m			
Flight 1			
1 Dillon, Mark	84 U. OF Toronto	2.15m	
1.80 1.85 1.90 1.95 2.00 2.05 2.10 2.15 2.20			
P P P P P O O O XXX			
1 Watkins, Derek	81 Ottawa Lions	J2.15m	
1.80 1.85 1.90 1.95 2.00 2.05 2.10 2.15 2.20			
P P P P P O XO XXO XXX			
3 Scherle, Mark	84 London Western	2.10m	
1.80 1.85 1.90 1.95 2.00 2.05 2.10 2.15			
P P P P O O O XXX			
4 Ray, Tyler	84 Windsor Legion	1.95m	
1.80 1.85 1.90 1.95 2.00			
O O O O XXX			
5 Killam, Kyle	86 Guelph Tfc	J1.85m	
1.80 1.85 1.90			
XO XXO XXX			
5 Goetz, Jason	85 Laurel Creek	1.85m	
1.80 1.85 1.90			
P XO XXX			
7 Marrero, Steven	Puerto Rico	1.80m	
1.80 1.85			
O XXX			

Men Pole Vault Senior

Name	Year Team	Finals	Specs.
Starting Height: 3,80m			

1	Zubyck, John	79 Power Athletics	5.10m
	3.80 4.00 4.10 4.20 4.30 4.40 4.50 4.60 4.70 4.80 4.90 5.00 5.10 5.20		
	P P P P P P P P P P P O O XXX		
2	Wilson, Kristian	76 London Western	4.90m
	3.80 4.00 4.10 4.20 4.30 4.40 4.50 4.60 4.70 4.80 4.90 5.00		
	P P P P P P P P O P O XXX		
4	Foley, Eric	84 Sherbrooke	J4.70m
	3.80 4.00 4.10 4.20 4.30 4.40 4.50 4.60 4.70 4.80 4.90 5.00		
	P P P P P P XO P XXO P P XXX		
6	Creighton, Doug	83 U. OF Toronto	J4.40m
	3.80 4.00 4.10 4.20 4.30 4.40 4.50		
	P P P P P P P		
8	Moon, Donald	86 London Western	4.20m
	3.80 4.00 4.10 4.20 4.30		
	P O P O XXX		
9	Waddleton, Dave	74 U. OF Toronto	4.00m
	3.80 4.00 4.10		
	O XO XXX		
6	Hawey, Maxime	84 Laval	X4.40m
	3.80 4.00 4.10 4.20 4.30 4.40 4.50		
	P O P XO P O XXX		
4	Foley, David	84 Sherbrooke	X4.70m
	3.80 4.00 4.10 4.20 4.30 4.40 4.50 4.60 4.70 4.80 4.90		
	P P P P P P P P XXO P XXX		
2	Thenault, Francois	72 Sherbrooke	X4.90m
	3.80 4.00 4.10 4.20 4.30 4.40 4.50 4.60 4.70 4.80 4.90 5.00 5.10		
	P P P P P P P P O P O P XXX		
--	Wurster, Jason	84 U. OF Toronto	NH
	3.80 4.00 4.10 4.20 4.30 4.40 4.50 4.60 4.70 4.80 4.90 5.00		
	P P P P P P P P P P P XXX		
--	Allen, Lynden	83 Mtl-Intern'L	XNH
	3.80 4.00 4.10 4.20		
	P P P XXX		
--	Authier, Simon	82 Sherbrooke	XNH
	3.80		
	XXX		
--	Gauthier, René	81 Sherbrooke	XNH
	3.80 4.00 4.10 4.20 4.30 4.40 4.50		
	P P P P P P P XXX		

Men Long Jump Senior

Name	Year Team	Finals	Wind	Specs.
1 Scherle, Mark	84 London Western	7.52m	1.0	
	6.63m(-1.4) 7.32m(-0.2) 7.15m(3.2) FOUL(1.2) 7.52m(1.0) 7.15m(-0.4)			
2 Smith, Seyi	87 Ottawa Lions	7.35m	3.4	
	7.35m(3.4) 7.09m(0.8) PASS(NWI) 7.24m(0.5) 7.29m(2.4) 7.29m(0.9)			
3 Massok, Patrick	80 Saint-Laurent	7.31m	1.5	
	7.20m(-0.3) 7.20m(2.5) 7.07m(0.6) 7.29m(0.6) 7.31m(1.5) FOUL(-0.3)			
4 Judge, Andrew	85 London Western	7.26m	1.8	
	6.84m(0.6) 7.08m(1.2) 5.75m(4.6) 6.91m(1.9) 7.26m(1.8) FOUL(1.0)			
5 Miyoupo, Frederic	80 Saint-Laurent	7.14m	+0.0	
	7.14m(+0.0) 5.81m(0.2) 7.14m(0.3) FOUL(1.6) 7.10m(1.8) 2.01m(-0.7)			
6 Adjetey-Nelson, Jamie	84 Windsor Legion	6.86m	2.5	
	6.67m(1.5) PASS(NWI) 6.86m(2.5) FOUL(0.9) FOUL(0.4) FOUL(+0.0)			
7 Makwene, Odon	86 Power Athletics	6.84m	2.4	
	6.84m(2.4) 6.67m(1.7) 6.56m(1.3) 5.37m(1.0) 6.56m(1.5) FOUL(0.1)			
8 Marrero, Steven	Puerto Rico	6.61m	1.4	
	6.45m(-0.2) 6.56m(0.8) 6.53m(0.5) 6.53m(NWI) 6.61m(1.4) FOUL(-0.2)			
9 Crawford, Todd	64 Quinte Legion	6.46m	0.9	
	FOUL(2.3) 6.30m(2.5) 6.46m(0.9)			
10 Warnock, Ben	85 Windsor Legion	6.42m	0.1	
	6.22m(1.3) FOUL(1.1) 6.42m(0.1)			
11 Lee, Boyce	86 Power Athletics	6.29m	-0.8	
	6.29m(-0.8) FOUL(0.5) 6.23m(1.4)			
12 Kuruneri, Guyson	85 Guelph Tfc	6.20m	0.9	
	FOUL(2.1) FOUL(-0.7) 6.20m(0.9)			
13 Atwal, Preet	80 St.Thomas Legion	5.41m	0.7	
	FOUL(-0.1) 5.38m(0.4) 5.41m(0.7)			
14 Killam, Kyle	86 Guelph Tfc	5.26m	1.4	
	5.18m(1.5) 5.26m(1.4) 4.78m(1.8)			

Men Triple Jump Senior

Name	Year Team	Finals	Wind	Specs.
1 Watkins, Derek	81 Ottawa Lions	14.42m	1.8	
	14.42m(1.8) FOUL(NWI) FOUL(NWI) FOUL(NWI) PASS(NWI) PASS(NWI)			
2 Hunte, Dave	86 Laurel Creek	14.28m	1.8	
	FOUL(NWI) FOUL(NWI) FOUL(NWI) FOUL(NWI) FOUL(NWI) 14.28m(1.8)			

3	Goetz, Jason	85	Laurel Creek	13.75m	1.1
	FOUL(NWI)	12.20m(1.0)	13.75m(1.1)	FOUL(NWI)	FOUL(NWI) FOUL(NWI)
4	Nanjel, Marlon	83	Power Athletics	13.35m	2.7
	FOUL(NWI)	FOUL(NWI)	FOUL(NWI)	PASS(NWI)	13.35m(2.7)
5	Makwene, Odon	86	Power Athletics	13.19m	3.1
	12.72m(3.2)	12.15m(1.7)	13.17m(4.9)	FOUL(0.7)	13.19m(3.1) 11.87m(2.1)
6	Atwal, Preet	80	St.Thomas Legion	12.58m	2.2
	12.53m(1.5)	12.58m(2.2)	12.32m(2.4)	12.38m(0.4)	FOUL(2.0) 12.33m(2.6)

Men Shot Put Senior

Name	Year	Team	Finals	Specs.
1 Helf, Kyle	86	Independent	17.69m	
	16.63m	FOUL	17.59m	17.69m FOUL 17.28m
2 Jones, Brian	83	Windsor Legion	16.83m	
	15.36m	16.83m	16.73m	FOUL FOUL FOUL
3 Miller, Mike	86	Windsor Legion	16.46m	
	16.46m	16.30m	FOUL	16.20m 16.08m FOUL
4 Ysebaert, Andy	86	Sarnia Asw	14.72m	
	FOUL	FOUL	13.50m	FOUL 13.53m 14.72m
5 Young, Mark	86	Niagara R.A.	13.54m	
	13.37m	13.54m	13.14m	12.78m 12.65m 12.54m

Men Discus Throw Senior

Name	Year	Team	Finals	Specs.
1 Schwartzentruber, Teo	83	Speed River	46.50m	
	FOUL	42.75m	41.49m	44.49m 46.50m 43.76m
2 Young, Mark	86	Niagara R.A.	45.37m	
	41.04m	44.00m	FOUL	43.45m 45.37m 44.38m
3 Miller, Mike	86	Windsor Legion	43.65m	
	38.52m	40.16m	41.86m	41.05m 41.25m 43.65m
4 Ray, Tyler	84	Windsor Legion	40.59m	
	FOUL	FOUL	40.59m	40.14m FOUL 38.17m
5 Ysebaert, Andy	86	Sarnia Asw	40.34m	
	FOUL	FOUL	38.97m	FOUL 40.14m 40.34m
6 Jones, Brian	83	Windsor Legion	39.58m	
	39.58m	FOUL	37.86m	34.02m FOUL 37.69m
7 Rowat, Ryan	81	Ottawa Lions	39.16m	
	37.48m	36.46m	38.82m	38.00m 38.07m 39.16m
8 Osvaldo Arturo, Cadena P	85	Mexico	37.11m	
	37.11m	34.61m	FOUL	36.88m 36.98m FOUL
9 Marrero, Steven		Puerto Rico	36.19m	
	36.19m	FOUL	FOUL	PASS PASS PASS
10 Harber, Michael	83	Windsor Legion	35.94m	
	FOUL	FOUL	35.94m	PASS PASS PASS
11 Adjetey-Nelson, Jamie	84	Windsor Legion	35.14m	
	FOUL	29.45m	35.14m	PASS PASS PASS
12 Lennie, Nathan	79	Laurel Creek	29.41m	
	FOUL	29.41m	FOUL	

Men Hammer Throw Senior

Name	Year	Team	Finals	Specs.
1 Lennie, Nathan	79	Laurel Creek	59.30m	
	56.78m	59.30m	FOUL	55.12m 55.94m 57.45m
2 Helf, Kyle	86	Independent	58.52m	
	55.58m	58.52m	FOUL	FOUL 56.94m 58.14m
7 Rowat, Ryan	81	Ottawa Lions	42.72m	
	FOUL	42.72m	FOUL	39.91m FOUL 39.21m
6 Muller, Emil	35	Corsaire	X48.85m	
	46.09m	45.10m	46.36m	48.85m FOUL 46.25m
5 McEwan, Tipper	83	Independent	X49.95m	
	FOUL	44.78m	FOUL	FOUL 49.38m 49.95m
4 Besselov, Alexander	85	Corsaire	X52.16m	
	FOUL	FOUL	50.10m	FOUL 52.16m 51.18m
3 Baines, Jason	78	Corsaire	X55.36m	
	54.95m	53.75m	55.36m	54.15m 52.66m FOUL

Men Javelin Throw Senior

Name	Year	Team	Finals	Specs.
1 Harber, Michael	83	Windsor Legion	64.69m	
	FOUL	56.82m	FOUL	64.69m 60.30m FOUL
2 Bernard, Alex	86	Ottawa Lions	57.92m	
	56.18m	53.68m	FOUL	54.38m 56.81m 57.92m
3 Ray, Tyler	84	Windsor Legion	57.55m	

	57.55m	51.58m	FOUL	50.95m	52.72m	FOUL	
5	Withers, Marty			60 Bright Grove A.			53.42m
	53.42m	51.38m	FOUL	FOUL	49.58m	FOUL	
6	Adjetej-Nelson, Jamie			84 Windsor Legion			51.27m
	48.56m	46.62m	47.28m	46.35m	48.54m	51.27m	
7	Parkinson, Richard			64 Club Sisu			50.48m
	47.98m	50.38m	50.48m	47.60m	49.66m	47.84m	
9	Zilberbrandt, Greg			81 Hamilton O.C.			46.93m
	46.93m	38.71m	44.10m				
10	Finkbeiner, Michael			54 Hamilton O.C.			42.31m
	FOUL	FOUL	42.31m				
8	Marrero, Steven			Puerto Rico			X48.60m
	FOUL	48.58m	48.49m	FOUL	FOUL	48.60m	
4	Hustler, John			75 Independent			X55.42m
	55.42m	52.93m	FOUL	PASS	PASS	PASS	