

Licensed to Ottawa Lions T&F Club Hy-Tek's Meet Manager 05/07/2006
Eastern Canadian High Performance Series - 05/07/2006
Meet #3 - Sponsored by the OTTL
Ottawa, ON
Results

Women 100 Meter Dash

Name	Year	School	Finals	Specs.
Section 1 Wind: 2.0				
1 Lela, Christiane	88	Ottawa Lions	12.42	
2 Rivera, Yaritza		Puerto Rico	12.64	
3 Bell, Alicia		Ottawa Lions	12.97	
4 White, Andrea	86	Ottawa Lions	13.02	
5 Connor, Courtney	87	Ottawa Lions	13.09	
Section 2 Wind: 1.5				
1 Power, Adrienne	81	Swift Athletics	11.56	
2 Bass, Valma		US Virgin Island	11.77	
3 Castro, Militza		Puerto Rico	11.83	
4 Mercado, Rosana		Puerto Rico	11.91	

Women 300 Meter Dash Juvenile

Name	Year	School	Finals	Specs.
Section 1				
1 Halle, Emilie	90	Ottawa Lions	41.63	
2 Lajeunesse, Catherine	90	Independent	42.04	
3 Aubry, Rachel	90	Ottawa Lions	42.47	
4 Cole, Meisha	89	Ottawa Lions	43.54	
5 Skeete-Wilson, Jordan	90	Ottawa Lions	43.79	
6 Vandervoort, Katrina	90	Ottawa Lions	43.92	
7 Tolot, Alessandra	91	Ottawa Lions	45.61	

Women 400 Meter Dash

Name	Year	School	Finals	Specs.
1 Akinsulie, Esther	84	Ottawa Lions	54.50	
2 Cloutier-Leblanc, Martin		McGill Olympic	56.78	
3 Lela, Christiane	88	Ottawa Lions	58.47	
4 White, Andrea	86	Ottawa Lions	59.36	
5 Bell, Alicia		Ottawa Lions	1:02.23	

Women 800 Meter Run

Name	Year	School	Finals	Specs.
1 Ogbasilassie-Bereket, Le	87	Saint-Laurent SE	2:04.85	
2 Del Valle, Lizaira		Puerto Rico	2:06.76	
3 Biewald, Jenni	88	Ottawa Lions	2:11.88	
4 Allen, Chloé	86	Perfmax	2:16.64	
5 Jennings, Serena	81	Track North	2:26.41	

Women 3000 Meter Run

Name	Year	School	Finals	Specs.
1 Dillabaugh, Sarah	73	Ottawa Lions	9:50.93	
2 Woods, Danelle	89	Ottawa Lions	10:11.84	
3 Buchanan, Dana	84	Ottawa Lions	10:19.13	

Women Pole Vault

Name	Year	School	Finals	Specs.
Flight 1				
1 Fish, Suzanne	82	Toronto T.C.	3.95m	
2 Koracic, Simona	86	Toronto T.C.	3.85m	
3 Creighton, Janice	83	Toronto T.C.	3.75m	
4 Zambrana, Andrea		Puerto Rico	3.45m	
4 Jean, Caroline		Sherbrooke	3.45m	
6 Jeff, Ashley	83	Toronto T.C.	3.25m	
7 Bland, Lisa	83	Toronto T.C.	3.05m	
-- Gonzalez, Alejandra		Puerto Rico	NH	

Women Long Jump

Name	Year	School	Finals	Wind	Specs.
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1	Rivera, Yaritza		Puerto Rico	5.65m	1.0
2	Doody, Maureen	71	Ottawa Lions	5.38m	1.8
3	Edwards, Karelle	90	Ottawa Lions	5.24m	3.2
4	Lynch, Mary-Francis	84	Ottawa Lions	5.01m	-0.1
5	Skeete-Wilson, Jordan	90	Ottawa Lions	4.92m	0.6
6	Sindani, Josephine	91	Ottawa Lions	4.85m	-0.2
7	Vandervoort, Katrina	90	Ottawa Lions	4.66m	0.1

Women Javelin Throw

Name	Year	School	Finals	Specs.
1	Larose, Caroline	78	Ottawa Lions	39.77m
2	Chartrand, Valerie	87	Ottawa Lions	33.77m
3	Thibault, Dominique		Ottawa Lions	28.58m
4	VanDodewaard, Caitlin	89	Ottawa Lions	27.87m

Men 100 Meter Dash

Name	Year	School	Finals	Specs.
Section 1 Wind: 2.4				
1	Stiver-Balla, Mat	84	Body Mind Speed	11.03
2	Richard, Bianco	88	Perfmax	11.08
3	Makinde, Olywasegun	91	Ottawa Lions	11.35
4	Batt, Jeremy	89	Ottawa Lions	11.59
Section 2 Wind: 1.4				
1	King, Shannon		Unattached	10.50
2	LaTouche, Marc		Mississauga Tfc	10.52
3	Smith, Oluseyi	87	Ottawa Lions	10.70
4	Schmader, Augustin		Liberia	10.74
5	Horacius, Pierre-Hans	86	Perfmax	10.76
6	MacInnis, Luke	81	Body Mind Speed	10.78
7	Mawenh, Kouty		Liberia	11.08
8	Despres-Bedward, Anthony	87	Ottawa Lions	11.27

Men 200 Meter Dash

Name	Year	School	Finals	Specs.
Section 1 Wind: 2.9				
1	Stiver-Balla, Mat	84	Body Mind Speed	22.22
2	Despres-Bedward, Anthony	87	Ottawa Lions	22.49
3	Batt, Jeremy	89	Ottawa Lions	22.89
4	Williams, Lawrence		Ottawa Lions	23.36
Section 3 Wind: 2.2				
1	Shields, Ryan		U.S.A.Texas	21.42
2	Young, Andrew	81	Niagara R.A.	21.51
3	Barbarie, Daniel	82	Ottawa Lions	21.94
4	Adu-Bobie, Richard	85	Ottawa Lions	21.94
5	Young, Paul	84	Niagara R.A.	22.84
6	Mawenh, Kouty		Liberia	23.13
7	Makinde, Olywasegun	91	Ottawa Lions	23.26

Men 400 Meter Dash

Name	Year	School	Finals	Specs.
Section 2				
1	Young, Bobby		Liberia	47.60
2	Silvera, Simoncito		Venezuela	47.91
3	Pyper, Todd	87	Ottawa Lions	47.92
4	Cummings, Brian	86	Ottawa Lions	48.70
5	Scheffer, Laurent-Pierre	87	Perfmax	51.95

Men 1500 Meter Run

Name	Year	School	Finals	Specs.
Section 1				
1	Freeman, David		Puerto Rico	3:46.34
2	Arnold, Scott	82	Toronto Olympic	3:47.66
3	Brett, Alan	88	Ottawa Lions	3:47.93
4	Karanja, Joshua	83	Ottawa Lions	3:52.99
5	Thorson, Cleve	81	Saugeen	3:53.42
6	Dunbar, Kevin		Ottawa Lions	3:54.77
7	Sullivan, Peter	79	Swift Athletics	3:55.24
8	Kitz, Robert	85	Unattached	3:57.00
9	Lewandowski, Adam	87	Ottawa Lions	3:58.57
10	Tremain, Rich	01	Independent	3:59.23

11 Jewer, Robert	78 Swift Athletics	4:01.92
12 Lavoie, Olivier	88 Corsaire Chap.	4:06.18
13 Stacey, Matthew	81 Ottawa Lions	4:10.64

Men 110 Meter Hurdles 99cm (39")

Name	Year School	Finals	Specs.
Section 1 Wind: 1.9			
1 Fawcett, Tyler	88 Ottawa Lions	14.41	
-- Williams, Evan	89 Ottawa Lions	DNF	

Men 110 Meter Hurdles

Name	Year School	Finals	Specs.
-- Cotto, Hector	Puerto Rico	NT	
-- Komenan, Valery	86 Perfmax	NT	
-- Sorensen, Cody	86 Ottawa Lions	NT	
-- Llanos, Enrique	Puerto Rico	NT	

Men High Jump

Name	Year School	Finals	Specs.
Flight 1			
1 Watkins, Derek	81 Ottawa Lions	2.10m	
2 O'Dwyer, Adrian	Ireland	2.05m	
-- Marrero, Steven	Puerto Rico	NH	

Men Pole Vault

Name	Year School	Finals	Specs.
1 Marrero, Steven	Puerto Rico	J4.20m	
1 Moon, Donald	London/Western	4.20m	
-- Waddleton, David	U.Of Toronto	NH	
-- Wilson, Kristian	76 London/Western	NH	
-- Authier, Simon	82 Sherbrooke	NH	

Men Javelin Throw

Name	Year School	Finals	Specs.
1 Marrero, Steven	Puerto Rico	51.03m	W: 800g
2 Ausman, Paul	91 Ottawa Lions	47.11m	W: 600g