

Women 60 Meter Course Minime

Name	Year Team	Prelims
Heat 1 Preliminaries Wind: -0.5		
1 Jobin, Lea	93 Saint Laurent Se	9.17q
2 Lusterio-Adler, Olivia	95 West Island	9.61q
3 Chabot, Sandrine	94 Jeunesse Athleti	9.93q
4 Pellletier, Cloé	93 Club D'Athlétism	10.14q
5 Vautour, Jocya	93 Jeunesse Athleti	10.36
6 Brodeur, Eloise	93 Montreal Interna	10.44
7 Moustaine, Sarah	95 Dynamique Laval	11.03
Heat 2 Preliminaries Wind: 0.4		
1 Toussaint, Cassandra	93 Perfmax-Racing	9.37q
2 Renaud, Sabrina	93 Club D'Athlétism	9.50q
3 Zilversmit, Shauna	93 West Island	9.59q
4 Husbans, Jallea	95 West Island	10.26q
5 Karkavilas, Theodora	94 Kilomaitres de L	10.33
6 Hailstone, Megan	93 West Island	10.98
7 Sidhu, Arashdeed	98 West Island	12.11

Women 60 Meter Course Minime

Name	Year Team	Finals	Points
Section 1 Finals Wind: -2.1			
1 Jobin, Lea	93 Saint Laurent Se	9.07	
2 Toussaint, Cassandra	93 Perfmax-Racing	9.33	
3 Renaud, Sabrina	93 Club D'Athlétism	9.36	
4 Zilversmit, Shauna	93 West Island	9.42	
5 Lusterio-Adler, Olivia	95 West Island	9.70	
6 Chabot, Sandrine	94 Jeunesse Athleti	9.92	
7 Pellletier, Cloé	93 Club D'Athlétism	10.04	
8 Husbans, Jallea	95 West Island	10.26	

Women 80 Meter Course Benjamin

Name	Year Team	Prelims
Heat 1 Preliminaries Wind: 1.6		
1 Fontaine, Myriam	91 Dynamique Laval	10.87q
2 Chabot, Sarah	92 Jeunesse Athleti	11.23q
3 D'Aoust, Laurence	91 Saint Laurent Se	11.54
4 Boivin-Ouellet, Maude	91 Sherbrooke	11.64
5 Cote, Marie-Jeanne	91 Baie Comeau	12.90
Heat 2 Preliminaries Wind: 1.8		
1 Lemay, Maggy	91 Energie	10.83q
2 Chenier, Pascale	92 Montreal Interna	11.49
3 Bolduc, Aurelie	92 Montreal Interna	11.57
4 Tremblay, Jade	92 Saint Laurent Se	11.80
5 Perigny, Catherine	91 Energie	11.84
6 Dumais, Melanie	92 St-Jean Olympique	12.35
7 Bernard, Laurence	92 Dynamique Laval	13.28
Heat 3 Preliminaries Wind: +0.0		
1 Jones, Brooke	91 Saint Laurent Se	11.35q
2 Ouellet, Vanessa	91 Coubertin	11.81
3 Trigiani, Lianne	91 McGill Olympic C	12.27
4 Picard, Ariane	92 Dynamique Laval	12.62

5 Gigere, Sabrina	91 Coubertin	12.75
6 Brousseau, Christelle	92 Petite Nation	12.81
7 Morissette-Rodrigue, Ale	91 Sherbrooke	12.99
Heat 4 Preliminaries	Wind: 0.8	
1 Beaudoin, Lana	91 McGill Olympic C	11.20q
2 Tasse, Elisa	91 Perfmax-Racing	11.38q
3 Morency, Edith	91 Vaudreuil-Dorion	11.71
4 Deschamps, Marie-Elizabe	92 Jeunesse Athleti	12.11
5 Martin, Marie-Eve	92 Club D'Athlétism	12.18
6 Ouellet, Anne-Laurence	92 Pantheres Pointe	12.34
7 Watchan, Natasha	92 Cirrus	12.55
8 Vaillancourt, Tanya	91 Coubertin	13.24
Heat 5 Preliminaries	Wind: 2.4	
1 Parent-Banachowski, Soph	91 Montreal Interna	11.06q
2 G.-Lafreniere, Amelie	92 Energie	11.24q
3 Savard, Claudine	92 Corsaire Chapara	11.86
4 Barbe, Cloe	92 Montreal Interna	12.01
5 Turgeon, Annabelle	92 Sherbrooke	12.07
6 Hetu-Nielly, Celyse	91 Sherbrooke	12.63

Women 80 Meter Course Benjamin

Name	Year Team	Finals	Points
Section 1 Finals Wind: -3.8			
1 Lemay, Maggy	91 Energie	10.74	
2 Fontaine, Myriam	91 Dynamique Laval	10.77	
3 Beaudoin, Lana	91 McGill Olympic C	11.17	
4 Parent-Banachowski, Soph	91 Montreal Interna	11.29	
5 Jones, Brooke	91 Saint Laurent Se	11.34	
6 G.-Lafreniere, Amelie	92 Energie	11.38	
7 Tasse, Elisa	91 Perfmax-Racing	11.49	
8 Chabot, Sarah	92 Jeunesse Athleti	11.50	

Women 100 Meter Course Cadet

Name	Year Team	Prelims
Heat 1 Preliminaries Wind: 1.3		
1 Hyacinthe, Kimberly	89 Saint Laurent Se	12.43Q
2 Chartier, Emilie	89 Corsaire Chapara	13.32
3 Bernier, Justine	89 Lavironde	13.35
4 Normandin, Sophie	90 St-Jean Olympiqu	14.27
5 Bordage, Marylise	90 Dynamique Laval	14.95
6 Poirier, Gabrielle	90 Dynamique Laval	16.60
Heat 2 Preliminaries Wind: 3.5		
1 Audet, Alexandrine	89 Sport-Etudes Dis	12.83Q
2 Belanger, Laurence	89 Sherbrooke	13.09q
3 Gagne, Myriam	90 Rouge et Or	13.63
4 Gagnon, Lucie	90 Sherbrooke	13.86
5 Fortier, Camille	89 Pantheres Pointe	14.12
6 Ouellet, Virginie	89 Coubertin	15.31
Heat 3 Preliminaries Wind: 0.6		
1 Beaudry, Vanessa	90 St-Jean Olympiqu	13.11Q
2 Trigiani, Elena-Amanda	89 Saint Laurent Se	13.17q
3 Fortin, Anne-Marie	89 Saguenay Lac St-	13.94
4 Boubalos, Chloe	90 Pantheres Pointe	14.27
5 V.-Brizard, Stephanie	90 Espoir Externat	15.24
Heat 4 Preliminaries Wind: 1.8		
1 Kerkerian, Genevieve	90 Energie	12.95Q
2 Dumais, Isabelle	89 St-Jean Olympiqu	13.64
3 Champagne, Catherine	89 Pantheres Pointe	13.76
4 David, Elisabeth	89 Sherbrooke	13.99
5 Emond, Catherine	89 Vaillants	14.39

Heat 5 Preliminaries			Wind: 0.2
1	Bruno, Virginie	90 Impulsion	12.97Q
2	Blanchard, Genevieve	89 Sherbrooke	13.01q
3	Rondeau, Marika	89 Energie	13.46
3	Vidal, Anne-Christelle	90 Corsaire Chapara	13.46
5	Letourneau, Joelle	90 Espoir Externat	13.81
6	Provencal, Vanessa	89 Dynamique Laval	14.23

Women 100 Meter Course Cadet

Name	Year Team	Finals	Points
Section 1 Finals Wind: -2.5			
1	Hyacinthe, Kimberly	89 Saint Laurent Se	12.49
2	Audet, Alexandrine	89 Sport-Etudes Dis	12.56
3	Kerkerian, Genevieve	90 Energie	13.06
4	Trigiani, Elena-Amanda	89 Saint Laurent Se	13.21
4	Bruno, Virginie	90 Impulsion	13.21
6	Beaudry, Vanessa	90 St-Jean Olympiqu	13.25
7	Blanchard, Genevieve	89 Sherbrooke	13.35
8	Belanger, Laurence	89 Sherbrooke	14.60

Women 100 Meter Course Juvenile

Name	Year Team	Prelims	
Heat 1 Preliminaries Wind: 2.4			
1	Renaud, Catherine	87 Perfmax-Racing	12.25Q
2	Chenard, Virginie	87 Coubertin	13.25Q
3	Mastroianni, Lisa	88 West Island	13.52Q
4	Therrien, Andre-Anne	88 Sport-Etudes Dis	13.79
5	Fournier, Melissa	88 Energie	14.34
Heat 2 Preliminaries Wind: 0.8			
1	Delisle, Pascale	87 Rouge et Or	12.50Q
2	Gosselin-Berube, Karine	88 Coubertin	12.98Q
3	Watters, Alexandra	87 Perfmax-Racing	13.00Q
4	Fontaine, Magalie	87 Dynamique Laval	13.17q
5	Myrand-Lapierre, Marie-E	88 Energie	13.50q
6	Prevost, Tania	87 Petite Nation	13.64
7	Durocher, Claudia	87 Cirrus	13.71

Women 100 Meter Course Juvenile

Name	Year Team	Finals	Points
Section 1 Finals Wind: -1.5			
1	Renaud, Catherine	87 Perfmax-Racing	12.55
2	Delisle, Pascale	87 Rouge et Or	12.84
3	Gosselin-Berube, Karine	88 Coubertin	13.15
4	Watters, Alexandra	87 Perfmax-Racing	13.18
5	Chenard, Virginie	87 Coubertin	13.55
6	Mastroianni, Lisa	88 West Island	13.64
7	Myrand-Lapierre, Marie-E	88 Energie	13.73

Women 100 Meter Course Junior

Name	Year Team	Prelims	
Heat 1 Preliminaries Wind: 0.8			
1	Dugas, Marie-Eve	85 Corsaire Chapara	12.09q
2	Jobin, Marjolaine	85 Corsaire Chapara	12.67q
3	Baillargeon, Julie	85 Saguenay Lac St-	13.03q
4	Nadeau, Catherine	86 Rouge et Or	13.43q
5	Bergeron, Mireille	85 Saguenay Lac St-	13.71q

Women 100 Meter Course Junior

Name	Year Team	Finals
Section 1 Finals Wind: 3.0		
1 Dugas, Marie-Eve	85 Corsaire Chapara	12.10
2 Jobin, Marjolaine	85 Corsaire Chapara	12.62
3 Baillargeon, Julie	85 Saguenay Lac St-	13.10
4 Bergeron, Mireille	85 Saguenay Lac St-	13.61

Women 100 Meter Course Senior

Name	Year Team	Prelims
Heat 1 Preliminaries Wind: 1.4		
1 Mensah, Philomena	75 Saint Laurent Se	11.71Q
2 Cloutier-Leblanc, Martin	80 Perfmax-Racing	12.15Q
3 Leblanc, Andree	82 Sherbrooke	12.28Q
4 Dubreuil, Maryse	84 Perfmax-Racing	12.55q
5 Lavoie, Veronique	83 Corsaire Chapara	12.56q
6 Charles, Lorna	82 Perfmax-Racing	13.46
Heat 2 Preliminaries Wind: 0.3		
1 Cherubin, Nathalie	84 Perfmax-Racing	12.35Q
2 Toure, Hawoye	79 Athletica	12.65Q
3 Montour, Marjorie	81 Perfmax-Racing	12.80Q
4 Desnoyer, Marylène	81 Rouge et Or	12.82
5 Lucia-Khani, Adrienne	79 Sherbrooke	12.91

Women 100 Meter Course Senior

Name	Year Team	Finals
Section 1 Finals Wind: -2.0		
1 Mensah, Philomena	75 Saint Laurent Se	11.88
2 Cloutier-Leblanc, Martin	80 Perfmax-Racing	12.21
3 Leblanc, Andree	82 Sherbrooke	12.46
4 Cherubin, Nathalie	84 Perfmax-Racing	12.50
5 Lavoie, Veronique	83 Corsaire Chapara	12.72
6 Dubreuil, Maryse	84 Perfmax-Racing	12.85
7 Montour, Marjorie	81 Perfmax-Racing	12.95
8 Toure, Hawoye	79 Athletica	13.03

Women 150 Meter Course Minime

Name	Year Team	Prelims
Heat 1 Preliminaries Wind: -3.2		
1 Renaud, Sabrina	93 Club D'Athlétism	22.52q
2 Zilversmit, Shauna	93 West Island	23.33q
3 Lusterio-Adler, Olivia	95 West Island	24.33q
4 Karkavilas, Theodora	94 Kilomaitres de L	26.72
5 Sidhu, Arashdeed	98 West Island	31.68
Heat 2 Preliminaries Wind: -0.5		
1 Jobin, Lea	93 Saint Laurent Se	22.65q
2 Toussaint, Cassandra	93 Perfmax-Racing	23.22q
3 Chabot, Sandrine	94 Jeunesse Athleti	24.96q
4 Husbans, Jallea	95 West Island	25.87q
5 Hailstone, Megan	93 West Island	25.97q

Women 150 Meter Course Minime

Name	Year Team	Finals	Points
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Section 1 Finals Wind: -4.3

1 Jobin, Lea	93 Saint Laurent Se	22.69
2 Renaud, Sabrina	93 Club D'Athlétism	23.01
3 Toussaint, Cassandra	93 Perfmax-Racing	23.18
4 Zilversmit, Shauna	93 West Island	23.22
5 Lusterio-Adler, Olivia	95 West Island	24.67
6 Chabot, Sandrine	94 Jeunesse Athleti	25.17
7 Hailstone, Megan	93 West Island	26.52
8 Husbans, Jallea	95 West Island	26.62

Women 150 Meter Course Benjamin

Name	Year Team	Prelims
Heat 1 Preliminaries Wind: -1.4		
1 Fontaine, Myriam	91 Dynamique Laval	20.39q
2 Tasse, Elisa	91 Perfmax-Racing	21.30q
3 Deschamps, Marie-Elizabe	92 Jeunesse Athleti	22.42
4 Tremblay, Jade	92 Saint Laurent Se	22.47
5 Trigiani, Lianne	91 McGill Olympic C	23.25
Heat 2 Preliminaries Wind: -0.5		
1 Lemay, Maggy	91 Energie	20.20q
2 Jones, Brooke	91 Saint Laurent Se	21.21q
3 Chabot, Sarah	92 Jeunesse Athleti	21.55q
4 Chartrand, Sonia	92 Petite Nation	23.96
5 Bernard, Laurence	92 Dynamique Laval	24.69
Heat 3 Preliminaries Wind: -0.2		
1 Beaudoin, Lana	91 McGill Olympic C	21.28q
2 Turgeaon, Annabelle	92 Sherbrooke	22.76
3 Ouellet, Vanessa	91 Coubertin	22.77
4 Perron Deschenes, Freder	91 Coubertin	23.04
5 Tremblay, Christina	91 Lavironde	23.81
6 Emond, Maeli	91 Sherbrooke	25.04
Heat 4 Preliminaries Wind: 0.2		
1 G.-Lafreniere, Amelie	92 Energie	21.11q
2 Perigny, Catherine	91 Energie	21.84q
3 Morency, Edith	91 Vaudreuil-Dorion	22.18
4 Savard, Claudine	92 Corsaire Chapara	22.40
5 Boivin-Ouellet, Maude	91 Sherbrooke	22.66
6 Watchan, Natasha	92 Cirrus	23.37
7 Langlois, Daphnee	92 Coubertin	23.48
8 Hetu-Nielly, Celyse	91 Sherbrooke	23.59

Women 150 Meter Course Benjamin

Name	Year Team	Finals	Points
Section 1 Finals Wind: -3.1			
1 Fontaine, Myriam	91 Dynamique Laval	19.62	
2 Lemay, Maggy	91 Energie	19.95	
3 Beaudoin, Lana	91 McGill Olympic C	20.94	
4 G.-Lafreniere, Amelie	92 Energie	21.12	
5 Tasse, Elisa	91 Perfmax-Racing	21.36	
6 Jones, Brooke	91 Saint Laurent Se	21.37	
7 Chabot, Sarah	92 Jeunesse Athleti	21.65	
8 Perigny, Catherine	91 Energie	21.89	

Women 200 Meter Course Cadet

Name	Year Team	Prelims
Heat 1 Preliminaries Wind: +0.0		
1 Hyacinthe, Kimberly	89 Saint Laurent Se	26.39Q
2 Dampousse, Chloe	89 Energie	27.55

3	Champagne, Catherine	89	Pantheres Pointe	28.27
4	Fortier, Camille	89	Pantheres Pointe	28.61
5	Savard, Marie-Pier	90	Lavironde	30.83
6	Bordage, Marylise	90	Dynamique Laval	31.93
Heat 2 Preliminaries Wind: +0.0				
1	Beaudry, Vanessa	90	St-Jean Olympiqu	27.12Q
2	Jacquemin, Charlotte	89	Pantheres Pointe	27.56
3	Chartier, Emilie	89	Corsaire Chapara	28.19
4	Langlois, Marie-Isabel	89	Coubertin	29.08
5	Emond, Catherine	89	Vaillants	29.74
6	Poirier, Gabrielle	90	Dynamique Laval	34.39
Heat 3 Preliminaries Wind: 0.1				
1	Robitaille-Beaumier, Eve	89	Energie	26.67Q
2	Bernier, Justine	89	Lavironde	27.13q
3	Gagne, Myriam	90	Rouge et Or	28.41
4	Provencal, Vanessa	89	Dynamique Laval	29.43
5	Giroux, Stephanie	90	Espoir Externat	31.07
Heat 4 Preliminaries Wind: 0.4				
1	Kerkerian, Genevieve	90	Energie	26.72Q
2	Trigiani, Elena-Amanda	89	Saint Laurent Se	26.81q
3	Vidal, Anne-Christelle	90	Corsaire Chapara	27.81
4	David, Elisabeth	89	Sherbrooke	29.02
5	Gagnon, Lucie	90	Sherbrooke	29.15
6	Major, Rachel	90	Energie	29.45
Heat 5 Preliminaries Wind: -1.4				
1	Blanchard, Genevieve	89	Sherbrooke	26.86Q
2	Bruno, Virginie	90	Impulsion	27.37q
3	Rondeau, Marika	89	Energie	28.43
4	Gilbert, Andreeanne	89	Espoir Externat	29.28
5	Michaud, Alexandra	90	Coubertin	29.30
6	Boubalos, Chloe	90	Pantheres Pointe	29.59
7	Robinson, Caitlin	89	West Island	32.62

Women 200 Meter Course Cadet

Name	Year Team	Finals	Points	
Section 1 Finals Wind: -2.2				
1	Hyacinthe, Kimberly	89	Saint Laurent Se	25.22
2	Robitaille-Beaumier, Eve	89	Energie	26.43
3	Blanchard, Genevieve	89	Sherbrooke	26.57
4	Kerkerian, Genevieve	90	Energie	26.95
5	Bernier, Justine	89	Lavironde	27.07
6	Trigiani, Elena-Amanda	89	Saint Laurent Se	27.20
7	Bruno, Virginie	90	Impulsion	27.25
8	Beaudry, Vanessa	90	St-Jean Olympiqu	27.38

Women 200 Meter Course Juvenile

Name	Year Team	Prelims		
Heat 1 Preliminaries Wind: -2.4				
1	Renaud, Catherine	87	Perfmax-Racing	25.73Q
2	Mastroianni, Lisa	88	West Island	28.14Q
3	Savard, Agathe	88	Corsaire Chapara	29.76
4	Fournier, Melissa	88	Energie	30.58
5	Dietz, Steffi	88	Saint Laurent Se	31.31
Heat 2 Preliminaries Wind: -0.6				
1	Delisle, Pascale	87	Rouge et Or	25.72Q
2	Chenard, Virginie	87	Coubertin	27.85Q
3	Durocher, Claudia	87	Cirrus	28.33q
4	Therrien, Andre-Anne	88	Sport-Etudes Dis	28.89q
5	Grand'Maison, Sara	87	Vaillants	28.96
6	Sdicu, Katerine	87	Sherbrooke	29.61

Heat 3 Preliminaries Wind: +0.0

1 Gosselin-Berube, Karine	88 Coubertin	27.26Q
2 Labrie, Christine	87 Sherbrooke	29.31Q
3 Dugas, Katerine	88 Dynamique Laval	29.55
4 Couture-Berube, Audrey	74 Coubertin	30.27
5 Gonthier, Stephanie	88 Lavironde	31.16

Women 200 Meter Course Juvenile

Name	Year Team	Finals	Points
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Section 1 Finals Wind: -2.8

1 Renaud, Catherine	87 Perfmax-Racing	25.38
2 Delisle, Pascale	87 Rouge et Or	26.20
3 Gosselin-Berube, Karine	88 Coubertin	27.13
4 Chenard, Virginie	87 Coubertin	28.02
5 Mastroianni, Lisa	88 West Island	28.10
6 Durocher, Claudia	87 Cirrus	28.64
7 Therrien, Andre-Anne	88 Sport-Etudes Dis	29.65
8 Labrie, Christine	87 Sherbrooke	30.24

Women 200 Meter Course Junior

Name	Year Team	Prelims
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Heat 1 Preliminaries Wind: -5.1

1 Dugas, Marie-Eve	85 Corsaire Chapara	25.06q
2 Jobin, Marjolaine	85 Corsaire Chapara	25.62q
3 Costa, Camille	85 McGill Olympic C	26.73q
4 Nadeau, Catherine	86 Rouge et Or	27.83q
5 Bergeron, Mireille	85 Saguenay Lac St-	28.19q

Women 200 Meter Course Junior

Name	Year Team	Finals
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Section 1 Finals Wind: -5.1

1 Jobin, Marjolaine	85 Corsaire Chapara	25.53
2 Costa, Camille	85 McGill Olympic C	26.63
3 Bergeron, Mireille	85 Saguenay Lac St-	28.34

Women 200 Meter Course Senior

Name	Year Team	Prelims
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Heat 1 Preliminaries Wind: -1.3

1 Cloutier-Leblanc, Martin	80 Perfmax-Racing	24.47Q
2 Desnoyer, Marylène	81 Rouge et Or	25.93Q
3 Charles, Lorna	82 Perfmax-Racing	27.44Q
4 Blais, Marie-Pier	83 Oxygene Amiante	28.35q

Heat 2 Preliminaries Wind: -3.3

1 Dubreuil, Maryse	84 Perfmax-Racing	26.06Q
2 Momoh, Naike	84 Saint Laurent Se	26.16Q
3 Beauchamp, Marie-Anne	83 Rouge et Or	28.27Q

Women 200 Meter Course Senior

Name	Year Team	Finals
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Section 1 Finals Wind: -0.3

1 Cloutier-Leblanc, Martin	80 Perfmax-Racing	24.43
2 Dubreuil, Maryse	84 Perfmax-Racing	25.64
3 Momoh, Naike	84 Saint Laurent Se	25.78
4 Charles, Lorna	82 Perfmax-Racing	27.67

5 Blais, Marie-Pier	83 Oxygene Amiante	28.07
6 Beauchamp, Marie-Anne	83 Rouge et Or	28.12

Women 400 Meter Course Juvenile

Name	Year Team	Finals	Points
Section 1			
1 Savard, Marianne	88 Corsaire Chapara	1:04.54	
2 Mastroianni, Lisa	88 West Island	1:04.56	
3 Grand'Maison, Sara	87 Vaillants	1:04.72	
4 Savard, Agathe	88 Corsaire Chapara	1:07.18	
5 Alexandrou, Mary	87 Saint Laurent Se	1:09.00	
6 Hudon, Anne-Marie	88 Cirrus	1:09.13	
7 Sdicu, Katerine	87 Sherbrooke	1:09.28	
8 Royer, Fannie	88 Lavironde	1:12.42	
Section 2			
1 Renaud, Catherine	87 Perfmax-Racing	58.88	
2 Lavoie, Sabrina	87 McGill Olympic C	59.64	
3 Ogrodnick, Avril	87 McGill Olympic C	1:00.52	
4 Savard, Marilaine	87 St-Jean Olympiqu	1:01.25	
5 Rondeau, Catherine	88 Sherbrooke	1:02.09	
6 Morency, Rebecca	88 Vaudreuil-Dorion	1:04.70	
7 David, Kim	87 Saint Laurent Se	1:06.24	
8 Labrie, Christine	87 Sherbrooke	1:09.95	

Women 400 Meter Course Junior

Name	Year Team	Finals
Section 1		
1 Jobin, Marjolaine	85 Corsaire Chapara	57.86
2 Costa, Camille	85 McGill Olympic C	59.20
3 Jean-Philippe, Sonia	85 Pantheres Pointe	1:00.07
4 Beaucage-Gauvreau, Erica	85 Montreal Olympiq	1:00.61

Women 400 Meter Course Senior

Name	Year Team	Finals
Section 1		
1 Venturelli, Emilie	82 McGill Olympic C	56.44
2 Foley, Marie-Claude	84 Sherbrooke	57.48
3 Momoh, Naike	84 Saint Laurent Se	57.63
4 Jarry, Rose-Marie	83 Montreal Olympiq	58.52
5 Desnoyer, Marylène	81 Rouge et Or	1:00.88
Section 2		
1 Boivin, Marianne	84 Rouge et Or	1:02.97
2 Beauchamp, Marie-Anne	83 Rouge et Or	1:03.97
3 Grondines, Melissa	83 Rouge et Or	1:04.45
4 Blais, Marie-Pier	83 Oxygene Amiante	1:06.52
5 Laforce-Tremblay, Anne	84 Montreal Olympiq	1:08.29

Women 800 Meter Demi Fond Benjamin

Name	Year Team	Finals	Points
Section 1			
1 Vissers, Jennifer	91 McGill Olympic C	2:25.59	
2 Streche, Viktoria-Erika	91 Athletica	2:27.02	
3 Sidhu, Gursharan	91 West Island	2:32.08	
4 Boucher, Leonie	91 Coubertin	2:32.48	
5 Ricard, Karen	91 McGill Olympic C	2:32.83	
6 Bouffard-Nesbitt, Olivia	92 Corsaire Chapara	2:40.94	
7 Lahaie, Sophie	91 McGill Olympic C	2:43.00	

8 G.-Lafreniere, Amelie	92 Energie	2:43.94
9 Langlois, Daphnee	92 Coubertin	2:49.11
10 Tremblay, Christina	91 Lavironde	2:56.79

Women 800 Meter Demi Fond Cadet

Name	Year Team	Finals	Points
1 Beaulieu-Boire, Laurence	90 Sherbrooke	2:31.18	
2 Gendron, Caroline	89 Cirrus	2:35.49	
3 Bilodeau, Veronique	89 St-Jean Olympiqu	2:36.36	
4 Bergeron-Dussault, Kim	90 Montreal Olympiq	2:38.07	
5 Hailstone, Sarah	90 West Island	2:48.00	
6 Giroux, Stephanie	90 Espoir Externat	2:57.19	
7 Savard, Marie-Pier	90 Lavironde	3:02.72	
8 Beaulieu, Caroline	89 Vaillants	3:18.76	

Section 2

1 L'Heureux, Justine	89 Energie	2:21.68
2 Desmarais-Gagnon, Alexan	90 Cirrus	2:23.26
3 Ottoni, Amanda	89 McGill Olympic C	2:25.75
4 Cote, Marjorie	89 Corsaire Chapara	2:26.58
5 Beaulieu Bernard, Monika	89 Coubertin	2:27.31
6 Pearsall, Lyndsey	90 McGill Olympic C	2:27.38
7 Jacquemin, Charlotte	89 Pantheres Pointe	2:32.30
8 Laberge, Annie-Claude	89 Montreal Olympiq	2:32.80
9 Therrien, Sarah	90 Espoir Externat	2:35.79

Women 800 Meter Demi Fond Juvenile

Name	Year Team	Finals	Points
1 Beckeret, Lemlem	87 Saint Laurent Se	2:12.11	
2 Savard, Marilaine	87 St-Jean Olympiqu	2:22.80	
3 Rondeau, Catherine	88 Sherbrooke	2:23.08	
4 Picard-Arsenault, Josée	88 Rouge et Or	2:23.70	
5 Lafontaine, Marie-Michel	88 Energie	2:23.95	
6 Morency, Rebecca	88 Vaudreuil-Dorion	2:32.66	
7 Grand'Maison, Sara	87 Vaillants	2:36.28	
8 Hudon, Anne-Marie	88 Cirrus	2:39.00	
9 Bernard Brouillard, Sara	88 Coubertin	2:40.40	
10 Royer, Fannie	88 Lavironde	2:42.72	

Women 800 Meter Demi Fond Junior

Name	Year Team	Finals
1 Allen, Chloe	86 McGill Olympic C	2:13.42
2 Kamariza-Pearson, Claudi	86 Vainqueurs	2:15.97
3 Beaucage-Gauvreau, Erica	85 Montreal Olympiq	2:17.53
4 Riopel-Meunier, Annie	86 Coriaces	2:18.11
5 Jean-Philippe, Sonia	85 Pantheres Pointe	2:18.44
6 Mainguy, Justine	85 Montreal Olympiq	2:41.41

Women 800 Meter Demi Fond Senior

Name	Year Team	Finals
1 Venturelli, Emilie	82 McGill Olympic C	2:14.32
2 Jarry, Rose-Marie	83 Montreal Olympiq	2:21.22
3 Boivin, Marianne	84 Rouge et Or	2:25.65
4 Grondines, Melissa	83 Rouge et Or	2:30.07
5 Sauriol, Caroline	82 Universite Laval	2:31.94
6 Girard, Lyne	74 Saguenay Lac St-	2:36.07

7 Laforce-Tremblay, Anne 84 Montreal Olympiq 2:36.51

Women 1000 Meter Demi Fond Minime

Name	Year Team	Finals	Points
1 Zilversmit, Shauna	93 West Island	3:34.0h	
2 Train, Julie-Anne	93 Club D'Athlétism	3:43.9h	
3 Bouchard, Sophie	94 Saguenay Lac St-	4:17.9h	
4 Ettaleb, Fatima-Azzahra	95 McGill Olympic C	4:48.3h	
-- Vautour, Jocya	93 Jeunesse Athleti	DNF	

Women 1200 Meter Demi Fond Benjamin

Name	Year Team	Finals	Points
1 Vissers, Jennifer	91 McGill Olympic C	3:55.48	
2 Ricard, Karen	91 McGill Olympic C	3:59.84	
3 Sidhu, Gursharan	91 West Island	4:02.56	
4 Bouffard-Nesbitt, Olivia	92 Corsaire Chapara	4:05.31	
5 Boucher, Leonie	91 Coubertin	4:07.00	
6 Lahaie, Sophie	91 McGill Olympic C	4:12.22	
7 Brousseau, Christelle	92 Petite Nation	4:20.33	
8 Langlois, Daphnee	92 Coubertin	4:23.70	
9 Tremblay, Christina	91 Lavironde	4:31.50	

Women 1200 Meter Demi Fond Cadet

Name	Year Team	Finals	Points
1 L'Heureux, Justine	89 Energie	3:46.04	
2 Cote, Marjorie	89 Corsaire Chapara	3:46.99	
3 Pearsall, Lyndsey	90 McGill Olympic C	3:47.57	
4 Desmarais-Gagnon, Alexan	90 Cirrus	3:49.42	
5 Beaulieu Bernard, Monika	89 Coubertin	3:53.37	
6 Ottoni, Amanda	89 McGill Olympic C	3:54.87	
7 Hogan, Marianne	90 St-Johns High Sc	3:57.14	
8 Bilodeau, Veronique	89 St-Jean Olympiq	3:59.22	
9 Laberge, Annie-Claude	89 Montreal Olympiq	4:08.51	
-- Therrien, Sarah	90 Espoir Externat	DNF	

Section 2

1 Jalbert Bosse, Tania	89 Coubertin	4:05.47	
2 Gendron, Caroline	89 Cirrus	4:13.79	
3 Bergeron-Dussault, Kim	90 Montreal Olympiq	4:27.71	
4 Lessard, Amelie	89 Sport-Etudes Dis	4:29.29	
5 Rioux-Castonguay, Marina	89 Coubertin	4:39.19	
6 Giroux, Stephanie	90 Espoir Externat	4:39.33	
7 Hailstone, Sarah	90 West Island	4:58.53	
8 Robinson, Caitlin	89 West Island	5:29.58	

Women 1500 Meter Demi Fond Juvenile

Name	Year Team	Finals	Points
Section 1			
1 Beckeret, Lemlem	87 Saint Laurent Se	4:29.82	
2 Ogradnick, Avril	87 McGill Olympic C	4:31.02	
3 Ogradnick, Lise	87 McGill Olympic C	4:37.41	
4 Lafontaine, Marie-Michel	88 Energie	5:01.90	
5 Picard-Arsenault, Josée	88 Rouge et Or	5:05.78	
6 Morency, Rebecca	88 Vaudreuil-Dorion	5:33.18	
7 Royer, Fannie	88 Lavironde	5:47.30	

Women 1500 Meter Demi Fond Junior

Name	Year Team	Finals
1 Kamariza-Pearson, Claudi	86 Vainqueurs	4:48.74
2 Riopel-Meunier, Annie	86 Coriaces	4:49.45
3 Myrand, Melanie	85 McGill Olympic C	4:53.96
4 Lavoie, Audrey-Sophie	85 Rouge et Or	5:20.23

Women 1500 Meter Demi Fond Senior

Name	Year Team	Finals
1 Richard-St-Denis, Andrea	84 McGill Olympic C	4:51.36
2 Girard, Lyne	74 Saguenay Lac St-	5:16.42
3 Cote, Marie-Christine	82 Rouge et Or	5:22.74

Women 2000 Meter Demi Fond Cadet

Name	Year Team	Finals	Points
1 Pearsall, Lyndsey	90 McGill Olympic C	6:45.35	
2 Cote, Marjorie	89 Corsaire Chapara	6:45.76	
3 Bilodeau, Veronique	89 St-Jean Olympiqu	6:50.50	
4 Hogan, Marianne	90 St-Johns High Sc	6:57.68	
5 Desmarais-Gagnon, Alexan	90 Cirrus	6:59.66	
6 Beaulieu Bernard, Monika	89 Coubertin	7:06.37	
7 Jalbert Bosse, Tania	89 Coubertin	7:06.76	
8 Ricard, Karen	91 McGill Olympic C	7:11.77	
9 Gendron, Caroline	89 Cirrus	7:19.23	
10 Ottoni, Amanda	89 McGill Olympic C	7:29.99	
11 Rioux-Castonguay, Marina	89 Coubertin	8:09.42	
12 Gingras-Perron, Justine	90 Petite Nation	8:39.16	
13 Proulx-Ouellet, Magalie	90 Club D'Athlétism	8:40.83	

Women 3000 Meter Demi Fond Juvenile

Name	Year Team	Finals	Points
1 Beckeret, Lemlem	87 Saint Laurent Se	9:47.12	
2 Ogradnick, Avril	87 McGill Olympic C	9:48.51	
3 Ogradnick, Lise	87 McGill Olympic C	10:06.43	

Women 5000 Meter Demi Fond Junior

Name	Year Team	Finals
1 Myrand, Melanie	85 McGill Olympic C	18:05.78

Women 5000 Meter Demi Fond Senior

Name	Year Team	Finals
1 Richard-St-Denis, Andrea	84 McGill Olympic C	19:15.93

Women 60 Meter Haies 24 po Minime

Name	Year Team	Finals	Points
Section 1 Wind: +0.0			
1 Pellletier, Cloé	93 Club D'Athlétism	12.56	
2 Husbans, Jallea	95 West Island	13.55	
3 Gagnon, Ariane	93 Baie Comeau	13.58	
4 Sidhu, Arashdeed	98 West Island	20.75	
Section 2 Wind: -0.2			

1	Jobin, Lea	93 Saint Laurent Se	11.83
2	Brodeur, Eloise	93 Montreal Interna	12.76
3	Karkavilas, Theodora	94 Kilomaitres de L	13.00
4	Hailstone, Megan	93 West Island	13.35
5	Moustaine, Sarah	95 Dynamique Laval	14.02

Women 60 Meter Haies 27 po Benjamin

Name	Year Team	Finals	Points
Section 1 Wind: 3.2			
1	Fontaine, Myriam	91 Dynamique Laval	10.49
2	D'Aoust, Laurence	91 Saint Laurent Se	11.55
3	Chartrand, Sonia	92 Petite Nation	11.68
4	Dumais, Melanie	92 St-Jean Olympiqu	11.91
5	Rodrigue, Marie-Isabelle	92 Jeunesse Athleti	12.32
6	Morissette-Rodrigue, Ale	91 Sherbrooke	12.81
7	Bernard, Laurence	92 Dynamique Laval	13.67
Section 2 Wind: -1.3			
1	Jones, Brooke	91 Saint Laurent Se	10.62
2	Chenier, Pascale	92 Montreal Interna	11.71
3	Morency, Edith	91 Vaudreuil-Dorion	11.76
4	Gigere, Sabrina	91 Coubertin	13.01
5	Picard, Ariane	92 Dynamique Laval	14.13
Section 3 Wind: -4.4			
1	Lemay, Maggy	91 Energie	10.08
2	Parent-Banachowski, Soph	91 Montreal Interna	10.76
3	Bolduc, Aurelie	92 Montreal Interna	10.92
4	Barbe, Cloe	92 Montreal Interna	13.17

Women 80 Meter Haies 30 po Cadet

Name	Year Team	Prelims	
Heat 1 Preliminaries Wind: 1.8			
1	Cere, Susanna	89 McGill Olympic C	12.40Q
2	Aubin, Virginie	90 Jeunesse Athleti	13.07Q
3	Dumais, Isabelle	89 St-Jean Olympiqu	13.62Q
4	Michaud, Alexandra	90 Coubertin	13.83q
5	Major, Rachel	90 Energie	14.35
6	Boulianne-Fortin, Stépha	89 Saguenay Lac St-	15.08
7	Bordage, Marylise	90 Dynamique Laval	16.23
Heat 2 Preliminaries Wind: 1.9			
1	Beaumont-Courteau, Arian	90 Montreal Interna	12.54Q
2	Robitaille-Beaumier, Eve	89 Energie	12.73Q
3	Bernier, Justine	89 Lavironde	13.24Q
4	Fortin, Anne-Marie	89 Saguenay Lac St-	13.32q
5	Beaulieu-Boire, Laurence	90 Sherbrooke	14.14
6	Martin-Rouillard, Fannie	90 Impulsion	15.24
7	Gilbert, Andreanne	89 Espoir Externat	16.66
8	Poirier, Gabrielle	90 Dynamique Laval	19.70

Women 80 Meter Haies 30 po Cadet

Name	Year Team	Finals	Points
Section 1 Finals Wind: 0.3			
1	Cere, Susanna	89 McGill Olympic C	12.33
2	Robitaille-Beaumier, Eve	89 Energie	12.56
3	Beaumont-Courteau, Arian	90 Montreal Interna	12.69
4	Dumais, Isabelle	89 St-Jean Olympiqu	13.10
5	Aubin, Virginie	90 Jeunesse Athleti	13.15
6	Fortin, Anne-Marie	89 Saguenay Lac St-	13.19
7	Bernier, Justine	89 Lavironde	13.42

Women 100 Meter Haies 30 po Juvenile

Name	Year Team	Prelims
Heat 1 Preliminaries Wind: 0.5		
1 Delisle, Pascale	87 Rouge et Or	15.16Q
2 Dugas, Katerine	88 Dynamique Laval	16.18Q
3 Hebert, Audrey	88 Energie	16.76Q
4 Sarazin-Cote, Josee-Anne	88 Saint Laurent Se	17.24q
5 Gonthier, Stephanie	88 Lavironde	18.04q
6 Tremblay-Lucier, Genevieve	87 Corsaire Chapara	18.46
-- Laplante, Amelie	87 Saint Laurent Se	DNF
Heat 2 Preliminaries Wind: 3.6		
1 Fontaine, Magalie	87 Dynamique Laval	15.15Q
2 Myrand-Lapierre, Marie-E	88 Energie	15.72Q
3 Renaud, Esther	88 Jeunesse Athleti	17.07Q
4 Therien, Jessica	88 Espoir Externat	18.54
5 Longpre, Veronique	88 Dynamique Laval	19.13
6 Deschenes, Katerine	88 Corsaire Chapara	19.52

Women 100 Meter Haies 30 po Juvenile

Name	Year Team	Finals	Points
Section 1 Finals Wind: 1.2			
1 Delisle, Pascale	87 Rouge et Or	14.82	
2 Fontaine, Magalie	87 Dynamique Laval	15.15	
3 Myrand-Lapierre, Marie-E	88 Energie	15.79	
4 Dugas, Katerine	88 Dynamique Laval	16.42	
5 Hebert, Audrey	88 Energie	16.55	
6 Sarazin-Cote, Josee-Anne	88 Saint Laurent Se	16.63	
7 Renaud, Esther	88 Jeunesse Athleti	17.07	
8 Gonthier, Stephanie	88 Lavironde	17.29	

Women 100 Meter Haies 33 po Junior

Name	Year Team	Prelims
Heat 1 Preliminaries Wind: 1.9		
1 Dugas, Marie-Eve	85 Corsaire Chapara	14.29q
2 Momoh, Nana-Aishetu	85 Saint Laurent Se	15.21q
3 Massicotte, Jessica	86 Sherbrooke	15.71q
4 Baragengana, Annick	86 Sherbrooke	16.11q
5 Gendron-Daigneault, Pasc	86 Sherbrooke	18.57q
6 Brosseau, Mylene	86 Jeunesse Athleti	18.71q

Women 250 Meter Haies 30 po Cadet

Name	Year Team	Finals	Points
Section 1			
1 Robitaille-Beaumier, Eve	89 Energie	37.25	
2 Cere, Susanna	89 McGill Olympic C	37.47	
3 Beaumont-Courteau, Arian	90 Montreal Interna	38.30	
4 Fontaine, Myriam	91 Dynamique Laval	40.31	
5 Dumais, Isabelle	89 St-Jean Olympiqu	41.26	
6 Bernier, Justine	89 Lavironde	41.74	
7 L'Heureux, Justine	89 Energie	42.06	
Section 2			
1 Blanchard, Genevieve	89 Sherbrooke	41.53	
2 Beaulieu-Boire, Laurence	90 Sherbrooke	42.09	
3 Trigiani, Elena-Amanda	89 Saint Laurent Se	43.14	

4 Gilbert, Andreeanne	89 Esprit Externat	44.26
5 Vidal, Anne-Christelle	90 Corsaire Chapara	44.68
6 Brodeur, Maude-Emilie	89 Jean De La Menna	44.80

Women 300 Meter Haies 30 po Juvenile

Name	Year Team	Finals	Points
Section 1			
1 Lavoie, Sabrina	87 McGill Olympic C	45.70	
2 Allen, Charlotte	88 McGill Olympic C	47.83	
3 Hebert, Audrey	88 Energie	47.99	
4 Laplante, Amelie	87 Saint Laurent Se	51.95	
5 Bernard Brouillard, Sara	88 Coubertin	54.99	
-- Sdicu, Katerine	87 Sherbrooke	DQ	

Women 400 Meter Haies 30 po Junior

Name	Year Team	Finals
1 Momoh, Nana-Aishetu	85 Saint Laurent Se	1:08.64

Women 400 Meter Haies 30 po Senior

Name	Year Team	Finals
1 Foley, Marie-Claude	84 Sherbrooke	1:02.75
2 Momoh, Naike	84 Saint Laurent Se	1:07.15

Women 2000 Meter Steeplechase Juvenile

Name	Year Team	Finals	Points
1 Ogrodnick, Lise	87 McGill Olympic C	7:14.11	
2 Hebert, Audrey	88 Energie	8:01.02	
3 Bernard Brouillard, Sara	88 Coubertin	9:07.43	

Women 2000 Meter Steeplechase Junior

Name	Year Team	Finals
1 Genest, Audrey	85 Energie	7:39.82

Women 2000 Meter Steeplechase Senior

Name	Year Team	Finals
-- Cote, Marie-Christine	82 Rouge et Or	DNF

Women 1500 Meter Marche Benjamin

Name	Year Team	Finals	Points
1 Gagne, Tanya	91 Saguenay Lac St-	9:47.78	

Women 1500 Meter Marche Cadet

Name	Year Team	Finals	Points
1 Menard, Veronique	89 Saguenay Lac St-	7:50.60	
2 Gingras-Perron, Justine	90 Petite Nation	8:26.34	
3 Nadeau, Jessica	89 St-Johns High Sc	8:35.88	
4 Gaudreau, Marie-Pier	90 Lavironde	8:51.71	
5 Houle, Gabrielle	90 Petite Nation	9:03.41	

Women 3000 Meter Marche Juvenile

Name	Year Team	Finals	Points
1 Desmarais, Marilyn	88 Dynamique Laval	15:27.73	

Women 5000 Meter Marche Junior

Name	Year Team	Finals
1 Pelletier, Annie	86 Vaillants	33:34.75

Women 10000 Meter Marche Senior

Name	Year Team	Finals
1 Crivello, Marina	79 Montreal Olympiq	49:40.75
2 Hortense Ebena, Anne	81 McGill Olympic C	58:12.77
3 Farnessi, Carla	86 McGill Olympic C	58:15.49

Women Saut en hauteur Minime

Name	Year Team	Finals	Points
Flight 1			
1 Chabot, Sandrine	94 Jeunesse Athleti	1.12m	
2 Brodeur, Eloise	93 Montreal Interna	1.00m	
3 Karkavilas, Theodora	94 Kilomaitres de L	J0.95m	
3 Pellletier, Cloé	93 Club D'Athlétism	0.95m	
5 Moustaine, Sarah	95 Dynamique Laval	0.80m	
5 Perusse, Marie-Eve	94 Baie Comeau	0.80m	

Women Saut en hauteur Benjamin

Name	Year Team	Finals	Points
1 Tremblay, Jade	92 Saint Laurent Se	1.37m	
2 Parent-Banachowski, Soph	91 Montreal Interna	1.35m	
3 Morency, Edith	91 Vaudreuil-Dorion	1.32m	
4 Chabot, Sarah	92 Jeunesse Athleti	1.29m	
5 Deschamps, Marie-Elizabe	92 Jeunesse Athleti	1.26m	
6 Boudreau, Kim	92 St-Jean Olympiqu	1.22m	
7 Picard, Ariane	92 Dynamique Laval	1.18m	
7 Perigny, Catherine	91 Energie	1.18m	
9 Chartrand, Sonia	92 Petite Nation	1.15m	

Women Saut en hauteur Cadet

Name	Year Team	Finals	Points
1 Hyacinthe, Kimberly	89 Saint Laurent Se	1.54m	
2 Aubin, Virginie	90 Jeunesse Athleti	1.50m	
2 Nadeau, Jessica	89 St-Johns High Sc	J1.50m	
2 Beaumont-Courteau, Arian	90 Montreal Interna	J1.50m	
5 Fortin, Anne-Marie	89 Saguenay Lac St-	1.45m	
5 Dampousse, Chloe	89 Energie	J1.45m	
7 Boulianne-Fortin, Stépha	89 Saguenay Lac St-	1.35m	
8 Proulx-Ouellet, Magalie	90 Club D'Athlétism	1.30m	
8 Blanchard, Genevieve	89 Sherbrooke	J1.30m	
-- Jalbert Bosse, Tania	89 Coubertin	NH	
-- Rioux-Castonguay, Marina	89 Coubertin	NH	

Women Saut en hauteur Juvenile

Name	Year Team	Finals	Points
1 Dugas, Katerine	88 Dynamique Laval	1.55m	
2 Chenard, Virginie	87 Coubertin	1.50m	
2 Pontbriand-Malo, Laurenc	88 Impulsion	J1.50m	
4 Couture-Berube, Audrey	74 Coubertin	1.45m	
4 Gonthier, Stephanie	88 Lavironde	J1.45m	
6 Prevost, Tania	87 Petite Nation	J1.35m	
6 Savard, Agathe	88 Corsaire Chapara	J1.35m	
6 Therien, Jessica	88 Espoir Externat	1.35m	
9 Sarazin-Cote, Josee-Anne	88 Saint Laurent Se	1.30m	
9 Deschenes, Katerine	88 Corsaire Chapara	J1.30m	
9 Hebert, Audrey	88 Energie	1.30m	
12 Dietz, Steffi	88 Saint Laurent Se	1.25m	
13 Savard, Marianne	88 Corsaire Chapara	1.20m	

Women Saut a la perche Cadet

Name	Year Team	Finals	Points
1 Beaumont-Courteau, Arian	90 Montreal Interna	3.05m	
2 Normandin, Sophie	90 St-Jean Olympiqu	1.80m	

Women Saut a la perche Juvenile

Name	Year Team	Finals	Points
1 Rock, Melinda-Megan	87 Baie Comeau	2.40m	
2 David, Kim	87 Saint Laurent Se	2.30m	

Women Saut a la perche Junior

Name	Year Team	Finals
1 Duclos Lasnier, Gabriell	88 Rouge et Or	3.40m
2 Dufour-Chouniard, Emilie	85 Sherbrooke	3.00m
3 Brosseau, Mylene	86 Jeunesse Athleti	2.80m

Women Saut a la perche Senior

Name	Year Team	Finals
1 Jean, Caroline	80 Sherbrooke	3.63m
2 Frigon, Melanie	82 Sherbrooke	3.40m
2 Cleary, Sara	80 Rouge et Or	3.40m
4 Lefebvre-Bertrand, Emili	83 St-Jean Olympiqu	3.20m
5 Barta, Mihaela	80 Montreal Interna	3.00m
6 Lambert Beaulieu, Eve	84 Rouge et Or	2.40m

Women Saut en longueur Minime

Name	Year Team	Finals	Wind	Points
1 Jobin, Lea	93 Saint Laurent Se	4.08m	NWI	
2 Train, Julie-Anne	93 Club D'Athlétism	3.75m	NWI	
3 Zilversmit, Shauna	93 West Island	J3.71m	NWI	
3 Renaud, Sabrina	93 Club D'Athlétism	3.71m	NWI	
5 Chabot, Sandrine	94 Jeunesse Athleti	3.39m	NWI	
6 Vautour, Jocya	93 Jeunesse Athleti	3.35m	NWI	
7 Karkavilas, Theodora	94 Kilomaitres de L	3.31m	NWI	
8 Gagnon, Ariane	93 Baie Comeau	3.30m	NWI	
9 Moustaine, Sarah	95 Dynamique Laval	3.04m	NWI	

Women Saut en longueur Benjamin

Name	Year Team	Finals	Wind Points
1 Fontaine, Myriam	91 Dynamique Laval	4.80m	-2.0
2 Jones, Brooke	91 Saint Laurent Se	4.79m	-1.0
3 Chabot, Sarah	92 Jeunesse Athleti	4.29m	-0.8
3 Tremblay, Jade	92 Saint Laurent Se	4.29m	-2.0
5 Martin, Marie-Eve	92 Club D'Athlétism	4.28m	+0.0
6 Dumais, Melanie	92 St-Jean Olympiqu	4.24m	-2.1
7 Boucher, Leonie	91 Coubertin	4.20m	-0.6
8 Turgeon, Annabelle	92 Sherbrooke	4.15m	-1.0
9 Boivin-Ouellet, Maude	91 Sherbrooke	4.09m	1.9
9 Parent-Banachowski, Soph	91 Montreal Interna	4.09m	+0.0
11 Bolduc, Aurelie	92 Montreal Interna	4.08m	1.3
12 Deschamps, Marie-Elizabe	92 Jeunesse Athleti	4.07m	-1.1
13 Chenier, Pascale	92 Montreal Interna	4.01m	-2.0
14 Lemay, Maggy	91 Energie	3.97m	-1.7
15 Chartrand, Sonia	92 Petite Nation	3.96m	-1.9
16 Hetu-Nielly, Celyse	91 Sherbrooke	3.88m	-0.8
17 Morissette-Rodrigue, Ale	91 Sherbrooke	3.86m	0.7
18 Barbe, Cloe	92 Montreal Interna	3.76m	-1.3
19 Langlois, Daphnee	92 Coubertin	3.72m	-2.1
20 Picard, Ariane	92 Dynamique Laval	3.56m	-0.4
21 Bouffard-Nesbitt, Olivia	92 Corsaire Chapara	3.45m	-2.4
22 Emond, Maeli	91 Sherbrooke	3.44m	-2.0
23 Perron Deschenes, Freder	91 Coubertin	3.39m	-1.7
24 Bernard, Laurence	92 Dynamique Laval	3.28m	-0.5

Women Saut en longueur Cadet

Name	Year Team	Finals	Wind Points
1 Dampousse, Chloe	89 Energie	5.02m	-1.8
2 Trigiani, Elena-Amanda	89 Saint Laurent Se	4.84m	-2.6
3 Beaumont-Courteau, Arian	90 Montreal Interna	4.81m	-1.2
4 Aubin, Virginie	90 Jeunesse Athleti	4.76m	1.3
5 Beaulieu-Boire, Laurence	90 Sherbrooke	4.65m	0.4
5 Jacquemin, Charlotte	89 Pantheres Pointe	J4.65m	1.1
7 Bernier, Justine	89 Lavironde	4.52m	-1.5
8 Emond, Catherine	89 Vaillants	4.37m	0.7
9 David, Elisabeth	89 Sherbrooke	4.31m	1.4
10 Chartier, Emilie	89 Corsaire Chapara	4.28m	1.0
11 Gagnon, Lucie	90 Sherbrooke	4.01m	1.6
12 Major, Rachel	90 Energie	3.94m	-1.7
13 V.-Brizard, Stephanie	90 Espoir Externat	3.67m	-3.1
14 Giroux, Stephanie	90 Espoir Externat	3.56m	-2.7
15 Savard, Marie-Pier	90 Lavironde	3.42m	1.4
16 Ouellet, Virginie	89 Coubertin	2.73m	NWI

Women Saut en longueur Juvenile

Name	Year Team	Finals	Wind Points
1 Delisle, Pascale	87 Rouge et Or	5.22m	NWI
2 Renaud, Esther	88 Jeunesse Athleti	J5.01m	NWI
2 Allen, Charlotte	88 McGill Olympic C	5.01m	NWI
4 Chenard, Virginie	87 Coubertin	4.95m	NWI
5 Ho, Marie-Tran	87 Saint Laurent Se	4.83m	NWI
6 Sarazin-Cote, Josee-Anne	88 Saint Laurent Se	4.64m	NWI
7 Tremblay-Lucier, Genevieve	87 Corsaire Chapara	4.57m	NWI
8 Myrand-Lapierre, Marie-E	88 Energie	4.50m	NWI
9 Savard, Agathe	88 Corsaire Chapara	4.40m	NWI
10 Gonthier, Stephanie	88 Lavironde	4.37m	NWI

11 Grand'Maison, Sara	87 Vaillants	4.33m	NWI
12 Therrien, Andre-Anne	88 Sport-Etudes Dis	4.29m	NWI
13 Gosselin-Berube, Karine	88 Coubertin	4.27m	NWI
14 Deschenes, Katerine	88 Corsaire Chapara	4.19m	NWI
15 Savard, Marianne	88 Corsaire Chapara	4.10m	NWI
16 Therien, Jessica	88 Espoir Externat	3.78m	NWI

Women Saut en longueur Junior

Name	Year Team	Finals	Wind
1 Caban, Julie-Christine	85 Saint Laurent Se	5.27m	1.5
2 Sanche, Caroline	86 Espoir Externat	5.10m	0.8
3 Gendron-Daigneault, Pasc	86 Sherbrooke	4.65m	1.6
4 Brosseau, Mylene	86 Jeunesse Athleti	4.62m	1.2

Women Saut en longueur Senior

Name	Year Team	Finals	Wind
1 Rozefort, Alexandra	84 Saint Laurent Se	5.86m	1.2
2 Foley, Veronique	82 McGill Universit	4.90m	1.4

Women Triple saut Juvenile

Name	Year Team	Finals	Wind	Points
1 Allen, Charlotte	88 McGill Olympic C	10.15m	-1.9	
2 Ho, Marie-Tran	87 Saint Laurent Se	9.84m	-1.9	
3 Sarazin-Cote, Josee-Anne	88 Saint Laurent Se	9.81m	0.8	
4 Laplante, Amelie	87 Saint Laurent Se	9.67m	-1.1	
5 Nadeau, Jessica	89 St-Johns High Sc	9.64m	-1.7	
6 Myrand-Lapierre, Marie-E	88 Energie	9.36m	-1.0	
7 Fournier, Melissa	88 Energie	8.23m	-0.5	

Women Triple saut Junior

Name	Year Team	Finals	Wind
1 Sanche, Caroline	86 Espoir Externat	10.15m	-0.5

Women Triple saut Senior

Name	Year Team	Finals	Wind
1 Rozefort, Alexandra	84 Saint Laurent Se	10.73m	-0.2
-- Williams, Althia	Ottawa Lions	X13.37m	NWI

Women Lancer su poids 2 kg Minime

Name	Year Team	Finals	Points
1 Labrecque, Genevieve	93 Mistral	8.81m	
1 Train, Julie-Anne	93 Club D'Athlétism	J8.81m	
3 Gagnon, Ariane	93 Baie Comeau	7.51m	
4 Dumont, Anais	94 Baie Comeau	6.22m	
5 Perusse, Marie-Eve	94 Baie Comeau	5.15m	
6 Moustaine, Sarah	95 Dynamique Laval	4.55m	

Women Lancer su poids 2 kg Benjamin

Name	Year Team	Finals	Points
1 Vaillancourt, Tanya	91 Coubertin	8.92m	

3 Boudreau, Kim	92 St-Jean Olympiqu	6.99m
-- Rodrigue, Marie-Isabelle	92 Jeunesse Athleti	7.04m
-- Jones, Brooke	91 Saint Laurent Se	9.64m
-- Belanger, Catherine	91 Corsaire Chapara	11.87m

Women Lancer su poids 3 Kg Cadet

Name	Year Team	Finals	Points
1 Boudreau, Isabelle	89 St-Jean Olympiqu	12.27m	
2 Larose, Annie	89 St-Jean Olympiqu	11.04m	
3 Corbeil, Joanie	90 Petite Nation	10.05m	
4 Gaudreau, Marie-Pier	90 Lavironde	9.98m	
5 Rock, Bianca-Brigitte	89 Baie Comeau	9.90m	
6 Begin, Marie-Louise	89 St-Jean Olympiqu	9.55m	
7 Duchesneau, Janie	90 St-Jean Olympiqu	8.83m	

Women Lancer su poids 3 Kg Juvenile

Name	Year Team	Finals	Points
1 Dumont-Breton, Myriam	88 Vaillants	13.94m	
2 Bond, Jessica	88 Petite Nation	12.26m	
3 Pelletier, Mylene	88 Vaillants	11.37m	
4 Beaulieu, Veronique	87 Vaillants	11.09m	
5 David, Kim	87 Saint Laurent Se	10.40m	
6 Trottier, Amy	87 Energie	10.35m	
7 Ferland, Melanie	88 Sherbrooke	8.37m	

Women Lancer su poids 4 Kg Junior

Name	Year Team	Finals
1 Samson, Marie-Lise	86 Lavironde	10.21m
2 Bastille-Rousseau, Cathe	86 Vaillants	9.94m
3 Lim, Mona	86 Saint Laurent Se	9.32m

Women Lancer su poids 4 Kg Senior

Name	Year Team	Finals
1 Larose, Caroline	78 Petite Nation	13.51m
2 Guy, Melanie	78 Coriaces	11.26m
3 Dumont, Nathalie	69 Baie Comeau	10.34m
3 Duliepre, Gaelle	83 Corsaire Chapara	10.34m
5 Wright, Alicia	84 Saint Laurent Se	9.94m
6 Blais, Karell	82 Lavironde	9.14m

Women Lancer du disque 600 gr Minime

Name	Year Team	Finals	Points
1 Dumont, Anais	94 Baie Comeau	20.93m	
2 Labrecque, Genevieve	93 Mistral	19.91m	
3 Perusse, Marie-Eve	94 Baie Comeau	15.41m	
4 Gagnon, Ariane	93 Baie Comeau	15.35m	

Women Lancer du disque 600 gr Benjamin

Name	Year Team	Finals	Points
1 Belanger, Catherine	91 Corsaire Chapara	34.04m	
2 Cote, Marie-Jeanne	91 Baie Comeau	32.12m	
3 Boudreau, Kim	92 St-Jean Olympiqu	21.91m	

4 Vaillancourt, Tanya	91 Coubertin	21.21m
5 Gigere, Sabrina	91 Coubertin	18.62m
6 D'Aoust, Laurence	91 Saint Laurent Se	15.95m
7 Hetu-Nielly, Celyse	91 Sherbrooke	15.20m

Women Lancer du disque 600 gr Cadet

Name	Year Team	Finals	Points
1 Boudreau, Isabelle	89 St-Jean Olympiqu	35.00m	
2 Larose, Annie	89 St-Jean Olympiqu	30.23m	
3 Rock, Bianca-Brigitte	89 Baie Comeau	29.42m	
4 Dumontet, Cindy	90 Coriaces	26.46m	
5 Cote, Marie-Jeanne	91 Baie Comeau	23.36m	
6 Duchesneau, Janie	90 St-Jean Olympiqu	20.77m	
7 Gaudreau, Marie-Pier	90 Lavironde	20.68m	
8 Corbeil, Joanie	90 Petite Nation	18.72m	

Women Lancer du disque 1 Kg Juvenile

Name	Year Team	Finals	Points
1 Dumont-Breton, Myriam	88 Vaillants	34.40m	
2 Bond, Jessica	88 Petite Nation	28.71m	
3 Pelletier, Mylene	88 Vaillants	28.12m	
4 Beaulieu, Veronique	87 Vaillants	27.45m	
5 Rock, Melinda-Megan	87 Baie Comeau	27.12m	
6 Trottier, Amy	87 Energie	27.00m	
7 Rock, Bianca-Brigitte	89 Baie Comeau	26.48m	
8 Dufour, Caroline	88 Baie Comeau	23.66m	
9 David, Kim	87 Saint Laurent Se	23.12m	
10 Martel, Veronique	88 Jeunesse Athleti	18.30m	

Women Lancer du disque 1 Kg Junior

Name	Year Team	Finals
1 Samson, Marie-Lise	86 Lavironde	30.50m
2 Lim, Mona	86 Saint Laurent Se	28.82m
3 Bastille-Rousseau, Cathe	86 Vaillants	28.30m
4 Dufour, Caroline	88 Baie Comeau	24.42m

Women Lancer du disque 1 Kg Senior

Name	Year Team	Finals
1 Bourgon, Julie	80 St-Jean Olympiqu	49.90m
2 Guy, Melanie	78 Coriaces	37.39m
3 Duliepre, Gaelle	83 Corsaire Chapara	29.78m
4 Dumont, Nathalie	69 Baie Comeau	29.52m
5 Beauchamp, Marie-Anne	83 Rouge et Or	25.35m

Women Lancer du javelot 400 gr Minime

Name	Year Team	Finals	Points
1 Jobin, Lea	93 Saint Laurent Se	22.05m	
2 Labrecque, Genevieve	93 Mistral	17.51m	
3 Gagnon, Ariane	93 Baie Comeau	16.83m	
4 Perusse, Marie-Eve	94 Baie Comeau	12.36m	
5 Vautour, Jocya	93 Jeunesse Athleti	12.25m	
6 Dumont, Anais	94 Baie Comeau	7.34m	

Women Lancer du javelot 400 gr Benjamin

Name	Year Team	Finals	Points
1 Belanger, Catherine	91 Corsaire Chapara	34.29m	
2 Chartrand, Sonia	92 Petite Nation	22.70m	
3 Hetu-Nielly, Celyse	91 Sherbrooke	21.38m	
4 Emond, Maeli	91 Sherbrooke	18.16m	
5 Bouffard-Nesbitt, Olivia	92 Corsaire Chapara	17.70m	
6 Rodrigue, Marie-Isabelle	92 Jeunesse Athleti	17.46m	
7 Tremblay, Christina	91 Lavironde	12.69m	
8 Savard, Claudine	92 Corsaire Chapara	10.60m	

Women Lancer du javelot 500gr Cadet

Name	Year Team	Finals	Points
1 Aubin, Virginie	90 Jeunesse Athleti	29.64m	
2 Normandin, Sophie	90 St-Jean Olympiqu	28.25m	
3 Dagenais, Marily	90 Vaillants	22.03m	
4 Dumontet, Cindy	90 Coriaces	21.75m	
5 Duchesneau, Janie	90 St-Jean Olympiqu	21.50m	
6 Blanchard, Genevieve	89 Sherbrooke	13.76m	

Women Lancer du javelot 600 gr Juvenile

Name	Year Team	Finals	Points
1 Ares, Patricia	87 Jeunesse Athleti	34.59m	
2 Lackey, Meredith	88 St-Jean Olympiqu	34.21m	
3 Bond, Jessica	88 Petite Nation	34.11m	
4 Rock, Melinda-Megan	87 Baie Comeau	28.84m	
5 Pontbriand-Malo, Laurenc	88 Impulsion	26.02m	
6 Ferland, Melanie	88 Sherbrooke	25.09m	
7 Therien, Jessica	88 Espoir Externat	23.22m	
8 Martel, Veronique	88 Jeunesse Athleti	23.17m	
9 Dufour, Caroline	88 Baie Comeau	20.71m	
10 Dietz, Steffi	88 Saint Laurent Se	20.01m	

Women Lancer du javelot 600 gr Junior

Name	Year Team	Finals
1 Caban, Julie-Christine	85 Saint Laurent Se	33.21m
2 Dufour-Chouniard, Emilie	85 Sherbrooke	32.11m
3 Brosseau, Mylene	86 Jeunesse Athleti	31.46m
4 Lim, Mona	86 Saint Laurent Se	27.87m
5 Massicotte, Jessica	86 Sherbrooke	26.52m
6 Gendron-Daigneault, Pasc	86 Sherbrooke	22.97m
7 Baragengana, Annick	86 Sherbrooke	19.24m

Women Lancer du javelot 600 gr Senior

Name	Year Team	Finals
1 Bilodeau, Dominique	79 Sherbrooke	46.11m
2 Guy, Melanie	78 Coriaces	38.86m
3 Blais, Karell	82 Lavironde	34.19m
4 Fortin, Veronique	78 Sherbrooke	30.70m
5 Foley, Veronique	82 McGill Universit	21.35m

Women Lancer du marteau 3 Kg Cadet

Name	Year Team	Finals	Points
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1	Rock, Bianca-Brigitte	89	Baie Comeau	32.69m
2	Cote, Marie-Jeanne	91	Baie Comeau	29.68m
3	Boudreau, Isabelle	89	St-Jean Olympiqu	27.33m
4	Larose, Annie	89	St-Jean Olympiqu	20.68m
5	Dumontet, Cindy	90	Coriaces	20.49m
6	Boudreau, Kim	92	St-Jean Olympiqu	16.33m

Women Lancer du marteau 3 Kg Juvenile

Name	Year Team	Finals	Points	
1	Dumont-Breton, Myriam	88	Vaillants	42.07m
2	Beaulieu, Veronique	87	Vaillants	38.79m
3	Rock, Melinda-Megan	87	Baie Comeau	37.88m
4	Pelletier, Mylene	88	Vaillants	28.33m
5	Trottier, Amy	87	Energie	28.28m
6	Dufour, Caroline	88	Baie Comeau	22.83m

Women Lancer du marteau 4 Kg Junior

Name	Year Team	Finals		
1	Boisselle, Marie-Eve	86	St-Jean Olympiqu	53.06m
2	Bastille-Rousseau, Cathe	86	Vaillants	33.42m

Women Lancer du marteau 4 Kg Senior

Name	Year Team	Finals		
1	Fournier, Michelle	77	Corsaire Chapara	58.87m
2	Thenor, Nathalie	81	St-Jean Olympiqu	55.00m
3	Dion, Sonia	82	Sherbrooke	42.82m
4	Duliepre, Gaelle	83	Corsaire Chapara	39.83m
5	Guy, Melanie	78	Coriaces	39.77m
--	Grant, Natalie	81	Usa	X60.89m

Men 60 Meter Course Minime

Name	Year Team	Prelims		
Heat 1 Preliminaries Wind: +0.0				
1	Desrosiers, Jonathan	93	Coubertin	9.05q
2	Husbans, Jamal	93	West Island	9.07q
3	Lamoureux, Antoine	94	Saint Laurent Se	9.60q
4	Willis, Janner	93	West Island	9.82
5	Fouillet, Laurent	93	Petite Nation	9.92
6	Phaneuf, Dominic	93	Saint Laurent Se	10.54
7	St-Amand, Joey	93	Baie Comeau	10.91
Heat 2 Preliminaries Wind: 0.1				
1	Sinnathurai, Shangethan	93	Saint Laurent Se	8.89q
2	Plante, Maxime	94	Energie	9.77
3	Corriveau-Windvist, Simo	93	Sherbrooke	9.87
4	Perron, Maxandre	94	Coubertin	10.30
5	Letourneau, Simon	93	Baie Comeau	10.70
6	Khalsa, Shubeg	94	West Island	11.13
Heat 3 Preliminaries Wind: +0.0				
1	Bonneau, Sebastien	93	Jeunesse Athleti	8.84q
2	Daigneault, Jean-Felix	94	Saint Laurent Se	9.13q
3	Karkavilas, George	93	Kilomaitres de L	9.28q
4	Dubuc, Sebastien	93	Saint Laurent Se	9.51q
5	Belliveau, Patrick	93	Club D'Athlétism	10.27
6	Khalsa, Jora	96	West Island	11.41

Men 60 Meter Course Minime

Name	Year Team	Finals	Points
Section 1 Finals Wind: +0.0			
1 Husbans, Jamal	93 West Island	8.80	
2 Sinnathurai, Shangethan	93 Saint Laurent Se	8.90	
3 Bonneau, Sebastien	93 Jeunesse Athleti	9.02	
4 Desrosiers, Jonathan	93 Coubertin	9.10	
5 Daigneault, Jean-Felix	94 Saint Laurent Se	9.35	
6 Karkavilas, George	93 Kilomaitres de L	9.47	
7 Lamoureux, Antoine	94 Saint Laurent Se	9.66	
8 Dubuc, Sebastien	93 Saint Laurent Se	9.75	

Men 80 Meter Course Benjamin

Name	Year Team	Prelims
Heat 1 Preliminaries Wind: 1.6		
1 Pelletier, Alexandre	91 Club D'Athlétism	10.53q
2 Charbonneau, Jason	92 Saint Laurent Se	10.66q
3 Plante, Marc-Andre	91 Energie	11.76
4 Dubuc, Guillaume	92 Saint Laurent Se	11.97
5 Sinnathurai, Rukshan	91 Saint Laurent Se	12.64
-- Bouchard, Patrick	91 Saguenay Lac St-	DQ
Heat 2 Preliminaries Wind: 3.0		
1 Phaneuf, Benjamin	91 Saint Laurent Se	10.62q
2 Davidson, Mikhail	91 Impulsion	11.28q
3 Lamarche, Maxime	92 Jeunesse Athleti	11.66q
4 Charest, Olivier	92 Energie	J11.67
5 Senecal, Patrice	92 Corsaire Chapara	13.06
Heat 3 Preliminaries Wind: 2.2		
1 Tremblay, Etienne	91 Coubertin	10.89q
2 Mbongo, Axel	91 Saint Laurent Se	11.67q
3 Dupuis, Mathieu	92 Baie Comeau	11.80
4 Spring, Jonathan	91 Pantheres Pointe	11.91
5 Renaud, Olivier	92 Jeunesse Athleti	11.92
6 Leblond, David	92 Coubertin	12.72
Heat 4 Preliminaries Wind: 0.2		
1 Viger, Francis	91 Dynamique Laval	11.54q
2 Gohier, Bruno	91 Espoir Externat	12.02
3 Luce, Alex	91 Sherbrooke	12.29
4 Thibodeau, Jeremy	92 Saint Laurent Se	12.32
5 Rodrigue, Leandre	91 Coubertin	12.67

Men 80 Meter Course Benjamin

Name	Year Team	Finals	Points
Section 1 Finals Wind: -2.9			
1 Pelletier, Alexandre	91 Club D'Athlétism	10.65	
2 Charbonneau, Jason	92 Saint Laurent Se	10.87	
3 Phaneuf, Benjamin	91 Saint Laurent Se	10.89	
4 Tremblay, Etienne	91 Coubertin	11.09	
5 Viger, Francis	91 Dynamique Laval	11.60	
6 Davidson, Mikhail	91 Impulsion	11.67	
7 Mbongo, Axel	91 Saint Laurent Se	11.90	
8 Lamarche, Maxime	92 Jeunesse Athleti	12.03	

Men 100 Meter Course Cadet

Name	Year Team	Prelims
Heat 1 Preliminaries Wind: 0.1		
1 Okorie, Royal	89 Saint Laurent Se	11.29Q

2	Ouellet, Toby-Olivier	89	Coubertin	12.32Q
3	Renaud, Jean-Christophe	90	Jeunesse Athleti	13.09
4	Parizeau, Hadrien	90	Impulsion	13.13
5	Scott, Etienne	89	Corsaire Chapara	13.20
6	Dupont, Maxime	90	Energie	13.21
Heat 2 Preliminaries Wind: 0.7				
1	Paquet, Olivier	89	Energie	11.39Q
2	Fugere, David	90	Energie	12.20Q
3	Gagnon, Samuel	90	Energie	12.21q
4	Blanchard, Vincent	90	Sherbrooke	13.18
5	Brien, Joel	89	Baie Comeau	13.42
6	Bordage, jeremy	89	Dynamique Laval	13.74
7	Regimbald-Belanger, Scot	89	Cirrus	13.83
Heat 3 Preliminaries Wind: 0.8				
1	Leblanc, Guillaume	89	Saguenay Lac St-	11.51Q
2	Michaud, Yan	89	Saint Laurent Se	11.88Q
3	Dionne, Pierre-Marc	90	Coubertin	12.40q
4	Menard, Leandre	89	Petite Nation	12.58
5	Toulouse-Stosik, Yan-Fra	90	Montreal Olympiq	12.90
6	Richard, Marc-Andre	90	Sherbrooke	12.96
7	Blais, Jeremi	90	Cirrus	13.65
8	Desmarais, Hugo	90	Dynamique Laval	14.02

Men 100 Meter Course Cadet

Name	Year Team	Finals	Points	
Section 1 Finals Wind: -1.0				
1	Okorie, Royal	89	Saint Laurent Se	11.42
2	Paquet, Olivier	89	Energie	11.53
3	Leblanc, Guillaume	89	Saguenay Lac St-	11.59
4	Michaud, Yan	89	Saint Laurent Se	12.15
5	Fugere, David	90	Energie	12.37
6	Gagnon, Samuel	90	Energie	12.39
7	Ouellet, Toby-Olivier	89	Coubertin	12.53
8	Dionne, Pierre-Marc	90	Coubertin	13.21

Men 100 Meter Course Juvenile

Name	Year Team	Prelims		
Heat 1 Preliminaries Wind: NWI				
1	Charest, Jonathan	88	Energie	10.90Q
2	Boisvert-Lacroix, Alex	87	Sherbrooke	11.49q
3	Guindon, Marc-Olivier	88	Corsaire Chapara	11.72
4	Lachapelle, Vincent	87	Espoir Externat	11.92
5	Bonnoyer, Mathieu	87	Corsaire Chapara	12.28
6	Dionne, Charles-Edouard	87	Coubertin	12.40
7	Leger, Benjamin	88	Coriaces	17.80
Heat 2 Preliminaries Wind: 1.4				
1	Lacombe, Pierre-Luc	87	Petite Nation	11.09Q
2	Gravel, Francis	87	Perfmax-Racing	11.62q
3	Sigouin, Joel	88	St-Jean Olympiq	11.73
4	Patel, Shamit	88	McGill Olympic C	12.18
5	Lapointe, Félix-Antoine	87	Mistral	12.66
6	Chun, Sterlong Kendrick	88	Perfmax-Racing	13.60
--	Sarfati, Michael	88	Independant	X11.43
Heat 3 Preliminaries Wind: 2.3				
1	Ouellet-Leveille, Clemen	88	Montreal Olympiq	11.40Q
2	Richard, Bianco	88	Vainqueurs	11.67q
3	Piche, Jean-Philippe	87	Dynamique Laval	11.91
4	Durocher-Dumais, Laurent	87	Perfmax-Racing	12.04
5	Poulin-Lamarre, Gabriel	88	Sherbrooke	13.16
6	Michaud, Pier-Luc	88	Cirrus	13.72

Heat 4 Preliminaries			Wind: -2.0
1	Greenaway, Christopher	87 Saint Laurent Se	11.54Q
2	Gelinas, Alexandre	87 Independant	11.56q
3	Esparon, David	88 Impulsion	12.00
4	Langevin, James	87 Rouge et Or	12.16
5	Guichard, Jerome	88 Vaillants	12.58
6	Morissette, Jonathan	87 Cirrus	12.76

Men 100 Meter Course Juvenile

Name	Year Team	Finals	Points
Section 1 Finals			
Wind: -2.3			
1	Charest, Jonathan	88 Energie	10.97
2	Lacombe, Pierre-Luc	87 Petite Nation	11.29
3	Ouellet-Leveille, Clemen	88 Montreal Olympiq	11.37
4	Gelinas, Alexandre	87 Independant	11.57
5	Greenaway, Christopher	87 Saint Laurent Se	11.62
6	Boisvert-Lacroix, Alex	87 Sherbrooke	11.70
7	Richard, Bianco	88 Vainqueurs	11.75
8	Gravel, Francis	87 Perfmax-Racing	11.96

Men 100 Meter Course Junior

Name	Year Team	Prelims
Heat 1 Preliminaries		
Wind: 1.3		
1	Pedneault, David	86 Perfmax-Racing
2	Poulin, Tobie	85 Sherbrooke
3	Samson, Laurent	85 Saint Laurent Se
4	Sarfati, David	86 Saint Laurent Se
5	Deslauriers, Simon	86 Espoir Externat
6	Daguste, Michel-Ange	86 Impulsion
Heat 2 Preliminaries		
Wind: 0.4		
1	Fredette, Maxime	85 Sherbrooke
2	Poulin-Lamarre, Mathieu	85 Sherbrooke
3	Mboule, Graig-William	86 Perfmax-Racing
4	Veilleux, Dominic	86 Espoir Externat

Men 100 Meter Course Junior

Name	Year Team	Finals
Section 1 Finals		
Wind: -0.2		
1	Pedneault, David	86 Perfmax-Racing
2	Poulin, Tobie	85 Sherbrooke
3	Fredette, Maxime	85 Sherbrooke
3	Samson, Laurent	85 Saint Laurent Se
5	Sarfati, David	86 Saint Laurent Se
6	Mboule, Graig-William	86 Perfmax-Racing
7	Poulin-Lamarre, Mathieu	85 Sherbrooke
8	Deslauriers, Simon	86 Espoir Externat

Men 100 Meter Course Senior

Name	Year Team	Prelims
Heat 1 Preliminaries		
Wind: 2.6		
1	Kulesza, Jarek	77 Saint Laurent Se
2	Montreuil-Jean-Pois, Emm	82 Oxygene Amiante
3	Sanou, Maxime	83 Rouge et Or
4	Noah, Patrick	76 Rouge et Or
5	Chamberland, Eric	73 Sherbrooke
6	Vidal, Louis-Philippe	83 Corsaire Chapara

7	Randez, Francois	77	Saint Laurent Se	12.09
Heat 2 Preliminaries Wind: -0.2				
1	Rehel, Wesley	82	Saint Laurent Se	11.19Q
2	Faille, David	84	McGill Olympic C	11.31
3	Acolatse, Yohanes	80	Rouge et Or	11.44
4	Stoute, Barry	83	McGill Olympic C	11.72
5	Monirith, Diden	80	Saint Laurent Se	12.07
Heat 3 Preliminaries Wind: +0.0				
1	Grenier, Martin	79	Perfmax-Racing	10.93Q
2	Rodas-Figueroa, Jose-Alb	81	Saint Laurent Se	11.22
3	Fontaine, David	84	Dynamique Laval	11.49
4	Guerrier, Jean-Francois	79	Perfmax-Racing	11.58
5	Andre, Nelson	84	Perfmax-Racing	11.83
6	Chamard, Pierre étienne	83	Rouge et Or	11.86
7	Fortier, Danny	84	St-Jean Olympiqu	12.28
Heat 4 Preliminaries Wind: 0.9				
1	Beaulieu, Benoit	82	St-Jean Olympiqu	11.02Q
2	Montreuil-Jean-Pois, Dav	82	Oxygene Amiante	11.07q
3	Charbonneau, Robert	80	Saint Laurent Se	11.07
4	Brooks, Russell	76	Perfmax-Racing	11.20
5	Lavoie, Michel	83	Coubertin	11.35
6	Bowers, Newton	82	Perfmax-Racing	11.72
7	Bouchard, Frederick	84	Sherbrooke	11.73
Heat 5 Preliminaries Wind: 1.4				
1	Fils-Aime, Junior	83	Saint Laurent Se	10.71Q
2	Khani, Remy-Ezra	77	Sherbrooke	10.84q
3	Darbouze, Yvan	77	Sherbrooke	11.04q
4	Lavigne, Eric	84	Cirrus	11.20
5	Gill, David	78	Rouge et Or	11.47
6	Dore, Alexandre	77	Corsaire Chapara	11.66
7	Czuban, Jacek	83	Cirrus	11.69

Men 100 Meter Course Senior

Name	Year	Team	Finals
Section 1 Finals Wind: +0.0			
1	Grenier, Martin	79	Perfmax-Racing 10.63
2	Fils-Aime, Junior	83	Saint Laurent Se 10.74
3	Kulesza, Jarek	77	Saint Laurent Se 10.75
4	Khani, Remy-Ezra	77	Sherbrooke 10.91
5	Darbouze, Yvan	77	Sherbrooke 10.96
6	Beaulieu, Benoit	82	St-Jean Olympiqu 11.04
7	Montreuil-Jean-Pois, Dav	82	Oxygene Amiante 11.20
8	Rehel, Wesley	82	Saint Laurent Se 11.23

Men 150 Meter Course Minime

Name	Year	Team	Prelims
Heat 1 Preliminaries Wind: +0.0			
1	Bonneau, Sebastien	93	Jeunesse Athleti 22.01Q
2	Desrosiers, Jonathan	93	Coubertin 22.19Q
3	Corriveau-Windvist, Simo	93	Sherbrooke 24.01Q
4	Fouillet, Laurent	93	Petite Nation 24.11q
5	Plante, Maxime	94	Energie 24.21
6	Thibault, Antoine	94	Energie 25.09
7	Khalsa, Jora	96	West Island 28.50
Heat 2 Preliminaries Wind: +0.0			
1	Sinnathurai, Shangethan	93	Saint Laurent Se 21.55Q
2	Husbans, Jamal	93	West Island 21.88Q
3	Daigneault, Jean-Felix	94	Saint Laurent Se 22.64Q
4	Karkavilas, George	93	Kilomaitres de L 23.42q
5	Lamoureux, Antoine	94	Saint Laurent Se 24.13

6 Desmarais-Gagnon, Vincen	93 Cirrus	24.57
7 Willis, Janner	93 West Island	25.06
8 Khalsa, Shubeg	94 West Island	27.86

Men 150 Meter Course Minime

Name	Year Team	Finals	Points
Section 1 Finals Wind: -2.8			
1 Husbans, Jamal	93 West Island	21.57	
2 Sinnathurai, Shangethan	93 Saint Laurent Se	21.87	
3 Bonneau, Sebastien	93 Jeunesse Athleti	21.88	
4 Desrosiers, Jonathan	93 Coubertin	22.19	
5 Daigneault, Jean-Felix	94 Saint Laurent Se	22.95	
6 Karkavilas, George	93 Kilomaitres de L	23.42	
7 Corriveau-Windvist, Simo	93 Sherbrooke	23.87	
8 Fouillet, Laurent	93 Petite Nation	24.05	

Men 150 Meter Course Benjamin

Name	Year Team	Prelims
Heat 1 Preliminaries Wind: 1.5		
1 Phaneuf, Benjamin	91 Saint Laurent Se	20.66Q
2 Dupuis, Mathieu	92 Baie Comeau	21.38Q
3 Plante, Marc-Andre	91 Energie	21.52q
4 Spring, Jonathan	91 Pantheres Pointe	22.23
5 Robitaille-Beaumier, Gui	91 Energie	22.32
6 Gravel, Ludovic	93 Cirrus	24.07
7 Leblond, David	92 Coubertin	24.44
Heat 2 Preliminaries Wind: 0.2		
1 Davidson, Mikhail	91 Impulsion	21.17Q
2 Viger, Francis	91 Dynamique Laval	21.20Q
3 Charest, Olivier	92 Energie	21.65q
4 Cantin, Alexandre	91 Jeunesse Athleti	21.79
5 Kerkerian, Richard	92 Energie	21.83
6 Dubuc, Guillaume	92 Saint Laurent Se	21.87
7 Lamarche, Maxime	92 Jeunesse Athleti	22.37
Heat 3 Preliminaries Wind: +0.0		
1 Tremblay, Etienne	91 Coubertin	20.07Q
2 Bouchard, Patrick	91 Saguenay Lac St-	20.10Q
3 Plante-Dube, Sacha	91 Lavironde	21.66
4 Mehenni, Samuel	91 Impulsion	21.68
5 Emond, Yuri-Christophe	92 Sherbrooke	22.70
6 Raymond, Benjamin	92 Dynamique Laval	23.20
7 Rodrigue, Leandre	91 Coubertin	24.01
8 Senecal, Patrice	92 Corsaire Chapara	25.61

Men 150 Meter Course Benjamin

Name	Year Team	Finals	Points
Section 1 Finals Wind: -4.5			
1 Tremblay, Etienne	91 Coubertin	20.04	
2 Bouchard, Patrick	91 Saguenay Lac St-	20.09	
3 Phaneuf, Benjamin	91 Saint Laurent Se	20.66	
4 Viger, Francis	91 Dynamique Laval	20.88	
5 Davidson, Mikhail	91 Impulsion	21.53	
6 Plante, Marc-Andre	91 Energie	21.83	
7 Charest, Olivier	92 Energie	22.02	
8 Dupuis, Mathieu	92 Baie Comeau	22.04	

Men 200 Meter Course Cadet

Name	Year Team	Prelims
Heat 1 Preliminaries Wind: +0.0		
1 Paquet, Olivier	89 Energie	22.79Q
2 Fugere, David	90 Energie	24.57q
3 Scott, Etienne	89 Corsaire Chapara	27.13
4 Brien, Joel	89 Baie Comeau	27.52
5 Blais, Jeremi	90 Cirrus	28.76
6 Leger, Philippe	90 Coriaces	34.86
Heat 2 Preliminaries Wind: -2.3		
1 Jones, Blake	89 Saint Laurent Se	23.32Q
2 Couture, Alexandre	89 Dynamique Laval	24.36q
3 Gagnon, Samuel	90 Energie	25.46
4 Menard, Leandre	89 Petite Nation	25.99
5 Amyot, Nathaniel	89 Pantheres Pointe	29.38
6 Picard, Etienne	90 Sherbrooke	29.87
Heat 3 Preliminaries Wind: +0.0		
1 Okorie, Royal	89 Saint Laurent Se	22.85Q
2 Ouellet, Toby-Olivier	89 Coubertin	25.40q
3 Toulouse-Stosik, Yan-Fra	90 Montreal Olympiq	26.28
4 Blanchard, Vincent	90 Sherbrooke	27.14
5 Gohier, Felix	89 Espoir Externat	29.21
Heat 4 Preliminaries Wind: -1.3		
1 Ganon, Remi	89 Saint Laurent Se	23.96Q
2 Michaud, Yan	89 Saint Laurent Se	24.34q
3 Vinet-Gasse, Olivier	89 Espoir Externat	25.69
4 Dionne, Pierre-Marc	90 Coubertin	26.03
5 Bordage, jeremy	89 Dynamique Laval	29.25

Men 200 Meter Course Cadet

Name	Year Team	Finals	Points
Section 1 Finals Wind: -2.0			
1 Okorie, Royal	89 Saint Laurent Se	22.78	
2 Paquet, Olivier	89 Energie	23.02	
3 Jones, Blake	89 Saint Laurent Se	23.19	
4 Ganon, Remi	89 Saint Laurent Se	24.17	
5 Michaud, Yan	89 Saint Laurent Se	24.24	
6 Couture, Alexandre	89 Dynamique Laval	24.52	
7 Fugere, David	90 Energie	24.87	
8 Ouellet, Toby-Olivier	89 Coubertin	25.44	

Men 200 Meter Course Juvenile

Name	Year Team	Prelims
Heat 1 Preliminaries Wind: -3.8		
1 Charest, Jonathan	88 Energie	21.93Q
2 Boisvert-Lacroix, Alex	87 Sherbrooke	23.83q
3 Esparon, David	88 Impulsion	24.29
4 Patel, Shamit	88 McGill Olympic C	24.71
5 Bergeron, Charles-Andre	88 Sherbrooke	25.02
6 Guichard, Jerome	88 Vaillants	25.67
7 Fortier, Jean-Philippe	88 Sport-Etudes Dis	26.77
-- Sarfati, Michael	88 Independant	X23.54
Heat 2 Preliminaries Wind: -4.7		
1 Ouellet-Leveille, Clemen	88 Montreal Olympiq	23.27Q
2 Fournier, Martin	87 Dynamique Laval	23.42q
3 Gravel, Francis	87 Perfmex-Racing	23.81q
4 Guindon, Marc-Olivier	88 Corsaire Chapara	24.88
5 James, Michael	87 Saint Laurent Se	25.04
6 D.Pomerleau, José	88 Saguenay Lac St-	26.17
7 Campeau, Dominic	87 Corsaire Chapara	27.84

Heat 3 Preliminaries Wind: -3.7		
1	Piche, Jean-Philippe	87 Dynamique Laval 23.80Q
2	Durocher-Dumais, Laurent	87 Perfmax-Racing 24.15
3	Welt, Dominique	88 McGill Olympic C 24.42
4	Belanger, Samuel	88 Espoir Externat 25.44
5	Rioux-Ouimet, Hubert	88 Corsaire Chapara 26.29
6	Michaud, Pier-Luc	88 Cirrus 27.44

Heat 4 Preliminaries Wind: -3.9		
1	Lacombe, Pierre-Luc	87 Petite Nation 23.09Q
2	Richard, Bianco	88 Vainqueurs 23.63q
3	Langevin, James	87 Rouge et Or 24.29
4	Bonnuyer, Mathieu	87 Corsaire Chapara 24.81
5	Poirier, Dany	88 Coubertin 24.95
6	Dionne, Charles-Edouard	87 Coubertin 25.04
7	Chun, Sterlong Kendrick	88 Perfmax-Racing 28.65

Men 200 Meter Course Juvenile

Name	Year Team	Finals	Points
Section 1 Finals Wind: -2.3			
1	Charest, Jonathan	88 Energie	21.98
2	Ouellet-Leveille, Clemen	88 Montreal Olympiq	22.89
3	Lacombe, Pierre-Luc	87 Petite Nation	22.93
4	Fournier, Martin	87 Dynamique Laval	23.41
5	Piche, Jean-Philippe	87 Dynamique Laval	23.57
6	Boisvert-Lacroix, Alex	87 Sherbrooke	23.82
7	Richard, Bianco	88 Vainqueurs	24.18

Men 200 Meter Course Junior

Name	Year Team	Prelims
Heat 1 Preliminaries Wind: -4.6		
1	Jatta, Musa	86 Perfmax-Racing 22.04Q
2	Mboule, Graig-William	86 Perfmax-Racing 24.33Q
3	Collin, Louis-Michel	85 Lavironde 24.63Q
4	Benyoucef, Assim	86 Saint Laurent Se 25.31q
Heat 2 Preliminaries Wind: -4.1		
1	Pedneault, David	86 Perfmax-Racing 22.88Q
2	Alexis, Jonathan	85 Perfmax-Racing 23.40Q
3	Samson, Laurent	85 Saint Laurent Se 23.79Q
4	Poulin-Lamarre, Mathieu	85 Sherbrooke 24.46q

Men 200 Meter Course Junior

Name	Year Team	Finals
Section 1 Finals Wind: -2.0		
1	Jatta, Musa	86 Perfmax-Racing 22.06
2	Alexis, Jonathan	85 Perfmax-Racing 23.04
3	Samson, Laurent	85 Saint Laurent Se 23.57
4	Mboule, Graig-William	86 Perfmax-Racing 24.43
5	Collin, Louis-Michel	85 Lavironde 24.78
6	Benyoucef, Assim	86 Saint Laurent Se 25.11

Men 200 Meter Course Senior

Name	Year Team	Prelims
Heat 1 Preliminaries Wind: -3.7		
1	Montreuil-Jean-Pois, Dav	82 Oxygene Amiante 22.61Q
2	Faille, David	84 McGill Olympic C 22.74q
3	Moisan, Guillaume	82 Rouge et Or 24.89

Heat 2 Preliminaries		Wind: -3.9	
1	Grenier, Martin	79 Perfmax-Racing	22.30Q
2	Rehel, Wesley	82 Saint Laurent Se	22.52q
3	Lavigne, Eric	84 Cirrus	22.85
4	Dube, Benoit	83 Coubertin	23.01
5	Czuban, Jacek	83 Cirrus	23.86
6	Scott, Guillaume	84 Corsaire Chapara	25.02
Heat 3 Preliminaries		Wind: -3.9	
1	Dugal, Julien	84 Energie	22.49Q
2	Chamberland, Eric	73 Sherbrooke	22.79
3	Chamard, Pierre étienne	83 Rouge et Or	23.90
4	Fortier, Danny	84 St-Jean Olympiqu	25.02
Heat 4 Preliminaries		Wind: -1.0	
1	Brooks, Russell	76 Perfmax-Racing	22.50Q
2	Gill, David	78 Rouge et Or	22.58q
3	Lavoie, Michel	83 Coubertin	22.77q
4	Remillard-Savard, Antoin	83 Sherbrooke	23.23
5	Stoute, Barry	83 McGill Olympic C	23.87
6	Choudar, Kaddour	70 Saint Laurent Se	24.71
7	Vidal, Louis-Philippe	83 Corsaire Chapara	24.74

Men 200 Meter Course Senior

Name	Year Team	Finals
Section 1 Finals Wind: -4.3		
1	Dugal, Julien 84 Energie	22.34
2	Montreuil-Jean-Pois, Dav 82 Oxygene Amiante	22.50
3	Rehel, Wesley 82 Saint Laurent Se	22.68
4	Faille, David 84 McGill Olympic C	22.89
5	Lavoie, Michel 83 Coubertin	23.04

Men 400 Meter Course Juvenile

Name	Year Team	Finals	Points
Section 1			
1	Masse, Mathieu 88 Corsaire Chapara	54.42	
2	Rioux-Ouimet, Hubert 88 Corsaire Chapara	56.69	
3	D.Pomerleau, José 88 Saguenay Lac St-	57.65	
4	Guichard, Jerome 88 Vaillants	58.22	
5	Spearson, Marc-Andre 88 Petite Nation	58.38	
6	Benghenam, Fateh 88 Saint Laurent Se	58.70	
7	Fortier, Jean-Philippe 88 Sport-Etudes Dis	59.95	
8	Pilon, Maxime-Olivier 87 Vaudreuil-Dorion	59.99	
Section 2			
1	Poirier, Dany 88 Coubertin	54.32	
2	Bergeron, Charles-Andre 88 Sherbrooke	54.71	
3	Hunting, Alexander 87 Montreal Olympiq	55.01	
4	Plourde, Alexandre 88 Energie	55.57	
5	Belanger, Samuel 88 Espoir Externat	57.15	
6	Lapointe, Félix-Antoine 87 Mistral	58.32	
7	Poulin-Lamarre, Gabriel 88 Sherbrooke	1:00.93	
Section 3			
1	Patel, Shamit 88 McGill Olympic C	53.79	
2	James, Michael 87 Saint Laurent Se	54.37	
3	Forget, Sebastien 88 St-Jean Olympiqu	54.73	
4	Lapierre, Nathanael 88 Rouge et Or	54.82	
5	Montigny, Laurent 88 Espoir Externat	56.51	
6	Marquis, Jean-Francois 87 Jean De La Menna	56.84	
Section 4			
1	Charest, Jonathan 88 Energie	48.96	
2	Raymond, Mathieu 87 Dynamique Laval	50.77	
3	Boudreau-Tanghe, Jean-Ph 87 McGill Olympic C	52.46	

4	Welt, Dominique	88 McGill Olympic C	53.67
5	Lacombe, Pierre-Luc	87 Petite Nation	53.73
6	Boisvert-Lacroix, Alex	87 Sherbrooke	54.01
7	Soucy, Philippe	88 Corsaire Chapara	55.07
8	Richard, Bianco	88 Vainqueurs	1:07.51

Men 400 Meter Course Junior

Name	Year Team	Finals
Section 1		
1	Roberts, Andrew	86 McGill Olympic C 50.33
2	Ethier, Marc-Olivier	86 Montreal Olympiq 52.06
3	Michaud, Dominic	85 Cirrus 52.36
4	Cloutier, Sylvain	85 Mistral 53.28
5	Samson, Laurent	85 Saint Laurent Se 53.60
6	Lemay-Lelievre, Guillaum	85 Montreal Olympiq 54.03
7	Benyoucef, Assim	86 Saint Laurent Se 57.67
8	Collin, Louis-Michel	85 Lavironde 59.44

Men 400 Meter Course Senior

Name	Year Team	Finals
1	Jatta, Musa	86 Perfmax-Racing 47.48
2	Banks, Winston	71 Perfmax-Racing 47.95
3	Westman, Robert	81 Sherbrooke 48.17
4	Rehel, Wesley	82 Saint Laurent Se 48.39
5	Dugal, Julien	84 Energie 48.46
Section 2		
1	Gill, David	78 Rouge et Or 49.81
2	Chamberland, Eric	73 Sherbrooke 50.01
3	Montreuil-Jean-Pois, Dav	82 Oxygene Amiante 50.35
4	Dube, Benoit	83 Coubertin 50.70
5	Remillard-Savard, Antoin	83 Sherbrooke 50.71
6	Gosselin, Simon	83 Montreal Olympiq 53.46
Section 3		
1	Pontbriand, Philip	80 Dynamique Laval 50.96
2	Morency, Jean-Philippe	78 Montreal Olympiq 51.61
3	Moisan, Guillaume	82 Rouge et Or 54.10
4	Scott, Guillaume	84 Corsaire Chapara 54.43
5	Lord, Charles Antoine	83 Rouge et Or 54.70

Men 800 Meter Demi Fond Benjamin

Name	Year Team	Finals	Points
Section 1			
1	Payne-Gagnon, Sylvain	91 Saguenay Lac St-	2:15.38
2	Fradette, Daniel	91 Saint Laurent Se	2:20.68
3	Bouchard, Frédéric	91 Saguenay Lac St-	2:20.72
4	Plante-Dube, Sacha	91 Lavironde	2:22.77
5	Raymond, Benjamin	92 Dynamique Laval	2:30.65
6	Pearsall, Benjamin	91 McGill Olympic C	2:37.72
7	Thibault, Antoine	94 Energie	2:50.33
Section 2			
1	Spring, Jonathan	91 Pantheres Pointe	2:32.55
2	Gohier, Bruno	91 Espoir Externat	2:33.83
3	Kubec, Guillaume	92 Saint Laurent Se	2:38.95
4	Kerkerian, Richard	92 Energie	2:41.49
5	Luce, Alex	91 Sherbrooke	2:45.12
6	Beltrami, David	91 McGill Olympic C	2:52.56

Men 800 Meter Demi Fond Cadet

Name	Year Team	Finals	Points
Section 1			
1 Fortin, Mathieu	89 Corsaire Chapara	2:21.84	
2 Macaulay, Jean-Sebastien	90 Sherbrooke	2:24.65	
3 Scott, Etienne	89 Corsaire Chapara	2:27.41	
4 Thomas, Samuel	89 Cirrus	2:28.89	
5 Carriere, Yan	89 Vaudreuil-Dorion	2:32.40	
6 Blanchard, Vincent	90 Sherbrooke	2:32.52	
7 Amyot, Nathaniel	89 Pantheres Pointe	2:38.27	
8 Leger, Philippe	90 Coriaces	3:09.81	
Section 2			
1 Jones, Blake	89 Saint Laurent Se	2:11.03	
2 Desautels, Maxime	89 Espoir Externat	2:12.22	
3 Bernard, Olivier	89 Dynamique Laval	2:12.72	
4 Brosseau, Michael	90 Jeunesse Athleti	2:15.33	
5 Philie, Benoit	89 McGill Olympic C	2:15.42	
6 Simard-Tremblay, Gabriel	89 Saguenay Lac St-	2:15.50	
7 Vinet-Gasse, Olivier	89 Espoir Externat	2:15.89	
8 Sidhu, Mohkam	89 West Island	2:18.06	
9 Ellemo, Eric	89 West Island	2:20.06	
10 Villemaire-Cote, Olivier	90 Cirrus	2:23.01	

Men 800 Meter Demi Fond Juvenile

Name	Year Team	Finals	Points
Section 1			
1 Bouchard, Remi	87 Saguenay Lac St-	2:11.85	
2 Plourde, Alexandre	88 Energie	2:18.62	
3 Spearson, Marc-Andre	88 Petite Nation	2:19.46	
4 Laverdure, Elie	88 Sherbrooke	2:20.77	
5 Benghenam, Fateh	88 Saint Laurent Se	2:22.54	
6 Belanger, Samuel	88 Espoir Externat	2:23.08	
7 Pilon, Maxime-Olivier	87 Vaudreuil-Dorion	2:25.92	
8 Dube, Guillaume	88 Baie Comeau	2:26.96	
Section 2			
1 Lavoie, Olivier	88 Corsaire Chapara	1:57.83	
2 Raymond, Mathieu	87 Dynamique Laval	1:57.92	
3 Gravel, Benjamin	87 Cirrus	1:59.05	
4 Soucy, Philippe	88 Corsaire Chapara	2:03.52	
5 Brisson, Yannick	87 Coubertin	2:04.45	
6 Hunting, Alexander	87 Montreal Olympiq	2:04.95	
7 Masse, Mathieu	88 Corsaire Chapara	2:05.50	
8 Taillon, Marc-Philippe	87 Cirrus	2:06.01	
9 Sweet, Christopher	88 McGill Olympic C	2:06.03	
10 White, Jeffrey	87 Kilomaitres de L	2:06.88	
11 Ricard, Alexandre	88 McGill Olympic C	2:10.20	
12 Lapierre, Nathanael	88 Rouge et Or	2:12.17	
13 Langevin, Francis	88 McGill Olympic C	2:18.73	

Men 800 Meter Demi Fond Junior

Name	Year Team	Finals
Section 1		
1 Roberts, Andrew	86 McGill Olympic C	1:55.11
2 Ethier, Marc-Olivier	86 Montreal Olympiq	1:58.80
3 Roy, Marc-Andre	85 Coriaces	1:59.36
4 Sweet, Andrew	86 McGill Olympic C	1:59.89
5 Gonneville, Maxime	85 Rouge et Or	2:02.50
6 Cloutier, Sylvain	85 Mistral	2:02.55
7 Begin, Jean-Francois	85 Sherbrooke	2:05.52

8 Godbout, Mathieu	86 Lavironde	2:07.05
9 Robidoux, Philippe	86 Coriaces	2:10.62
10 Pelletier, Matthieu	85 Vaudreuil-Dorion	2:13.62

Men 800 Meter Demi Fond Senior

Name	Year Team	Finals
1 Carle, John	83 Montreal Olympiq	1:49.88
2 Gill, David	78 Rouge et Or	1:50.20
3 Currie, Adam	84 Montreal Olympiq	1:51.12
4 Levesque, Gino	83 Rouge et Or	1:53.02
5 Gingras, Mathieu	82 Coubertin	1:57.85
6 Morency, Jean-Philippe	78 Montreal Olympiq	1:59.03
7 Malo, Marc	78 Sherbrooke	2:00.92
8 Gosselin, Simon	83 Montreal Olympiq	2:01.06
9 Savard, Luc	82 Saguenay Lac St-	2:01.21
10 Ibnouzhahir, Abdel	78 Saint Laurent Se	2:06.89
11 Leblanc, Marc-Andre	80 Cirrus	2:14.21
-- Choudar, Kaddour	70 Saint Laurent Se	DNF

Men 800 Meter Demi Fond Veteran

Name	Year Team	Finals
1 Pearson, Lord Shalom	40 Vainqueurs	2:28.84
2 David, Claude	55 Vaudreuil-Dorion	2:30.53

Men 1000 Meter Demi Fond Minime

Name	Year Team	Finals	Points
1 Thibault, Antoine	94 Energie	3:29.9h	
2 Belgherbi, Lotfi	94 Vainqueurs	3:31.8h	
3 Desmarais-Gagnon, Vincen	93 Cirrus	3:35.1h	
4 Belanger, Alexis	93 Montreal Interna	3:39.4h	
5 Roy, Jean-Simon	93 Sherbrooke	3:39.8h	
6 Rouleau, Simon	93 Mistral	3:46.2h	
7 Willis, Janner	93 West Island	3:54.1h	
-- Bonneau, Sebastien	93 Jeunesse Athleti	DNF	
Section 2			
1 Perron, Maxandre	94 Coubertin	3:54.0h	
2 Letourneau, Simon	93 Baie Comeau	3:58.6h	
3 Ettaleb, Hamaza	94 McGill Olympic C	3:59.5h	
4 St-Amand, Joey	93 Baie Comeau	4:06.4h	
5 Corbin, Pierre-Luc	94 Coubertin	4:09.5h	
6 Phaneuf, Dominic	93 Saint Laurent Se	4:12.3h	
-- Belliveau, Patrick	93 Club D'Athlétism	DNF	

Men 1200 Meter Demi Fond Benjamin

Name	Year Team	Finals	Points
Section 1			
1 Payne-Gagnon, Sylvain	91 Saguenay Lac St-	3:34.93	
2 Fradette, Daniel	91 Saint Laurent Se	3:44.02	
3 Bouchard, Frédéric	91 Saguenay Lac St-	3:45.51	
4 Raymond, Benjamin	92 Dynamique Laval	3:50.61	
5 Plante-Dube, Sacha	91 Lavironde	3:58.64	
6 Pearsall, Benjamin	91 McGill Olympic C	4:00.32	
7 Hince, Nicolas	91 Saguenay Lac St-	4:04.05	
8 Gagnon, Lawrence	91 Corsaire Chapara	4:13.02	
9 Emond, Yuri-Christophe	92 Sherbrooke	4:14.86	
10 Beltrami, David	91 McGill Olympic C	4:33.92	

Men 1200 Meter Demi Fond Cadet

Name	Year Team	Finals	Points
1 Bernard, Olivier	89 Dynamique Laval	3:26.79	
2 Desautels, Maxime	89 Espoir Externat	3:27.56	
3 Cossette, Raphael	89 Energie	3:30.89	
4 Philie, Benoit	89 McGill Olympic C	3:31.91	
5 Simard-Tremblay, Gabriel	89 Saguenay Lac St-	3:37.02	
6 Genest, Jean-Sebastien	89 Baie Comeau	3:39.07	
7 Sidhu, Mohkam	89 West Island	3:39.44	
8 Lepage, Samuel	90 Baie Comeau	3:48.67	
9 Macaulay, Jean-Sebastien	90 Sherbrooke	3:49.20	
10 Villemaire-Cote, Olivier	90 Cirrus	3:52.63	
11 Thomas, Samuel	89 Cirrus	3:56.29	
12 Fouillet, Alexandre	90 Petite Nation	4:04.06	
13 Corriveau-Windvist, Zach	90 Sherbrooke	4:07.64	
14 Picard, Etienne	90 Sherbrooke	4:07.81	

Men 1500 Meter Demi Fond Juvenile

Name	Year Team	Finals	Points
1 Lavoie, Olivier	88 Corsaire Chapara	4:08.59	
2 Raymond, Mathieu	87 Dynamique Laval	4:09.18	
3 Blanchette, Samuel	87 Energie	4:10.39	
4 Gravel, Benjamin	87 Cirrus	4:11.67	
5 Soucy, Philippe	88 Corsaire Chapara	4:12.16	
6 Hunting, Alexander	87 Montreal Olympiq	4:15.41	
7 Ricard, Alexandre	88 McGill Olympic C	4:19.49	
8 Taillon, Marc-Philippe	87 Cirrus	4:21.31	
9 Brisson, Yannick	87 Coubertin	4:23.69	
10 Landry, Kevin	88 St-Jean Olympiqu	4:28.94	
Section 2			
1 Bouchard, Remi	87 Saguenay Lac St-	4:30.07	
2 roy, Nicolas	88 Sherbrooke	4:31.87	
3 Wongkee, Matthew	88 McGill Olympic C	4:33.27	
4 Sweet, Christopher	88 McGill Olympic C	4:34.31	
5 Langevin, Francis	88 McGill Olympic C	4:37.12	
6 Kennedy-Zimmerer, James	88 McGill Olympic C	4:38.15	
7 White, Jeffrey	87 Kilomaitres de L	4:39.38	
8 Soucy, Frederic	88 Coubertin	4:48.09	

Men 1500 Meter Demi Fond Junior

Name	Year Team	Finals
Section 1		
1 Sweet, Andrew	86 McGill Olympic C	4:09.59
2 Landry, Simon-Pierre	86 Montreal Olympiq	4:16.26
3 Godbout, Mathieu	86 Lavironde	4:16.43
4 Roy, Marc-Andre	85 Coriaces	4:20.15
5 Pelletier, Matthieu	85 Vaudreuil-Dorion	4:31.27

Men 1500 Meter Demi Fond Senior

Name	Year Team	Finals
1 Gill, David	78 Rouge et Or	3:55.92
2 Poulin-Cadovius, James	85 Montreal Olympiq	3:56.25
3 Currie, Adam	84 Montreal Olympiq	4:02.63
4 Gingras, Mathieu	82 Coubertin	4:03.32

5	Gonneville, Maxime	85	Rouge et Or	4:11.88
6	Ibnouzahir, Abdel	78	Saint Laurent Se	4:13.89
7	Sylvestre, Philippe	82	Rouge et Or	4:13.91
8	Duval, Jean-Nicolas	74	Corsaire Chapara	4:26.45
9	Plaisance, Mathieu	84	Montreal Olympiq	4:27.85
10	Choudar, Kaddour	70	Saint Laurent Se	4:43.04
--	Carle, John	83	Montreal Olympiq	DNF

Men 1500 Meter Demi Fond Veteran

Name	Year	Team	Finals	
1	Normandin, Jean-Marc	63	Saguenay Lac St-	4:21.02
2	Bourgeois, Jacques	58	Vaillants	4:26.01
3	Pearson, Lord Shalom	40	Vainqueurs	5:12.11

Men 2000 Meter Demi Fond Cadet

Name	Year	Team	Finals	Points
1	Bernard, Olivier	89	Dynamique Laval	6:13.74
2	Cossette, Raphael	89	Energie	6:22.59
3	Desautels, Maxime	89	Espoir Externat	6:28.83
4	Philie, Benoit	89	McGill Olympic C	6:29.55
5	Genest, Jean-Sebastien	89	Baie Comeau	6:35.10
6	Lepage, Samuel	90	Baie Comeau	6:45.87
7	Villemaire-Cote, Olivier	90	Cirrus	6:52.19
8	Carriere, Yan	89	Vaudreuil-Dorion	6:55.50
9	Thomas, Samuel	89	Cirrus	7:00.84
10	Fouillet, Alexandre	90	Petite Nation	7:03.46
11	Picard, Etienne	90	Sherbrooke	7:26.81

Men 3000 Meter Demi Fond Juvenile

Name	Year	Team	Finals	Points
1	Blanchette, Samuel	87	Energie	8:57.18
2	Ricard, Alexandre	88	McGill Olympic C	9:14.82
3	Soucy, Philippe	88	Corsaire Chapara	9:17.78
4	Landry, Kevin	88	St-Jean Olympiqu	9:40.45
5	Delorme, Eric	87	Cirrus	9:51.80
6	Kennedey-Zimmerer, James	88	McGill Olympic C	10:15.47
7	Sweet, Christopher	88	McGill Olympic C	10:27.16
8	Wongkee, Matthew	88	McGill Olympic C	10:40.82
9	Soucy, Frederic	88	Coubertin	10:41.86
--	Dillon, Marcus	87	Toronto Olympic	X9:00.40

Men 5000 Meter Demi Fond Junior

Name	Year	Team	Finals	
1	Nduwingoma, Jean-Claude	88	Saint Laurent Se	13:53.20
2	Landry, Simon-Pierre	86	Montreal Olympiq	15:49.18
3	Sweet, Andrew	86	McGill Olympic C	15:54.88
4	Gonneville, Maxime	85	Rouge et Or	16:06.91
5	Ricard, Alexandre	88	McGill Olympic C	16:14.39
6	Pelletier, Matthieu	85	Vaudreuil-Dorion	17:11.57

Men 5000 Meter Demi Fond Senior

Name	Year	Team	Finals	
1	Bourque, Jonathan	75	Coubertin	14:57.66
2	Menard-Kilrane, Francois	82	Cirrus	14:59.81

3	Bechard, Sebastien	82 Montreal Olympiq	15:29.80
4	Ibnouzahir, Abdel	78 Saint Laurent Se	15:37.97
5	Savard-Gagnon, David	81 Rouge et Or	15:41.63
6	More, Vincent	78 Fil-Oup	19:28.95
--	Mulloy, Brandon	85 Usa	X17:53.79

Men 5000 Meter Demi Fond Veteran

Name	Year Team	Finals
1 Langlois, Jeannot	64 Coubertin	18:53.93

Men 60 Meter Haies 24 po Minime

Name	Year Team	Finals	Points
Section 1 Wind: -1.8			
1 Desrosiers, Jonathan	93 Coubertin	12.03	
2 Simpson, Charles	93 West Island	12.53	
3 Simoneau, Frederick	93 Baie Comeau	12.86	
4 Perron, Maxandre	94 Coubertin	14.08	
Section 2 Wind: 2.8			
1 Sinnathurai, Shangethan	93 Saint Laurent Se	10.97	
2 Belanger, Alexis	93 Montreal Interna	11.89	
3 Karkavilas, George	93 Kilomaitres de L	11.94	
4 Husbans, Jamal	93 West Island	12.21	
5 Lamoureux, Antoine	94 Saint Laurent Se	12.55	
6 Richard, Frederic	93 Sherbrooke	15.15	

Men 80 Meter Haies 30 po Benjamin

Name	Year Team	Prelims
Heat 1 Preliminaries Wind: -0.1		
1 Robitaille-Beaumier, Gui	91 Energie	16.05q
2 Gagnon, Lawrence	91 Corsaire Chapara	16.59q
3 Charest, Olivier	92 Energie	17.67q
4 Sirois, Pierre	92 Coubertin	18.17
Heat 2 Preliminaries Wind: +0.0		
1 Phaneuf, Benjamin	91 Saint Laurent Se	13.47q
2 Charbonneau, Jason	92 Saint Laurent Se	14.69q
3 Thibodeau, Jeremy	92 Saint Laurent Se	16.58q
4 Emond, Yuri-Christophe	92 Sherbrooke	16.69q
5 Mbongo, Axel	91 Saint Laurent Se	16.97q

Men 80 Meter Haies 30 po Benjamin

Name	Year Team	Finals	Points
Section 1 Finals Wind: 0.9			
1 Phaneuf, Benjamin	91 Saint Laurent Se	13.27	
2 Charbonneau, Jason	92 Saint Laurent Se	14.28	
3 Robitaille-Beaumier, Gui	91 Energie	15.62	
4 Thibodeau, Jeremy	92 Saint Laurent Se	15.74	
5 Gagnon, Lawrence	91 Corsaire Chapara	15.92	
6 Mbongo, Axel	91 Saint Laurent Se	J16.32	
6 Emond, Yuri-Christophe	92 Sherbrooke	16.32	
8 Charest, Olivier	92 Energie	16.94	

Men 100 Meter Haies 33 po Cadet

Name	Year Team	Prelims
Heat 1 Preliminaries Wind: +0.0		

1	Gagnon, Gabriel	89	Energie	14.67Q
2	Momoh, Aloaye	90	Saint Laurent Se	14.83Q
3	Couture, Alexandre	89	Dynamique Laval	15.35Q
4	Jelena, Cosmin	89	Saint Laurent Se	15.61q
5	Desmarais, Hugo	90	Dynamique Laval	18.81q
6	Corriveau-Windvist, Zach	90	Sherbrooke	19.83
Heat 2 Preliminaries Wind: -1.3				
1	Leblanc, Guillaume	89	Saguenay Lac St-	14.49Q
2	Leveille, Simon	90	Corsaire Chapara	14.78Q
3	Fortin, Mathieu	89	Corsaire Chapara	16.50Q
4	Richard, Marc-Andre	90	Sherbrooke	18.95
5	Marcil, Marc-Andre	89	Baie Comeau	19.64
6	Gohier, Felix	89	Espoir Externat	20.56

Men 100 Meter Haies 33 po Cadet

Name	Year Team	Finals	Points	
Section 1 Finals Wind: 0.4				
1	Leblanc, Guillaume	89	Saguenay Lac St-	14.06
2	Gagnon, Gabriel	89	Energie	14.18
3	Leveille, Simon	90	Corsaire Chapara	14.23
4	Couture, Alexandre	89	Dynamique Laval	15.09
5	Jelena, Cosmin	89	Saint Laurent Se	15.32
6	Fortin, Mathieu	89	Corsaire Chapara	16.03
--	Momoh, Aloaye	90	Saint Laurent Se	DNF

Men 110 Meter Haies 36 po Juvenile

Name	Year Team	Prelims		
Heat 1 Preliminaries Wind: 1.1				
1	Marquis, Jean-Francois	87	Jean De La Menna	15.69q
2	Forget, Sebastien	88	St-Jean Olympiqu	16.67q
3	Fournier, Martin	87	Dynamique Laval	16.69q
4	Beaumont-Courteau, Maxim	87	Montreal Interna	16.91q
5	Gouin, David	88	Sport-Etudes Dis	17.05q
6	Gelinas, Alexandre	87	Independant	17.19q
7	Rioux-Ouimet, Hubert	88	Corsaire Chapara	18.97q

Men 110 Meter Haies 36 po Juvenile

Name	Year Team	Finals	Points	
Section 1 Finals Wind: 1.8				
1	Marquis, Jean-Francois	87	Jean De La Menna	15.85
2	Forget, Sebastien	88	St-Jean Olympiqu	16.20
3	Gelinas, Alexandre	87	Independant	16.40
4	Fournier, Martin	87	Dynamique Laval	16.41
5	Beaumont-Courteau, Maxim	87	Montreal Interna	16.92

Men 110 Meter Haies 39 po Junior

Name	Year Team	Prelims		
Heat 1 Preliminaries Wind: 2.4				
1	Altenor, Jean-Moise	86	Saint Laurent Se	16.15q
2	Aubry, Alexandre	86	Saint Laurent Se	18.82q

Men 250 Meter Haies 33 po Cadet

Name	Year Team	Finals	Points
Section 1			

1	Leveille, Simon	90	Corsaire Chapara	34.10
2	Momoh, Aloaye	90	Saint Laurent Se	34.29
3	Gagnon, Gabriel	89	Energie	34.59
4	Couture, Alexandre	89	Dynamique Laval	34.99
5	Ellemo, Eric	89	West Island	39.31
6	Fortin, Mathieu	89	Corsaire Chapara	40.02
7	Gohier, Felix	89	Espoir Externat	44.03

Section 2

1	Jones, Blake	89	Saint Laurent Se	34.26
2	Ganon, Remi	89	Saint Laurent Se	34.67
3	Brosseau, Michael	90	Jeunesse Athleti	38.84
4	Marcil, Marc-Andre	89	Baie Comeau	40.98
5	Macaulay, Jean-Sebastien	90	Sherbrooke	41.93
6	Desmarais, Hugo	90	Dynamique Laval	42.55

Men 300 Meter Haies 33 po Juvenile

Name	Year Team	Finals	Points
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Section 1

1	Ouellet-Leveille, Clemen	88	Montreal Olympiq	40.86
2	Marquis, Jean-Francois	87	Jean De La Menna	41.24
3	Fournier, Martin	87	Dynamique Laval	41.96
4	Forget, Sebastien	88	St-Jean Olympiqu	42.64
5	Rioux-Ouimet, Hubert	88	Corsaire Chapara	43.34
6	Beaumont-Courteau, Maxim	87	Montreal Interna	45.48
7	Bonnoyer, Mathieu	87	Corsaire Chapara	46.45
8	Plourde, Alexandre	88	Energie	46.57

Men 400 Meter Haies 36 po Junior

Name	Year Team	Finals
1	Labelle, Shane	85 McGill Olympic C 54.30
2	Altenor, Jean-Moise	86 Saint Laurent Se 57.67
3	Aubry, Alexandre	86 Saint Laurent Se 1:02.13

Men 400 Meter Haies 36 po Senior

Name	Year Team	Finals
1	Rehel, Wesley	82 Saint Laurent Se 53.67
2	Morin, Steve	81 St-Jean Olympiqu 53.87
3	Pontbriand, Philip	80 Dynamique Laval 57.05
4	Leroux, Guillaume	84 Dynamique Laval 1:02.03
--	Perron, Marc-Andre	81 Sherbrooke DNF

Men 2000 Meter Steeplechase Juvenile

Name	Year Team	Finals	Points
1	Lavoie, Olivier	88 Corsaire Chapara	6:14.56
2	Blanchette, Samuel	87 Energie	6:21.13
3	Gravel, Benjamin	87 Cirrus	6:35.02
4	Landry, Kevin	88 St-Jean Olympiqu	6:43.46
5	Langevin, Francis	88 McGill Olympic C	7:19.84
--	Delorme, Eric	87 Cirrus	DNF

Men 3000 Meter Steeplechase Senior

Name	Year Team	Finals
1	Blouin, Daniel	78 Coubertin 9:11.79
2	Poulin-Cadovius, James	85 Montreal Olympiq 9:16.28

3 Plaisance, Mathieu	84 Montreal Olympiq	10:13.12
4 Duval, Jean-Nicolas	74 Corsaire Chapara	10:38.94
-- Sylvestre, Philippe	82 Rouge et Or	DNF

Men 1500 Meter Marche Benjamin

Name	Year Team	Finals	Points
1 Voyer, Julien	91 Saguenay Lac St-	8:55.55	
2 Ménard, Jean-Sébastien	91 Saguenay Lac St-	8:56.36	
3 Gohier, Bruno	91 Espoir Externat	10:35.06	

Men 5000 Meter Marche Juvenile

Name	Year Team	Finals
1 Gagne, Alexandre	88 Saguenay Lac St-	25:13.53
2 Houle, David	88 Petite Nation	27:10.43
3 Leclerc, Francois	88 Coriaces	29:15.82
4 Lalonde, Sebastien	88 Petite Nation	31:52.97

Men 10000 Meter Marche Senior

Name	Year Team	Finals
-- Ruest, Jocelyn	80 Montreal Olympiq	DNF

Men Saut en hauteur Minime

Name	Year Team	Finals	Points
Flight 1			
1 Gravel, Ludovic	93 Cirrus	1.30m	
2 Corriveau-Windvist, Simo	93 Sherbrooke	1.23m	
3 Simpson, Charles	93 West Island	J1.19m	
3 Daigneault, Jean-Felix	94 Saint Laurent Se	1.19m	
5 Karkavilas, George	93 Kilomaitres de L	J1.15m	
5 Desmarais-Gagnon, Vincen	93 Cirrus	1.15m	
7 St-Amand, Joey	93 Baie Comeau	1.00m	
7 Letourneau, Simon	93 Baie Comeau	J1.00m	

Men Saut en hauteur Benjamin

Name	Year Team	Finals	Points
1 Pelletier, Alexandre	91 Club D'Athlétism	1.53m	
2 Renaud, Olivier	92 Jeunesse Athleti	1.40m	
3 Charbonneau, Jason	92 Saint Laurent Se	1.35m	
4 Mbongo, Axel	91 Saint Laurent Se	1.30m	
5 Dupuis, Mathieu	92 Baie Comeau	1.25m	
5 Sirois, Pierre	92 Coubertin	J1.25m	
5 Thibodeau, Jeremy	92 Saint Laurent Se	J1.25m	
8 Luce, Alex	91 Sherbrooke	1.20m	
9 Plante-Dube, Sacha	91 Lavironde	1.15m	
9 Gagnon, Lawrence	91 Corsaire Chapara	J1.15m	

Men Saut en hauteur Cadet

Name	Year Team	Finals	Points
1 Caron-Marquis, Charles	90 Rouge et Or	1.78m	
2 Leveille, Simon	90 Corsaire Chapara	1.76m	
3 Paquet, Olivier	89 Energie	1.73m	
4 Michaud, Yan	89 Saint Laurent Se	1.60m	

5 Morin, Francois	89 Baie Comeau	1.55m
5 Guilbault, Etienne	89 Corsaire Chapara	J1.55m
5 Momoh, Aloaye	90 Saint Laurent Se	J1.55m
8 Macaulay, Jean-Sebastien	90 Sherbrooke	1.50m
9 Parizeau, Hadrien	90 Impulsion	1.35m

Men Saut en hauteur Juvenile

Name	Year Team	Finals	Points
1 Diop, Ndiaga	87 Saint Laurent Se	1.95m	
1 Greenaway, Christopher	87 Saint Laurent Se	J1.95m	
3 Nantel, Sebastien	87 Saint Laurent Se	1.90m	
4 Tremblay, Alexis	87 Baie Comeau	1.75m	
5 Morissette, Jonathan	87 Cirrus	J1.70m	
5 Lachapelle, Vincent	87 Espoir Externat	1.70m	
7 Gelinas, Alexandre	87 Independant	J1.65m	
7 Grand'Maison, Alex	88 Vaillants	1.65m	
9 Lalonde, Sebastien	88 Petite Nation	1.50m	

Men Saut en hauteur Junior

Name	Year Team	Finals
1 Jobe, Abdoulaye	86 Saint Laurent Se	1.95m
2 Laplante, Louis-Philippe	85 Saint Laurent Se	1.70m

Men Saut en hauteur Senior

Name	Year Team	Finals
1 Alexandre, Peter-Mike	78 Athletica	2.00m
2 Trépanier, Pablo	78 Rouge et Or	1.85m
3 El Fouladi, Yassine	84 Saint Laurent Se	1.80m

Men Saut a la perche Cadet

Name	Year Team	Finals	Points
1 Richard, Marc-Andre	90 Sherbrooke	2.50m	
2 Marcil, Marc-Andre	89 Baie Comeau	1.90m	
2 Morin, Francois	89 Baie Comeau	J1.90m	
-- Dufour, Dominic	91 Baie Comeau	NH	

Men Saut a la perche Juvenile

Name	Year Team	Finals	Points
1 Beaumont-Courteau, Maxim	87 Montreal Interna	3.60m	
2 Normandin, David	88 St-Jean Olympiqu	3.00m	
3 Dube, Guillaume	88 Baie Comeau	2.60m	

Men Saut a la perche Junior

Name	Year Team	Finals
1 Normandin, Gaetan	86 St-Jean Olympiqu	3.50m

Men Saut a la perche Senior

Name	Year Team	Finals
1 Foley, David	84 Sherbrooke	4.80m
1 Thenault, Francois	72 Sherbrooke	4.80m

3	Gauthier, Rene	81	Sherbrooke	4.70m
4	Genest-Lahaye, Michel	72	Corsaire Chapara	4.60m
5	Hawey, Maxime	84	Rouge et Or	4.40m
5	Foley, Eric	84	Sherbrooke	4.40m
7	Lynden, Allen	83	Montreal Interna	4.20m
8	Bouchard, Frederick	84	Sherbrooke	3.80m
9	Chamard, Pierre étienne	83	Rouge et Or	3.50m
--	Authier, Simon	82	Sherbrooke	NH

Men Saut en longueur zone Minime

Name	Year	Team	Finals	Wind	Points
1	Sinnathurai, Shangethan	93	Saint Laurent Se	4.15m	NWI
2	Desrosiers, Jonathan	93	Coubertin	4.01m	NWI
3	Karkavilas, George	93	Kilomaitres de L	4.00m	NWI
4	Bonneau, Sebastien	93	Jeunesse Athleti	3.97m	NWI
5	Dubuc, Sebastien	93	Saint Laurent Se	3.88m	NWI
6	Corriveau-Windvist, Simo	93	Sherbrooke	3.79m	NWI
7	Fouillet, Laurent	93	Petite Nation	3.62m	NWI
8	Belliveau, Patrick	93	Club D'Athlétism	3.18m	NWI
9	Letourneau, Simon	93	Baie Comeau	2.94m	2.0

Men Saut en longueur zone Benjamin

Name	Year	Team	Finals	Wind	Points
1	Pelletier, Alexandre	91	Club D'Athlétism	5.09m	1.0
2	Tremblay, Etienne	91	Coubertin	4.93m	3.0
3	Guay, Marc-Antoine	91	Saguenay Lac St-	4.83m	2.3
4	Mehenni, Samuel	91	Impulsion	4.80m	2.4
5	Phaneuf, Benjamin	91	Saint Laurent Se	4.39m	0.7
6	Renaud, Olivier	92	Jeunesse Athleti	4.38m	2.9
7	Luce, Alex	91	Sherbrooke	4.36m	1.1
8	Davidson, Mikhail	91	Impulsion	4.27m	2.3
9	Thibodeau, Jeremy	92	Saint Laurent Se	4.17m	0.4
10	Plante, Marc-Andre	91	Energie	4.08m	1.7
11	Sirois, Pierre	92	Coubertin	4.01m	1.1
12	Mbongo, Axel	91	Saint Laurent Se	4.00m	0.9
13	Emond, Yuri-Christophe	92	Sherbrooke	3.94m	1.5
14	Dubuc, Guillaume	92	Saint Laurent Se	3.92m	1.0
14	Dupuis, Mathieu	92	Baie Comeau	3.92m	1.0
16	Gohier, Bruno	91	Espoir Externat	3.89m	1.9
17	Lamarche, Maxime	92	Jeunesse Athleti	3.85m	1.4
18	Sinnathurai, Rukshan	91	Saint Laurent Se	3.62m	1.0
19	Rodrigue, Leandre	91	Coubertin	3.60m	2.2

Men Saut en longueur Cadet

Name	Year	Team	Finals	Wind	Points
1	Paquet, Olivier	89	Energie	6.35m	0.3
2	Okorie, Royal	89	Saint Laurent Se	5.82m	1.2
3	Leveille, Simon	90	Corsaire Chapara	5.68m	-0.2
4	Gagnon, Gabriel	89	Energie	5.36m	2.4
5	Menard, Leandre	89	Petite Nation	5.23m	2.0
6	Brosseau, Michael	90	Jeunesse Athleti	5.00m	1.0
7	Renaud, Jean-Christophe	90	Jeunesse Athleti	4.92m	0.1
8	Genest, Jean-Sebastien	89	Baie Comeau	4.53m	1.4
9	Regimbald-Belanger, Scot	89	Cirrus	4.47m	2.3
10	Desmarais, Hugo	90	Dynamique Laval	4.24m	0.6
11	Fugere, David	90	Energie	4.23m	1.4
12	Dupont, Maxime	90	Energie	4.09m	0.8
13	Blais, Jeremi	90	Cirrus	3.70m	0.5

Men Saut en longueur Juvenile

Name	Year Team	Finals	Wind	Points
1 Diop, Ndiaga	87 Saint Laurent Se	6.67m	-0.6	
2 Greenaway, Christopher	87 Saint Laurent Se	6.64m	+0.0	
3 Gelinas, Alexandre	87 Independant	6.49m	+0.0	
4 Nantel, Sebastien	87 Saint Laurent Se	6.30m	-0.8	
5 Pierre, Jhonny	87 Saint Laurent Se	6.20m	-0.7	
6 Tremblay, Alexis	87 Baie Comeau	6.19m	+0.0	
7 Richard, Bianco	88 Vainqueurs	6.16m	-1.0	
8 Bergeron, Jean	87 Jeunesse Athleti	5.76m	-0.7	
9 James, Michael	87 Saint Laurent Se	5.45m	-0.2	
9 Bonnoyer, Mathieu	87 Corsaire Chapara	5.45m	+0.0	
11 Grand'Maison, Alex	88 Vaillants	5.29m	-0.8	
12 Benghenam, Fateh	88 Saint Laurent Se	4.95m	-1.1	
13 Guichard, Jerome	88 Vaillants	4.89m	+0.0	
14 Fortier, Jean-Philippe	88 Sport-Etudes Dis	4.85m	+0.0	

Men Saut en longueur Junior

Name	Year Team	Finals	Wind
1 Laplante, Louis-Philippe	85 Saint Laurent Se	5.93m	-0.4
2 Deslauriers, Simon	86 Espoir Externat	5.35m	0.4
3 Dubois, Charles	85 Corsaire Chapara	4.91m	0.3

Men Saut en longueur Senior

Name	Year Team	Finals	Wind
1 Rodas-Figueroa, Jose-Alb	81 Saint Laurent Se	7.04m	0.1
2 Guerrier, Jean-Francois	79 Perfmax-Racing	6.73m	0.1
3 Houle, Mathieu	82 Corsaire Chapara	6.59m	0.3
4 Richard, Stephane	82 Vainqueurs	6.58m	+0.0
5 Marcel, Daniel	84 Saint Laurent Se	6.33m	-0.9
6 El Fouladi, Yassine	84 Saint Laurent Se	6.21m	0.3
7 Bowers, Newton	82 Perfmax-Racing	5.93m	+0.0

Men Triple saut Juvenile

Name	Year Team	Finals	Wind	Points
1 Greenaway, Christopher	87 Saint Laurent Se	12.71m	-1.0	
2 Tremblay, Alexis	87 Baie Comeau	11.91m	-1.6	
3 Bergeron, Jean	87 Jeunesse Athleti	11.59m	-0.6	
4 Benghenam, Fateh	88 Saint Laurent Se	11.31m	-0.5	
5 Grand'Maison, Alex	88 Vaillants	10.32m	-1.3	

Men Triple saut Junior

Name	Year Team	Finals	Wind
1 Jobe, Abdoulaye	86 Saint Laurent Se	12.87m	-2.1
2 Poulin, Tobie	85 Sherbrooke	12.49m	-1.9

Men Triple saut Senior

Name	Year Team	Finals	Wind
1 Richard, Stephane	82 Vainqueurs	13.37m	-1.5
2 Marcel, Daniel	84 Saint Laurent Se	12.85m	-1.0

Men Lancer su poids 2 Kg Minime

Name	Year Team	Finals	Points
1 Tremblay-Lucier, Sebastien	93 Corsaire Chapara	11.03m	
2 Chenier, Benoit	93 Petite Nation	10.48m	
3 Coulombe, Alexandre	93 Saint Laurent Se	9.02m	

Men Lancer su poids 3 Kg Benjamin

Name	Year Team	Finals	Points
1 Guay, Marc-Antoine	91 Saguenay Lac St-	11.09m	
2 Sinnathurai, Rukshan	91 Saint Laurent Se	9.73m	
3 Cantin, Alexandre	91 Jeunesse Athleti	9.22m	
4 Charbonneau, Charles-Emm	92 Saint Laurent Se	8.66m	
5 Charest, Marc-Andre	92 Energie	8.55m	
6 Dumont-Breton, Olivier	91 Vaillants	8.36m	
7 Cloutier-Blain, Francis	91 Montreal Interna	7.95m	

Men Lancer su poids 4 Kg Cadet

Name	Year Team	Finals	Points
1 Houde, Christopher	89 Vaillants	17.17m	
2 Caron, Richard	89 Espoir Externat	12.73m	
3 Dainius, Gedi	89 West Island	12.44m	
4 Regimbald-Belanger, Scot	89 Cirrus	11.19m	
5 Lion, Allan	89 West Island	9.41m	

Men Lancer su poids 5 Kg Juvenile

Name	Year Team	Finals	Points
1 O.Dumont, Mathieu	87 Vaillants	13.77m	
2 Cloutier-Langlois, Ludov	88 St-Jean Olympiqu	13.26m	
3 Tremblay, Alexis	87 Baie Comeau	13.16m	
4 Dagenais, Patrick	87 Vaillants	12.66m	
5 Bisailon, Vincent	87 St-Jean Olympiqu	12.57m	
6 Philippon, Rene	87 Sport-Etudes Dis	12.51m	
7 Roy, Alexandre	88 Jean De La Menna	11.39m	
8 Lachapelle, Vincent	87 Espoir Externat	11.10m	

Men Lancer su poids 6 Kg Junior

Name	Year Team	Finals
1 Caron, Bobby	86 Vaillants	12.41m
2 Veilleux, Dominic	86 Espoir Externat	9.31m

Men Lancer du disque 600 gr Minime

Name	Year Team	Finals	Points
1 Tremblay-Lucier, Sebastien	93 Corsaire Chapara	24.22m	
2 Simoneau, Frederick	93 Baie Comeau	22.74m	
3 Coulombe, Alexandre	93 Saint Laurent Se	21.68m	
4 Chenier, Benoit	93 Petite Nation	19.00m	
5 St-Amand, Joey	93 Baie Comeau	18.53m	
6 Dubuc, Sebastien	93 Saint Laurent Se	18.04m	
7 Richard, Frederic	93 Sherbrooke	17.16m	
8 Heon, Arthur	95 Dynamique Laval	14.45m	

Men Lancer du disque 1 Kg Benjamin

Name	Year Team	Finals	Points
1 Guay, Marc-Antoine	91 Saguenay Lac St-	27.75m	
2 Dumont-Breton, Olivier	91 Vaillants	22.56m	
3 Cloutier-Blain, Francis	91 Montreal Interna	22.18m	
4 Cantin, Alexandre	91 Jeunesse Athleti	21.72m	
5 Charbonneau, Charles-Emm	92 Saint Laurent Se	19.70m	
6 Dufour, Dominic	91 Baie Comeau	17.99m	
7 Charest, Marc-Andre	92 Energie	16.47m	
8 Emond, Yuri-Christophe	92 Sherbrooke	15.45m	

Men Lancer du disque 1 Kg Cadet

Name	Year Team	Finals	Points
1 Houde, Christopher	89 Vaillants	52.20m	
2 Castonguay, Marc-Andre	89 Energie	44.39m	
3 Morin, Francois	89 Baie Comeau	37.77m	
4 Tardif, Philippe	89 Vaillants	34.17m	
5 Ready, Pier-Julien	89 Club D'Athlétism	34.05m	
6 Dainius, Gedi	89 West Island	31.90m	
7 Ganon, Remi	89 Saint Laurent Se	31.58m	
8 Richard, Marc-Andre	90 Sherbrooke	30.95m	
9 Lion, Allan	89 West Island	22.07m	
10 Corriveau-Windvist, Zach	90 Sherbrooke	18.90m	
11 Leger, Philippe	90 Coriaces	17.95m	
12 Picard, Etienne	90 Sherbrooke	14.40m	
-- Leveille, Simon	90 Corsaire Chapara	FOUL	

Men Lancer du disque 1.5 Kg Juvenile

Name	Year Team	Finals	Points
1 Tremblay, Alexis	87 Baie Comeau	39.43m	
2 Bisailon, Vincent	87 St-Jean Olympiqu	38.56m	
3 Cloutier-Langlois, Ludov	88 St-Jean Olympiqu	36.60m	
4 Roy, Alexandre	88 Jean De La Menna	33.80m	
5 O.Dumont, Mathieu	87 Vaillants	33.25m	
6 Leger, Benjamin	88 Coriaces	18.64m	

Men Lancer du disque 1.75 Kg Junior

Name	Year Team	Finals
1 Dendane, Al'Arlbi	86 Corsaire Chapara	40.20m
2 Tremblay, Alexis	87 Baie Comeau	39.54m
3 Caron, Bobby	86 Vaillants	31.01m

Men Lancer du disque 2 Kg Senior

Name	Year Team	Finals
1 Gagne, France	62 Rouge et Or	42.65m

Men Lancer du javelot 400 gr Minime

Name	Year Team	Finals	Points
1 Tremblay-Lucier, Sebastien	93 Corsaire Chapara	30.35m	
2 Dubuc, Sebastien	93 Saint Laurent Se	27.36m	
3 Coulombe, Alexandre	93 Saint Laurent Se	22.91m	
4 Richard, Frederic	93 Sherbrooke	22.89m	
5 Desmarais-Gagnon, Vincen	93 Cirrus	21.20m	

6 Simoneau, Frederick	93 Baie Comeau	20.20m
7 Chenier, Benoit	93 Petite Nation	20.07m
8 Letourneau, Simon	93 Baie Comeau	19.56m
9 Phaneuf, Dominic	93 Saint Laurent Se	19.31m
10 St-Amand, Joey	93 Baie Comeau	16.11m
11 Heon, Arthur	95 Dynamique Laval	14.48m

Men Lancer du javelot 500 gr Benjamin

Name	Year Team	Finals	Points
1 Cantin, Alexandre	91 Jeunesse Athleti	31.56m	
2 Sinnathurai, Rukshan	91 Saint Laurent Se	27.58m	
3 Mbongo, Axel	91 Saint Laurent Se	26.39m	
4 Renaud, Olivier	92 Jeunesse Athleti	25.22m	
5 Charest, Marc-Andre	92 Energie	24.95m	
6 Dufour, Dominic	91 Baie Comeau	21.64m	
7 Luce, Alex	91 Sherbrooke	21.48m	
8 Lamarche, Maxime	92 Jeunesse Athleti	18.80m	
9 Senecal, Patrice	92 Corsaire Chapara	17.81m	
10 Thibodeau, Jeremy	92 Saint Laurent Se	16.29m	
11 Charbonneau, Charles-Emm	92 Saint Laurent Se	14.64m	
12 Sirois, Pierre	92 Coubertin	13.75m	
-- Gagnon, Lawrence	91 Corsaire Chapara	FOUL	

Men Lancer du javelot 600 gr Cadet

Name	Year Team	Finals	Points
1 Castonguay, Marc-Andre	89 Energie	51.12m	
2 Richard, Marc-Andre	90 Sherbrooke	40.84m	
3 Ready, Pier-Julien	89 Club D'Athlétism	40.67m	
4 Ganon, Remi	89 Saint Laurent Se	36.35m	
5 Jelena, Cosmin	89 Saint Laurent Se	36.25m	
6 Brosseau, Michael	90 Jeunesse Athleti	36.10m	
7 Blanchard, Vincent	90 Sherbrooke	35.71m	
8 Renaud, Jean-Christophe	90 Jeunesse Athleti	30.30m	
9 Brien, Joel	89 Baie Comeau	29.68m	
10 Marcil, Marc-Andre	89 Baie Comeau	28.76m	
11 Gagnon, Gabriel	89 Energie	25.64m	
12 Lion, Allan	89 West Island	22.15m	
13 Corriveau-Windvist, Zach	90 Sherbrooke	18.05m	
14 Leger, Philippe	90 Coriaces	16.14m	
-- Genest, Jean-Sebastien	89 Baie Comeau	FOUL	

Men Lancer du javelot 700 gr Juvenile

Name	Year Team	Finals	Points
1 Tremblay, Alexis	87 Baie Comeau	49.33m	
2 Roy, Alexandre	88 Jean De La Menna	48.77m	
3 Masse, Mathieu	88 Corsaire Chapara	45.59m	
4 Normandin, David	88 St-Jean Olympiqu	43.81m	
5 Gelinas, Alexandre	87 Independant	42.90m	
6 Spearson, Marc-Andre	88 Petite Nation	39.58m	
7 Dube, Guillaume	88 Baie Comeau	38.56m	
8 Campeau, Dominic	87 Corsaire Chapara	38.34m	
9 O.Dumont, Mathieu	87 Vaillants	32.08m	
10 Leger, Benjamin	88 Coriaces	25.83m	

Men Lancer du javelot 800 gr Junior

Name	Year Team	Finals
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1 Landry, Christopher	86 St-Jean Olympiqu	48.20m
2 Landry, Sacha	85 Baie Comeau	44.78m
3 Normandin, Gaetan	86 St-Jean Olympiqu	43.69m
4 Dubois, Charles	85 Corsaire Chapara	35.96m
5 Veilleux, Dominic	86 Espoir Externat	29.48m

Men Lancer du javelot 800 gr Senior

Name	Year Team	Finals
1 Morneau, Dave	84 Vaillants	49.47m
2 Leroux, Guillaume	84 Dynamique Laval	43.23m

Men Lancer du marteau 3 Kg Benjamin

Name	Year Team	Finals	Points
1 Dufour, Dominic	91 Baie Comeau	16.17m	

Men Lancer du marteau 4 Kg Cadet

Name	Year Team	Finals	Points
1 Houde, Christopher	89 Vaillants	41.82m	
2 Castonguay, Marc-Andre	89 Energie	28.38m	
3 Brien, Joel	89 Baie Comeau	28.07m	
4 Morin, Francois	89 Baie Comeau	24.29m	

Men Lancer du marteau 5 Kg Juvenile

Name	Year Team	Finals	Points
1 Dagenais, Patrick	87 Vaillants	38.37m	
2 O.Dumont, Mathieu	87 Vaillants	36.06m	
3 Cloutier-Langlois, Ludov	88 St-Jean Olympiqu	32.38m	
4 Philippon, Rene	87 Sport-Etudes Dis	29.02m	
5 Bisailon, Vincent	87 St-Jean Olympiqu	28.83m	
6 Leger, Benjamin	88 Coriaces	17.43m	

Men Lancer du marteau 6 Kg Junior

Name	Year Team	Finals
1 Dendane, Al'Arlbi	86 Corsaire Chapara	57.67m
2 Caron, Maxime	85 Corsaire Chapara	55.28m
3 Landry, Sacha	85 Baie Comeau	27.98m

Men Lancer du marteau 7.257 Kg Senior

Name	Year Team	Finals
1 Lapierre, Jarom	77 Rouge et Or	54.38m
2 Baines, Jason	78 Corsaire Chapara	53.23m
-- Probstfield, Erick	71 Usa	X56.48m

Men 10000 Meter Marche Inter Juvenile

Name	Year Team	Finals	Points
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Section 1

1 Menard, Pierre-Luc	86 Saguenay Lac St-	45:52.58	
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Women 300 Meter Course Cadet

Name	Year Team	Finals	Points
1 Laberge, Annie-Claude	89 Montreal Olympiq	45.56	
2 Langlois, Marie-Isabel	89 Coubertin	46.06	
3 Provencal, Vanessa	89 Dynamique Laval	46.69	
4 Bergeron-Dussault, Kim	90 Montreal Olympiq	48.74	
5 Robinson, Caitlin	89 West Island	50.07	
6 Hailstone, Sarah	90 West Island	50.25	
7 Savard, Marie-Pier	90 Lavironde	51.18	

Section 2

1 Robitaille-Beaumier, Eve	89 Energie	42.27	
2 Jacquemin, Charlotte	89 Pantheres Pointe	43.13	
3 Vissers, Jennifer	91 McGill Olympic C	43.24	
4 Cere, Susanna	89 McGill Olympic C	43.91	
5 Bruno, Virginie	90 Impulsion	44.24	
6 L'Heureux, Justine	89 Energie	44.61	
7 Damphousse, Chloe	89 Energie	45.17	
8 Brodeur, Maude-Emilie	89 Jean De La Menna	48.16	

Men 300 Meter Course Cadet

Name	Year Team	Finals	Points
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Section 1

1 Brosseau, Michael	90 Jeunesse Athleti	41.18	
2 Villemaire-Cote, Olivier	90 Cirrus	42.30	
3 Brien, Joel	89 Baie Comeau	42.87	
4 Bordage, jeremy	89 Dynamique Laval	50.13	

Section 2

1 Paquet, Olivier	89 Energie	35.80	
2 Jones, Blake	89 Saint Laurent Se	36.25	
3 Momoh, Aloaye	90 Saint Laurent Se	37.26	
4 Ellemo, Eric	89 West Island	40.81	
5 Toulouse-Stosik, Yan-Fra	90 Montreal Olympiq	42.20	
6 Sidhu, Mohkam	89 West Island	42.78	

Men 1500 Meter Steeplechase Cadet

Name	Year Team	Finals	Points
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Section 1

1 Cossette, Raphael	89 Energie	5:01.21	
2 Genest, Jean-Sebastien	89 Baie Comeau	5:13.67	
3 Lepage, Samuel	90 Baie Comeau	5:17.68	
-- Morin, Francois	89 Baie Comeau	DNF	

Men Triple saut Cadet

Name	Year Team	Finals	Wind	Points
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Flight 1

1 Momoh, Aloaye	90 Saint Laurent Se	12.28m	-1.5	
2 Caron-Marquis, Christoph	90 Rouge et Or	11.51m	-1.8	
3 Gagnon, Gabriel	89 Energie	11.16m	-1.3	
4 Ganon, Remi	89 Saint Laurent Se	11.07m	-0.7	
5 Jelena, Cosmin	89 Saint Laurent Se	10.73m	-1.1	
6 Renaud, Jean-Christophe	90 Jeunesse Athleti	9.79m	-0.1	
7 Macaulay, Jean-Sebastien	90 Sherbrooke	9.75m	-1.6	
8 Picard, Etienne	90 Sherbrooke	8.25m	-1.1	

Men 3000 Meter Marche Cadet

Name	Year Team	Finals	Points
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Section 1

1 Harvey, Pierre-Luc

91 Saguenay Lac St-

18:39.08