

HY-TEK's Meet Manager 30/07/2012
 2012 Canadian Jr Track&Field Championships - 27/07/2012 to 29/07/2012
 Winnipeg, Manitoba
 Results

Women 100 Meter Dash Qualifer

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 Sponsor: Canad Inn
 Top 3 advance to championship event

Name	Year Team	Finals	Wind	H#
=====				
Finals				
1 Hughes, Sarah	Caltaf Athle	12.59	1.4	2
2 Waters, Mallory	Wpg Optimist	12.66	1.4	2
3 Wanigasekara, Sasanie	Wpg Optimist	12.68	1.4	2
4 Staub, Katie	Wpg Optimist	12.77	1.4	2
5 Collins, Cassandre	Calgary Inte	12.80	1.4	2
6 Duma, Tyra	Wpg Optimist	12.82	1.4	2
7 Carrique, Jennifer	Laurel Creek	12.83	1.4	2
8 Leung, Jennifer	Riversdale A	12.91	0.7	1
9 Gee, Danielle	Riversdale A	12.92	1.4	2
10 Berard, Lianne	Wpg Optimist	13.48	0.7	1
11 Horton, Skylar	Diamond Jenn	13.67	0.7	1

Women 200 Meter Dash Qualifer

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 Sponsor: Ranger Insurance
 Top 7 advance to championship event

Name	Year Team	Finals	Wind	H#
=====				
1 Buckingham, Darcy	Newfoundland	25.82	-3.7	2
2 Collins, Cassandre	Calgary Inte	26.13	-1.6	1
3 Rodriguez, Melanie	Flying Angel	26.21	-3.7	2
4 Hirst, Ellie	Caltaf Athle	26.27	-3.7	2
5 Hughes, Sarah	Caltaf Athle	26.31	-3.7	2
6 Carrique, Jennifer	Laurel Creek	26.44	-3.7	2
6 Beaton, Heather	Truro Lions	26.44	-1.6	1
8 Clonfero, Daniella	Capital City	26.46	-1.6	1
9 Gee, Danielle	Riversdale A	26.69	-3.7	2
10 Warren, Madeline	C.A.N.I.	26.74	-3.7	2
11 Duma, Tyra	Wpg Optimist	26.84	-1.6	1
12 Staub, Katie	Wpg Optimist	26.88	-3.7	2
13 Matthews, Kassidy	Flying Angel	27.15	-1.6	1
14 Wilson, Joanna	U of Calgary Ath	28.36	-1.6	1
15 Horton, Skylar	Diamond Jenn	29.01	-1.6	1

Women 400 Meter Dash Qualifer

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 Sponsor: MP from Elmwood-Transcona Lawrence Toet
 Top 1 advances to championship event

Name	Year Team	Finals	H#
=====			
1 Beaton, Heather	Truro Lions	57.98	2
2 Rodriguez, Melanie	Flying Angel	58.84	2
3 Andrushko, Amy	SA Tough Track	58.89	2
4 Clonfero, Daniella	Capital City	59.49	2
5 Buckingham, Darcy	Newfoundland	59.74	2
6 Myre-Bourgault, Marianne	Rive-Sud	1:00.11	2
7 Zajac, Janine	SA Tough Track	1:00.21	1
8 Wilson, Joanna	U of Calgary Ath	1:00.68	1
9 MacDonald, Alannah	Niagara Olym	1:01.01	1
10 Matthews, Kassidy	Flying Angel	1:01.24	1

Women 800 Meter Run Qualifer

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 Sponsor: Stride Ahead Tough Track
 Top 4 advance to championship event

Name	Year Team	Finals	H#
=====			
1 Armstrong, Nicole	Physi-Kult K	2:16.13	2
2 Andrushko, Amy	SA Tough Track	2:16.82	2
3 Sutter, Nyka	Queen City S	2:16.88	2
4 Menzies, Miranda	Coquitlam Ch	2:16.92	2
5 Sass, Rebekah	Wpg Optimist	2:18.44	2
6 Siemens, Alexandra	Valley Royal	2:19.17	2
7 Chartier, Mackenzie	Riversdale A	2:19.30	2
8 Ready, Tarina	Wpg Optimist	2:21.64	1
9 Rietze, Kayla Marie	Calgary Inte	2:22.67	1
10 McGrath, Clare	Carleton-Yor	2:22.72	1
11 MacDonald, Alannah	Niagara Olym	2:26.21	2

Women 100 Meter Hurdles Qualifer

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Sponsor: Deputy Mayor Justin Swandel
 Top 3 advance to championship event

Name	Year Team	Finals	Wind
1 Adams, Carolyn	London Legio	15.24	0.9
2 Nyame, Astrid	Split City S	15.29	0.9
3 Biswal, Devyani	Ottawa Lions	15.39	0.9
4 Beiswanger, Kari	Halifast Ath	16.11	0.9
5 Wilson-Bodnar, Emily	Caltaf Athle	16.40	0.9
6 Meeuwisse, Kelly Anne	U of Calgary Ath	17.08	0.9

Women High Jump Qualifer

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Sponsor: Olive Garden
 Top 4 advance to championship event

Name	Year Team	Finals
1 Lychuk, Brooke 1.46 1.51 O O	Bison Track	1.51m
1 Paetsch, Tamara 1.46 1.51 O O	Wpg Optimist	1.51m
1 Vasilyeva, Katia 1.46 1.51 P O	U of T Track	1.51m
-- Kowalyshyn, Lisa 1.46 XXX	West Kildonan	NH
-- Peterson, Kristjana 1.46 XXX	Wpg Optimist	NH

Women Pole Vault Qualifer

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Sponsor: CIBC
 Top 3 advance to final

Name	Year Team	Finals
1 Meeuwisse, Kelly Anne 2.50 2.70 2.90 3.05 O O XO XXX	U of Calgary Ath	2.90m
2 Bewski, Alyssa 2.50 2.70 2.90 XO XO XXX	Wpg Optimist	2.70m
3 Bleznuk, Tamara 1.90 2.10 O XXX	Wpg Optimist	1.90m

Women Long Jump Qualifer

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Sponsor: Subway
 Top 5 advance to championship event

Name	Year Team	Finals	Wind
1 Nyame, Astrid 5.21m(-1.9) 5.34m(+0.0) 5.22m(+0.0)	Split City S	5.34m	+0.0
2 Wanigasekara, Sasanie 5.05m(-2.0) 5.34m(+0.0) 4.93m(-0.6)	Wpg Optimist	J5.34m	+0.0
3 Biswal, Divyajyoti FOUL(0.8) 5.28m(-1.3) 5.30m(0.1)	Ottawa Lions	5.30m	0.1
4 Von Rennenkampff, Maya 5.17m(0.1) 5.16m(+0.0) 5.14m(-1.4)	Capital City	5.17m	0.1
5 Quinn, Danielle 5.06m(-0.6) 5.07m(-1.9) 5.13m(0.5)	Sarnia Athle	5.13m	0.5
6 Taplin, Sarah 4.98m(-2.1) 4.94m(-3.3) 4.92m(+0.0)	Unattached NB	4.98m	-2.1
7 Gibson, Kristen FOUL(-1.1) 4.84m(-1.0) 4.94m(-1.4)	Chebucto Ath	4.94m	-1.4
8 Biswal, Devyani FOUL 4.87m(-1.8) FOUL(+0.0)	Ottawa Lions	4.87m	-1.8
9 Horton, Skylar 4.70m(-1.4) 4.53m(-0.2) 4.76m(+0.0)	Diamond Jenn	4.76m	+0.0
10 Manske, Naomi 4.70m(-1.3) 4.53m(1.1) FOUL(+0.0)	Riversdale A	4.70m	-1.3
11 Leung, Jennifer	Riversdale A	4.63m	+0.0

4.61m(+0.0) FOUL(-1.6) 4.63m(+0.0)

Women Triple Jump Qualifier

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Sponsor: Awards and More
Top 1 advances to Championship event

Name	Year Team	Finals	Wind
1 Manske, Naomi	Riversdale A	11.00m	1.9
11.00m(1.9)			
2 De Los Santos, Leah	Supreme Athl	10.96m	2.1
10.55m(0.8) 10.94m(3.6) 10.96m(2.1)			
3 Slowley, Monique	York Univers	10.79m	3.0
10.79m(3.0) FOUL(1.6) 10.07m(1.9)			
4 Richards, Melissa	Wpg Optimist	10.78m	1.9
10.62m(2.2) 10.71m(2.1) 10.78m(1.9)			
5 Duma, Tyra	Wpg Optimist	10.68m	2.1
10.16m(2.7) 10.68m(2.1) 10.42m(2.1)			
6 Horton, Skylar	Diamond Jenn	10.24m	2.2
9.85m(2.9) 10.24m(2.2) 10.24m(3.2)			

Women Hammer Throw Qualifier

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Sponsor: Asper School of Business
Top 4 to advance to Championship event

Name	Year Team	Finals
1 Weir, Jillian	Unattached BC	41.85m
41.85m PASS PASS		
2 Lyon, Hailey	Chinook Trac	40.79m
40.79m PASS PASS		
3 Blake, Patti	Waterloo AC	38.78m
FOUL FOUL 38.78m		
4 Bassingthwaite, Kyla	Excel Athlet	36.06m
36.06m FOUL FOUL		
5 Logozar, Hunter	Flying M	34.76m
34.27m 32.85m 34.76m		
6 Irwin, Samantha	South Simcoe	34.67m
34.67m FOUL FOUL		
7 Matwyczuk, Alexa	Flying M	34.46m
FOUL 33.87m 34.46m		
8 Allary, Courtney	Flying M	30.95m
30.95m FOUL 30.94m		

Women 100 Meter Dash Championship

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Sponsor: Canad Inn
Top 2 + next 2 fastest times

Name	Year Team	Prelims	Wind	H#
Preliminaries				
1 Bingham, Khamica	Brampton Tra	11.72Q	1.0	2
2 Fofanah, Isatu	Voleo Athlet	11.73Q	1.1	1
3 Davis, Shai-Anne	Project Athl	12.07Q	0.3	3
4 Paiement, Cl�mence	Vainqueurs M	11.92Q	1.1	1
5 Westney, Jellisa	Supreme Athl	11.93Q	1.0	2
6 Walkeden, Leah	Voleo Athlet	12.09Q	0.3	3
7 Morin-Houde, Caroline	Rive-Sud	11.97q	1.1	1
8 Brohman, Amelia	C.A.N.I.	12.08q	1.0	2
9 McCreath, Sade	Flying Angel	12.09	1.1	1
10 Harrison, Shaina	Flying Angel	12.11	0.3	3
11 Kerr, Naomi	Flying Angel	12.19	1.0	2
12 Julius-Williams, Dominiq	Durham Legio	12.22	1.0	2
13 Defreitas, Tameran	South Simcoe	12.24	1.0	2
14 Pless, Shamelle	Edmonton Col	12.24	1.1	1
15 Spear Chief-Morris, Joy	Lethbridge T	12.36	1.0	2
16 Martin, Katrina	Capital City	12.42	1.1	1
17 Payne, Shania M.	Coquitlam Ch	12.53	0.3	3
18 Warren, Madeline	C.A.N.I.	12.61	1.1	1
19 Sauer, Tegan	Laurel Creek	12.69	0.3	3
20 Hughes, Sarah	Caltaf Athle	12.73	1.1	1
21 Huard, Ashley	Track North	12.86	0.3	3
22 Fernando, Shelani	Ottawa Lions	12.87	0.3	3
23 Waters, Mallory	Wpg Optimist	12.91	1.0	2
24 Wanigasekara, Sasanie	Wpg Optimist	13.08	0.3	3

Women 100 Meter Dash Championship

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Sponsor: Canad Inn
Top 2 + next 2 fastest times

Name	Year Team	Finals	Wind
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Finals
1 Bingham, Khamica          Brampton Tra          11.72   0.5
2 Fofanah, Isatu           Voleo Athlet         11.76   0.5
3 Davis, Shai-Anne         Project Athl         11.91   0.5   11.908
4 Paiement, Cl mence       Vainqueurs M         11.91   0.5   11.910
5 Brohman, Amelia          C.A.N.I.             11.98   0.5
6 Walkeden, Leah           Voleo Athlet         12.02   0.5
7 Westney, Jellisa         Supreme Athl         12.03   0.5
8 Morin-Houde, Caroline   Rive-Sud             12.04   0.5

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Women 200 Meter Dash Championship

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Sponsor: Ranger Insurance
Top place plus next 4 fastest times
Name          Year Team          Prelims  Wind H#
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Preliminaries
1 Fofanah, Isatu           Voleo Athlet         24.40Q  1.3  1
2 Walkeden, Leah           Voleo Athlet         24.44Q  +0.0  2
3 Brohman, Amelia          C.A.N.I.             24.64Q  +0.0  4
4 Morin-Houde, Caroline   Rive-Sud             24.66Q  0.5  3
5 Westney, Jellisa         Supreme Athl         24.55q  +0.0  2
6 Kerr, Naomi             Flying Angel         24.65q  +0.0  4
7 Valentine, Khadijah     Flying Angel         24.71q  0.5  3
8 Christiani, Ally         Phoenix Athl         24.80q  1.3  1
9 Marsh, Alexis           Durham Legio         24.82   1.3  1
10 Harrison, Shaina       Flying Angel         25.07   1.3  1
11 McIntyre, Victoria     Ottawa Lions         25.08   1.3  1
12 Defreitas, Tameran     South Simcoe         25.20   +0.0  4
13 McCreath, Sade         Flying Angel         25.21   0.5  3
14 St-Pierre, Marie-Colombe Club Athletisme      25.23   +0.0  2
15 Martin, Katrina        Capital City         25.28   +0.0  4
16 Yapchung, Tashuana     Flying Angel         25.30   +0.0  2
17 Julius-Williams, Dominiq Durham Legio         25.32   0.5  3
18 Clarke, Stephanie      Edmonton Oly         25.34   +0.0  2
19 Pless, Shamelle        Edmonton Col         25.40   1.3  1
20 Payne, Shania M.       Coquitlam Ch        25.52   +0.0  2
21 Buckingham, Darcy     Newfoundland         25.57   0.5  3
22 Rodriguez, Melanie     Flying Angel         25.72   1.3  1
23 Spear Chief-Morris, Joy Lethbridge T        25.75   +0.0  4
24 Hughes, Sarah          Caltaf Athle        25.82   1.3  1
25 Hirst, Ellie           Caltaf Athle        25.92   +0.0  2
26 Beaton, Heather        Truro Lions         25.96   +0.0  4
27 Januszek, Monica       Laurel Creek         26.05   0.5  3
28 Carrique, Jennifer     Laurel Creek         26.10   +0.0  2
29 Collins, Cassandre     Calgary Inte         26.15   0.5  3
30 Omahen, Emily          Windsor Legi         26.15   +0.0  4

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Women 200 Meter Dash Championship

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Sponsor: Ranger Insurance
Top place plus next 4 fastest times
Name          Year Team          Finals  Wind
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Finals
1 Fofanah, Isatu           Voleo Athlet         24.17   0.6
2 Westney, Jellisa         Supreme Athl         24.22   0.6
3 Walkeden, Leah           Voleo Athlet         24.23   0.6
4 Morin-Houde, Caroline   Rive-Sud             24.25   0.6
5 Valentine, Khadijah     Flying Angel         24.38   0.6
6 Kerr, Naomi             Flying Angel         24.69   0.6
7 Brohman, Amelia          C.A.N.I.             24.70   0.6
8 Christiani, Ally         Phoenix Athl         24.85   0.6

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Women 400 Meter Dash Championship

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Sponsor: MP from elmwod-Transcona Lawrence Toet
Top 3 plus next 2 fastest times
Name          Year Team          Prelims  H#
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Preliminaries
1 Christiani, Ally         Phoenix Athl         55.44Q  2
2 St-Pierre, Marie-Colombe Club Athletisme      56.15Q  1
3 Yapchung, Tashuana     Flying Angel         56.13Q  2
4 Baran, Melanie         SA Tough Track       56.72Q  1
5 Hirst, Ellie           Caltaf Athle        56.87Q  1
6 Clarke, Stephanie      Edmonton Oly         57.59Q  2
7 Radoslav, Taysia       Burlington T         57.26q  1
8 Marsh, Alexis           Durham Legio         57.27q  1
9 Jones, Cassandra       U of T Track         57.41   1

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10	Gardner, Charlotte	Ottawa Lions	57.82	2
11	Beaton, Heather	Truro Lions	58.21	2
12	Adamson, Jessica	U of T Track	58.38	2
13	Rodriguez, Melanie	Flying Angel	58.38	1
14	Prendergast, Shanice	Brampton Tra	58.81	2
15	Taylor, Ashley	Burlington T	59.23	2
16	McLeod, Vanessa	Phoenix Athl	59.70	1

Women 400 Meter Dash Championship

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Sponsor: MP from elmwod-Transcona Lawrence Toet

Top 3 plus next 2 fastest times

Name	Year	Team	Finals
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Finals

1	Christiani, Ally	Phoenix Athl	55.82	
2	St-Pierre, Marie-Colombe	Club Athletisme	55.99	
3	Yapchung, Tashuana	Flying Angel	56.26	
4	Baran, Melanie	SA Tough Track	56.77	
5	Marsh, Alexis	Durham Legio	56.91	
6	Hirst, Ellie	Caltaf Athle	57.79	
7	Clarke, Stephanie	Edmonton Oly	58.04	
--	Radoslav, Taysia	Burlington T	DNF	

Women 800 Meter Run Championship

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Sponsor: Stride Ahead Tough Track

Top 3 plus next 2 fastest times

Name	Year	Team	Prelims	H#
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Preliminaries

1	Galbraith, Emma	Ottawa Lions	2:09.33q	1
2	Wiebe, Devan	BC Athletics	2:09.35q	1
3	Sawyer, Kailee	Laurel Creek	2:09.46q	1
4	Zrinyi, Julia	SA Tough Track	2:10.81q	2
5	Westaway, Jenna	Calgary Inte	2:10.84q	1
6	McLeod, Vanessa	Phoenix Athl	2:11.89q	2
7	Walmsley, Honor	U of T Track	2:12.79q	1
8	Teschuk, Erin	Wpg Optimist	2:12.83q	1
9	Paracholski, Meagan	Sisler High	2:13.03	2
10	Bauer, Nicole	Calgary Inte	2:13.53	2
11	Armstrong, Nicole	Physi-Kult K	2:15.09	2
12	Codispodi, Marissa	Flying Angel	2:17.52	2
13	Sutter, Nyka	Queen City S	2:17.73	1
14	Menzies, Miranda	Coquitlam Ch	2:17.78	2
15	Davis, Anneliese	Queen City S	2:18.80	2
16	Andrushko, Amy	SA Tough Track	2:21.40	1

Women 800 Meter Run Championship

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Name	Year	Team	Prelims
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1	Galbraith, Emma	Ottawa Lions	2:09.33Q
2	Zrinyi, Julia	SA Tough Track	2:10.81Q
3	Wiebe, Devan	BC Athletics	2:09.35Q
4	McLeod, Vanessa	Phoenix Athl	2:11.89Q
5	Sawyer, Kailee	Laurel Creek	2:09.46Q
6	Paracholski, Meagan	Sisler High	2:13.03Q
7	Westaway, Jenna	Calgary Inte	2:10.84q
8	Walmsley, Honor	U of T Track	2:12.79q
9	Teschuk, Erin	Wpg Optimist	2:12.83
10	Bauer, Nicole	Calgary Inte	2:13.53
11	Armstrong, Nicole	Physi-Kult K	2:15.09
12	Codispodi, Marissa	Flying Angel	2:17.52
13	Sutter, Nyka	Queen City S	2:17.73
14	Menzies, Miranda	Coquitlam Ch	2:17.78
15	Davis, Anneliese	Queen City S	2:18.80
16	Andrushko, Amy	SA Tough Track	2:21.40

Women 800 Meter Run Championship

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Sponsor: Stride Ahead Tough Track

Top 3 plus next 2 fastest times

Name	Year	Team	Finals
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Finals

1	Zrinyi, Julia	SA Tough Track	2:07.61
2	Wiebe, Devan	BC Athletics	2:07.93
3	Sawyer, Kailee	Laurel Creek	2:08.04
4	Galbraith, Emma	Ottawa Lions	2:08.08
5	McLeod, Vanessa	Phoenix Athl	2:08.84

Women High Jump Championship

Sponsor: Olive Garden
160 165 168 by 3's

Name	Year	Team	Finals
2 Tanguay, Caroline 1.62 1.65 1.68 1.71 1.74 O XO O XO XXX		Club D'Athlé	1.71m
3 Katerberg, Erin 1.62 1.65 1.68 1.71 XO O O XXX		Laurel Creek	1.68m
4 Lefebvre-Oatis, Mikella 1.57 1.62 1.65 1.68 O XXO O XXX		Vainqueurs M	1.65m
5 Vasilyeva, Katia 1.52 1.57 1.62 1.65 O O O XXX		U of T Track	1.62m
6 Paetsch, Tamara 1.52 1.57 1.62 O XO XXX		Wpg Optimist	1.57m
7 Adams, Carolyn 1.52 1.57 1.62 XO XXO XXX		London Legio	J1.57m
-- Lychuk, Brooke 1.52 XXX		Bison Track	NH

Women Pole Vault Championship

Sponsor: CIBC
315 335 350 365 375 385 395 by 5s

Name	Year	Team	Finals
1 Newman, Alysha 3.15 3.35 3.50 3.65 3.75 3.85 3.95 P P P P O P XXX		London Legio	3.75m
2 Salmon, Brittany 3.15 3.35 3.50 3.65 P O O XXX		Montreal Int	3.50m
3 Erickson, Courtney 3.15 3.35 3.50 3.65 P XO XO XXX		Riversdale A	J3.50m
4 Richards, Melissa 3.15 3.35 O XXX		Wpg Optimist	3.15m
4 Allegro, Samantha 3.15 3.35 O XXX		Wpg Optimist	3.15m
6 Tanguay, Caroline 3.15 3.35 XO XXX		Club D'Athlé	J3.15m
-- Meeuwisse, Kelly Anne 3.15 XXX		U of Calgary Ath	NH
-- Bleznuk, Tamara 3.15 XXX		Wpg Optimist	NH
-- Bewski, Alyssa 3.15 XXX		Wpg Optimist	NH

Women Long Jump Championship

Sponsor: Subway

Name	Year	Team	Finals	Wind
1 Roche, Magali 5.85m(1.8) FOUL(1.2) 4.49m(1.6) PASS FOUL(2.4) 5.94m(3.2)		Tarus	5.94m	3.2
2 Rowland, Brooke 5.69m(2.3) 5.90m(2.5) 5.70m(1.1) 5.64m(1.9) FOUL(2.0) 5.63m(3.3)		York Univers	5.90m	2.5
3 Omahen, Emily FOUL(3.4) 5.28m(1.2) FOUL(+0.0) FOUL(1.9) FOUL(-0.8) 5.87m(3.2)		Windsor Legi	5.87m	3.2
4 Bates, Jordan 5.45m(1.3) FOUL(2.0) 5.35m(0.1) FOUL(0.7) 5.16m(2.5) FOUL(4.0)		Etobicoke Tr	5.45m	1.3
5 Hazen, Melissa 5.19m(1.3) 5.42m(0.6) FOUL(1.4) FOUL(0.8) FOUL(+0.0) FOUL(2.4)		Caltaf Athle	5.42m	0.6
6 Stewart, Hayley M. 5.26m(1.7) FOUL(1.6) 5.31m(+0.0) FOUL(1.7) 5.40m(+0.0) FOUL(1.2)		Unattached BC	5.40m	+0.0
7 Nyame, Astrid 5.34m		Split City S	5.34m	1.8

5.34m(1.8) 5.22m(1.4) 5.16m(1.2) 5.27m(2.0) FOUL 5.31m(0.6)
 8 Biswal, Divyajyoti Ottawa Lions 5.27m 1.4
 5.24m(1.4) 5.21m(1.8) 5.22m(0.7) 4.76m(1.8) FOUL(2.8) 5.27m(1.4)

Women 800 Meter Run Championship

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Sponsor: Stride Ahead Tough Track
 Top 3 plus next 2 fastest times

Name	Year Team	Finals
6 Walmsley, Honor	U of T Track	2:14.87
7 Westaway, Jenna	Calgary Inte	2:17.22
-- Paracholski, Meagan	Sisler High	DNF

Women 1500 Meter Run Championship

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Sponsor: MP from St. Boniface Shelly glover
 Top 4 plus next 4 fastest times

Name	Year Team	Prelims
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Preliminaries

1 Bernard, Maria	Calgary Warr	4:37.80q
2 Hawthorn, Natalia	Newmarket Hu	4:37.96q
3 Stafford, Gabriela	U of T Track	4:37.97q
4 Rempel, Karley	Aktiv Racing	4:38.06q
5 Rempel, Megan	Aktiv Racing	4:38.46q
6 Galbraith, Emma	Ottawa Lions	4:40.31q
7 Stone, Kala	BC Athletics	4:41.21q
8 Lucki, Alexandra	Toronto Olym	4:41.29q
9 Phelan, Jaimie	Laurel Creek	4:42.00q
10 Hennessy, Kelly	U of T Track	4:42.17q
11 Noel, Peggy	BC Athletics	4:42.43q
12 Petrick, Heather	Niagara Olym	4:43.75q
13 Russell, Skye	Edm Harriers	4:44.83
14 Bibault, Emma	Calgary Spar	4:45.35
15 Davis, Anneliese	Queen City S	4:46.67
16 Anderson, Evelyn	Calgary Spar	4:48.35
17 Laurin, Madison	U of Calgary Ath	4:48.79
18 Siemens, Alexandra	Valley Royal	4:49.04
19 Sutter, Nyka	Queen City S	4:49.99
20 McGrath, Clare	Carleton-Yor	4:50.11
21 Crawley, Rachel	Yhz Track an	4:50.43
22 Sprenger, Jillian	Etobicoke Tr	4:53.39
23 Ouellet, Béatrice	Fil-Oup	4:53.92
24 Chappell, Ellen	U of Calgary Ath	4:56.11
25 Wall, Alyssa	Lethbridge T	4:58.43
26 Ready, Tarina	Wpg Optimist	5:04.17

Women 1500 Meter Run Championship

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Sponsor: MP from St. Boniface Shelly glover
 Top 4 plus next 4 fastest times

Name	Year Team	Finals
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Finals

1 Galbraith, Emma	Ottawa Lions	4:36.30
2 Phelan, Jaimie	Laurel Creek	4:36.71
3 Stone, Kala	BC Athletics	4:37.55
4 Rempel, Karley	Aktiv Racing	4:37.78
5 Lucki, Alexandra	Toronto Olym	4:39.06
6 Stafford, Gabriela	U of T Track	4:40.00
7 Bernard, Maria	Calgary Warr	4:40.43
8 Rempel, Megan	Aktiv Racing	4:40.88
9 Hawthorn, Natalia	Newmarket Hu	4:41.52
10 Noel, Peggy	BC Athletics	4:41.87
11 Hennessy, Kelly	U of T Track	4:43.44
12 Petrick, Heather	Niagara Olym	4:43.87

Women 3000 Meter Run Championship

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Sponsor: Councillor Bryan Mayes

Name	Year Team	Finals
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1 McDonald, Madeline	U of T Track	9:46.92
2 Boyd, Cleo	Physi-Kult K	9:54.18
3 Faulds, Rachel	Quinte Legio	9:57.04
4 Bernard, Maria	Calgary Warr	10:04.24
5 Yungblut, Madeline	London Runne	10:05.67
6 Regan, Jackie	Unattached BC	10:09.29
7 Emilio, Sarah	U of T Track	10:12.97

Women Long Jump Championship

Sponsor: Subway					
Name	Year	Team	Finals	Wind	
9 Wanigasekara, Sasanie		Wpg Optimist	5.18m	0.9	
	FOUL(0.3)	4.94m(0.2)	5.18m(0.9)		
10 Salmon, Brittany		Montreal Int	5.13m	-2.4	
	FOUL(3.1)	FOUL(1.0)	5.13m(-2.4)		
11 Quinn, Danielle		Sarnia Athle	5.07m	+0.0	
	4.93m(0.5)	5.07m(+0.0)	4.90m(2.4)		
12 Von Rennenkampff, Maya		Capital City	5.06m	0.6	
	4.73m(1.3)	5.06m(0.6)	3.64m(+0.0)		

Women Triple Jump Championship

Name	Year	Team	Finals	Wind	
1 Mercurio, Angela		Supreme Athl	12.16m	1.8	
	FOUL(1.9)	11.47m(-0.1)	FOUL(1.1)	11.70m(-2.4)	11.91m(2.1)
					12.16m(1.8)
2 Biswal, Divyajyoti		Ottawa Lions	12.04m	1.7	
	FOUL(1.1)	11.92m(1.6)	12.04m(1.7)	11.88m(0.5)	12.02m(1.5)
					11.81m(-0.5)
3 Bates, Jordan		Etobicoke Tr	11.82m	2.0	
	11.21m(0.3)	11.51m(+0.0)	11.82m(2.0)	11.69m(-1.1)	11.68m(2.2)
					FOUL(-2.0)
4 Gibson, Kristen		Chebucto Ath	11.76m	1.3	
	11.46m(+0.0)	11.63m(2.7)	FOUL(1.5)	11.40m(-1.4)	11.76m(1.3)
					11.59m(1.7)
5 Taplin, Sarah		Unattached NB	11.57m	3.3	
	11.23m(1.7)	11.35m(2.4)	FOUL(1.8)	FOUL(4.2)	11.38m(1.5)
					11.57m(3.3)
6 Graves, Brittany		South Simcoe	11.55m	3.0	
	FOUL(+0.0)	11.25m(0.1)	11.55m(3.0)	FOUL(+0.0)	11.26m(0.8)
					11.30m(1.8)
7 Vasilyeva, Katia		U of T Track	11.54m	2.7	
	11.54m(2.7)	11.16m(0.2)	11.22m(2.7)	10.73m(0.7)	11.08m(2.7)
					11.06m(2.6)
8 Kendall, Allison		U of Calgary Ath	11.51m	+0.0	
	FOUL(+0.0)	11.29m(1.8)	11.41m(1.7)	11.22m(2.0)	11.51m(+0.0)
					11.36m(2.0)
9 Wanigasekara, Sasanie		Wpg Optimist	11.29m	0.8	
	11.24m(1.8)	11.29m(0.8)	FOUL(0.8)		
10 Quinn, Danielle		Sarnia Athle	11.28m	0.9	
	FOUL(1.1)	11.28m(0.9)	10.98m(2.7)		
11 Akehurst, Ayla J.		Campbell Riv	11.13m	0.3	
	FOUL(0.4)	11.13m(0.3)	FOUL(0.7)		
12 Skimming, Jamie		310 Running	11.12m	NWI	
	FOUL(1.2)	10.61m(1.8)	11.12m(NWI)	1.10m(NWI)	
13 Sinnathurai, Neena		Tarus	10.95m	1.1	
	10.95m(1.1)	10.90m(1.7)	10.81m(1.4)		
14 Gunsch, Danielle		Supreme Athl	10.90m	0.7	
	10.90m(0.7)	FOUL(+0.0)	FOUL(2.6)		
15 Manske, Naomi		Riversdale A	10.86m	2.0	
	10.86m(2.0)	9.81m(-1.6)	9.88m(1.9)		
16 Von Rennenkampff, Maya		Capital City	10.82m	1.0	
	10.72m(+0.0)	10.62m(2.6)	10.82m(1.0)		

Women Shot Put 4.0 Championship

Sponsor: Jake's Fancy Stairs					
Name	Year	Team	Finals		
1 Crew, Brittany		Phoenix Athl	14.03m		
	13.80m	FOUL	13.21m	FOUL	FOUL
					14.03m
2 Weir, Jillian		Unattached BC	13.68m		
	12.72m	13.50m	FOUL	12.73m	12.89m
					13.68m
3 Chin, Rayann		York Univers	13.40m		
	12.83m	12.43m	12.72m	FOUL	13.08m
					13.40m
4 Porlier-Langlois, Alex		Sherbrooke (12.84m		
	FOUL	11.64m	12.46m	12.84m	FOUL
					12.67m
5 Oudenaarden, Niki		Capital City	12.34m		
	12.34m	11.34m	11.80m	11.76m	FOUL
					11.67m
6 Connell, Ashley		Brockville L	12.09m		
	11.38m	11.87m	11.62m	11.58m	12.09m
					11.49m
7 Matwyczuk, Alexa		Flying M	11.17m		
	10.78m	11.17m	10.61m	11.03m	11.10m
					10.78m
8 Roth, Lara		Unattached AB	10.74m		
	10.72m	10.48m	10.46m	10.74m	10.70m
					10.62m
9 Berry, Zoe		Fredericton	10.62m		
	10.17m	10.22m	10.62m		
10 Langley, Jodi		U of Calgary Ath	10.15m		
	10.15m	FOUL	FOUL		

Men 400 Meter Hurdles 0.914 Championship

Sponsor: Derkson Printing	
Top 3 plus next 2 fastest times	

Name	Year Team	Prelims	H#
Preliminaries			
2 Kerr, Jared	Flying Angel	55.48Q	2
3 Sutton, Charlie	Speed River	55.24Q	1
4 Blackburn, Nick	BC Athletics	55.80Q	2
5 Arychuk, Stephen	Edmonton Col	55.60Q	1
6 Kong, Tim	Edmonton Roy	56.36Q	2
7 Nystuen, Liam	Excel Athlet	55.61q	1
8 Beaudoin, Shawn	Windsor Legi	56.33q	1
9 Slythe-Léveillé, Gabriel	Corsaire-Cha	56.48	2
10 Moses, Isaiah	Ottawa Lions	57.06	1
11 Mah, Jeff	Speed River	57.38	2
12 King, Garrett	U of Calgary Ath	57.64	1
13 Sherwood, Jordan	Laurel Creek	57.79	1

Women 3000 Meter Run Championship

Sponsor: Councillor Bryan Mayes

Name	Year Team	Finals
Finals		
8 Petrick, Heather	Niagara Olym	10:13.09
9 Oliver, Kaitlyn	Newmarket Hu	10:16.86
10 Langley, Clara	Physi-Kult K	10:19.86
11 Chappell, Ellen	U of Calgary Ath	10:24.74
12 Allison, Katrina	BC Athletics	10:24.82
13 Stafford, Hilary	London Western	10:28.01
14 Laurin, Madison	U of Calgary Ath	10:32.27
15 *yuan, Megan	Lakehead Run	10:36.38
16 Watts, Sophie	Yhz Track an	10:40.16
17 Ouellet, Béatrice	Fil-Oup	10:41.74
18 Sprenger, Jillian	Etobicoke Tr	10:47.69
19 Crawley, Rachel	Yhz Track an	10:54.58
20 Linton, Vanessa	Speed River	11:09.53
21 Aylwin-Descoteaux, Mirei	Vainqueurs M	11:12.03
22 Aylwin-Descoteaux, Lauri	Vainqueurs M	11:15.57
23 York, Mikaela	N Battleford	11:17.39
24 Davis, Adriana	Queen City S	11:23.60

Women 100 Meter Hurdles 0.84 Championship

Sponsor: Deputy Mayor Justin Swandel

Name	Year Team	Prelims	Wind	H#
Preliminaries				
1 Morrison, Deshaunda	Calgary Inte	14.19Q	-1.5	2
2 Settingington, Nicole	London Legio	14.19Q	-2.3	1
3 Bambi, Tania	Ottawa Lions	14.25Q	-1.5	2
4 Macneill, Christine	London Legio	14.80Q	-2.3	1
5 Bennett, Yanique	South Simcoe	14.82Q	-1.5	2
6 Hrycun, Alexa	Edm Harriers	14.94Q	-2.3	1
7 Tourigny, Katherine R.	BC Athletics	14.99q	-1.5	2
8 Stavrakos, Vivian S.	Saint Lauren	15.09q	-2.3	1
9 Bobb, Mikeisha	St. Thomas L	15.21	-1.5	2
10 McLean, Micaela	Laurel Creek	15.23	-2.3	1
11 Biswal, Devyani	Ottawa Lions	15.24	-2.3	1
12 Penney, Bailey	Windsor Legi	15.32	-1.5	2
13 Adams, Carolyn	London Legio	15.36	-1.5	2
14 Bulten, Rheanna	Laurel Creek	15.43	-1.5	2
15 Hazen, Melissa	Caltaf Athle	15.48	-2.3	1
16 Nyame, Astrid	Split City S	16.10	-2.3	1

Women 100 Meter Hurdles 0.84 Championship

Sponsor: Deputy Mayor Justin Swandel

Name	Year Team	Finals	Wind
Finals			
1 Morrison, Deshaunda	Calgary Inte	14.10	-2.7
2 Settingington, Nicole	London Legio	14.18	-2.7
3 Bambi, Tania	Ottawa Lions	14.24	-2.7
4 Macneill, Christine	London Legio	14.55	-2.7
5 Tourigny, Katherine R.	BC Athletics	14.70	-2.7
6 Hrycun, Alexa	Edm Harriers	14.75	-2.7
7 Stavrakos, Vivian S.	Saint Lauren	14.83	-2.7
8 Bennett, Yanique	South Simcoe	14.88	-2.7

Women 400 Meter Hurdles 0.762 Championship

Top 2 plus next 2 fastest times				
Name	Year	Team	Prelims	H#
Preliminaries				
1 Farquhar, Taylor		London Western	1:00.34Q	3
2 Hrycun, Alexa		Edm Harriers	1:01.99Q	1
3 Bennett, Yanique		South Simcoe	1:02.24Q	2
4 Tourigny, Katherine R.		BC Athletics	1:02.62Q	2
5 Adamson, Jessica		U of T Track	1:02.64Q	3
6 Gonzalez, Alejandra		St. Thomas L	1:02.82Q	1
7 Radoslav, Taysia		Burlington T	1:04.10q	2
8 Skimming, Nicole		310 Running	1:04.13q	1
9 Marion, Chanel		C.A.N.I.	1:04.56	3
10 McBride, Alannah		Ottawa Lions	1:04.79	1
11 Gardner, Charlotte		Ottawa Lions	1:04.87	2
12 Myre-Bourgault, Marianne		Rive-Sud	1:04.99	3
13 Bulten, Rheanna		Laurel Creek	1:05.86	2
14 Graves, Brittany		South Simcoe	1:06.48	1
15 Stavrakos, Vivian S.		Saint Lauren	1:07.76	2
16 Bobb, Mikeisha		St. Thomas L	1:09.04	3
17 Galey, Jasmine		Caltaf Athle	1:12.04	3
18 Wilson-Bodnar, Emily		Caltaf Athle	1:15.35	2
19 Monteith, Carla		South Simcoe	1:15.41	3

Women 400 Meter Hurdles 0.762 Championship

Top 2 plus next 2 fastest times			
Name	Year	Team	Finals
Finals			
1 Farquhar, Taylor		London Western	59.36
2 Bennett, Yanique		South Simcoe	59.64
3 Tourigny, Katherine R.		BC Athletics	1:01.44
4 Hrycun, Alexa		Edm Harriers	1:01.48
5 Gonzalez, Alejandra		St. Thomas L	1:02.29
6 Radoslav, Taysia		Burlington T	1:02.81
7 Adamson, Jessica		U of T Track	1:04.32
8 Skimming, Nicole		310 Running	1:04.47

Women 2000 Meter Steeplechase 0.762 Championship

Sponsor: Massage Athletica			
Name	Year	Team	Finals
1 Hayward, Katelyn T.		U of Victoria	7:01.91
2 Watts, Sophie		Yhz Track an	7:11.69
3 O'Higgins, Erin		Ottawa Lions	7:15.00
4 Visscher, Jordyn		Speed River	7:29.98
5 Aylwin-Descoteaux, Mirei		Vainqueurs M	7:39.27
6 Aylwin-Descoteaux, Lauri		Vainqueurs M	7:53.38
7 Smith, Lindsay		Wpg Optimist	8:03.26
8 York, Mikaela		N Battleford	8:07.55

Women 4x100 Meter Relay Championship

Sponsor: United Wood Frames			
Team			Finals
1 Team Alberta 'A'			47.27
2 Team Ontario 'A'			47.66
3 Flying Angels Academy 'A'			47.81
4 Winnipeg Optimist Athletics 'A'			48.15
1) Duma, Tyra		2) Wanigasekara, Sasanie	
3) Staub, Katie		4) Waters, Mallory	
5 Laurel Creek Tfc 'A'			48.29
1) McLean, Micaela		2) Januszek, Monica	
3) Sauer, Tegan		4) Carrique, Jennifer	
6 Ottawa Lions Track and Fi 'B'			48.98
1) Biswal, Devyani		2) Bambi, Tania	
3) McIntyre, Victoria		4) McBride, Alannah	
7 Caltaf Athletic Associati 'A'			49.62
1) Hughes, Sarah		2) Wilson-Bodnar, Emily	
3) Hazen, Melissa		4) Hirst, Ellie	

Women 4x400 Meter Relay Championship

Team	Finals
1 Stride Ahead Tough Track 'A'	3:50.46
2 U of Toronto Track 'A'	3:52.16

3	Calgary International 'A'	3:53.06
4	Laurel Creek Tfc 'A'	3:54.28
	1) Januszek, Monica	2) Phelan, Jaimie
	3) Carrique, Jennifer	4) Sawyer, Kailee
5	Ottawa Lions Track and Fi 'B'	3:56.04
	1) Gardner, Charlotte	2) McIntyre, Victoria
	3) Fernando, Shelani	4) Galbraith, Emma
6	Caltaf Athletic Associati 'A'	4:06.14

Women High Jump Championship

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Sponsor: Olive Garden
160 165 168 by 3's

Name	Year	Team	Finals
1 Rowland, Brooke		York Univers	1.74m
	1.62 1.65 1.68 1.71 1.74 1.77		
	0 0 0 0 XXO XXX		

Women Shot Put 4.0 Championship

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Sponsor: Jake's Fancy Stairs

Name	Year	Team	Finals
11 Irwin, Samantha		South Simcoe	9.72m
	9.72m FOUL 9.44m		
12 Howard, Deandra		Unattached MB	9.64m
	8.51m 9.64m 8.34m		

Women Discus Throw 1.0 Championship

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Sponsor: B&R General Maintenance

Name	Year	Team	Finals
1 Chin, Rayann		York Univers	44.69m
	44.69m 44.20m 43.52m 41.68m FOUL 42.06m		
2 Crew, Brittany		Phoenix Athl	42.96m
	32.03m FOUL 42.96m FOUL 41.09m FOUL		
3 Gallagher, Kayla		Unattached	40.58m
	FOUL 40.58m FOUL 39.28m FOUL FOUL		
4 Hastings, Brett		Halifast Ath	39.43m
	34.73m 38.15m 37.13m 35.06m 37.37m 39.43m		
5 Weir, Jillian		Unattached BC	39.07m
	38.65m FOUL 39.07m 37.35m FOUL FOUL		
6 Roth, Lara		Unattached AB	38.43m
	32.92m 38.43m 38.35m 37.98m 38.08m FOUL		
7 Porlier-Langlois, Alex		Sherbrooke (38.26m
	34.55m FOUL 38.26m FOUL 33.75m 34.30m		
8 Connell, Ashley		Brockville L	38.14m
	34.51m 36.17m 38.14m 35.53m FOUL 37.11m		
9 Langley, Jodi		U of Calgary Ath	37.41m
	FOUL FOUL 37.41m		
10 Van Damme, Jill		Waterloo AC	35.49m
	35.49m FOUL FOUL		
11 Irwin, Samantha		South Simcoe	35.45m
	FOUL 35.45m 34.81m		
12 Blake, Patti		Waterloo AC	33.35m
	32.37m 33.35m FOUL		
13 Forsyth, Montana		Truro Lions	31.31m
	FOUL 31.31m FOUL		
14 Allary, Courtney		Flying M	29.09m
	FOUL FOUL 29.09m		

Women Hammer Throw 4.0 Championship

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Sponsor: Asper School of Business

Name	Year	Team	Finals
1 Kennedy, Samantha		BC Athletics	50.85m
	50.85m FOUL 48.72m 49.86m 49.28m FOUL		
2 Weir, Jillian		Unattached BC	48.89m
	46.53m FOUL 47.76m FOUL FOUL 48.89m		
3 Hastings, Brett		Halifast Ath	48.11m
	41.46m 45.26m 48.11m FOUL 43.80m 45.62m		
4 Van Damme, Jill		Waterloo AC	47.70m
	43.91m FOUL 44.82m 45.76m 44.26m 47.70m		
5 Gallagher, Kayla		Unattached	46.19m
	38.08m FOUL FOUL 46.19m 44.96m FOUL		
6 Derker, Breanna		Kamloops Tra	42.43m
	FOUL 42.43m FOUL 41.62m FOUL FOUL		
7 Trudel-Sabourin, Jade		Club de la P	41.26m

	38.25m	38.05m	37.65m	39.67m	FOUL	41.26m	
8	Lyon, Hailey		Chinook Trac			39.64m	
	FOUL	39.27m	39.64m	38.82m	37.25m	38.28m	
9	Forsyth, Montana		Truro Lions			36.97m	
	FOUL	FOUL	36.97m				
10	Blake, Patti		Waterloo AC			36.89m	
	FOUL	36.89m	FOUL				
11	Bassingthwaite, Kyla		Excel Athlet			34.97m	
	FOUL	34.97m	FOUL				

Women Javelin Throw 600 Championship

Sponsor: BK and JD								
Name	Year	Team						Finals
1	Dumont, Pascale	Les Vaillant						47.76m
	42.46m	47.76m	FOUL	45.13m	44.06m	42.92m		
2	Oudenaarden, Niki	Capital City						47.65m
	39.12m	FOUL	FOUL	40.67m	44.06m	47.65m		
3	Wilson, Jasmine	Waterloo AC						45.62m
	42.08m	45.62m	41.23m	FOUL	41.56m	39.38m		
4	Johnston, Madison	York Univers						40.52m
	40.52m	FOUL	FOUL	39.83m	FOUL	FOUL		
5	Berry, Zoe	Fredericton						40.44m
	40.44m	FOUL	FOUL	29.23m	36.37m	36.60m		
6	Shepard, Stephanie	Woodstock Le						33.77m
	FOUL	33.77m	FOUL	FOUL	FOUL	FOUL		

Heptathlon: #4 Women 200 Meter Dash Championship Heptathlon

Name	Year	Team	Finals	Wind	Points
1	Delage, Danielle Y.	BC Athletics	25.11	-2.4	877
2	Lehner, Katelyn	ST Mary Athl	25.82	-2.4	813
3	Graceffo, Amy	SA Tough Track	26.31	-2.4	770
4	Borstmayer, Morgan	Saskatoon TF	27.31	-2.4	686
5	Rumpel, Megan	Excel Athlet	27.43	-2.4	676
6	Kucheravy, Caila	Wpg Optimist	27.97	-2.4	633

Heptathlon: #7 Women 800 Meter Run Championship Heptathlon

Name	Year	Team	Finals	Points
1	Lehner, Katelyn	ST Mary Athl	2:23.77	773
2	Delage, Danielle Y.	BC Athletics	2:24.10	769
3	Graceffo, Amy	SA Tough Track	2:29.57	698
4	Borstmayer, Morgan	Saskatoon TF	2:44.10	527
5	Rumpel, Megan	Excel Athlet	2:44.51	522
6	Kucheravy, Caila	Wpg Optimist	2:50.60	457

Heptathlon: #1 Women 100 Meter Hurdles 0.84 Championship Heptathlon

Name	Year	Team	Finals	Wind	Points
1	Lehner, Katelyn	ST Mary Athl	14.75	0.1	875
2	Rumpel, Megan	Excel Athlet	15.29	0.1	804
3	Delage, Danielle Y.	BC Athletics	15.49	0.1	778
4	Borstmayer, Morgan	Saskatoon TF	15.56	0.1	769
5	Meierer, Klara	Saint Lauren	16.05	0.1	708
6	Kucheravy, Caila	Wpg Optimist	16.79	0.1	620
7	Graceffo, Amy	SA Tough Track	16.80	0.1	619

Heptathlon: #2 Women High Jump Championship Heptathlon

Name	Year	Team	Finals	Points				
1	Rumpel, Megan	Excel Athlet	1.65m	795				
	1.50	1.53	1.56	1.59	1.62	1.65	1.68	
	o	o	o	o	o	XXO	XXX	
2	Delage, Danielle Y.	BC Athletics	1.62m	759				
	1.53	1.56	1.59	1.62	1.65			
	o	XO	XXO	o	XXX			
2	Lehner, Katelyn	ST Mary Athl	1.62m	759				
	1.44	1.47	1.50	1.53	1.56	1.59	1.62	1.65
	o	o	o	o	XO	o	o	XXX
4	Graceffo, Amy	SA Tough Track	1.59m	724				
	1.44	1.47	1.50	1.53	1.56	1.59	1.62	
	o	o	o	o	o	XO	XXX	
5	Meierer, Klara	Saint Lauren	1.53m	655				
	1.50	1.53	1.56					
	o	o	XXX					

5	Borstmayer, Morgan	Saskatoon TF	1.53m	655
	1.50 1.53 1.56			
	XO O XXX			
7	Kucheravy, Caila	Wpg Optimist	1.38m	491
	1.38 1.41			
	O XXX			

Heptathlon: #5 Women Long Jump Championship Heptathlon

Name	Year Team	Finals	Wind	Points
1 Lehner, Katelyn	ST Mary Athl	5.79m	0.4	786
	5.38m(+0.0) 5.79m(0.4) 5.42m(+0.0)			
2 Delage, Danielle Y.	BC Athletics	5.48m	+0.0	694
	5.25m(-0.7) 5.24m(-1.7) 5.48m(+0.0)			
3 Graceffo, Amy	SA Tough Track	5.47m	0.2	691
	5.47m(0.2) 5.35m(-1.1) 5.24m(-1.6)			
4 Borstmayer, Morgan	Saskatoon TF	5.39m	-2.1	668
	FOUL(-1.8) FOUL(1.6) 5.39m(-2.1)			
5 Rumpel, Megan	Excel Athlet	5.11m	-0.8	589
	4.99m(+0.0) 5.00m(0.7) 5.11m(-0.8)			
6 Kucheravy, Caila	Wpg Optimist	4.87m	-1.0	524
	4.77m(+0.0) 4.87m(-1.0) 4.77m(-0.0)			

Heptathlon: #3 Women Shot Put 4.0 Championship Heptathlon

Name	Year Team	Finals	Points
1 Rumpel, Megan	Excel Athlet	10.62m	570
	10.62m 9.82m 10.10m		
2 Delage, Danielle Y.	BC Athletics	10.38m	554
	9.40m 10.38m 10.18m		
3 Borstmayer, Morgan	Saskatoon TF	9.91m	524
	9.91m 9.76m FOUL		
4 Kucheravy, Caila	Wpg Optimist	9.90m	523
	9.39m 9.84m 9.90m		
5 Graceffo, Amy	SA Tough Track	9.88m	522
	9.88m 9.28m 9.03m		
6 Meierer, Klara	Saint Lauren	9.32m	485
	9.32m 9.32m 9.17m		
7 Lehner, Katelyn	ST Mary Athl	8.05m	403
	7.88m 8.05m FOUL		

Heptathlon: #6 Women Javelin Throw 600 Championship Heptathlon

Name	Year Team	Finals	Points
1 Graceffo, Amy	SA Tough Track	41.07m	688
	39.56m 41.07m FOUL		
2 Kucheravy, Caila	Wpg Optimist	32.79m	530
	FOUL 28.52m 32.79m		
3 Rumpel, Megan	Excel Athlet	31.67m	508
	28.76m 31.67m 30.85m		
4 Borstmayer, Morgan	Saskatoon TF	29.36m	464
	29.36m 26.05m 23.88m		
5 Lehner, Katelyn	ST Mary Athl	21.29m	313
	17.41m 21.29m 18.87m		
6 Delage, Danielle Y.	BC Athletics	20.73m	302
	19.39m 18.25m 20.73m		

Women Heptathlon Championship

Sponsor: SATT			
Name	Year Team	Finals	
1 Delage, Danielle Y.	BC Athletics	4733	
2 Lehner, Katelyn	ST Mary Athl	4722	
3 Graceffo, Amy	SA Tough Track	4712	
4 Rumpel, Megan	Excel Athlet	4464	
5 Borstmayer, Morgan	Saskatoon TF	4293	
6 Kucheravy, Caila	Wpg Optimist	3778	
7 Meierer, Klara	Saint Lauren	1848	

Men 100 Meter Dash Qualifer

Sponsor: Canad Inn			
Top 4 Advance to championship event			
Name	Year Team	Finals	Wind H#
1 Brown, Jaiden	Durham Legio	10.76	3.3 2
2 Ayin, Nicholas	Coquitlam Ch	10.82	3.3 2

3	Mansaray, Alhaji	Wpg Optimist	10.86	3.3	2
4	Paslowski, Adam	Saskatoon TF	11.08	3.3	2
5	Akins, Michael	Wpg Optimist	11.16	3.3	2
6	Liebrecht, Preston	Unattached SK	11.17	0.5	1
7	Boucher, Mike	Burlington T	11.18	3.3	2
8	Bymoan, Alexander	Calgary Inte	11.36	0.5	1
9	Bloom, Connor	Excel Athlet	11.44	0.5	1
10	Robinson, Taran	Kindersley A	11.44	0.5	1
11	Knox, Connor	Capital City	11.56	0.5	1
--	Fenton, Walt	Caltaf Athle	DQ	0.5	1

Rule 162.7

Men 200 Meter Dash Qualifer

=====
 Sponsor: Serta
 Top 10 advance to championship event

Name	Year Team	Finals	Wind	H#	
1	Ayin, Nicholas	Coquitlam Ch	22.70	-3.5	3
2	Liebrecht, Preston	Unattached SK	22.82	-3.5	3
3	Shirk, Brandon	Track North	22.85	-3.5	3
4	Stephenson, Jermaine	Supreme Athl	23.09	-3.5	3
5	Paslowski, Adam	Saskatoon TF	23.12	-2.2	2
6	Miller, Wesley	Burlington T	23.29	-2.2	2
7	Kelloway, Daniel W.	Newfoundland	23.36	-1.9	1
8	Fenton, Walt	Caltaf Athle	23.38	-2.2	2
9	Henry-Dobchuk, CJ (Cleve	Unattached MB	23.41	-2.2	2
10	Schaeffer, Matthew	U of Calgary Ath	23.43	-3.5	3
11	McDonough, Joe	Lakehead Run	23.55	-2.2	2
12	Scott, Ryan	Lakehead Run	23.59	-2.2	2
13	Sader, Levi	Wpg Optimist	23.69	-2.2	2
14	Knox, Connor	Capital City	23.72	-1.9	1
15	Coholan, Alexandre	A S E A	23.83	-1.9	1
16	Kellner, Thomas	Caltaf Athle	23.98	-1.9	1
17	Dragicevic, Nikola	U of Calgary Ath	24.31	-1.9	1
18	Apuya, Michael	Flying M	24.34	-1.9	1
19	Schindell, Brayden	Wpg Optimist	24.44	-1.9	1
20	Agada, Emeke	Supreme Athl	26.42	-3.5	3
--	Wright, Andre	Durham Legio	DNF	-3.5	3
--	Murray, Steven	Flying Angel	DQ	-3.5	3

Rule 163.3

Men 400 Meter Dash Qualifer

=====
 Sponsor: MP from Elmwood-Transcona Lawrence Toet
 Top 7 advance to championship event

Name	Year Team	Finals	H#	
1	Weathers, Isiah	U of T Track	50.92	2
2	Roberts, Chris	Capital City	51.19	2
3	Scott, Ryan	Lakehead Run	51.23	1
4	Kellner, Thomas	Caltaf Athle	51.43	1
5	Kelloway, Daniel W.	Newfoundland	51.49	2
6	McDonough, Joe	Lakehead Run	51.50	2
7	Dragicevic, Nikola	U of Calgary Ath	51.90	1
8	Pickering, Cameron	Capital City	51.96	2
9	Zigic, Jovan	Unattached BC	52.06	2
10	Sader, Levi	Wpg Optimist	52.39	2
11	Clements, Bryce	Caltaf Athle	53.76	1
12	Whiteside, Eric	Bison Track	54.36	1
--	Miller, Wesley	Burlington T	DQ	1

Rule 163.3 (a)

Men 800 Meter Run Qualifer

=====
 Sponsor: Ranger Insurance
 Top 6 advance to championship event

Name	Year Team	Finals	H#	
1	Neufeld, Levi	Wpg Optimist	1:56.96	3
2	Goodwin, Nathan	Coastal Trac	1:57.07	3
3	Papania, Marco	Newmarket Hu	1:57.14	3
4	Ilkiw, Kristofor	Edmonton Col	1:57.16	3
5	Getty, Thomas	BC Athletics	1:57.57	3
6	Ajua, Jean-Baptiste	Elmwood High	1:58.01	2
7	Faul, James	Caltaf Athle	1:58.22	2
8	Rajala, Devin	Hershey Harr	1:58.70	3
9	Ort, Jay	Unattached MB	1:59.37	1
10	McDonough, Joe	Lakehead Run	1:59.42	3
11	Kondrat, Nick	Lakehead Run	1:59.42	1
12	Bulloch, Patrique	Unattached MB	1:59.82	2
13	Neal, Sam	Calgary Inte	1:59.86	3
14	Quarrell, Mason	Lakehead Run	2:00.71	2
15	Drover, Conrad	Wpg Optimist	2:01.12	2

16	Wong, Billy	Unattached BC	2:01.43	1
17	Peters, Braedan	Wpg Optimist	2:02.00	2
18	Zigic, Jovan	Unattached BC	2:02.41	2
19	Lee, Mark	U of Calgary Ath	2:05.15	1

Men 400 Meter Hurdles Qualifer

=====

Sponsor: Derkson Printing
Top 2 advance to championship event

Name	Year Team	Finals
1 Long, Mitchell	Windsor Legi	57.26
2 Dragicevic, Daniel	U of Calgary Ath	59.16
3 Coholan, Alexandre	A S E A	1:00.29
4 Cuaresma, Brendan	Sisler High	1:01.28
5 Clements, Bryce	Caltaf Athle	1:02.07
6 Schindell, Brayden	Wpg Optimist	1:04.14

Men Long Jump Qualifer

=====

Sponsor: Subway
Top 4 advance to championship event

Name	Year Team	Finals	Wind
1 Hodgins, Conner	St. Thomas L	6.33m	1.8
	6.33m(1.8) 6.32m(+0.0) 6.03m(-2.3)		
2 De Visser, Andrew	Vancouver Th	6.32m	-0.4
	FOUL(1.0) 6.32m(-0.4) 5.91m(+0.0)		
3 Woo, Graham	Wpg Optimist	6.26m	0.8
	6.26m(0.8) 6.02m(-1.5)		
4 Flanagan, Riley	Supreme Athl	6.21m	-1.2
	6.21m(-1.2) 6.01m(2.4) FOUL(+0.0)		
5 Giesbrecht, Christopher	Unattached SK	5.97m	-0.9
	5.97m(-0.9) FOUL(-1.7) FOUL(-0.7)		
6 Carey, Logan	London Western	5.63m	-2.5
	FOUL(0.8) FOUL(-0.9) 5.63m(-2.5)		
7 Dueck, Layton	Unattached SK	5.55m	-0.5
	5.55m(-0.5) FOUL(1.5) 5.23m(-0.0)		

Men Discus Throw 1.75 Qualifer

=====

Sponsor: B&R General Maintenance
Top 1 advance to championship event

Name	Year Team	Finals
1 Rimke, Reed	Bison Track	40.53m
	39.36m 39.13m 40.53m	
2 Kennedy, Robert	Truro Lions	39.45m
	39.19m 37.21m 39.45m	
3 Froese, Jonathan	Capital City	33.97m
	FOUL 33.87m 33.97m	
4 Sabourin, Jayden	Unattached MB	28.94m
	26.88m 28.94m 27.09m	

Men 100 Meter Dash Championship

=====

Sponsor: Canad Inn
Top 3 plus next 2 fastest times

Name	Year Team	Prelims	Wind	H#
Preliminaries				
1 Bramwell, Drelan	Sarnia Athle	10.69Q	1.2	1
2 Rittinger, Devon	Supreme Athl	10.72Q	1.1	2
3 Barker, Deion	Etobicoke Tr	10.83Q	1.1	2
4 Graf, Ryan	Saskatoon TF	10.86Q	1.2	1
5 Joyce, Keefer	BC Athletics	10.87Q	1.2	1
6 Brown, Jaiden	Durham Legio	10.92Q	1.1	2
7 Ohrt, Shane	Edmonton Col	10.89q	1.2	1
8 Agada, Emeka	Supreme Athl	10.91q	1.2	1
9 King-McKenzie, Michael	Edmonton Col	10.97	1.1	2
10 Ayin, Nicholas	Coquitlam Ch	10.98	1.1	2
11 Mansaray, Alhaji	Wpg Optimist	11.05	1.1	2
12 Liebrecht, Preston	Unattached SK	11.13	1.2	1
13 Schaeffer, Matthew	U of Calgary Ath	11.23	1.2	1
14 Akins, Michael	Wpg Optimist	11.25	1.2	1
15 Paslawski, Adam	Saskatoon TF	11.30	1.1	2
16 Boucher, Mike	Burlington T	11.48	1.1	2

Men 100 Meter Dash Championship

=====

Sponsor: Canad Inn

Top 3 plus next 2 fastest times

Name	Year	Team	Finals	Wind
=====				
Finals				
1 Rittinger, Devon		Supreme Athl	10.70	-0.2
2 Bramwell, Drelan		Sarnia Athle	10.77	-0.2
3 Barker, Deion		Etobicoke Tr	10.86	-0.2
4 Graf, Ryan		Saskatoon TF	10.88	-0.2
5 Ohrt, Shane		Edmonton Col	10.92	-0.2
6 Brown, Jaiden		Durham Legio	11.10	-0.2
-- Agada, Emeke		Supreme Athl	DQ	-0.2

Rule 163.2

Men 200 Meter Dash Championship

=====				
Sponsor: Serta				
Top 2 plus next 2 fastest times				
Name	Year	Team	Prelims	Wind H#

=====				
Preliminaries				
1 Laidlaw-Allen, Marlon		Phoenix Athl	21.63Q	+0.0 3
2 Bramwell, Drelan		Sarnia Athle	21.68Q	+0.0 2
3 George, Nathan K.		BC Athletics	21.76Q	+0.0 1
4 Ohrt, Shane		Edmonton Col	21.78Q	+0.0 2
5 Graf, Ryan		Saskatoon TF	22.21Q	+0.0 1
6 Rittinger, Devon		Supreme Athl	22.37Q	+0.0 3
7 King-McKenzie, Michael		Edmonton Col	22.24q	+0.0 1
8 Ayin, Nicholas		Coquitlam Ch	22.29q	+0.0 1
9 Liebrecht, Preston		Unattached SK	22.50	+0.0 3
10 Brown, Jaiden		Durham Legio	22.58	+0.0 3
11 Shirk, Brandon		Track North	22.60	+0.0 3
12 Schaeffer, Matthew		U of Calgary Ath	22.80	+0.0 1
13 Brennand McClemont, Dyla		Niagara Regi	22.86	+0.0 2
14 Paslawski, Adam		Saskatoon TF	22.98	+0.0 2
15 Miller, Wesley		Burlington T	23.06	+0.0 1
16 Kelloway, Daniel W.		Newfoundland	23.14	+0.0 1
17 Fenton, Walt		Caltaf Athle	23.16	+0.0 2
18 Henry-Dobchuk, CJ (Cleve)		Unattached MB	23.50	+0.0 3
-- Kong, Tim		Edmonton Roy	DNF	+0.0 2
-- Makinde, Toluwalope		Ottawa Lions	DNF	+0.0 1
-- Stephenson, Jermaine		Supreme Athl	DNF	+0.0 2
-- Fedyk, Alex		Saskatoon TF	DQ	+0.0 3

Men 200 Meter Dash Championship

=====				
Sponsor: Serta				
Top 2 plus next 2 fastest times				
Name	Year	Team	Finals	Wind

=====				
Finals				
1 Laidlaw-Allen, Marlon		Phoenix Athl	21.18	0.3
2 Bramwell, Drelan		Sarnia Athle	21.39	0.3
3 Ohrt, Shane		Edmonton Col	21.54	0.3
4 George, Nathan K.		BC Athletics	21.54	0.3
5 Rittinger, Devon		Supreme Athl	21.56	0.3
6 King-McKenzie, Michael		Edmonton Col	21.91	0.3
7 Graf, Ryan		Saskatoon TF	22.01	0.3
8 Ayin, Nicholas		Coquitlam Ch	22.34	0.3

Men 400 Meter Dash Championship

=====				
Sponsor: MP from Elmwood-Transcona Lawrence Toet				
Top 2 plus next 2 fastest times				
Name	Year	Team	Prelims	H#

=====				
Preliminaries				
1 Ayesu-Attah, Benjamin		BC Athletics	48.28Q	2
2 McBride, Brandon		Windsor Legi	48.31Q	3
3 Alexandre, Marc-Andre		U of T Track	48.42Q	1
4 George, Nathan K.		BC Athletics	48.44Q	1
5 Fedyk, Alex		Saskatoon TF	48.45Q	2
6 Stephenson, Jermaine		Supreme Athl	49.29Q	3
7 Embury, Wade		Ottawa Lions	49.04q	1
8 Franklin, Rayshaun		U of T Track	49.16q	2
9 Kujabi, Momodou		Capital City	49.26	1
10 Shirk, Brandon		Track North	49.68	2
11 Commandeur, Adam		Comox Valley	50.11	3
12 Brennand McClemont, Dyla		Niagara Regi	50.14	3
13 Moses, Isaiah		Ottawa Lions	50.60	2
14 Jean-Jacques, Denray		Ottawa Lions	50.65	3
15 Ivan, Alexander		Caltaf Athle	51.06	1
16 McDonough, Joe		Lakehead Run	51.10	3

17	Murray, Steven	Flying Angel	51.13	1
18	Kelloway, Daniel W.	Newfoundland	51.23	1
19	Weathers, Isiah	U of T Track	51.27	3
20	Scott, Ryan	Lakehead Run	51.36	1
21	Roberts, Chris	Capital City	51.36	2
22	Dragicevic, Nikola	U of Calgary Ath	52.98	3
23	Kellner, Thomas	Caltaf Athle	54.90	2
--	Fitkowsky, Matthew	Bison Track	DNF	2

Men 400 Meter Dash Championship

=====

Sponsor: MP from Elmwood-Transcona Lawrence Toet
 Top 2 plus next 2 fastest times

Name	Year Team	Finals
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Finals

1	McBride, Brandon	Windsor Legi	46.25	
2	Ayesu-Attah, Benjamin	BC Athletics	46.53	
3	Alexandre, Marc-Andre	U of T Track	47.49	
4	George, Nathan K.	BC Athletics	47.53	
5	Fedyk, Alex	Saskatoon TF	48.28	
6	Franklin, Rayshaun	U of T Track	48.54	
7	Embury, Wade	Ottawa Lions	48.96	
--	Stephenson, Jermaine	Supreme Athl	DQ	Rule 162.3

Men 800 Meter Run Championship

=====

Sponsor: Ranger Insurance
 Top 2 plus next 2 fastest times

Name	Year Team	Prelims	H#
------	-----------	---------	----

Preliminaries

1	Sturkenboom, Mathieu	Unattached	1:52.29q	1
2	*sikubwabo, Yves	Ottawa Lions	1:52.42q	2
3	Smith, Tyler	Leduc Track	1:52.54q	2
4	Swanson, Matthew	BC Athletics	1:52.82q	2
5	Wand, Jordan	Queen City S	1:52.82q	1
6	Buttinger, Scott	Laurel Creek	1:53.06q	2
7	Neal, Keffri W.	BC Athletics	1:53.13q	1
8	Veillette, Félix	Club Athletisme	1:53.40q	2
9	Hutton, Christopher	Runners Edge	1:53.68q	1
10	Moodie, Triphon	Mississauga	1:54.36	3
11	Guenther, Davis	Riversdale A	1:54.66	3
12	Ilkiw, Kristofor	Edmonton Col	1:55.14	2
13	BussiEres, Alex	Club Athletisme	1:55.71	1
14	Hutton, Alex	Ottawa Lions	1:55.99	1
15	Palamar, Adam	Ottawa Lions	1:56.28	3
16	Papania, Marco	Newmarket Hu	1:56.87	3
17	Neufeld, Levi	Wpg Optimist	1:56.99	1
18	Ajua, Jean-Baptiste	Elmwood High	1:58.80	1
19	Getty, Thomas	BC Athletics	1:58.84	3
20	Goodwin, Nathan	Coastal Trac	1:59.18	2
21	Anderson, Drew	Speed River	2:00.29	3

Men 800 Meter Run Championship

=====

Name	Year Team	Prelims
------	-----------	---------

1	Sturkenboom, Mathieu	Unattached	1:52.29Q
2	*sikubwabo, Yves	Ottawa Lions	1:52.42Q
3	Moodie, Triphon	Mississauga	1:54.36Q
4	Smith, Tyler	Leduc Track	1:52.54Q
5	Wand, Jordan	Queen City S	1:52.82Q
6	Guenther, Davis	Riversdale A	1:54.66Q
7	Swanson, Matthew	BC Athletics	1:52.82q
8	Buttinger, Scott	Laurel Creek	1:53.06q
9	Neal, Keffri W.	BC Athletics	1:53.13q
10	Veillette, Félix	Club Athletisme	1:53.40
11	Hutton, Christopher	Runners Edge	1:53.68
12	Ilkiw, Kristofor	Edmonton Col	1:55.14
13	BussiEres, Alex	Club Athletisme	1:55.71
14	Hutton, Alex	Ottawa Lions	1:55.99
15	Palamar, Adam	Ottawa Lions	1:56.28
16	Papania, Marco	Newmarket Hu	1:56.87
17	Neufeld, Levi	Wpg Optimist	1:56.99
18	Ajua, Jean-Baptiste	Elmwood High	1:58.80
19	Getty, Thomas	BC Athletics	1:58.84
20	Goodwin, Nathan	Coastal Trac	1:59.18
21	Anderson, Drew	Speed River	2:00.29

Men 800 Meter Run Championship

=====
Sponsor: Ranger Insurance
Top 2 plus next 2 fastest times

Name	Year Team	Finals
=====		
Finals		
1 *sikubwabo, Yves	Ottawa Lions	1:49.93
2 Smith, Tyler	Leduc Track	1:50.01
3 Sturkenboom, Mathieu	Unattached	1:50.58
4 Swanson, Matthew	BC Athletics	1:52.08
5 Moodie, Triphon	Mississauga	1:52.43
6 Buttinger, Scott	Laurel Creek	1:52.70
7 Guenther, Davis	Riversdale A	1:52.88
8 Neal, Keffri W.	BC Athletics	1:53.72
9 Wand, Jordan	Queen City S	1:56.00

Men 1500 Meter Run Championship

=====
Sponsor: MP from St Boniface Shelly Glover
Top 3 plus the next 3 fastest times

Name	Year Team	Prelims
=====		
Preliminaries		
1 Palamar, Adam	Ottawa Lions	3:54.87q
2 Hendrixx, Aaron	London Runne	3:55.74q
3 Gravel, Christian	BC Athletics	3:56.03q
4 Anderson, Drew	Speed River	3:56.84q
5 *sikubwabo, Yves	Ottawa Lions	3:57.20q
6 Grieve, Kyle	Greater Toro	3:57.25q
7 Hynes, Brendan	U of T Track	3:57.34q
8 BussiEres, Alex	Club Athletisme	3:57.49q
9 Smith, Troy	Niagara Olym	3:57.69q
10 Sloan, Harrison	U of T Track	3:57.77q
11 Tate, Mike	Antigonish T	3:57.80q
12 Day, Mickey	Ottawa Lions	3:57.83q
13 Freemantle, Alexander	Newmarket Hu	3:57.98q
14 Heidecker, Taryn	Saskatoon TF	3:59.83
15 Janssen, Trevor	Aktiv Racing	4:00.11
16 Getty, Thomas	BC Athletics	4:00.15
17 Macpherson, Eric	Newmarket Hu	4:00.30
18 Neufeld, Levi	Wpg Optimist	4:00.73
19 Madsen, William	MAC Track (M	4:00.98
20 Hebert, Dylan	A S E A	4:03.07
21 Quick, Michael	Calgary Spar	4:03.73
22 Kondrat, Nick	Lakehead Run	4:04.21
23 Quarrell, Mason	Lakehead Run	4:07.15
24 Ort, Jay	Unattached MB	4:07.47
25 Gravel, Philippe	Sherbrooke (4:07.89
26 Faul, James	Caltaf Athle	4:08.99
27 Balezantis, Reid	Saskatoon TF	4:09.67
28 Fitzgibbon, Chris	Caltaf Athle	4:10.48
29 Delcourt, Timothy	BC Athletics	4:12.79
30 Lee, Mark	U of Calgary Ath	4:13.89
31 Galea, Matthew	Caltaf Athle	4:17.99
32 Foster, Sean	Caltaf Athle	4:19.94

Men 1500 Meter Run Championship

=====
Sponsor: MP from St Boniface Shelly Glover
Top 3 plus the next 3 fastest times

Name	Year Team	Finals
=====		
Finals		
1 Palamar, Adam	Ottawa Lions	3:52.95
2 Hendrixx, Aaron	London Runne	3:54.31
3 *sikubwabo, Yves	Ottawa Lions	3:55.23
4 BussiEres, Alex	Club Athletisme	3:56.60
5 Freemantle, Alexander	Newmarket Hu	3:57.05
6 Anderson, Drew	Speed River	3:58.24
7 Smith, Troy	Niagara Olym	3:59.05
8 Gravel, Christian	BC Athletics	3:59.78
9 Grieve, Kyle	Greater Toro	4:00.28
10 Day, Mickey	Ottawa Lions	4:00.79
11 Sloan, Harrison	U of T Track	4:01.05
12 Tate, Mike	Antigonish T	4:01.70
13 Hynes, Brendan	U of T Track	4:01.88

Men 5000 Meter Run Championship

=====
Sponsor: Councillor Bryan Mayes

Name	Year Team	Finals
=====		

1	Hendrikx, Aaron	London Runne	14:49.13
2	Sleiman, Ryan	Windsor Legi	14:53.94
3	Coughler, Jeremy	Durham Drago	15:01.59
4	Ahmed, Ibrahim	Niagara Olym	15:17.67
5	Milton, James	Laurel Creek	15:18.74
6	Thibeault, Antoine	Phenix	15:28.86
7	Brown, Dylan	Newmarket Hu	15:33.05
8	Tate, Mike	Antigonish T	15:33.09
9	Lavigne, Alexandre	Club Athletisme	15:33.72
10	Fleming, Tristan	London Runne	15:37.91
11	Rouleau, Marc-Antoine	Vaudreuil Do	15:41.48
12	Galea, Matthew	Caltaf Athle	15:42.34
13	Aulagnon, Dominique	Lakehead Run	15:46.63
14	Travaglini, Matthew	London Western	15:48.38
15	Labonte, Patrice	Vainqueurs M	15:50.21
16	Madsen, William	MAC Track (M	16:01.87
17	Berhe, Alex	Ottawa Lions	16:03.49
18	Fitzgibbon, Chris	Caltaf Athle	16:15.67
19	Denault, Robert	Newmarket Hu	16:19.81
20	Belgherbi, Lotfi	Enduromax	16:19.82
21	Shamsi, Bilal	Coastal Trac	16:22.81
22	Hick, Jeremy	London Western	16:27.50
23	McDonald, Kieran	Elite Speed	16:27.73
24	Carrique, Patrick	Laurel Creek	16:29.54
25	Foster, Sean	Caltaf Athle	16:48.42
26	Cooper, Jeremy	Track North	16:53.34
27	St-Antoine, Samuel	Vainqueurs M	17:34.45
--	Hetterley, Greg	Queen City S	DNF

Men 110 Meter Hurdles 0.991 Championship

Sponsor: Natural Rest Bed					
Name	Year	Team	Prelims	Wind	H#
Preliminaries					
1	Arsenault, Calvin	Laurel Creek	14.12Q	-1.4	2
2	Slythe-Léveillé, Gabriel	Corsaire-Cha	14.52Q	-1.0	1
3	Sherwood, Jordan	Laurel Creek	14.67Q	-1.4	2
4	Green, Christopher	Supreme Athl	14.95Q	-1.0	1
5	Wright, Andre	Durham Legio	14.71Q	-1.4	2
6	Fourie, Charl	Laurel Creek	15.09Q	-1.0	1
7	Guy, Eric	Wpg Optimist	14.86q	-1.4	2
8	Steininger, Dustin	Excel Athlet	15.09q	-1.0	1
9	Olson, Jared	Riversdale A	15.12	-1.4	2
10	Johnston, Kieran	Saskatoon TF	15.29	-1.0	1
11	Long, Mitchell	Windsor Legi	15.43	-1.0	1
12	De Visser, Andrew	Vancouver Th	15.46	-1.4	2
13	Kwan, Anthony	U of T Track	15.71	-1.4	2
14	Elke, Daniel	Kamloops Tra	15.91	-1.0	1
15	Stemmler, Aaron	Laurel Creek	16.25	-1.4	2
16	Bruce, Jordan	Chebucto Ath	17.62	-1.0	1

Men 110 Meter Hurdles 0.991 Championship

Sponsor: Natural Rest Bed					
Name	Year	Team	Finals	Wind	
Finals					
1	Arsenault, Calvin	Laurel Creek	14.16	-1.3	
2	Slythe-Léveillé, Gabriel	Corsaire-Cha	14.49	-1.3	
3	Wright, Andre	Durham Legio	14.56	-1.3	
4	Green, Christopher	Supreme Athl	14.65	-1.3	
5	Fourie, Charl	Laurel Creek	15.14	-1.3	
6	Sherwood, Jordan	Laurel Creek	15.15	-1.3	
7	Steininger, Dustin	Excel Athlet	15.32	-1.3	
--	Guy, Eric	Wpg Optimist	DQ	-1.3	Rule 168.7 (A)

Men 400 Meter Hurdles 0.914 Championship

Sponsor: Derkson Printing					
Top 3 plus next 2 fastest times					
Name	Year	Team	Prelims	H#	
Preliminaries					
1	Green, Christopher	Supreme Athl	54.64Q	1	
14	Long, Mitchell	Windsor Legi	58.82	2	
15	Dragicevic, Daniel	U of Calgary Ath	59.43	2	
16	Stemmler, Aaron	Laurel Creek	1:00.38	2	

Men 400 Meter Hurdles 0.914 Championship

=====
Sponsor: Derkson Printing

Top 3 plus next 2 fastest times

Name	Year	Team	Finals
===== Finals			
1 Green, Christopher		Supreme Athl	53.59
2 Blackburn, Nick		BC Athletics	54.13
3 Kerr, Jared		Flying Angel	54.53
4 Arychuk, Stephen		Edmonton Col	55.26
5 Sutton, Charlie		Speed River	55.28
6 Kong, Tim		Edmonton Roy	55.72
7 Beaudoin, Shawn		Windsor Legi	56.10
8 Nystuen, Liam		Excel Athlet	56.78

Men 3000 Meter Steeplechase 0.914 Championship

=====
Sponsor: St Vital Physiotherapy

Name	Year	Team	Finals
===== Finals			
1 Cassidy, Ryan		O2	9:10.08
2 Clifford, Deon J.		BC Athletics	9:13.86
3 Thibeault, Antoine		Phenix	9:14.99
4 Coughler, Jeremy		Durham Drago	9:16.89
5 Berhe, Alex		Ottawa Lions	9:20.40
6 Psocka, Patrick		BC Athletics	9:21.04
7 Deschiffart, Joel		BC Athletics	9:26.60
8 Labonte, Patrice		Vainqueurs M	9:29.48
9 McCann, Robert		Mississauga	9:32.47
10 Travaglini, Matthew		London Western	9:43.86
11 Kagumba, Joseph		Mississauga	9:45.10
12 White, Tyler		Newmarket Hu	9:52.06
13 Bourgeois, Michael		Newmarket Hu	9:59.40
14 Bolton, Connor		Peterborough	9:59.84
15 Hick, Jeremy		London Western	10:14.55
16 St-Antoine, Samuel		Vainqueurs M	10:15.15
17 Delle Monache, Alex		Aktiv Racing	10:23.20
18 Fontein, Spencer		Unattached	11:08.76

Men 4x100 Meter Relay Championship

=====
Sponsor: Winnipeg Athletic Fitness

Team	Finals
===== Finals	
1 Supreme Athletics 'A'	42.13
1) Rittinger, Devon	2) Green, Christopher
3) Stephenson, Jermaine	4) Agada, Emeka
2 Team Alberta 'A'	42.68
3 Saskatoon TF Club 'A'	43.03
4 Laurel Creek Tfc 'B'	43.21
1) Stemmler, Aaron	2) Sherwood, Jordan
3) Arsenault, Calvin	4) Fourie, Charl
5 Winnipeg Optimist Athletics 'A'	43.90
1) Schindell, Brayden	2) Sader, Levi
3) Mansaray, Alhaji	4) Akinsola, Oyinkansola
6 Capital City Track Club 'B'	44.11
1) Knox, Connor	2) Pickering, Cameron
3) Roberts, Chris	4) Kujabi, Momodou
7 Ottawa Lions Track and Fi 'A'	44.82
1) Chung, Kevin	2) Al-Slaq, Ahmed
3) Nault, Kevin	4) Hutton, Alex

Men 4x400 Meter Relay Championship

=====
Team

Team	Finals
===== Finals	
1 BC Athletics 'A'	3:14.27
2 U of Toronto Track 'B'	3:16.90
3 Ottawa Lions Track and Fi 'A'	3:20.93
1) Moses, Isaiah	2) Hutton, Alex
3) Jean-Jacques, Denray	4) Chung, Kevin
4 Capital City Track Club 'A'	3:22.39
1) Pickering, Cameron	2) Roberts, Chris
3) Knox, Connor	4) Kujabi, Momodou
5 Saskatoon TF Club 'A'	3:22.80
6 Winnipeg Optimist Athletics 'A'	3:30.27
1) Schindell, Brayden	2) Drover, Conrad
3) Sader, Levi	4) Neufeld, Levi
7 Caltaf Athletic Associati 'A'	3:30.73
1) Kellner, Thomas	2) Ivan, Alexander
3) Fenton, Walt	4) Clements, Bryce

Men High Jump Championship

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=====
Sponsor: United Wood Frames
start ht 1.75 then 1.80-1.85-1.90
Name Year Team Finals
=====
1 Mansaray, Alhaji Wpg Optimist 2.08m
  1.75 1.80 1.85 1.90 1.95 2.00 2.05 2.08 2.11
  P P P O O O XO XXO XXX
2 St-Hilaire, Philippe Vainqueurs M 2.05m
  1.75 1.80 1.85 1.90 1.95 2.00 2.05 2.08
  P P P O O O O XXX
3 Olson, Steven Wpg Optimist 2.00m
  1.75 1.80 1.85 1.90 1.95 2.00 2.05
  P P P O O XO XXX
4 Khan, Bashir BC Athletics 1.95m
  1.75 1.80 1.85 1.90 1.95 2.00
  P P P XO O XXX
5 Campbell, Scott Sarnia Athle J1.95m
  1.75 1.80 1.85 1.90 1.95 2.00
  P O XO XXO O XXX
6 Guay, Leeson C.A.N.I. 1.90m
  1.75 1.80 1.85 1.90 1.95
  P O O O XXX
7 Akinsola, Oyinkansola Wpg Optimist J1.90m
  1.75 1.80 1.85 1.90 1.95
  P O O XO XXX
8 Backiel, Filip South Fraser J1.90m
  1.75 1.80 1.85 1.90 1.95
  P O O XXO XXX
9 Fritze, Matthew Capital City J1.90m
  1.75 1.80 1.85 1.90 1.95
  P O XO XXO XXX
10 Galbraith, Andrew Unattached AB 1.85m
  1.75 1.80 1.85 1.90
  P P O XXX
11 Clark, Neil Wpg Optimist J1.85m
  1.75 1.80 1.85 1.90
  P XO O XXX
-- Beaudoin, Shawn Windsor Legi NH
  1.75 1.80
  P XXX

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Men Pole Vault Championship

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=====
Sponsor: CIBC
start ht. 3.40 then 3.60-3.80-4.00
Name Year Team Finals
=====
1 Allen, Spencer BC Athletics 4.65m
  4.50 4.65 4.80
  XO XO XXX
2 Osborne, Adam W. BC Athletics 4.50m
  4.00 4.20 4.35 4.50 4.65
  O XO O O XXX
3 Savic, Milos Windsor Legi 4.35m
  4.00 4.20 4.35 4.50
  O O XXO XXX
4 Waugh, Christopher London Western J4.35m
  4.00 4.20 4.35 4.50
  O XXO XXO XXX
5 Young, Connor London Western 4.00m
  3.80 4.00 4.20
  O XO XXX
6 Richard, FrÉdÉrick Sherbrooke ( J4.00m
  4.00 4.20
  XXO XXX
6 Tevernier, Telvin South Simcoe J4.00m
  4.00 4.20
  XXO XXX
8 Bairos-Novak, Steven Wpg Optimist 3.60m
  3.60 3.80
  XXO XXX
-- Woo, Graham Wpg Optimist NH
  4.00
  XXX
-- Vanduzer, Eli Ottawa Lions NH
  3.60
  XXX

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Men Long Jump Championship

Sponsor: Subway						
Name	Year	Team	Finals	Wind		
1 Dorcelus, Stevens		Vainqueurs M	7.22m	0.7		
	7.15m(2.5)	6.95m(1.1)	FOUL(0.3)	6.73m(1.2)	FOUL(1.5)	7.22m(0.7)
2 Bell, Riley		St. Thomas L	7.07m	2.1		
	6.81m(1.1)	6.79m(2.0)	6.94m(1.6)	7.07m(2.1)	6.77m(1.6)	6.81m(0.8)
3 Piaseczny, Konrad		South Fraser	6.90m	1.6		
	6.59m(0.2)	6.46m(0.1)	6.57m(+0.0)	FOUL(1.4)	6.79m(0.4)	6.90m(1.6)
4 Kostelnik, Teodor		Capital City	6.89m	0.5		
	3.96m(2.0)	6.58m(2.3)	6.64m(0.8)	4.75m(1.8)	FOUL(2.4)	6.89m(0.5)
5 O'Donnell, Mitchell		Supreme Athl	6.82m	2.2		
	6.65m(2.4)	6.82m(2.2)	FOUL(1.1)	6.74m(2.4)	FOUL(2.5)	FOUL(1.8)
6 Flanagan, Riley		Supreme Athl	6.61m	1.4		
	6.23m(2.0)	6.61m(1.4)	FOUL(1.1)	6.27m(3.1)	6.00m(1.7)	6.50m(2.0)
7 Woo, Graham		Wpg Optimist	6.57m	1.9		
	6.57m(1.9)	6.28m(1.1)	6.21m(1.9)	6.48m(2.4)	6.35m(1.7)	6.51m(2.3)
8 Hodgins, Conner		St. Thomas L	6.37m	1.3		
	6.37m(1.3)	6.30m(2.0)	6.31m(2.1)	5.99m(2.8)	6.03m(1.7)	6.28m(2.3)
9 De Visser, Andrew		Vancouver Th	6.27m	0.9		
	6.27m(0.9)	6.19m(1.0)	6.22m(1.3)			
10 Jansen, Richard		York Univers	6.20m	2.3		
	FOUL(1.9)	6.20m(2.3)	FOUL(1.9)			
11 Robinson, Taran		Kindersley A	6.11m	2.3		
	FOUL(1.3)	6.11m(2.3)	4.66m(3.0)			
-- Balogun, Jonathan		Capital City	FOUL			
	FOUL(2.8)	FOUL(2.0)	FOUL(0.2)			

Men Triple Jump Championship

Sponsor: Awards and More						
Name	Year	Team	Finals	Wind		
1 Bell, Riley		St. Thomas L	14.57m	+0.0		
	12.01m(+0.0)	FOUL(+0.0)	13.55m(+0.0)	13.46m(+0.0)	FOUL(+0.0)	14.57m(+0.0)
2 Al-Slaq, Ahmed		Ottawa Lions	14.07m	-0.6		
	11.87m(0.7)	12.97m(-0.4)	13.36m(+0.0)	13.49m(-0.9)	14.07m(-0.6)	14.07m(1.4)
2 Fyffe, Nicholas		BC Athletics	14.07m	-0.5		
	14.04m(+0.0)	FOUL(0.2)	FOUL(+0.0)	14.07m(-0.5)	FOUL(1.7)	13.92m(0.3)
4 Bruce, Jordan		Chebucto Ath	14.05m	1.8		
	FOUL(-1.0)	FOUL(-0.9)	13.10m(+0.0)	13.55m(+0.0)	FOUL(+0.0)	14.05m(1.8)
5 Jansen, Richard		York Univers	14.02m	NWI		
	13.27m(0.6)	FOUL(-1.3)	13.76m(+0.0)	13.85m(+0.0)	FOUL(1.0)	14.02m(NWI)
6 Flemming, Jahrece		U of T Track	14.00m	+0.0		
	FOUL(+0.0)	FOUL(-1.4)	14.00m(+0.0)	FOUL(1.4)	FOUL(0.8)	FOUL(+0.0)
7 Carey, Logan		London Western	13.79m	-0.5		
	13.37m(0.3)	13.40m(-1.0)	13.59m(-1.4)	13.76m(+0.0)	13.16m(+0.0)	13.79m(-0.5)
8 Seidle, Scott		Unattached SK	13.35m	2.0		
	FOUL(0.8)	12.99m(-1.1)	12.83m(1.5)	12.86m(+0.0)	FOUL(+0.0)	13.35m(2.0)
9 Akinsola, Oyinkansola		Wpg Optimist	12.87m	+0.0		
	12.73m(-0.5)	12.70m(-1.3)	12.87m(+0.0)			
10 Giesbrecht, Christopher		Unattached SK	12.24m	+0.0		
	11.99m(+0.0)	12.24m(+0.0)	12.02m(+0.0)			
-- Chung, Kevin		Ottawa Lions	FOUL			
	FOUL(-0.1)	FOUL(1.6)	FOUL(-1.4)			

Men Shot Put 6.0 Championship

Sponsor: Jake's Fancy Stairs						
Name	Year	Team	Finals			
1 Young, Jordan		Windsor Legi	18.03m			
	16.57m	16.13m	17.41m	18.03m	17.72m	FOUL
2 Deslauriers, Brandon		Unattached	17.27m			
	FOUL	16.58m	17.27m	FOUL	16.84m	FOUL
3 Bowman, Kevin		Saugeen Trac	16.81m			
	16.06m	16.51m	15.53m	16.81m	FOUL	FOUL
4 Millman, Peter		Truro Lions	16.38m			
	15.64m	15.83m	16.06m	15.78m	16.38m	16.24m
5 Serfas, Devin		Saskatoon TF	15.77m			
	FOUL	15.77m	15.05m	15.11m	15.64m	15.66m
6 Polinski, Daniel		York Univers	15.76m			
	14.56m	15.43m	FOUL	FOUL	FOUL	15.76m
7 Beaulieu, Simon		Les Vaillant	15.62m			
	15.18m	15.62m	15.29m	15.54m	15.45m	FOUL
8 Urniezius, Curtis		Bison Track	14.54m			
	13.33m	13.74m	14.28m	14.54m	FOUL	FOUL
9 Kennedy, Robert		Truro Lions	14.23m			
	14.23m	13.80m	14.14m			

10	Hackie, Ezra		Bison Track	14.01m
	14.01m 13.64m FOUL			
11	Thompson, Blake		South Simcoe	13.87m
	FOUL 13.87m FOUL			
12	Cullen, Andrew		London Western	12.32m
	12.32m 11.58m FOUL			
13	Froese, Jonathan		Capital City	12.23m
	12.23m FOUL 10.91m			
14	Tourangeau, Ryan		PW Kaesar HI	11.39m
	11.39m 11.33m 11.14m			

Men Discus Throw 1.75 Championship

Name	Year	Team	Finals
1 Young, Jordan		Windsor Legi	56.07m
	55.02m 56.07m 55.79m FOUL FOUL 52.65m		
2 Millman, Peter		Truro Lions	50.73m
	48.86m FOUL FOUL 50.27m 50.73m 49.97m		
3 Thompson, Blake		South Simcoe	49.85m
	FOUL 46.80m 44.44m 47.74m 49.85m FOUL		
4 Polinski, Daniel		York Univers	48.27m
	36.97m 46.26m FOUL 48.07m 48.27m FOUL		
5 Deslauriers, Brandon		Unattached	46.87m
	46.77m 45.99m 46.87m FOUL 44.82m 46.75m		
6 Sommer, Ryan		Chinook Trac	46.36m
	45.29m 45.33m 46.06m 46.36m 46.26m FOUL		
7 Cullen, Andrew		London Western	44.18m
	43.94m 43.85m 44.18m FOUL FOUL FOUL		
8 Urniezius, Curtis		Bison Track	44.12m
	FOUL 44.12m 41.88m FOUL 41.70m 38.30m		
9 Serfas, Devin		Saskatoon TF	43.99m
	43.86m 42.77m 43.99m		
10 Beaulieu, Simon		Les Vaillant	42.14m
	FOUL FOUL 42.14m		
11 Cardinal, Alexis		Les Vaillant	41.48m
	40.68m 39.60m 41.48m		
12 Rimke, Reed		Bison Track	40.94m
	38.62m 40.94m 40.40m		
13 Bowman, Kevin		Saugeen Trac	38.36m
	FOUL FOUL 38.36m		

Men Hammer Throw 6.0 Championship

Name	Year	Team	Finals
Sponsor: Boston Pizza			
1 Keenan, Adam		BC Athletics	71.32m
	65.75m 67.28m 68.95m 70.87m 71.32m FOUL		
2 Young, Jordan		Windsor Legi	63.79m
	FOUL 61.33m FOUL 60.85m 63.79m 62.58m		
3 Millman, Peter		Truro Lions	59.09m
	57.56m 59.09m FOUL FOUL FOUL 57.19m		
4 Diaz, Pedro		U of Calgary Ath	57.19m
	FOUL 23.68m 51.15m 57.19m FOUL FOUL		
5 Beaulieu, Simon		Les Vaillant	55.84m
	47.99m FOUL 54.51m 51.77m FOUL 55.84m		
6 Bowman, Kevin		Saugeen Trac	54.43m
	53.26m FOUL FOUL FOUL 54.43m 54.07m		
7 Cardinal, Alexis		Les Vaillant	54.09m
	FOUL 49.49m 51.48m 50.90m 49.49m 54.09m		
8 Urniezius, Curtis		Bison Track	53.12m
	FOUL FOUL 49.67m FOUL FOUL 53.12m		
9 Nguyen, Charles		St. Thomas L	52.36m
	FOUL FOUL 52.36m FOUL FOUL FOUL		
10 Rimke, Reed		Bison Track	45.88m
	FOUL 45.72m 45.88m		
11 McGillivray, Kyle		Unattached MB	37.39m
	FOUL 37.39m 37.35m		
12 Yee, Daniel		U of Calgary Ath	36.49m
	FOUL FOUL 36.49m		

Men Javelin Throw 800 Championship

Name	Year	Team	Finals
Sponsor: BK and JD			
1 Kereszti, Mason		BC Athletics	62.93m
	57.02m 54.89m 59.06m FOUL FOUL 62.93m		
2 Seymour, Scott		True North Throw	54.97m
	47.44m 52.75m 54.97m 51.57m FOUL 49.17m		

3	Lepage, FrÉdÉrick	Unattached	54.90m
	50.71m 46.04m 54.90m 54.50m 53.31m 54.20m		
4	Haskett, Ross W.	Pacific Athl	51.28m
	51.18m 51.28m FOUL 46.99m 49.75m 47.68m		
5	Borsi, Robert	Laurel Creek	45.41m
	45.41m 44.92m 44.97m FOUL FOUL 43.73m		

Decathlon: #1 Men 100 Meter Dash Championship Decathlon

Name	Year Team	Finals	Wind	H#	Points
1 Turner, James	BC Athletics	11.23	1.5	1	810
2 Drennan, Jesse	Bluenose Ath	11.36	1.5	1	782
3 Solomon, Junior	Project Athl	11.37	1.5	1	780
4 Nault, Kevin	Ottawa Lions	11.43	1.6	2	767
5 Daly-Grafstein, Ben	BC Athletics	11.50	1.6	2	753
6 Andrus, Jake	Peterborough	11.74	1.6	2	703
7 Golow, Dylan	South Simcoe	11.99	1.5	1	653
8 Enns, Chad	Wpg Optimist	12.04	1.6	2	643
9 West, Matheson	Saugeen Trac	12.11	1.5	1	629

Decathlon: #5 Men 400 Meter Dash Championship Decathlon

Name	Year Team	Finals	Points
1 Turner, James	BC Athletics	49.98	816
2 Solomon, Junior	Project Athl	50.59	788
3 Drennan, Jesse	Bluenose Ath	50.86	775
4 Daly-Grafstein, Ben	BC Athletics	51.46	749
5 Enns, Chad	Wpg Optimist	53.53	659
6 Golow, Dylan	South Simcoe	53.64	655
7 Nault, Kevin	Ottawa Lions	54.04	638
8 Andrus, Jake	Peterborough	54.41	623

Decathlon: #10 Men 1500 Meter Run Championship Decathlon

Name	Year Team	Finals	Points
1 Solomon, Junior	Project Athl	4:33.29	723
2 Golow, Dylan	South Simcoe	4:33.39	723
3 Drennan, Jesse	Bluenose Ath	4:33.50	722
4 Turner, James	BC Athletics	4:42.92	662
5 Andrus, Jake	Peterborough	5:08.10	514
6 Enns, Chad	Wpg Optimist	5:20.42	448
7 Nault, Kevin	Ottawa Lions	5:25.43	422

Decathlon: #6 Men 110 Meter Hurdles 0.991 Championship Decathlon

Name	Year Team	Finals	Wind	Points
1 Daly-Grafstein, Ben	BC Athletics	15.02	1.2	847
2 Andrus, Jake	Peterborough	15.21	1.2	824
3 Turner, James	BC Athletics	15.48	1.2	792
4 Solomon, Junior	Project Athl	15.65	1.2	773
5 Golow, Dylan	South Simcoe	16.19	1.2	711
6 Drennan, Jesse	Bluenose Ath	16.27	1.2	703
7 Nault, Kevin	Ottawa Lions	16.82	1.2	643
8 Enns, Chad	Wpg Optimist	16.96	1.2	628

Decathlon: #4 Men High Jump Championship Decathlon

Name	Year Team	Finals	Points
1 Golow, Dylan	South Simcoe	1.89m	705
	1.62 1.65 1.68 1.71 1.74 1.77 1.80 1.83 1.86 1.89 1.92		
	o o o o o o o o XXO XO XXX		
2 Andrus, Jake	Peterborough	1.86m	679
	1.71 1.74 1.77 1.80 1.83 1.86 1.89		
	o o XO XXO XXO o XXX		
3 Drennan, Jesse	Bluenose Ath	1.83m	653
	1.71 1.74 1.77 1.80 1.83 1.86		
	o XO o o o XXX		
4 Solomon, Junior	Project Athl	1.77m	602
	1.65 1.68 1.71 1.74 1.77 1.80		
	o o XXO o XXO XXX		
5 Enns, Chad	Wpg Optimist	1.71m	552
	1.65 1.68 1.71 1.74		
	o o o XXX		
5 Daly-Grafstein, Ben	BC Athletics	1.71m	552
	1.65 1.68 1.71 1.74		
	XO P XXO XXX		

5	Turner, James	BC Athletics	1.71m	552
	1.68 1.71 1.74 1.77			
	XXO O P XXX			
8	Nault, Kevin	Ottawa Lions	1.68m	528
	1.59 1.62 1.65 1.68 1.71			
	XXO O XO XO XXX			

Decathlon: #8 Men Pole Vault Championship Decathlon

Name	Year	Team	Finals	Points
1 Golow, Dylan		South Simcoe	4.00m	617
	3.70 3.80 3.90 4.00 4.10 4.20 4.30			
	O O XXO XXO XXP X XXP			
2 Daly-Grafstein, Ben		BC Athletics	3.80m	562
	3.60 3.70 3.80			
	O P O			
3 Turner, James		BC Athletics	3.40m	457
	3.00 3.10 3.20 3.30 3.40 3.50 3.60			
	XO O XO O O XP XX			
4 Andrus, Jake		Peterborough	3.20m	406
	3.20 3.30 3.40 3.50			
	XO P P X			
5 Drennan, Jesse		Bluenose Ath	3.00m	357
	2.80 2.90 3.00 3.10			
	O O XO XXX			
6 Enns, Chad		Wpg Optimist	2.80m	309
	2.30 2.40 2.50 2.60 2.70 2.80 2.90			
	XO XO O O O XXO XXX			
7 Nault, Kevin		Ottawa Lions	2.40m	220
	2.30 2.40 2.50			
	O O XXX			
-- Solomon, Junior		Project Athl	NH	
	2.90			
	XXX			

Decathlon: #2 Men Long Jump Championship Decathlon

Name	Year	Team	Finals	Wind	Points
1 Daly-Grafstein, Ben		BC Athletics	6.60m	0.4	720
	6.34m(NWI) 6.21m(NWI) 6.60m(NWI)				
2 Turner, James		BC Athletics	6.54m	+0.0	707
	6.45m(NWI) 6.52m(NWI) 6.54m(NWI)				
3 Drennan, Jesse		Bluenose Ath	6.39m	+0.0	673
	5.65m(NWI) 6.39m(NWI) 6.25m(NWI)				
4 Golow, Dylan		South Simcoe	6.32m	+0.0	657
	6.32m(NWI) 6.22m(NWI) 4.66m(NWI)				
5 Andrus, Jake		Peterborough	6.19m	0.3	628
	6.19m(NWI) 5.90m(NWI) FOUL				
6 Solomon, Junior		Project Athl	5.98m	0.5	582
	5.84m(NWI) 5.76m(NWI) 5.98m(NWI)				
7 West, Matheson		Saugeen Trac	5.72m	+0.0	527
	FOUL 5.72m(NWI) 5.54m(NWI)				
8 Nault, Kevin		Ottawa Lions	5.45m	1.2	471
	5.39m(NWI) 5.30m(NWI) 5.45m(NWI)				
9 Enns, Chad		Wpg Optimist	5.34m	+0.0	449
	5.34m(NWI) 5.26m(NWI) 5.20m(NWI)				

Decathlon: #3 Men Shot Put 6.0 Championship Decathlon

Name	Year	Team	Finals	Points
1 Drennan, Jesse		Bluenose Ath	13.02m	668
	13.02m 12.62m 12.49m			
2 Turner, James		BC Athletics	12.68m	648
	12.27m 12.26m 12.68m			
3 West, Matheson		Saugeen Trac	12.17m	617
	FOUL 12.17m 12.10m			
3 Solomon, Junior		Project Athl	12.17m	617
	12.17m 11.95m 11.62m			
5 Golow, Dylan		South Simcoe	11.53m	578
	FOUL 11.47m 11.53m			
6 Nault, Kevin		Ottawa Lions	10.93m	542
	8.48m 9.55m 10.93m			
7 Andrus, Jake		Peterborough	10.29m	503
	10.29m 10.11m 9.66m			
8 Daly-Grafstein, Ben		BC Athletics	10.25m	501
	10.12m 10.25m 10.06m			
9 Enns, Chad		Wpg Optimist	7.75m	352
	7.44m 7.75m 7.38m			

Decathlon: #7 Men Discus Throw 1.75 Championship Decathlon

Name	Year	Team	Finals	Points
1 Turner, James 40.65m FOUL FOUL		BC Athletics	40.65m	678
2 Golow, Dylan 33.89m FOUL FOUL		South Simcoe	33.89m	542
3 Drennan, Jesse FOUL FOUL 33.18m		Bluenose Ath	33.18m	527
4 Solomon, Junior 31.27m 32.55m 32.86m		Project Athl	32.86m	521
5 Daly-Grafstein, Ben 31.72m 31.70m FOUL		BC Athletics	31.72m	498
6 Andrus, Jake 28.90m 31.05m 29.27m		Peterborough	31.05m	485
7 Nault, Kevin 23.00m 22.79m 26.32m		Ottawa Lions	26.32m	393
8 Enns, Chad 17.40m 19.78m 17.06m		Wpg Optimist	19.78m	268

Decathlon: #9 Men Javelin Throw 800 Championship Decathlon

Name	Year	Team	Finals	Points
1 Turner, James 53.20m 49.35m 51.70m		BC Athletics	53.20m	636
2 Drennan, Jesse 47.92m 43.92m 40.92m		Bluenose Ath	47.92m	558
3 Golow, Dylan 45.47m 47.17m 47.25m		South Simcoe	47.25m	548
4 Solomon, Junior 43.37m 44.93m 39.82m		Project Athl	44.93m	514
5 Andrus, Jake FOUL 40.23m 36.54m		Peterborough	40.23m	445
6 Nault, Kevin 34.70m 34.35m 36.87m		Ottawa Lions	36.87m	397
7 Enns, Chad 33.00m 32.40m 34.38m		Wpg Optimist	34.38m	361

Men Decathlon Championship

Sponsor: McDonald's				
Name	Year	Team	Finals	Points
1 Turner, James		BC Athletics	6758	
2 Drennan, Jesse		Bluenose Ath	6418	
3 Golow, Dylan		South Simcoe	6389	
4 Solomon, Junior		Project Athl	5900	
5 Andrus, Jake		Peterborough	5810	
6 Nault, Kevin		Ottawa Lions	5021	
7 Enns, Chad		Wpg Optimist	4669	