

Event 1 Women 100 Meter Dash Junior

16 Advance: Top 3 Each Heat plus Next 4 Best Times

ON Jr U20: ! 11.21 26/08/1981 Angela BAILEY

ON Jr U19: ! 11.44 17/07/1980 Angela BAILEY

Name	Year	Team	Prelims	Wind	H#
Preliminaries					
1	Harrison, Shaina	94 Flying Angels	11.92Q	0.6	2
2	Labarang, Charifa	95 Ottawa Lions	11.97Q	1.0	1
3	McCreath, Sade	96 Flying Angels	12.08Q	0.4	4
4	Brohman, Amelia	94 C.A.N.I	12.11Q	0.8	3
5	Westney, Jellisa	93 Supreme Athletic	12.18Q	0.6	2
6	Caron, Gabrielle	97 QC - Rive-Sud	X12.21Q	0.4	4
7	Huard, Ashley	93 Track North	12.22Q	1.0	1
8	Abdul-Rashid, Mariam	97 Speed Academy	12.25Q	0.8	3
9	Defreitas, Tameran	94 South Simcoe	12.38Q	0.4	4
10	Stephens, Maya	96 Toronto Track	12.40Q	1.0	1
11	Frigon, Andreanne	93 Quebec	X12.53Q	0.8	3
12	Warren, Madeline	94 C.A.N.I	12.61Q	0.6	2
13	Fernando, Shelani	95 Ottawa Lions	12.43q	0.4	4
14	Sauer, Tegan	95 Laurel Creek	12.43q	1.0	1
15	Rodriguez, Melanie	95 Flying Angels	12.59q	0.8	3
16	Spoerri, Lindsay	96 Ottawa Lions	12.73q	0.6	2
17	Lindo, Kerry-Ann	93 C.A.N.I	12.75	1.0	1
18	Carrique, Jennifer	94 Laurel Creek	12.76	0.4	4
19	Muma, Rachael	93 St. Thomas Leg.	12.96	0.6	2
20	Simpson, Savannah	96 Burlington L	12.98	0.8	3
21	Gauthier, Annie	96 Laurel Creek	13.00	0.8	3
22	Hyman, Kenya	96 Speed Academy	13.13	0.6	2
23	Penney, Bailey	94 Windsor Legion	13.31	0.4	4
24	Wang, Lois	96 Speed Academy	13.49	1.0	1
25	Williams, Jodeen	94 Nfld Canada	14.10	1.0	1

Event 1 Women 100 Meter Dash Junior

8 Advance: Top 3 Each Heat plus Next 2 Best Times

ON Jr U20: ! 11.21 26/08/1981 Angela BAILEY

ON Jr U19: ! 11.44 17/07/1980 Angela BAILEY

Name	Year	Team	Semis	Wind	H#
Semi-Finals					
1	Harrison, Shaina	94 Flying Angels	11.73Q	3.1	1
2	McCreath, Sade	96 Flying Angels	11.89Q	1.9	2
3	Brohman, Amelia	94 C.A.N.I	11.89Q	3.1	1
4	Labarang, Charifa	95 Ottawa Lions	11.98Q	1.9	2
5	Westney, Jellisa	93 Supreme Athletic	11.92Q	3.1	1
6	Stephens, Maya	96 Toronto Track	12.18Q	1.9	2
7	Abdul-Rashid, Mariam	97 Speed Academy	11.94q	3.1	1
8	Defreitas, Tameran	94 South Simcoe	12.21q	3.1	1
9	Huard, Ashley	93 Track North	12.25	1.9	2
10	Fernando, Shelani	95 Ottawa Lions	12.32	3.1	1
11	Sauer, Tegan	95 Laurel Creek	12.36	1.9	2
12	Rodriguez, Melanie	95 Flying Angels	12.58	1.9	2
13	Warren, Madeline	94 C.A.N.I	12.64	3.1	1
14	Frigon, Andreanne	93 Quebec	X12.66	1.9	2
15	Spoerri, Lindsay	96 Ottawa Lions	12.69	3.1	1

Event 1 Women 100 Meter Dash Junior

ON Jr U20: ! 11.21 26/08/1981 Angela BAILEY

ON Jr U19: ! 11.44 17/07/1980 Angela BAILEY

Name	Year	Team	Finals	Wind
Finals				
1	McCreath, Sade	96 Flying Angels	11.89	1.0
2	Harrison, Shaina	94 Flying Angels	11.91	1.0
3	Westney, Jellisa	93 Supreme Athletic	11.96	1.0
4	Brohman, Amelia	94 C.A.N.I	12.00	1.0
5	Stephens, Maya	96 Toronto Track	12.10	1.0
6	Labarang, Charifa	95 Ottawa Lions	12.15	1.0
7	Abdul-Rashid, Mariam	97 Speed Academy	12.16	1.0
8	Defreitas, Tameran	94 South Simcoe	12.21	1.0

Event 2 Men 100 Meter Dash Junior

8 Advance: Top 2 Each Heat plus Next 2 Best Times

ON Jr U20: ! 10.26 30/07/2005 Justyn WARNER

ON Jr U19: ! 10.26 30/07/2005 Justyn WARNER

Name	Year	Team	Prelims	Wind	H#
Preliminaries					
1 Ford-Azonwanna, Andre	95	G - Force	10.82Q	0.6	3
2 De Grasse, Andre	94	Speed Academy	10.87Q	-1.1	1
3 Hayle, Tyler	93	G - Force	10.93Q	+0.0	2
4 Gordon-Maule, Quaysie	95	Quebec	X10.98Q	0.6	3
5 Dorcelus, Stevens	95	Quebec	X10.99Q	-1.1	1
6 Bobb, Brandon	95	Speed Academy	11.00Q	+0.0	2
7 Halog, Jonelle	95	C.A.N.I	11.02q	0.6	3
8 De Castro Gourdeau, Jaym	93	Quebec	X11.06q	+0.0	2
9 Benjamin, Kristian	95	Toronto Track	11.21	-1.1	1
10 Paul, Shermar	97	C.A.N.I	11.37	+0.0	2
11 Powell, Kyle	95	Toronto Track	11.50	+0.0	2
12 Boucher, Mike	93	Burlington L	11.51	-1.1	1
13 Marchese, Austin	95	Speed Academy	11.53	0.6	3
14 Saint-Victor, Oliver	95	Ottawa Lions	11.53	+0.0	2
15 Hodgins, Conner	94	St. Thomas Leg.	11.72	-1.1	1
16 Graham, Jeffrey	95	Ottawa Lions	11.90	-1.1	1
17 Moore, Liam	96	Ottawa Lions	11.92	0.6	3
18 Couture-Tremblay, Emmanu	96	Ottawa Lions	12.35	0.6	3

Event 2 Men 100 Meter Dash Junior

ON Jr U20: ! 10.26 30/07/2005 Justyn WARNER

ON Jr U19: ! 10.26 30/07/2005 Justyn WARNER

Name	Year	Team	Finals	Wind
Finals				
1 Ford-Azonwanna, Andre	95	G - Force	10.54	1.4
2 Bobb, Brandon	95	Speed Academy	10.73	1.4
3 De Grasse, Andre	94	Speed Academy	10.74	1.4
4 Hayle, Tyler	93	G - Force	10.75	1.4
5 Gordon-Maule, Quaysie	95	Quebec	X10.88	1.4
6 Halog, Jonelle	95	C.A.N.I	10.91	1.4
7 De Castro Gourdeau, Jaym	93	Quebec	X10.98	1.4
8 Dorcelus, Stevens	95	Quebec	X11.07	1.4

Event 3 Women 100 Meter Dash Senior

8 Advance: Top 2 Each Heat plus Next 2 Best Times

ON Senior: ! 10.98 06/07/1987 Angela BAILEY

Name	Year	Team	Prelims	Wind	H#
Preliminaries					
1 Griffith, Mianna	90	Unattached - ON	11.53Q	-0.1	1
2 Olupona, Toyin	85	Mississauga T.C.	11.72Q	1.0	3
3 Morgan, Cheria	89	Project Athletic	11.92Q	-0.2	2
4 Wells, Sherine	88	Project Athletic	11.71Q	-0.1	1
5 Emmanuel, Crystal	91	Project Athletic	11.84Q	1.0	3
6 Simulik, Mila	90	London Western	12.49Q	-0.2	2
7 Peirce, Sarah	87	Guelph T.F.C.	12.03q	-0.1	1
8 Beaudry, Vanessa	90	QC - Perf Max	X12.21q	-0.1	1
9 DeCarufel, Sarah	92	Quebec	X12.63	1.0	3
10 Brady, Emily	87	Ottawa Lions	12.65	-0.1	1
11 Beckles, Khama	92	Toronto Track	12.67	-0.2	2
12 Mallett-Forde, Simone	92	Flying Angels	12.83	1.0	3
13 Rheault, Éloïse	91	QC - Sherbrooke	X12.95	-0.2	2
14 Jammeh, Fatima	92	G - Force	12.96	1.0	3
15 Bautista, Kathryn	92	Nfld Canada	13.04	-0.1	1
16 Baraskewich, Jessica	92	Lakehead	13.38	1.0	3
17 Thibeault, Jessie	92	QC - Rouge et Or	X13.47	-0.2	2

Event 3 Women 100 Meter Dash Senior

ON Senior: ! 10.98 06/07/1987 Angela BAILEY

Name	Year	Team	Finals	Wind
Finals				
1 Griffith, Mianna	90	Unattached - ON	11.36	0.8
2 Olupona, Toyin	85	Mississauga T.C.	11.57	0.8
3 Wells, Sherine	88	Project Athletic	11.67	0.8
4 Emmanuel, Crystal	91	Project Athletic	11.70	0.8
5 Morgan, Cheria	89	Project Athletic	11.76	0.8
6 Peirce, Sarah	87	Guelph T.F.C.	11.99	0.8
7 Beaudry, Vanessa	90	QC - Perf Max	X12.35	0.8
8 Simulik, Mila	90	London Western	12.56	0.8

Event 4 Men 100 Meter Dash Senior

8 Advance: Top 2 Each Heat plus Next 2 Best Times
 ON Senior: ! 9.84 27/07/1996 Donavan Bailey

Name	Year	Team	Prelims	Wind	H#
Preliminaries					
1 LeBlanc, Michael	89	NB - A.S.E.A.	X10.37Q	1.2	3
2 Richards-Kwok, Dontae	89	Project Athletic	10.58Q	0.5	1
3 Palmer, Hank	85	QC - VainqueursP	X10.61Q	0.2	2
4 Bowman, Aaron	91	Unattached - ON	10.63Q	0.2	2
5 Lawrence, T.J.	91	G - Force	10.65Q	0.5	1
6 Bouchakour, Abdelhadi	91	QC - Perf Max	X10.82Q	1.2	3
7 Bennett, Wayndale	90	Project Athletic	10.79q	0.2	2
8 MacLeod, Tyler	91	Windsor Legion	10.84q	1.2	3
9 Kwarko-Fosu, Kofi	87	Waterloo T.C.	10.95	0.5	1
10 Bussereth, Carl-Olivier	89	QC - Perf Max	X11.04	0.2	2
11 Richard, Bianco	88	QC - Perf Max	X11.12	0.5	1
12 Riley, Tyrone	92	Quebec	X11.13	0.5	1
13 Martineau, Brandyn	92	Ottawa Lions	11.16	0.5	1
14 Sevigny, Sebastien	91	Quebec	X11.22	0.2	2
15 Cave, Gordon	91	Ottawa Lions	11.26	1.2	3
16 Faribault, Gabriel	92	QC - Perf Max	X11.27	0.2	2
17 Normandin, Gaetan	86	QC - Perf Max	X11.28	1.2	3
18 Walsh, Jesse	92	Nfld Canada	11.33	1.2	3
19 Thompson, Kyle	91	Speed Academy	11.35	0.5	1
20 Frazer, Steven	84	Unattached - ON	11.60	1.2	3
21 King T12, Brandon	91	Ottawa Lions	12.28	0.2	2

Event 4 Men 100 Meter Dash Senior

ON Senior: ! 9.84 27/07/1996 Donavan Bailey

Name	Year	Team	Finals	Wind
Finals				
1 LeBlanc, Michael	89	NB - A.S.E.A.	X10.27	1.3
2 Lawrence, T.J.	91	G - Force	10.31	1.3
3 Richards-Kwok, Dontae	89	Project Athletic	10.34	1.3
4 Bowman, Aaron	91	Unattached - ON	10.52	1.3
5 Palmer, Hank	85	QC - VainqueursP	X10.60	1.3
6 Bennett, Wayndale	90	Project Athletic	10.66	1.3
7 MacLeod, Tyler	91	Windsor Legion	10.79	1.3
8 Bouchakour, Abdelhadi	91	QC - Perf Max	X10.80	1.3

Event 5 Women 200 Meter Dash Junior

16 Advance: Top 1 Each Heat plus Next 11 Best Times
 ON Jr U20: ! 22.86 15/08/1981 Angela BAILEY
 ON Jr U19: ! 22.86 15/08/1981 Angela BAILEY

Name	Year	Team	Prelims	Wind	H#
Preliminaries					
1 Labarang, Charifa	95	Ottawa Lions	24.74Q	-0.1	2
2 Westney, Jellisa	93	Supreme Athletic	24.80Q	-0.3	1
3 Williams, Alisha	95	Project Athletic	24.91Q	0.8	3
4 Abdul-Rashid, Mariam	97	Speed Academy	25.04Q	0.2	4
5 St-Pierre, Marie-Colombe	94	Quebec	X25.04Q	0.1	5
6 Malo, Megan	97	QC - Corsaire	X25.07q	-0.1	2
7 Defreitas, Tameran	94	South Simcoe	25.13q	0.2	4
8 Harrison, Shaina	94	Flying Angels	25.17q	0.8	3
9 Brohman, Amelia	94	C.A.N.I	25.24q	0.8	3
10 McCreath, Sade	96	Flying Angels	25.27q	0.1	5
11 McIntyre, Victoria	95	Ottawa Lions	25.34q	-0.3	1
12 Perron-Smith, Jacqueline	95	Quebec	X25.63q	-0.3	1
13 Frigon, Andreanne	93	Quebec	X25.66q	0.8	3
14 Sieling, Katie	96	Laurel Creek	25.71q	-0.3	1
15 Radoslav, Taysia	96	Burlington L	25.72q	-0.3	1
16 Fernando, Shelani	95	Ottawa Lions	25.95q	0.2	4
17 Carrique, Jennifer	94	Laurel Creek	25.96	0.8	3
18 Rodriguez, Melanie	95	Flying Angels	25.99	-0.1	2
19 Surin, Katerine	97	QC - Corsaire	X26.06	0.1	5
20 Buckingham, Darcy	94	Nfld Canada	26.21	0.2	4
21 Thomas, Deanna	93	Project Athletic	26.49	0.1	5
22 Matthews, Kassidy	96	Flying Angels	26.59	0.2	4
23 Muma, Rachael	93	St. Thomas Leg.	26.67	-0.3	1
24 Simpson, Savannah	96	Burlington L	26.79	0.1	5
25 Warren, Madeline	94	C.A.N.I	26.84	-0.1	2
26 Mainland, Roslyn	96	Laurel Creek	27.07	-0.1	2
27 Hyman, Kenya	96	Speed Academy	27.26	0.8	3
28 Kaba, Saran	94	C.A.N.I	27.46	0.2	4

29	Batten, Lyndsay	94	Speed Academy	27.47	0.2	4
30	Jones, Reilly	96	Ottawa Lions	27.61	0.1	5
31	Wang, Lois	96	Speed Academy	28.03	-0.3	1
32	Nevison, Holly	96	Ottawa Lions	29.05	0.8	3
33	Carter, Rebecca	97	Speed Academy	29.52	-0.1	2

Event 5 Women 200 Meter Dash Junior

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ON Jr U20:	!	22.86	15/08/1981	Angela BAILEY		
ON Jr U19:	!	22.86	15/08/1981	Angela BAILEY		
Name			Year	Team	Finals	Wind H#
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Finals						
1	Westney, Jellisa	93	Supreme Athletic	24.47	-0.1	2
2	Brohman, Amelia	94	C.A.N.I	24.56	0.8	1
3	Williams, Alisha	95	Project Athletic	24.88	-0.1	2
4	Abdul-Rashid, Mariam	97	Speed Academy	24.89	-0.1	2
5	Defreitas, Tameran	94	South Simcoe	24.91	-0.1	2
6	St-Pierre, Marie-Colombe	94	Quebec	X25.04	-0.1	2
7	Malo, Megan	97	QC - Corsaire	X25.06	-0.1	2
8	McIntyre, Victoria	95	Ottawa Lions	25.14	0.8	1
9	McCreath, Sade	96	Flying Angels	25.18	0.8	1
10	Harrison, Shaina	94	Flying Angels	25.25	-0.1	2
11	Frigon, Andreeanne	93	Quebec	X25.36	0.8	1
12	Fernando, Shelani	95	Ottawa Lions	25.42	0.8	1
13	Sieling, Katie	96	Laurel Creek	25.69	0.8	1
14	Perron-Smith, Jacqueline	95	Quebec	X25.72	0.8	1
15	Radoslav, Taysia	96	Burlington L	25.76	0.8	1
--	Labarang, Charifa	95	Ottawa Lions	DQ	-0.1	2
						Rule #: 163.3

Event 6 Men 200 Meter Dash Junior

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16	Advance:	Top 1	Each Heat	plus	Next 12	Best Times
ON Jr U20:	!	20.65	18/07/1983	Atlee MAHORN		
ON Jr U19:	!	20.65	18/07/1983	Atlee MAHORN		
Name			Year	Team	Prelims	Wind H#
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Preliminaries						
1	Ajayi, Steven	94	G - Force	21.92Q	0.3	1
2	Ford-Azonwanna, Andre	95	G - Force	21.99Q	0.2	3
3	Hayle, Tyler	93	G - Force	22.02Q	1.1	4
4	Makinde, Toluwalope	93	Ottawa Lions	22.24Q	0.8	2
5	Allotey, Dillando	94	Speed Academy	22.23q	1.1	4
6	De Castro Gourdeau, Jaym	93	Quebec	X22.34q	0.2	3
7	Embury, Wade	94	Ottawa Lions	22.40q	0.8	2
8	Halog, Jonelle	95	C.A.N.I	22.60q	0.8	2
9	Brown, Jameel	93	Project Athletic	22.65q	0.8	2
10	Benjamin, Kristian	95	Toronto Track	22.73q	0.3	1
11	Powell, Kyle	95	Toronto Track	22.96q	0.8	2
12	Weathers, Isiah	94	Toronto Track	23.16q	1.1	4
13	Joseph, Yazin	95	Speed Academy	23.31q	0.8	2
14	Murray, Steven	93	Flying Angels	23.34q	0.3	1
15	Bobb, Brandon	95	Speed Academy	23.52q	0.2	3
16	Paul, Shermar	97	C.A.N.I	23.53q	0.3	1
17	Mancer, Lofti	95	QC - Corsaire	X23.55	0.3	1
18	Miller, Wes	94	Burlington L	23.57	1.1	4
19	Meades, Liam	96	C.A.N.I	23.60	1.1	4
20	Burchill, Corey	95	Ottawa Lions	23.63	0.3	1
21	Moore, Liam	96	Ottawa Lions	23.69	0.2	3
22	Marchese, Austin	95	Speed Academy	23.76	0.3	1
23	Saint-Victor, Oliver	95	Ottawa Lions	23.87	0.2	3
24	Ponnambalam, Ildemaro	97	Laurel Creek	23.88	1.1	4
25	Gunawardena, Sandeep	95	Ottawa Lions	24.30	0.2	3
26	Graham, Jeffrey	95	Ottawa Lions	24.32	0.3	1
27	Kwan, Anthony	93	Toronto Track	24.38	0.2	3
28	Boogard, Andrew	96	Ottawa Lions	25.17	0.8	2
29	Couture-Tremblay, Emmanu	96	Ottawa Lions	25.26	0.8	2
30	Evans, Stephen	96	Ottawa Lions	25.78	1.1	4
--	Mokri, Eric	95	York U.T.C.	DQ	1.1	4
						Rule#: 163.3

Event 6 Men 200 Meter Dash Junior

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ON Jr U20:	!	20.65	18/07/1983	Atlee MAHORN		
ON Jr U19:	!	20.65	18/07/1983	Atlee MAHORN		
Name			Year	Team	Finals	Wind H#
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Finals						
1	Ajayi, Steven	94	G - Force	21.29	0.3	2
2	Ford-Azonwanna, Andre	95	G - Force	21.40	0.3	2
3	Hayle, Tyler	93	G - Force	21.79	0.3	2
4	De Castro Gourdeau, Jaym	93	Quebec	X22.23	0.3	2

5	Allotey, Dillando	94	Speed Academy	22.23	0.3	2
6	Brown, Jameel	93	Project Athletic	22.40	0.7	1
7	Benjamin, Kristian	95	Toronto Track	22.53	0.7	1
8	Halog, Jonelle	95	C.A.N.I	22.73	0.3	2
9	Weathers, Isiah	94	Toronto Track	22.84	0.7	1
10	Powell, Kyle	95	Toronto Track	22.95	0.7	1
11	Paul, Shermar	97	C.A.N.I	23.38	0.7	1
12	Joseph, Yazin	95	Speed Academy	23.47	0.7	1

Event 7 Women 200 Meter Dash Senior

16 Advance: Top 2 Each Heat plus Next 10 Best Times

ON Senior: ! 22.62 10/07/1983 Marita PAYNE

Name	Year	Team	Prelims	Wind	H#
Preliminaries					
1	Hyacinthe, Kimberly	89	QC - VainqueursP	X24.46Q	+0.0 1
2	Wells, Sherine	88	Project Athletic	24.53Q	1.0 3
3	Nelson, Amonn	88	AB - U Calgary	X24.70Q	1.0 2
4	Sassine, Nicole	89	Windsor Alumni	24.80Q	+0.0 1
5	Akinsulie, Esther	84	Ottawa Lions	25.16Q	1.0 3
6	Callender, Fiona	92	Ottawa Lions	25.75Q	1.0 2
7	Warren, Hayley	94	Toronto Track	26.56q	1.0 3
8	Okankwu, Gift	92	C.A.N.I	26.59q	+0.0 1
9	Beckles, Khama	92	Toronto Track	26.62q	1.0 2
10	Jammeh, Fatima	92	G - Force	26.78q	+0.0 1
11	Rheault, Éloïse	91	QC - Sherbrooke	X26.80q	1.0 3
12	Pilon, Chantel	91	Waterloo T.C.	26.94q	+0.0 1
13	Mallett-Forde, Simone	92	Flying Angels	26.97q	1.0 2
14	Lamontagne, Myriam	92	QC - Rouge et Or	X26.98q	1.0 2
15	Thibeault, Jessie	92	QC - Rouge et Or	X27.52q	1.0 3
16	Baraskewich, Jessica	92	Lakehead	27.61q	1.0 3
17	Lavallée-Bourget, Marie-	90	QC - Rouge et Or	X28.91	+0.0 1

Event 7 Women 200 Meter Dash Senior

ON Senior: ! 22.62 10/07/1983 Marita PAYNE

Name	Year	Team	Finals	Wind	H#
Finals					
1	Hyacinthe, Kimberly	89	QC - VainqueursP	X23.57	-0.3 2
2	Wells, Sherine	88	Project Athletic	23.64	-0.3 2
3	Nelson, Amonn	88	AB - U Calgary	X23.84	-0.3 2
4	Akinsulie, Esther	84	Ottawa Lions	24.67	-0.3 2
5	Sassine, Nicole	89	Windsor Alumni	24.72	-0.3 2
6	Jammeh, Fatima	92	G - Force	26.36	0.3 1
7	Mallett-Forde, Simone	92	Flying Angels	26.51	0.3 1
8	Okankwu, Gift	92	C.A.N.I	26.51	-0.3 2
9	Pilon, Chantel	91	Waterloo T.C.	26.67	0.3 1
10	Lamontagne, Myriam	92	QC - Rouge et Or	X26.77	0.3 1
11	Baraskewich, Jessica	92	Lakehead	27.54	0.3 1
12	Thibeault, Jessie	92	QC - Rouge et Or	X27.61	0.3 1
--	Beckles, Khama	92	Toronto Track	DNF	0.3 1

Event 8 Men 200 Meter Dash Senior

16 Advance: Top 1 Each Heat plus Next 12 Best Times

ON Senior: ! 20.20 03/06/1988 Atlee Mahorn

Name	Year	Team	Prelims	Wind	H#
Preliminaries					
1	Brown, Aaron	92	Phoenix	20.62Q	-0.3 1
2	Smellie, Gavin	86	Flying Angels	20.84Q	0.2 4
3	Makinde, Oluwasegun	91	Ottawa Lions	20.86Q	0.1 3
4	Robertson, Michael	89	Ottawa Lions	21.37Q	0.7 2
5	Barbara, Ameer	89	Unattached - ON	21.42q	-0.3 1
6	Lawrence, T.J.	91	G - Force	21.51q	0.2 4
7	Nichol, Leonae	90	Mississauga T.C.	21.81q	0.7 2
8	Bennett, Wayndale	90	Project Athletic	21.88q	0.2 4
9	MacLeod, Tyler	91	Windsor Legion	21.88q	0.1 3
10	McKeegan, Matt	92	Windsor Legion	22.08q	-0.3 1
11	Bobak, David	92	C.A.N.I	22.25q	0.1 3
12	Bowman, Aaron	91	Unattached - ON	22.28q	0.1 3
13	Seigny, Sebastien	91	Quebec	X22.31q	-0.3 1
14	Chenery, Mark	88	Ottawa Lions	22.55q	-0.3 1
15	Tesfaye, Gabriel	92	London Legion	22.60q	0.7 2
16	Kwarko-Fosu, Kofi	87	Waterloo T.C.	22.63q	0.7 2
17	Riley, Tyrone	92	Quebec	X22.68	0.2 4
18	Boudreau, Mathieu	91	Quebec	X22.75	0.7 2
19	Faribault, Gabriel	92	QC - Perf Max	X22.81	0.7 2
20	Allison Abaunza, Alexand	91	Quebec	X22.91	0.1 3

Rule #: 163.3

21	Ferth, Shane	81	Waterloo T.C.	22.93	-0.3	1
22	Walsh, Jesse	92	Nfld Canada	23.26	0.1	3
23	Williams, Lawrence	70	Ottawa Lions	23.74	0.2	4
24	Frazer, Steven	84	Unattached - ON	23.76	0.2	4
25	Neale, Adam	84	Waterloo T.C.	24.06	0.1	3
26	Carey, Eric	93	Brantford	24.65	0.2	4

Event 8 Men 200 Meter Dash Senior

=====
 ON Senior: ! 20.20 03/06/1988 Atlee Mahorn
 Name Year Team Finals Wind H#
 =====

Finals

1	Brown, Aaron	92	Phoenix	20.55	0.9	2
2	Makinde, Oluwasegun	91	Ottawa Lions	20.90	0.9	2
3	Robertson, Michael	89	Ottawa Lions	21.09	0.9	2
4	Barbara, Ameer	89	Unattached - ON	21.37	0.9	2
5	Lawrence, T.J.	91	G - Force	21.37	0.9	2
6	Bennett, Wayndale	90	Project Athletic	21.68	0.9	2
7	Nichol, Leonae	90	Mississauga T.C.	21.73	0.9	2
8	McKeegan, Matt	92	Windsor Legion	22.04	-0.8	1
9	Bowman, Aaron	91	Unattached - ON	22.15	-0.8	1
10	Seigny, Sebastien	91	Quebec	X22.27	-0.8	1
11	Tesfaye, Gabriel	92	London Legion	22.76	-0.8	1
12	Kwarko-Fosu, Kofi	87	Waterloo T.C.	22.86	-0.8	1

Event 9 Women 400 Meter Dash Junior

=====
 16 Advance: Top 1 Each Heat plus Next 12 Best Times
 ON Jr U20: ! 51.85 25/07/1984 Jilian RICHARDSON
 ON Jr U19: ! 52.12 08/07/2011 Christian BRENNAN
 Name Year Team Prelims H#
 =====

Preliminaries

1	St-Pierre, Marie-Colombe	94	Quebec	X56.38Q	2
2	Gardner, Charlotte	94	Ottawa Lions	56.81Q	3
3	Jones, Cassandra	94	Toronto Track	57.35Q	1
4	Adamson, Jessica	94	Toronto Track	57.85Q	4
5	Williams, Alisha	95	Project Athletic	56.46q	2
6	Perron-Smith, Jacqueline	95	Quebec	X57.48q	3
7	Sawyer, Kailee	97	Laurel Creek	57.61q	1
8	Radoslav, Taysia	96	Burlington L	57.89q	2
9	Macmillan, Vanessa	94	C.A.N.I	58.17q	3
10	Walmsley, Honor	93	Toronto Track	58.34q	2
11	Taylor, Ashley	95	Burlington L	58.35q	4
12	Telford, Alexandra	96	Ottawa Lions	58.76q	2
13	Buckingham, Darcy	94	Nfld Canada	59.29q	1
14	Bourget, Valerie	97	QC - Rouge et Or	X59.33q	3
15	Codispodi, Marissa	95	Flying Angels	59.68q	1
16	Hayes, Bridget	95	Ottawa Lions	59.70q	4
17	Sieling, Katie	96	Laurel Creek	59.73	2
18	Domin-Charron, Oceana	96	Flying Angels	59.90	4
19	Mathialagan, Samantha	93	Project Athletic	1:00.50	4
20	MacDonald, Alannah	94	Niagara O.C.	1:00.79	3
21	Monteith, Carla	94	South Simcoe	1:01.46	1
22	Matthews, Cassidy	96	Flying Angels	1:01.79	2
23	Mainland, Roslyn	96	Laurel Creek	1:01.82	4
24	Walton, Shannon	94	Ottawa Lions	1:02.03	4
25	Jones, Reilly	96	Ottawa Lions	1:02.12	3
26	Lismer, Ariane	96	Ottawa Lions	1:02.58	1
27	Nevison, Holly	96	Ottawa Lions	1:05.93	3
28	Chenshikh, Darya	94	York U.T.C.	1:07.06	1
29	Racicot-Biocchi, Desiree	95	Ottawa Lions	1:08.19	3

Event 9 Women 400 Meter Dash Junior

=====
 ON Jr U20: ! 51.85 25/07/1984 Jilian RICHARDSON
 ON Jr U19: ! 52.12 08/07/2011 Christian BRENNAN
 Name Year Team Finals H#
 =====

Finals

1	Gardner, Charlotte	94	Ottawa Lions	56.70	2
2	Jones, Cassandra	94	Toronto Track	56.96	2
3	Williams, Alisha	95	Project Athletic	57.08	2
4	St-Pierre, Marie-Colombe	94	Quebec	X57.10	2
5	Sawyer, Kailee	97	Laurel Creek	J57.79	2
6	Adamson, Jessica	94	Toronto Track	J58.00	2
7	Perron-Smith, Jacqueline	95	Quebec	XJ58.21	2
8	Radoslav, Taysia	96	Burlington L	J58.32	2
9	Macmillan, Vanessa	94	C.A.N.I	J57.50	1
10	Taylor, Ashley	95	Burlington L	J58.10	1

11	Walmsley, Honor	93	Toronto Track	58.51	1
12	Telford, Alexandra	96	Ottawa Lions	58.53	1
13	Bourget, Valerie	97	QC - Rouge et Or	X58.89	1
14	Hayes, Bridget	95	Ottawa Lions	58.93	1
15	Buckingham, Darcy	94	Nfld Canada	59.02	1
16	Codispodi, Marissa	95	Flying Angels	59.15	1

Event 10 Men 400 Meter Dash Junior

16 Advance: Top 1 Each Heat plus Next 10 Best Times

ON Jr U20: ! 46.27 22/05/1987 Carl FOLKES
 ON Jr U19: ! 46.54 03/07/2010 Alistair MOONA

Name	Year	Team	Prelims	H#
Preliminaries				
1	Williams, Shaquan	94	Speed Academy	49.34Q 1
2	Cunningham, Joshua	95	Speed Academy	49.73Q 4
3	Ajayi, Steven	94	G - Force	49.81Q 5
4	Williams, Myles	95	Speed Academy	49.94Q 3
5	Shirk, Brandon	93	Track North	49.97Q 2
6	Embury, Wade	94	Ottawa Lions	50.09Q 6
7	Allotey, Dillando	94	Speed Academy	49.64q 1
8	Franklin, Rayshaunn	94	Toronto Track	50.15q 1
9	Russell, William	95	Speed Academy	50.23q 2
10	Moodie, Triphon	95	Mississauga T.C.	50.35q 5
11	Veillette, Felix	94	Quebec	X50.44q 4
12	Buttinger, Scott	94	Laurel Creek	50.46q 2
13	Bussieres, Alex	94	Quebec	X50.50q 6
14	Moses, Isaiah	93	Ottawa Lions	50.61q 3
15	Mokri, Eric	95	York U.T.C.	50.90q 1
16	Weathers, Isiah	94	Toronto Track	50.93q 5
17	Land, Tommy	94	Brantford	50.98 1
18	Brown, Jameel	93	Project Athletic	50.98 3
19	McDonough, Joe	93	Lakehead	51.03 4
20	McClure, Kurt	94	REDG	51.07 1
21	Thompson, Graeme	95	Speed Academy	51.13 4
22	Bedard, Matthew	96	Ottawa Lions	51.17 2
23	Beckerman, Sam	95	Toronto Track	51.20 3
24	DiSanto, Luke	95	Mississauga T.C.	51.26 3
25	Ehirim, Amara	95	Speed Academy	51.38 5
26	Gordon, Zayne	94	Speed Academy	51.54 6
27	Meades, Liam	96	C.A.N.I	51.58 2
28	Hutton, Alex	93	Ottawa Lions	51.68 5
29	Murray, Steven	93	Flying Angels	51.91 4
30	Burchill, Corey	95	Ottawa Lions	52.02 3
31	Slessor, Ken	94	Burlington L	52.44 6
32	Miller, Wes	94	Burlington L	52.61 5
33	Lebold, Aaron	96	Laurel Creek	53.00 3
34	Gunawardena, Sandeep	95	Ottawa Lions	53.62 4
35	Anghelopoulos, Dionysis-	95	C.A.N.I	53.88 6
36	Benjamin, Kristian	95	Toronto Track	54.45 2
37	Ponnambalam, Ildemaro	97	Laurel Creek	55.07 6
38	Savoy, Ben	93	Niagara O.C.	55.11 5
39	Lalonde, Justin	95	Ottawa Lions	55.42 1
40	Smallwood, Nicholas	94	Ottawa Lions	56.61 2
41	Boogard, Andrew	96	Ottawa Lions	57.10 1
42	Evans, Stephen	96	Ottawa Lions	57.36 2
--	Jackson, Kerwin	96	Speed Academy	DQ 6 Rule #: 162.6
--	Rodrigues, Cameron	95	Speed Academy	DQ 4 Rule #: 163.3

Event 10 Men 400 Meter Dash Junior

ON Jr U20: ! 46.27 22/05/1987 Carl FOLKES
 ON Jr U19: ! 46.54 03/07/2010 Alistair MOONA

Name	Year	Team	Finals	H#
Finals				
1	Ajayi, Steven	94	G - Force	48.33 2
2	Williams, Shaquan	94	Speed Academy	48.70 2
3	Embury, Wade	94	Ottawa Lions	48.91 2
4	Shirk, Brandon	93	Track North	49.29 2
5	Cunningham, Joshua	95	Speed Academy	49.32 2
6	Franklin, Rayshaunn	94	Toronto Track	49.47 2
7	Russell, William	95	Speed Academy	49.88 1
8	Moodie, Triphon	95	Mississauga T.C.	49.95 1
9	Buttinger, Scott	94	Laurel Creek	50.08 1
10	Williams, Myles	95	Speed Academy	50.49 2
11	Weathers, Isiah	94	Toronto Track	51.04 1
12	Moses, Isaiah	93	Ottawa Lions	51.06 1
13	Allotey, Dillando	94	Speed Academy	53.08 2
--	Mokri, Eric	95	York U.T.C.	DQ 1 Rule #: 163.3

Event 11 Women 400 Meter Dash Senior

16 Advance: Top 1 Each Heat plus Next 13 Best Times
 ON Senior: ! 49.91 06/08/1984 Marita PAYNE

Name	Year	Team	Prelims	H#
Preliminaries				
1 Brown, Alicia	90	Ottawa Lions	54.66Q	3
2 Callender, Fiona	92	Ottawa Lions	55.97Q	1
3 Akinsulie, Esther	84	Ottawa Lions	56.38Q	2
4 Montcalm, Noelle	88	Windsor Alumni	54.92q	3
5 Omene, Eseroghene	85	SK - Unattached	X56.09q	1
6 Katz, Sarah	78	Greater T.O.	56.45q	1
7 Ruediger, Kate	87	Toronto Track	56.60q	1
8 Perrault, Jennifer	88	Ottawa Lions	56.78q	2
9 Bickle, Kate	84	Waterloo T.C.	57.39q	2
10 Maxfield, Heather	92	Lakehead	57.46q	3
11 Gariba, Sarah	91	C.A.N.I	57.90q	3
12 Cote, Laurence	91	Quebec	X58.89q	3
13 Krech, Michele	86	Ottawa Lions	59.12q	2
14 Pilon, Chantel	91	Waterloo T.C.	59.27q	1
15 Lamontagne, Myriam	92	QC - Rouge et Or	X1:00.41q	3
16 Okankwu, Gift	92	C.A.N.I	1:01.43q	2
17 Ivec, Vanessa	90	Lakehead	1:02.35	2
18 Baraskewich, Jessica	92	Lakehead	1:02.63	1
19 Klawitter T-12, Noella	77	Ottawa Lions	1:05.35	1
20 Timbrell, Reba	90	Ottawa Lions	1:06.33	3
21 Wilkins, Amanda	91	Nfld Canada	1:07.20	3
-- Sassine, Nicole	89	Windsor Alumni	FS	2

Event 11 Women 400 Meter Dash Senior

ON Senior: ! 49.91 06/08/1984 Marita PAYNE

Name	Year	Team	Finals	H#
Finals				
1 Brown, Alicia	90	Ottawa Lions	54.30	2
2 Akinsulie, Esther	84	Ottawa Lions	55.06	2
3 Callender, Fiona	92	Ottawa Lions	55.31	2
4 Omene, Eseroghene	85	SK - Unattached	X56.31	2
5 Perrault, Jennifer	88	Ottawa Lions	56.57	2
6 Ruediger, Kate	87	Toronto Track	56.79	2
7 Maxfield, Heather	92	Lakehead	56.88	1
8 Bickle, Kate	84	Waterloo T.C.	57.56	1
9 Gariba, Sarah	91	C.A.N.I	58.52	1
10 Pilon, Chantel	91	Waterloo T.C.	58.97	1
11 Lamontagne, Myriam	92	QC - Rouge et Or	X1:01.74	1

Event 12 Men 400 Meter Dash Senior

16 Advance: Top 1 Each Heat plus Next 12 Best Times
 ON Senior: ! 45.08 27/07/2002 Shane NIEMI

Name	Year	Team	Prelims	H#
Preliminaries				
1 Osei, Philip	92	Mississauga T.C.	48.37Q	4
2 Robertson, Michael	89	Ottawa Lions	48.62Q	3
3 Reid, Jon	88	Unattached - ON	48.63Q	1
4 Frenke, Gordon	89	Ottawa Lions	49.35Q	2
5 Hutchinson, Scott	90	Harbour	48.42q	4
6 Bobak, David	92	C.A.N.I	48.98q	1
7 Trnkus, Michael	91	Greater T.O.	49.29q	3
8 Smithers, Cameron	91	Unattached - ON	49.44q	2
9 Hayles, Fabian	92	Phoenix	49.95q	1
10 Boudreau, Mathieu	91	Quebec	X50.02q	4
11 McKeegan, Matt	92	Windsor Legion	50.34q	3
12 Duguay, Vincent	91	QC - Zenith	X50.54q	3
13 Neale, Adam	84	Waterloo T.C.	50.87q	3
14 Raymond, Mathieu	88	QC - Rouge et Or	X50.89q	1
15 Chevette-Belisle, Huber	90	QC - Lanaudiere	X50.95q	4
16 Parent-Pichette, Vincent	91	Quebec	X51.17q	2
17 Ferth, Shane	81	Waterloo T.C.	51.19	4
18 Langridge, Jordan	90	Windsor Alumni	51.23	2
19 Xie, Lawrence	90	Waterloo T.C.	52.71	2
20 Sirois, Pierre	92	QC - Rouge et Or	X53.03	2
21 Wilhelm, Branden	92	Unattached - ON	53.10	3
22 Liu, Daniel	90	St. Thomas Leg.	54.32	1
23 Murray, Tyler	91	Ottawa Lions	54.52	4
24 Williams, Lawrence	70	Ottawa Lions	54.85	1
25 Carey, Eric	93	Brantford	1:00.15	4

Event 12 Men 400 Meter Dash Senior

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ON Senior: ! 45.08 27/07/2002 Shane NIEMI
Name Year Team Finals H#
=====
Finals
1 Osei, Philip 92 Mississauga T.C. 46.16 2
2 Robertson, Michael 89 Ottawa Lions 46.73 2
3 Frenke, Gordon 89 Ottawa Lions 47.40 2
4 Reid, Jon 88 Unattached - ON 47.45 2
5 Hutchinson, Scott 90 Harbour 47.99 2
6 Bobak, David 92 C.A.N.I 48.60 2
7 Trnkus, Michael 91 Greater T.O. 48.89 2
8 McKeegan, Matt 92 Windsor Legion 49.59 1
9 Boudreau, Mathieu 91 Quebec X49.68 1
10 Hayles, Fabian 92 Phoenix 49.70 1
11 Parent-Pichette, Vincent 91 Quebec X50.40 1
12 Raymond, Mathieu 88 QC - Rouge et Or X50.52 1
13 Neale, Adam 84 Waterloo T.C. 51.37 1
-- Smithers, Cameron 91 Unattached - ON DNF 2
-- Chevrette-Belisle, Huber 90 QC - Lanaudiere XDNF 1

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Event 13 Women 800 Meter Run Junior

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=====
ON Jr U20: ! 2:03.17 19/08/1973 Glenda REISER
ON Jr U19: ! 2:03.17 19/08/1973 Glenda REISER
Name Year Team Finals
=====
1 Sawyer, Kailee 97 Laurel Creek 2:10.38
2 Wendt, Rebecca Durham Dragons 2:11.58
3 Walmsley, Honor 93 Toronto Track 2:14.02
4 Codispodi, Marissa 95 Flying Angels 2:15.91
5 Stafford, Hilary 95 London Western 2:15.92
6 Bourget, Valerie 97 QC - Rouge et Or X2:16.52
7 Hawthorn, Natalia 95 Newmarket 2:16.79
8 Carrier-Laforte, Sophie 95 QC - Cirrus X2:16.80
9 Mathialagan, Samantha 93 Project Athletic 2:17.12
10 MacDonald, Alannah 94 Niagara O.C. 2:17.39
11 Jaros, Heather 97 Physi - Kult 2:18.89
12 Stafford, Gabriela 95 Toronto Track 2:20.02
13 Walton, Shannon 94 Ottawa Lions 2:20.05
14 Jones, Taylor 95 Newmarket 2:20.26
15 Korsmit, Laura 96 Niagara O.C. 2:20.39
16 Nevison, Stephanie 94 Mississauga T.C. 2:22.04
17 Rochefort, Nadia 95 QC - Sls X2:22.75
18 Domin-Charron, Oceana 96 Flying Angels 2:22.80
19 Alby, Noémie 95 QC - Gatineau X2:23.78
20 Hlacar, Virginia 96 Burlington L 2:24.48
21 Smith, Stefanie 94 London Runner 2:30.47
22 Chenshikh, Darya 94 York U.T.C. 2:36.73
23 Beharriell, Tianna 94 London Western 2:40.75

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Event 14 Men 800 Meter Run Junior

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=====
ON Jr U20: ! 1:46.60 23/06/2001 Nathan BRANNEN
ON Jr U19: ! 1:47.64 17/07/1992 Kevin SULLIVAN
Name Year Team Finals
=====
1 Souleiman, Mohamed 93 Ottawa Lions 1:52.72
2 Sikubwabo, Yves 93 Ottawa Lions 1:52.91
3 Palamar, Adam 94 Ottawa Lions 1:53.08
4 Moodie, Triphon 95 Mississauga T.C. 1:53.43
5 Sloan, Harrison 94 Toronto Track 1:53.50
6 Buttinger, Scott 94 Laurel Creek 1:53.93
7 Day, Mickey 95 Ottawa Lions 1:54.17
8 Hutton, Christopher 94 REDG 1:54.21
9 Holden, Nicholas Quinte Legion 1:54.28
10 Veillette, Felix 94 Quebec X1:55.34
11 Land, Tommy 94 Brantford 1:55.61
12 Trapeau, Lucas 96 Ottawa Lions 1:55.67
13 Hynes, Brendan 93 Toronto Track 1:55.76
14 Tourigny-Plante, Alex 95 Quebec X1:55.80
15 Papania, Marco 94 Newmarket 1:56.03
16 Gordon, Zayne 94 Speed Academy 1:56.19
17 Hutton, Alex 93 Ottawa Lions 1:56.38
18 Wilkie, Alex 94 Ottawa Lions 1:56.85
19 Taylor, Chris 94 London Runner 1:56.99
20 Malcolm, Riley 95 Brantford 1:57.47
21 McClure, Kurt 94 REDG 1:57.63
22 Goldstein, Nathan 93 Newmarket 1:59.41

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23	McDonough, Joe	93	Lakehead	1:59.76
24	Tree, Kevin	93	York U.T.C.	2:00.22
25	Smith, Nicholas	93	York U.T.C.	2:00.59
26	Charbonneau, Luke	94	South Simcoe	2:00.72
27	DiSanto, Luke	95	Mississauga T.C.	2:01.55
28	Noseworthy, Matt	95	Nfld Canada	2:01.71
29	Budhram, Sheldon	96	Laurel Creek	2:01.92
30	Sinigagliese, Patrick	94	QC - Vainqueurs	X2:02.09
31	Roberts, Shane	94	London Runner	2:02.13
32	Violante, John-Paul	93	Newmarket	2:02.23
33	Lebold, Aaron	96	Laurel Creek	2:02.92
34	Chartrand, Antoine	93	QC - Vainqueurs	X2:03.10
35	Bastienier-Boutin, Louis	93	QC Fleur de Lys	X2:03.65
36	Kent, Lewis	95	Mississauga T.C.	2:03.68
37	Savoy, Ben	93	Niagara O.C.	2:04.06
38	Tedeschi, Jonathan	95	QC - Vainqueurs	X2:04.62
39	Beaulieu, Julien	4	QC - Cirrus	X2:07.14
40	Cooper, Jeremy	93	Track North	2:07.86
41	D-Sahli, Hakim	97	QC - Vainqueurs	X2:10.10
42	Heuving, Joshua	94	London Runner	2:11.20
43	Ouellette, Olivier	95	QC - Vainqueurs	X2:11.65
44	Wilson, Peter	94	Mississauga T.C.	2:13.38

Event 15 Women 800 Meter Run Senior

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ON Senior: ! 1:59.82 01/06/2012 Melissa BISHOP

Name	Year	Team	Finals	
1	Leblanc, Annie	92	Quebec	X2:04.78
2	MacLean, Leanna	82	Phoenix	2:05.73
3	Galbraith, Emma	94	Ottawa Lions	2:06.42
4	Cote, Laurence	91	Quebec	X2:09.20
5	Katz, Sarah	78	Greater T.O.	2:09.34
6	Roy, Joanie	91	Quebec	X2:10.69
7	Kurpe, Heather	90	REDG	2:11.09
8	Jewett, Rachel	92	Toronto Track	2:11.38
9	Maxfield, Heather	92	Lakehead	2:11.84
10	Housley, Katie	91	Toronto Track	2:14.57
11	Ruediger, Kate	87	Toronto Track	2:15.18
12	Picard-Arsenault, Josee	89	QC - Rouge et Or	X2:15.56
13	Brochu, Sarah-Michelle	92	Quebec	X2:16.25
14	Plante-Dubé, Marguerite	92	QC - Lavironde	X2:16.95
15	Smith, Corinne	91	Speed River Tfc	2:18.35
16	Ivec, Vanessa	90	Lakehead	2:25.87
17	Klawitter T-12, Noella	77	Ottawa Lions	2:31.03
18	Wilkins, Amanda	91	Nfld Canada	2:31.30
--	Jewett, Tamara	90	Toronto Track	DNF

Event 16 Men 800 Meter Run Senior

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ON Senior: ! 1:45.04 01/07/2011 Andrew ELLERTON

Name	Year	Team	Finals	
1	Smith, Kyle	85	Phoenix	1:50.54
2	Romaniw, Anthony	91	Speed River Tfc	1:51.07
3	Leitch, Scott	90	London Western	1:51.14
4	Boulay, Benoit		Guelph	1:51.91
5	Sturkenboom, Mathieu	94	Quebec	X1:52.19
6	Freemantle, Alexander	95	Newmarket	1:52.24
7	Raymond, Mathieu	88	QC - Rouge et Or	X1:52.35
8	Davenport, Ethan	90	Toronto Track	1:53.19
9	Trnkus, Michael	91	Greater T.O.	1:54.31
10	Muldoon, Matthew	92	Toronto Track	1:54.59
11	Plante-Dubé, Sacha	92	QC - Rouge et Or	X1:54.92
12	Bussieres, Alex	94	Quebec	X1:54.93
13	Langridge, Jordan	90	Windsor Alumni	1:54.95
14	Mountjoy, Jeffry	90	Physi - Kult	1:55.19
15	Roberts, Andrew	86	QC - Dynamique	X1:55.79
16	Landry-Cote, Mathieu	90	QC - Rouge et Or	X1:55.84
17	LaMarra, Paul	92	Windsor Alumni	1:55.90
18	Pettes, Tyler	88	Toronto Track	1:55.95
19	Procter, Ben	90	London Runner	1:56.17
20	Hayles, Fabian	92	Phoenix	1:56.21
21	Barry, Eric	92	London Runner	1:56.61
22	Degroot, Andrew	91	Newmarket	1:57.11
23	Pavelic, Antun	90	Toronto Track	1:57.29
24	Hashi, Hussein	89	Toronto O.C.	1:58.04
25	Denault, Alex	91	Newmarket	1:58.45
26	Xie, Lawrence	90	Waterloo T.C.	1:58.72
27	Claveau, Maxime	92	QC - Vainqueurs	X1:58.92
28	Walsh, Jeremy	90	London Runner	1:58.96

29	Briggs, Devon	90	Waterloo T.C.	1:59.25	
30	Larochelle, Philippe	90	QC - Rouge et Or	X1:59.32	
31	Melnik, Mathew	89	Waterloo T.C.	1:59.72	
32	Lefort, Andre	82	London Runner	1:59.94	
33	Brecher, Jay	74	Toronto Track	2:00.05	
34	Davis, Shawn	88	Newmarket	2:02.58	2:02.571
35	Dunkerley Tll, Jason	77	Ottawa Lions	2:02.58	2:02.573
36	Hakimi, Sulaiman	90	QC - Vainqueurs	X2:05.56	
37	Phillips, Jimmy	92	London Western	2:16.89	
--	Duguay, Vincent	91	QC - Zenith	XDQ	Rule #: 162.6

Event 17 Women 1500 Meter Run Junior

=====				
ON Jr U20:	!	4:06.71	04/09/1972	Glenda REISER
ON Jr U19:	!	4:06.51	04/09/1972	Glenda REISER
Name	Year	Team		Finals
=====				
1	Phelan, Jaimie	95	Laurel Creek	4:32.79
2	Galbraith, Emma	94	Ottawa Lions	4:33.23
3	Wendt, Rebecca		Durham Dragons	4:34.59
4	Stafford, Gabriela	95	Toronto Track	4:35.03
5	Stafford, Hilary	95	London Western	4:37.16
6	Mcdonald, Madeleine	94	Toronto Track	4:38.21
7	Petrick, Heather	95	Niagara O.C.	4:38.45
8	Hawthorn, Natalia	95	Newmarket	4:39.01
9	Emilio, Sarah	93	Toronto Track	4:39.72
10	Faulds, Rachel	94	Quinte Legion	4:41.54
11	Hennesy, Kelly	94	Toronto Track	4:45.11
12	Robertson, Olivia	96	Ottawa Lions	4:48.95
13	Hamilton, Georgia	95	South Simcoe	4:50.90
14	Korsmit, Laura	96	Niagara O.C.	4:52.52
15	Rochefort, Nadia	95	QC - Sls	X4:52.81
16	Nevison, Stephanie	94	Mississauga T.C.	4:54.98
17	Markovac, Maria	95	Toronto Track	4:57.64
18	Horner, Kelsey	97	York U.T.C.	4:58.50
19	Ouellet, Beatrice	94	QC - Fil - Oup	X5:01.36
20	Affleck, Mary	94	Newmarket	5:02.00
21	Armstrong, Jessie	97	Newmarket	5:03.02
22	A-Descoteaux, Mireille	95	QC - Vainqueurs	X5:03.47
23	A-Descoteaux, Laurie	94	QC - Vainqueurs	X5:03.78
24	Smith, Stefanie	94	London Runner	5:08.22
25	Armstrong, Maddy	96	South Simcoe	5:10.18
26	Jaros, Heather	97	Physi - Kult	5:11.34
27	Hlacar, Virginia	96	Burlington L	5:15.42
28	Lefebvre-Chartrand, Vict	93	QC Fleur de Lys	X5:21.75
29	Alby, Noémie	95	QC - Gatineau	X5:24.10
30	Beharriell, Tianna	94	London Western	5:29.18

Event 18 Men 1500 Meter Run Junior

=====				
ON Jr U20:	!	3:39.11	20/09/1992	Kevin SULLIVAN
ON Jr U19:	!	3:39.11	20/09/1992	Kevin SULLIVAN
Name	Year	Team		Finals
=====				
1	Palamar, Adam	94	Ottawa Lions	3:51.92
2	Sikubwabo, Yves	93	Ottawa Lions	3:52.32
3	Souleiman, Mohamed	93	Ottawa Lions	3:53.18
4	Berhe, Alex	93	Ottawa Lions	3:55.10
5	Anderson, Drew	93	Speed River Tfc	3:55.68
6	Sloan, Harrison	94	Toronto Track	3:55.70
7	Hynes, Brendan	93	Toronto Track	3:56.96
8	McCann, Robert	95	Mississauga T.C.	3:58.12
9	Holden, Nicholas		Quinte Legion	3:59.19
10	MacPherson, Eric	93	Newmarket	4:00.60
11	Wilkie, Alex	94	Ottawa Lions	4:03.40
12	Hutton, Christopher	94	REDG	4:04.32
13	Day, Mickey	95	Ottawa Lions	4:05.54
14	Labonte, Patrice	93	Quebec	X4:06.37
15	Malcolm, Riley	95	Brantford	4:06.73
16	Noseworthy, Matt	95	Nfld Canada	4:07.22
17	Charbonneau, Luke	94	South Simcoe	4:08.17
18	Gordon, Andrew	93	Toronto Track	4:08.38
19	Taylor, Chris	94	London Runner	4:09.42
20	Penney, Kyle	94	Newmarket	4:10.00
21	Kagumba, Joseph	96	Mississauga T.C.	4:12.78
22	Fleming, Tristan	95	London Runner	4:13.51
23	Sinigagliese, Patrick	94	QC - Vainqueurs	X4:14.40
24	Kent, Lewis	95	Mississauga T.C.	4:14.95
25	Chartrand, Antoine	93	QC - Vainqueurs	X4:15.60
26	Bastenier-Boutin, Louis	93	QC Fleur de Lys	X4:16.30
27	St-Antoine, Samuel	96	QC - Vainqueurs	X4:18.03

28	Smith, Nicholas	93	York U.T.C.	4:18.90
29	Palmer, Reid	96	London Western	4:19.19
30	Tedeschi, Jonathan	95	QC - Vainqueurs	X4:19.31
31	Lessard, Trystan	96	QC - Vainqueurs	X4:28.16
32	Ouellette, Olivier	95	QC - Vainqueurs	X4:29.12
33	Wilson, Peter	94	Mississauga T.C.	4:30.50
34	D-Sahli, Hakim	97	QC - Vainqueurs	X4:32.74

Event 19 Women 1500 Meter Run Senior

=====

ON Senior: ! 4:02.29 28/08/2005 Carmen DOUMA-HUSSAR

Name	Year	Team	Finals
1	Van Buskirk, Kate	87 Athletics To	4:14.36
2	Brown, Megan	87 Athletics To	4:17.03
3	Buchanan, Dana	84 Speed River Tfc	4:21.00
4	Jewett, Tamara	90 Toronto Track	4:24.50
5	Cliff, Rachel	88 Speed River Tfc	4:29.00
6	Roy, Joanie	91 Quebec	X4:29.23
7	Secaffien, Andrea	90 Speed River Tfc	4:33.05
8	Hennessy, Colleen	92 Toronto Track	4:37.66
9	Brochu, Sarah-Michelle	92 Quebec	X4:42.91
10	Cummings, Madeleine	91 Toronto O.C.	4:46.59
11	Ludzki, Alison	90 Harbour	4:47.12
12	Picard-Arsenault, Josee	89 QC - Rouge et Or	X4:49.12
13	Plante-Dubé, Marguerite	92 QC - Lavironde	X4:51.11

Event 20 Men 1500 Meter Run Senior

=====

ON Senior: ! 3:31.71 30/06/2000 Kevin SULLIVAN

Name	Year	Team	Finals
1	Milne, Taylor	81 Speed River Tfc	3:43.04
2	Lincoln, Matt	82 Phoenix	3:43.80
3	Walters, Mathew	North Bay Leg.	3:51.56
4	Davenport, Ethan	90 Toronto Track	3:52.18
5	Proudfout, Ross	92 Speed River Tfc	3:54.25
6	Nishiyama, Michael	89 AB - Unattached	X3:55.05
7	Boisvert, Emmanuel	91 Quebec	X3:56.75
8	Holmes, Stephen	90 Speed River Tfc	3:57.57
9	Pettes, Tyler	88 Toronto Track	3:58.21
10	Janikowski, Paul	92 Windsor Legion	3:58.86
11	Mountjoy, Jeffry	90 Physi - Kult	3:59.06
12	Stacey, Adam	81 London Runner	3:59.11
13	Barry, Eric	92 London Runner	4:00.11
14	Walsh, Jeremy	90 London Runner	4:00.22
15	Plante-Dubé, Sacha	92 QC - Rouge et Or	X4:00.36
16	Claveau, Maxime	92 QC - Vainqueurs	X4:02.50
17	Briggs, Devon	90 Waterloo T.C.	4:03.89
18	Jackson, Rob	Guelph	4:04.62
19	LaMarra, Paul	92 Windsor Alumni	4:07.08
20	Dunkerley Tll, Jason	77 Ottawa Lions	4:08.20
21	Larochelle, Philippe	90 QC - Rouge et Or	X4:09.25
22	Melnik, Mathew	89 Waterloo T.C.	4:10.05
23	Lefort, Andre	82 London Runner	4:14.21
24	Hakimi, Sulaiman	90 QC - Vainqueurs	X4:27.23

Event 21 Women 3000 Meter Run Junior

=====

ON Jr U20: ! 9:15.74 12/07/2008 Tamara JEWETT

ON Jr U19: ! 9:15.74 12/07/2008 Tamara JEWETT

Name	Year	Team	Finals
1	Mcdonald, Madeleine	94 Toronto Track	9:56.03
2	Faulds, Rachel	94 Quinte Legion	9:58.19
3	Yungblut, Madeline	94 London Runner	9:59.81
4	Petrick, Heather	95 Niagara O.C.	10:03.71
5	Robertson, Olivia	96 Ottawa Lions	10:12.50
6	Fedorov, Yulia	96 Newmarket	10:14.06
7	Emilio, Sarah	93 Toronto Track	10:17.07
8	O'Higgins, Erin	94 Ottawa Lions	10:18.81
9	Markovac, Maria	95 Toronto Track	10:27.19
10	Hennessy, Kelly	94 Toronto Track	10:30.63
11	Hamilton, Georgia	95 South Simcoe	10:36.18
12	Horner, Kelsey	97 York U.T.C.	10:38.60
13	Dulhanty, Emily	93 Speed River Tfc	10:42.18
14	Armstrong, Maddy	96 South Simcoe	10:47.48
--	Lefebvre-Chartrand, Vict	93 QC Fleur de Lys	XDNF

Event 22 Men 5000 Meter Run Junior

=====

ON Jr U20: ! 13:43.80 02/06/1962 Bruce KIDD
 ON Jr U19: ! 13:51.60 19/07/1983 John CASTELLANO

Name	Year	Team	Finals
1 Milton, James	94	Laurel Creek	15:23.71
2 Tree, Kevin	93	York U.T.C.	15:32.89
3 Travaglini, Matthew	93	London Western	15:47.89
4 Hick, Jeremy	93	London Western	16:19.43
5 Roberts, Shane	94	London Runner	16:35.16
6 Carrigue, Patrick	94	Laurel Creek	16:35.55
7 Cooper, Jeremy	93	Track North	17:17.99
8 Palmer, Reid	96	London Western	18:07.16
9 Tarling, Jamie	94	310 Running	19:05.81
-- Rouleau, Marc Antoine	93	QC - Vaudreuil	XDNF

Event 23 Women 5000 Meter Run Senior

ON Senior: ! 15:10.69 05/08/1998 Kathy BUTLER

Name	Year	Team	Finals
1 Brown, Megan	87	Athletics To	16:31.33
2 Hannah, Rachel	86	Toronto Track	17:24.06
3 Desjardins, Laura	88	Toronto Track	17:30.30
4 Larocque, Leah	89	Ottawa Lions	17:37.18
5 Lebel, Gabrielle	91	Quebec	X19:00.36
6 Seymour, Jill	84	Ottawa Lions	20:04.16
7 Britton, Julia	90	Ottawa Lions	20:22.99

Event 24 Men 5000 Meter Run Senior

ON Senior: ! 13:19.27 15/04/2007 Kevin SULLIVAN

Name	Year	Team	Finals
1 Hulse, Matt	90	Kingston	14:29.15
2 O'Neill, Kyle	89	London Runner	14:38.23
3 Hashi, Hussein	89	Toronto O.C.	14:40.94
4 Khan, Saheed	84	Toronto O.C.	14:54.82
5 Day, Kieran	92	Ottawa Lions	15:16.45
6 Davis, Shawn	88	Newmarket	15:28.92
7 Jibril, Sami	89	Athletics To	15:36.28
8 Degroot, Andrew	91	Newmarket	15:38.92
9 Pavelic, Antun	90	Toronto Track	15:44.92
10 Byamungu, Muzungu	95	QC - Cirrus	X16:09.31
11 Towle, Andrew	91	Ottawa Lions	16:31.46
12 Campanelli, Joe	90	Toronto Track	16:31.68
13 Sneddon, Jay	92	Ottawa Lions	16:45.68
14 Phillips, Jimmy	92	London Western	18:15.31

Event 25 Girls 100 Meter Hurdles Youth

Name	Year	Team	Finals	Wind	H#
1 Harris, Allison	95	Toronto Track	14.46	1.7	2
2 Dholakia, Meira	95	Speed Academy	14.80	1.7	2
3 Sharpe, Sommer	96	Speed Academy	14.81	1.7	2
4 Lamothe, Alexia	96	Ottawa Lions	15.65	-0.6	1
5 McBride, Alannah	95	Ottawa Lions	15.73	-0.6	1
6 Wolfs, Rachael	95	St. Thomas Leg.	15.76	1.7	2
7 Phillips, Clara	95	Ottawa Lions	15.81	-0.6	1
8 Smith, Hannah-Kelsey	97	Ottawa Lions	15.93	1.7	2
9 Lucien, Nafthalia	96	Ottawa Lions	17.93	-0.6	1

Event 26 Boys 110 Meter Hurdles Youth

Name	Year	Team	Finals	Wind
1 Ollivier, Emile	95	Quebec	X15.88	0.9
2 Finnigan, Connor	96	Laurel Creek	16.15	0.9
3 Fryer Davis, Christian	96	Laurel Creek	16.33	0.9
4 Etienne, Benjamin	96	Laurel Creek	17.45	0.9

Event 27 Women 100 Meter Hurdles Junior

8 Advance: Top 3 Each Heat plus Next 2 Best Times

ON Jr U20: ! 13.32 07/10/1982 Karen NELSON
 ON Jr U19: ! 13.78 19/07/2000 Priscilla LOPES

Name	Year	Team	Prelims	Wind	H#
Preliminaries					
1 Bambi, Tania	94	Ottawa Lions	14.45Q	2.2	2
2 Bennett, Yanique	94	South Simcoe	14.83Q	1.4	1

3	Stavrakos, Vivian S.	94	Quebec	X14.65Q	2.2	2
4	Bobb, Mikeisha	95	St. Thomas Leg.	14.94Q	1.4	1
5	Thomas, Deanna	93	Project Athletic	14.78Q	2.2	2
6	Kaba, Saran	94	C.A.N.I	15.05Q	1.4	1
7	Penney, Bailey	94	Windsor Legion	15.06q	2.2	2
8	Bulten, Rheanna	95	Laurel Creek	15.23q	2.2	2
9	Biswal, Devyani	93	Ottawa Lions	15.43	1.4	1
10	Bedard, Sarah	94	Quebec	X15.46	1.4	1
11	McLean, Micaela	96	Laurel Creek	15.49	1.4	1
12	Batten, Lyndsay	94	Speed Academy	16.00	2.2	2
13	Biswal, Divyajyoti	93	Ottawa Lions	16.19	1.4	1
14	Muma, Rachael	93	St. Thomas Leg.	16.92	2.2	2

Event 27 Women 100 Meter Hurdles Junior

=====						
ON Jr U20:	!	13.32	07/10/1982	Karen NELSON		
ON Jr U19:	!	13.78	19/07/2000	Priscilla LOPES		
Name			Year	Team	Finals	Wind
=====						

Finals

1	Bambi, Tania	94	Ottawa Lions	14.20	1.1	
2	Bennett, Yanique	94	South Simcoe	14.67	1.1	
3	Stavrakos, Vivian S.	94	Quebec	X14.82	1.1	
4	Thomas, Deanna	93	Project Athletic	14.86	1.1	
5	Kaba, Saran	94	C.A.N.I	14.93	1.1	
6	Bobb, Mikeisha	95	St. Thomas Leg.	15.11	1.1	
7	Penney, Bailey	94	Windsor Legion	15.17	1.1	
8	Bulten, Rheanna	95	Laurel Creek	15.26	1.1	

Event 28 Men 110 Meter Hurdles Junior

=====						
8 Advance:	Top 2 Each Heat plus Next 2 Best Times					
ON Jr U20:	!	13.72	13/06/2009	Gregory MacNEIL		
ON Jr U19:	!	13.72	13/06/2009	Gregory MacNEIL		
Name			Year	Team	Prelims	Wind H#
=====						

Preliminaries

1	Cyrus, Keith Jr	93	Speed Academy	14.60Q	+0.0	1
2	Fourie, Charl	93	Laurel Creek	14.78Q	1.3	2
3	Andrus, Jake	94	Peterborough	15.12Q	0.5	3
4	Sherwood, Jordan	95	Laurel Creek	14.68Q	+0.0	1
5	Guy, Eric	95	Winnipeg Opt	X14.87Q	1.3	2
6	West, Matheson	93	Saugeen T&F	15.25Q	0.5	3
7	Nault, Kevin	94	Ottawa Lions	15.22q	1.3	2
8	Joseph, Yazin	95	Speed Academy	15.29q	0.5	3
9	Oyebanjo-Odofoin, Ademiju	94	Project Athletic	15.35	+0.0	1
10	Kwan, Anthony	93	Toronto Track	15.50	+0.0	1
11	Solomon, Junior	94	Project Athletic	15.63	1.3	2
12	Golow, Dylan	93	South Simcoe	15.67	0.5	3
13	Meens, Rueben	94	Speed Academy	15.67	1.3	2
14	Cahoon, Jeremy	94	QC - Cirrus	X15.94	+0.0	1
15	Drennan, Jesse	93	NS - Bluenose	X16.10	0.5	3
16	Stemmler, Aaron	95	Laurel Creek	16.34	0.5	3
17	Daoust, Griffen	94	Unattached - ON	16.65	1.3	2
18	Wu, Shawn	94	Speed River Tfc	16.94	+0.0	1

Event 28 Men 110 Meter Hurdles Junior

=====						
ON Jr U20:	!	13.72	13/06/2009	Gregory MacNEIL		
ON Jr U19:	!	13.72	13/06/2009	Gregory MacNEIL		
Name			Year	Team	Finals	Wind
=====						

Finals

1	Cyrus, Keith Jr	93	Speed Academy	14.57	1.5	
2	Sherwood, Jordan	95	Laurel Creek	14.75	1.5	
3	Fourie, Charl	93	Laurel Creek	14.86	1.5	
4	Guy, Eric	95	Winnipeg Opt	X14.95	1.5	
5	Andrus, Jake	94	Peterborough	15.22	1.5	
6	Joseph, Yazin	95	Speed Academy	15.23	1.5	
7	Nault, Kevin	94	Ottawa Lions	15.45	1.5	
8	West, Matheson	93	Saugeen T&F	15.54	1.5	

Event 29 Women 100 Meter Hurdles Senior

=====						
ON Senior:	!	12.46	19/06/2004	Perdita FELICIEN		
Name			Year	Team	Finals	Wind
=====						

1	Edwards, Karelle	90	C.A.N.I	13.68	0.2	
2	Beaudet, Laurence	91	QC - Corsaire	X13.82	0.2	
3	Warren, Hayley	94	Toronto Track	14.24	0.2	
4	Maddex, Ashlea	92	Ottawa Lions	15.22	0.2	

5	Lance, Naomi	91	Laurel Creek	15.26	0.2
6	Dugas, Katerine	90	QC - Corsaire	X15.44	0.2
7	Courtney, Nicole	90	St. Thomas Leg.	15.80	0.2
8	Lavallée-Bourget, Marie-	90	QC - Rouge et Or	X16.78	0.2

Event 30 Men 110 Meter Hurdles Senior

8 Advance: Top 3 Each Heat plus Next 2 Best Times

ON Senior: ! 13.11 24/05/1992 Marc McKOY

Name	Year	Team	Prelims	Wind	H#
Preliminaries					
1	Brisson, Matthew	88	St. Thomas Leg.	13.92Q	1.1 2
2	Kaba, Sekou	90	Ottawa Lions	14.26Q	1.0 1
3	Moseley, Ingvar	91	Project Athletic	14.08Q	1.1 2
4	Theriau, Chris	87	NS - Unattached	X14.39Q	1.0 1
5	Léveillé, Simon	91	QC - Corsaire	X14.74Q	1.0 1
6	Arbour, Patrick	88	Ottawa Lions	15.30Q	1.1 2
7	Allison Abaunza, Alexand	91	Quebec	X15.44q	1.0 1
8	Tesfaye, Gabriel	92	London Legion	15.55q	1.0 1
9	Courteau-Godmaire, Huber	91	Quebec	X16.04	1.1 2
--	Wilson, Brandon	89	Toronto Track	DQ	1.1 2

Rule #: 168.7

Event 30 Men 110 Meter Hurdles Senior

ON Senior: ! 13.11 24/05/1992 Marc McKOY

Name	Year	Team	Finals	Wind
Finals				
1	Brisson, Matthew	88	St. Thomas Leg.	13.85 0.7
2	Kaba, Sekou	90	Ottawa Lions	13.92 0.7
3	Moseley, Ingvar	91	Project Athletic	14.18 0.7
4	Theriau, Chris	87	NS - Unattached	X14.58 0.7
5	Léveillé, Simon	91	QC - Corsaire	X14.97 0.7
6	Allison Abaunza, Alexand	91	Quebec	X15.31 0.7
7	Tesfaye, Gabriel	92	London Legion	15.36 0.7
--	Arbour, Patrick	88	Ottawa Lions	DQ 0.7

Rule #: 162.6

Event 31 Girls 300 Meter Hurdles Youth

Name	Year	Team	Finals	H#
1	Gagne, Genevieve	95	Quebec	X44.27 2
2	Sharpe, Sommer	96	Speed Academy	44.75 2
3	McBride, Alannah	95	Ottawa Lions	46.24 2
4	Bobb, Mikeisha	95	St. Thomas Leg.	46.31 2
5	Dholakia, Meira	95	Speed Academy	46.58 2
6	Harris, Allison	95	Toronto Track	47.04 2
7	Telford, Alexandra	96	Ottawa Lions	47.40 2
8	Lamothe, Alexia	96	Ottawa Lions	48.90 2
9	Lisner, Ariane	96	Ottawa Lions	49.10 1
10	Wolfs, Rachael	95	St. Thomas Leg.	49.16 1
11	Lucien, Nafthalia	96	Ottawa Lions	50.14 1

Event 32 Boys 300 Meter Hurdles Youth

Name	Year	Team	Finals
1	Beckerman, Sam	95	Toronto Track 39.81
2	Bedard, Matthew	96	Ottawa Lions 40.17
3	Guy, Eric	95	Winnipeg Opt X40.38
4	Finnigan, Connor	96	Laurel Creek 41.85
5	Fryer Davis, Christian	96	Laurel Creek 42.54
6	Rodrigues, Cameron	95	Speed Academy 43.10
7	Etienne, Benjamin	96	Laurel Creek 43.29
8	Jackson, Kerwin	96	Speed Academy 44.31

Event 33 Women 400 Meter Hurdles Junior

ON Jr U20: ! 56.55 28/07/1986 Donalda DUPREY

ON Jr U19: ! 57.94 24/07/2010 Kelsey BALKWILL

Name	Year	Team	Finals	H#
1	Bennett, Yanique	94	South Simcoe	1:00.42 2
2	Gonzalez, Alejandra	94	St. Thomas Leg.	1:01.15 2
3	Marion, Chanel	93	C.A.N.I	1:02.32 2 1:02.314
4	Adamson, Jessica	94	Toronto Track	1:02.32 2 1:02.317
5	Gardner, Charlotte	94	Ottawa Lions	1:02.39 2
6	Hayes, Bridget	95	Ottawa Lions	1:03.69 2
7	Skimming, Nicole	97	310 Running	1:04.29 1
8	Monteith, Carla	94	South Simcoe	1:05.64 1

9	Macmillan, Vanessa	94	C.A.N.I	1:06.39	2
10	Stavrakos, Vivian S.	94	Quebec	X1:07.14	2
11	Bulten, Rheanna	95	Laurel Creek	1:07.22	1
12	Blais-Denis, Myriam	96	QC - Corsaire	X1:08.72	1

Event 34 Men 400 Meter Hurdles Junior

=====					
ON Jr U20:	!	50.92	03/05/1997	Nick STEWART	
ON Jr U19:	!	50.92	03/05/1997	Nick STEWART	
Name			Year Team	Finals	H#
=====					

1	Sherwood, Jordan	95	Laurel Creek	54.71	2
2	Sutton, Charlie	93	Speed River Tfc	55.62	2
3	Beaudoin, Shawn	94	Windsor Legion	56.93	2
4	Moses, Isaiah	93	Ottawa Lions	57.30	1
5	Mah, Jeff	94	Speed River Tfc	58.04	2
6	Meens, Rueben	94	Speed Academy	58.44	1
7	Slessor, Ken	94	Burlington L	58.73	2
8	Oyebanjo-Odofoin, Ademiju	94	Project Athletic	59.82	2
9	Stemmler, Aaron	95	Laurel Creek	59.95	1
10	Lee, Hwang	94	Flying Angels	1:00.25	1
11	Agnew, Hunter	94	South Simcoe	1:00.95	2
12	Smallwood, Nicholas	94	Ottawa Lions	1:02.31	1
--	Dimock, Dylan	94	Project Athletic	DQ	2

Rule #: 162.6

Event 35 Women 400 Meter Hurdles Senior

=====					
ON Senior:	!	55.10	12/07/1994	Donalda DUPREY	
Name			Year Team	Finals	
=====					

1	Wells, Sarah	91	Toronto Track	56.62	
2	Montcalm, Noelle	88	Windsor Alumni	57.21	
3	Bickle, Kate	84	Waterloo T.C.	1:02.21	
4	Lance, Naomi	91	Laurel Creek	1:04.10	
5	Krech, Michele	86	Ottawa Lions	1:04.80	
6	G-Lafreniere, Amelie	92	Quebec	X1:11.90	

Event 36 Men 400 Meter Hurdles Senior

=====					
ON Senior:	!	49.18	03/08/1992	Marc JACKSON	
Name			Year Team	Finals	H#
=====					

1	Alhaddad, Saj	92	C.A.N.I	52.61	2
2	Frenke, Gordon	89	Ottawa Lions	52.93	2
3	Bates, Brent	92	St. Thomas Leg.	53.28	2
4	Chan, Daniel	91	Toronto Track	53.69	2
5	Smithers, Cameron	91	Unattached - ON	54.43	2
6	Primeau, Codie	92	Ottawa Lions	55.03	2
7	Steinbrenner, Alexander	90	QC - Sls	X55.41	2
8	Greenidge, Jameel	91	QC - Sls	X56.50	1
9	Courteau-Godmaire, Huber	91	Quebec	X57.18	1
10	Murray, Tyler	91	Ottawa Lions	1:00.93	2
11	Liu, Daniel	90	St. Thomas Leg.	1:00.96	1

Event 38 Boys 2000 Meter Steeplechase Youth

=====					
Name			Year Team	Finals	
=====					

1	Continisio, Carmen	95	Niagara O.C.	6:38.14	
2	McHugh, David	96	Ottawa Lions	6:40.63	
3	Lessard, Trystan	96	QC - Vainqueurs	X6:41.15	

Event 39 Women 2000 Meter Steeplechase Junior

=====					
ON Jr U20:	!	6:36.05	29/07/2007	Danelle WOODS	
ON Jr U19:	!	6:36.05	29/07/2007	Danelle WOODS	
Name			Year Team	Finals	
=====					

1	Gragtmans, Jennika	96	Newmarket	7:31.03	
2	Kanz, Isabelle	93	Ottawa Lions	7:40.62	
3	Deighan, Kayla	93	Newmarket	7:43.95	
4	A-Descoteaux, Laurie	94	QC - Vainqueurs	X7:45.60	

Event 40 Men 3000 Meter Steeplechase Junior

=====					
ON Jr U20:	!	8:59.83	17/05/2008	Matthew HUGHES	
ON Jr U19:	!	9:14.68	04/07/2009	Daryl SMITH	
Name			Year Team	Finals	
=====					

1	Labonte, Patrice	93	Quebec	X9:30.16	
2	Berhe, Alex	93	Ottawa Lions	9:31.05	

3	McCann, Robert	95	Mississauga T.C.	9:33.58
4	Bourgeois, Michael	93	Newmarket	9:47.07
5	Travaglini, Matthew	93	London Western	9:49.34
6	Kagumba, Joseph	96	Mississauga T.C.	10:00.88
7	Bolton, Connor	94	Peterborough	10:03.89
8	White, Tyler	94	Newmarket	10:12.14
9	St-Antoine, Samuel	96	QC - Vainqueurs	X10:12.75

Event 41 Women 3000 Meter Steeplechase Senior

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ON Senior: ! 9:51.16 01/06/2002 Carol HENRY

Name	Year	Team	Finals
1	Buchanan, Dana	84	Speed River Tfc 10:55.67
2	Cummings, Madeleine	91	Toronto O.C. 11:41.89

Event 42 Men 3000 Meter Steeplechase Senior

=====

ON Senior: ! 8:20.14 23/07/2005 Matthew KERR

Name	Year	Team	Finals
1	Brunsting, Matt	87	Speed River Tfc 8:59.41
2	Williams, Matthew	87	Usa - Air Force X9:00.94
3	Dulhanty, Chris	92	Speed River Tfc 9:23.47
4	Boisvert, Emmanuel	91	Quebec X9:24.44

Event 45 Women 5000 Meter Race Walk Senior

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ON Senior: ! 21:34.00 10/05/1992 Alison BAKER

Name	Year	Team	Finals
1	Zahab, Sarah	77	Bytown Walkers 28:52.15
2	Wilson, Linda	55	Bytown Walkers 28:53.66
3	Archibald, Sandy	59	Bytown Walkers 30:20.69
4	Raetsen, Sarah	76	ON Racewalkers 30:58.40
5	Wright, Sharon	49	Bytown Walkers 33:33.43
6	Gage, Joanne	54	Bytown Walkers 33:54.17

Event 47 Women 4x100 Meter Relay Junior

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ON Jr U20: ! 44.88 26/07/1985 , NATIONAL JUNIOR TEAM
ANDERSON, THOMAS, TAFFE, GAREAU

Team	Finals
1 C.A.N.I Athletics 'A'	47.60
1) Lindo, Kerry-Ann 93	2) Brohman, Amelia 94
3) Warren, Madeline 94	4) Macmillan, Vanessa 94
2 Ottawa Lions T&F Club 'A'	48.02
1) Spoerri, Lindsay 96	2) Labarang, Charifa 95
3) McIntyre, Victoria 95	4) Fernando, Shelani 95
3 Laurel Creek T.F. Club 'A'	48.36
1) McLean, Micaela 96	2) Sieling, Katie 96
3) Sauer, Tegan 95	4) Carrique, Jennifer 94
4 South Simcoe Dufferin Track 'A'	50.36
1) Hamilton, Georgia 95	2) Bennett, Yanique 94
3) Monteith, Carla 94	4) Defreitas, Tameran 94
5 Ottawa Lions T&F Club 'B'	51.27
1) Biswal, Devyani 93	2) Phillips, Clara 95
3) Lamothe, Alexia 96	4) Telford, Alexandra 96
-- U of Toronto 'A'	DNF
1) Stephens, Maya 96	2) Adamson, Jessica 94
3) Harris, Allison 95	4) Jones, Cassandra 94
-- Speed Academy Athletics Club 'A'	DNF
1) Wang, Lois 96	2) Batten, Lyndsay 94
3) Hyman, Kenya 96	4) Dholakia, Meira 95
-- Laurel Creek T.F. Club 'B'	DQ
1) Gauthier, Annie 96	2) Mainland, Roslyn 96
3) Bulten, Rheanna 95	4) Higgins, Emma 95

Rule #: 170.14

Event 48 Men 4x100 Meter Relay Junior

=====

ON Jr U20: ! 39.90 24/07/1994 , NATIONAL JUNIOR TEAM
CHAMBERS, ROBINSON, TOMLIN, FREMPONG-MANSO

Team	Finals
1 Speed Academy Athletics Club 'A'	41.90
1) De Grasse, Andre 94	2) Bobb, Brandon 95
3) Allotey, Dillando 94	4) Cyrus, Keith Jr 93
2 U of Toronto 'A'	42.62
1) Benjamin, Kristian 95	2) Weathers, Isiah 94
3) Franklin, Rayshaunn 94	4) Powell, Kyle 95

3 Ottawa Lions T&F Club 'A'	43.10	2) Makinde, Toluwalope 93
1) Embury, Wade 94		4) Moore, Liam 96
3) Bedard, Matthew 96		
4 Speed Academy Athletics Club 'B'	43.59	2) Marchese, Austin 95
1) Joseph, Yazin 95		4) Williams, Myles 95
3) Ehirim, Amara 95		
5 Ottawa Lions T&F Club 'B'	44.57	2) Gunawardena, Sandeep 95
1) Graham, Jeffrey 95		4) Saint-Victor, Oliver 95
3) Burchill, Corey 95		
6 Laurel Creek T.F. Club 'B'	45.76	2) Parsons, Cody 93
1) Borsi, Rob 94		4) Etienne, Benjamin 96
3) Fryer Davis, Christian 96		
-- Laurel Creek T.F. Club 'A'	DNF	2) Sherwood, Jordan 95
1) Finnigan, Connor 96		4) Fourie, Charl 93
3) Stemmler, Aaron 95		

Event 49 Women 4x100 Meter Relay Senior

ON Senior: ! 44.88 26/07/1985 , NATIONAL JUNIOR TEAM
ANDERSON, THOMAS, TAFFE, GAREAU

Team	Finals
1 U of Toronto 'A'	48.61
1) Warren, Hayley 94	2) Jewett, Rachel 92
3) Beckles, Khama 92	4) Ruediger, Kate 87
2 Quebec 'A'	X48.65
1) DeCarufel, Sarah 92	2) Frigon, Andreanne 93
3) Perron-Smith, Jacqueline 95	4) Bedard, Sarah 94
5) St-Pierre, Marie-Colombe 94	6)
3 Ottawa Lions T&F Club 'A'	50.92
1) Brady, Emily 87	2) Brown, Alicia 90
3) Gardner, Charlotte 94	4) Vuong, Kim-Quyen 85

Event 50 Men 4x100 Meter Relay Senior

ON Senior: ! 38.66 31/08/2003 , CANADA
ALLEN, HENRY, JOSEPH, BROWNE

Team	Finals
1 Athletics Canada 'A'	38.48!
1) Warner, Ian	2) Smith, Seyi
3) Connaughton, Jared	4) Warner, Justyn
2 Athletics Canada 'B'	38.71
1) Haynes, Akeem	2) Smellie, Gavin
3) Makinde, Segun	4) Adu-Bobie, Richard
3 G - Force 'A'	40.70
1) Hayle, Tyler 93	2) Lawrence, T.J. 91
3) Bennett, Wayndale	4) Ajayi, Steven 94
4 Quebec 'A'	X42.17
1) Gordon-Maule, Quaysie 95	2) De Castro Gourdeau, Jayme 93
3) Dorcelus, Stevens 95	4) Sevigny, Sebastien 91
5 Ottawa Lions T&F Club 'A'	42.84
1) Martineau, Brandyn 92	2) Robertson, Michael 89
3) Moses, Isaiah 93	4) Arbour, Patrick 88
-- QC - Perf Max 'A'	XDNF
1) Bussereth, Carl-Olivier 89	2) Faribault, Gabriel 92
3) Bouchakour, Abdelhadi 91	4) Richard, Bianco 88

Event 51 Women 4x400 Meter Relay Junior

ON Jr U20: ! 3:42.86 07/08/2004 , ONTARIO ESPOIR TEAM
REIDEL, MAYERS, LEWIS, BROWN

Team	Finals
1 Ottawa Lions T&F Club 'A'	3:57.11
1) McIntyre, Victoria 95	2) Galbraith, Emma 94
3) Fernando, Shelani 95	4) McBride, Alannah 95
2 U of Toronto 'A'	3:58.02
1) Adamson, Jessica 94	2) Emilio, Sarah 93
3) Walmsley, Honor 93	4) Jones, Cassandra 94
3 South Simcoe Dufferin Track 'A'	4:02.52
1) Monteith, Carla 94	2) Bennett, Yanique 94
3) Hamilton, Georgia 95	4) Defreitas, Tameran 94
4 Flying Angels Academy 'A'	4:05.26
1) Matthews, Cassidy 96	2) Domin-Charron, Oceana 96
3) Codispodi, Marissa 95	4) Rodriguez, Melanie 95
5 Laurel Creek T.F. Club 'A'	4:11.07
1) Sieling, Katie 96	2) Mainland, Roslyn 96
3) Carrique, Jennifer 94	4) Bulten, Rheanna 95
6 Newmarket Huskies TC 'A'	X4:11.17
1) Jones, Taylor 95	2) Hawthorn, Natalia 95

3) Armstrong, Jessie 97

4) Affleck, Mary 94

Event 52 Men 4x400 Meter Relay Junior

ON Jr U20: ! 3:09.83 17/07/1993 , NATIONAL JUNIOR TEAM
DAVIS, SULLIVAN, SMITH, DECHAUSAY

Team	Finals
1 Speed Academy Athletics Club 'A'	3:21.71
1) Thompson, Graeme 95	2) Williams, Myles 95
3) Russell, William 95	4) Cunningham, Joshua 95
2 Speed Academy Athletics Club 'B'	3:22.89
1) Williams, Shaquan 94	2) Gordon, Zayne 94
3) Allotey, Dillando 94	4) Ehirim, Amara 95
3 U of Toronto 'A'	3:24.81
1) Benjamin, Kristian 95	2) Sloan, Harrison 94
3) Weathers, Isiah 94	4) Franklin, Rayshaunn 94
4 Ottawa Lions T&F Club 'A'	3:27.23
1) Moses, Isaiah 93	2) Souleiman, Mohamed 93
3) Gunawardena, Sandeep 95	4) Bedard, Matthew 96
5 Newmarket Huskies TC 'A'	X3:39.95
1) Goldstein, Nathan 93	2) Papania, Marco 94
3) Freemantle, Alexander 95	4) White, Tyler 94
6 Newmarket Huskies TC 'B'	X3:44.72
1) Penney, Kyle 94	2) Violante, John-Paul 93
3) MacPherson, Eric 93	4) Bourgeois, Michael 93
7 QC - Vainqueurs 'A'	X3:56.85
1) Ouellette, Olivier 95	2) Lessard, Trystan 96
3) D-Sahli, Hakim 97	4) St-Antoine, Samuel 96
-- Laurel Creek T.F. Club 'A'	DQ
1) Lebold, Aaron 96	2) Budhram, Sheldon 96
3) Etienne, Benjamin 96	4) Finnigan, Connor 96

Rule #: 163.3

Event 53 Women 4x400 Meter Relay Senior

ON Senior: ! 3:31.65 26/06/2004 , NATIONAL TEAM
WILLIAMS, OYEWUMI, MUIR, LOCHHEAD

Team	Finals
1 U of Toronto 'A'	3:46.28
1) Ruediger, Kate 87	2) Wells, Sarah 91
3) Jewett, Rachel 92	4) Housley, Katie 91
2 Ottawa Lions T&F Club 'A'	3:47.54
1) Brown, Alicia 90	2) Callender, Fiona 92
3) Gardner, Charlotte 94	4) Krech, Michele 86
3 Quebec 'A'	X3:55.14
1) St-Pierre, Marie-Colombe 94	2) Perron-Smith, Jacqueline 95
3) Cote, Laurence 91	4) Leblanc, Annie 92

Event 54 Men 4x400 Meter Relay Senior

ON Senior: ! 3:02.64 31/07/1976 , NATIONAL TEAM
SEALE, DOMANSKY, HOPE, SAUNDERS

Team	Finals
1 Quebec 'A'	X3:17.69
1) Boudreau, Mathieu 91	2) Parent-Pichette, Vincent 91
3) Sturkenboom, Mathieu 94	4) Tourigny-Plante, Alex 95
2 Ottawa Lions T&F Club 'A'	3:18.85
1) Primeau, Codie 92	2) Frenke, Gordon 89
3) Murray, Tyler 91	4) Robertson, Michael 89
3 Project Athletics T.F. Club 'A'	3:22.48
4 U of Toronto 'A'	3:24.86
1) Chan, Daniel 91	2) Pavelic, Antun 90
3) Muldoon, Matthew 92	4) Davenport, Ethan 90
5 Quebec 'B'	X3:27.37
1) Gordon-Maule, Quaysie 95	2) Bussieres, Alex 94
3) Courteau-Godmaire, Hubert 91	4) Veillette, Felix 94
6 Newmarket Huskies TC 'A'	X3:42.26
1) Denault, Alex 91	2) Degroot, Andrew 91
3) Davis, Shawn 88	4) Penney, Kyle 94
7 QC - Vainqueurs 'A'	X3:45.31
1) Hakimi, Sulaiman 90	2) Claveau, Maxime 92
3) Chartrand, Antoine 93	4) Sinigagliese, Patrick 94

Event 55 Women 1600 Sprint Medley Junior

ON Jr U20: ! 4:03.11 06/08/1994 , ONTARIO LEGION TEAM
FOX, SMITH, WOODLEY, UNSWORTH

Team	Finals
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1	Laurel Creek T.F. Club 'A'	4:05.12
	1) Sawyer, Kailee 97	2) Sauer, Tegan 95
	3) McLean, Micaela 96	4) Phelan, Jaimie 95
2	U of Toronto 'A'	4:11.22
	1) Stephens, Maya 96	2) Jones, Cassandra 94
	3) Harris, Allison 95	4) Stafford, Gabriela 95
3	Ottawa Lions T&F Club 'A'	4:15.34
	1) Jones, Reilly 96	2) Labarang, Charifa 95
	3) Telford, Alexandra 96	4) O'Higgins, Erin 94
4	Ottawa Lions T&F Club 'B'	4:19.30

Event 56 Men 1600 Sprint Medley Junior

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ON Jr U20: ! 3:29.19 23/06/1991 , HAMILTON OLYMPIC CLUB
BONILA, SHAND, SHAND, HENRY

Team	Finals
1 Laurel Creek T.F. Club 'A'	3:30.33
	1) Sherwood, Jordan 95
	2) Stemmler, Aaron 95
	3) Fourie, Charl 93
	4) Buttinger, Scott 94
2 U of Toronto 'A'	3:35.92
	1) Beckerman, Sam 95
	2) Powell, Kyle 95
	3) Benjamin, Kristian 95
	4) Hynes, Brendan 93
3 Ottawa Lions T&F Club 'A'	3:44.09
	1) Day, Mickey 95
	2) Couture-Tremblay, Emmanuel 96
	3) Moore, Liam 96
	4) Trapeau, Lucas 96
4 C.A.N.I Athletics 'A'	3:47.61

Event 58 Men 1600 Sprint Medley Senior

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ON Senior: ! 3:22.80 16/08/1963 , TORONTO TRACK CLUB
YOUNG, JAREMA, SINCLAIR, LEPS

Team	Finals
1 Ottawa Lions T&F Club 'A'	3:31.91
	1) Arbour, Patrick 88
	2) Chenery, Mark 88
	3) Kerr, Zachary 96
	4) Sikubwabo, Yves 93
2 U of Toronto 'A'	3:42.48
	1) Pavelic, Antun 90
	2) Wilson, Brandon 89
	3) Kwan, Anthony 93
	4) Davenport, Ethan 90

Event 59 Women High Jump Junior

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ON Jr U20: ! 1.92m 08/08/1993 Wanita DYKSTRA
ON Jr U19: ! 1.92m 08/08/1993 Wanita DYKSTRA

Name	Year Team	Finals
1 Tanguay, Caroline	93 Quebec	X1.71m
	1.40 1.45 1.50 1.55 1.60 1.65 1.68 1.71 1.74	
	P P P P O O O XO XXX	
2 Rowland, Brooke	94 York U.T.C.	J1.71m
	1.40 1.45 1.50 1.55 1.60 1.65 1.68 1.71 1.74	
	P P P P O O XO XO X	
3 Lefebvre-Oatis, Mikella	98 Quebec	XJ1.71m
	1.40 1.45 1.50 1.55 1.60 1.65 1.68 1.71 1.74	
	P P O O O XO XXO XO XXX	
4 Vasilyeva, Katia	94 Toronto Track	1.60m
	1.40 1.45 1.50 1.55 1.60 1.65	
	P P O O O XXX	
5 Jean, Noocile	96 QC - VainqueursP	XJ1.60m
	1.40 1.45 1.50 1.55 1.60 1.65	
	O O O XXO O XXX	
6 Kikulis, Emma	94 Toronto Track	J1.60m
	1.40 1.45 1.50 1.55 1.60 1.65	
	P P P O XO XXX	
7 Yates, Lashaunda	Quebec	XJ1.60m
	1.40 1.45 1.50 1.55 1.60 1.65	
	P O O XO XXO XXX	
8 Meierer, Klara	93 Quebec	X1.55m
	1.40 1.45 1.50 1.55 1.60	
	P P O O XXX	
9 Williamson, Taylor	94 Ottawa Lions	J1.55m
	1.40 1.45 1.50 1.55 1.60	
	O O O XXO XXX	
10 Dwyer, Courtney	96 C.A.N.I	1.50m
	1.40 1.45 1.50 1.55	
	P P O XXX	
11 Janke, Avrya	94 Laurel Creek	J1.50m
	1.40 1.45 1.50 1.55	
	P O XO XXX	
12 Bickle, Alyssa	94 Woodstock Leg.	J1.50m

1.40 1.45 1.50 1.55
P P XXO XXX
13 Lesurf, Jennifer 95 Toronto Track 1.45m
1.40 1.45 1.50
P O XXX

Event 60 Men High Jump Junior

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ON Jr U20: ! 2.27m 02/08/2009 Derek DROUIN
ON Jr U19: ! 2.24m 20/07/1997 Mike PONIKVAR

Name	Year	Team	Finals
1 Anderson-Richards, Tacum	95	Speed Academy	1.98m
1.75 1.80 1.85 1.90 1.95 1.98 2.05			
P P P O O O XXX			
2 Leeson, Guay	94	C.A.N.I	1.95m
1.75 1.80 1.85 1.90 1.95 1.98			
P O O O XXO XXX			
2 Lee, Hwang	94	Flying Angels	1.95m
1.75 1.80 1.85 1.90 1.95 1.98			
P O O O XXO XXX			
4 Ollivier, Emile	95	Quebec	X1.90m
1.75 1.80 1.85 1.90 1.95			
P P XXO O XXX			
5 Bogdanowicz, Thomas	96	Ottawa Lions	J1.90m
1.75 1.80 1.85 1.90 1.95			
O O O XO XXX			
6 Fray Benoit, Leaugen	95	Quinte Legion	J1.90m
1.75 1.80 1.85 1.90 1.95			
O O O XXO XXX			
7 Murphy, Brayden	94	Ottawa Lions	1.85m
1.75 1.80 1.85 1.90			
O O XXO XXX			
7 Beaudoin, Shawn	94	Windsor Legion	1.85m
1.75 1.80 1.85 1.90			
P O XXO XXX			
9 Deschamps, Nicholas	96	Ottawa Lions	1.80m
1.75 1.80 1.85			
O O XXX			
9 Andrus, Jake	94	Peterborough	1.80m
1.75 1.80 1.85			
P O XXX			
9 Torres, Mitchell	12	Quinte Legion	1.80m
1.75 1.80 1.85			
O O XXX			

Event 61 Women High Jump Senior

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ON Senior: ! 1.97m 30/07/2007 Nicole FORRESTER

Name	Year	Team	Finals
1 Theophille, Michelle	91	Unattached - ON	1.80m
1.55 1.60 1.65 1.70 1.75 1.80 1.84			
P P P XXO O XO XXX			
2 Drouin, Jillian	86	Sarnia	1.75m
1.55 1.60 1.65 1.70 1.75 1.80			
P P P O XO XXX			
3 Jewett, Rachel	92	Toronto Track	1.70m
1.55 1.60 1.65 1.70 1.75			
P XO O XO XXX			
4 Dobransky, Johanna	91	Ottawa Lions	1.60m
1.55 1.60 1.65			
XXO O XXX			
-- Haye, Shaneista	89	Toronto Track	NH
1.55 1.60			
P XXX			
-- Dugas, Katerine	90	QC - Corsaire	XNH
1.55 1.60			
P XXX			

Event 62 Men High Jump Senior

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ON Senior: ! 2.35m 23/08/1999 Mark BOSWELL

Name	Year	Team	Finals
1 St-Hilaire, Philippe	95	Quebec	X2.05m
1.90 1.95 2.00 2.05 2.10			
O O O XO XXX			
2 Wilhelm, Branden	92	Unattached - ON	2.00m
1.90 1.95 2.00 2.05			
P P O XXX			

3 Georgievski, Brett 88 Toronto Track J2.00m
 1.90 1.95 2.00 2.05
 P XXO XO XXX

4 Yu, Hao-Ran 87 Toronto Track 1.90m
 1.90 1.95
 XO XXX

Event 63 Women Pole Vault Junior

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ON Jr U20: ! 3.91m 08/08/2010 Alysha NEWMAN
 ON Jr U19: ! 3.91m 08/08/2010 Alysha NEWMAN

Name	Year	Team											Finals		
1 Salmon, Brittany	95	Quebec													X3.60m
			2.85	3.00	3.10	3.20	3.30	3.35	3.40	3.45	3.50	3.55	3.60	3.65	3.70
			P	P	P	O	XO	P	O	P	XO	P	O	P	XXX
2 Harris, Allison	95	Toronto Track													J3.60m
			2.85	3.00	3.10	3.20	3.30	3.35	3.40	3.45	3.50	3.55	3.60	3.65	3.70
			P	P	P	XXO	O	P	XO	P	O	P	O	P	XXX
3 Tanguay, Caroline	93	Quebec													X3.40m
			2.85	3.00	3.10	3.20	3.30	3.35	3.40	3.45	3.50				
			P	O	XO	XO	O	P	O	P	XXX				
4 Kukovica, Emily	94	Toronto Track													3.20m
			2.85	3.00	3.10	3.20	3.30								
			O	XXO	XXO	XO	XXX								
-- Kokron, Felicite	94	South Simcoe													NH
			2.85												
			XXX												

Event 64 Men Pole Vault Junior

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ON Jr U20: ! 5.05m 03/08/1985 Doug WOOD
 ON Jr U19: ! 4.87m 24/08/1984 Rob LINDSAY

Name	Year	Team											Finals		
1 Waugh, Christopher	93	London Western													4.20m
			3.00	3.20	3.40	3.60	3.80	3.95	4.10	4.20	4.30				
			P	P	P	P	P	XO	XO	O	XXX				
2 Tevernier, Telvin	93	South Simcoe													J4.20m
			3.00	3.20	3.40	3.60	3.80	3.95	4.10	4.20	4.30				
			P	P	P	P	P	O	O	XO	XXX				
3 Golow, Dylan	93	South Simcoe													J4.20m
			3.00	3.20	3.40	3.60	3.80	3.95	4.10	4.20	4.30				
			P	P	P	P	P	O	XO	XO	XXX				
4 Young, Connor	95	London Western													3.95m
			3.00	3.20	3.40	3.60	3.80	3.95	4.10						
			P	P	P	P	XO	O	XXX						
5 Kerr, Zachary	96	Ottawa Lions													J3.95m
			3.00	3.20	3.40	3.60	3.80	3.95	4.10						
			P	P	P	O	XO	XO	XXX						
6 Heliotis, Dean	94	South Simcoe													3.60m
			3.00	3.20	3.40	3.60	3.80								
			P	P	O	O	XXX								
7 Zanchetta, Cole	96	Brockville Leg.													J3.60m
			3.00	3.20	3.40	3.60	3.80								
			P	P	XO	O	XXX								
8 Cowan, Eric	97	Brockville Leg.													J3.60m
			3.00	3.20	3.40	3.60	3.80								
			P	O	P	XO	XXX								
8 West, Matheson	93	Saugeen T&F													J3.60m
			3.00	3.20	3.40	3.60	3.80								
			P	O	O	XO	XXX								
10 VanDuzer, Eli	93	Ottawa Lions													J3.60m
			3.00	3.20	3.40	3.60	3.80								
			P	P	P	XXO	XXX								
11 Johnson, Matthew	94	Ottawa Lions													3.20m
			3.00	3.20	3.40										
			P	O	XXX										
12 Drennan, Jesse	93	NS - Bluenose													X3.00m
			3.00	3.20											
			XO	XXX											
-- Richard, Frederick	93	Quebec													XNH
			3.00	3.20	3.40	3.60	3.80	3.95							
			P	P	P	P	P	XXX							
-- Daly, Connor	93	Toronto Track													NH
			3.00	3.20	3.40	3.60	3.80								
			P	P	P	P	XXX								

Event 65 Women Pole Vault Senior

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ON Senior: ! 4.52m 18/08/2007 Dana ELLIS

Name	Year	Team	Finals
1 Maaten, Dayna	85	Windsor Alumni	3.90m
2.90 3.05 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00			
P P P P P P P P P O O XXX			
2 Fielder, Ericka	91	K-W T.F. Club	3.70m
2.90 3.05 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90			
P P P P P P P O XP XX			
3 Jeudi, Ariane	83	QC - Corsaire	X3.60m
2.90 3.05 3.20 3.30 3.40 3.50 3.60 3.70			
P P XO O O XO XXO XXX			
4 Rock, Melinda	87	Ottawa Lions	3.40m
2.90 3.05 3.20 3.30 3.40 3.50			
P P XO O O XXX			
5 Vuong, Kim-Quyen	85	Ottawa Lions	3.05m
2.90 3.05 3.20			
O XO XXX			
-- Felet, Meaghan	92	Windsor Alumni	NH
2.90			
XXX			

Event 66 Men Pole Vault Senior

ON Senior: ! 5.61m 14/07/1991 Doug WOOD			
Name	Year	Team	Finals
1 Wurster, Jason	84	York U.T.C.	5.35m
3.60 3.80 4.00 4.20 4.40 4.60 4.80 5.00 5.20 5.35 5.45			
P P P P P P P P O XO O XXX			
2 Foley, David	84	QC - Sherbrooke	X5.00m
3.60 3.80 4.00 4.20 4.40 4.60 4.80 5.00 5.20			
P P P P P P P P XO XXX			
3 Creighton, Doug	85	Toronto Track	4.80m
3.60 3.80 4.00 4.20 4.40 4.60 4.80 5.00			
P P P P P P P XXO XXX			
4 Rehel, Wesley	82	QC - Corsaire	X4.40m
3.60 3.80 4.00 4.20 4.40 4.60			
P P O XO XXO XXX			
5 Gauthier-Kwan, Olivier	89	Ottawa Lions	4.20m
3.60 3.80 4.00 4.20 4.40			
P P O O XXX			
6 Arbour, Patrick	88	Ottawa Lions	J4.20m
3.60 3.80 4.00 4.20 4.40			
P P XO O XXX			
7 Farnsworth, Mark	88	Ottawa Lions	J4.20m
3.60 3.80 4.00 4.20 4.40			
P P O XO XXX			
7 Courteau-Beaumont, Maxim	87	QC - M.I.N.T.	XJ4.20m
3.60 3.80 4.00 4.20 4.40			
P P P XO XXX			
9 Dorion, Josh	84	South Simcoe	J4.20m
3.60 3.80 4.00 4.20 4.40			
P P O XXO XXX			
10 Noormohamad, Rahim	91	QC - M.I.N.T.	X3.80m
3.60 3.80 4.00			
O XO XXX			
10 Chenery, Mark	88	Ottawa Lions	3.80m
3.60 3.80 4.00			
O XO XXX			
12 Percival, Dan	73	Ottawa Lions	3.60m
3.60 3.80			
XXO XXX			
-- Courteau, Ambroise	58	QC - M.I.N.T.	XNH
3.60			
XXX			

Event 67 Women Long Jump Junior

ON Jr U20: ! 6.50m 04/07/1982 Karen NELSON			
ON Jr U19: ! 6.41m 01/08/1981 Nicole ALI			
Name	Year	Team	Finals Wind
1 Roche, Magali	97	QC - Tarus	X5.82m 2.2
5.61m(+0.0) 5.75m(1.9) FOUL(2.3) FOUL(2.1) 5.82m(2.2) FOUL(1.7)			
2 Gagne, Genevieve	95	Quebec	X5.46m 2.2
4.76m(+0.0) 5.45m(2.3) 5.46m(2.2) FOUL(1.9) 5.30m(1.4) 5.11m(0.3)			
3 Williams, Jodeen	94	Nfld Canada	5.29m 0.9
4.92m(1.8) 4.98m(1.6) 5.09m(1.3) 4.92m(1.5) 5.22m(1.3) 5.29m(0.9)			
4 Biswal, Divyajyoti	93	Ottawa Lions	5.25m 3.1
5.25m(3.1) 5.17m(1.3) 5.09m(+0.0) 5.15m(1.9) 5.02m(1.5) 5.17m(3.3)			
5 Bedard, Sarah	94	Quebec	XJ5.25m 1.8

	4.93m(+0.0)	2.94m(+0.0)	5.10m(0.6)	4.99m(1.1)	5.25m(1.8)	5.13m(+0.0)	
6 Kerr, Jasmin			93 London Western		5.23m	1.2	
	FOUL(1.9)	5.14m(+0.0)	5.18m(0.8)	FOUL(3.2)	4.72m(+0.0)	5.23m(1.2)	
7 McClurkin, Caitlin			94 Burlington L		5.22m	0.1	
	5.22m(0.1)	4.99m(+0.0)	4.70m(+0.0)	5.03m(1.8)	5.00m(0.6)		
8 Higgins, Emma			95 Laurel Creek		5.12m	0.4	
	FOUL(2.4)	5.01m(1.0)	FOUL(+0.0)	4.86m(+0.0)	5.12m(0.4)	4.79m(0.1)	
9 Biswal, Devyani			93 Ottawa Lions		5.08m	+0.0	
	FOUL(+0.0)	5.08m(+0.0)	FOUL(2.6)	5.00m(1.9)	FOUL(+0.0)	FOUL(0.4)	
10 Dwyer, Courtney			96 C.A.N.I		5.04m	1.0	
	5.04m(1.0)	4.64m(+0.0)	3.52m(1.3)	FOUL(0.1)	FOUL(1.6)	4.82m(+0.0)	
11 Weeks, Allison			95 Track North		4.99m	1.0	
	FOUL(1.0)	4.94m(0.9)	4.86m(1.4)	FOUL(1.0)	4.99m(1.0)	4.91m(1.9)	
12 Meierer, Klara			93 Quebec		X4.97m	1.5	
	4.96m(1.4)	4.82m(3.0)	4.54m(2.6)	4.97m(1.5)	4.81m(+0.0)	4.97m(0.2)	
13 Smith, Hannah-Kelsey			97 Ottawa Lions		4.92m	0.9	
	4.66m(1.0)	4.83m(0.6)	4.87m(1.3)	3.91m(0.4)	4.92m(0.9)	4.70m(1.2)	
14 Mazal, Zvia			95 Track North		4.79m	0.6	
	4.79m(0.6)	4.43m(+0.0)	4.72m(+0.0)				
15 Tebrake, Julianna			95 Ottawa Lions		4.70m	1.5	
	FOUL(0.8)	FOUL(0.2)	4.70m(1.5)				
16 Williamson, Taylor			94 Ottawa Lions		4.58m	+0.0	
	4.56m(+0.0)	4.58m(+0.0)	4.58m(+0.0)				
17 Schwartzenruber, Ashley			96 Woodstock Leg.		4.13m	2.0	
	4.11m(1.2)	4.13m(2.0)	3.99m(+0.0)				
18 Yates, Lashaunda			Quebec		X4.08m	+0.0	
	3.53m(1.4)	4.08m(+0.0)	2.88m(0.7)				

Event 68 Men Long Jump Junior

=====							
ON Jr U20: !	7.88m	30/04/1976	Richard	ROCK			
ON Jr U19: !	7.53m	30/07/1982	Andre	METIVIER			
Name	Year	Team	Finals	Wind			
=====							
1 Dorcelus, Stevens	95	Quebec	X7.11m	2.4			
	7.11m(2.4)	FOUL(0.5)	FOUL(1.9)	6.80m(0.6)	FOUL(3.9)	6.92m(0.1)	
2 Bell, Riley	94	St. Thomas Leg.	7.09m	1.6			
	6.69m(1.0)	FOUL(+0.0)	7.09m(1.6)	6.60m(+0.0)	6.83m(0.6)	6.95m(1.9)	
3 Anderson-Richards, Tacum	95	Speed Academy	6.87m	3.3			
	4.78m(1.9)	6.21m(1.1)	6.77m(0.2)	6.53m(+0.0)	6.43m(+0.0)	6.87m(3.3)	
4 Fray Benoit, Leaugen	95	Quinte Legion	6.57m	1.1			
	FOUL(2.0)	6.41m(0.9)	6.36m(-0.1)	6.24m(+0.0)	6.57m(1.1)	FOUL(0.7)	
5 Hodgins, Conner	94	St. Thomas Leg.	6.56m	1.2			
	6.23m(0.1)	6.16m(1.2)	6.56m(1.2)	5.90m(+0.0)	6.19m(+0.0)	6.42m(2.6)	
6 Zhou, Joey	95	York U.T.C.	6.54m	1.9			
	6.23m(1.4)	FOUL(1.5)	6.51m(1.0)	4.56m(+0.0)	6.35m(0.2)	6.54m(1.9)	
7 Le, Vinh	94	Brampton Eli	6.39m	0.4			
	FOUL(2.7)	6.39m(0.4)	FOUL(0.2)	FOUL(2.2)	FOUL(1.4)	FOUL(1.4)	
8 Patterson, Bryson	95	C.A.N.I	6.34m	1.6			
	FOUL(1.8)	FOUL(+0.0)	6.34m(1.6)	FOUL(2.2)	FOUL(0.9)	6.33m(1.7)	
9 Bogdanowicz, Thomas	96	Ottawa Lions	6.12m	0.8			
	FOUL(2.0)	6.05m(1.0)	6.12m(0.8)	FOUL(1.3)	5.68m(0.2)	5.96m(0.3)	
10 Johnson, Matthew	94	Ottawa Lions	6.01m	2.5			
	5.92m(1.8)	FOUL(1.7)	6.01m(2.5)				
11 Thompson, Nathaniel	96	C.A.N.I	5.98m	2.2			
	5.98m(2.2)	FOUL(+0.0)	5.90m(0.2)				
12 Beynen, Jeremy	96	Woodstock Leg.	5.88m	0.8			
	5.82m(1.3)	5.88m(0.8)	5.75m(0.5)				
13 Nault, Kevin	94	Ottawa Lions	5.83m	0.3			
	5.79m(1.5)	5.74m(0.7)	5.83m(0.3)				
14 Solomon, Junior	94	Project Athletic	5.79m	+0.0			
	5.57m(+0.0)	5.64m(0.3)	5.79m(+0.0)				
15 Drennan, Jesse	93	NS - Bluenose	X5.78m	0.9			
	5.78m(0.9)	5.34m(0.5)	FOUL(0.6)				
16 Deschamps, Nicholas	96	Ottawa Lions	5.72m	0.5			
	FOUL(1.4)	5.72m(0.5)	FOUL(1.9)				
17 Moore, Sean	95	Track North	5.60m	2.4			
	5.60m(2.4)	FOUL(+0.0)	FOUL(+0.0)				
18 Lalonde, Justin	95	Ottawa Lions	5.53m	2.4			
	5.37m(3.5)	5.53m(2.4)	5.44m(+0.0)				
19 LaFleur, Hans		C.A.N.I	5.28m	+0.0			
	5.09m(+0.0)	5.24m(0.2)	5.28m(+0.0)				
20 Gunawardena, Sandeep	95	Ottawa Lions	4.94m	1.4			
	4.78m(0.8)	4.94m(1.4)	4.86m(NWI)				
21 Boogard, Andrew	96	Ottawa Lions	4.53m	1.5			
	4.45m(1.8)	4.53m(1.5)	4.35m(2.3)				
22 Taylor, Matt	94	Track North	2.50m	0.4			
	FOUL(+0.0)	FOUL(1.4)	2.50m(0.4)				
-- Chung, Kevin	94	Ottawa Lions	FOUL				
	FOUL	FOUL(+0.0)	FOUL(1.3)				
-- Parsons, Cody	93	Laurel Creek	FOUL				

FOUL(1.9) FOUL(+0.0) FOUL(0.6)

Event 69 Women Long Jump Senior

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ON Senior: ! 6.82m 07/06/2008 Tabia CHARLES

Name	Year	Team	Finals	Wind
1 Beaudet, Laurence	91	QC - Corsaire	X6.06m	1.4
6.06m(1.4) 5.79m(0.8) 6.05m(2.6) 5.84m(+0.0) 6.01m(2.9) 5.85m(1.7)				
2 Smith, Alicia	88	London Western	5.90m	1.4
5.79m(1.3) 5.64m(0.8) 2.39m(+0.0) 5.65m(2.6) 5.90m(1.4) PASS				
3 Sylvester, Patricia	83	Project Athletic	5.79m	1.6
5.79m(1.6) 5.69m(1.9) 5.67m(0.1) 4.44m(1.3) 5.51m(3.5) 5.78m(1.9)				
4 Wallace, Julia	91	Guelph T.F.C.	5.73m	1.8
5.52m(1.5) 5.59m(1.2) 5.73m(1.8) 4.12m(1.9) 5.14m(2.6) FOUL(2.5)				
5 Salmon, Brittany	95	Quebec	X5.44m	2.6
5.23m(1.9) 5.21m(+0.0) 5.28m(3.3) 5.44m(2.6) FOUL(2.2) 5.29m(2.0)				
6 Violin, Alicia	92	Track North	5.31m	0.1
FOUL(1.5) 4.86m(1.1) 4.83m(0.4) 5.03m(1.1) FOUL(3.5) 5.31m(0.1)				
7 Rheault, Éloïse	91	QC - Sherbrooke	X5.29m	2.3
4.95m(+0.0) 4.39m(0.1) 5.29m(2.3) 5.12m(1.3) FOUL(2.2) 5.28m(1.5)				
8 Goad, Emily	91	London Western	5.12m	1.4
5.12m(1.4) 4.94m(0.3) FOUL(2.4) FOUL(2.2) PASS			PASS	
9 Flemmington, Katie	93	London Western	4.82m	1.2
FOUL(0.2) FOUL(+0.0) 4.82m(1.2) FOUL(1.4) PASS			PASS	
10 Lavallée-Bourget, Marie-	90	QC - Rouge et Or	X4.79m	+0.0
4.79m(+0.0) 4.64m(2.3) 4.54m(1.3) 4.54m(1.4) 4.72m(3.1) 4.64m(1.7)				
11 Pilon, Chantel	91	Waterloo T.C.	4.48m	1.1
4.48m(1.1) 4.32m(0.3) 3.62m(0.9) 4.44m(0.8) 4.30m(1.3) 4.10m(+0.0)				
12 Bautista, Kathryn	92	Nfld Canada	4.37m	3.3
3.92m(+0.0) 4.31m(1.3) 4.18m(0.5) 3.98m(2.5) 4.34m(0.2) 4.37m(3.3)				

Event 70 Men Long Jump Senior

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ON Senior: ! 8.19m 25/03/2000 Richard DUNCAN

Name	Year	Team	Finals	Wind
1 Stewart, Taylor	91	London Western	7.43m	1.5
5.26m(+0.0) 7.02m(0.1) 7.17m(+0.0) FOUL(+0.0) FOUL(-0.9) 7.43m(1.5)				
2 Massok, Patrick	80	QC - Tarus	X7.38m	-0.2
7.38m(-0.2) FOUL(+0.0) FOUL(+0.0) FOUL(0.3) FOUL(0.8) FOUL(1.4)				
3 Mbimbe, Emmanuel	92	QC - Tarus	X7.33m	+0.0
7.26m(0.1) 7.33m(+0.0) FOUL(+0.0) FOUL(+0.0) 5.86m(+0.0) FOUL(2.5)				
4 Latham, Clayton	81	Brampton Eli	7.31m	0.5
FOUL(+0.0) FOUL(+0.0) 6.54m(-1.3) 7.11m(1.3) 7.31m(0.5) 7.31m(1.6)				
5 Warnock, Ben	85	Windsor Alumni	6.90m	+0.0
6.74m(1.2) 6.89m(-0.1) FOUL(0.8) 6.90m(+0.0) FOUL(0.9) FOUL(0.7)				
6 Makwene, Odon		Flying Angels	6.59m	+0.0
6.32m(0.9) 6.59m(+0.0) FOUL(0.7) FOUL(+0.0) 6.35m(1.0) FOUL(0.7)				
7 Pratt, Dahn	91	York U.T.C.	6.39m	1.4
6.16m(+0.0) 6.27m(1.1) 6.20m(-1.9) 6.39m(1.4) 5.90m(+0.0) 6.29m(0.9)				
8 Tesfaye, Gabriel	92	London Legion	6.33m	+0.0
FOUL(+0.0) 6.08m(-0.1) 6.03m(1.3) 5.80m(+0.0) 6.33m(+0.0) FOUL(0.7)				
9 Hancock, Scott	92	Quebec	X6.23m	+0.0
6.13m(+0.0) 6.11m(0.7) FOUL(1.1) 6.19m(0.3) 6.23m(+0.0) 6.02m(2.6)				
10 Young, Arren	92	Phoenix	6.20m	+0.0
FOUL(+0.0) FOUL(+0.0) 6.20m(+0.0) FOUL(1.3) FOUL(+0.0) FOUL(1.4)				
11 Mei, Jason	89	Toronto Track	4.41m	+0.0
FOUL(1.1) 4.41m(+0.0) ND(NWI) ND(NWI) ND(NWI) ND(NWI)				

Event 71 Women Triple Jump Junior

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ON Jr U20: ! 13.04m 15/06/2003 Tabia CHARLES

ON Jr U19: ! 13.04m 15/06/2003 Tabia CHARLES

Name	Year	Team	Finals	Wind
1 Mercurio, Angela	96	Supreme Athletic	12.33m	3.1
11.92m(0.6) 12.15m(+0.0) 12.33m(3.1) 12.23m(1.9) 12.24m(1.0) 12.19m(1.3)				
2 Biswal, Divyajyoti	93	Ottawa Lions	11.65m	2.5
11.58m(0.2) 11.45m(+0.0) 11.65m(2.5) 11.39m(1.1) 11.34m(0.7) 11.63m(+0.0)				
3 Vasilyeva, Katia	94	Toronto Track	11.33m	2.0
11.10m(+0.0) 10.82m(+0.0) FOUL(1.9) 10.93m(1.4) 10.96m(1.4) 11.33m(2.0)				
4 Skimming, Jamie	94	310 Running	11.20m	2.4
10.26m(+0.0) 10.58m(+0.0) 11.03m(2.2) 11.20m(2.4) 10.93m(1.3)				
5 Sinnathurai, Neena	97	QC - Tarus	X11.13m	0.5
10.95m(0.5) 10.89m(0.5) 11.08m(1.1) 10.92m(2.0) 11.13m(0.5) 11.10m(1.2)				
6 Mazal, Zvia	95	Track North	11.02m	1.5
10.41m(0.9) 10.68m(+0.0) 10.91m(2.5) 11.02m(1.5) 11.02m(0.6) 10.95m(1.0)				
7 Kerr, Jasmin	93	London Western	10.99m	1.9
10.73m(+0.0) 10.78m(+0.0) 10.73m(2.0) 10.98m(1.6) FOUL(1.8) 10.99m(1.9)				
8 O'Connor, Jaymie	97	QC - Rive-Sud	X10.97m	1.6

	10.86m(+0.0)	10.67m(0.2)	FOUL(1.8)	10.55m(2.0)	FOUL(1.0)	10.97m(1.6)	
9	Smith, Hannah-Kelsey		97 Ottawa Lions			10.74m	1.0
	10.55m(1.4)	10.66m(+0.0)	10.65m(+0.0)	10.68m(1.9)	10.74m(1.0)	10.59m(0.1)	
10	Weeks, Allison		95 Track North			10.66m	+0.0
	10.41m(1.7)	10.66m(+0.0)	FOUL(+0.0)				
11	Phillips, Clara		95 Ottawa Lions			10.49m	0.5
	10.49m(0.5)	10.16m(1.2)	PASS				
12	Wilson, Taylor		93 Supreme Athletic			10.35m	+0.0
	9.83m(+0.0)	10.01m(+0.0)	10.35m(+0.0)				
13	Schwartzentruber, Ashley		96 Woodstock Leg.			9.18m	+0.0
	FOUL(+0.0)	FOUL(+0.0)	9.18m(+0.0)				
--	Slowley, Monique		94 York U.T.C.			FOUL	
	FOUL(-0.5)	FOUL(1.3)	FOUL(+0.0)				

Event 72 Men Triple Jump Junior

=====							
ON Jr U20: ! 15.73m 31/05/2002 Kennen SHADD							
ON Jr U19: ! 15.53m 31/05/2001 Kenen SHAAD							
	Name		Year Team		Finals	Wind	
=====							
1	Flemming, Jahrece		93 Toronto Track		14.56m	+0.0	
	14.18m(+0.0)	FOUL(0.1)	13.84m(+0.0)	PASS	FOUL(0.4)	14.56m(+0.0)	
2	Bell, Riley		94 St. Thomas Leg.		14.24m	+0.0	
	FOUL(+0.0)	13.59m(+0.0)	FOUL(+0.0)	13.59m(+0.0)	14.24m(+0.0)	14.14m(+0.0)	
3	Chung, Kevin		94 Ottawa Lions		13.44m	+0.0	
	FOUL(+0.0)	13.10m(0.1)	13.44m(+0.0)	13.18m(+0.0)	13.40m(0.3)	13.22m(0.4)	
4	Al-Slaq, Ahmed		93 Ottawa Lions		13.37m	+0.0	
	13.37m(+0.0)	13.06m(+0.0)	12.86m(+0.0)	12.94m(+0.0)	13.04m(+0.0)	13.15m(+0.0)	
5	Le, Vinh		94 Brampton Eli		13.08m	0.1	
	12.89m(+0.0)	13.08m(0.1)	12.75m(+0.0)				
6	McGuire, Marc		94 Toronto Track		12.81m	+0.0	
	12.79m(+0.0)	12.81m(+0.0)	12.73m(+0.0)	12.76m(1.0)	FOUL(+0.0)	12.59m(+0.0)	
7	Beynen, Jeremy		96 Woodstock Leg.		12.73m	0.3	
	12.01m(+0.0)	12.30m(0.4)	12.59m(+0.0)	12.32m(0.1)	11.97m(0.2)	12.73m(0.3)	
8	Zhou, Joey		95 York U.T.C.		12.46m	+0.0	
	12.46m(+0.0)	PASS(+0.0)	PASS(+0.0)				
9	Moore, Sean		95 Track North		12.12m	+0.0	
	12.12m(+0.0)	12.03m(+0.0)	11.69m(+0.0)				
10	Gaudreault, Kanoa		12 Quinte Legion		11.46m	+0.0	
	FOUL(0.1)	11.46m(+0.0)	FOUL(+0.0)				
--	Patterson, Bryson		95 C.A.N.I		FOUL		
	FOUL	FOUL	FOUL				
--	Taylor, Matt		94 Track North		FOUL		
	FOUL(+0.0)	FOUL(+0.0)	FOUL(+0.0)				

Event 73 Women Triple Jump Senior

=====							
ON Senior: ! 13.99m 03/07/2010 Tabia CHARLES							
	Name		Year Team		Finals	Wind	
=====							
1	Smith, Alicia		88 London Western		12.78m	0.9	
	12.14m(0.4)	FOUL(-0.1)	12.44m(1.1)	FOUL(1.1)	12.57m(0.2)	12.78m(0.9)	
2	Ehrhardt, Caroline		92 London Western		12.41m	0.7	
	FOUL(7.4)	12.41m(0.7)	FOUL(0.7)	FOUL(1.1)	FOUL(2.8)	FOUL(1.9)	
3	Simulik, Mila		90 London Western		12.30m	1.2	
	11.19m(0.3)	11.87m(+0.0)	11.96m(0.2)	11.87m(2.6)	12.10m(1.7)	12.30m(1.2)	
4	Wallace, julia		91 Guelph T.F.C.		12.12m	2.9	
	11.10m(1.0)	11.45m(1.1)	11.81m(0.6)	12.12m(2.9)	11.62m(0.5)	11.83m(0.8)	
5	Sylvester, Patricia		83 Project Athletic		12.11m	0.3	
	12.11m(0.3)	FOUL(1.0)	11.91m(0.3)				
6	Stewart, Alanna		91 Toronto Track		11.69m	+0.0	
	FOUL(0.5)	FOUL(0.3)	11.69m(+0.0)	FOUL(1.0)	FOUL(3.1)	PASS	
7	Anderson, Jacquelyn		88 Windsor Alumni		11.24m	0.3	
	10.82m(+0.0)	10.98m(+0.0)	11.24m(0.3)	FOUL(3.1)	11.21m(2.1)	10.89m(1.4)	
8	Violin, Alicia		92 Track North		11.12m	2.0	
	10.70m(0.3)	11.07m(+0.0)	10.90m(0.3)	FOUL(1.6)	10.88m(0.7)	11.12m(2.0)	
9	Garrett, Sherri		83 South Simcoe		10.45m	-0.3	
	FOUL(0.8)	FOUL(0.8)	10.45m(-0.3)				
10	Bautista, Kathryn		92 Nfld Canada		9.74m	0.3	
	9.62m(-1.2)	9.74m(0.3)	9.62m(0.7)				
--	Goad, Emily		91 London Western		FOUL		
	FOUL(1.4)	FOUL(0.5)	FOUL(0.7)				

Event 74 Men Triple Jump Senior

=====							
ON Senior: ! 16.70m 27/06/1987 Goerge WRIGHT							
	Name		Year Team		Finals	Wind	
=====							
1	Latham, Clayton		81 Brampton Eli		13.64m	-0.7	
	12.94m(0.4)	13.44m(-0.5)	12.24m(-0.2)	13.00m(-0.1)	FOUL(-0.1)	13.64m(-0.7)	
2	Hancock, Scott		92 Quebec		X13.11m	-0.7	

12.43m(+0.0) 12.41m(0.2) 12.73m(-0.3) 12.77m(0.2) 12.67m(+0.0) 13.11m(-0.7)
 3 Makwene, Odon Flying Angels 13.07m +0.0
 12.13m(+0.0) 12.71m(+0.0) 13.07m(+0.0) FOUL(+0.0) PASS 12.62m(-0.5)

Event 75 Women Shot Put Junior

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=====
ON Jr U20: ! 15.89m 10/10/1964 Nancy McCREIDIE
ON Jr U19: ! 14.68m 22/06/1980 Cindy CRAPPER
Name Year Team Finals
=====
1 Porlier-Langlois, Alex 93 Quebec X13.51m
  13.12m 13.51m 13.28m FOUL PASS PASS
2 Connell, Ashley 95 Brockville Leg. 12.28m
  11.52m 12.28m 12.12m 10.82m 12.04m 11.69m
3 Van Damme, Jill 93 Waterloo A.C. 11.21m
  FOUL 10.40m FOUL 10.35m FOUL 11.21m
4 Pollock, Hannah 95 South Simcoe 11.16m
  FOUL 10.69m 10.34m 10.39m 11.16m 10.84m
5 Marfo, Obeng 96 York U.T.C. 10.99m
  FOUL 8.55m 10.46m 10.99m 10.86m FOUL
6 Maduk, Kayla 96 Ottawa Lions 10.74m
  10.59m 10.28m 10.12m 10.64m 10.30m 10.74m
7 Garcia, Leanna 96 Elite Athletics 10.60m
  10.56m 10.52m 10.50m 10.60m 10.52m FOUL
8 Gribbons, Kelly 95 Saugeen T&F 10.46m
  9.89m 9.57m 10.22m 10.36m 9.97m 10.46m
9 Jantzi, Brindley 94 London Western 10.39m
  10.06m 9.93m 10.24m 10.14m 10.08m 10.39m
10 Irwin, Samantha 94 South Simcoe 10.21m
  9.80m 10.21m FOUL
11 Meierer, Klara 93 Quebec X9.63m
  9.18m 9.63m 8.75m
12 Terrell, Emery 93 Ottawa Lions 9.10m
  FOUL 9.10m FOUL
  
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Event 76 Men Shot Put Junior

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=====
ON Jr U20: ! 19.03m 13/07/2004 Kyle HELF
ON Jr U19: ! 19.03m 13/07/2004 Kyle HELF
Name Year Team Finals
=====
1 Deslauriers, Brandon 93 Unattached - ON 17.05m
2 Polinski, Daniel 94 York U.T.C. 16.50m
3 Beaulieu, Simon 94 Quebec X16.12m
4 Bowman, Kevin 94 Saugeen T&F 15.78m
5 Thompson, Blake 94 South Simcoe 14.67m
6 West, Matheson 93 Saugeen T&F 12.87m
7 Cullen, Andrew 94 London Western 12.10m
  
```

Event 77 Women Shot Put Senior

```

=====
ON Senior: ! 17.83m 13/06/2007 Lieja TUNKS
Name Year Team Finals
=====
1 Jackson, Stephanie 85 London Western 14.39m
  14.31m 14.39m FOUL 13.40m 13.97m FOUL
2 Freeman-Gibb, Celine 91 Windsor Alumni 13.49m
  13.49m FOUL 12.61m 12.66m 13.27m 13.13m
3 Kovacs, Alanna 90 South Simcoe 12.96m
  12.07m FOUL 12.96m 12.34m 12.59m 12.14m
4 Foley, Lydia 90 London Western 11.92m
  11.92m 11.79m 11.48m 11.69m 11.80m FOUL
5 Tetreault, Lucie-Maude 92 Quebec X11.46m
  10.17m FOUL 10.46m 10.75m 11.46m FOUL
  
```

Event 78 Men Shot Put Senior

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=====
ON Senior: ! 20.87m 08/06/2004 Tim NEDOW
Name Year Team Finals
=====
1 Nedow, Tim 90 Unattached - ON 19.23m
  18.18m 18.96m 19.23m 18.93m FOUL 19.01m
2 Hendry-Gallagher, Tim 90 London Western 18.68m
  17.98m 18.36m 18.68m FOUL FOUL FOUL
3 Khan, Umar 89 York U.T.C. 17.01m
  16.13m 16.81m 16.07m 17.01m 16.16m FOUL
4 Roubos, Brent 90 London Western 16.30m
  FOUL 16.30m FOUL FOUL FOUL FOUL
5 Brathwaite, Eric 91 York U.T.C. 14.74m
  FOUL 14.74m 14.61m FOUL 14.61m FOUL
6 Adjetey-Nelson, Jamie 84 Windsor Alumni 14.40m
  
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	14.30m	14.12m	14.09m	14.19m	14.40m	14.27m	
7	Arbour, Patrick			88 Ottawa Lions			13.73m
	13.70m	13.59m	13.73m	13.06m	13.33m	13.59m	
8	Wilhelm, Branden			92 Unattached - ON			11.22m
	10.22m	10.02m	10.74m	10.80m	11.21m	11.22m	

Event 79 Women Discus Throw Junior

=====							
	ON Jr U20: ! 52.52m		20/05/1986	Michelle BROTHERTON			
	ON Jr U19: ! 52.52m		20/05/1986	Michelle BROTHERTON			
Name			Year	Team		Finals	
=====							
1	Gribbons, Kelly		95	Saugeen T&F		40.96m	
	FOUL	37.51m	FOUL	36.83m	38.95m	40.96m	
2	Irwin, Samantha		94	South Simcoe		38.95m	
	37.05m	35.00m	37.16m	35.98m	38.14m	38.95m	
3	Van Damme, Jill		93	Waterloo A.C.		38.48m	
	FOUL	33.93m	35.62m	FOUL	32.74m	38.48m	
4	Porlier-Langlois, Alex		93	Quebec		X38.04m	
	35.55m	FOUL	FOUL	37.58m	38.04m	35.26m	
5	Connell, Ashley		95	Brockville Leg.		37.49m	
	FOUL	37.49m	35.92m	34.13m	33.54m	33.43m	
6	Jantzi, Brindley		94	London Western		36.20m	
	33.57m	FOUL	30.67m	32.53m	FOUL	36.20m	
7	Garcia, Leanna		96	Elite Athletics		35.37m	
	32.84m	35.37m	32.14m	35.24m	33.77m	34.49m	
8	Blake, Patti		94	Waterloo A.C.		33.94m	
	33.94m	32.14m	32.46m	33.40m	FOUL	33.63m	
9	Pollock, Hannah		95	South Simcoe		33.00m	
	33.00m	FOUL	FOUL	31.22m	32.37m	31.24m	
10	Maduk, Kayla		96	Ottawa Lions		31.40m	
	FOUL	31.40m	28.64m				
11	Trudel-Sabourin, Jade		93	Quebec		X29.51m	
	27.38m	29.51m	FOUL				
12	Marfo, Obeng		96	York U.T.C.		24.84m	
	FOUL	FOUL	24.84m				
--	DiCesare, Alyssa		95	Hamilton Oly		FOUL	
	FOUL	FOUL	FOUL				

Event 80 Men Discus Throw Junior

=====							
	ON Jr U20: ! 58.76m		14/08/1994	Jason TUNKS			
	ON Jr U19: ! 55.76m		14/05/2011	Jordan YOUNG			
Name			Year	Team		Finals	
=====							
1	Thompson, Blake		94	South Simcoe		51.02m	
	48.80m	FOUL	46.88m	FOUL	51.02m	FOUL	
2	Deslauriers, Brandon		93	Unattached - ON		50.47m	
	48.58m	47.00m	47.79m	FOUL	FOUL	50.47m	
3	Bowman, Kevin		94	Saugeen T&F		47.43m	
	FOUL	40.56m	FOUL	FOUL	47.43m	FOUL	
4	Cullen, Andrew		94	London Western		47.13m	
	39.70m	FOUL	44.27m	FOUL	47.13m	FOUL	
5	Gagne, Alexandre		91	Quebec		X46.37m	
	44.63m	46.37m	45.84m	45.07m	43.02m	45.88m	
6	Beaulieu, Simon		94	Quebec		X43.76m	
	39.23m	FOUL	41.17m	FOUL	43.76m	FOUL	
7	Cardinal, Alexis		93	Quebec		X43.66m	
	38.06m	FOUL	43.66m	40.15m	FOUL	42.45m	
8	Nguyen, Charles		94	St. Thomas Leg.		42.29m	
	37.34m	FOUL	42.29m	40.92m	FOUL	39.46m	
9	Charkavi, Darby		95	Ottawa Lions		40.91m	
	38.78m	FOUL	36.04m	35.72m	39.23m	40.91m	
10	West, Matheson		93	Saugeen T&F		38.60m	
	FOUL	FOUL	35.43m	FOUL	38.37m	38.60m	
11	Drennan, Jesse		93	NS - Bluenose		X33.80m	
	30.85m	33.80m	FOUL				
12	Andrus, Jake		94	Peterborough		29.66m	
	27.94m	29.66m	28.72m	FOUL	FOUL	FOUL	
--	Polinski, Daniel		94	York U.T.C.		FOUL	
	FOUL	FOUL	FOUL				

Event 81 Women Discus Throw Senior

=====							
	ON Senior: ! 59.76m		03/05/2001	Tina MCDONALD			
Name			Year	Team		Finals	
=====							
1	Le Jour, Marie-Josée		79	QC - Unattached		X48.39m	
	47.01m	47.46m	FOUL	47.81m	48.39m	45.21m	
2	Kovacs, Alanna		90	South Simcoe		47.91m	
	42.24m	45.32m	FOUL	45.31m	47.91m	46.49m	

3	Marcantonio, Cara	88	London Western	33.02m
	32.75m FOUL FOUL	30.31m	33.02m 30.57m	
4	Obrochta, Kristin	89	York U.T.C.	32.75m
	FOUL FOUL 31.85m	32.75m	32.74m 31.38m	

Event 82 Men Discus Throw Senior

=====				
ON Senior: ! 67.88m 14/05/1998 Jason TUNKS				
	Name	Year	Team	Finals
=====				
1	Nedow, Tim	90	Unattached - ON	57.72m
2	Roubos, Brent	90	London Western	51.17m
3	Hendry-Gallagher, Tim	90	London Western	49.85m
4	Arbour, Patrick	88	Ottawa Lions	46.05m
5	Adjetej-Nelson, Jamie	84	Windsor Alumni	44.92m
6	Pincombe, Tom	75	Ottawa Lions	43.55m
7	Brathwaite, Eric	91	York U.T.C.	37.54m
8	Preece, Chris	92	York U.T.C.	35.25m
9	Quevillon, Zachary	91	Ottawa Lions	33.95m

Event 83 Women Hammer Throw Junior

=====				
ON Jr U20: ! 55.83m 06/07/2003 Sultana FRIZELL				
ON Jr U19: ! 55.45m 28/07/2002 Sultana FRIZELL				
	Name	Year	Team	Finals
=====				
1	Van Damme, Jill	93	Waterloo A.C.	47.27m
	FOUL 47.27m 46.22m	42.02m	FOUL FOUL	
2	Trudel-Sabourin, Jade	93	Quebec	X41.89m
	37.06m 41.67m 40.27m	41.68m 41.89m	38.98m	
3	Jantzi, Brindley	94	London Western	39.54m
	37.06m 39.54m FOUL	37.76m	38.06m 36.62m	
4	Velickovic, Tatiana	95	Saugeen T&F	39.51m
	38.74m FOUL 35.32m	34.76m	39.51m 36.90m	
5	Blake, Patti	94	Waterloo A.C.	36.89m
	36.89m FOUL 34.60m	36.71m	36.05m FOUL	
6	Irwin, Samantha	94	South Simcoe	31.15m
	31.15m FOUL FOUL	FOUL FOUL FOUL		

Event 84 Men Hammer Throw Junior

=====				
ON Jr U20: ! 60.72m 04/07/2010 Kevin BOWMAN				
ON Jr U19: ! 60.72m 04/07/2010 Kevin BOWMAN				
	Name	Year	Team	Finals
=====				
1	Nguyen, Charles	94	St. Thomas Leg.	60.51m
	FOUL FOUL 59.81m	FOUL 58.51m	60.51m	
2	Bowman, Kevin	94	Saugeen T&F	59.79m
	53.20m 56.38m 57.56m	58.20m 58.79m	59.79m	
3	Cardinal, Alexis	93	Quebec	X51.79m
	48.66m 51.29m FOUL	49.32m 49.87m	51.79m	
4	Charkavi, Darby	95	Ottawa Lions	40.91m
	39.68m 40.91m FOUL	40.07m	FOUL FOUL	
5	Purcell, Justin	95	Ottawa Lions	38.71m
	38.71m 35.88m FOUL	35.38m	FOUL 38.28m	

Event 85 Women Hammer Throw Senior

=====				
ON Senior: ! 75.04m 10/06/2012 Sultana FRIEZELL				
	Name	Year	Team	Finals
=====				
1	Mityaeva, Galina	91	QC - Sls	X60.76m
	54.71m 60.76m FOUL	59.87m	FOUL 54.28m	
2	Obrochta, Kristin	89	York U.T.C.	58.39m
	52.45m 55.86m 54.54m	55.56m 57.00m	58.39m	
3	Appiah, Cythia	90	York U.T.C.	53.08m
	FOUL FOUL 48.99m	53.08m	FOUL 48.33m	
4	Schimanski, Ami	90	London Western	49.62m
	FOUL FOUL FOUL FOUL	FOUL	49.62m	
5	Marcantonio, Cara	88	London Western	47.16m
	44.76m FOUL 41.28m	47.16m	FOUL 45.20m	
6	Allard-Dumais, Rose	91	QC - Rouge et Or	X37.50m
	FOUL 37.50m 31.82m	FOUL	FOUL FOUL	
7	Foley, Lydia	90	London Western	37.36m
	37.36m FOUL FOUL	FOUL	FOUL 34.59m	
8	Seguin, Nathalie	90	QC - Rouge et Or	X33.39m
	FOUL FOUL 33.39m	FOUL	FOUL 29.46m	

Event 86 Men Hammer Throw Senior

=====				
ON Senior: ! 70.34m 19/04/1996 Boris STOIKOS				

Name	Year	Team	Finals
1 Novia, Daniel	89	York U.T.C.	63.81m
57.77m 63.81m 61.71m		61.21m 63.24m 63.48m	
2 Lennie, Nathan	79	Windsor Alumni	59.18m
FOUL 54.86m 59.18m 54.14m 58.83m		FOUL	
3 Baines, Jason	78	Unattached - ON	56.61m
56.61m FOUL FOUL 54.24m 54.93m 53.17m			
4 Anisko, Damian	83	York U.T.C.	53.49m
FOUL 53.49m 52.74m 50.69m 50.78m		FOUL	
5 Brathwaite, Eric	91	York U.T.C.	51.94m
FOUL 46.64m FOUL FOUL 47.37m 51.94m			
6 Jean, Philippe	91	Quebec	X49.98m
FOUL 48.68m FOUL FOUL 40.45m 49.98m			
7 Preece, Chris	92	York U.T.C.	49.46m
FOUL FOUL 49.43m 49.46m FOUL FOUL			
8 Muckle, Jamie	85	Ottawa Lions	42.31m
FOUL FOUL 42.31m 41.97m FOUL 40.08m			

Event 87 Women Javelin Throw Junior

Name	Year	Team	Finals
ON Jr U20: ! 49.16m	09/07/2011	Brooke ROWLAND	
ON Jr U19: ! 49.16m	09/07/2011	Brooke ROWLAND	
1 Johnstone, Madsion	93	York U.T.C.	41.37m
2 DiCesare, Alyssa	95	Hamilton Oly	35.07m
3 Gribbons, Kelly	95	Saugeen T&F	34.81m
4 Maduk, Kayla	96	Ottawa Lions	32.03m
5 Terrell, Emery	93	Ottawa Lions	22.82m
6 Mongeon, Elise	97	QC - Cirrus	X21.62m

Event 88 Men Javelin Throw Junior

Name	Year	Team	Finals
ON Jr U20: ! 75.46m	17/05/1998	Scott RUSSELL	
ON Jr U19: ! 71.22m	02/06/2000	Trevor SNYDER	
1 Lepage, Frédéric	96	QC - Unattached	X55.69m
54.55m 55.69m FOUL 51.93m 54.97m 54.76m			
2 Seymour, Scott	94	True North	54.91m
54.91m FOUL 44.19m 49.36m 45.85m 48.48m			
3 Borsi, Rob	94	Laurel Creek	45.26m
45.26m 41.75m 39.81m 42.34m FOUL FOUL			
4 Rudan, Alexander	94	Unattached - ON	43.47m
FOUL 42.40m FOUL FOUL 42.00m 43.47m			
5 Golow, Dylan	93	South Simcoe	J43.47m
38.99m FOUL 41.57m 39.34m 41.62m 43.47m			
6 Solomon, Junior	94	Project Athletic	41.05m
38.30m 41.05m 40.45m 37.19m FOUL FOUL			
7 Andrus, Jake	94	Peterborough	39.69m
FOUL FOUL 37.69m 37.58m 35.04m 39.69m			

Event 89 Women Javelin Throw Senior

Name	Year	Team	Finals
ON Senior: ! 54.88m	16/04/2011	Alanna KOVACS	
1 Kovacs, Alanna	90	South Simcoe	47.95m
43.55m 47.08m 45.63m 47.95m 44.99m 47.95m			
2 Chartrand, Sonia	92	Quebec	X44.40m
39.77m 43.40m 42.91m 44.40m 41.55m 42.81m			
3 Bilodeau, Dominique	79	QC - Cirrus	X43.56m
41.08m 43.22m 40.16m 43.56m 42.50m FOUL			
4 Tetreault, Lucie-Maude	92	Quebec	X42.94m
39.57m 39.80m 42.94m FOUL FOUL FOUL			
5 Chartrand, Valerie	87	Ottawa Lions	40.61m
35.51m 39.62m 39.12m 37.80m 40.61m 37.06m			
6 Cardella-Rinfret, Genevi	92	Quebec	X39.94m
37.04m 37.46m 39.15m 39.94m FOUL 35.10m			
7 Thomas, Kashani	90	Ottawa Lions	36.57m
34.20m 33.61m 35.61m FOUL 36.57m 32.22m			

Event 90 Men Javelin Throw Senior

Name	Year	Team	Finals
ON Senior: ! 84.81m	13/07/2011	Scott RUSSELL	
1 Arbour, Patrick	88	Ottawa Lions	61.66m
59.48m 60.08m FOUL PASS 61.12m 61.66m			
2 Mainville, Charles	91	Quebec	X59.62m

	57.65m	57.72m	FOUL	59.62m	58.80m	58.90m	
3	Caron-Marquis, Charles			90	QC - Rouge et Or		X57.11m
	49.60m	53.87m	54.01m	57.11m	56.99m	52.09m	
4	Bernicky, Adam			92	Lightning A.C.		56.97m
	56.97m	56.09m	54.54m	54.46m	56.05m	52.34m	
5	Charest, Marc-Andre			92	Quebec		X51.42m
	FOUL	51.42m	FOUL	50.07m			

Event 91 Men 100 Meter Dash Olympic Prep

=====				
Name	Year	Team	Finals	Wind
=====				
1	Smellie, Gavin	86	Flying Angels	10.16 1.0
2	Connaughton, Jared	85	Pei - Nike	X10.19 1.0
3	Makinde, Oluwasegun	91	Ottawa Lions	10.38 1.0

Event 92 Women 100 Meter Hurdles Extra Run Senior

=====				
Name	Year	Team	Finals	Wind
=====				
1	Maddex, Ashlea	92	Ottawa Lions	13.58 1.3
2	Beaudet, Laurence	91	QC - Corsaire	X13.77 1.3
3	Edwards, Karelle	90	C.A.N.I	13.80 1.3
4	Warren, Hayley	94	Toronto Track	14.29 1.3
5	Dugas, Katerine	90	QC - Corsaire	X15.52 1.3
6	Courtney, Nicole	90	St. Thomas Leg.	15.53 1.3
7	Lavallée-Bourget, Marie-	90	QC - Rouge et Or	X16.90 1.3