

Soirée rouge et or - 2013-07-19**Québec****Results - Piste****Girls 200 Meter Dash**

Name	Year Team	Seed	Prelims	Wind	H#
Preliminaries					
1 Arsenault, Sophie	92 C.A. Univ. Laval	24,73	24,31q	4.5	1
2 St-Pierre, Marie-Colombe	94 C.A. Univ. Laval	24,80	24,46q	4.5	1
3 Nyemeck, Ivana	99 C.A. Univ. Laval	28,28	27,39q	4.5	1
4 Provencher, Bianka	82 Montreal Track Club	27,95	27,83q	4.5	1
5 Giasson-Rancourt, Jessie	96 Lavironde	28,00	28,44q	4.5	1
6 Simoneau, Marianne	98 C.A. Univ. Laval	28,85	28,56q	4.5	1
7 Desjardins, Sophie	91 C.A. Univ. Laval	29,00	29,34q	8.2	2
8 Dubois-Tanguay, Laurie	97 Kalenjins	30,00	30,24q	8.2	2
9 Paré, Mylène	98 Lavironde	30,00	30,89	8.2	2
10 Fauchon, Laurie	98 Coureur Nordique		30,99	8.2	2

Girls 200 Meter Dash

Name	Year Team	Prelims	Finals	Wind	Points
Finals					
1 St-Pierre, Marie-Colombe	94 C.A. Univ. Laval	24,46	24,56	1.7	
2 Arsenault, Sophie	92 C.A. Univ. Laval	24,31	24,58	1.7	
3 Nyemeck, Ivana	99 C.A. Univ. Laval	27,39	27,58	1.7	
4 Provencher, Bianka	82 Montreal Track Club	27,83	27,94	1.7	
5 Simoneau, Marianne	98 C.A. Univ. Laval	28,56	28,70	1.7	
6 Desjardins, Sophie	91 C.A. Univ. Laval	29,34	29,30	1.7	
7 Dubois-Tanguay, Laurie	97 Kalenjins	30,24	30,52	1.7	

Girls 400 Meter Dash

Name	Year Team	Seed	Finals	H#
1 Côté, Laurence	91 C.A. Univ. Laval	58,07	58,37	1
2 Bourget, Valérie	96 C.A. Univ. Laval	58,67	58,80	1
3 Thibeault, Jessie	90 C.A. Univ. Laval	59,34	59,90	1
4 Lamontagne, Myriam	90 C.A. Univ. Laval	59,78	1:00,03	1
5 Carrier, Rose-Émilie	95 Coureur Nordique	1:02,00	1:01,47	1
6 Kholkhal, Imane	99 Vainqueur Plus	1:04,30	1:02,52	2
7 Giasson-Rancourt, Jessie	96 Lavironde	1:02,00	1:03,02	1
8 Haines, Marie	92 Sans affiliation	1:05,00	1:06,09	2
9 Djossou, Myriam-Morenike	96 C.A. Univ. Laval	1:05,00	1:07,04	2
10 Paré, Mylène	98 Lavironde	1:15,00	1:11,23	2
11 Dubois-Tanguay, Laurie	97 Kalenjins	1:07,00	1:12,61	2

Girls 1500 Meter Run

Name	Year Team	Seed	Finals
1 Roy, Joanie	91 Coureur Nordique	4:26,62	4:33,60
2 Pomerleau, Caroline	95 C.A. Univ. Laval	4:42,93	4:35,70
3 Picard-Arseneault, Josée	88 C.A. Univ. Laval	4:37,44	4:37,86
4 Ouellet, Béatrice	94 Fil-oup	4:44,34	4:43,11
5 Lebel, Gabrielle	91 Sherbrooke	4:43,77	4:43,22
6 Plante-Dubé, Marguerite	92 Lavironde	4:43,11	4:49,48
7 Petitclerc, Anne-Marie	01 C.A. Univ. Laval	5:05,00	4:52,24
8 Normandin, Laurence	98 Jakours	5:05,98	5:03,46

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...Girls 1500 Meter Run

9	Beauchemin, Ann-Sophie	98	C.A. Univ. Laval	5:15,00	5:04,34
10	Beauchemin, Catherine	98	C.A. Univ. Laval	5:05,00	5:11,67

Girls 100 Meter Hurdles

Name	Year	Team	Seed	Prelims	Wind
Preliminaries					
1	Massé, Emmanuelle	97	CA Dynamique Laval	14,56	15,29q 3.2
2	Gagné, Geneviève	95	C.A. Univ. Laval	15,57	15,86q 3.2
3	Lavallée-Bourget, Marie-	92	C.A. Univ. Laval	16,83	16,89q 3.2

Girls 100 Meter Hurdles

Name	Year	Team	Prelims	Finals	Wind
Finals					
1	Massé, Emmanuelle	97	CA Dynamique Laval	15,29	14,84 3.2
2	Gagné, Geneviève	95	C.A. Univ. Laval	15,86	15,36 3.2
3	Lavallée-Bourget, Marie-	92	C.A. Univ. Laval	16,89	16,29 3.2

Boys 200 Meter Dash

Name	Year	Team	Seed	Prelims	Wind	H#	
Preliminaries							
1	Allard, Dominic	90	C.A. Univ. Laval	22,44	21,91q	6.7	1
2	El Hanbli, Gabriel	90	Lanaudière-Olymp	21,90	22,30q	6.7	1
3	Faribault, Gabriel	92	Perfmax Racing	22,42	22,37q	6.7	1
4	Gbaguidi, Alexandre	81	Sag-Lac	22,67	22,53q	6.7	1
5	Tourigny-Plante, Alex	95	Zénix	22,64	22,65q	6.7	1
6	Angomes, Yann-Yves	92	C.A. Univ. Laval	23,10	23,24q	6.7	1
7	Bérubé, Félix	96	C.A. Univ. Laval	24,06	23,37q	3.9	2
8	Gagnon, William	99	Zénix	23,83	23,39q	3.9	2
9	Clément, Vincent	96	C.A. Univ. Laval	24,25	23,93	4.4	3
10	Demble, Guy-Serge	87	C.A. Univ. Laval	24,35	24,10	3.9	2
11	Moussavou, Pierre-Louis	93	C.A. Univ. Laval	24,15	24,16	3.9	2
12	Langlois, Maxime	78	Montreal Track Club	23,90	24,29	3.9	2
13	Kirouac, Jasmin	98	C.A. Univ. Laval	24,79	24,34	4.4	3
14	Jobin, Claude	58	Indépendant	26,74	26,74	4.4	3
15	Simoneau, Gabriel	01	C.A. Univ. Laval	26,50	28,21	4.4	3

Boys 200 Meter Dash

Name	Year	Team	Prelims	Finals	Wind	Points
Finals						
1	Allard, Dominic	90	C.A. Univ. Laval	21,91	21,92	2.6
2	El Hanbli, Gabriel	90	Lanaudière-Olymp	22,30	22,39	2.6
3	Gbaguidi, Alexandre	81	Sag-Lac	22,53	22,45	2.6
4	Tourigny-Plante, Alex	95	Zénix	22,65	22,80	2.6
5	Gagnon, William	99	Zénix	23,39	23,35	2.6
6	Bérubé, Félix	96	C.A. Univ. Laval	23,37	23,45	2.6
7	Angomes, Yann-Yves	92	C.A. Univ. Laval	23,24	23,80	2.6
8	Clément, Vincent	96	C.A. Univ. Laval	23,93	24,01	2.6

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Results - Piste

Boys 400 Meter Dash

Name	Year	Team	Seed	Finals	H#
1 Boudreau, Mathieu	91	C.A. Univ. Laval	48,85	49,34	1
2 Duguay, Vincent	91	Zénix	49,72	50,06	1
3 Veillette, Félix	94	C.A. Univ. Laval	49,73	50,55	1
4 Philibert-Thiboutot, Cha	90	C.A. Univ. Laval	49,50	50,64	1
5 El Hanbli, Gabriel	90	Lanaudière-Olymp	48,84	50,84	1
6 Sirois, Pierre	92	C.A. Univ. Laval	51,67	50,92	1
7 Côté, Victor	92	C.A. Univ. Laval	53,78	53,48	2
8 Duchenes, Félix	97	C.A. Univ. Laval	53,01	53,66	2
9 Baril, Philippe	97	C.A. Univ. Laval	55,00	54,50	2
10 Létourneau, Guillaume	97	C.A. Univ. Laval	55,00	58,63	2

Boys 1500 Meter Run

Name	Year	Team	Seed	Finals	H#
1 Laflamme, Pierre-Olivier	87	Coureur Nordique	3:50,06	3:50,28	1
2 Lecours, Tommy	88	C.A. Univ. Laval	3:48,28	3:51,52	1
3 Lapointe, Jean-Samuel	91	C.A. Univ. Laval	3:47,19	3:53,41	1
4 Raiche, Marc-André	90	Kalenjins	3:54,49	3:55,32	1
5 Raymond, Benjamin	92	CA Dynamique Laval	3:51,56	3:55,39	1
6 Labranche, Jean-Daniel	91	C.A. Univ. Laval	3:50,81	3:56,30	1
7 Audet, Nicolas	94	C.A. Univ. Laval	3:56,26	3:57,35	1
8 St-Martin, Stephan	94	Coureur Nordique	3:57,85	3:57,37	1
9 Raymond, Mathieu	87	C.A. Univ. Laval	3:54,45	3:57,65	1
10 Plante-Dubé, Sacha	91	Lavironde	3:57,31	4:00,41	1
11 Fournier-Dufour, Jean-Si	89	C.A. Univ. Laval	3:59,51	4:03,40	1
12 Aziz Kimba, Abdoul	87	St-Laurent	3:59,33	4:05,82	1
13 Larochelle, Philippe	90	Lavironde	4:05,05	4:09,80	2
14 Boucher, Alexandre	91	C.A. Univ. Laval	4:11,92	4:10,72	2
15 Morin, Nicolas	94	C.A. Univ. Laval	3:59,11	4:11,38	1
16 Pilote-Lapointe, Félix	97	Jakours	4:15,53	4:11,43	2
17 Duhammel, Ilrick	95	C.A. Univ. Laval	4:22,01	4:24,01	2
18 Jonhson, Philippe	97	Jakours	4:49,99	4:35,95	2
19 Parisé, Kevin	99	C.A. Univ. Laval	4:25,00	4:37,71	2
20 Normandin, Pierre-Yves	99	Jakours	4:49,99	4:38,76	2
-- Philibert-Thiboutot, Cha	90	C.A. Univ. Laval	3:40,57	DNF	1
-- Colle, Stephan	88	Fleur de Lys	3:45,40	DNF	1
-- Bussièrès, Alex	94	C.A. Univ. Laval	3:50,37	DNF	1

Boys 10000 Meter Run

Name	Year	Team	Seed	Finals
1 Tewlis, Jonathan	85	Mcgill Olympic	31:00,00	30:08,37
2 Boisvert, Emmanuel	91	C.A. Univ. Laval	31:02,35	30:49,95
3 Hodge, Ryan	98	Mcgill Olympic	30:41,97	30:54,20
4 Lapierre, Maxime	88	C.A. Univ. Laval	31:58,79	31:00,68
5 Larouche, Anthony	90	C.A. Univ. Laval	31:16,37	31:07,50
6 Racine, Dany	91	Kalenjins	32:30,00	31:59,17
7 Morin, Jean-Pierre	92	C.A. Univ. Laval	33:30,00	32:42,56
8 Lavoie-Gilbert, Alexis	92	Nova Scotia	31:30,10	32:58,97
9 Beaudette, Kenny	90	Sherbrooke	33:30,00	33:50,07
10 Liu, Dave	88	Mcgill Olympic	33:59,00	35:33,24

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-- Lesveques-Tremblay, Char 89 C.A. Univ. Laval 33:30,00 DNF

Mixed 10000 Meter Run

Name	Year	Team	Seed	Finals
1 Mokrusa, Élizabéth	W80	Mcgill Olympic	38:20,00	38:17,25
2 Myrand, Mélanie	W85	Mcgill Olympic	38:17,00	38:35,45
3 Dougherty, James	M65	Sans affiliation	38:00,00	39:06,12
-- Corcoran, Marc	M52	Sans affiliation	38:00,00	DNF

Soirée rouge et or - 2013-07-19**Québec****Results - Pelouse****Girls Long Jump**

Name	Year Team	Seed	Finals	Wind
Finals				
1 Rheault, Éloïse	90 Sherbrooke	5,55m	5,65m	+0.0
2 Gagné, Geneviève	95 C.A. Univ. Laval	5,50m	5,41m	0.1
3 Lavallée-Bourget, Marie-	92 C.A. Univ. Laval	4,50m	4,82m	0.4
4 Nyemeck, Ivana	99 C.A. Univ. Laval	4,40m	4,70m	+0.0
5 Lokrou, Milène	87 C.A. Univ. Laval	4,76m	4,68m	0.3
6 Simoneau, Marianne	98 C.A. Univ. Laval	4,40m	4,21m	+0.0

Girls Triple Jump

Name	Year Team	Seed	Finals	Wind
-- Lokrou, Milène	87 C.A. Univ. Laval	10,41m	FOUL	

Girls Hammer Throw 4 kg ouvert

Name	Year Team	Seed	Finals
1 Dubois, Ariane	95 CA Dynamique Laval	38,15m	39,59m
2 Séguin, Nathalie	90 C.A. Univ. Laval	33,98m	35,86m
3 Desjardins, Sophie	91 C.A. Univ. Laval	32,89m	30,63m

Girls Shot Put 3 kg Cadette

Name	Year Team	Seed	Finals
1 Nyemeck, Ivana	99 C.A. Univ. Laval	11,38m	11,77m
2 Ayers, Casandra	99 Vaillants		9,78m

Girls Hammer Throw 3 kg Cadette

Name	Year Team	Seed	Finals
1 Ayers, Casandra	99 Vaillants		36,37m

Girls Shot Put 3 kg Jeunesse

Name	Year Team	Seed	Finals
1 Jeffrey, Noémie	97 C.A. Univ. Laval	10,00m	10,06m
2 Lévesques, Valérie	97 Vaillants		9,53m

Girls Hammer Throw 3 kg Jeunesse

Name	Year Team	Seed	Finals
1 Lévesques, Valérie	97 Vaillants		42,27m

Boys Long Jump

Name	Year Team	Seed	Finals	Wind
1 Nyemeck, Ivan	98 C.A. Univ. Laval	6,33m	6,35m	0.1

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2	Nsaka-Malonge, Peter	94	C.A. Univ. Laval	5,90m	6,32m	0.6
3	Moussavou, Pierre-Louis	93	C.A. Univ. Laval	5,50m	6,12m	0.9
4	Westerveld, Asher	97	C.A. Univ. Laval	4,80m	4,84m	+0.0
5	Simoneau, Gabriel	01	C.A. Univ. Laval	4,20m	4,10m	+0.0

Boys Triple Jump

Name	Year	Team	Seed	Finals	Wind
1 Nsaka-Malonge, Peter	94	C.A. Univ. Laval	13,54m	13,85m	1.9
2 Nyemeck, Ivan	98	C.A. Univ. Laval	13,21m	13,20m	7.9
-- Guenette, Jason	89	C.A. Univ. Laval	14,00m	FOUL	

Boys Shot Put 16 lbs ouvert

Name	Year	Team	Seed	Finals
1 Beaulieu, Simon	94	C.A. Univ. Laval		14,55m
2 Cardinal, Alexis	93	Vaillants	13,32m	13,03m
3 Fortin, Jonathan	88	C.A. Univ. Laval	12,57m	11,58m

Boys Hammer Throw 16 lbs ouvert

Name	Year	Team	Seed	Finals
1 Cardinal, Alexis	93	Vaillants	46,08m	50,14m

Boys Shot Put 5 kg Jeunesse

Name	Year	Team	Seed	Finals
1 Baril, Philippe	97	C.A. Univ. Laval	9,74m	9,73m

Boys Hammer Throw 6 kg Junior

Name	Year	Team	Seed	Finals
1 Beaulieu, Simon	94	C.A. Univ. Laval	55,44m	50,13m

Boys Shot Put 6 kg Vétéran

Name	Year	Team	Seed	Finals
-- Gagné, France	62	C.A. Univ. Laval		ND