

AGSI Junior Women's Canadian National Cross Country Championship

5.0 KM Race

University of Guelph Arboretum
 Nov 29th, 2008 12:00pm
 Weather: 0' and snow covered

Place	Name	Club	Yr.	Time	Pace
1	SCHAAF, KENDRA	QUEEN CITY STRIDERS	1990	17:23.6	3:29
2	CARSON, LINDSAY	TRI CITY TRACK CLUB	1989	17:36.0	3:32
3	FINDLAY, PAULA	EDMONTON THUNDER	1989	17:46.4	3:34
4	LALONDE, GENEVIÈVE	SOUTH EAST ATHLETICS	1991	17:48.0	3:34
5	JOHNSON, JUSTINE A.	PACIFIC ATHLETICS	1991	18:06.5	3:38
6	JEWETT, TAMARA	UNIVERSITY OF TORONTO T.C	1990	18:15.1	3:39
7	REID, SHEILA	NEWMARKET HUSKIES TRACK C	1989	18:27.7	3:42
8	HARRISON, KATE	PHOENIX ATHLETICS ASSOC.	1989	18:29.3	3:42
9	WYMAN, JILLIAN	HAMILTON OLYMPIC CLUB	1989	18:35.7	3:44
10	GRAHAM, CHELSEA	EDMONTON THUNDER	1992	18:36.0	3:44
11	PFISTER, CAROLINE	SHERBROOKE	1992	18:55.1	3:48
12	ESTEY, LAURA	UNATTACHED ALBERTA	1991	18:57.1	3:48
13	ALDEA, STEPHANIE	WINDSOR LEGION TRACK & FI	1990	18:58.3	3:48
14	SMITH, JESSICA L.	NORWESTERS TRACK & FIELD	1989	19:01.4	3:49
15	DOHERTY, LAUREN	SPEED RIVER TRACK & FIELD	1991	19:04.5	3:49
16	BEAUREGARD-BRETON, ARIEL	MONTREAL OLYMPIQUE	1991	19:06.0	3:50
17	KARY, CIARA	U OF C ATHLETICS CLUB	1992	19:11.9	3:51
18	QUERENGESSER, DEBBY	U OF C ATHLETICS CLUB	1989	19:14.5	3:51
19	HAWTHORN, NATALIA	NEWMARKET HUSKIES TRACK C	1995	19:20.4	3:53
20	HUNTER, CHEYENNE	SAUGEEEN TRACK & FIELD CLU	1994	19:22.9	3:53
21	GIOVANNETTI, SARA	ETOBICOKE TRACK & FIELD C	1990	19:28.1	3:54
22	JOHNS, RHIANNON	SAULT ATHLETICS CLUB	1990	19:32.1	3:55
23	DRAPER, LAUREL	PACIFIC ATHLETICS	1991	19:34.2	3:55
24	FRATCZAK, VICTORIA	UNATTACHED NOVA SCOTIA	1990	19:36.3	3:56
25	REMPEL, KARLEY	NIAGARA OLYMPIC CLUB	1993	19:36.9	3:56
26	O'CONNELL, JESSICA	U OF C ATHLETICS CLUB	1989	19:41.4	3:57
27	ISLAM, RACHEL	SOUTH SIMCOE DUFFERIN T.F	1992	19:41.7	3:57
28	MCONIE, REBECCA	U OF C ATHLETICS CLUB	1990	19:42.1	3:57
29	OLIVER, KAITLYN	NEWMARKET HUSKIES TRACK C	1993	19:43.1	3:57
30	HULSE, STEPHANIE	WEST KINGSTON TRACK CLUB	1991	19:44.2	3:57
31	PIETERSON, REBECCA	ST THOMAS LEGION TRACK &	1990	19:44.8	3:57
32	ROLLINS, JACLYN	BRANTFORD T.F.C.	1991	19:45.4	3:58
33	HANNA, VICTORIA	TORONTO OLYMPIC CLUB	1991	19:47.0	3:58
34	CROFTS, HELEN J.	WEST VANCOUVER TRACK & FI	1990	19:47.9	3:58
35	BRASZ, DEANNA	NIAGARA OLYMPIC CLUB	1993	19:49.6	3:58
36	SECCAFIEN, ANDREA	GUELPH TRACK & FIELD CLUB	1990	19:50.2	3:59
37	KARY, GRACE	U OF C ATHLETICS CLUB	1991	19:52.6	3:59
38	SMITH, STEPHANIE	YORK UNIVERSITY TRACK & F	1990	19:53.4	3:59

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Place	Name	Club	Yr.	Time	Pace
39	SMITH, CAILEIGH	GUELPH TRACK & FIELD CLUB	1993	19:53.8	3:59
40	ANDERSON, EVELYN	CALGARY SPARTANS	1993	19:54.2	3:59
41	LESAGE, KRISTIE	SOUTH SIMCOE DUFFERIN T.F	1992	19:54.5	3:59
42	STENNING, FAYE	U OF C ATHLETICS CLUB	1989	19:55.0	3:59
43	STUIVE, HEATHER	NIAGARA OLYMPIC CLUB	1991	19:55.6	4:00
44	DYON, MOLLY	NEWMARKET HUSKIES TRACK C	1993	19:56.3	4:00
45	FURLAN, JESSICA	EXCEL ATHLETIKA	1990	19:56.8	4:00
46	GILES, LISA	OTTAWA LIONS T.F.C.	1991	19:57.2	4:00
47	O'HAGAN, KAITLIN	NEWMARKET HUSKIES TRACK C	1992	19:58.5	4:00
48	DEGAUST, HAYLEY	EDMONTON THUNDER	1990	19:58.8	4:00
49	CUMMINGS, HAILEY	UNIVERSITY OF TORONTO T.C	1991	20:00.4	4:01
50	KANNENBERG, NATALIE	GUELPH TRACK & FIELD CLUB	1991	20:00.7	4:01
51	ANDERSON, KATIE	LONDON RUNNER DISTANCE CL	1990	20:03.8	4:01
52	PORTNER, HALLINA	WEST VIRGINIA UNIVERSITY	1990	20:04.2	4:01
53	MORAND, MEAGHAN	WINDSOR LEGION TRACK & FI	1991	20:04.4	4:01
54	SODERBERG, ALANA	EDMONTON THUNDER	1990	20:05.5	4:02
55	FORAN, GABRIELLE	LONDON WESTERN T.F.C.	1990	20:06.0	4:02
56	TSE, CORALINA	HERITAGE HUSKIES	1991	20:06.4	4:02
57	HALLAM, REBECCA	HAMILTON OLYMPIC CLUB	1989	20:06.7	4:02
58	KENNEDY, SHANNON	ETOBICOKE TRACK & FIELD C	1992	20:07.5	4:02
59	PHELAN, JAMIE	LAUREL CREEK TRACK & FIEL	1995	20:08.1	4:02
60	MARCOTTE-TOALE, CHARLOTTE	WINDSOR LEGION TRACK & FI	1991	20:11.1	4:03
61	PALIBRODA, EMILY I.	SUB ZERO RUNNING CLUB	1989	20:12.6	4:03
62	HUGHES, MÉLANIE	MONTREAL OLYMPIQUE	1990	20:16.0	4:04
63	HALIBURTON, SARAH	NEWMARKET HUSKIES TRACK C	1990	20:17.9	4:04
64	SANGUIN, JODI	RED DEER COLLEGE	1989	20:18.4	4:04
65	KNOX, ALICIA	MISSISSAUGA T.F.C.	1991	20:21.1	4:05
66	BENSON, HOLLY	WINDSOR LEGION TRACK & FI	1991	20:23.9	4:05
67	LEPAGE, KARISSA	PRAIRIE PACERS	1991	20:25.0	4:05
68	MOLODYNIA, MICHELLE	NIAGARA OLYMPIC CLUB	1993	20:26.1	4:06
69	THOMPSON, CARISE	HAMILTON OLYMPIC CLUB	1992	20:26.9	4:06
70	HOUDE-PEARCE, ERIKA	DURHAM DRAGONS ATHLETICS	1991	20:27.3	4:06
71	COATES, VICTORIA	NEWMARKET HUSKIES TRACK C	1991	20:31.3	4:07
72	GONZALES, BIANCA	UNATTACHED BRITISH COLUMB	1989	20:31.7	4:07
73	THIEL, DANIELLE	EXCEL ATHLETIKA	1992	20:33.7	4:07
74	HUTTON, MAGGIE	DURHAM DRAGONS ATHLETICS	1991	20:34.4	4:07
75	NORMAN, EMMA	OTTAWA LIONS T.F.C.	1993	20:34.8	4:07
76	TALLMAN, EMMA	TRACK NORTH ATHLETIC CLUB	1991	20:35.0	4:07

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Place	Name	Club	Yr.	Time	Pace
77	SILLS, TAYLOR	PHYSI-KULT KINGSTON	1992	20:36.3	4:08
78	CURRIE, SARAH	DARTMOUTH ATHLETICS	1991	20:36.9	4:08
79	ALEXANDER, KRISINDA	SAUGEEN TRACK & FIELD CLU	1992	20:38.7	4:08
80	FERNANDES, LEANNE	PHOENIX ATHLETICS ASSOC.	1992	20:39.3	4:08
81	HODGSON, LIZZ	SAUGEEN TRACK & FIELD CLU	1991	20:39.8	4:08
82	CUMMINGS, MADELEINE	UNIVERSITY OF TORONTO T.C	1991	20:40.5	4:09
83	VERSCHUREN, LAURA	GUELPH TRACK & FIELD CLUB	1991	20:40.9	4:09
84	CADWALLADER, HALEY	SARNIA ATHLETICS SOUTHWES	1990	20:41.3	4:09
85	MASON, DANIELLE	LAUREL CREEK TRACK & FIEL	1990	20:42.2	4:09
86	FLEISCHER, KATIE	SARNIA ATHLETICS SOUTHWES	1993	20:44.0	4:09
87	ROTH, REBECCA	U OF C ATHLETICS CLUB	1990	20:44.4	4:09
88	ZIDAR, DEANNA	ETOBICOKE TRACK & FIELD C	1990	20:44.9	4:09
89	LAUSCH, SARA	YHZ	1994	20:45.8	4:10
90	PETTES, KATELYN	NEWMARKET HUSKIES TRACK C	1992	20:46.9	4:10
91	BEVERLEY, MEGAN	TORONTO OLYMPIC CLUB	1992	20:47.4	4:10
92	BOYD, SARAH	OTTAWA LIONS T.F.C.	1991	20:47.8	4:10
93	DOWLING-MEDLEY, JENN	GUELPH TRACK & FIELD CLUB	1991	20:48.2	4:10
94	GOODWIN, KRYSTAL	WINDSOR LEGION TRACK & FI	1990	20:49.0	4:10
95	JOHN, KELTIE	LAKEHEAD ATHLETICS CLUB	1990	20:49.5	4:10
96	FRANCKI, NICOLE	OTTAWA LIONS T.F.C.	1991	20:50.5	4:11
97	WESTBERG, AVERY	YORKTON LEGION TRACK	1993	20:52.0	4:11
98	SODERBERG, NICOLE	EDMONTON THUNDER	1992	20:52.6	4:11
99	TIER, ALIX	ETOBICOKE TRACK & FIELD C	1994	20:53.3	4:11
100	LAMB, RACHEL	LONDON WESTERN T.F.C.	1990	20:53.7	4:11
101	PEARSALL, LYNDSAY	MCGILL OLYMPIC CLUB	1990	20:54.3	4:11
102	SLINN, HEATHER	OTTAWA LIONS T.F.C.	1992	20:54.9	4:11
103	QUIRION, HILARY	LAKEHEAD ATHLETICS CLUB	1990	20:55.2	4:12
104	LOBERT, LYNNEA	SAULT ATHLETICS CLUB	1993	20:55.7	4:12
105	SAMYN, VICTORIA	DURHAM DRAGONS ATHLETICS	1992	20:56.0	4:12
106	ROBBINS, SAMANTHA	LONDON RUNNER DISTANCE CL	1991	20:56.3	4:12
107	MOORADIAN, LAURA	NIAGARA OLYMPIC CLUB	1993	20:58.1	4:12
108	TRUELOVE, STEPHANIE	SOUTH SIMCOE DUFFERIN T.F	1992	20:59.5	4:12
109	DEIGHAN, KAYLA	NEWMARKET HUSKIES TRACK C	1993	20:59.9	4:12
110	LESPERANCE, SARAH	DURHAM DRAGONS ATHLETICS	1993	21:00.2	4:13
111	BAYDOUN, ZEINAB	WINDSOR LEGION TRACK & FI	1992	21:02.8	4:13
112	GLENN, CAILEIGH	NEWMARKET HUSKIES TRACK C	1992	21:04.6	4:13
113	CALLAGHAN, BRIGID	NEWMARKET HUSKIES TRACK C	1993	21:06.4	4:14
114	CHISHOLM, ASHLEY	ANTIGONISH TRACK CLUB	1990	21:08.1	4:14

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Place	Name	Club	Yr.	Time	Pace
115	GREEN, HAYLEY	SAUGEEN TRACK & FIELD CLU	1991	21:08.7	4:14
116	KANZ, ISABELLE	OTTAWA LIONS T.F.C.	1993	21:09.1	4:14
117	WOOD, EMILY	UNATTACHED NOVA SCOTIA	1991	21:09.4	4:14
118	CÔTÉ, LAURENCE	SEPT-ILES	1991	21:11.4	4:15
119	TAIT, MEGHAN	NEWMARKET HUSKIES TRACK C	1992	21:12.5	4:15
120	TUCK, KATHRYN	OTTAWA LIONS T.F.C.	1993	21:13.7	4:15
121	WINDSOR, RACHEL	TRI CITY TRACK CLUB	1991	21:14.1	4:15
122	SCHEELE, ROMY	LONDON RUNNER DISTANCE CL	1993	21:15.2	4:16
123	FORGET, MELANIE	SOUTH SIMCOE DUFFERIN T.F	1994	21:15.5	4:16
124	DRIEDGER, EMILY	UNATTACHED	1992	21:16.6	4:16
125	ALLAN, VERONICA	SAUGEEN TRACK & FIELD CLU	1990	21:16.9	4:16
126	BENJAMIN, MADELAINE	ETOBICOKE TRACK & FIELD C	1994	21:17.2	4:16
127	PARKER, SARAH	SARNIA ATHLETICS SOUTHWES	1993	21:19.1	4:16
128	GALLAHER, JESSICA	TORONTO OLYMPIC CLUB	1991	21:21.1	4:17
129	KUJAWA, KATE	EXCEL ATHLETIKA	1991	21:21.6	4:17
130	SAVILL, ALISON	GUELPH TRACK & FIELD CLUB	1990	21:23.9	4:17
131	KOMARNICKY, KAITLYN	LONDON RUNNER DISTANCE CL	1993	21:24.2	4:17
132	PATTERSON, COURTNEY	HAMILTON OLYMPIC CLUB	1991	21:28.8	4:18
133	MACDONALD, ALANNAH	NIAGARA OLYMPIC CLUB	1994	21:31.3	4:19
134	WALKER, LAURA	LONDON RUNNER DISTANCE CL	1991	21:31.9	4:19
135	PSZCZOLA, ANDREA	LONDON RUNNER DISTANCE CL	1991	21:34.6	4:19
136	KELSALL, DEBRA	SOUTH SIMCOE DUFFERIN T.F	1993	21:36.2	4:20
137	SERPICO, MADISON	CALGARY SPARTANS	1992	21:37.5	4:20
138	GENDRON, CAROLINE	GATINEAU	1989	21:38.1	4:20
139	NADEAU, CHLOÉ	KALENJINS	1992	21:39.2	4:20
140	ZIDAR, CATHERINE	ETOBICOKE TRACK & FIELD C	1990	21:40.1	4:21
141	ROWLEY, ELIZABETH	NEWMARKET HUSKIES TRACK C	1991	21:42.7	4:21
142	PETRIE, SADIE	YHZ	1994	21:44.1	4:21
143	MONETTE, CAROLE-ANNE	VAUDREUIL-DORION	1992	21:44.5	4:21
144	BODNARCHUK, ALYSHA	SOUTH SIMCOE DUFFERIN T.F	1994	21:44.9	4:21
145	LAFONTAINE, EMMA	TRI CITY TRACK CLUB	1992	21:45.8	4:22
146	WILSON, COLLEEN	HAMILTON OLYMPIC CLUB	1992	21:46.8	4:22
147	SAUNDERS, NORA-BETH	SAULT ATHLETICS CLUB	1990	21:49.1	4:22
148	HALIBURTON, LAURA	NEWMARKET HUSKIES TRACK C	1992	21:50.1	4:23
149	EENLING, NICOLE	DURHAM DRAGONS ATHLETICS	1992	21:50.9	4:23
150	CASTRO, AIMEE	HAMILTON OLYMPIC CLUB	1991	21:51.9	4:23
151	VAVEROVA, LUCIE	UNATTACHED NOVA SCOTIA	1990	21:52.2	4:23
152	LUSIGNAN, KIRSTIE	GUELPH TRACK & FIELD CLUB	1990	21:56.8	4:24

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153	WALKER, LESLIE	LONDON RUNNER DISTANCE CL	1991	21:58.9	4:24
154	LOWTHIAN, MARINA	QUINTE LEGION TRACK & FIE	1991	22:00.6	4:25
155	GRAHAM, CAROL	PHOENIX ATHLETICS ASSOC.	1989	22:02.2	4:25
156	MARTIN, HILARY	TORONTO OLYMPIC CLUB	1993	22:06.9	4:26
157	KLIE, SIOBHAN	DURHAM DRAGONS ATHLETICS	1994	22:12.3	4:27
158	SOEHL, MEGGIE	YHZ	1991	22:17.0	4:28
159	WILSON, ADRIENNE	LAUREL CREEK TRACK & FIEL	1991	22:19.6	4:28
160	VANDERMEER, NEL	NORTH BAY LEGION	1990	22:20.0	4:28
161	REMILLARD, JANELLE	COLLEGE LOUIS RIEL	1991	22:20.5	4:29
162	GILES, ALEX	NIAGARA OLYMPIC CLUB	1991	22:21.4	4:29
163	JAMNICKY, DOMINKA	QUINTE LEGION TRACK & FIE	1992	22:21.9	4:29
164	WESSEL, MEAGHAN	SOUTH SIMCOE DUFFERIN T.F	1993	22:23.4	4:29
165	EIKELNBOOM, NATASHA	NIAGARA OLYMPIC CLUB	1991	22:26.3	4:30
166	PLATER, EMMA	BRANTFORD T.F.C.	1991	22:35.4	4:32
167	DOUGLAS, NICOLE	LONDON WESTERN T.F.C.	1992	22:37.5	4:32
168	MARYUEN, CHANTELE	YORK UNIVERSITY TRACK & F	1989	22:39.9	4:32
169	MONTEITH, CARLA	SOUTH SIMCOE DUFFERIN T.F	1994	22:43.2	4:33
170	MEDINSKI, DANIKA	EDMONTON THUNDER	1989	22:44.9	4:33
171	GARBETT, TAYLOR	NEWMARKET HUSKIES TRACK C	1991	22:46.2	4:34
172	NOLL, JOSCELYN	LAUREL CREEK TRACK & FIEL	1989	22:50.7	4:35
173	HU, SANDY	TORONTO OLYMPIC CLUB	1992	23:00.4	4:37
174	REINHOLT, HANNAH	TORONTO OLYMPIC CLUB	1991	23:06.6	4:38
175	DRAKE, ALANAH	NIAGARA OLYMPIC CLUB	1990	23:12.2	4:39
176	ADAMS, PARIS	NIAGARA OLYMPIC CLUB	1991	23:32.5	4:43
177	GALLAGHER, ALEXANDRA	SOUTH SIMCOE DUFFERIN T.F	1993	23:44.6	4:45
178	SCHMIDT, JESSICA	NEWMARKET HUSKIES TRACK C	1990	23:45.0	4:45
179	ADAMS, CARLI	NIAGARA OLYMPIC CLUB	1992	25:26.2	5:06

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Place	Name	Club	Yr.	Time	Pace
1	COLLIN, OLIVIER	VAUDREUIL-DORION	1989	25:21.6	3:11
2	AHMED, MOHAMMED	NIAGARA OLYMPIC CLUB	1991	25:22.1	3:11
3	KUTERNIN, ALEKSANDR	A TORONTO OLYMPIC CLUB	1990	25:23.6	3:11
4	MAJOCK, NYIAL	CALTAF ATHLETIC ASSOCIATI	1990	25:25.1	3:11
5	LEAKOS, JAMES	RIVERSDALE ATHLETICS	1992	25:58.3	3:15
6	MALETTE, JOHN PAUL	WINDSOR LEGION TRACK & FI	1991	25:58.6	3:15
7	BERKIS, ANTHONY	A TORONTO OLYMPIC CLUB	1989	26:03.7	3:16
8	WEIKUM, JAMIE	EDMONTON THUNDER	1989	26:08.8	3:17
9	WOLTER, MATTIAS	BLUENOSE ATHLETICS TRACK	1991	26:10.3	3:17
10	BRUCHET, LUCAS	OCEAN ATHLETICS	1991	26:12.4	3:17
11	O'NEILL, KYLE	LONDON WESTERN T.F.C.	1989	26:16.9	3:18
12	SMITH, JACOB	BROCKVILLE LEGION TRACK C	1990	26:21.6	3:18
13	BRITT, BARRY	SAINT JOHN TRACK & FIELD	1990	26:24.0	3:18
14	HAIGHT, DYLAN T	PACIFIC ATHLETICS	1991	26:25.3	3:19
15	JANIKOWSKI, PAUL	WINDSOR LEGION TRACK & FI	1992	26:26.7	3:19
16	JACKSON, ROBERT	SPEED RIVER TRACK & FIELD	1990	26:27.0	3:19
17	BERNARD, OLIVIER	CLUB D'ATHLÉTISME DYNAMIQ	1989	26:28.4	3:19
18	NIXON, ANDREW	LAKEHEAD ATHLETICS CLUB	1991	26:32.8	3:20
19	KOWALSKY, ANDREW	WINDSOR LEGION TRACK & FI	1992	26:44.2	3:21
20	HOSIER, STEPHEN	DURHAM DRAGONS ATHLETICS	1992	26:47.9	3:21
21	SMITH, DARYL	WINDSOR LEGION TRACK & FI	1991	26:50.0	3:22
22	KING, XAVIER	DURHAM DRAGONS ATHLETICS	1993	26:51.2	3:22
23	DEGROOT, ANDREW	NEWMARKET HUSKIES TRACK C	1991	26:51.5	3:22
24	BAITON, WYATT	EXCEL ATHLETIKA	1991	26:51.7	3:22
25	BOISVERT, EMMANUEL	QUÉBEC ENDURANCE	1991	26:54.1	3:22
26	CULLEY, MITCHELL T.	VALLEY ROYALS TRACK & FIE	1989	26:55.9	3:22
27	TOME, MITCHELL	WINDSOR LEGION TRACK & FI	1989	26:58.6	3:23
28	SPRAGUE, LUKE	WINDSOR LEGION TRACK & FI	1992	26:59.7	3:23
29	CLARK, JAMES S.	GOLDEN EARS ATHLETICS	1990	27:01.4	3:23
30	PROUDFOOT, ROSS	TRACK NORTH ATHLETIC CLUB	1992	27:02.1	3:23
31	PETTES, TYLER	NEWMARKET HUSKIES TRACK C	1989	27:04.6	3:24
32	DILLON, ERIC	A TORONTO OLYMPIC CLUB	1992	27:06.5	3:24
33	CLIFF, ANDREW	UNATTACHED BRITISH COLUMB	1990	27:08.9	3:24
34	IRWIN, LUKE	DURHAM DRAGONS ATHLETICS	1989	27:10.3	3:24
35	DILL, JEFFREY	UNATTACHED	1989	27:18.8	3:25
36	HINTON, ALEXANDER	PHYSI-KULT KINGSTON	1991	27:20.4	3:26
37	BOYCHUK, JAY	DURHAM DRAGONS ATHLETICS	1992	27:20.9	3:26
38	BAUER, JESSE	WINDSOR LEGION TRACK & FI	1989	27:21.3	3:26
39	MIDDLEMISS, MICHAEL	EXCEL ATHLETIKA	1992	27:23.8	3:26

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Place	Name	Club	Yr.	Time	Pace
40	MARIN, SAMIR	SASKATOON TF CLUB	1989	27:25.1	3:26
41	LAPOINTE, JEAN-SAMUEL	QUÉBEC ENDURANCE	1991	27:26.2	3:26
42	PESCE, MICHAEL	SOUTH SIMCOE DUFFERIN T.F	1992	27:26.9	3:26
43	IKRAM, SHOAB	TRI CITY TRACK CLUB	1990	27:29.4	3:27
44	HODGE, RYAN	FLEUR DE LYS	1989	27:31.4	3:27
45	DE VRIES, THOMAS	LONDON WESTERN T.F.C.	1992	27:32.8	3:27
46	SMITH, JORDAN	WALNUT GROVE TRACK CLUB	1990	27:33.1	3:27
47	SCHOLL, PAUL	NIAGARA OLYMPIC CLUB	1991	27:34.6	3:27
48	REDPATH, JASON	UNATTACHED-MANITOBA	1991	27:35.0	3:27
49	RAYMOND, BENJAMIN	CLUB D'ATHLÉTISME DYNAMIQ	1992	27:35.9	3:27
50	OSTAPOWICH, JADEN	EDMONTON THUNDER	1989	27:36.5	3:28
51	PITCARIU, DANIEL	WINDSOR LEGION TRACK & FI	1992	27:38.3	3:28
52	QUINN, DAVID	TRI CITY TRACK CLUB	1991	27:40.7	3:28
53	GRAHAM, JAKE	A TORONTO OLYMPIC CLUB	1991	27:41.2	3:28
54	MACKINNON, PATRICK	NIAGARA OLYMPIC CLUB	1990	27:43.8	3:28
55	DENAULT, ROBERT	NEWMARKET HUSKIES TRACK C	1993	27:46.1	3:29
56	HUEBSCH, TIMOTHY	OTTAWA LIONS T.F.C.	1991	27:47.4	3:29
57	MELOCHE, DAVID	WINDSOR LEGION TRACK & FI	1991	27:53.2	3:30
58	IKRAM, SOHAIB	TRI CITY TRACK CLUB	1990	27:54.4	3:30
59	KEGEL, FRASER	NEWMARKET HUSKIES TRACK C	1990	27:54.8	3:30
60	HASHI, HUSSEIN	A TORONTO OLYMPIC CLUB	1989	27:55.5	3:30
61	DAVENPORT, ETHAN	NEWMARKET HUSKIES TRACK C	1990	27:57.1	3:30
62	O'SULLIVAN, DYLAN	PHYSI-KULT KINGSTON	1992	27:59.4	3:30
63	LAVIGNE, COLIN	NIAGARA OLYMPIC CLUB	1990	28:00.5	3:31
64	LONEY, TYSON	OTTAWA LIONS T.F.C.	1991	28:01.8	3:31
65	PHILIBERT-THIBOUTOT, CHAR	ROUGE ET OR DE L'UNIVERSI	1990	28:03.5	3:31
66	HADFIELD, GARETH	CALTAF ATHLETIC ASSOCIATI	1992	28:05.5	3:31
67	COLLISON, JORDAN	SAUGEEN TRACK & FIELD CLU	1991	28:07.7	3:31
68	THOMAS, RYAN	NIAGARA OLYMPIC CLUB	1991	28:09.2	3:32
69	ROMANIW, ANTHONY	NIAGARA OLYMPIC CLUB	1991	28:12.9	3:32
70	GRIEVE, KYLE	ETOBICOKE TRACK & FIELD C	1993	28:13.3	3:32
71	PIETRANGELO, CHRISTOPHER	ETOBICOKE TRACK & FIELD C	1990	28:16.4	3:33
72	HOLE, NIGEL	UNATTACHED BRITISH COLUMB	1989	28:17.6	3:33
73	THOMPSON, FORD	SAUGEEN TRACK & FIELD CLU	1989	28:19.6	3:33
74	DULHANTY, CHRISTOPHER	MISSISSAUGA T.F.C.	1992	28:20.9	3:33
75	MCGREGOR, ADAM	OTTAWA LIONS T.F.C.	1991	28:22.4	3:33
76	LAW, GRAEME	EDMONTON THUNDER	1990	28:23.1	3:33
77	DENAULT, ALEX	NEWMARKET HUSKIES TRACK C	1991	28:24.0	3:33

AGSI Junior Men's Canadian National Cross Country Championship

8.0 KM Race

University of Guelph Arboretum
 Nov 29th, 2008 12:45pm
 Weather: 0' and snow covered

Place	Name	Club	Yr.	Time	Pace
78	GEISER, LUCA	MISSISSAUGA T.F.C.	1992	28:25.1	3:34
79	BERGMAN, JOEL	YHZ	1991	28:25.9	3:34
80	REAY, NICHOLAS	A TORONTO OLYMPIC CLUB	1993	28:27.4	3:34
81	HATHEWAY, OLIVER	BLUENOSE ATHLETICS TRACK	1990	28:28.3	3:34
82	MARTIN, JONATHAN	CAMBRIDGE HARRIERS	1992	28:30.0	3:34
83	MOHAMOUD, AHMED	UNATTACHED BRITISH COLUMB	1990	28:30.5	3:34
84	FOURNIER-DUFOUR, JEAN-SIM	ROUGE ET OR DE L'UNIVERSI	1989	28:31.0	3:34
85	DOROSZ, SAM	LETHBRIDGE TRACK & FIELD	1990	28:31.7	3:34
86	FOSTER, OLIVER	UNIVERSITY OF TORONTO T.C	1992	28:32.5	3:35
87	ROSKE, TRAVIS	EXCEL ATHLETIKA	1991	28:37.6	3:35
88	BONWICK, MARC	VICTORIA TRACK & FIELD CL	1991	28:38.4	3:35
89	PAVELIC, ANTON	UNIVERSITY OF TORONTO T.C	1990	28:39.7	3:35
90	BISSON, SHAUN	SARNIA ATHLETICS SOUTHWES	1991	28:41.5	3:36
91	PITMAN, STEPHEN	WINDSOR LEGION TRACK & FI	1991	28:41.8	3:36
92	LA MARRA, PAUL	LONDON LEGION TRACK & FIE	1992	28:42.2	3:36
93	BARRY, ERIC	LONDON RUNNER DISTANCE CL	1992	28:42.5	3:36
94	LABBÉ, JÉRÉMIE	KALENJINS	1992	28:44.0	3:36
95	REID, ADAM	UNATTACHED BRITISH COLUMB	1990	28:47.0	3:36
96	SHIELDS, ANDY	TRI CITY TRACK CLUB	1991	28:47.7	3:36
97	SPALVIERI, JUSTIN	SOUTH SIMCOE DUFFERIN T.F	1989	28:48.9	3:37
98	HACKING, DONOVAN	LEDUC TRACK AND FIELD CLU	1992	28:49.8	3:37
99	BIEREMA, JORDAN	DURHAM DRAGONS ATHLETICS	1992	28:51.0	3:37
100	BOULAY, BENOIT	NORTH BAY LEGION	1991	28:52.6	3:37
101	BROWN, DAVID	EDMONTON THUNDER	1990	28:56.9	3:38
102	STONE, JEFF	MISSISSAUGA T.F.C.	1992	28:59.6	3:38
103	PERRY, KEVIN	NORTH BAY LEGION	1990	28:59.9	3:38
104	TOTH, THOMAS	QUINTE LEGION TRACK & FIE	1991	29:00.4	3:38
105	BENARD, MACKENZIE	NIAGARA OLYMPIC CLUB	1990	29:01.7	3:38
106	NICHOLLS, NATHAN	ST THOMAS LEGION TRACK &	1990	29:02.1	3:38
107	HOLMES, STEPHEN	UNATTACHED	1990	29:03.2	3:38
108	COLWELL, KEITH	OTTAWA LIONS T.F.C.	1991	29:03.6	3:38
109	BERGERON, SCOTT	OTTAWA LIONS T.F.C.	1991	29:04.7	3:39
110	BLAIS MIKO, NICOLAS	VAUDREUIL-DORION	1991	29:05.3	3:39
111	HENDRIKX, AARON	LONDON RUNNER DISTANCE CL	1993	29:08.8	3:39
112	IACINO, PETER	SAINT LAURENT SELECT	1989	29:09.7	3:39
113	SANDU, TRISTAN	MISSISSAUGA T.F.C.	1990	29:11.5	3:39
114	CORAL-MELLON, FRANCIS	NEWMARKET HUSKIES TRACK C	1989	29:12.6	3:40

AGSI Junior Men's Canadian National Cross Country Championship

8.0 KM Race

University of Guelph Arboretum
 Nov 29th, 2008 12:45pm
 Weather: 0' and snow covered

Place	Name	Club	Yr.	Time	Pace
115	WANUCH, NATHAN	ETOBICOKE TRACK & FIELD C	1990	29:13.8	3:40
116	CRUICKSHANK, ANDREW	UNIVERSITY OF TORONTO T.C	1990	29:14.1	3:40
117	COCHRANE, PAUL	SARNIA ATHLETICS SOUTHWES	1989	29:14.5	3:40
118	WOLOSHYN, JAKE	UNIVERSITY OF TORONTO T.C	1991	29:15.1	3:40
119	DHALIWAL, MANPREET	VALLEY ROYALS TRACK & FIE	1990	29:16.1	3:40
120	BRIGGS, DEVON	DURHAM DRAGONS ATHLETICS	1990	29:18.5	3:40
121	WOOD, NICOLAS	CENTRAL NOVA LEGION LEGEN	1992	29:18.9	3:40
122	DOUCETTE, JONAH	DARTMOUTH ATHLETICS	1992	29:19.4	3:40
123	WALTERS, WILLIAM	BRANTFORD T.F.C.	1990	29:20.3	3:41
124	RHEBERGEN, JULIAN	TRI CITY TRACK CLUB	1991	29:21.2	3:41
125	WARD, ADAM	LEDUC TRACK AND FIELD CLU	1991	29:22.5	3:41
126	KLASSEN, ISAIAH	BISON TRACK AND FIELD CLU	1990	29:27.3	3:41
127	CLIFF, WILLIAM	VANCOUVER THUNDERBIRDS	1993	29:28.6	3:42
128	GERKE, GARRETT	EDMONTON THUNDER	1990	29:31.3	3:42
129	MARTIN, ANDREW	CAMBRIDGE HARRIERS	1992	29:31.8	3:42
130	KARN, JOSHUA	NORTH BAY LEGION	1990	29:35.5	3:42
131	HOLT, JAMIE	B TORONTO OLYMPIC CLUB	1993	29:35.9	3:42
132	BRAULT, CHARLES	COLLEGE LOUIS RIEL	1993	29:36.2	3:43
133	WANUCH, JACOB	ETOBICOKE TRACK & FIELD C	1993	29:36.5	3:43
134	MILLIKEN, SAM	OTTAWA LIONS T.F.C.	1992	29:37.0	3:43
135	LANDRY, BENOIT	FLEUR DE LYS	1991	29:37.4	3:43
136	MEDEIROS, KEVIN	CAMBRIDGE HARRIERS	1990	29:37.9	3:43
137	BEATON, MARC	EXCEL ATHLETIKA	1990	29:40.3	3:43
138	HARTMAN, PATRICK	LONDON RUNNER DISTANCE CL	1993	29:41.8	3:43
139	HENRY, ETHAN	B TORONTO OLYMPIC CLUB	1992	29:43.0	3:43
140	WHITE, ANDREW	DURHAM DRAGONS ATHLETICS	1993	29:52.7	3:45
141	SKUFCA, JEFF	LONDON WESTERN T.F.C.	1989	29:53.7	3:45
142	WERKEMA, JONATHAN	RED DEER COLLEGE	1989	29:57.6	3:45
143	AHMED, RAZA	DURHAM DRAGONS ATHLETICS	1992	30:01.8	3:46
144	PORTER, EVAN	SAUGEEN TRACK & FIELD CLU	1991	30:04.0	3:46
145	GOMEZ, ROBERT	SAUGEEN TRACK & FIELD CLU	1992	30:06.6	3:46
146	DELANEY, LIAM	UNATTACHED NEWFOUNDLAND A	1993	30:10.7	3:47
147	CORKUM, LUCAS	YHZ	1991	30:12.5	3:47
148	KENNEDY, AIDAN	OTTAWA LIONS T.F.C.	1990	30:17.6	3:48
149	MURPHY, CONNOR	NIAGARA OLYMPIC CLUB	1992	30:18.9	3:48
150	TAPLEY, RYAN	ETOBICOKE TRACK & FIELD C	1993	30:20.3	3:48

AGSI Junior Men's Canadian National Cross Country Championship

8.0 KM Race

University of Guelph Arboretum

Nov 29th, 2008 12:45pm

Weather: 0' and snow covered

Place	Name	Club	Yr.	Time	Pace
151	ALEBA, EZRA	LEDUC TRACK AND FIELD CLU	1991	30:25.4	3:49
152	CARRIERE, YAN	VAUDREUIL-DORION	1989	30:26.0	3:49
153	DES BRISAY, TOM	OTTAWA LIONS T.F.C.	1991	30:27.6	3:49
154	DEBEER, JORDAN	LONDON WESTERN T.F.C.	1990	30:33.0	3:50
155	HENNING, JAN LOUIS	SAUGEEEN TRACK & FIELD CLU	1992	30:33.3	3:50
156	KOOPMAN, MACKENZIE	SOUTH SIMCOE DUFFERIN T.F	1994	30:38.1	3:50
157	PENNEY, KYLE	NEWMARKET HUSKIES TRACK C	1994	30:43.1	3:51
158	TURNBULL, IAN	LONDON RUNNER DISTANCE CL	1993	30:49.2	3:52
159	SCOTT, JORDAN	NORTH BAY LEGION	1990	30:52.8	3:52
160	HOLDEN, MAX	LONDON RUNNER DISTANCE CL	1992	30:55.3	3:52
161	MAUNDER, DAVID	ETOBICOKE TRACK & FIELD C	1994	30:56.0	3:52
162	GONSER, DANIEL	LONDON WESTERN T.F.C.	1991	30:59.0	3:53
163	JANSSEN, TREVOR	NIAGARA OLYMPIC CLUB	1993	30:59.8	3:53
164	HICK, JEREMY	LONDON WESTERN T.F.C.	1993	31:03.4	3:53
165	O'MALLEY, BRANEN	B TORONTO OLYMPIC CLUB	1992	31:07.5	3:54
166	KIESLER, DYLAN	LONDON WESTERN T.F.C.	1992	31:12.5	3:55
167	LANGRIDGE, JORDAN	DURHAM DRAGONS ATHLETICS	1990	31:23.4	3:56
168	SMITH, NICHOLAS	YORK UNIVERSITY TRACK & F	1993	31:25.0	3:56
169	LEMMERMAYER, JOE	TRI CITY TRACK CLUB	1991	31:31.6	3:57
170	PRINS, RYAN	UNATTACHED ALBERTA	1990	31:34.6	3:57
171	PHILLIPS, JIMMY	LONDON WESTERN T.F.C.	1992	31:36.4	3:58
172	FAVIT, SHANE	ETOBICOKE TRACK & FIELD C	1995	31:37.6	3:58
173	MAWJI, ANEEL	LONDON RUNNER DISTANCE CL	1994	31:44.8	3:59
174	DRUKEN, MATTHEW	SOUTH SIMCOE DUFFERIN T.F	1994	31:48.4	3:59
175	BOAST, CODY	OTTAWA LIONS T.F.C.	1991	31:49.6	3:59
176	DOXTATOR, ADAM	QUINTE LEGION TRACK & FIE	1995	32:03.9	4:01
177	MACDONALD, MATTHEW	NIAGARA OLYMPIC CLUB	1990	32:16.8	4:03
178	PATTERSON, SEAN	B TORONTO OLYMPIC CLUB	1992	32:18.9	4:03
179	MCCASKILL, LOGAN	SOUTH SIMCOE DUFFERIN T.F	1991	32:26.9	4:04
180	MOHAMED, MOHAMED	ETOBICOKE TRACK & FIELD C	1994	32:38.6	4:05
181	WOJCIK, MATTHEW	NIAGARA OLYMPIC CLUB	1992	33:52.6	4:15
182	WYATT, SPENCER	YORK UNIVERSITY TRACK & F	1994	33:58.0	4:15
183	BIJAOU, COLIN	UNATTACHED	1994	34:15.5	4:17
184	GODIN, ZACHARY	NIAGARA OLYMPIC CLUB	1995	34:29.1	4:19

AGSI Senior Women's Canadian National Cross Country Championship

7.0 KM Race

University of Guelph Arboretum
 Nov 29th, 2008 1:30pm
 Weather: 0' and snow covered

Place	Name	Club	Yr.	Time	Pace
1	HOOD, STEPHANIE	UNATTACHED	1981	25:19.9	3:38
2	MCKAY, TARAH	TRI CITY TRACK CLUB	1987	25:22.9	3:38
3	WIDNEY, CHANTELL	EDMONTON THUNDER	1979	25:26.4	3:39
4	CORMIER, CATHERINE	ROUGE ET OR DE L'UNIVERSI	1987	25:26.7	3:39
5	TALLEN, EMILY	PHYSI-KULT KINGSTON	1980	25:54.4	3:43
6	ARSENAULT, MARILYN	UNATTACHED BRITISH COLUMB	1968	25:59.7	3:43
7	MALETTE, RACHELLE	WINDSOR LEGION TRACK & FI	1987	26:03.0	3:44
8	BUCHANAN, DANA	OTTAWA LIONS T.F.C.	1984	26:22.3	3:47
9	WILDER, CHANTELLE	LONDON RUNNER DISTANCE CL	1985	26:32.4	3:48
10	MACGREGOR, MEREDITH S.	VALLEY ROYALS TRACK & FIE	1985	26:38.2	3:49
11	MALUDZINSKI, LAURA	HERSHEY HARRIERS ATHLETIC	1993	26:49.8	3:50
12	VAUGHAN, KATE	NAUTILUS RUNNING CLUB	1984	26:55.5	3:51
13	MOULTON, LAURA	SPEED RIVER TRACK & FIELD	1984	26:57.3	3:52
14	MARCHANT, LANNI	LONDON WESTERN T.F.C.	1984	26:59.8	3:52
15	THOMPSON, NATALIE	U OF C ATHLETICS CLUB	1984	27:04.7	3:53
16	BUHLERS, DEBORAH	LONDON WESTERN T.F.C.	1974	27:11.4	3:54
17	MACLEAN, ERIN	ANTIGONISH TRACK CLUB	1984	27:11.7	3:54
18	RUUS, RACHEL	KAJAKS TRACK & FIELD CLUB	1974	27:14.5	3:54
19	KOLSTAD, KRISTEN A.	UNATTACHED BRITISH COLUMB	1986	27:19.3	3:55
20	DRESSLER, TARA	CALTAF ATHLETIC ASSOCIATI	1984	27:50.8	3:59
21	ERICKSON, ROBYN	OTTAWA LIONS T.F.C.	1986	27:54.9	4:00
22	HICKS, JULIA	OTTAWA LIONS T.F.C.	1985	28:04.1	4:01
23	ROBINS, DONNA MAE	NORTH BAY LEGION	1976	28:07.1	4:02
24	SPETTIGUE, KELLY-LYNNE	UNIVERSITY OF TORONTO T.C	1988	28:09.8	4:02
25	PAQUET, ANDRÉE	VAINQUEURS (LES)	1981	28:10.7	4:02
26	LEMON, KIMBER	LONDON WESTERN T.F.C.	1986	28:14.1	4:03
27	GRENON, MYRIAM	VAINQUEURS (LES)	1968	28:16.6	4:03
28	JACOBS, ERIKA	UNIVERSITY OF TORONTO T.C	1985	28:24.8	4:04
29	ROLLINSON, KYLA	VAINQUEURS (LES)	1975	28:25.1	4:04
30	MCCHESNEY, BETHANY	LONDON RUNNER DISTANCE CL	1985	28:33.1	4:05
31	LYNCH, DAUN	PHYSI-KULT KINGSTON	1981	28:38.7	4:06
32	BELLEAU-BÉLIVEAU, KARINE	VAINQUEURS (LES)	1983	28:42.9	4:07
33	PICARD-ARSENAULT, JOSÉE	QUÉBEC ENDURANCE	1988	28:48.8	4:07
34	MARVIN, KRISTIN	OTTAWA LIONS T.F.C.	1975	28:56.2	4:09
35	PHELAN, BARBARA	NIAGARA OLYMPIC CLUB	1986	29:00.7	4:09
36	BOLYEA, KRISTA	NEWMARKET HUSKIES TRACK C	1979	29:14.5	4:11
37	FRIESEN, RACHEL	RED DEER COLLEGE	1987	29:23.6	4:12
38	GOLLISH, SASHA	UNIVERSITY OF TORONTO T.C	1981	29:38.2	4:15

AGSI Senior Women's Canadian National Cross Country Championship
7.0 KM Race

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Place Name	Club	Yr.	Time	Pace
39 JENNINGS, SERENA	HARBOUR TRACK	1981	29:42.8	4:15
40 JOHNSON, TARA	UNIVERSITY OF TORONTO T.C	1982	30:10.4	4:19
41 PISTOR, KATHRYN	SOUTH SIMCOE DUFFERIN T.F	1987	31:01.4	4:26
42 WALSH, BRENNAN	DARTMOUTH ATHLETICS	1987	32:18.3	4:37

AGSI Senior Men's Canadian National Cross Country Championship

10.0 KM Race

University of Guelph Arboretum

Nov 29th, 2008 2:15pm

Weather: 0' and snow covered

Place	Name	Club	Yr.	Time	Pace
1	BAIRU, SIMON	QUEEN CITY STRIDERS	1983	30:49.9	3:05
2	Watson, Robyn	Speed River		31:17.6	3:08
3	WYKES, DYLAN	PHYSI-KULT KINGSTON	1983	31:17.6	3:08
4	GILLIS, ERIC	SPEED RIVER	1980	31:27.0	3:09
5	MILNE, TAYLOR	SPEED RIVER	1981	31:40.6	3:11
6	THORSON, CLEVE	SPEED RIVER	1981	31:49.0	3:11
7	BOURGEOIS, JOËL	UNATTACHED-NEW BRUNSWICK	1971	31:53.3	3:12
8	NAKLUSKI, DEREK	TORONTO OLYMPIC CLUB	1982	32:04.1	3:13
9	OSADUIK, STEVEN J.	PRAIRIE INN HARRIERS RACI	1979	32:09.3	3:13
10	GENEST, ALEX	PHENIX	1986	32:12.6	3:14
11	KHAN, SAHEED	TORONTO OLYMPIC CLUB	1984	32:17.9	3:14
12	Sunseri, Nick	Unattached		32:18.8	3:14
13	MOSLEY, RICHARD	UNATTACHED BRITISH COLUMB	1982	32:23.7	3:15
14	MORELAND, DANE	DICK BEARDSLEY RUNNING CO	1985	32:28.2	3:15
15	KOZIARSKI, STEPHEN	SPEED RIVER	1985	32:31.0	3:16
16	ARNALD, SCOTT	SPEED RIVER	1982	32:33.2	3:16
17	GANT, DYLAN G.	UNATTACHED BRITISH COLUMB	1986	32:37.8	3:16
18	GOSELIN, JAMES	BROOKS CANADA MARATHON PR	1977	32:40.5	3:17
19	CAMPANELLI, JOSEPH	UNIVERSITY OF TORONTO T.C	1984	32:42.3	3:17
20	DOLMAGE, JAY	UNATTACHED	1977	32:44.8	3:17
21	CHAFE, PAUL	UNIVERSITY OF TORONTO T.C	1982	32:53.3	3:18
22	FEWER, COLIN M.	ATHLETICS NORTH-EAST	1977	32:57.3	3:18
23	KONOVAL, TIM	SPEED RIVER TRACK & FIELD	1984	33:00.1	3:18
24	MACHARIA, GITAH	PHOENIX ATHLETICS ASSOC.	1979	33:03.7	3:19
25	KITZ, ROBERT	UNIVERSITY OF TORONTO T.C	1985	33:12.6	3:20
26	MORRISON, SPENCER	UNIVERSITY OF TORONTO T.C	1983	33:20.0	3:20
27	HUTCHINSON, ALEX	UNIVERSITY OF TORONTO T.C	1975	33:20.8	3:21
28	SWANSON, KRIS	PACIFIC ATHLETICS	1981	33:21.3	3:21
29	NOVAKOWSKI, BRADEN	KINGSTON NAPANEE T.F.C.	1986	33:22.4	3:21
30	NORMINTON, MATTHEW	CALTAF ATHLETIC ASSOCIATI	1977	33:24.6	3:21
31	EPP, JAMIE	SASKATOON TF CLUB	1980	33:27.3	3:21
32	YOHANNES, SELAM	UNIVERSITY OF TORONTO T.C	1977	33:29.5	3:21
33	CHIASSEON, REJEAN	PHYSI-KULT KINGSTON	1983	33:36.3	3:22
34	BEESELY, TREVOR	UNATTACHED	1986	33:37.5	3:22
35	ONGERI, JOSEPHAT	SPEED RIVER TRACK & FIELD	1979	33:49.6	3:23
36	MCANENEY, LUCAS	BROOKS CANADA MARATHON PR	1986	33:50.4	3:24
37	ELES, STEPHEN	TRACK NORTH ATHLETIC CLUB	1979	33:55.9	3:24
38	KARANJA, JOSHUA	OTTAWA LIONS T.F.C.	1983	33:57.7	3:24
39	NAGLE, CHRIS	LONDON RUNNER DISTANCE CL	1982	33:57.9	3:24

AGSI Senior Men's Canadian National Cross Country Championship

10.0 KM Race

University of Guelph Arboretum

Nov 29th, 2008 2:15pm

Weather: 0' and snow covered

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Place	Name	Club	Yr.	Time	Pace
40	MACDONALD, JAY	VANCOUVER FALCONS ATHLETI	1978	33:58.1	3:24
41	HOWARD, TODD	PRAIRIE INN HARRIERS RACI	1978	33:59.0	3:24
42	TORRANCE, BRIAN	EDMONTON THUNDER	1976	34:01.5	3:25
43	RAUDEBAUGH, DALLAS	EDMONTON THUNDER	1981	34:06.3	3:25
44	VOLLMER, MARK	EDMONTON THUNDER	1980	34:09.1	3:25
45	OUKID, FETHI	ENDUROMAX	1976	34:12.8	3:26
46	CORBIT, JOHN	HALIFAX TIGERS	1985	34:13.9	3:26
47	CARLOS, SHANE	Unattached	1982	34:14.9	3:26
48	BOOTH, MIKE	WINNIPEG OPTIMIST ATHLETI	1980	34:15.4	3:26
49	EMBERLEY, SCOTT	TORONTO OLYMPIC CLUB	1987	34:16.3	3:26
50	MYERS, KEN	U OF C ATHLETICS CLUB	1979	34:17.8	3:26
51	HENSHAW, MARK	LONDON WESTERN T.F.C.	1988	34:22.2	3:27
52	BARR, JEFF	UNIVERSITY OF TORONTO T.C	1984	34:22.5	3:27
53	CURRIE, DOUG	SARNIA ATHLETICS SOUTHWES	1984	34:26.0	3:27
54	FINN, RYAN	PHOENIX ATHLETICS ASSOC.	1987	34:28.6	3:27
55	CALDWELL, TREVOR	BROOKS CANADA MARATHON PR	1979	34:32.1	3:28
56	PAQUETTE, MAXIME	SPEED RIVER TRACK & FIELD	1984	34:35.4	3:28
57	ABBOTT, LARRY	HARBOUR TRACK	1988	34:36.6	3:28
58	SOUCY, PHILIPPE	CLUB D'ATHLÉTISME DYNAMIQ	1988	34:37.9	3:28
59	REID, IAN	UNIVERSITY OF TORONTO T.C	1973	34:46.1	3:29
60	WOYTIUK, KURT	EDMONTON THUNDER	1981	34:50.0	3:29
61	HEANEY, ANDREW	PHOENIX ATHLETICS ASSOC.	1988	34:55.3	3:30
62	MONETTE, SEBASTIEN	VAUDREUIL-DORION	1988	34:57.0	3:30
63	HANDRIGAN, GRANT A.	MERCURY ATHLETICS	1982	35:00.0	3:30
64	ZYLBERBERG, DAVID	U OF C ATHLETICS CLUB	1981	35:07.4	3:31
65	BRECHER, ARJAY	UNIVERSITY OF TORONTO T.C	1974	35:15.9	3:32
66	HAIN, TIM	LONDON RUNNER DISTANCE CL	1981	35:29.4	3:33
67	SNIDER, GRAYDON	FLEUR DE LYS	1981	35:32.7	3:34
68	KOMER, WILLIAM	LONDON WESTERN T.F.C.	1988	35:33.8	3:34
69	DE BARDI, STEPHEN	FLEUR DE LYS	1978	35:35.0	3:34
70	ODERMATT, CRAIG	PACIFIC ATHLETICS	1970	35:38.8	3:34
71	LITTLE, JONATHAN	HARBOUR TRACK	1982	35:44.7	3:35
72	HALL, JUSTIN	UNATTACHED	1983	35:49.4	3:35
73	CHADI, NICOLAS	CLUB D'ATHLÉTISME DYNAMIQ	1987	35:53.7	3:36
74	SMITH, KEVIN	ORONTO OLYMPIC CLUB	1981	35:56.6	3:36
75	LAPIERRE, MAXIME	ROUGE ET OR DE L'UNIVERSI	1988	36:03.4	3:37
76	KING, MICHAEL T.	MERCURY ATHLETICS	1983	36:15.3	3:38
77	MCELLIGOTT, STEVEN	FLEUR DE LYS	1983	36:17.0	3:38

AGSI Senior Men's Canadian National Cross Country Championship

10.0 KM Race

University of Guelph Arboretum
 Nov 29th, 2008 2:15pm
 Weather: 0' and snow covered

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Place Name	Club	Yr.	Time	Pace
78 BROPHY, MARK A.	LONDON WESTERN T.F.C.	1982	36:19.6	3:38
79 HENNIGAR, TOBY	HALIFAX TIGERS	1984	36:28.8	3:39
80 TEPPER, DAVID	NEWMARKET HUSKIES TRACK C	1975	36:33.3	3:40
81 CARLOS, LUKE	Unattached	1979	36:41.4	3:41
82 DOBSON, RICHARD	UNATTACHED	1984	36:46.7	3:41
83 O'RIORDAN, ANDREW	UNATTACHED	1985	37:09.5	3:43
84 PRATT, JONATHAN	NORTH BAY LEGION	1984	37:14.0	3:44
85 SMITH, CHRISTOPHER	LONDON RUNNER DISTANCE CL	1979	37:18.1	3:44