

CCAA XC Running National Championships

Hosted by Augustana

November 14, 2009

Conference Teams

<u>Place</u>	<u>Points</u>	<u>Conference</u>	<u>Avg time</u>		<u>Total time</u>	
1	31	ACAC	19:54		1:39:29	
	2	Jodi Sanguin	19:23	9	Brooke Willson	20:16
	3	Purity Kandie	19:40	10	Katherine Stone	20:17
	7	Gladys Kochei	19:53	14	Melanie McCann	20:40
				18	Winnie Cheptogok	21:21
2	39	OCAA	20:01		1:40:07	
	1	Liliane Sparkes	19:11	12	Dawn Martin	20:25
	5	Rebecca Pieterston	19:43	13	Lisa Cybulskie	20:34
	8	Erika Pearce	20:14	16	Lindsay Webster	21:07
				21	Melissa Linker	22:06
3	53	FQSE	20:26		1:42:12	
	4	Joanie Roy	19:43	15	Sarah-Michelle Brochu	21:03
	6	Jessica Porfilio	19:47	17	Chloe Nadeau	21:16
	11	Coralina Tse	20:23	20	Kim Turcotte	21:29
				22	Valérie Gagné	22:19
4	130	ACAA	25:05		2:05:23	
	23	Olivia Long	23:01	27	Rébeka Frazer-Chiasson	25:24
	25	Courtney Mills	24:54	29	Sarah Peel	26:47
	26	Nikki Gillingham	25:17			
5	132	BCCAA	25:49		2:09:04	
	19	Amelia Vos	21:24	30	Katie Ouwerkerk	27:33
	24	Shayla Millan	23:32	31	Kendelle Weberg	30:34
	28	Hayley Bennett	26:01	32	Ashley Fulcher	32:09

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1	36	FAN	20:18			1:21:12
	1	Liliane Sparkes	19:11	24	Ashley Killens	22:04
	4	Rebecca Pieterston	19:43	26	Melissa Linker	22:06
	7	Erika Pearce	20:14	42	Alysha Gjos	23:09
2	42	LCK	20:41			1:22:42
	3	Purity Kandie	19:40	20	Florence Kangogo	21:48
	6	Gladys Kochei	19:53	27	Laura-Lee Dore	22:16
	13	Winnie Cheptogok	21:21	47	Jennifer Pomerleau	23:23
3	78	HUMB	21:44			1:26:55
	12	Lindsay Webster	21:07	28	Isabelle Morneau-Grenier	22:17
	17	Stephanie Coughlin	21:35	36	Cynthia Black	22:56
	21	Ciara Gaizutis	21:56			
4	86	AUG	21:41			1:26:42
	9	Katherine Stone	20:17	43	Shara Harke	23:14
	15	Patricia Leighton	21:27	55	Maggie McBride	23:58
	19	Emily Cole	21:44	56	Kalli Green	24:16
5	86	RDC	21:19			1:25:15
	2	Jodi Sanguin	19:23	53	Melissa Cable	23:39
	8	Brooke Willson	20:16	57	Rebecca Fuller	24:47
	23	Dulcie Timmons	21:57	59	Jessica Friesen	24:59
6	87	SLAM	21:28			1:25:51
	5	Jessica Porfilio	19:47	37	Kristin Hunt	22:58
	10	Coralina Tse	20:23	48	Samantha Brault	23:24
	35	Cyrena Gerardi	22:43	49	Julia Stirling	23:27
7	99	CSF	22:02			1:28:09
	11	Sarah-Michelle Brochu	21:03	38	Andréanne Gagnon	22:59
	16	Kim Turcotte	21:29			
	34	Pascale Laliberté	22:38			
8	110	Ahu	22:15			1:28:58
	22	Sabrina St-Gelais	21:57	33	Stéphanie Giroux	22:36
	25	Joanie Blanchette	22:06	54	Véronique Drapeau	23:58
	30	Valérie Gagné	22:19	67	Marilyn Serret	25:30
9	144	MCSW	22:47			1:31:09
	29	Dixie Austin	22:18	44	Krystal Speed	23:17
	32	Franziska Bossart	22:34	66	Kelsey Ward	25:28
	39	Amelia Terlecki	23:00			

10	154	GBC	22:53			1:31:31
	18	Julie MacDonald	21:36	50	Inge Boerma	23:32
	41	Sonya Tanzos	23:04			
	45	Sarah Vandonk	23:19			
11	180	GPRC	23:16			1:33:04
	31	Nelda Plante	22:31	52	Vanessa Besharah	23:38
	46	Whitley Sheehan	23:21	60	Carina Ness	25:09
	51	Siobhan Galivan	23:34	64	Amanda Matier	25:20
12	226	STU	24:39			1:38:36
	40	Olivia Long	23:01	65	Rébeka Frazer-Chiasson	25:24
	58	Courtney Mills	24:54	71	Sarah Peel	26:47
	63	Nikki Gillingham	25:17			
13	232	TRU	26:23			1:45:32
	14	Amelia Vos	21:24	75	Kendelle Weberg	30:34
	70	Hayley Bennett	26:01	76	Ashley Fulcher	32:09
	73	Katie Ouwerkerk	27:33			
14	260	NAIT	25:27			1:41:48
	61	Jenna Hall	25:15	69	Haley Howland	25:41
	62	Crystal Jensen	25:16	72	Sara Zacharias	27:29
	68	Melissa Christenson	25:36	74	Suzanne Hall	28:04

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1	33	ACAC	27:02		2:15:12	
	1	Willy Kimosop	25:53	10	David Arial	27:39
	2	Ed Kangogo	26:15	14	Moses Kipkosgei	28:14
	6	Peter Kalya	27:11	16	Travis Epp	28:23
				20	Christian Chesire	28:57
2	42	OCAA	27:31		2:17:33	
	4	Jason Smith	26:50	11	Nelson Njeru	27:50
	7	Biemnet Yemane	27:18	12	Josh Bujold	28:06
	8	John Mason	27:29	15	Julian Rhebergen	28:17
				17	Michael Scipio	28:27
3	48	FQSE	27:35		2:17:53	
	3	Olivier Collin	26:33	13	Emmanuel Boisvert	28:08
	5	Jean-Samuel Lapointe	27:04	18	Abdelouahed Ibnouzahir	28:31
	9	Jean-Daniel Labranche	27:37	19	Benjamin Raymond	28:52
				21	Sacha Plante-Dubé	29:15
4	120	BCCAA	32:40		2:43:21	
	22	Jon Benhke	30:18	25	Doug Paeth	34:36
	23	Yannick Letailleur	31:20	26	Oliver Noble	34:37
	24	David Sumption	32:30	27	Bryce Barry	36:55

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1	23	LCK	26:53			1:47:33
	1	Willy Kimosop	25:53	14	Moses Kipkosgei	28:14
	2	Ed Kangogo	26:15	15	Travis Epp	28:23
	6	Peter Kalya	27:11	20	Christian Chesire	28:57
2	48	CSF	27:59			1:51:54
	5	Jean-Samuel Lapointe	27:04	21	Samuel Légaré	29:05
	9	Jean-Daniel Labranche	27:37	42	Timotheé Labelle	30:52
	13	Emmanuel Boisvert	28:08	43	Jean-Pierre Morin	31:12
3	56	FAN	28:13			1:52:52
	7	Biemnet Yemane	27:18	24	Sean Coleshill	29:38
	8	John Mason	27:29	40	Sean Cunningham	30:38
	17	Michael Scipio	28:27	41	Phil Quinlin	30:50
4	85	Ahu	28:55			1:55:41
	3	Olivier Collin	26:33	35	Bilal Boutefnouchet	30:25
	19	Benjamin Raymond	28:52	44	Vincent Parent-Pichette	31:15
	28	Guillaume Bélisle	29:51	61	Louis-Philippe Guilbeault	33:33
5	89	AUG	29:03			1:56:12
	10	David Arial	27:39	31	David Shantz	29:58
	18	Devin Woodland	28:40	33	Nils Lokken	30:00
	30	Andrew Brisbin	29:55	54	Kieran Baird	32:32
6	94	CON	29:13			1:56:52
	4	Jason Smith	26:50	37	Erik Vicujnik	30:29
	26	Dave Sharratt	29:43	48	Alex Hunak	31:26
	27	Francis Coral-Mellon	29:50			
7	120	HUMB	29:59			1:59:57
	22	Nathaniel Green	29:27	39	Shea Johnson	30:34
	23	Shawn Davis	29:30	47	Alex Colbourne	31:22
	36	Danny Connelly	30:26	51	Ben Belluz	32:11
8	142	GBC	30:23			2:01:34
	11	Nelson Njeru	27:50	50	Matthew Paladino	32:07
	32	Jakub Misiek	30:00	55	Brendan Neely	32:39
	49	Spencer Brown	31:37	69	Carey Arnott	35:08
9	147	CAM	30:39			2:02:38
	12	Josh Bujold	28:06	60	Spencer Hogan	33:21
	29	Reg Peer	29:53	62	George Saul	33:40
	46	Eric Leishman	31:18			

10	157	RDC	30:51			2:03:23
	16	Jonathan Werkema	28:24	58	Kalem Hamilton	33:08
	38	Dustin Fountain	30:33	74	Steven Gill	36:50
	45	Jonathan Fuller	31:18			
11	209	GPRC	32:46			2:11:05
	25	Kyle Ross	29:40	71	Evan Paul	35:21
	56	Philip Legare-Stokes	32:57	73	Jordan Zeyha	36:06
	57	Jason Bain	33:07	76	Thomas Ridgeway	37:04
12	220	TRU	33:00			2:12:01
	34	Jon Benhke	30:18	67	Oliver Noble	34:37
	53	David Sumption	32:30	75	Bryce Barry	36:55
	66	Doug Paeth	34:36			
13	249	MCSW	33:50			2:15:19
	52	Andrew Peters	32:16	70	Dallin McCue	35:19
	63	Christopher Driol	33:44	72	Joshua Oviatt	36:03
	64	Mike Glazier	34:00			
14	269	NAIT	35:19			2:21:15
	59	Adan Koning	33:14	77	Drew Dietze	38:51
	65	Hayk Houlder	34:11			
	68	Mark McConnell	34:59			

