

Licensed to Valley Royals Track &amp; Field Club

Hy-Tek's Meet Manager 7/30/2007 08:03 AM

Canadian Junior Track &amp; Field Championships - 7/27/2007 to 7/29/2007

Abbotsford

Results

## Event 1 Women Heptathlon

Name	Year	Team	Seed	Finals	Points
Can Jr:	5688	10/20/2000	Jessica Zelinka		
Can Jr Meet:	5465	2000	Jessica Zelinka		
BC Jr Open:	5433	7/11/1981	Connie Polman-Tuin, Canada		
World Jr:	6542	7/19/2002	Carolina Klufft, Sweden		
Swan Track:	5063	8/1995	Roma Oleksyn, Saskatchewan		
Name	Year	Team	Seed	Finals	Points
1 Theisen, Brianne		Saskatoon TF	5413	5167	10
2 Bethune, Adrienne		Etobicoke TR	4555	4569	8
3 Pattison, Alana		Ocean Athlet	4418	4195	6
4 Parent, Holly		Victoria Tra	4014	4006	5
5 Simpson, Lauren		Capital City	4223	3999	4
6 Payne, Adrienne		Sarnia Athle	3743	3801	3
7 Petrov, Elizabeth		Power Athletics	4260	3510	2
8 Schneck, Amanda		U OF A Athle	3149	2842	1

## Event 1 Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

Name	Year	Team	Finals	Wind	H#	Points
1 Theisen, Brianne		Saskatoon TF	14.66	-1.7	1	887
2 Bethune, Adrienne		Etobicoke TR	15.23	-1.7	1	811
3 Smits, Veronika		Saskatoon TF	15.57	-2.5	2	768
4 Payne, Adrienne		Sarnia Athle	16.41	-1.7	1	665
5 Parent, Holly		Victoria Tra	16.49	-1.7	1	655
6 Simpson, Lauren		Capital City	16.55	-1.7	1	648
7 Pattison, Alana		Ocean Athlet	16.86	-2.5	2	612
8 Petrov, Elizabeth		Power Athletics	17.89	-2.5	2	500
9 Schneck, Amanda		U OF A Athle	18.64	-2.5	2	424

## Event 1 Heptathlon: #2 Women 200 Meter Dash Heptathlon

Name	Year	Team	Finals	Wind	H#	Points
1 Theisen, Brianne		Saskatoon TF	26.07	-1.9	1	791
2 Bethune, Adrienne		Etobicoke TR	26.19	-1.2	2	781
3 Pattison, Alana		Ocean Athlet	26.98	-1.2	2	713
4 Smits, Veronika		Saskatoon TF	27.49	-1.9	1	672
5 Payne, Adrienne		Sarnia Athle	27.58	-1.9	1	664
6 Petrov, Elizabeth		Power Athletics	27.59	-1.9	1	664
7 Simpson, Lauren		Capital City	27.84	-1.9	1	643
8 Parent, Holly		Victoria Tra	29.07	-1.2	2	549

9 Schneck, Amanda U OF A Athle 29.74 -1.2 2 500

## Event 1 Heptathlon: #3 Women High Jump Heptathlon

Name	Year Team	Finals	Points
1 Theisen, Brianne	Saskatoon TF	1.71m	867
1.59 1.62 1.65 1.68 1.71 1.77			
O O O XO XXO XXX			
2 Parent, Holly	Victoria Tra	1.68m	830
1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71			
O O O O O XO XO XXX			
3 Petrov, Elizabeth	Power Athletics	1.59m	724
1.44 1.47 1.50 1.53 1.56 1.59 1.62			
XXO O O XO XXO O XXX			
3 Bethune, Adrienne	Etobicoke TR	1.59m	724
1.44 1.47 1.50 1.53 1.56 1.59 1.62			
XO O O XO XO XXO XXX			
5 Pattison, Alana	Ocean Athlet	1.56m	689
1.47 1.53 1.56 1.59			
O O XO XXX			
6 Schneck, Amanda	U OF A Athle	1.50m	621
1.41 1.44 1.47 1.50 1.53			
O O O XO XXX			
7 Simpson, Lauren	Capital City	1.47m	588
1.44 1.47 1.50			
O XO XXX			
7 Payne, Adrienne	Sarnia Athle	1.47m	588
1.35 1.38 1.41 1.44 1.47 1.50			
O O O O O XXX			
7 Smits, Veronika	Saskatoon TF	1.47m	588
1.41 1.44 1.47 1.50			
O O XO XXX			

## Event 1 Heptathlon: #4 Women Shot Put Heptathlon

Name	Year Team	Finals	Points
1 Petrov, Elizabeth	Power Athletics	10.68m	574
10.68m 10.54m FOUL			
2 Theisen, Brianne	Saskatoon TF	10.59m	568
10.22m 10.05m 10.59m			
3 Bethune, Adrienne	Etobicoke TR	10.19m	542
FOUL 10.19m FOUL			
4 Smits, Veronika	Saskatoon TF	9.60m	503
8.83m 9.60m 9.06m			
5 Simpson, Lauren	Capital City	8.43m	427
8.01m 8.18m 8.43m			
6 Parent, Holly	Victoria Tra	8.07m	404
7.97m 8.07m 7.93m			
7 Pattison, Alana	Ocean Athlet	7.75m	383
7.75m 7.03m 7.71m			

8	Payne, Adrienne	Sarnia Athle	7.73m	382
	7.01m 7.20m 7.73m			
9	Schneck, Amanda	U OF A Athle	6.28m	289
	FOUL 6.28m 5.61m			

## Event 1 Heptathlon: #5 Women 800 Meter Run Heptathlon

Name	Year Team	Finals	Points
1	Pattison, Alana	Ocean Athlet	2:27.41 726
2	Theisen, Brianne	Saskatoon TF	2:29.09 704
3	Payne, Adrienne	Sarnia Athle	2:33.50 650
4	Parent, Holly	Victoria Tra	2:33.93 644
5	Simpson, Lauren	Capital City	2:36.94 608
6	Schneck, Amanda	U OF A Athle	2:38.08 595
7	Bethune, Adrienne	Etobicoke TR	2:39.95 573
--	Petrov, Elizabeth	Power Athletics	DNF

## Event 1 Heptathlon: #6 Women Long Jump Heptathlon

Name	Year Team	Finals	Wind	Points
1	Theisen, Brianne	Saskatoon TF	5.55m 0.9	715
	FOUL(NWI) 5.30m(+0.0) 5.55m(0.9)			
2	Bethune, Adrienne	Etobicoke TR	5.28m 0.6	637
	4.93m(-0.3) 5.03m(-0.9) 5.28m(0.6)			
3	Pattison, Alana	Ocean Athlet	5.04m 0.3	570
	4.90m(NWI) 4.90m(-0.2) 5.04m(0.3)			
4	Smits, Veronika	Saskatoon TF	4.88m 0.6	527
	4.64m(+0.0) 4.55m(-0.7) 4.88m(0.6)			
5	Simpson, Lauren	Capital City	4.86m +0.0	522
	4.86m(+0.0) FOUL(NWI) FOUL(NWI)			
6	Payne, Adrienne	Sarnia Athle	4.74m 0.4	490
	4.74m(0.4) 4.73m(0.5) 4.34m(-0.8)			
7	Petrov, Elizabeth	Power Athletics	4.70m -0.2	479
	4.70m(-0.2) FOUL(NWI) 4.69m(+0.0)			
8	Parent, Holly	Victoria Tra	4.67m +0.0	472
	4.67m(+0.0) FOUL(NWI) 4.58m(0.2)			
9	Schneck, Amanda	U OF A Athle	4.44m -0.4	413
	4.44m(-0.4) 4.41m(1.0) 4.31m(0.7)			

## Event 1 Heptathlon: #7 Women Javelin Throw Heptathlon

Name	Year Team	Finals	Points
1	Theisen, Brianne	Saskatoon TF	38.32m 635
	38.32m 29.27m 37.11m		
2	Petrov, Elizabeth	Power Athletics	34.88m 569
	34.88m FOUL 32.81m		
3	Simpson, Lauren	Capital City	34.53m 563
	30.62m 34.53m 33.07m		

4	Pattison, Alana	Ocean Athlet	31.34m	502
	30.51m 28.31m 31.34m			
5	Bethune, Adrienne	Etobicoke TR	31.27m	501
	31.06m 31.27m FOUL			
6	Parent, Holly	Victoria Tra	28.71m	452
	FOUL 28.71m 28.39m			
7	Payne, Adrienne	Sarnia Athle	23.90m	362
	FOUL 23.90m FOUL			
8	Smits, Veronika	Saskatoon TF	20.91m	306
	FOUL 20.91m FOUL			
--	Schneck, Amanda	U OF A Athle	FOUL	
	FOUL FOUL FOUL			

Event 2 Women 100 Meter Dash

16 Advance: Top 3 Each Heat plus Next 4 Best Times

Can Jr:	11.21	9/15/1981	Angela Bailey
Can Jr Meet:	11.58	2003	Jenni Hucul
BC Jr Open:	11.30	7/11/1987	Caryl Smith, USA
World Jr:	10.89	7/20/1988	Katrin Krabbe, East Germany
Swan Track:	11.22	7/1997	Phlomena Mensah, Canada

Name	Year	Team	Seed	Prelims	Wind	H#
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Preliminaries

1	Laarman, Loudia	Lethbridge T	11.82	11.88Q	+0.0	1
2	Nettey, Sabrina	Kajaks Track	11.98	11.99Q	+0.0	2
3	Whitegibson, Billie	Coquitlam CH	12.14	12.06Q	-1.4	3
4	Issajenko, Natalia	Mississauga	11.82	12.11Q	-2.1	4
5	Grant, Chantal	Bison Track	12.20	12.05Q	+0.0	1
6	Llewellyn, Shantel	Independent	12.15	12.36Q	+0.0	2
7	Nelson, Amonn	U OF C Athle	12.30	12.48Q	-2.1	4
8	Sassine, Nicole	Windsor Legi	12.35	12.54Q	-1.4	3
9	Holder, Simone	Etobicoke TR	12.28	12.23Q	+0.0	1
10	Lalonde, Catherine	Ottawa Lions	12.17	12.61Q	-1.4	3
11	Croteau, Erica	Riversdale A	12.48	12.69Q	+0.0	2
12	Smith, Courtney	Edmonton Int	12.19	12.77Q	-2.1	4
12.7643						
13	Brooks, Brittany	Brantford T.	12.59	12.63q	+0.0	1
13	Hucul, Jenni	Saskatoon TF	12.65	J12.77q	-2.1	4
12.7680						
14	Cobb, Aleisha	Pacific Athl	12.64	12.64q	+0.0	1
15	Lajeunesse, Catherine	Ottawa Lions	12.31	12.74q	+0.0	2
17	Doroshuk, Michelle	Edmonton Har	12.68	12.82	-1.4	3
18	Daudelin-Gauthier, Lauri	Sherbrooke	12.38	12.84	-1.4	3
19	Johnson, Erika	Pacific Athl	12.67	12.86	+0.0	2
20	Hurrel, Karlene	Capital City	12.58	12.87	-2.1	4
21	Bushie, Christine	St. Albert T	13.12	12.89	+0.0	1
22	Marcotte, Kayla	Halifax Wand	12.71	12.96	-1.4	3
23	Riley, Natalie	Fredericton	12.88	13.00	+0.0	1
24	Jahraus, Amanda	Capital City	12.88	13.02	-2.1	4
25	Kuspira, Katelyn	Yorkton Legi		13.13	+0.0	2
26	Ruller, Amanda	Excel Athlet	13.25	13.29	-2.1	4

## Event 2 Women 100 Meter Dash

8 Advance: Top 4 Each Heat plus Next 0 Best Times

Can Jr: 11.21 9/15/1981 Angela Bailey  
 Can Jr Meet: 11.58 2003 Jenni Hucul  
 BC Jr Open: 11.30 7/11/1987 Caryl Smith, USA  
 World Jr: 10.89 7/20/1988 Katrin Krabbe, East Germany  
 Swan Track: 11.22 7/1997 Phlomena Mensah, Canada

Name	Year	Team	Prelims	Semis	Wind	H#	
Semi-Finals							
1		Nettey, Sabrina	Kajaks Track	11.99	12.10Q	-2.0	1
2		Laarman, Loudia	Lethbridge T	11.88	12.22Q	-2.3	2
3		Whitegibson, Billie	Coquitlam CH	12.06	12.14Q	-2.0	1
4		Grant, Chantal	Bison Track	12.05	12.33Q	-2.3	2
5		Nelson, Amonn	U OF C Athle	12.48	12.43Q	-2.0	1
6		Holder, Simone	Etobicoke TR	12.23	12.59Q	-2.3	2
7		Llewellyn, Shantel	Independent	12.36	12.53Q	-2.0	1
8		Sassine, Nicole	Windsor Legi	12.54	12.78Q	-2.3	2
9		Lalonde, Catherine	Ottawa Lions	12.61	12.80	-2.0	1
10		Cobb, Aleisha	Pacific Athl	12.64	12.82	-2.0	1
11		Smith, Courtney	Edmonton Int	12.77	12.93	-2.3	2
12		Croteau, Erica	Riversdale A	12.69	12.98	-2.0	1
13		Lajeunesse, Catherine	Ottawa Lions	12.74	13.02	-2.3	2
14		Brooks, Brittany	Brantford T.	12.63	13.04	-2.3	2
--		Issajenko, Natalia	Mississauga	12.11	DNF	-2.3	2
--		Hucul, Jenni	Saskatoon TF	12.77	DNF	-2.0	1

## Event 2 Women 100 Meter Dash

Can Jr: 11.21 9/15/1981 Angela Bailey  
 Can Jr Meet: 11.58 2003 Jenni Hucul  
 BC Jr Open: 11.30 7/11/1987 Caryl Smith, USA  
 World Jr: 10.89 7/20/1988 Katrin Krabbe, East Germany  
 Swan Track: 11.22 7/1997 Phlomena Mensah, Canada

Name	Year	Team	Semis	Finals	Wind	
Finals						
1		Laarman, Loudia	Lethbridge T	12.22	11.96	-1.6
2		Whitegibson, Billie	Coquitlam CH	12.14	12.03	-1.6
3		Grant, Chantal	Bison Track	12.33	12.18	-1.6
4		Nettey, Sabrina	Kajaks Track	12.10	12.24	-1.6
5		Llewellyn, Shantel	Independent	12.53	12.46	-1.6
6		Holder, Simone	Etobicoke TR	12.59	12.50	-1.6
7		Nelson, Amonn	U OF C Athle	12.43	12.52	-1.6
8		Sassine, Nicole	Windsor Legi	12.78	12.57	-1.6

## Event 3 Men 100 Meter Dash

24 Advance: Top 2 Each Heat plus Next 6 Best Times

Can Jr: 10.26 7/30/2005 Justin Warner  
 Can Jr Meet: 10.33 1994 Eric Frempong-Manso  
 BC Jr Open: 10.37 7/29/1984 Carolton Chambers, England  
 World Jr: 10.06 7/25/1997 Dwain Chambers, Great Britain  
 Swan Track: 10.05 5/1992 Davidson Ezinwa, Nigeria

Name	Year	Team	Seed	Prelims	Wind	H#
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 Preliminaries

1	Halstead, Tyrone	Mississauga	10.56	10.65Q	+0.0	3
2	Parker, Keynan	Burnaby Stri	10.78	10.83Q	+0.0	4
3	Szczepaniak, David	Winnipeg Opt	10.79	10.87Q	1.7	5
4	Hayle, Phillip	Brampton Tra	10.69	10.98Q	-2.1	1
5	Pollonais, Owen	University O	10.84	11.04Q	-1.7	2
6	Foote, Mason	Annapolis VA	10.99	10.89Q	1.7	5
7	Bazerd, Charles	Legacy Athle	10.87	10.92Q	+0.0	3
8	Charles, Ricardo	Chilliwack T	11.04	10.98Q	+0.0	4
9	Richard, Bianco	Perfmax-Raci	10.83	11.01Q	-2.1	1
10	Goldring, Mike	Capital City	11.07	11.09Q	-1.7	2
11	Ebrado, Elizar	Edmonton Roy	11.18	11.00q	1.7	5
12	Risling, Tony	Ottawa Lions	10.91	11.07q	+0.0	3
13	Farrell, Leon	Vancouver TH	11.07	11.09q	+0.0	3
14	Monsour, Ramon	Ottawa Lions	10.82	11.11q	+0.0	4
15	Ouellet-Léveillé, Clémen	Montreal Oly	10.89	11.17q	-1.7	2
11.1607						
16	Moolchan, Kieran	Winnipeg Opt	10.89	J11.17q	+0.0	4
11.1635						
17	Effah, Sam	U OF C Athle	10.65	J11.17q	-1.7	2
11.1682						
18	Bowman, Aaron	ST Thomas LE	10.90	11.18q	-2.1	1
18	Shum, Michael	Valley Royal	11.23	11.18q	+0.0	3
20	Helmer-Peschier, Curtis	Brampton Tra	10.99	11.19q	1.7	5
21	Dion, Guillaume	Perfmax-Raci	11.11	11.22q	+0.0	3
22	Keating, Justin	Sarnia Athle	11.05	11.27q	-2.1	1
23	Attard, Kyle	Etobicoke TR	11.45	11.34q	1.7	5
24	Vassell, Damion	Hamilton Oly	11.26	11.36q	+0.0	4
25	Rockerbie, Phillip	Lethbridge T	11.13	11.37	-2.1	1
26	Lamarche, Stephen E	Windsor Legi	11.27	11.40	+0.0	3
27	Gauthier-Kwan, Olivier	Ottawa Lions	11.25	11.42	-1.7	2
28	Roque, Eric	Track North	11.22	11.43	1.7	5
29	Nathan, Andrew	Kajaks Track		11.48	+0.0	4
30	Heldman, Jared	Valley Royal	11.16	11.49	+0.0	4
31	Adlani, Omar	Burnaby Stri	11.30	11.51	-2.1	1
32	Windrum, Mychael	Excel Athlet	11.30	11.53	-1.7	2
32	Valliere, Iain	Ottawa Lions	11.24	11.53	-2.1	1
34	Mcgregor, Matthew	Edmonton Har	11.12	11.67	-1.7	2
35	Headley, Chris	Riversdale A	11.41	11.74	+0.0	4
36	Floyd, Todd	Saint John T	11.52	11.77	1.7	5

Event 3 Men 100 Meter Dash

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 8 Advance: Top 2 Each Heat plus Next 10 Best Times  
 Can Jr: 10.26 7/30/2005 Justin Warner

Can Jr Meet: 10.33 1994 Eric Frempong-Manso  
 BC Jr Open: 10.37 7/29/1984 Carolton Chambers, England  
 World Jr: 10.06 7/25/1997 Dwain Chambers, Great Britain  
 Swan Track: 10.05 5/1992 Davidson Ezinwa, Nigeria

Name	Year	Team	Prelims	Semis	Wind	H#
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Semi-Finals

1	Effah, Sam	U OF C Athle	11.17	10.79Q	-2.3	1
2	Halstead, Tyrone	Mississauga	10.65	10.81Q	-2.3	3
3	Szczepaniak, David	Winnipeg Opt	10.87	10.90Q	-1.5	2
4	Parker, Keynan	Burnaby Stri	10.83	10.85Q	-2.3	1
5	Hayle, Phillip	Brampton Tra	10.98	10.95Q	-1.5	2
6	Foote, Mason	Annapolis VA	10.89	11.04Q	-2.3	3

11.0318

7	Pollonais, Owen	University O	11.04	11.00q	-2.3	1
8	Charles, Ricardo	Chilliwack T	10.98	11.04q	-2.3	1

11.0355

9	Richard, Bianco	Perfmax-Raci	11.01	J11.04	-1.5	2
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11.0358

10	Monsour, Ramon	Ottawa Lions	11.11	11.05	-2.3	1
11	Goldring, Mike	Capital City	11.09	11.15	-1.5	2
11	Bazerd, Charles	Legacy Athle	10.92	11.15	-2.3	3
13	Ouellet-Léveillé, Clémen	Montreal Oly	11.17	11.17	-1.5	2
14	Farrell, Leon	Vancouver TH	11.09	11.30	-2.3	3
15	Risling, Tony	Ottawa Lions	11.07	11.36	-2.3	3
16	Moolchan, Kieran	Winnipeg Opt	11.17	11.39	-1.5	2
17	Ebrado, Elizar	Edmonton Roy	11.00	11.40	-2.3	1

Event 3 Men 100 Meter Dash

Can Jr: 10.26 7/30/2005 Justin Warner  
 Can Jr Meet: 10.33 1994 Eric Frempong-Manso  
 BC Jr Open: 10.37 7/29/1984 Carolton Chambers, England  
 World Jr: 10.06 7/25/1997 Dwain Chambers, Great Britain  
 Swan Track: 10.05 5/1992 Davidson Ezinwa, Nigeria

Name	Year	Team	Semis	Finals	Wind
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Finals

1	Halstead, Tyrone	Mississauga	10.81	10.81	-2.2
2	Effah, Sam	U OF C Athle	10.79	10.84	-2.2
3	Hayle, Phillip	Brampton Tra	10.95	11.04	-2.2
4	Foote, Mason	Annapolis VA	11.04	11.05	-2.2
5	Parker, Keynan	Burnaby Stri	10.85	11.08	-2.2
6	Charles, Ricardo	Chilliwack T	11.04	11.19	-2.2
7	Pollonais, Owen	University O	11.00	11.22	-2.2
8	Szczepaniak, David	Winnipeg Opt	10.90	11.25	-2.2

Event 4 Women 100 Meter Hurdles

8 Advance: Top 2 Each Heat plus Next 2 Best Times

Can Jr: 13.32 10/7/1982 Karen Nelson  
 Can Jr Meet: 13.57 1997 Frances Keating

BC Jr Open: 13.67 4/23/2004 Yvonne Mensah, Canada  
 World Jr: 12.84 7/16/1987 Aliuska Lopez, Cuba  
 Swan Track: 13.03 7/1997 Keturah Anderson, Canada

Name	Year	Team	Seed	Prelims	Wind	H#
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 Preliminaries

1	Wells, Sarah	University O	14.30	14.06Q	+0.0	2
2	Nettey, Christabel	Kajaks Track	14.25	14.35Q	-1.8	3
3	Hucul, Jenni	Saskatoon TF	14.07	14.36Q	+0.0	1
4	Montcalm, Noelle	Windsor Legi	14.84	14.59Q	+0.0	2
5	Edwards, Karelle	Ottawa Lions	14.62	14.63Q	-1.8	3
6	Stoffman, Zaria	Vancouver OL	14.67	14.87Q	+0.0	1
7	Dichiara, Amilia	York County	14.63	14.79q	+0.0	2
8	Fonseca, Danielle	South Simcoe	14.75	14.91q	+0.0	1
9	Fourie, Mari	Laurel Creek	14.87	15.04	-1.8	3
10	Coxhead, Emily	ST Thomas LE	14.86	15.06	+0.0	2
11	Charnuski, Olivia	Laurel Creek	14.89	15.21	+0.0	1
12	Cap, Tamara	Saint Lauren	17.06	15.35	+0.0	2
13	Halle, Emilie	Ottawa Lions	15.44	15.73	+0.0	2
14	Morrison, Kelly	Hamilton Oly	15.32	15.77	+0.0	1
15	Baker, Kendra	Winnipeg Opt	16.10	15.78	+0.0	1
16	Breland, Melissa	Split City S	15.99	15.81	-1.8	3
17	Mueller, Shannon	Rideau Lakes	15.40	15.87	-1.8	3
18	Rutley, Erica	Track 54.50	15.71	15.95	+0.0	2
19	Bergin, Juliana	South Simcoe	15.72	16.38	-1.8	3
20	Caterini, Jessica	Durham Drago	14.84	16.42	-1.8	3
21	Kundrik, Julie	Lethbridge T	17.27	16.59	+0.0	2
22	Keeler, Jessica	Saskatoon TF	16.82	18.45	-1.8	3

Event 4 Women 100 Meter Hurdles

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 Can Jr: 13.32 10/7/1982 Karen Nelson  
 Can Jr Meet: 13.57 1997 Frances Keating  
 BC Jr Open: 13.67 4/23/2004 Yvonne Mensah, Canada  
 World Jr: 12.84 7/16/1987 Aliuska Lopez, Cuba  
 Swan Track: 13.03 7/1997 Keturah Anderson, Canada

Name	Year	Team	Prelims	Finals	Wind
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 Finals

1	Hucul, Jenni	Saskatoon TF	14.36	14.28	+0.0
2	Nettey, Christabel	Kajaks Track	14.35	14.31	+0.0
3	Wells, Sarah	University O	14.06	14.37	+0.0
4	Montcalm, Noelle	Windsor Legi	14.59	14.59	+0.0
5	Fonseca, Danielle	South Simcoe	14.91	14.85	+0.0
6	Stoffman, Zaria	Vancouver OL	14.87	14.86	+0.0
7	Dichiara, Amilia	York County	14.79	14.94	+0.0
--	Edwards, Karelle	Ottawa Lions	14.63	DNF	+0.0

Event 5 Men 110 Meter Hurdles

=====  
 8 Advance: Top 3 Each Heat plus Next 2 Best Times

Can Jr: 13.78 6/2/2000 Adam Kunkel



Can Jr Meet: 13.91 1994 Adrian Woodley  
 BC Jr Open: 13.87 7/26/1985 James Purvis, USA  
 World Jr: 13.12 7/2/2002 Xiang Liu, China  
 Swan Track: 13.77 6/1996 Tim Kroeker, Canada

Name	Year	Team	Seed	Prelims	Wind	H#
=====						
Preliminaries						
1 Fawcett, Tyler		Ottawa Lions	14.23	14.40Q	1.7	1
2 Léveillé, Simon		Corsaire Cha	14.68	14.77Q	-1.8	2
3 Brisson, Matthew		ST Thomas LE	14.66	14.81Q	-1.8	2
4 Lowe, Kevin		Coquitlam CH	15.31	15.03Q	1.7	1
5 Baker, Justin		Excel Athlet	15.44	15.10Q	-1.8	2
6 Hinds, Karam		Burlington T	15.10	15.22Q	1.7	1
7 Moolchan, Kieran		Winnipeg Opt	15.39	15.21q	-1.8	2
8 Cardoza, Matthew		Capital City	15.95	15.22q	-1.8	2
9 Arndt, Andrew		Saskatoon TF	15.06	15.39	-1.8	2
10 Benard, Townsend		Brock Univer	15.00	15.44	1.7	1
11 Stamler, James		North Bay LE	14.71	15.54	1.7	1
12 Rockerbie, Phillip		Lethbridge T	16.38	15.74	-1.8	2
13 Pitt, Brynlynn		Durham Legio	15.93	16.02	1.7	1
14 Beasley, A.J.		London Weste	15.89	16.12	1.7	1
-- Pearson, Stuart		Ottawa Lions	15.08	DNF	-1.8	2

Event 5 Men 110 Meter Hurdles

Can Jr: 13.78 6/2/2000 Adam Kunkel  
 Can Jr Meet: 13.91 1994 Adrian Woodley  
 BC Jr Open: 13.87 7/26/1985 James Purvis, USA  
 World Jr: 13.12 7/2/2002 Xiang Liu, China  
 Swan Track: 13.77 6/1996 Tim Kroeker, Canada

Name	Year	Team	Prelims	Finals	Wind
=====					
Finals					
1 Fawcett, Tyler		Ottawa Lions	14.40	14.30	-1.8
2 Léveillé, Simon		Corsaire Cha	14.77	14.49	-1.8
3 Brisson, Matthew		ST Thomas LE	14.81	14.86	-1.8
4 Baker, Justin		Excel Athlet	15.10	14.96	-1.8
5 Lowe, Kevin		Coquitlam CH	15.03	15.03	-1.8
6 Moolchan, Kieran		Winnipeg Opt	15.21	15.10	-1.8
7 Hinds, Karam		Burlington T	15.22	15.18	-1.8
-- Cardoza, Matthew		Capital City	15.22	DQ	-1.8 168.7

Event 6 Women 400 Meter Dash

16 Advance: Top 1 Each Heat plus Next 10 Best Times  
 Can Jr: 51.85 7/25/1984 Jillian Richardson  
 Can Jr Meet: 53.60 1982 Jillian Richardson  
 BC Jr Open: 51.88 5/21/1993 Camille Noel, Canada  
 World Jr: 49.42 8/27/1991 Grit Breuer, East Germany  
 Swan Track: 52.04 6/1996 Cathy Rattery, Jamaica

Name	Year	Team	Seed	Prelims	H#
=====					

## Preliminaries

1	Lela, Christiane	Ottawa Lions	56.12	56.79Q	6
2	Tousaw, Julia	ST Thomas LE	55.91	56.80Q	3
3	Geiger, Natalie	York Flyers	55.30	57.04Q	5
4	Pearse, Anastasia	Pacific Athl	56.80	57.07Q	2
5	Affeld, Laura	Edmonton Har	56.60	57.13Q	1
6	Buttinger, Jessica	Laurel Creek	57.07	58.03Q	4
7	Danso-Dapaah, Keesha	Etobicoke TR	57.00	57.55q	2
8	Siemens, Sharai	Saskatoon TF	58.96	57.60q	6
9	Vogt, Emma	Burnaby Stri	58.61	57.78q	3
10	Leon, Lauren	Etobicoke TR	57.20	57.89q	3
11	Halle, Emilie	Ottawa Lions	57.32	57.91q	5
12	Olson, Jenn	ST Thomas LE	57.30	58.00q	1
13	Kane, Brianna	Vancouver TH	57.27	58.03q	6
14	Grieve, Lisa	ST Thomas LE	59.04	58.18q	1
15	Hart, Julia	Excel Athlet	58.14	58.26q	4
16	Kendall, Danielle	Calgary Spar	56.62	58.47q	4
17	Buchko, Amanda	Saskatoon TF	58.54	58.51	4
18	Lotwin, Kelsey	U OF C Athle	58.93	58.75	3
19	Keeping, Cassie	Prince George	58.41	58.85	2
20	Stone, Danny	Saskatoon TF	57.52	58.87	3
21	Woo, Meaghan	The Peter &	58.80	58.91	5
22	Louden, Sara	Calgary Inte	58.47	58.95	2
23	Kennedy, Shannon	Etobicoke TR	58.02	58.96	1
24	Vogt, Abbey	Burnaby Stri	58.77	59.40	5
25	Furber, Janelle	Phoenix Athl	58.60	59.56	6
26	Mcneil, Amanda	Halifax Tige	59.23	59.62	4
27	Aubry, Rachel	Ottawa Lions	59.32	59.66	2
28	Shury, Alyssa	Unattached B	57.48	59.77	5
29	Charnuski, Madeline	Laurel Creek	59.61	1:00.03	1
30	Friesen, Julene	Riversdale A	1:00.79	1:00.67	5
31	Robitaille-Beaumier, Eve	Phenix	58.58	1:00.81	1
32	Holloway, Ashley	Capital City	1:00.80	1:01.05	3
33	Kurpe, Heather	Niagara Olym	59.87	1:01.12	3
34	Wigg, Jacqueline	U OF C Athle	59.87	1:01.59	6
35	Seifert, Michelle	U OF C Athle	1:00.79	1:01.79	5
36	Cassell, Suzanne	Unattached A	1:01.34	1:01.94	1
37	Barlow, Nikki	Caltaf Athle	59.57	1:02.15	4
38	Brown, Jennifer	Pearlgate TR	1:02.21	1:04.63	4
--	Lockhart, Jocelyn	South East A	1:02.86	DQ	2

## Event 6 Women 400 Meter Dash

Can Jr:	51.85	7/25/1984	Jillian Richardson		
Can Jr Meet:	53.60	1982	Jillian Richardson		
BC Jr Open:	51.88	5/21/1993	Camille Noel, Canada		
World Jr:	49.42	8/27/1991	Grit Breuer, East Germany		
Swan Track:	52.04	6/1996	Cathy Rattery, Jamaica		
Name	Year	Team	Prelims	Finals	H#

## Finals

1	Geiger, Natalie	York Flyers	57.04	55.46	2
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2	Lela, Christiane	Ottawa Lions	56.79	55.55	2
3	Tousaw, Julia	ST Thomas LE	56.80	55.58	2
4	Pearse, Anastasia	Pacific Athl	57.07	55.88	2
5	Affeld, Laura	Edmonton Har	57.13	56.48	2
6	Leon, Lauren	Etobicoke TR	57.89	56.73	1
7	Halle, Emilie	Ottawa Lions	57.91	57.08	1
8	Siemens, Sharai	Saskatoon TF	57.60	57.47	2
9	Buttinger, Jessica	Laurel Creek	58.03	57.58	2
10	Vogt, Emma	Burnaby Stri	57.78	57.88	1
11	Danso-Dapaah, Keesha	Etobicoke TR	57.55	57.92	2
12	Kane, Brianna	Vancouver TH	58.03	57.95	1
13	Grieve, Lisa	ST Thomas LE	58.18	58.02	1
14	Hart, Julia	Excel Athlet	58.26	58.17	1
15	Kendall, Danielle	Calgary Spar	58.47	58.31	1

## Event 7 Men 400 Meter Dash

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 16 Advance: Top 1 Each Heat plus Next 11 Best Times

Can Jr: 45.83 7/19/1997 Shane Niemi  
 Can Jr Meet: 46.55 2006 Brian Barnett  
 BC Jr Open: 45.83 7/19/1997 Shane Niemi, Canada  
 World Jr: 43.87 9/28/1988 Steve Lewis, USA  
 Swan Track: 46.05 5/1993 Neil Desilva, USA

Name	Year	Team	Seed	Prelims	H#
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## Preliminaries

1	Robertson, Michael	Ottawa Lions	47.98	48.08Q	5	48.0712
2	Senick, Joel	Riversdale A	48.30	J48.08Q	1	48.6730
3	Johnson, Adam	I BE Fast TR	46.77	48.60Q	4	
4	Reid, Jonathan	Wake Forest	47.40	48.84Q	2	
5	Vaartnou, Nicholas	Pacific Athl	48.76	J48.98q	3	48.9774
6	Sumani, Abdulhafeez	Calgary Inte	48.14	48.37q	1	
6	Lim, Kevin	Kajaks Track	47.99	J48.98Q	3	48.9712
7	Boyd, Cody	Niagara Olym	49.07	48.79q	4	
9	Ferguson, Quin	Bison Track	48.91	49.14q	2	
10	Pelland, Andre	Track North	50.20	49.41q	4	49.4037
10	Dills, Brendan	Guelph Track	48.92	49.41q	4	49.4100
12	Hretsina, Landon	Saskatoon TF	49.39	49.56q	3	
13	Harper, Daniel	Brampton Tra	48.78	49.57q	5	
14	Durand, Zacharie	Winnipeg Opt	50.38	49.80q	1	
15	Murray, Kyle	Lethbridge T	49.30	49.81q	5	
16	Romaniw, Anthony	Niagara Olym	50.35	49.87q	3	
17	Maclennan, Richard	Sault Athlet	49.84	50.11	1	
18	Reid, Chris	Brampton Tra	50.50	50.56	3	
19	Kimick, Evan	Calgary Spar	49.05	50.63	2	
20	Lamarche, Stephen E	Windsor Legi	51.75	50.72	2	
21	Unruh, Tyson	Saskatoon TF	50.33	50.74	5	
22	Elien, Ken	University O	50.58	50.87	5	
23	Smith, Timothy	Vancouver TH	51.20	51.19	4	
24	Ohlsen, Jack	Ottawa Lions	50.28	51.36	2	
25	Edwards, Colin	Windsor Legi	49.96	51.62	5	
26	Ellemo, Eric	Perfmax-Raci	52.04	51.67	5	

27	Boss, Andrew	Coquitlam CH	51.47	52.02	4
28	Macdonald, Matthew	Niagara Olym	50.89	52.49	2
29	Harding, Rawle	Durham Drago	50.50	52.64	1
30	Williams, John	Unattached N	50.10	53.36	4
--	Prime, Michael	Ottawa Lions	49.46	DQ	1

## Event 7 Men 400 Meter Dash

Can Jr:	45.83	7/19/1997	Shane Niemi		
Can Jr Meet:	46.55	2006	Brian Barnett		
BC Jr Open:	45.83	7/19/1997	Shane Niemi, Canada		
World Jr:	43.87	9/28/1988	Steve Lewis, USA		
Swan Track:	46.05	5/1993	Neil Desilva, USA		

Name	Year	Team	Prelims	Finals	H#
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## Finals

1	Reid, Jonathan	Wake Forest	48.84	46.95	2
2	Senick, Joel	Riversdale A	48.08	47.31	2
3	Johnson, Adam	I BE Fast TR	48.60	47.44	2
4	Robertson, Michael	Ottawa Lions	48.08	47.64	2
5	Sumani, Abdulhafeez	Calgary Inte	48.37	48.03	2
6	Ferguson, Quin	Bison Track	49.14	48.31	1
7	Vaartnou, Nicholas	Pacific Athl	48.98	48.67	2
8	Lim, Kevin	Kajaks Track	48.98	48.85	2
9	Boyd, Cody	Niagara Olym	48.79	48.93	2
10	Dills, Brendan	Guelph Track	49.41	49.11	1
11	Pelland, Andre	Track North	49.41	49.74	1
12	Hretsina, Landon	Saskatoon TF	49.56	49.97	1
13	Murray, Kyle	Lethbridge T	49.81	50.05	1
14	Harper, Daniel	Brampton Tra	49.57	53.94	1
--	Romaniw, Anthony	Niagara Olym	49.87	DNF	1
--	Durand, Zacharie	Winnipeg Opt	49.80	DQ	1 163.3

## Event 8 Women 1500 Meter Run

12 Advance: Top 4 Each Heat plus Next 4 Best Times

Can Jr:	4:06.71	9/4/1972	Glenda Reiser		
Can Jr Meet:	4:20.60	1960	Brigit Otto		
BC Jr Open:	4:15.40	6/13/1991	Lori Durward, Canada		
World Jr:	3:59.81	8/21/1993	Yuan Wang, China		
Swan Track:	4:02.12	8/1996	Angela Chalmers, Canada		

Name	Year	Team	Seed	Prelims
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## Preliminaries

1	Schaaf, Kendra	Queen City S	4:32.36	4:30.24Q
2	Woods, Danelle	Ottawa Lions	4:25.32	4:35.89Q
3	Truelove, Amanda	South Simcoe	4:32.36	4:32.11Q
4	O'Connell, Jessica	U OF C Athle	4:23.49	4:36.32Q
5	Carson, Lindsay	Tri City Tra	4:20.55	4:32.15Q
6	Degaust, Hayley	Edmonton Thu	4:41.30	4:37.37Q
7	Langley, Breana	Caltaf Athle	4:42.13	4:36.21Q
8	Gribbons, Shannon	Saugeen Trac	4:33.55	4:37.61Q

9	John, Keltie	Lakehead Ath	4:35.94	4:36.39q
10	Takahashi, Mariko	London Weste	4:39.46	4:38.45q
11	Smith, Jessica	Norwesters T	4:35.41	4:40.24q
12	Wyman, Jillian	Hamilton Oly	4:37.54	4:41.18q
13	Bélanger, Valérie	Saguenay Lac	4:40.42	4:42.23
14	Edwards, Rachael	Riversdale A	4:40.49	4:42.65
15	Seccafien, Andrea	Guelph Track	4:37.89	4:42.85
16	Anderson, Katie	London Runne	4:44.33	4:45.02
17	Souter, Jodi	U OF S Alumn	5:07.58	4:47.18
18	Saelhof, Megan	Saskatoon TF	4:52.73	4:49.73
19	Hurdle, Valerie	Lethbridge T	4:56.84	4:53.59
20	Schoch, Teegan	Kelowna Trac	4:49.56	4:55.16

## Event 8 Women 1500 Meter Run

Can Jr:	4:06.71	9/4/1972	Glenda Reiser	
Can Jr Meet:	4:20.60	1960	Brigit Otto	
BC Jr Open:	4:15.40	6/13/1991	Lori Durward, Canada	
World Jr:	3:59.81	8/21/1993	Yuan Wang, China	
Swan Track:	4:02.12	8/1996	Angela Chalmers, Canada	

Name	Year	Team	Prelims	Finals
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## Finals

1	Carson, Lindsay	Tri City Tra	4:32.15	4:26.24
2	Woods, Danelle	Ottawa Lions	4:35.89	4:27.53
3	O'Connell, Jessica	U OF C Athle	4:36.32	4:28.99
4	Schaaf, Kendra	Queen City S	4:30.24	4:29.63
5	Truelove, Amanda	South Simcoe	4:32.11	4:33.79
6	Gribbons, Shannon	Saugeen Trac	4:37.61	4:35.96
7	Smith, Jessica	Norwesters T	4:40.24	4:40.42
8	Langley, Breana	Caltaf Athle	4:36.21	4:40.74
9	Takahashi, Mariko	London Weste	4:38.45	4:41.09
10	Degaust, Hayley	Edmonton Thu	4:37.37	4:45.13
11	John, Keltie	Lakehead Ath	4:36.39	4:49.75
--	Wyman, Jillian	Hamilton Oly	4:41.18	DNF

## Event 9 Men 1500 Meter Run

12 Advance:	Top 4 Each Heat plus Next 4 Best Times			
Can Jr:	3:39.11	9/2/1992	Kevin Sullivan	
Can Jr Meet:	3:46.48	1985	Andrew McGuigan	
BC Jr Open:	3:41.58	1/8/1993	Kevin Sullivan, Canada	
World Jr:	3:30.24	7/17/2002	Cornelius Chirchir, Kenya	
Swan Track:	3:36.46	6/1996	Graham Hood, Canada	
Name	Year	Team	Seed	Prelims

## Preliminaries

1	Boorsma, Kyle	Speed River	3:48.48	3:56.35Q
2	Duncan, Justin	Mississauga	3:44.89	3:58.47Q
3	Hulse, Matt	Kingston Nap	3:56.23	3:56.90Q
4	Monds, Jevin	St. Albert T	3:57.29	3:58.56Q
5	Brett, Allan	Ottawa Lions	3:48.12	3:57.22Q

6	Corrigan, Peter	Calgary Spar	3:51.94	3:58.73Q
7	Lavoie, Olivier	Corsaire Cha	3:51.97	3:57.36Q
8	Heaney, Andrew	Phoenix Athl	3:54.13	3:58.92Q
9	Clark, James	Golden Ears	3:59.96	3:57.58q
10	Bernard, Olivier	Club D'Athlé	3:57.66	3:59.06q
11	Milks, Kyle	Ottawa Lions	3:52.12	3:59.50q
12	Wilson, Darcy	Tri City Tra	4:00.51	4:00.58q
13	Jackson, Rob	Speed River	3:51.15	4:01.37
14	Robertson, Karl	Leduc Track	4:03.45	4:01.58
15	Theriault, Madison	Caltaf Athle	4:05.26	4:01.87
16	Ford, Scott	Edmonton Thu	4:04.71	4:02.29
17	Soucy, Philippe	Club D'Athlé	4:01.28	4:02.94
18	Mahler, Matthew	Niagara Olym	3:53.64	4:03.11
19	Attema, Terence	Niagara Olym	4:02.06	4:04.61
20	Huff, Ryan	London Weste	3:55.51	4:05.78
21	Potvin, Josh	Lakehead Ath	4:03.78	4:06.44
22	Colle, Stephane	Fleur DE Lys	4:04.65	4:07.48
23	Holmes, Stephen	Quinte Legio	4:04.34	4:08.57
24	Prudhomme, Spencer	Niagara Olym	4:07.73	4:11.66
25	Childs, Clifford	Kelowna Trac	3:59.99	4:12.59
26	Mitchell, Cameron	Unattached B	4:04.14	4:16.72
27	Komer, William	London Weste	4:03.95	4:17.52
28	Doiron, Jean-Marc	South East A	4:04.02	4:17.67
29	Mizzi, Dan	Etobicoke TR	4:08.00	4:18.04

## Event 9 Men 1500 Meter Run

Can Jr:	3:39.11	9/2/1992	Kevin Sullivan
Can Jr Meet:	3:46.48	1985	Andrew McGuigan
BC Jr Open:	3:41.58	1/8/1993	Kevin Sullivan, Canada
World Jr:	3:30.24	7/17/2002	Cornelius Chirchir, Kenya
Swan Track:	3:36.46	6/1996	Graham Hood, Canada

Name	Year	Team	Prelims	Finals
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## Finals

1	Duncan, Justin	Mississauga	3:58.47	3:49.57
2	Heaney, Andrew	Phoenix Athl	3:58.92	3:50.11
3	Boorsma, Kyle	Speed River	3:56.35	3:50.25
4	Lavoie, Olivier	Corsaire Cha	3:57.36	3:50.79
5	Monds, Jevin	St. Albert T	3:58.56	3:52.03
6	Hulse, Matt	Kingston Nap	3:56.90	3:54.16
7	Corrigan, Peter	Calgary Spar	3:58.73	3:56.77
8	Wilson, Darcy	Tri City Tra	4:00.58	3:57.61
9	Brett, Allan	Ottawa Lions	3:57.22	3:58.38
10	Bernard, Olivier	Club D'Athlé	3:59.06	4:04.08
11	Milks, Kyle	Ottawa Lions	3:59.50	4:04.26
12	Clark, James	Golden Ears	3:57.58	4:04.87

## Event 10 Men Decathlon

Can Jr:	7523	7/16/1986	Michael Smith
Can Jr Meet:	7239	1986	Michael Smith

BC Jr Open: 7001 8/3/2003 Dan Mezhertsky, Canada  
 World Jr: 9397 7/6/1982 Torsten Voss, East Germany  
 Swan Track: 6940 8/1995 , Alberta

Name	Year	Team	Seed	Finals
1 Chenery, Mark		Pacific Athl	6581	6850
2 Ferreira, Henry		Northeast AL	6055	6513
3 Mitchell, Robert		Excel Athlet	4941	5526
4 Johnston, Tylor		Valley Royal	4858	4942

## Event 10 Decathlon: #1 Men 100 Meter Dash Decathlon

Name	Year	Team	Finals	Wind	Points
1 Chenery, Mark		Pacific Athl	11.31	-1.3	793
2 Johnston, Tylor		Valley Royal	12.05	-1.3	641
3 Ferreira, Henry		Northeast AL	12.08	-1.3	635
4 Mitchell, Robert		Excel Athlet	12.50	-1.3	556

## Event 10 Decathlon: #2 Men 400 Meter Dash Decathlon

Name	Year	Team	Finals	Points
1 Chenery, Mark		Pacific Athl	50.78	779
2 Johnston, Tylor		Valley Royal	52.83	689
3 Ferreira, Henry		Northeast AL	53.03	680
4 Mitchell, Robert		Excel Athlet	53.68	653

## Event 10 Decathlon: #3 Men Long Jump Decathlon

Name	Year	Team	Finals	Wind	Points
1 Chenery, Mark		Pacific Athl	6.74m	0.5	753
FOUL(0.3) 6.74m(0.5) 6.50m(1.6)					
2 Ferreira, Henry		Northeast AL	6.22m	0.7	635
6.22m(0.7) 6.18m(-0.5) FOUL(0.4)					
3 Mitchell, Robert		Excel Athlet	5.72m	0.5	527
4.88m(-0.7) 5.67m(1.1) 5.72m(0.5)					
4 Johnston, Tylor		Valley Royal	5.48m	-0.5	477
4.82m(0.2) 5.48m(-0.5) 5.45m(0.5)					

## Event 10 Decathlon: #4 Men Shot Put Decathlon

Name	Year	Team	Finals	Points
1 Ferreira, Henry		Northeast AL	14.39m	752
13.96m 14.39m 13.69m				
2 Chenery, Mark		Pacific Athl	12.49m	636
11.84m FOUL 12.49m				
3 Mitchell, Robert		Excel Athlet	11.85m	597
11.85m 11.78m FOUL				

4 Johnston, Tylor	Valley Royal	9.44m	452
9.41m 9.44m 9.05m			

## Event 10 Decathlon: #5 Men High Jump Decathlon

Name	Year Team	Finals	Points
1 Chenery, Mark	Pacific Athl	1.89m	705
1.83 1.89 1.95			
O O XXX			
2 Ferreira, Henry	Northeast AL	1.80m	627
1.65 1.71 1.74 1.77 1.80 1.83			
O O O O O XXX			
3 Mitchell, Robert	Excel Athlet	1.62m	480
1.50 1.56 1.62 1.65			
O O XXO XXX			
4 Johnston, Tylor	Valley Royal	1.56m	434
1.50 1.56 1.59			
O XO XXX			

## Event 10 Decathlon: #6 Men 110 Meter Hurdles Decathlon

Name	Year Team	Finals	Wind	Points
1 Chenery, Mark	Pacific Athl	14.87	-1.5	865
2 Ferreira, Henry	Northeast AL	15.94	-1.5	740
3 Mitchell, Robert	Excel Athlet	17.26	-1.5	597
4 Johnston, Tylor	Valley Royal	18.64	-1.5	464

## Event 10 Decathlon: #7 Men 1500 Meter Run Decathlon

Name	Year Team	Finals	Points
1 Mitchell, Robert	Excel Athlet	4:34.01	718
2 Ferreira, Henry	Northeast AL	4:36.29	704
3 Johnston, Tylor	Valley Royal	4:39.02	686
4 Chenery, Mark	Pacific Athl	4:46.88	638

## Event 10 Decathlon: #8 Men Pole Vault Decathlon

Name	Year Team	Finals	Points
1 Ferreira, Henry	Northeast AL	3.60m	509
2.20 2.30 2.40 2.50 2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70			
P P P P P P P P O P XO P XO O O XXX			
2 Chenery, Mark	Pacific Athl	3.20m	406
2.20 2.30 2.40 2.50 2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40			
P P P P P P P P P P XO P XXX			
3 Mitchell, Robert	Excel Athlet	2.90m	333
2.20 2.30 2.40 2.50 2.60 2.70 2.80 2.90 3.00			
O P O P O P XXO XO XXX			



4 Johnston, Tylor Valley Royal 2.50m 242  
 2.20 2.30 2.40 2.50 2.60  
 O O XXO O XXX

Event 10 Decathlon: #9 Men Discus Throw Decathlon

Name	Year Team	Finals	Points
1 Chenery, Mark	Pacific Athl	41.93m	704
41.93m FOUL FOUL			
2 Ferreira, Henry	Northeast AL	36.22m	588
FOUL FOUL 36.22m			
3 Mitchell, Robert	Excel Athlet	32.01m	504
FOUL 27.01m 32.01m			
4 Johnston, Tylor	Valley Royal	25.36m	374
17.34m 24.93m 25.36m			

Event 10 Decathlon: #10 Men Javelin Throw Decathlon

Name	Year Team	Finals	Points
1 Ferreira, Henry	Northeast AL	53.67m	643
47.47m 51.99m 53.67m			
2 Chenery, Mark	Pacific Athl	48.78m	571
48.32m 48.78m 46.22m			
3 Mitchell, Robert	Excel Athlet	48.15m	561
43.48m 48.15m 47.34m			
4 Johnston, Tylor	Valley Royal	42.81m	483
41.74m 38.63m 42.81m			

Event 11 Women 400 Meter Hurdles

Name	Year Team	Seed	Prelims	H#
8 Advance: Top 2 Each Heat plus Next 2 Best Times				
Can Jr:	56.55 7/28/1986	Donald Duprey		
Can Jr Meet:	57.66 1992	Erica Peterson		
BC Jr Open:	57.56 8/15/1992	Erica Peterson, Canada		
World Jr:	54.70 7/19/1987	Lashinda Demus, USA		
Swan Track:	55.14 5/1993	Deon Hemmings, Jamaica		

Preliminaries

1 Wells, Sarah	University O	58.26	1:01.96Q	3
2 Pearse, Anastasia	Pacific Athl	1:01.85	1:02.46Q	1
3 Tousaw, Julia	ST Thomas LE	1:01.99	1:03.02Q	2
4 Lowe, Christine	Coquitlam CH	1:04.21	1:02.54Q	1
5 Mccalla, Jenelle	Durham Legio	1:03.97	1:03.84Q	3
6 Simonson, Kayti	Calgary Warr	1:03.18	1:04.44Q	2
7 Fonseca, Danielle	South Simcoe	1:03.87	1:02.64q	1
8 Olson, Jenn	ST Thomas LE	1:04.02	1:03.95q	3
9 Woo, Meaghan	The Peter &	1:06.70	1:05.59	1
10 Bergin, Juliana	South Simcoe	1:04.31	1:05.64	2

11	Mooney, Kirstin	Quinte Legio	1:06.09	1:05.94	2
12	Law, Christine	Comox Valley	1:06.36	1:05.95	3
13	Barron, Jenna	Unattached A	1:06.15	1:06.10	1
14	Lloyd, Haleigh	Comox Valley	1:06.60	1:06.41	3
15	Charnuski, Madeline	Laurel Creek	1:05.72	1:06.69	2
16	Seifert, Michelle	U OF C Athle	1:08.19	1:06.82	1
17	Kurpe, Heather	Niagara Olym	1:05.47	1:07.08	3
18	Bullivant, Kelly	Ocean Athlet	1:05.18	1:07.90	3
19	Suddaby, Jessica	Valley Royal	1:04.69	1:08.08	2
20	Keeler, Jessica	Saskatoon TF	1:08.06	1:08.98	2
21	Wigg, Jacqueline	U OF C Athle	1:07.19	1:10.53	2
22	Brown, Jennifer	Pearlgate TR	1:10.60	1:10.57	3
23	Beaulieu-Boire, Laurence	Sherbrooke	1:04.80	1:11.06	1
24	McLeod, Kiersten	Comox Valley	1:05.50	1:13.43	1

Event 11 Women 400 Meter Hurdles

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Can Jr:	56.55	7/28/1986	Donald Duprey		
Can Jr Meet:	57.66	1992	Erica Peterson		
BC Jr Open:	57.56	8/15/1992	Erica Peterson, Canada		
World Jr:	54.70	7/19/1987	Lashinda Demus, USA		
Swan Track:	55.14	5/1993	Deon Hemmings, Jamaica		

Name	Year	Team	Prelims	Finals
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Finals

1	Wells, Sarah	University O	1:01.96	59.67	
2	Pearse, Anastasia	Pacific Athl	1:02.46	1:00.92	
3	Tousaw, Julia	ST Thomas LE	1:03.02	1:01.20	
4	Mccalla, Jenelle	Durham Legio	1:03.84	1:02.91	
5	Simonson, Kayti	Calgary Warr	1:04.44	1:03.51	
6	Lowe, Christine	Coquitlam CH	1:02.54	1:03.76	
7	Olson, Jenn	ST Thomas LE	1:03.95	1:03.88	
8	Fonseca, Danielle	South Simcoe	1:02.64	1:04.18	

Event 12 Men 400 Meter Hurdles

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8 Advance: Top 2 Each Heat plus Next 4 Best Times

Can Jr:	50.92	5/7/1996	Nick Stewart		
Can Jr Meet:	51.28	1984	John Graham		
BC Jr Open:	50.21	7/27/1985	Patrick McGhee, USA		
World Jr:	48.02	6/17/1984	Danny Harris, USA		
Swan Track:	50.08	6/1996	Keith Stuffle, United States		

Name	Year	Team	Seed	Prelims	H#
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Preliminaries

1	Fawcett, Tyler	Ottawa Lions	53.01	53.97Q	1
2	Grinstead, Justin	South Simcoe	54.54	55.57Q	2
3	Pearson, Stuart	Ottawa Lions	55.01	55.21Q	1
4	Chester, Ryan	Kajaks Track	53.87	56.11Q	2
5	Newbert, Joel	Vancouver TH	55.39	55.23q	1
6	Pooni, Jason	Universal AT	56.91	56.54q	2
7	Knuff, Kyle	South Simcoe	56.18	56.74q	1

8	Beasley, A.J.	London Weste	57.19	57.14q	1	
9	Ohlsen, Jack	Ottawa Lions	55.93	57.34	2	
10	Hayes, Clayton	Capital City	58.89	57.57	2	
11	Dudley, Christian	Comox Valley	59.71	58.43	2	
12	Ward, Patrick	Durham Legio	56.74	58.77	2	
13	Baker, Justin	Excel Athlet	56.57	1:00.37	1	
14	Zatylny, Mark	Calgary Spar	1:04.82	1:01.84	1	
--	Pitt, Brynlynn	Durham Legio	57.21	DQ	1	168.7
--	Boczar, Kevin	Ottawa Lions	56.34	DQ	2	Rule

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## Event 12 Men 400 Meter Hurdles

Can Jr:	50.92	5/7/1996	Nick Stewart	
Can Jr Meet:	51.28	1984	John Graham	
BC Jr Open:	50.21	7/27/1985	Patrick McGhee, USA	
World Jr:	48.02	6/17/1984	Danny Harris, USA	
Swan Track:	50.08	6/1996	Keith Stuffle, United States	

Name	Year	Team	Prelims	Finals
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## Finals

1	Fawcett, Tyler	Ottawa Lions	53.97	53.07
2	Grinstead, Justin	South Simcoe	55.57	54.43
3	Newbert, Joel	Vancouver TH	55.23	55.24
4	Pearson, Stuart	Ottawa Lions	55.21	56.24
5	Knuff, Kyle	South Simcoe	56.74	56.44
6	Chester, Ryan	Kajaks Track	56.11	57.93
7	Beasley, A.J.	London Weste	57.14	58.19
8	Pooni, Jason	Universal AT	56.54	59.02

## Event 13 Women 800 Meter Run

12 Advance: Top 2 Each Heat plus Next 4 Best Times

Can Jr:	2:03.17	9/19/1973	Glenda Reiser	
Can Jr Meet:	2:06.59	1984	Elsie Braithwaite	
BC Jr Open:	2:06.46	6/4/1994	Heather deGeest, Canada	
World Jr:	1:57.18	9/8/1993	Yuan Wang, China	
Swan Track:	1:59.98	6/1996	Suzzy Hamilton, USA	

Name	Year	Team	Seed	Prelims
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## Preliminaries

1	Affeld, Laura	Edmonton Har	2:14.01	2:12.31Q	
2	Bishop, Melissa	Ottawa Lions	2:10.51	2:12.86Q	
3	Danso-Dapaah, Keesha	Etobicoke TR	2:12.20	2:12.95Q	
4	Takahashi, Mariko	London Weste	2:11.15	2:13.78Q	
5	Buttinger, Jessica	Laurel Creek	2:09.95	2:12.64Q	
6	Vermeer, Esther	Niagara Olym	2:08.53	2:12.96Q	2.12.9504
7	Romanson, Stephanie	Winnipeg Opt	2:12.18	J2:12.96q	2.12.9516
7	Kennedy, Shannon	Etobicoke TR	2:13.08	2:13.65Q	
8	Piacente, Vanessa	Phoenix Athl	2:14.90	2:13.93Q	
9	Drouin-Audet, Catherine	Lanaudiere-O	2:13.45	2:12.67q	
11	Todd, Jacqueline	University O	2:11.89	2:13.72q	

12	Aubry, Rachel	Ottawa Lions	2:15.98	2:14.17q
13	Gribbons, Shannon	Saugeen Trac	2:13.30	2:14.28
14	John, Keltie	Lakehead Ath	2:13.08	2:14.52
15	Johnson, Justine	Pacific Athl	2:11.61	2:14.65
16	Degaust, Hayley	Edmonton Thu	2:13.60	2:15.46
17	Wyman, Jillian	Hamilton Oly	2:12.71	2:15.53
18	Anderson, Katie	London Runne	2:13.38	2:15.60
19	Edwards, Rachael	Riversdale A	2:15.46	2:16.32
20	Lockhart, Jocelyn	South East A	2:17.02	2:16.46
21	Hart, Julia	Excel Athlet	2:18.30	2:16.50
22	Shaw, Angela	Valley Royal	2:14.14	2:17.36
23	Therrien, Brittany	Pacific Athl	2:16.35	2:17.76
24	Holman, Carly	Calgary Inte	2:17.12	2:18.68
25	Hurdle, Valerie	Lethbridge T	2:20.34	2:19.25
26	Friesen, Julene	Riversdale A	2:20.47	2:19.26
27	Otoni, Amanda	Saint Lauren	2:13.54	2:19.52
28	Langley, Breana	Caltaf Athle	2:15.05	2:19.84
29	Hanbidge, Helen	Riversdale A	2:23.41	2:21.97
30	Cassell, Suzanne	Unattached A	2:21.99	2:22.51

Event 13 Women 800 Meter Run

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Can Jr:	2:03.17	9/19/1973	Glenda Reiser
Can Jr Meet:	2:06.59	1984	Elsie Braithwaite
BC Jr Open:	2:06.46	6/4/1994	Heather deGeest, Canada
World Jr:	1:57.18	9/8/1993	Yuan Wang, China
Swan Track:	1:59.98	6/1996	Suzzy Hamilton, USA

Name	Year	Team	Prelims	Finals
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Finals

1	Bishop, Melissa	Ottawa Lions	2:12.86	2:12.47
2	Buttinger, Jessica	Laurel Creek	2:12.64	2:12.74
3	Romanson, Stephanie	Winnipeg Opt	2:12.96	2:13.26
4	Danso-Dapaah, Keesha	Etobicoke TR	2:12.95	2:13.59
5	Affeld, Laura	Edmonton Har	2:12.31	2:13.61
6	Takahashi, Mariko	London Weste	2:13.78	2:14.76
7	Todd, Jacqueline	University O	2:13.72	2:14.97
8	Drouin-Audet, Catherine	Lanaudiere-O	2:12.67	2:15.01
9	Piacente, Vanessa	Phoenix Athl	2:13.93	2:15.97
10	Kennedy, Shannon	Etobicoke TR	2:13.65	2:16.71
11	Aubry, Rachel	Ottawa Lions	2:14.17	2:17.20

Event 14 Men 800 Meter Run

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12	Advance:	Top 2 Each Heat plus Next 4 Best Times	
Can Jr:	1:48.60	6/23/1991	Nathan Brannen
Can Jr Meet:	1:49.72	1992	Kevin Sullivan
BC Jr Open:	1:47.43	8/24/1996	Zach Whitmarsh, Canada
World Jr:	1:43.64	8/13/1997	Japhet Kimutai, Switzerland
Swan Track:	1:47.84	6/1996	Brandon Rock, United States

Name	Year	Team	Seed	Prelims
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## Preliminaries

1	Duncan, Justin	Mississauga	1:50.33	1:53.82Q
2	Russell, Ryan	Calgary Warr	1:53.05	1:54.19Q
3	Heaney, Andrew	Phoenix Athl	1:48.26	1:55.47Q
4	Mazzei, Darren	Queen City S	1:49.17	1:55.97Q
5	Benazzouz, Reda	Ottawa Lions	1:53.23	1:53.92Q
6	Lecours, Tommy	Rouge ET OR	1:51.55	1:54.21Q
7	Ouellette, Eric	Track North	1:53.39	1:55.54Q
8	West, Richard	Phoenix Athl	1:53.31	1:56.44Q
9	Hole, Nigel	Unattached B	1:55.68	1:53.93q
10	Ostapowich, Jaden	Edmonton Thu	1:54.31	1:53.97q
11	Collin, Olivier	Vaudreuil-Do	1:55.82	1:54.57q
12	Mahler, Matthew	Niagara Olym	1:54.54	1:54.60q
13	Nishiyama, Michael	Leduc Track	1:55.07	1:55.86
14	Monds, Jevin	St. Albert T	1:55.80	1:56.49
15	Robertson, Karl	Leduc Track	1:58.52	1:56.72
16	Theriault, Madison	Caltaf Athle	1:55.63	1:56.77
17	MacKenzie, Davin	Unattached B	1:53.69	1:56.94
18	Wilson, Darcy	Tri City Tra	1:56.50	1:57.14
19	Clark, James	Golden Ears	1:57.92	1:57.42
20	Holmes, Stephen	Quinte Legio	1:57.47	1:57.55
21	Mangiel, Paul	Lethbridge T	1:57.11	1:57.86
22	Upton, Eric	Saskatoon TF	1:59.84	1:57.99
23	Wasylyshyn, Adam	Norwesters T	1:56.26	1:58.18
24	Hulse, Matt	Kingston Nap	1:55.48	1:58.23
25	Bernard, Olivier	Club D'Athlé	1:54.66	1:58.45
26	Corrigan, Peter	Calgary Spar	1:53.82	1:58.46
27	Nicol, Scott	Kelowna Trac	1:56.82	1:58.47
28	Storoshchuk, Roman	Caltaf Athle	1:56.94	1:58.85
29	Potvin, Josh	Lakehead Ath	1:57.22	1:58.87
30	Soucy, Philippe	Club D'Athlé	1:56.65	1:59.11
31	Ratzlaff, Scott	Caltaf Athle	1:56.96	1:59.78
32	Mitchell, Cameron	Unattached B	1:55.90	1:59.88
33	Romaniw, Anthony	Niagara Olym	1:55.05	2:00.09
34	Holt, Curtis	Pacific Athl	1:58.96	2:00.11
35	Mizzi, Dan	Etobicoke TR	1:57.57	2:01.41
36	Ward, Adam	Leduc Track	2:00.01	2:01.99
37	Ott, Andrew	Valley Royal	2:00.09	2:03.95
--	Dhagane, Mohammed	Phoenix Athl	1:55.40	DNF
--	Dhaliwal, Manpreet	Valley Royal	1:58.55	DQ

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## Event 14 Men 800 Meter Run

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Can Jr:      1:48.60  6/23/1991  Nathan Brannen
Can Jr Meet: 1:49.72   1992      Kevin Sullivan
BC Jr Open:  1:47.43  8/24/1996  Zach Whitmarsh, Canada
World Jr:    1:43.64  8/13/1997  Japhet Kimutai, Switzerland
Swan Track:  1:47.84  6/1996     Brandon Rock, United States

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Name	Year	Team	Prelims	Finals
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## Finals

1	Mazzei, Darren	Queen City S	1:55.97	1:52.21
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2	Russell, Ryan	Calgary Warr	1:54.19	1:53.19	
3	Lecours, Tommy	Rouge ET OR	1:54.21	1:53.20	
4	Benazzouz, Reda	Ottawa Lions	1:53.92	1:53.80	
5	Mahler, Matthew	Niagara Olym	1:54.60	1:55.01	
6	Ostapowich, Jaden	Edmonton Thu	1:53.97	1:55.48	
7	Hole, Nigel	Unattached B	1:53.93	1:57.00	
8	Collin, Olivier	Vaudreuil-Do	1:54.57	1:59.26	
9	Duncan, Justin	Mississauga	1:53.82	2:03.96	
10	Heaney, Andrew	Phoenix Athl	1:55.47	2:05.11	
11	Ouellette, Eric	Track North	1:55.54	2:12.69	
--	West, Richard	Phoenix Athl	1:56.44	DQ	163-3

## Event 15 Women 200 Meter Dash

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 16 Advance: Top 2 Each Heat plus Next 6 Best Times

Can Jr:	22.86	8/14/1981	Angela Bailey
Can Jr Meet:	23.60	1997	Atia Weekes
BC Jr Open:	23.30	8/22/1971	Stephanie Berto, Canada
World Jr:	22.19	7/30/1980	Natalya Bochina, Soviet Union
Swan Track:	22.63	6/1996	Cathy Freeman, Australila

Name	Year	Team	Seed	Prelims	Wind	H#
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## Preliminaries

1	Hyacinthe, Kimberly	Saint Lauren	23.88	24.65Q	-0.7	2
2	Nelson, Amonn	U OF C Athle	24.65	24.87Q	2.6	4
3	Montcalm, Noelle	Windsor Legi	24.62	24.96Q	-0.8	3
4	Laarman, Loudia	Lethbridge T	25.01	25.25Q	-1.5	1
5	Holder, Simone	Etobicoke TR	24.96	25.66Q	-1.2	5
6	Lela, Christiane	Ottawa Lions	24.82	25.04Q	-0.7	2
7	Grant, Chantal	Bison Track	24.60	25.30Q	-0.8	3
8	Llewellyn, Shantel	Independent	24.44	25.37Q	-1.5	1
9	Mcbean, Athena	Mississauga	24.95	25.67Q	2.6	4
10	Charnuski, Olivia	Laurel Creek	25.46	25.98Q	-1.2	5
11	Nettey, Sabrina	Kajaks Track	24.63	25.58q	-1.5	1
12	Hurrel, Karlene	Capital City	25.52	25.69q	-1.5	1
13	Whitegibson, Billie	Coquitlam CH	24.94	25.75q	-0.7	2
14	Sassine, Nicole	Windsor Legi	25.35	25.96q	2.6	4
15	Keeping, Cassie	Prince George	25.34	26.05q	-1.5	1
15	Leon, Lauren	Etobicoke TR	25.39	26.05q	-0.7	2
17	Lalonde, Catherine	Ottawa Lions	24.78	26.07	-1.2	5
18	Halle, Emilie	Ottawa Lions	25.12	26.12	-0.8	3
19	Siemens, Sharai	Saskatoon TF	25.53	26.14	-0.7	2
20	Smith, Courtney	Edmonton Int	25.36	26.23	-1.2	5
21	Stone, Danny	Saskatoon TF	25.12	26.39	-0.8	3
22	Brooks, Brittany	Brantford T.	26.38	26.47	-0.7	2
23	Grieve, Lisa	ST Thomas LE	26.30	26.55	-0.7	2
24	Lajeunesse, Catherine	Ottawa Lions	25.43	26.58	2.6	4
25	Louden, Sara	Calgary Inte	25.95	26.61	-1.5	1
25	Jahraus, Amanda	Capital City	25.86	26.61	-0.8	3
27	Marcotte, Kayla	Halifax Wand	25.96	26.63	2.6	4
28	Mcneil, Amanda	Halifax Tige	26.84	26.84	-0.8	3
29	Bushie, Christine	St. Albert T	26.63	27.03	-1.5	1

30 Ruller, Amanda	Excel Athlet	26.59	27.19	2.6	4
31 Holloway, Ashley	Capital City	26.51	27.35	-1.2	5
32 Daudelin-Gauthier, Lauri	Sherbrooke	26.19	27.37	-1.2	5
33 Riley, Natalie	Fredericton	26.98	27.46	-0.8	3
34 Brown, Jennifer	Pearlgate TR	27.81	29.39	-1.5	1

## Event 15 Women 200 Meter Dash

8 Advance: Top 4 Each Heat plus Next 0 Best Times

Can Jr:	22.86	8/14/1981	Angela Bailey
Can Jr Meet:	23.60	1997	Atia Weekes
BC Jr Open:	23.30	8/22/1971	Stephanie Berto, Canada
World Jr:	22.19	7/30/1980	Natalya Bochina, Soviet Union
Swan Track:	22.63	6/1996	Cathy Freeman, Australila

Name	Year	Team	Prelims	Semis	Wind	H#
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## Semi-Finals

1 Hyacinthe, Kimberly	Saint Lauren	24.65	25.08Q	-1.5	2
2 Nettey, Sabrina	Kajaks Track	25.58	25.12Q	-2.2	1
3 Lela, Christiane	Ottawa Lions	25.04	25.13Q	-2.2	1
4 Llewellyn, Shantel	Independent	25.37	25.21Q	-1.5	2
5 Whitegibson, Billie	Coquitlam CH	25.75	25.25Q	-1.5	2
6 Montcalm, Noelle	Windsor Legi	24.96	25.31Q	-2.2	1
25.3084					
6 Nelson, Amonn	U OF C Athle	24.87	25.31Q	-2.2	1
25.3059					
8 Holder, Simone	Etobicoke TR	25.66	25.36Q	-1.5	2
9 Laarman, Loudia	Lethbridge T	25.25	25.39	-1.5	2
10 Grant, Chantal	Bison Track	25.30	25.53	-2.2	1
11 Hurrel, Karlene	Capital City	25.69	25.91	-1.5	2
12 Mcbean, Athena	Mississauga	25.67	26.06	-1.5	2
13 Sassine, Nicole	Windsor Legi	25.96	26.31	-2.2	1
14 Leon, Lauren	Etobicoke TR	26.05	26.33	-2.2	1
15 Keeping, Cassie	Prince George	26.05	26.47	-1.5	2
16 Charnuski, Olivia	Laurel Creek	25.98	26.64	-2.2	1

## Event 15 Women 200 Meter Dash

Can Jr:	22.86	8/14/1981	Angela Bailey
Can Jr Meet:	23.60	1997	Atia Weekes
BC Jr Open:	23.30	8/22/1971	Stephanie Berto, Canada
World Jr:	22.19	7/30/1980	Natalya Bochina, Soviet Union
Swan Track:	22.63	6/1996	Cathy Freeman, Australila

Name	Year	Team	Semis	Finals	Wind
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## Finals

1 Hyacinthe, Kimberly	Saint Lauren	25.08	24.37	+0.0
2 Nelson, Amonn	U OF C Athle	25.31	24.60	+0.0
3 Nettey, Sabrina	Kajaks Track	25.12	24.63	+0.0
4 Montcalm, Noelle	Windsor Legi	25.31	24.80	+0.0
5 Whitegibson, Billie	Coquitlam CH	25.25	24.87	+0.0
6 Lela, Christiane	Ottawa Lions	25.13	24.98	+0.0

7 Llewellyn, Shantel	Independent	25.21	25.26	+0.0
8 Holder, Simone	Etobicoke TR	25.36	25.36	+0.0

## Event 16 Men 200 Meter Dash

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16 Advance: Top 2 Each Heat plus Next 4 Best Times

Can Jr:	20.62	5/25/1991	Peter Oglivie			
Can Jr Meet:	20.65	1994	Eric Frempong-Manso			
BC Jr Open:	20.62	6/21/1991	Peter Ogilvie, Canada			
World Jr:	20.13	6/16/1985	Roy Martin, USA			
Swan Track:	20.48	6/1996	Chris Melloms, United States			
Name		Year Team	Seed	Prelims	Wind	H#

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## Preliminaries

1 Effah, Sam	U OF C Athle	21.26	21.96Q	-1.4	1
2 Charest, Jonathan	Saint Lauren	21.19	22.15Q	-1.2	5
3 Sumani, Abdulhafeez	Calgary Inte	22.23	22.23Q	-2.1	2
4 Parker, Keynan	Burnaby Stri	21.42	22.25Q	-2.0	6
5 Monsour, Ramon	Ottawa Lions	22.01	22.35Q	-2.1	4
6 Robertson, Michael	Ottawa Lions	21.62	22.44Q	-1.8	3
7 Foote, Mason	Annapolis VA	22.14	22.28Q	-2.1	2
8 Farrell, Leon	Vancouver TH	22.16	22.37Q	-2.1	4
9 Szczepaniak, David	Winnipeg Opt	22.01	22.44Q	-1.4	1
10 Helmer-Peschier, Curtis	Brampton Tra	21.83	22.50Q	-1.2	5
11 Dills, Brendan	Guelph Track	22.00	22.53Q	-2.0	6
12 Richard, Bianco	Perfmax-Raci	22.15	22.66Q	-1.8	3
13 Bazerd, Charles	Legacy Athle	21.48	22.39q	-2.1	2
22.3865					
13 Senick, Joel	Riversdale A	22.52	22.39q	-2.1	2
22.3840					
15 Charles, Ricardo	Chilliwack T	21.87	22.45q	-2.1	2
16 Goldring, Mike	Capital City	22.38	22.52q	-1.2	5
17 Boyd, Cody	Niagara Olym	22.16	22.63	-2.0	6
22.6272					
17 Edwards, Colin	Windsor Legi	21.95	22.63	-2.0	6
22.6234					
19 Ouellet-Léveillé, Clémen	Montreal Oly	21.98	22.71	-1.4	1
20 Moolchan, Kieran	Winnipeg Opt	22.32	22.72	-1.4	1
21 Reddy, Julian	Capital City	21.98	22.85	-2.1	4
22 Attard, Kyle	Etobicoke TR	23.04	22.88	-1.2	5
23 Hretsina, Landon	Saskatoon TF	22.38	22.90	-1.2	5
24 Lamarche, Stephen E	Windsor Legi	22.55	23.06	-1.8	3
25 Prime, Michael	Ottawa Lions	22.32	23.09	-1.2	5
25 Durand, Zacharie	Winnipeg Opt	22.21	23.09	-1.8	3
27 Vassell, Damion	Hamilton Oly	22.78	23.12	-2.1	2
28 Shum, Michael	Valley Royal	22.62	23.17	-2.1	4
29 Valliere, Iain	Ottawa Lions	22.45	23.20	-2.0	6
30 Risling, Tony	Ottawa Lions	22.44	23.34	-1.4	1
31 Mcgregor, Matthew	Edmonton Har	22.64	23.41	-2.1	4
32 Unruh, Tyson	Saskatoon TF	22.97	23.42	-1.4	1
33 Rockerbie, Phillip	Lethbridge T	22.92	23.43	-2.0	6
33 Nathan, Andrew	Kajaks Track		23.43	-1.8	3



35	Windrum, Mychael	Excel Athlet	23.23	23.69	-2.1	2
36	Williams, John	Unattached N	23.05	23.90	-2.0	6
37	Hayle, Phillip	Brampton Tra	21.80	24.04	-2.1	4

Event 16 Men 200 Meter Dash

8 Advance: Top 4 Each Heat plus Next 0 Best Times

Can Jr:	20.62	5/25/1991	Peter Oglivie
Can Jr Meet:	20.65	1994	Eric Frempong-Manso
BC Jr Open:	20.62	6/21/1991	Peter Ogilvie, Canada
World Jr:	20.13	6/16/1985	Roy Martin, USA
Swan Track:	20.48	6/1996	Chris Melloms, United States

Name	Year	Team	Prelims	Semis	Wind	H#
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Semi-Finals

1	Effah, Sam	U OF C Athle	21.96	21.96Q	-2.3	1
2	Charest, Jonathan	Saint Lauren	22.15	22.13Q	-2.2	2
3	Robertson, Michael	Ottawa Lions	22.44	22.28Q	-2.2	2
4	Parker, Keynan	Burnaby Stri	22.25	22.32Q	-2.3	1
5	Sumani, Abdulhafeez	Calgary Inte	22.23	22.30Q	-2.2	2
6	Monsour, Ramon	Ottawa Lions	22.35	22.49Q	-2.3	1
7	Charles, Ricardo	Chilliwack T	22.45	22.45Q	-2.2	2
8	Richard, Bianco	Perfmax-Raci	22.66	22.57Q	-2.3	1
9	Dills, Brendan	Guelph Track	22.53	22.54	-2.2	2
10	Foote, Mason	Annapolis VA	22.28	22.56	-2.2	2
11	Senick, Joel	Riversdale A	22.39	22.65	-2.2	2
11	Szczepaniak, David	Winnipeg Opt	22.44	22.65	-2.3	1
13	Farrell, Leon	Vancouver TH	22.37	22.68	-2.3	1
14	Bazerd, Charles	Legacy Athle	22.39	22.75	-2.3	1
15	Goldring, Mike	Capital City	22.52	23.03	-2.3	1
--	Helmer-Peschier, Curtis	Brampton Tra	22.50	DQ	-2.2	2

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Event 16 Men 200 Meter Dash

Can Jr:	20.62	5/25/1991	Peter Oglivie
Can Jr Meet:	20.65	1994	Eric Frempong-Manso
BC Jr Open:	20.62	6/21/1991	Peter Ogilvie, Canada
World Jr:	20.13	6/16/1985	Roy Martin, USA
Swan Track:	20.48	6/1996	Chris Melloms, United States

Name	Year	Team	Semis	Finals	Wind
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Finals

1	Effah, Sam	U OF C Athle	21.96	21.63	-1.7
2	Charest, Jonathan	Saint Lauren	22.13	22.07	-1.7
3	Parker, Keynan	Burnaby Stri	22.32	22.10	-1.7
4	Robertson, Michael	Ottawa Lions	22.28	22.16	-1.7
5	Charles, Ricardo	Chilliwack T	22.45	22.29	-1.7
6	Richard, Bianco	Perfmax-Raci	22.57	22.43	-1.7
7	Monsour, Ramon	Ottawa Lions	22.49	22.45	-1.7
8	Sumani, Abdulhafeez	Calgary Inte	22.30	22.52	-1.7

## Event 17 Women 3000 Meter Run

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=====
Can Jr:      9:12.39  8/16/1985  Brenda Shackleton
Can Jr Meet: 9:26.12   1989      Lisa Harvey
BC Jr Open:  9:12.39  8/16/1985  Brenda Shackleton, Canada
World Jr:    8:36.45  6/6/1993  Ningning Ma, China

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Name	Year	Team	Seed	Finals
1 Carson, Lindsay		Tri City Tra	9:39.89	9:38.13
2 Brault, Sarah-Anne		College Loui	9:46.72	9:40.45
3 Findlay, Paula		Edmonton Thu	9:52.60	9:45.69
4 Schaaf, Kendra		Queen City S	10:04.59	9:49.28
5 Truelove, Amanda		South Simcoe	9:52.14	9:52.48
6 Rennie, Caitlyn		Mississauga	10:07.93	9:57.75
7 Locke, Tiffany		Ottawa Lions	10:17.23	10:07.20
8 Bélanger, Valérie		Saguenay Lac	10:07.01	10:09.33
9 Kary, Ciara		Calgary Spar	10:07.79	10:10.79
10 Cliff, Rachel		Vancouver TH	9:59.18	10:14.75
11 Tatlow, Nadia		Caltaf Athle	10:13.53	10:20.46
12 Hoy, Karoline		Lakehead Ath	10:25.86	10:21.78
13 Hanna, Victoria		Toronto Olym	10:19.25	10:23.48
14 Roske, Alicia		Queen City S	10:30.55	10:27.85
15 Souter, Jodi		U OF S Alumn	10:32.38	10:34.21
16 Digby, Katherine		Vancouver TH	10:13.25	10:48.70
-- Zidar, Deanna		Etobicoke TR	10:18.00	DNF
-- Seccafien, Andrea		Guelph Track	10:10.40	DNF

## Event 18 Men 5000 Meter Run

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=====
Can Jr:      13:43.80  6/2/1962  Bruce Kidd
Can Jr Meet: 14:11.77   1983      John Castellano
BC Jr Open:  14:11.72  7/12/1987  Toshiyuki Hayata, Japan
World Jr:    12:53.72  9/3/1999  Sammy Kipketer, Kenya
Swan Track:  13:53.30  5/2000    Francis Kinwa, Life University

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Name	Year	Team	Seed	Finals
1 Ahmed, Mohammed		Niagara Olym	14:56.49	15:00.29
2 Britt, Barry		Saint John T	14:47.40	15:03.86
3 Ford, Scott		Edmonton Thu	15:31.57	15:11.69
4 Attema, Terence		Niagara Olym	15:07.10	15:12.55
5 Sharp, Nigel		Unattached-S	15:25.68	15:13.50
6 Pootz, Spencer		Calgary Spar	15:19.68	15:28.11
7 Weikum, Jamie		Edmonton Thu	15:53.00	15:36.75
8 Komer, William		London Weste	15:13.21	15:37.96
9 Mcconnell, Patrick		London Weste	15:09.32	15:46.24
10 Marin, Samir		Saskatoon TF	15:59.82	15:57.61
11 Walmsley, Trevor		Caltaf Athle	15:57.18	15:59.94
12 Cleghorn, Jonathan		Motley Crew	16:00.00	16:32.27
-- Nduwingoma, Jean-Claude		Saint Lauren	13:40.21	X14:24.89
-- Majock, Nyial		Caltaf Athle	15:10.74	X14:51.82
-- Kangogo, Edmond		Flaman Track	15:24.00	X15:10.36

## Event 19 Men 3000 Meter Steeplechase

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=====
Can Jr:      8:37.83  6/14/2005  Alex Genest
Can Jr Meet: 8:49.20   2005      Alex Genest
BC Jr Open:  8:40.98   8/15/1992 Jeff Schiebler, Canada
Swan Track:  8:21.79   6/1996    Jim Svenoy, Norway

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Name	Year Team	Seed	Finals
1 Hughes, Matt	Toronto Olym	9:20.18	9:18.56
2 Lavoie, Olivier	Corsaire Cha	9:15.01	9:20.95
3 Aguanno, Andrew	York Univers	9:06.10	9:23.67
4 Delange, Owen	Calgary Spar	9:40.73	9:28.81
5 Huff, Ryan	London Weste	9:20.72	9:34.72
6 Weikum, Jamie	Edmonton Thu	9:34.00	9:36.09
7 Berkis, Anthony	Toronto Olym	9:22.29	9:36.25
8 Theriault, Madison	Caltaf Athle	9:51.61	9:44.10
9 Irwin, Luke	Durham Legio	9:48.09	9:52.08
10 Thomas, Ryan	Niagara Olym	10:15.40	10:19.45
11 Monette, Sebastien	Vaudreuil-Do	10:29.00	10:23.49
12 Landry, Kevin	St-Jean Olym	10:24.40	10:29.96

## Event 20 Women 2000 Meter Steeplechase

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=====
Can Jr:      6:48.96  7/10/2005  Lydia Willemse
Can Jr Meet: 6:48.98   2005      Lydia Willemse
BC Jr Open:  7:00.55   7/24/2004 Meredith MacGregor, Canada

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Name	Year Team	Seed	Finals
1 Woods, Danelle	Ottawa Lions	6:38.23	6:36.05
2 Furlan, Jessica	Excel Athlet	6:51.81	6:39.36
3 Groenewoud, Chantelle	Norwesters T	7:10.14	7:07.03
4 Hoy, Karoline	Lakehead Ath	7:12.81	7:10.64
5 Radke, Jordyn	Toronto Olym	7:43.79	7:22.49
6 Drake, Alanah	Niagara Olym	7:29.87	7:25.39
7 Cadwallader, Haley	Sarnia Athle	7:20.06	7:34.56
8 Lotnick, Samantha	Valley Royal	7:46.23	7:37.95
9 Mcmurtrie, Amanda	Niagara Olym	7:43.14	7:51.94
10 Wright, Gillian	Norwesters T	7:55.93	7:52.59
-- Zidar, Deanna	Etobicoke TR	7:14.00	DNF

## Event 21 Women 4x100 Meter Relay

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=====
Can Jr:      44.88  7/26/1985
                K. Anderson, A. Thomas, C. Taffe, F. Garbeau
BC Jr Open:  44.88  7/26/1985   , Canada
                K. Anderson, A. Thomas, C. Taffe, F. Gareau
World Jr:    43.38  7/11/1999  USA, USA
                A. Joyce, A. Williams, A. Robinson, A. Buchanan
Swan Track:  46.61  5/2000    Lindenwood, Lindenwood
Team                               Seed      Finals

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1	Ottawa Lions T.F.C.	'C'	48.21	47.68
2	Saskatoon TF Club	'C'		48.36
3	Capital City Track Club	'C'		49.55
--	Comox Valley Cougars	'C'		DNF

## Event 22 Men 4x100 Meter Relay

Can Jr:	39.64	8/15/2006		
			Justyn Warner, Seyl Smith, Todd Pyper, B. Barnett	
BC Jr Open:	39.32	7/26/1985		, USA
			F. Heard, R. Bureli, D. Mitchell, J. Simpson	
World Jr:	38.92	7/21/2002		United States, United States
			A. Collins, W. Felix, I. Wlliams, W. Hordge	
Swan Track:	41.01	5/2000		Huston, Huston
Team			Seed	Finals
1	Ottawa Lions T.F.C.	'C'	41.27	41.98
--	Valley Royals Track & Fie	'C'		DNF
--	University OF Toronto T.C	'C'	43.31	DQ 170-14

## Event 23 Women 4x400 Meter Relay

Can Jr:	3:36.41	7/31/1988		
			C. Fortin, S. Steingruber, K. Layne, C. Allen	
BC Jr Open:	3:36.03	7/27/1985		, USA
			S Brydon, K. Berge, L. Maxie, S. Saleem	
World Jr:	3:28.39	7/31/1988		East Germany, East Germany
			M/ Derr, S. Fabert, A. Wohlk, G. Breuer	
Swan Track:	3:44.69	5/2000		Azusa Pacific, Azusa Pacific
Team			Seed	Finals
1	Ottawa Lions T.F.C.	'C'	3:51.28	3:49.47
2	Saskatoon TF Club	'C'		3:52.91
3	U OF C Athletics Club	'C'		3:56.89
4	Ocean Athletics	'C'	3:57.99	4:02.96
5	Ottawa Lions T.F.C.	'B'	3:58.08	4:09.02

## Event 24 Men 4x400 Meter Relay

Can Jr:	3:08.92	8/25/1984		
			B. Whyte, N. Douglas, R. Richards, J. Graham	
BC Jr Open:	3:04.05	7/27/1985		, USA
			M. Spangler, D. Lee, D. Mitchell, T. Allen	
World Jr:	3:01.90	7/20/1986		United States, United States
			C. Campbell, C. Rish, P. Waddle, W. Reed	
Swan Track:	3:12.31	5/2000		Oklahoma Baptist, Oklahoma Baptist
Team			Seed	Finals
1	Ottawa Lions T.F.C.	'C'	3:14.27	3:17.75
2	Niagara Olympic Club	'C'	3:21.00	3:21.58

3 Ottawa Lions T.F.C. 'B' 3:24.01 3:26.14

## Event 25 Men Javelin Throw

Name	Year	Team	Seed	Finals				
Can Jr:	75.46m	5/17/1998	Scott Russell					
Can Jr Meet:	68.82m	1998	Scott Russell					
BC Jr Open:	68.37m	3/7/2005	Curtis Moss, Canada					
World Jr:	83.87m	6/7/2001	Andreas Thorkildsen, Norway					
Swan Track:	84.20m	6/1996	Tom Pukstys, United States					
Name	Year	Team	Seed	Finals				
1 Nielsen, Kyle		Coquitlam CH	66.81m	62.18m				
	59.48m	62.18m	60.97m	FOUL	59.49m	57.08m		
2 Collins, Wiley		London Weste	56.73m	61.51m				
	55.37m	55.06m	59.46m	56.75m	55.47m	61.51m		
3 Daabous, James		Windsor Legi	61.45m	60.17m				
	57.26m	57.03m	60.17m	57.25m	57.94m	58.74m		
4 Charbonneau, Ben		Track North	58.08m	56.20m				
	53.69m	52.43m	49.36m	52.77m	56.20m	54.96m		
5 Garbaty, Casey		Sarnia Athle	63.64m	55.58m				
	53.07m	54.48m	FOUL	52.92m	55.58m	52.92m		
6 Markloff, Timothy		Unattached B	56.33m	54.09m				
	FOUL	52.00m	FOUL	52.13m	52.27m	54.09m		
7 Arbour, Patrick		Ottawa Lions	59.78m	52.82m				
	PASS	52.82m	PASS	PASS	PASS	50.95m		
8 Roy, Alexandre		Saint Lauren	51.71m	52.33m				
	51.11m	52.33m	50.60m	FOUL	49.83m	FOUL		
9 Normandin, David		St-Jean Olym	53.04m	50.25m				
	50.25m	FOUL	49.88m					
10 O'Donnell, Brandon		Unattached-S	51.64m	47.17m				
	45.01m	46.01m	47.17m					
11 Richard, Marc-André		Sherbrooke	49.60m	46.75m				
	44.82m	46.75m	46.48m					
12 Waterhouse, Travis		Flying M Ath	50.05m	46.58m				
	46.13m	46.58m	FOUL					
13 Haran, Maxime		Corsaire Cha	44.94m	41.48m				
	40.43m	39.91m	41.48m					

## Event 26 Men Long Jump

Name	Year	Team	Seed	Prelims	Wind
Can Jr:	7.88m	4/30/1976	Richard Rock		
Can Jr Meet:	7.48m	1994	Andrew Channer		
BC Jr Open:	7.90m	7/11/1987	Eric Metcalf, USA		
World Jr:	8.34m	9/8/1989	Randy Williams, United States		
Swan Track:	7.38m	7/1997	Dan Huget, Alberta		
Name	Year	Team	Seed	Prelims	Wind
Preliminaries					
1 Labbe, Nathan		Winnipeg Opt	7.18m	7.10mq	+0.0
				7.10m(+0.0)	
2 Yang, Jeremy		Laurel Creek	7.24m	6.98mq	+0.0

	6.98m(+0.0)				
3	Warner, Damian	London Legio	7.28m	6.87mq	+0.0
	FOUL(NWI) 6.40m(-1.1)	6.87m(+0.0)			
4	Frank, Ashford	York Flyers	6.83m	6.83mq	-0.1
	6.83m(-0.1)	6.82m(-0.2)	6.75m(-0.4)		
4	Dandie, Anthony	Brantford T.	6.67m	6.83mq	-0.1
	6.83m(-0.1)	6.39m(-1.0)			
6	Bowry, Jharyl	Take Flight	7.00m	6.81mq	-0.1
	FOUL(NWI) 6.68m(-0.8)	6.81m(-0.1)			
7	Douglas, Kadeem	Take Flight	7.04m	6.75mq	-1.5
	6.75m(-1.5)	6.65m(-1.5)	6.60m(0.2)		
8	Cardoza, Matthew	Capital City	6.82m	6.61mq	-0.1
	FOUL(NWI) 6.61m(-0.1)	FOUL(NWI)			
9	Walford, David	Bison Track	6.50m	6.53mq	0.2
	6.28m(-1.1)	6.28m(-1.2)	6.53m(0.2)		
9	Gauthier-Kwan, Olivier	Ottawa Lions	6.70m	6.53mq	+0.0
	6.53m(+0.0)	6.48m(0.3)	6.42m(0.2)		
11	Beaudoin, Mugagu	University O	6.75m	6.49mq	-0.2
	6.49m(-0.2)	6.34m(-1.2)	FOUL(NWI)		
12	Landry, Pierre	Club Elite D	6.88m	6.48mq	-0.1
	6.48m(-0.1)	6.32m(-3.0)	FOUL(-1.3)		
13	Sharp, Keegan	Yorkton Legi	6.27m	6.46m	0.2
	6.46m(0.2)	FOUL(-2.2)	5.95m(-0.7)		
14	Mei, Jason	Windsor Legi	6.62m	6.41m	-0.7
	5.38m(-1.3)	FOUL(0.7)	6.41m(-0.7)		
14	Smith, Aubrey	York Flyers	7.02m	6.41m	-1.0
	6.41m(-1.0)	6.37m(-0.5)	6.36m(-0.6)		
16	Bernard, Anthony	Edmonton Spr	6.85m	6.39m	0.3
	FOUL(NWI) 6.39m(0.3)	FOUL(NWI)			
17	Vassell, Damion	Hamilton Oly	6.67m	6.36m	-2.3
	6.36m(-2.3)	FOUL(+0.0)	6.12m(-0.7)		
18	Bridge, Wayne	University O	6.53m	6.32m	0.2
	FOUL(-1.1)	6.32m(0.2)	6.30m(-1.7)		
19	Moldavanov, Sviatoslav	Norwesters T	6.46m	6.30m	+0.0
	6.30m(+0.0)	6.11m(0.9)	6.07m(+0.0)		
20	Gardiner, Mitchell	Saskatoon TF	6.34m	6.28m	+0.0
	6.01m(-0.1)	6.28m(+0.0)	FOUL(-0.1)		
21	Heldman, Jared	Valley Royal	6.77m	6.26m	-0.1
	6.26m(-0.1)	6.21m(-0.1)	FOUL(-0.2)		
22	Hansen, Michael	U OF C Athle	6.52m	6.20m	0.5
	6.04m(-1.4)	6.20m(0.5)	5.89m(-2.8)		
23	Beasley, A.J.	London Weste	6.50m	6.10m	0.2
	5.40m(-1.0)	FOUL(-1.2)	6.10m(0.2)		
24	Gardiner, Dan	Track North	6.63m	6.07m	-1.6
	FOUL(NWI) 6.07m(-1.6)	4.70m(+0.0)			
25	Hayes, Clayton	Capital City	6.48m	5.84m	-1.0
	5.84m(-1.0)	5.80m(-0.2)	FOUL(-0.2)		

Event 26 Men Long Jump

=====  
 Can Jr: 7.88m 4/30/1976 Richard Rock  
 Can Jr Meet: 7.48m 1994 Andrew Channer

BC Jr Open: 7.90m 7/11/1987 Eric Metcalf, USA  
 World Jr: 8.34m 9/8/1989 Randy Williams, United States  
 Swan Track: 7.38m 7/1997 Dan Huget, Alberta

Name	Year	Team	Prelims	Finals	Wind
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=====  
 Finals

1	Labbe, Nathan	Winnipeg Opt	7.10m	7.16m	-0.2
	FOUL(NWI) 6.91m(+0.0) 6.54m(+0.0) FOUL(NWI) 7.16m(-0.2) FOUL(NWI)				
2	Frank, Ashford	York Flyers	6.83m	7.01m	+0.0
	6.84m(-0.1) FOUL(NWI) 7.01m(+0.0) 7.01m(-0.1) FOUL(NWI) FOUL(NWI)				
3	Warner, Damian	London Legio	6.87m	6.98m	+0.0
	6.83m(-0.7) 6.89m(-1.3) FOUL(NWI) 6.98m(+0.0) FOUL(NWI) 6.69m(-0.9)				
4	Yang, Jeremy	Laurel Creek	6.98m	6.90m	+0.0
	FOUL(NWI) 6.79m(-0.1) FOUL(NWI) 6.90m(+0.0) 6.70m(-0.2) 5.00m(-1.3)				
5	Beaudoin, Mugagu	University O	6.49m	6.84m	0.9
	6.39m(-1.0) FOUL(NWI) 6.84m(0.9) 6.06m(+0.0) 6.28m(+0.0) 6.52m(+0.0)				
6	Douglas, Kadeem	Take Flight	6.75m	6.82m	+0.0
	6.64m(-0.3) 6.77m(+0.0) 6.82m(+0.0) 6.33m(0.4) 6.75m(+0.0) 6.68m(+0.0)				
7	Dandie, Anthony	Brantford T.	6.83m	6.75m	+0.0
	6.25m(+0.0) 6.75m(+0.0) FOUL(NWI) 6.27m(-1.1) 6.63m(+0.0) 6.73m(0.4)				
8	Bowry, Jharyl	Take Flight	6.81m	6.71m	-0.2
	6.61m(+0.0) 6.34m(-1.1) 6.71m(-0.2) FOUL(NWI) FOUL(NWI) 6.49m(-1.3)				
9	Gauthier-Kwan, Olivier	Ottawa Lions	6.53m	6.64m	-0.5
	6.64m(-0.5) 6.34m(-0.6) 6.42m(0.3)				
10	Cardoza, Matthew	Capital City	6.61m	6.52m	-0.6
	6.52m(-0.6) 6.43m(-0.4) 3.93m(-0.1)				
11	Landry, Pierre	Club Elite D	6.48m	6.45m	+0.0
	5.99m(+0.0) 6.45m(+0.0) 6.12m(-0.8)				
12	Walford, David	Bison Track	6.53m	6.41m	-0.9
	FOUL(NWI) 6.41m(-0.9) 5.71m(-0.8)				

Event 27 Women Long Jump

=====  
 Top 12 Advance by Time

Can Jr: 6.50m 7/4/1982 Karen Nelson  
 Can Jr Meet: 6.11m 2001 Keri-Ann Mitchell  
 BC Jr Open: 6.38m 3/29/2003 Krysha Bayley, Canada  
 World Jr: 6.98m 8/25/1982 East Germany, East Germany  
 Swan Track: 6.52m 7/1997 Jackie Edwards, Bahamas

Name	Year	Team	Seed	Prelims	Wind
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 Preliminaries

1	Nettey, Christabel	Kajaks Track	6.14m	5.84mq	0.4
	5.84m(0.4) PASS(NWI) PASS(NWI)				
2	Nettey, Sabrina	Kajaks Track	6.03m	5.69mq	0.5
	5.69m(0.5) PASS(NWI) PASS(NWI)				
3	Edwards, Karelle	Ottawa Lions	5.74m	5.44mq	1.1
	5.44m(1.1) 5.36m(1.1) 5.37m(0.3)				
4	Wilson, Jessica	I BE Fast TR	5.46m	5.42mq	0.5
	5.29m(1.7) 5.42m(0.5) 5.11m(0.2)				
5	Cobb, Aleisha	Pacific Athl	5.64m	5.39mq	0.6
	5.39m(0.6) 5.11m(-2.6) FOUL(+0.0)				

6	Smith, Alicia	Take Flight	5.63m	5.37mq	0.4
	FOUL(NWI) 5.37m(0.4) 4.87m(0.5)				
7	Breker, Nicole	Saskatoon TF	5.55m	5.32mq	0.4
	5.07m(0.2) 5.32m(0.4) 5.09m(-0.4)				
8	Morrison, Kelly	Hamilton Oly	5.18m	5.23mq	1.3
	5.23m(1.3) 4.28m(0.5) FOUL(NWI)				
9	Dobson, Emma	Ottawa Lions	5.47m	5.17mq	-0.4
	5.17m(-0.4) 5.15m(0.4) FOUL(NWI)				
9	Gillett, Jaynell	Lakeland Yel	5.03m	5.17mq	0.5
	4.91m(-1.5) 5.17m(0.5) 4.99m(0.6)				
11	Renaud, Esther	Jeunesse Ath	5.36m	5.09mq	+0.0
	FOUL(1.1) 5.09m(+0.0) 5.06m(-0.2)				
12	Revell, Lauren	South Simcoe	5.28m	5.01mq	1.8
	5.01m(1.8) 4.91m(0.4) FOUL(NWI)				
13	Cap, Tamara	Saint Lauren	5.36m	5.00m	-0.3
	FOUL(NWI) 5.00m(-0.3) 4.84m(0.8)				
14	Neely, Taylor	I BE Fast TR	5.14m	4.99m	0.4
	4.99m(0.4) 4.74m(0.7) 4.63m(0.3)				
14	Cook, April	Coquitlam CH	5.06m	4.99m	0.5
	FOUL(0.9) 4.99m(0.5) FOUL(0.5)				
16	Richardson, Kim	Lakehead Ath	5.00m	4.93m	0.3
	4.90m(1.6) 4.93m(0.3) 4.87m(0.3)				
16	Lowe, Jaideene	I BE Fast TR	5.40m	4.93m	0.6
	4.88m(1.0) FOUL(0.5) 4.93m(0.6)				
18	Simulik, Mila	Ottawa Lions	5.23m	4.89m	1.1
	4.89m(1.1) 4.46m(0.7) 4.75m(0.4)				
19	Jelinski, Jenna	Excel Athlet	5.30m	4.88m	1.5
	4.88m(1.5) 4.66m(0.3) 4.55m(0.2)				
19	Miller, Sara	South East A	5.35m	4.88m	0.5
	4.88m(0.5) 4.60m(0.4) 4.81m(0.4)				
21	Wilkes, Courtney	Infinite Bal	4.91m	4.87m	1.5
	4.87m(-0.1) 4.87m(1.5) 4.80m(0.3)				
22	Kuspira, Katelyn	Yorkton Legi		4.86m	NWI
	4.86m(-0.0) 4.86m(2.0) 4.59m(0.4)				
23	Wong, Lisa	The Peter &	5.15m	4.85m	-0.1
	FOUL(2.9) 4.62m(-1.9) 4.85m(-0.1)				
24	Baker, Kendra	Winnipeg Opt	5.22m	4.84m	0.7
	FOUL(NWI) FOUL(NWI) 4.84m(0.7)				
25	Irwin, Paige	U OF A Athle	4.92m	4.79m	0.4
	FOUL(NWI) 4.79m(0.4) FOUL(NWI)				
--	Savic, Marina	Windsor Legi	5.25m	FOUL	NWI
	FOUL(NWI) FOUL(NWI) FOUL(NWI)				

Event 27 Women Long Jump

=====					
Can Jr:	6.50m	7/4/1982	Karen Nelson		
Can Jr Meet:	6.11m	2001	Keri-Ann Mitchell		
BC Jr Open:	6.38m	3/29/2003	Krysha Bayley, Canada		
World Jr:	6.98m	8/25/1982	East Germany, East Germany		
Swan Track:	6.52m	7/1997	Jackie Edwards, Bahamas		
Name		Year Team	Prelims	Finals	Wind
=====					



Finals

1	Nettey, Christabel	Kajaks Track	5.84m	6.07m	-0.1
	6.05m(-0.1) 6.07m(-0.1) 6.07m(+0.0) 5.84m(-0.4) 6.07m(-0.9) 5.97m(-0.3)				
2	Smith, Alicia	Take Flight	5.37m	5.44m	-0.3
	5.44m(-0.3) 5.11m(-0.5) 5.23m(-1.9) FOUL(NWI) 5.29m(0.2) 5.16m(-0.4)				
3	Edwards, Karelle	Ottawa Lions	5.44m	5.39m	+0.0
	5.03m(-1.3) 3.66m(-1.0) 5.39m(+0.0) 5.27m(+0.0) 5.17m(-1.1) 5.23m(+0.0)				
4	Nettey, Sabrina	Kajaks Track	5.69m	5.35m	0.2
	FOUL(NWI) FOUL(NWI) 5.23m(-2.3) 4.87m(-1.0) 5.35m(0.2) 5.32m(+0.0)				
5	Cobb, Aleisha	Pacific Athl	5.39m	5.29m	-0.8
	5.18m(-1.1) 5.24m(0.2) FOUL(NWI) FOUL(NWI) FOUL(NWI) 5.29m(-0.8)				
6	Wilson, Jessica	I BE Fast TR	5.42m	5.25m	+0.0
	5.25m(+0.0) FOUL(NWI) FOUL(NWI) FOUL(NWI) FOUL(NWI) 5.07m(-0.1)				
7	Morrison, Kelly	Hamilton Oly	5.23m	5.18m	+0.0
	4.99m(+0.0) 5.10m(0.3) 5.18m(+0.0) PASS(NWI) 4.98m(0.3) PASS(NWI)				
8	Renaud, Esther	Jeunesse Ath	5.09m	5.16m	-0.6
	5.12m(0.2) 5.08m(-0.6) 5.16m(-0.6) 4.95m(-0.2) 5.13m(-2.1) FOUL(NWI)				
9	Dobson, Emma	Ottawa Lions	5.17m	5.08m	-0.3
	4.95m(-0.3) 4.89m(-1.1) 5.08m(-0.3)				
10	Breker, Nicole	Saskatoon TF	5.32m	5.06m	-1.2
	4.85m(-0.1) 5.06m(-1.2) 5.01m(-0.1)				
11	Gillett, Jaynell	Lakeland Yel	5.17m	4.99m	-0.9
	4.90m(0.2) 4.96m(-0.1) 4.99m(-0.9)				
--	Revell, Lauren	South Simcoe	5.01m	FOUL	NWI
	FOUL(NWI) FOUL(NWI) FOUL(NWI)				

Event 28 Men Hammer Throw

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Can Jr:	74.09m	6/21/2003	James Steacy
Can Jr Meet:	71.03m	2003	Jim Steacy
BC Jr Open:	65.51m	7/3/2004	Sean LsForest, Canada
World Jr:	81.34m	9/2/2001	Krisztian Pars, Hungry
Swan Track:	75.50m	7/1994	Paul Carlin, Australia

Name	Year	Team	Seed	Finals
1 Taylor, Angus		Kajaks Track	64.41m	54.96m
	54.96m FOUL FOUL FOUL FOUL FOUL			
2 Archer, Joshua		Saugeen Trac	52.64m	54.75m
	51.27m 52.71m 54.75m 50.03m 53.66m 53.54m			
3 Novia, Daniel		Power Athletics	52.87m	53.14m
	FOUL 47.60m FOUL 53.14m FOUL 49.96m			
4 Wong, Williston		Kajaks Track	47.23m	50.44m
	50.44m FOUL 45.01m 46.60m 49.99m 48.95m			
5 Haran, Maxime		Corsaire Cha	53.48m	49.56m
	FOUL 48.95m FOUL 49.56m 48.85m 48.66m			
6 Pickering, Chris		Excel Athlet	48.61m	47.15m
	38.81m 44.00m 38.61m 41.75m 47.15m FOUL			
7 Root, Peter		Peninsula TR	50.08m	46.11m
	44.70m 46.11m FOUL 44.79m FOUL 44.53m			
8 Collins, Wiley		London Weste	48.05m	45.29m
	FOUL 36.97m 44.39m 45.29m FOUL FOUL			
9 Lee, James		Kajaks Track	40.42m	43.37m

38.75m 42.49m 43.37m  
 10 Marcoccia, Mathieu Etobicoke TR 39.40m 37.62m  
 37.62m 32.98m FOUL

Event 29 Women Hammer Throw

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Top 13 Advance by Time

Can Jr: 58.84m 5/22/1999 Jennifer Joyce  
 Can Jr Meet: 57.34m 2005 Marie Eve Boisselle  
 BC Jr Open: 58.84m 5/21/1999 Jennifer Joyce, Canada  
 World Jr: 71.71m 9/9/2001 Kamila Skolimowska, Poland  
 Swan Track: 62.28m 7/2000 Caroline Wittrin, Canada

Name	Year	Team	Seed	Prelims
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Preliminaries

1	Steady, Heather	Chinook Trac	56.01m	49.36mq
	49.36m x x			
2	Vollman, Michelle	Saskatoon TF	44.96m	45.30mq
	45.30m x x			
3	Dumont-Breton, Myriam	Les Vaillant	43.96m	45.14mq
	40.25m 43.17m 45.14m			
4	Maccorquodale, Emmalynne	Unattached B	52.98m	44.09mq
	44.09m x x			
5	Larose, Annie	St-Jean Olym	43.06m	42.41mq
	FOUL 42.41m FOUL			
6	Gallagher, Sarah	Comox Valley	45.83m	42.10mq
	42.10m 41.20m FOUL			
7	Suttie, Taryn	Riversdale A	43.19m	41.74mq
	41.74m FOUL FOUL			
8	Fowler, Caitlin	Excel Athlet	36.49m	40.37mq
	34.59m 38.25m 40.37m			
9	Klimm, Sarah	Excel Athlet	43.23m	40.15mq
	40.05m 40.15m 39.40m			
10	Lane, Diana	London Weste	40.46m	39.87mq
	39.87m FOUL 36.72m			
11	Padrinao, Jessica	Kajaks Track	39.62m	38.64mq
	37.78m FOUL 38.64m			
12	Rock, Bianca-Brigitte	Corsaire Cha	35.79m	37.17mq
	33.98m 37.17m 34.78m			
13	Mcintosh, Sarah	Saugeen Trac	37.58m	37.09mq
	33.70m FOUL 37.09m			
14	Bailey, Carolyn	Saugeen Trac	36.48m	36.70m
	36.70m 35.96m 34.25m			
15	Clifford, Florence	South Fraser	34.12m	36.61m
	FOUL FOUL 36.61m			
16	Clifford, Jallisa	South Fraser	35.93m	32.59m
	32.59m FOUL FOUL			
--	Revoy, Chelsey	Tisdale Trac	43.89m	FOUL
	FOUL FOUL FOUL			

Event 29 Women Hammer Throw

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Can Jr: 58.84m 5/22/1999 Jennifer Joyce  
 Can Jr Meet: 57.34m 2005 Marie Eve Boisselle  
 BC Jr Open: 58.84m 5/21/1999 Jennifer Joyce, Canada  
 World Jr: 71.71m 9/9/2001 Kamila Skolimowska, Poland  
 Swan Track: 62.28m 7/2000 Caroline Wittrin, Canada

Name	Year	Team	Prelims	Finals
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 Finals

1	Maccorquodale, Emmalyne	Unattached B	44.09m	50.44m
	49.15m 49.12m 50.44m 48.61m 49.19m 46.41m			
2	Steady, Heather	Chinook Trac	49.36m	49.52m
	FOUL 49.52m 48.69m 48.25m FOUL 46.26m			
3	Vollman, Michelle	Saskatoon TF	45.30m	44.14m
	44.14m FOUL FOUL 42.24m 41.73m 42.09m			
4	Dumont-Breton, Myriam	Les Vaillant	45.14m	43.71m
	43.57m 43.71m 41.79m 37.74m 39.43m 42.27m			
5	Gallagher, Sarah	Comox Valley	42.10m	42.65m
	FOUL 39.40m 42.65m FOUL 42.65m 42.04m			
6	Klimm, Sarah	Excel Athlet	40.15m	41.89m
	40.77m 41.89m 40.05m FOUL 38.29m 40.21m			
7	Suttie, Taryn	Riversdale A	41.74m	41.05m
	41.05m FOUL FOUL FOUL FOUL 36.27m			
8	Fowler, Caitlin	Excel Athlet	40.37m	40.07m
	35.96m 36.18m 40.07m 39.05m 39.91m 38.12m			
9	Larose, Annie	St-Jean Olym	42.41m	38.26m
	FOUL 38.26m FOUL			
10	Lane, Diana	London Weste	39.87m	36.93m
	36.88m 36.73m 36.93m			
11	Rock, Bianca-Brigitte	Corsaire Cha	37.17m	36.45m
	36.45m 35.90m 32.90m			
12	Padrinao, Jessica	Kajaks Track	38.64m	34.33m
	34.33m FOUL FOUL			
--	Franke, Joanna	Comox Valley		X45.32m
	FOUL 43.18m 40.56m FOUL 45.32m FOUL			

Event 30 Men Shot Put

=====  
 Can Jr: 19.10m 6/26/2002 Chris Meisner  
 Can Jr Meet: 18.79m 2002 Chris Meisner  
 BC Jr Open: 17.37m 6/15/2002 Jeff Wallis, Canada  
 World Jr: 21.96m 6/29/2002 Edis Elkasevic, Croatia  
 Swan Track: 20.06m 5/2000 Jesse Roberge, Taylor University

Name	Year	Team	Seed	Finals
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1	Greif, Justin	Saskatoon TF	18.20m	17.94m
	16.87m 17.68m FOUL 17.64m 17.94m FOUL			
2	Nedow, Timothy	Ottawa Lions	16.89m	17.40m
	16.60m FOUL 16.92m FOUL 16.88m 17.40m			
3	Novia, Daniel	Power Athletics	15.60m	15.58m
	FOUL 14.79m 15.58m FOUL FOUL FOUL			
4	Arbour, Patrick	Ottawa Lions	14.82m	14.66m
	14.66m 14.44m 14.06m 13.92m FOUL 13.72m			

5	Pickering, Chris	Excel Athlet	15.83m	14.37m
	14.37m 14.25m 14.21m 14.35m 14.12m 13.93m			
6	Engel, Benjamin	Ottawa Lions	14.81m	14.20m
	13.10m 12.32m 14.20m 12.49m 13.57m 12.42m			
7	Ramey, Garrett	Launchers	13.77m	13.81m
	13.18m 13.81m 13.73m FOUL 13.59m 13.04m			
8	Marcoccia, Mathieu	Etobicoke TR	13.44m	13.64m
	FOUL 13.64m 13.16m FOUL FOUL 12.85m			
9	Phulka, Sanjit	Valley Royal	12.93m	13.62m
	12.68m 12.71m 13.62m			
10	Haran, Maxime	Corsaire Cha	14.09m	13.29m
	12.52m 12.88m 13.29m			
11	Taylor, Angus	Kajaks Track	14.29m	12.29m
	FOUL 12.29m FOUL			
12	Trefiak, Brent	Unattached-S		11.64m
	11.64m FOUL FOUL			

Event 31 Women High Jump

=====				
Can Jr:	1.92m	8/6/1993	Wanita Dykstra	
Can Jr Meet:	1.83m	1988	Coraiea Brown	
BC Jr Open:	1.85m	8/2/1971	Debbie Brill, Canada	
World Jr:	2.01m	6/18/1989	Heike Balck, East Germany	
Swan Track:	1.85m	7/1997	Christina Livingston, Alberta	
Name		Year	Team	Seed Finals
=====				
1	Neveu, Karly		Ocean Athlet	1.69m 1.71m
	1.55 1.60 1.65 1.68 1.71 1.74			
	PPP O O O O XXX			
2	Bergevin, Lindsey		Leduc Track	1.67m J1.71m
	1.55 1.60 1.65 1.68 1.71 1.74			
	PPP O O O XXO XXX			
3	Payne, Gabrielle		Kajaks Track	1.71m 1.68m
	1.55 1.60 1.65 1.68 1.71			
	PPP O XXO O XXX			
4	Theophille, Michelle		Lightning AT	1.75m J1.68m
	1.55 1.60 1.65 1.68 1.71			
	PPP OPP O XO XXX			
5	Neeb, Nicole		Laurel Creek	1.70m 1.65m
	1.55 1.60 1.65 1.68			
	O XO O XXX			
6	Schmidt, Jourdan		Valley Royal	1.65m J1.65m
	1.55 1.60 1.65 1.68			
	O O XO XXX			
7	Morrison, Kelly		Hamilton Oly	1.65m J1.65m
	1.55 1.60 1.65 1.68			
	XXO XXO XO XXX			
8	Pellerin, Annabelle		Quinte Legio	1.65m J1.65m
	1.55 1.60 1.65 1.68			
	O O XXO XXX			
9	Kimoto, Emma		Kajaks Track	1.73m J1.65m
	1.55 1.60 1.65 1.68			

	PPP	XO	XXO	XXX				
10	Stoffman, Zaria				Vancouver OL	1.67m	J1.65m	
	1.55	1.60	1.65	1.68				
	XXO	XO	XXO	XXX				
11	Hyslop, Margaret				Penticton AT	1.65m	1.60m	
	1.55	1.60	1.65					
	O	O	XXX					
12	Christie, Tiffany				Take Flight	1.60m	J1.60m	
	1.55	1.60	1.65					
	O	XO	XXX					
13	Pickett, Alyson				Penticton AT	1.63m	J1.60m	
	1.55	1.60	1.65					
	XO	XO	XXX					
14	Pierce, Michelle				Windsor Legi	1.67m	1.55m	
	1.55	1.60						
	XO	XXX						
15	Irwin, Paige				U OF A Athle	1.55m	J1.55m	
	1.55	1.60						
	XXO	XXX						
--	Haye, Shaneista				Lightning AT	1.65m	NH	
	1.55							
	XXX							
--	Sommerville, Megan				Edmonton Thu	1.68m	NH	
	1.55							
	XXX							

Event 32 Women Javelin Throw

=====							
	Can Jr:	51.76m	6/21/2003	Krista Woodward			
	Can Jr Meet:	50.86m	2006	Elizabeth Gleadie			
	BC Jr Open:	51.76m	6/21/2003	Krista Woodward, Canada			
	World Jr:	61.99m	10/14/1999	Yaning Wang, China			
	Swan Track:	56.38m	8/1994	Kate Farrow, Australia			
	Name		Year Team		Seed		Finals
=====							
1	Macauley, Laura		Alberni Vall		43.51m		47.08m
	42.13m	44.14m	42.24m	40.76m	FOUL	47.08m	
2	Pighin, Brooke		Alberni Vall		47.59m		44.78m
	43.64m	43.11m	44.78m	40.84m	43.51m	41.19m	
3	Fraser, Nicolle		Coquitlam CH		46.44m		44.53m
	FOUL	42.27m	40.70m	41.07m	41.79m	44.53m	
4	Mullen, Maggie		Sarnia Athle		45.33m		43.43m
	43.43m	41.54m	FOUL	38.69m	38.61m	40.33m	
5	Wachna, Bethanie		Windsor Legi		40.26m		42.92m
	41.96m	42.92m	42.75m	40.32m	39.81m	40.38m	
6	Redlick, Kirstie		Unattached-S		40.52m		39.87m
	39.87m	33.22m	34.64m	FOUL	39.62m	37.37m	
7	Kovacs, Alanna		South Simcoe		41.32m		39.74m
	37.77m	39.74m	36.41m	FOUL	36.74m	38.88m	
8	Veilleux, Audrey		Heritage Hus		41.67m		38.99m
	35.40m	35.69m	38.99m	35.72m	FOUL	37.79m	
9	Stuart, Michelle		Langley Must		39.75m		38.98m

	38.98m	36.39m	37.60m			
10	Gleadle, Elizabeth			Vancouver TH	52.36m	38.71m
	38.71m	FOUL	35.83m			
11	King, Emily			Sarnia Athle	38.35m	38.62m
	38.62m	35.40m	FOUL			
12	Wheatcroft, Shannan			South Simcoe	40.07m	37.91m
	37.91m	37.23m	37.65m			
13	Wong, Janet			Kajaks Track	36.79m	35.45m
	FOUL	35.45m	34.28m			
14	Bond, Jessica			Petite Natio	42.70m	34.88m
	30.09m	FOUL	34.88m			
15	Pickett, Alyson			Penticton AT	36.08m	30.94m
	30.34m	FOUL	30.94m			

Event 33 Women Discus Throw

=====						
	Can Jr:	52.52m	5/29/1986	Michelle Brotherton		
	Can Jr Meet:	49.18m	1993	Jennifer Vermette		
	BC Jr Open:	51.70m	4/25/1971	Joan Pavelich, Canada		
	World Jr:	74.40m	9/13/1988	Tike Wyludda, East Germany		
	Swan Track:	50.40m	7/1997	Georgette Reed, Canada		
	Name		Year Team		Seed	Finals
=====						
1	Dumont-Breton, Myriam			Les Vaillant	46.64m	44.56m
	39.75m	FOUL	40.12m	FOUL	38.57m	44.56m
2	Ter Laak, Lara			Kajaks Track	43.96m	42.64m
	FOUL	39.27m	40.02m	39.81m	41.45m	42.64m
3	Vandodewaard, Caitlin			Ottawa Lions	46.76m	41.30m
	40.75m	FOUL	FOUL	34.85m	40.95m	41.30m
4	Andrews, Kaitlyn			Independent	43.49m	41.17m
	38.40m	38.12m	41.00m	40.40m	41.17m	41.00m
5	Larose, Annie			St-Jean Olym	40.57m	40.97m
	31.99m	FOUL	40.97m	FOUL	36.06m	FOUL
6	Kovacs, Alanna			South Simcoe	41.28m	39.54m
	37.65m	38.99m	38.47m	36.89m	39.54m	38.90m
7	Thibault, Dominique			Ottawa Lions	39.77m	39.00m
	35.21m	31.94m	38.29m	39.00m	FOUL	36.10m
8	Allan, Meredith			London Weste	41.01m	38.70m
	37.77m	36.07m	34.77m	38.70m	37.57m	37.30m
9	Larade, Nicole			Launchers	39.58m	37.32m
	FOUL	34.09m	37.32m			
10	Boudreau, Isabelle			St-Jean Olym	38.36m	37.12m
	37.12m	36.67m	FOUL			
11	Klodnicki, Katie			Team Grunt	35.35m	37.04m
	33.40m	35.16m	37.04m			
12	Maccauley, Laura			Alberni Vall	40.84m	36.64m
	FOUL	35.42m	36.64m			
13	Klimm, Sarah			Excel Athlet	35.78m	35.54m
	35.42m	35.54m	FOUL			
14	Lane, Diana			London Weste	38.09m	35.45m
	FOUL	35.45m	FOUL			
15	Vollman, Michelle			Saskatoon TF	35.00m	33.80m

	FOUL	FOUL	33.80m			
16	Mullen, Maggie			Sarnia Athle	33.39m	30.15m
	FOUL	30.15m	29.96m			
17	Suttie, Taryn			Riversdale A	35.62m	29.92m
	FOUL	29.92m	FOUL			

Event 34 Women Pole Vault

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Can Jr:      4.11m  6/26/2004  Adrienne Vangool
Can Jr Meet: 4.10m  2004      Adrienne Vangool
BC Jr Open:  3.53m  7/4/2000  Karia McGee, Canada
World Jr:    4.47m  2/10/2001 Yelena Isinbayeva, Russia
Swan Track:  4.31m  6/2006    Nicole McEwen, USA
=====
Name                    Year Team                    Seed      Finals
=====
1 Duclos-Lasnier, Gabriell  Rouge ET OR                4.20m     4.05m
  3.00 3.20 3.40 3.55 3.70 3.85 4.05 4.15
  PPP  PPP  PPP  PPP  PPP  XXO  XXO  XXX
2 Hamilton, Heather        Penticton AT                3.60m     3.70m
  3.00 3.20 3.40 3.55 3.70 3.85
  PPP  PPP  XO  XXO  XXO  XXX
3 House, Jenn              London Legio                 3.55m     3.40m
  3.00 3.20 3.40 3.55
  PPP  PPP  XO  XXX
3 Vause, Stephanie         Riversdale A                 3.50m     3.40m
  3.00 3.20 3.40 3.55
  PPP  O  XO  XXX
5 Rutley, Erica            Track 54.50                  3.60m     3.20m
  3.00 3.20 3.40
  PPP  O  XXX
6 Reiser, Erika            Windsor Legi                  3.40m     3.00m
  3.00 3.20
  O  XXX
7 Bergevin, Lindsey       Leduc Track                  3.40m     J3.00m
  3.00 3.20
  XO  XXX
-- Tomayer, Jennifer       Durham Legio                  3.15m     NH
  3.00
  XXX
-- Poetschke, Alex         ST Thomas LE                 3.20m     NH
  3.00
  XXX
-- Flesher, Kirstin        Infinite Bal                  3.50m     NH
  3.00 3.20
  PPP  XXX
-- Wilkes, Courtney        Infinite Bal                  2.90m     NH
  3.00
  XXX
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Event 35 Men Discus Throw

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Can Jr:      55.26m  7/20/2003  James Steacy
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Can Jr Meet: 52.66m 1994 Jason Tunks  
 BC Jr Open: 52.28m 6/25/2005 Tyrell Mara, Canada  
 World Jr: 64.51m 7/18/1997 Tao Wu, China  
 Swan Track: 60.26m 7/1997 Jason Tunks, Canada

Name	Year	Team	Seed	Finals		
1 Sedor, Mathew		Flying M Ath	49.02m	51.68m		
	49.58m	48.52m	49.76m	FOUL	51.68m	FOUL
2 Taylor, Angus		Kajaks Track	56.51m	49.78m		
	46.35m	FOUL	44.86m	48.43m	46.80m	49.78m
3 Nedow, Timothy		Ottawa Lions	45.89m	48.51m		
	FOUL	FOUL	39.66m	FOUL	FOUL	48.51m
4 Trefiak, Brent		Unattached-S	42.15m	47.77m		
	FOUL	47.77m	FOUL	FOUL	FOUL	FOUL
5 Arbour, Patrick		Ottawa Lions	47.98m	46.68m		
	46.36m	46.68m	FOUL	42.73m	45.88m	44.59m
6 Greif, Justin		Saskatoon TF	52.51m	46.09m		
	43.42m	45.41m	FOUL	46.09m	FOUL	44.81m
7 Roubos, Brent		University O	43.01m	45.76m		
	39.84m	45.76m	FOUL	40.00m	42.95m	FOUL
8 Novia, Daniel		Power Athletics	43.43m	45.03m		
	32.84m	40.51m	FOUL	FOUL	44.22m	45.03m
9 Haran, Maxime		Corsaire Cha	40.35m	39.63m		
	38.07m	39.63m	FOUL			
10 Marcoccia, Mathieu		Etobicoke TR	42.48m	39.00m		
	FOUL	37.53m	39.00m			
11 Dosanjh, Gurinder		Kajaks Track	43.41m	38.98m		
	38.98m	FOUL	36.66m			
12 Pickering, Chris		Excel Athlet	38.09m	38.15m		
	35.02m	38.15m	37.30m			
13 Engel, Benjamin		Ottawa Lions	44.02m	36.81m		
	36.81m	FOUL	FOUL			

Event 36 Men Pole Vault

Can Jr: 5.11m 7/19/2000 Jamie Johnson  
 Can Jr Meet: 5.00m 2000 Jamie Johnson  
 BC Jr Open: 4.95m 8/13/1974 Ken Wenman, Canada  
 World Jr: 5.80m 7/14/1989 Maksim Tarasov, Russia  
 Swan Track: 5.60m 6/1996 Jeff Harwig, United States

Name	Year	Team	Seed	Finals						
1 Vu, Ryan		Unattached B	4.90m	4.65m						
	3.60	3.80	4.00	4.20	4.35	4.50	4.65	4.75	4.85	4.90
	PPP	PPP	PPP	PPP	PPP	PPP	XO	PPP	PPP	XXX
2 Beighton, Sean		Unattached B	4.90m	4.35m						
	3.60	3.80	4.00	4.20	4.35	4.50				
	PPP	PPP	PPP	O	O	XXX				
3 Tomasello, Kyle		University O	4.50m	4.20m						
	3.60	3.80	4.00	4.20	4.35					
	PPP	PPP	O	OX	XX					



4	Normandin, David	St-Jean Olym	4.30m	4.00m
	3.60 3.80 4.00 4.20			
	PPP O O XXX			
5	Erle, Chris	London Weste	4.10m	J4.00m
	3.60 3.80 4.00 4.20			
	PPP PPP XXO XXX			
6	Selzer, Paul	Valley Royal	3.70m	3.80m
	3.60 3.80 4.00			
	XO XO XXX			
--	Fehr, Brendyn	Unattached M	3.10m	NH
	3.60			
	XXX			
--	Theodore, Deryk	Edmonton Int	4.67m	NH
	3.60 3.80 4.00 4.20 4.35			
	PPP PPP PPP PPP XXX			
--	Law, Geoffrey	Vancouver TH	4.70m	NH
	3.60 3.80			
	PPP XXX			

## Event 37 Men Triple Jump

Can Jr:	16.44m	8/4/1985	Edrick Floreal		
Can Jr Meet:	15.96m	1986	Bruny Surin		
BC Jr Open:	15.88m	7/12/1987	Marcus Hooks, USA		
World Jr:	17.50m	6/23/1985	Volker Mai, Germany		
Swan Track:	16.48m	5/1992	Michael Dwyer, Central State		
Name		Year Team	Seed	Finals	Wind
1	Smith, Aubrey	York Flyers	14.15m	14.22m	0.7
	13.63m(0.7) 13.84m(2.1) 13.91m(1.1) 14.22m(0.7) 13.82m(-0.1) 13.45m(+0.0)				
2	Labbe, Nathan	Winnipeg Opt	13.50m	14.20m	0.7
	13.44m(0.7) 13.60m(1.2) 14.17m(+0.0) 14.12m(0.6) 14.15m(0.4) 14.20m(0.7)				
3	Dandie, Anthony	Brantford T.	13.94m	13.74m	0.5
	13.47m(1.5) 13.35m(0.2) 13.47m(-1.4) 13.19m(0.6) 13.74m(0.5) 13.74m(0.5)				
4	Bowry, Jharyl	Take Flight	13.58m	13.67m	1.2
	13.03m(0.7) 13.67m(1.2) 13.47m(+0.0) 13.21m(0.6) FOUL(0.4) 13.15m(0.7)				
5	Walford, David	Bison Track	13.21m	13.65m	-0.8
	FOUL(1.0) FOUL(3.7) 13.11m(0.3) 12.94m(-0.4) FOUL(-0.8) 13.65m(-0.8)				
6	Hill, Alex	University O	13.56m	13.58m	2.6
	13.58m(2.6) FOUL(1.5) 13.27m(1.7) 13.29m(+0.0) 13.26m(0.3) 13.38m(0.4)				
7	Gardiner, Dan	Track North	13.93m	13.48m	1.2
	13.48m(1.2) FOUL(1.3) 13.36m(0.2) FOUL(1.0) FOUL(0.2) 13.27m(1.2)				
8	Moldavanov, Sviatoslav	Norwesters T	13.57m	13.36m	-0.7
	FOUL(0.8) 12.94m(0.5) 13.36m(-0.7) 13.20m(0.3) FOUL(-0.6) 13.14m(1.0)				
9	Landry, Pierre	Club Elite D	14.04m	13.10m	1.3
	FOUL(NWI) 13.10m(1.3) 13.07m(-0.7)				
10	Sharp, Keegan	Yorkton Legi	12.44m	13.06m	2.4
	13.06m(2.4) 11.82m(-0.3) 12.99m(0.3)				
11	Monachini, Niko	Unattached B	13.42m	12.97m	-0.2
	FOUL(NWI) FOUL(NWI) 12.97m(-0.2)				
12	Dandie, Andrew	Take Flight	13.32m	12.95m	0.5
	12.64m(1.5) FOUL(1.6) 12.95m(0.5)				

13	Douglas, Kadeem	Take Flight	13.52m	12.77m	0.3
	12.65m(1.3) 12.77m(0.3) FOUL(1.3)				
14	Walcz, Daniel	U OF C Athle	11.99m	12.72m	-0.2
	12.72m(-0.2) 12.45m(1.4) 12.43m(+0.0)				
15	Warner, Damian	London Legio	13.64m	11.93m	0.2
	FOUL(NWI) 11.93m(0.2) FOUL(NWI)				

## Event 38 Women Triple Jump

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Top 12 Advance by Time

Can Jr:	13.43m	4/3/2004	Tabia Charles
Can Jr Meet:	12.62m	2001	Keri-Ann Mitchell
BC Jr Open:	12.35m	4/16/2005	Sabrina Nettey, Canada
World Jr:	14.62m	8/25/1996	Tereza Marinova, Australia
Swan Track:	13.39m	7/1997	Michelle Hastick, Ontario

Name	Year	Team	Seed	Prelims	Wind
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Preliminaries

1	Sprenkels, Tiffany	Norwesters T	12.01m	11.61mq	+0.0
	11.61m(+0.0) x x				
2	Smith, Alicia	Take Flight	11.86m	11.54mq	0.2
	11.10m(-0.1) FOUL(0.9) 11.54m(0.2)				
3	Lowe, Jaideene	I BE Fast TR	12.17m	11.46mq	+0.0
	11.46m(+0.0)				
4	Dobson, Emma	Ottawa Lions	11.45m	11.43mq	0.2
	11.04m(+0.0) 11.43m(0.2)				
5	Richardson, Kim	Lakehead Ath	11.31m	11.28mq	+0.0
	10.73m(-0.7) 10.98m(0.2) 11.28m(+0.0)				
6	Gillett, Jaynell	Lakeland Yel	10.92m	11.21mq	0.4
	10.79m(+0.0) FOUL(0.9) 11.21m(0.4)				
7	Revell, Lauren	South Simcoe	11.48m	11.02mq	+0.0
	10.97m(-0.5) 11.02m(+0.0) FOUL(1.8)				
8	Sarazin-Côté, Josée-Anne	Saint Lauren	11.02m	10.92mq	+0.0
	10.84m(-0.7) FOUL(1.0) 10.92m(+0.0)				
9	Breker, Nicole	Saskatoon TF	11.24m	10.90mq	0.1
	10.18m(-0.6) 10.71m(-0.1) 10.90m(0.1)				
10	Jelinski, Jenna	Excel Athlet	10.51m	10.87mq	0.4
	10.66m(+0.0) 10.47m(+0.0) 10.87m(0.4)				
11	Kimoto, Emma	Kajaks Track	11.17m	10.77mq	-0.2
	10.54m(-0.8) 10.77m(-0.2) FOUL(+0.0)				
12	Simulik, Mila	Ottawa Lions	11.31m	10.75mq	-0.3
	FOUL(NWI) 10.55m(0.6) 10.75m(-0.3)				
13	Wilkes, Courtney	Infinite Bal	10.55m	10.72m	+0.0
	10.39m(0.6) FOUL(0.2) 10.72m(+0.0)				
14	Miller, Sara	South East A	11.07m	10.59m	0.2
	FOUL(NWI) 10.48m(-0.1) 10.59m(0.2)				
15	Pon, Stephanie	U OF C Athle	10.30m	10.29m	+0.0
	FOUL(+0.0) 10.29m(+0.0) FOUL(0.2)				
16	Neely, Taylor	I BE Fast TR	11.74m	10.15m	-0.5
	FOUL(NWI) 10.15m(-0.5) FOUL(NWI)				
--	Baker, Kendra	Winnipeg Opt	10.29m	FOUL	NWI
	FOUL(NWI) FOUL(NWI) FOUL(NWI)				

-- Beaulieu-Boire, Laurence	Sherbrooke	10.12m	FOUL	NWI
FOUL(NWI) FOUL(NWI) FOUL(NWI)				
-- Bray, Jackie	South Simcoe	10.44m	FOUL	NWI
FOUL(NWI) FOUL(NWI) FOUL(NWI)				

Event 38 Women Triple Jump

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=====
Can Jr:      13.43m  4/3/2004  Tabia Charles
Can Jr Meet: 12.62m  2001      Keri-Ann Mitchell
BC Jr Open:  12.35m  4/16/2005 Sabrina Nettey, Canada
World Jr:    14.62m  8/25/1996 Tereza Marinova, Australia
Swan Track:  13.39m  7/1997    Michelle Hastick, Ontario
    
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Name	Year	Team	Prelims	Finals	Wind
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Finals

1	Sprenkels, Tiffany	Norwesters T	11.61m	12.01m	1.1
	FOUL(0.6) 12.01m(1.1) FOUL(0.3) 11.47m(1.0) FOUL(0.7) 11.64m(0.4)				
2	Lowe, Jaideene	I BE Fast TR	11.46m	12.00m	2.2
	11.58m(0.6) 11.57m(0.5) 11.71m(1.3) 12.00m(2.2) 11.51m(0.5) 11.72m(0.2)				
3	Smith, Alicia	Take Flight	11.54m	11.80m	0.8
	FOUL(1.1) 11.57m(1.6) PASS(NWI) 11.80m(0.8) 10.93m(1.3) 11.67m(0.3)				
4	Richardson, Kim	Lakehead Ath	11.28m	11.24m	1.3
	11.06m(0.7) 10.92m(0.6) 10.88m(0.2) 11.24m(1.3) 10.93m(0.2) 11.15m(1.1)				
5	Revell, Lauren	South Simcoe	11.02m	11.11m	+0.0
	10.78m(1.3) 10.88m(0.5) 11.05m(1.6) FOUL(0.9) 11.11m(+0.0) FOUL(0.2)				
6	Sarazin-Côté, Josée-Anne	Saint Lauren	10.92m	11.11m	0.5
	FOUL(1.3) FOUL(1.0) 11.11m(0.5) FOUL(0.6) 10.55m(0.2) FOUL(1.2)				
7	Kimoto, Emma	Kajaks Track	10.77m	11.04m	1.0
	10.74m(0.7) FOUL(0.8) 11.04m(1.0) 10.61m(0.9) 10.72m(+0.0) 10.77m(+0.0)				
8	Dobson, Emma	Ottawa Lions	11.43m	11.03m	-0.7
	10.98m(2.9) 10.98m(0.6) 10.70m(-0.1) 10.79m(1.0) 10.73m(1.3) 11.03m(-0.7)				
9	Simulik, Mila	Ottawa Lions	10.75m	10.89m	+0.0
	10.45m(0.4) 10.80m(1.6) 10.89m(+0.0)				
10	Jelinski, Jenna	Excel Athlet	10.87m	10.83m	1.2
	10.55m(+0.0) 10.43m(0.5) 10.83m(1.2)				
11	Breker, Nicole	Saskatoon TF	10.90m	10.78m	0.9
	10.78m(0.9) 10.78m(+0.0) 10.66m(0.9)				
12	Gillett, Jaynell	Lakeland Yel	11.21m	10.64m	0.7
	10.64m(0.7) 10.48m(+0.0) 10.50m(-0.4)				

Event 39 Women Shot Put

Top 13 Advance by Time

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Can Jr:      15.88m  7/31/1964  Nancy McCreddie
Can Jr Meet: 14.77m  1975      Lucette Moreau
BC Jr Open:  14.92m  7/4/1987  Lisamarie Vizanari, Australia
World Jr:    20.54m  7/1/1989  Astrid Kumbernuss, Finland
Swan Track:  16.34m  6/1996    Nunu Abashidze, Kajaks
    
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Name	Year	Team	Seed	Prelims
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Preliminaries

1	Andrews, Kaitlyn	Independent	14.54m	13.49mq
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13.49m						
2	Revoy, Chelsey	Tisdale Trac	13.39m	12.82mq		
	12.23m 12.82m					
3	Lane, Diana	London Weste	12.65m	12.53mq		
	12.53m					
4	Thibault, Dominique	Ottawa Lions	13.66m	12.49mq		
	12.49m 11.93m 12.02m					
5	Larade, Nicole	Launchers	12.10m	12.18mq		
	11.40m 12.18m 11.95m					
6	Fowler, Caitlin	Excel Athlet	11.28m	11.86mq		
	11.86m 11.79m 11.14m					
7	Vandodewaard, Caitlin	Ottawa Lions	12.94m	11.40mq		
	10.27m 10.75m 11.40m					
8	Larose, Annie	St-Jean Olym	11.81m	11.35mq		
	10.41m 11.19m 11.35m					
8	Suttie, Taryn	Riversdale A	11.61m	11.35mq		
	10.66m 11.35m 10.77m					
10	Du, Chan	University O	12.20m	11.00mq		
	11.00m 10.58m 10.73m					
11	Boudreau, Isabelle	St-Jean Olym	11.02m	10.98mq		
	10.48m 10.98m 10.79m					
12	Kovacs, Alanna	South Simcoe	11.62m	10.93mq		
	10.85m 10.93m 10.70m					
13	Brown, Jordan	London Weste	11.46m	10.91mq		
	10.81m 10.91m FOUL					
14	Mullen, Maggie	Sarnia Athle	12.43m	10.74m		
	10.55m 10.26m 10.74m					
15	Macauley, Laura	Alberni Vall	12.49m	10.72m		
	10.48m 10.46m 10.72m					
16	Mcintosh, Sarah	Saugeen Trac	11.84m	10.69m		
	FOUL 10.69m FOUL					
17	Carias, Rigel	Wapiti Strid	11.32m	10.05m		
	9.75m 10.05m FOUL					
18	Stuart, Michelle	Langley Must	9.89m	9.68m		
	9.23m 9.68m 9.29m					
19	Twerdun, Deondra	Winnipeg Opt	9.26m	9.45m		
	8.89m 8.76m 9.45m					

Event 39 Women Shot Put

Can Jr:	15.88m	7/31/1964	Nancy McCreadie		
Can Jr Meet:	14.77m	1975	Lucette Moreau		
BC Jr Open:	14.92m	7/4/1987	Lisamarie Vizanari, Australia		
World Jr:	20.54m	7/1/1989	Astrid Kumbernuss, Finland		
Swan Track:	16.34m	6/1996	Nunu Abashidze, Kajaks		
Name		Year Team	Prelims	Finals	

Finals

1	Andrews, Kaitlyn	Independent	13.49m	13.73m		
	13.22m 13.36m 13.73m	FOUL FOUL	13.53m			
2	Thibault, Dominique	Ottawa Lions	12.49m	13.05m		
	12.40m 13.05m 12.23m	FOUL	12.23m	FOUL		

3	Revoy, Chelsey	Tisdale Trac	12.82m	12.98m
	11.37m 12.53m 12.14m 12.98m 12.81m FOUL			
4	Lane, Diana	London Weste	12.53m	12.48m
	12.20m 12.08m FOUL 11.70m 12.48m FOUL			
5	Fowler, Caitlin	Excel Athlet	11.86m	12.18m
	11.74m 12.14m 11.87m 12.10m 11.59m 12.18m			
6	Boudreau, Isabelle	St-Jean Olym	10.98m	11.70m
	10.54m 11.18m 11.55m 11.35m 11.41m 11.70m			
7	Du, Chan	University O	11.00m	11.48m
	10.64m 11.48m 11.19m 11.45m 11.35m FOUL			
8	Kovacs, Alanna	South Simcoe	10.93m	11.41m
	10.86m 11.41m FOUL FOUL 10.64m 10.28m			
9	Larade, Nicole	Launchers	12.18m	11.36m
	11.36m 10.96m 10.92m			
10	Larose, Annie	St-Jean Olym	11.35m	11.34m
	11.06m 11.34m 11.04m			
11	Suttie, Taryn	Riversdale A	11.35m	11.27m
	11.07m 11.27m 10.83m			

Event 40 Men High Jump

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Can Jr:	2.66m	7/7/1983	Alain Metellus								
Can Jr Meet:	2.24m	1990	Alex Zaliauskas								
BC Jr Open:	2.21m	7/15/2004	Michael Mason, Canada								
World Jr:	2.37m	8/12/1990	Dragutin Topic, Bulgaria								
Swan Track:	2.28m	7/1997	Mark Boswell, Canada								
Name	Year Team								Seed	Finals	
=====											
1	Witmer, Alex								Kitchener WA	2.10m	2.10m
	1.75	1.80	1.85	1.90	1.95	1.98	2.01	2.04	2.07	2.10	2.12
	PPP	PPP	PPP	O	O	PPP	O	O	O	XXO	XXX
2	Drouin, Derek								Sarnia Athle	2.07m	2.07m
	1.75	1.80	1.85	1.90	1.95	1.98	2.01	2.04	2.07	2.10	
	PPP	PPP	O	O	O	O	O	O	XXO	XXX	
3	Swartz, Shawn								Coquitlam CH	2.06m	2.04m
	1.75	1.80	1.85	1.90	1.95	1.98	2.01	2.04	2.07		
	PPP	PPP	PPP	O	O	PPP	O	XO	XXX		
4	Little, Paul								Nanaimo	2.00m	1.98m
	1.75	1.80	1.85	1.90	1.95	1.98	2.01				
	PPP	PPP	O	O	O	XO	XXX				
5	Léveillé, Simon								Corsaire Cha	1.98m	1.95m
	1.75	1.80	1.85	1.90	1.95	1.98					
	PPP	O	O	O	O	XXX					
5	Bowry, Jharyl								Take Flight	2.02m	1.95m
	1.75	1.80	1.85	1.90	1.95	1.98					
	PPP	O	O	O	O	XXX					
7	Graham, Jonathan								Take Flight	1.95m	J1.95m
	1.75	1.80	1.85	1.90	1.95	1.98					
	PPP	O	O	XO	XO	XXX					
8	Frank, Ashford								York Flyers	1.96m	J1.95m
	1.75	1.80	1.85	1.90	1.95	1.98					
	PPP	O	O	XO	XXO	XXX					

9	Georgievski, Brett	University O	1.90m	1.90m
	1.75 1.80 1.85 1.90 1.95			
	PPP XO XO O XXX			
10	Miller, Ian	Valley Royal	1.90m	J1.90m
	1.75 1.80 1.85 1.90 1.95			
	PPP O O XO XXX			
11	Douglas, Kadeem	Take Flight	2.02m	J1.90m
	1.75 1.80 1.85 1.90 1.95			
	O O XXO XXO XXX			
12	Tyler, Isaac	Edmonton Spr	2.00m	1.85m
	1.75 1.80 1.85 1.90			
	O PPP XO XXX			
12	Nishiyama, Kurtis	Leduc Track	1.95m	1.85m
	1.75 1.80 1.85 1.90			
	PPP PPP XO XXX			
14	Beaudoin, Mugagu	University O	1.90m	1.80m
	1.75 1.80 1.85			
	PPP XXO XXX			

Event 41 Women 4x100 Meter Relay

Team	Seed	Finals
1 Unattached Alberta 'A'		47.63
2 Team BC 'A'		47.76

Event 42 Men 4x100 Meter Relay

Team	Seed	Finals
1 Team Ontario 'A'		42.05
2 Team BC 'A'		42.30
3 Unattached Alberta 'A'		42.49

Event 43 Women 4x400 Meter Relay

Team	Seed	Finals
1 Team Ontario 'A'		3:45.17
2 Team BC 'A'		3:55.79

Event 44 Men 4x400 Meter Relay

Team	Seed	Finals
1 Ontario Selects 'A'		3:14.55
2 Saskatchewan Athletics TE 'A'		3:14.69
3 Team BC 'A'		3:19.98