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# Results for CIS National Cross Country Championships

## Womens 5K Individual

### November 12th, 2005

2005 CIS Cross Country Championships (Womens 5K Individual)  
 Halifax, N.S. Nov 12, 2005 1:00 P.M. Weather: 6 Degrees Sunny  
 Race Director: Louis Brill  
 Timing & Results by Atlantic Chip Timing

Place	No.	Team	First Name	Last Name	Year	Rookie	Lap2	Pace
1	1020	Toronto	Beth	Wightman	5		16:43.87	3:21
2	1090	Dalhousie	Janice	Ashworth	3		17:09.32	3:26
3	1010	Guelph	Laura	Moulton	3		17:12.42	3:27
4	1001	Calgary	Shannon	Popowich	5		17:21.52	3:29
5	1050	Western	Bethany	Janzen	3		17:27.42	3:30
6	1070	Saskatchewan	Ashley	Hinther	4		17:27.62	3:30
7	1060	McGill	Lauren	Whyte	2		17:29.47	3:30
8	1041	StFX	Erin	MacLean	4		17:31.92	3:31
9	1003	Calgary	Lindsay	Winter	3		17:36.82	3:32
10	1030	Victoria	Tiffany	Evans	5		17:40.42	3:33
11	1138	Moncton	Patty	Blanchard	5		17:41.52	3:33
12	1161	Trent	Jutta	Merilainen	3		17:46.42	3:34
13	1011	Guelph	Erin	Sask	3		17:49.72	3:34
14	1080	Windsor	Jackie	Malette	2		17:50.92	3:35
15	1031	Victoria	Adrienne	Attorp	2		17:54.47	3:35
16	1032	Victoria	Christina	Heisterman	5		17:55.37	3:36
17	1023	Toronto	Erin	McClure	2		17:56.27	3:36
18	1040	StFX	Kim	Hill	5		17:59.02	3:36
19	1109	Alberta	Liz	Ramage	4		18:00.22	3:37
20	1013	Guelph	Liz	Forbes	4		18:00.62	3:37
21	1158	Memorial	Sharon	Brophy	1		18:03.92	3:37
22	1073	Saskatchewan	Jenn	Souter	3		18:04.02	3:37
23	1152	SMU	Kelsey	Daley	1	Rookie	18:04.07	3:37
24	1062	McGill	Jane	Cullis	3		18:04.82	3:37
25	1052	Western	Jennifer	Webber	2		18:06.82	3:38
26	1111	Alberta	Tara	Whitten	2		18:07.12	3:38
27	1095	Dalhousie	Ellen	Vessie	5		18:08.97	3:38
28	1116	Laurentian	Leila	Angrand	3		18:09.67	3:38
29	1157	Laurier	Erin	Fox	3		18:10.07	3:39
30	1024	Toronto	Jacqueline	Stillman	3		18:10.42	3:39
31	1063	McGill	Catherine	G. Jenkins	4		18:11.82	3:39
32	1004	Calgary	Emily	Stevenson	2		18:12.02	3:39
33	1042	StFX	Gina	Stewart	1	Rookie	18:12.82	3:39
34	1014	Guelph	Kate	Henderson	4		18:14.07	3:39
35	1022	Toronto	Julia	Kirby	4		18:16.72	3:40
36	1021	Toronto	Donna	Vakalis	3		18:17.02	3:40
37	1061	McGill	Elspeth	McGregor	2		18:19.52	3:40
38	1053	Western	Amanda	Laslo	5		18:19.92	3:40
39	1081	Windsor	Dayna	Pidhoresky	2		18:21.27	3:41
40	1160	Regina	Kimberly	Marshall	5		18:21.42	3:41
41	1002	Calgary	Renee	Kaylor	4		18:23.27	3:41
42	1034	Victoria	Leah	Burley	5		18:24.32	3:41
43	1012	Guelph	Julia	Beniusis	3		18:26.22	3:42
44	1145	Queen's	Leslie	Sexton		Rookie	18:26.87	3:42
45	1082	Windsor	Amina	Oumesrou	1	Rookie	18:28.57	3:42
46	1051	Western	Karen	Gilbert	5		18:28.87	3:42
47	1083	Windsor	Tammy	Dufresne	3		18:31.32	3:43
48	1094	Dalhousie	Caroline	McInnes	2		18:31.82	3:43
49	1143	Queen's	Amy	Schneeberg			18:34.37	3:43
50	1135	Manitoba	Janelle	Vincent	4		18:35.47	3:44
51	1150	SMU	Christine	Carey	1	Rookie	18:37.72	3:44
52	1084	Windsor	Melanie	Macchione	3		18:37.72	3:44
53	1033	Victoria	Sarah	Gilgunn	4		18:38.02	3:44
54	1140	Moncton	Isabelle	Cormier	1	Rookie	18:38.22	3:44

55	1018	Guelph	Michelle Basu Roy	4		18:38.77	3:44
56	1113	Alberta	Stephanie Hirtle	4		18:39.62	3:44
57	1130	Manitoba	Cathy Carroll	4		18:40.22	3:45
58	1036	Victoria	Wendy Hurdle	2		18:42.07	3:45
59	1072	Saskatchewan	Letitia Russell	3		18:43.42	3:45
60	1005	Calgary	Hilary Johnston	1	Rookie	18:43.52	3:45
61	1074	Saskatchewan	Kailey Smith	1	Rookie	18:44.12	3:45
62	1054	Western	Stephanie Van Veen	1	Rookie	18:44.42	3:45
63	1085	Windsor	Lindsay Manning	3		18:44.72	3:45
64	1064	McGill	Jessalyn O'Donnell	4		18:45.17	3:46
65	1096	Dalhousie	Shauna Wilcox	3		18:48.07	3:46
66	1056	Western	Heather Perlmutter	3		18:48.67	3:46
67	1112	Alberta	Jen Hockin	2		18:48.87	3:46
68	1119	Laurentian	Lindsay McNicoll	1	Rookie	18:49.62	3:46
69	1144	Queen's	Jenny Harris			18:49.92	3:46
70	1066	McGill	Eadaoin Quinn	2		18:52.17	3:47
71	1110	Alberta	Terra Manca	3		18:53.02	3:47
72	1159	Ottawa	Sarah Pearce	3		18:53.72	3:47
73	1117	Laurentian	Kirsti Dolson	2		18:53.77	3:47
74	1075	Saskatchewan	Melissa Bodnarchuk	3		18:55.42	3:48
75	1015	Guelph	Rachel O'Reilly	1	Rookie	18:57.22	3:48
76	1035	Victoria	Heather Burley	5		18:57.37	3:48
77	1043	StFX	Terese Chisholm	4		18:57.92	3:48
78	1071	Saskatchewan	Kristal Anderson	4		18:59.17	3:48
79	1129	Laval	Magalie Tysser	1		19:00.17	3:49
80	1128	Laval	Vanessa Lussier-Duquette	5		19:02.42	3:49
81	1086	Windsor	Brittany Moran	1	Rookie	19:04.12	3:49
82	1006	Calgary	Shauna Skinner	1	Rookie	19:05.82	3:50
83	1114	Alberta	Jenny Van Kempen	1		19:07.67	3:50
84	1134	Manitoba	Kate Spellen	2		19:09.92	3:50
85	1065	McGill	Deborah Lightman	2		19:12.52	3:51
86	1148	Queen's	Charlotte Aust			19:13.07	3:51
87	1045	StFX	Kaitlyn Watters	1	Rookie	19:13.77	3:51
88	1147	Queen's	Courtney Kirkby			19:17.37	3:52
89	1118	Laurentian	Caitlin Tino	3		19:19.62	3:52
90	1092	Dalhousie	Marie Claire Brisbois	5		19:20.67	3:53
91	1044	StFX	Virginia Bessette	3		19:20.77	3:53
92	1125	Laval	Marainne Boivin	3		19:21.32	3:53
93	1076	Saskatchewan	Barbara Hunter	4		19:25.57	3:54
94	1154	SMU	Joelle Marshall	3		19:30.32	3:55
95	1146	Queen's	Victoria Swan			19:31.37	3:55
96	1047	StFX	Monica Black	3		19:32.67	3:55
97	1127	Laval	Nathalie Lefort	5		19:33.52	3:55
98	1091	Dalhousie	Janie Astephen	3		19:35.77	3:56
99	1136	Manitoba	Erin Braun	3		19:38.87	3:56
100	1133	Manitoba	Marie-Elise Marcoux	2		19:43.12	3:57
101	1093	Dalhousie	Mary Jamieson	5		19:46.67	3:58
102	1124	Laval	Annie Bourgeois	1	Rookie	19:48.62	3:58
103	1121	Laurentian	Marnie Smith	2		19:50.47	3:59
104	1153	SMU	Christina Etter	1		19:50.87	3:59
105	1101	Acadia	Crystal Laflamme	2		19:54.12	3:59
106	1122	Laurentian	Natalie Labelle	1	Rookie	19:54.22	3:59
107	1100	Acadia	Ali MacKay-Lyons	1	Rookie	19:57.97	4:00
108	1055	Western	Laura Barlett	1	Rookie	19:59.17	4:00
109	1120	Laurentian	Melanie Muise	5		20:05.27	4:02
110	1149	Queen's	Alexandra Aasen			20:08.87	4:02
111	1156	Sherbrooke	Marie Girard-Martel	2		20:09.02	4:02
112	1142	Moncton	Mireille Rodrigue	1	Rookie	20:11.72	4:03
113	1102	Acadia	Katherine Kirkpatrick	4		20:19.22	4:04
114	1137	Moncton	Jacynthe Aucoin	2		20:29.92	4:06
115	1126	Laval	Melissa Grondine	3		20:36.12	4:08
116	1026	Toronto	Lara Small	1	Rookie	20:43.02	4:09
117	1132	Manitoba	Lynne Laporte	4		20:47.02	4:10
118	1106	Acadia	Emma Vost	2		21:00.17	4:13
119	1027	Toronto	Karyn Raymond	1	Rookie	21:02.07	4:13
120	1141	Moncton	Lucie Landry	1	Rookie	21:11.12	4:15
121	1151	SMU	Lauren Clarke	1	Rookie	21:11.52	4:15
122	1139	Moncton	Caroline Chouinard	2		21:18.47	4:16
123	1104	Acadia	Jenny Thompson	1	Rookie	21:19.62	4:16
124	1103	Acadia	Julie Stewart	2		21:30.72	4:19
125	1105	Acadia	Renee MacKay-Lyons	2		21:43.77	4:21
126	1155	SMU	Kelly Poirier	1	Rookie	22:31.82	4:31
127	1007	Calgary	Sheena Stares	1		22:35.47	4:32

11/12/2005 10:32PM

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# Results for CIS National Cross Country Championships

## Womens Team

### November 12th, 2005

2005 CIS Cross Country Championships (Female\_Team\_5K)  
 Halifax, N.S. Nov 12, 2005 1:00 P.M. Weather: 6 Degrees Sunny  
 Race Director: Louis Brill  
 Timing & Results by Atlantic Chip Timing

=====Cross Country Team Scoring=====							
Place	Pts.	Team Name	Avg. Time	Total Time	Elg Year	Rookie Status	Indv Time
=====	=====	=====	=====	=====	=====	=====	=====
1. 104 Guelph (17:56.61 89:43.05)							
=====							
1	3	10	Guelph	Laura Moulton	3		17:12.42
2	12	11	Guelph	Erin Sask	3		17:49.72
3	19	13	Guelph	Liz Forbes	4		18:00.62
4	31	14	Guelph	Kate Henderson	4		18:14.07
5	39	12	Guelph	Julia Beniusis	3		18:26.22
6	( 51)	18	Guelph	Michelle Basu Roy	4		18:38.77
7	( 70)	15	Guelph	Rachel O'Reilly	1	Rookie	18:57.22
2. 109 Toronto (17:52.86 89:24.30)							
=====							
1	1	20	Toronto	Beth Wightman	5		16:43.87
2	16	23	Toronto	Erin McClure	2		17:56.27
3	27	24	Toronto	Jacqueline Stillman	3		18:10.42
4	32	22	Toronto	Julia Kirby	4		18:16.72
5	33	21	Toronto	Donna Vakalis	3		18:17.02
6	(110)	26	Toronto	Lara Small	1	Rookie	20:43.02
7	(113)	27	Toronto	Karyn Raymond	1	Rookie	21:02.07
3. 126 Victoria (18:06.52 90:32.60)							
=====							
1	10	30	Victoria	Tiffany Evans	5		17:40.42
2	14	31	Victoria	Adrienne Attorp	2		17:54.47
3	15	32	Victoria	Christina Heisterman	5		17:55.37
4	38	34	Victoria	Leah Burley	5		18:24.32
5	49	33	Victoria	Sarah Gilgunn	4		18:38.02
6	( 54)	36	Victoria	Wendy Hurdle	2		18:42.07
7	( 71)	35	Victoria	Heather Burley	5		18:57.37
4. 135 Calgary (18:03.43 90:17.15)							
=====							
1	4	1	Calgary	Shannon Popowich	5		17:21.52
2	9	3	Calgary	Lindsay Winter	3		17:36.82
3	29	4	Calgary	Emily Stevenson	2		18:12.02
4	37	2	Calgary	Renee Kaylor	4		18:23.27
5	56	5	Calgary	Hilary Johnston	1	Rookie	18:43.52
6	( 77)	6	Calgary	Shauna Skinner	1	Rookie	19:05.82
7	(121)	7	Calgary	Sheena Stares	1		22:35.47
5. 151 McGill (18:10.16 90:50.80)							
=====							
1	7	60	McGill	Lauren Whyte	2		17:29.47
2	22	62	McGill	Jane Cullis	3		18:04.82
3	28	63	McGill	Catherine G. Jenkins	4		18:11.82
4	34	61	McGill	Elspeth McGregor	2		18:19.52
5	60	64	McGill	Jessalyn O'Donnell	4		18:45.17
6	( 66)	66	McGill	Eadaoin Quinn	2		18:52.17
7	( 80)	65	McGill	Deborah Lightman	2		19:12.52
6. 163 Western (18:13.49 91:07.45)							

=====							
1	5	50	Western	Bethany Janzen	3		17:27.42
2	23	52	Western	Jennifer Webber	2		18:06.82
3	35	53	Western	Amanda Laslo	5		18:19.92
4	42	51	Western	Karen Gilbert	5		18:28.87
5	58	54	Western	Stephanie Van Veen	1	Rookie	18:44.42
6	( 62)	56	Western	Heather Perlmutter	3		18:48.67
7	(103)	55	Western	Laura Barlett	1	Rookie	19:59.17
7. 181 Windsor (18:21.96 91:49.80)							
=====							
1	13	80	Windsor	Jackie Malette	2		17:50.92
2	36	81	Windsor	Dayna Pidhoresky	2		18:21.27
3	41	82	Windsor	Amina Oumesrou	1	Rookie	18:28.57
4	43	83	Windsor	Tammy Dufresne	3		18:31.32
5	48	84	Windsor	Melanie Macchione	3		18:37.72
6	( 59)	85	Windsor	Lindsay Manning	3		18:44.72
7	( 76)	86	Windsor	Brittany Moran	1	Rookie	19:04.12
8. 207 Saskatchewan (18:22.92 91:54.60)							
=====							
1	6	70	Saskatchewan	Ashley Hinthier	4		17:27.62
2	20	73	Saskatchewan	Jenn Souter	3		18:04.02
3	55	72	Saskatchewan	Letitia Russell	3		18:43.42
4	57	74	Saskatchewan	Kailey Smith	1	Rookie	18:44.12
5	69	75	Saskatchewan	Melissa Bodnarchuk	3		18:55.42
6	( 73)	71	Saskatchewan	Kristal Anderson	4		18:59.17
7	( 88)	76	Saskatchewan	Barbara Hunter	4		19:25.57
9. 209 StFX (18:23.09 91:55.45)							
=====							
1	8	41	StFX	Erin MacLean	4		17:31.92
2	17	40	StFX	Kim Hill	5		17:59.02
3	30	42	StFX	Gina Stewart	1	Rookie	18:12.82
4	72	43	StFX	Terese Chisholm	4		18:57.92
5	82	45	StFX	Kaitlyn Watters	1	Rookie	19:13.77
6	( 86)	44	StFX	Virgina Bessette	3		19:20.77
7	( 91)	47	StFX	Monica Black	3		19:32.67
10. 217 Dalhousie (18:23.77 91:58.85)							
=====							
1	2	90	Dalhousie	Janice Ashworth	3		17:09.32
2	25	95	Dalhousie	Ellen Vessie	5		18:08.97
3	44	94	Dalhousie	Caroline McInnes	2		18:31.82
4	61	96	Dalhousie	Shauna Wilcox	3		18:48.07
5	85	92	Dalhousie	Marie Claire Brisbois	5		19:20.67
6	( 93)	91	Dalhousie	Janie Astephen	3		19:35.77
7	( 96)	93	Dalhousie	Mary Jamieson	5		19:46.67
11. 224 Alberta (18:29.77 92:28.85)							
=====							
1	18	109	Alberta	Liz Ramage	4		18:00.22
2	24	111	Alberta	Tara Whitten	2		18:07.12
3	52	113	Alberta	Stephanie Hirtle	4		18:39.62
4	63	112	Alberta	Jen Hockin	2		18:48.87
5	67	110	Alberta	Terra Manca	3		18:53.02
6	( 78)	114	Alberta	Jenny Van Kempen	1		19:07.67
12. 314 Queen's (18:52.32 94:21.60)							
=====							
1	40	145	Queen's	Leslie Sexton		Rookie	18:26.87
2	45	143	Queen's	Amy Schneeberg			18:34.37
3	65	144	Queen's	Jenny Harris			18:49.92
4	81	148	Queen's	Charlotte Aust			19:13.07
5	83	147	Queen's	Courtney Kirkby			19:17.37
6	( 90)	146	Queen's	Victoria Swan			19:31.37
7	(105)	149	Queen's	Alexandra Aasen			20:08.87
13. 340 Laurentian (19:00.63 95:03.15)							
=====							
1	26	116	Laurentian	Leila Angrand	3		18:09.67
2	64	119	Laurentian	Lindsay McNicoll	1	Rookie	18:49.62
3	68	117	Laurentian	Kirsti Dolson	2		18:53.77
4	84	118	Laurentian	Caitlin Tino	3		19:19.62
5	98	121	Laurentian	Marnie Smith	2		19:50.47
6	(101)	122	Laurentian	Natalie Labelle	1	Rookie	19:54.22
7	(104)	120	Laurentian	Melanie Muise	5		20:05.27
14. 367 Manitoba (19:09.52 95:47.60)							
=====							
1	46	135	Manitoba	Janelle Vincent	4		18:35.47

2	53	130	Manitoba	Cathy Carroll	4	18:40.22
3	79	134	Manitoba	Kate Spellen	2	19:09.92
4	94	136	Manitoba	Erin Braun	3	19:38.87
5	95	133	Manitoba	Marie-Elise Marcoux	2	19:43.12
6	(111)	132	Manitoba	Lynne Laporte	4	20:47.02
15.			371	SMU	(19:26.90 97:14.50)	
=====						
1	21	152	SMU	Kelsey Daley	1	Rookie 18:04.07
2	47	150	SMU	Christine Carey	1	Rookie 18:37.72
3	89	154	SMU	Joelle Marshall	3	19:30.32
4	99	153	SMU	Christina Etter	1	19:50.87
5	115	151	SMU	Lauren Clarke	1	Rookie 21:11.52
6	(120)	155	SMU	Kelly Poirier	1	Rookie 22:31.82
16.			389	Moncton	(19:38.50 98:12.50)	
=====						
1	11	138	Moncton	Patty Blanchard	5	17:41.52
2	50	140	Moncton	Isabelle Cormier	1	Rookie 18:38.22
3	106	142	Moncton	Mireille Rodrigue	1	Rookie 20:11.72
4	108	137	Moncton	Jacynthe Aucoin	2	20:29.92
5	114	141	Moncton	Lucie Landry	1	Rookie 21:11.12
6	(116)	139	Moncton	Caroline Chouinard	2	21:18.47
17.			425	Laval	(19:21.21 96:46.05)	
=====						
1	74	129	Laval	Magalie Tysser	1	19:00.17
2	75	128	Laval	Vanessa Lussier-Duquette	5	19:02.42
3	87	125	Laval	Marainne Boivin	3	19:21.32
4	92	127	Laval	Nathalie Lefort	5	19:33.52
5	97	124	Laval	Annie Bourgeois	1	Rookie 19:48.62
6	(109)	126	Laval	Melissa Grondine	3	20:36.12
18.			538	Acadia	(20:30.22 102:31.10)	
=====						
1	100	101	Acadia	Crystal Laflamme	2	19:54.12
2	102	100	Acadia	Ali MacKay-Lyons	1	Rookie 19:57.97
3	107	102	Acadia	Katherine Kirkpatrick	4	20:19.22
4	112	106	Acadia	Emma Vost	2	21:00.17
5	117	104	Acadia	Jenny Thompson	1	Rookie 21:19.62
6	(118)	103	Acadia	Julie Stewart	2	21:30.72
7	(119)	105	Acadia	Renee MacKay-Lyons	2	21:43.77

**Results originally posted November 12th, 2005 at 2:36:29 pm**

**Results last revised November 13th, 2005 at 6:17:30 pm**

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Atlantic Chip Event Timing  
c/o Tri-Athlete Fitnesswear Ltd.  
Kings Place Mall  
440 King Street  
Fredericton, NB E3B 5B4  
Phone: 455-SWIM (7946) or 1-888-463-SWIM (7946)  
Email: [Mike.Richard](mailto:Mike.Richard)

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# Results for CIS National Cross Country Championships

## Mens 10K Individual

### November 12th, 2005

2005 CIS Cross Country Championships (Men Individual 10K)  
 Halifax, N.S. Nov 12, 2005 1:00 P.M. Weather: 6 Degrees Sunny  
 Race Director: Louis Brill  
 Timing & Results by Atlantic Chip Timing

Place	No.	Team	First Name	Last Name	Year	Rookie	Finish	Pace
1	10	Windsor	Cristiano	Mauricio	4		30:15.69	3:02
2	166	Waterloo	Scott	Arnald	5		30:35.79	3:04
3	22	Dalhousie	Paul	Chafe	5		30:41.54	3:05
4	61	Manitoba	Kristjan	Hunter	2		30:44.14	3:05
5	12	Windsor	Andrew	Coates	3		30:47.19	3:05
6	11	Windsor	Brandon	Young	5		30:48.64	3:05
7	30	Alberta	Adrian	Lambert	3		30:56.84	3:06
8	2	Guelph	Greg	Hutchinson	4		31:03.99	3:07
9	4	Guelph	Andre-Paul	Baillargeon-Smit	3		31:09.94	3:07
10	109	Laval	David	Gill	4		31:11.04	3:08
11	100	Calgary	Geoff	Kerr	3		31:12.39	3:08
12	40	Victoria	Kris	Swanson	5		31:16.49	3:08
13	3	Guelph	Steve	Koziarski	3		31:19.14	3:08
14	5	Guelph	Brendan	Hunt	3		31:20.79	3:09
15	43	Victoria	Geoff	Martinson	2		31:25.04	3:09
16	42	Victoria	Daniel	Mallie	1	Rookie	31:27.44	3:09
17	32	Alberta	Mike	Metcalfe	3		31:29.14	3:09
18	24	Dalhousie	Robert	Jewer	4		31:29.19	3:09
19	31	Alberta	Ian	Manyfingers	4		31:32.49	3:10
20	13	Windsor	Dave	DePiero	5		31:33.29	3:10
21	7	Guelph	Angus	Macaulay	3		31:34.29	3:10
22	14	Windsor	John	Bodirlau	4		31:36.64	3:10
23	50	Queens	Robert	Kitz			31:37.49	3:10
24	138	Toronto	Joe	Campanelli	3		31:38.69	3:10
25	26	Dalhousie	Matt	Sheffield	5		31:47.39	3:11
26	1	Guelph	Cleve	Thorson	5		31:47.74	3:11
27	33	Alberta	Brian	Torrance	4		31:51.19	3:12
28	130	StFX	Dylan	MacInnis	3		31:54.24	3:12
29	167	Waterloo	Mike	Logue	5		31:55.69	3:12
30	41	Victoria	Steven	Murenbeeld	4		31:58.44	3:12
31	71	McGill	Adrian	Walton	3		31:59.89	3:12
32	6	Guelph	Matt	Brunsting	1	Rookie	32:00.54	3:13
33	140	Toronto	Jose	Carvalho	4		32:02.54	3:13
34	54	Queens	Josh	Smith			32:02.79	3:13
35	52	Queens	Kevin	Dunbar			32:05.69	3:13
36	131	StFX	John	Tramble	3		32:13.69	3:14
37	60	Manitoba	Paul	Carr	2		32:18.79	3:14
38	44	Victoria	Logan	Burke	2		32:19.24	3:14
39	139	Toronto	Etienne	Bredin	2		32:19.74	3:14
40	16	Windsor	Ding	Marial	2		32:20.64	3:15
41	15	Windsor	Jonathan	Favre	2		32:22.79	3:15
42	165	Trent	Zekarias	Habtmichael	1	Rookie	32:24.29	3:15
43	70	McGill	Jeffrey	McCabe	4		32:26.94	3:15
44	62	Manitoba	Sam	Jerema	5		32:34.79	3:16
45	35	Alberta	Francois	Lebeouf	1	Rookie	32:35.09	3:16
46	158	Moncton	Said	Anebri	2		32:38.49	3:16
47	116	Sherbrooke	Nicolas	Thouin	2		32:39.04	3:16
48	112	Laval	Charles	Nadeau	2		32:40.19	3:17
49	74	McGill	James	Young	2		32:40.29	3:17
50	117	Sherbrooke	James	Poulin-Cadovius	1	Rookie	32:40.74	3:17
51	34	Alberta	Jason	Carver	3		32:41.39	3:17
52	53	Queens	Scott	Nelms			32:41.39	3:17
53	25	Dalhousie	Nicholas	McBride	5		32:43.59	3:17
54	102	Calgary	Travis	Saunders	3		32:45.39	3:17

55	73	McGill	Patrick McAuliffe	4		32:45.39	3:17
56	72	McGill	Stephen Douglas	2		32:45.44	3:17
57	156	Memorial	Grant Handrigan	3		32:45.44	3:17
58	51	Queens	Chris Nagle			32:48.74	3:17
59	55	Queens	Jeff Barr			32:52.19	3:18
60	162	Saskatchewan	Iain McCormick	3		32:55.34	3:18
61	164	Saskatchewan	Scott Forbes	2		32:55.69	3:18
62	160	Ottawa	Sean Young	3		32:58.24	3:18
63	36	Alberta	Brian Roppelt	4		32:59.49	3:18
64	161	Regina	Sandy Bain	5		33:07.24	3:19
65	66	Manitoba	Jeremy Walker	5		33:08.84	3:19
66	134	StFX	Daniel MacNeil	2		33:10.59	3:20
67	46	Victoria	Graeme Hill	2		33:11.84	3:20
68	163	Saskatchewan	Calvary DeJong	1	Rookie	33:12.34	3:20
69	63	Manitoba	Sheldon Kilcullen	3		33:14.69	3:20
70	45	Victoria	Richard Lehman	3		33:16.29	3:20
71	103	Calgary	Jon Bird	3		33:17.49	3:20
72	115	Sherbrooke	Simon-Pierre Landry	1	Rookie	33:19.59	3:20
73	119	Sherbrooke	Patrick Bonneau	3		33:22.44	3:21
74	23	Dalhousie	John Corbit	2		33:24.44	3:21
75	111	Laval	Dominic Michaud	1	Rookie	33:26.44	3:21
76	113	Laval	Laurent Vicente	2		33:27.19	3:21
77	133	StFX	Andrew Harris	1	Rookie	33:29.29	3:21
78	65	Manitoba	Jacques Marcoux	3		33:32.09	3:22
79	20	Dalhousie	Chris Algar	3		33:34.74	3:22
80	143	Toronto	Nathan Jowett	4		33:37.49	3:22
81	104	Calgary	Sean Van der Lee	4		33:38.29	3:22
82	75	McGill	Antony Orth	2		33:40.24	3:23
83	132	StFX	PJ Rasmussen	3		33:40.54	3:23
84	110	Laval	Maxime Gonneville	1	Rookie	33:40.59	3:23
85	142	Toronto	Steve Anthony	3		33:42.94	3:23
86	141	Toronto	Joshua Sissons	1	Rookie	33:46.79	3:23
87	56	Queens	Justin Hall			33:58.79	3:24
88	106	Calgary	Neal Austin	1	Rookie	34:00.59	3:25
89	120	Sherbrooke	Ynuke Bossé	5		34:06.69	3:25
90	76	McGill	Martin Fox	4		34:07.59	3:25
91	64	Manitoba	Patrice Leclercq	3		34:11.29	3:26
92	128	SMU	Brian Lewis	1	Rookie	34:15.29	3:26
93	101	Calgary	Stewart Aune	5		34:17.34	3:26
94	135	StFX	Scott Westberg	3		34:20.84	3:27
95	118	Sherbrooke	David Dumas	4		34:23.54	3:27
96	105	Calgary	Grant Burwash	1	Rookie	34:31.49	3:28
97	114	Laval	Emmanuel Grondin	1	Rookie	34:42.64	3:29
98	125	SMU	Gerald Demers	2		34:44.49	3:29
99	129	SMU	Cole Sinclair	3		34:52.29	3:30
100	144	Toronto	Tyler Lahti	2		35:02.54	3:31
101	153	UNB	Matthew Smith	1	Rookie	35:07.94	3:31
102	157	Memorial	Mike King	3		35:13.59	3:32
103	159	Moncton	Paul Gallant	3		35:15.34	3:32
104	121	Sherbrooke	Yoan Lemieux-Laneuvil	2		35:15.69	3:32
105	148	UNB	Paul Crosby	3		35:16.29	3:32
106	149	UNB	Chris Gairns	4		35:25.04	3:33
107	21	Dalhousie	Gerard Bray	2		35:33.74	3:34
108	150	UNB	Mihret Muzey	1	Rookie	35:35.74	3:34
109	147	UNB	Jason Bond	4		35:54.89	3:36
110	152	UNB	Evan Pemberton	4		36:19.04	3:38
111	136	StFX	Evan Bezanson	2		36:28.09	3:39
112	151	UNB	Daniel Muzey	1		36:51.59	3:42
113	124	SMU	Ben Clare	3		37:36.99	3:46
114	127	SMU	Allan Lee	2		38:45.44	3:53

11/12/2005 10:30PM

**Results originally posted November 12th, 2005 at 3:19:45 pm**

**Results last revised November 12th, 2005 at 10:33:47 pm**

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# Results for CIS National Cross Country Championships

## Mens Team

### November 12th, 2005

2005 CIS Cross Country Championships (Mens\_Team\_10K)  
 Halifax, N.S. Nov 12, 2005 1:00 P.M. Weather: 6 Degrees Sunny  
 Race Director: Louis Brill  
 Timing & Results by Atlantic Chip Timing

=====Cross Country Team Scoring=====							
Place	Pts.	Team Name	Avg. Time	Total Time	Elg Year	Rookie Status	Indv Time
=====	=====	=====	=====	=====	=====	=====	=====
		1. 50 Windsor		(31:00.29 155:01.45)			
		=====		=====			
1	1	10 Windsor		Cristiano Mauricio	4		30:15.69
2	4	12 Windsor		Andrew Coates	3		30:47.19
3	5	11 Windsor		Brandon Young	5		30:48.64
4	19	13 Windsor		Dave DePiero	5		31:33.29
5	21	14 Windsor		John Bodirlau	4		31:36.64
6	( 38)	16 Windsor		Ding Marial	2		32:20.64
7	( 39)	15 Windsor		Jonathan Favre	2		32:22.79
		2. 60 Guelph		(31:17.63 156:28.15)			
		=====		=====			
1	7	2 Guelph		Greg Hutchinson	4		31:03.99
2	8	4 Guelph		Andre-Paul Baillargeon-Smit	3		31:09.94
3	12	3 Guelph		Steve Koziarski	3		31:19.14
4	13	5 Guelph		Brendan Hunt	3		31:20.79
5	20	7 Guelph		Angus Macaulay	3		31:34.29
6	( 25)	1 Guelph		Cleve Thorson	5		31:47.74
7	( 30)	6 Guelph		Matt Brunsting	1	Rookie	32:00.54
		3. 104 Victoria		(31:41.33 158:26.65)			
		=====		=====			
1	11	40 Victoria		Kris Swanson	5		31:16.49
2	14	43 Victoria		Geoff Martinson	2		31:25.04
3	15	42 Victoria		Daniel Mallie	1	Rookie	31:27.44
4	28	41 Victoria		Steven Murenbeeld	4		31:58.44
5	36	44 Victoria		Logan Burke	2		32:19.24
6	( 58)	46 Victoria		Graeme Hill	2		33:11.84
7	( 60)	45 Victoria		Richard Lehman	3		33:16.29
		4. 108 Alberta		(31:40.95 158:24.75)			
		=====		=====			
1	6	30 Alberta		Adrian Lambert	3		30:56.84
2	16	32 Alberta		Mike Metcalfe	3		31:29.14
3	18	31 Alberta		Ian Manyfingers	4		31:32.49
4	26	33 Alberta		Brian Torrance	4		31:51.19
5	42	35 Alberta		Francois Lebeouf	1	Rookie	32:35.09
6	( 47)	34 Alberta		Jason Carver	3		32:41.39
7	( 55)	36 Alberta		Brian Roppelt	4		32:59.49
		5. 156 Dalhousie		(32:01.23 160:06.15)			
		=====		=====			
1	2	22 Dalhousie		Paul Chafe	5		30:41.54
2	17	24 Dalhousie		Robert Jewer	4		31:29.19
3	24	26 Dalhousie		Matt Sheffield	5		31:47.39
4	49	25 Dalhousie		Nicholas McBride	5		32:43.59
5	64	23 Dalhousie		John Corbit	2		33:24.44
6	( 69)	20 Dalhousie		Chris Algar	3		33:34.74
7	( 95)	21 Dalhousie		Gerard Bray	2		35:33.74
		6. 188 Queens		(32:15.22 161:16.10)			



=====						
1	22	50	Queens	Robert Kitz		31:37.49
2	32	54	Queens	Josh Smith		32:02.79
3	33	52	Queens	Kevin Dunbar		32:05.69
4	48	53	Queens	Scott Nelms		32:41.39
5	53	51	Queens	Chris Nagle		32:48.74
6	( 54)	55	Queens	Jeff Barr		32:52.19
7	( 77)	56	Queens	Justin Hall		33:58.79
7.		194	Manitoba	( 32:24.25	162:01.25)	
=====						
1	3	61	Manitoba	Kristjan Hunter	2	30:44.14
2	35	60	Manitoba	Paul Carr	2	32:18.79
3	41	62	Manitoba	Sam Jerema	5	32:34.79
4	56	66	Manitoba	Jeremy Walker	5	33:08.84
5	59	63	Manitoba	Sheldon Kilcullen	3	33:14.69
6	( 68)	65	Manitoba	Jacques Marcoux	3	33:32.09
7	( 81)	64	Manitoba	Patrice Leclercq	3	34:11.29
8.		217	McGill	( 32:31.59	162:37.95)	
=====						
1	29	71	McGill	Adrian Walton	3	31:59.89
2	40	70	McGill	Jeffrey McCabe	4	32:26.94
3	45	74	McGill	James Young	2	32:40.29
4	51	73	McGill	Patrick McAuliffe	4	32:45.39
5	52	72	McGill	Stephen Douglas	2	32:45.44
6	( 72)	75	McGill	Antony Orth	2	33:40.24
7	( 80)	76	McGill	Martin Fox	4	34:07.59
9.		236	Toronto	( 32:40.28	163:21.40)	
=====						
1	23	138	Toronto	Joe Campanelli	3	31:38.69
2	31	140	Toronto	Jose Carvalho	4	32:02.54
3	37	139	Toronto	Etienne Bredin	2	32:19.74
4	70	143	Toronto	Nathan Jowett	4	33:37.49
5	75	142	Toronto	Steve Anthony	3	33:42.94
6	( 76)	141	Toronto	Joshua Sissons	1 Rookie	33:46.79
7	( 90)	144	Toronto	Tyler Lahti	2	35:02.54
10.		258	StFX	( 32:53.67	164:28.35)	
=====						
1	27	130	StFX	Dylan MacInnis	3	31:54.24
2	34	131	StFX	John Tramble	3	32:13.69
3	57	134	StFX	Daniel MacNeil	2	33:10.59
4	67	133	StFX	Andrew Harris	1 Rookie	33:29.29
5	73	132	StFX (tie breaker)	PJ Rasmussen	3	33:40.54
6	( 84)	135	StFX	Scott Westberg	3	34:20.84
7	( 99)	136	StFX	Evan Bezanson	2	36:28.09
11.		258	Laval	( 32:53.09	164:25.45)	
=====						
1	9	109	Laval	David Gill	4	31:11.04
2	44	112	Laval	Charles Nadeau	2	32:40.19
3	65	111	Laval	Dominic Michaud	1 Rookie	33:26.44
4	66	113	Laval	Laurent Vicente	2	33:27.19
5	74	110	Laval	Maxime Gonneville	1 Rookie	33:40.59
6	( 87)	114	Laval	Emmanuel Grondin	1 Rookie	34:42.64
12.		270	Calgary	( 32:58.83	164:54.15)	
=====						
1	10	100	Calgary	Geoff Kerr	3	31:12.39
2	50	102	Calgary	Travis Saunders	3	32:45.39
3	61	103	Calgary	Jon Bird	3	33:17.49
4	71	104	Calgary	Sean Van der Lee	4	33:38.29
5	78	106	Calgary	Neal Austin	1 Rookie	34:00.59
6	( 83)	101	Calgary	Stewart Aune	5	34:17.34
7	( 86)	105	Calgary	Grant Burwash	1 Rookie	34:31.49
13.		293	Sherbrooke	( 33:13.70	166:08.50)	
=====						
1	43	116	Sherbrooke	Nicolas Thouin	2	32:39.04
2	46	117	Sherbrooke	James Poulin-Cadovius	1 Rookie	32:40.74
3	62	115	Sherbrooke	Simon-Pierre Landry	1 Rookie	33:19.59
4	63	119	Sherbrooke	Patrick Bonneau	3	33:22.44
5	79	120	Sherbrooke	Ynuke Bossé	5	34:06.69
6	( 85)	118	Sherbrooke	David Dumas	4	34:23.54
7	( 92)	121	Sherbrooke	Yoan Lemieux-Laneuvil	2	35:15.69
14.		462	SMU	( 36:02.90	180:14.50)	
=====						
1	82	128	SMU	Brian Lewis	1 Rookie	34:15.29

2	88	125	SMU	Gerald Demers	2	34:44.49
3	89	129	SMU	Cole Sinclair	3	34:52.29
4	101	124	SMU	Ben Clare	3	37:36.99
5	102	127	SMU	Allan Lee	2	38:45.44
15. 471 UNB				(35:27.98 177:19.90)		
=====						
1	91	153	UNB	Matthew Smith	1	Rookie 35:07.94
2	93	148	UNB	Paul Crosby	3	35:16.29
3	94	149	UNB	Chris Gairns	4	35:25.04
4	96	150	UNB	Mihret Muzey	1	Rookie 35:35.74
5	97	147	UNB	Jason Bond	4	35:54.89
6	( 98 )	152	UNB	Evan Pemberton	4	36:19.04
7	(100)	151	UNB	Daniel Muzey	1	36:51.59

**Results originally posted November 12th, 2005 at 3:12:07 pm**  
**Results last revised November 14th, 2005 at 7:42:12 am**

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