

WOMEN'S RESULTS

Licensed to Legion Track & Field Club Hy-Tek's Meet Manager 3/13/2004 05:13 PM

Canadian Interuniversity Sport

2004 Indoor Track & Field Championships

St. Denis Centre, University of Windsor - 3/11/2004 to 3/13/2004

Results

Women 60 Meter Dash

7 Advance: Top 2 Each Heat plus Next 3 Best Times

Sponsor: Kelly's Rent a Car

CIS Meet: ! 7.26 1981 Angella Taylor, York

Name	Year	School	Seed	Prelims	H#
Preliminaries					
1	161	Zelinka, Jessica	Calgary	7.53	7.53Q 2
2	10	Power, Adrienne	Dalhousie	7.59	7.58Q 1
3	290	Adu-Gyumfi, Jocely	Toronto	7.67	7.64Q 2
4	265	Serby, Karlyn	Saskatchewan	7.60	7.68Q 1
5	252	Buchholz, Nicky	Saskatchewan	7.67	7.74q 1
6	130	Hua, Elaine	Alberta	7.64	7.78q 2
7	412	Wenner, Stephanie	Windsor	7.85	7.87q 1
8	80	Leblanc, Marie And	Sherbrooke	7.74	J7.87 2
9	131	Hughes, Heather	Alberta	7.78	7.88 2
10	19	Carrington, Troye	McGill	7.80	7.90 1
10	308	Taylor, Cara	Toronto	7.72	7.90 1
12	5	Grant, Lauren	Dalhousie	7.86	7.97 2

Women 60 Meter Dash

Sponsor: Kelly's Rent a Car

CIS Meet: ! 7.26 1981 Angella Taylor, York

Name	Year	School	Prelims	Finals	Points
Finals					
1	10	Power, Adrienne	Dalhousie	7.58	7.47 7

2	161	Zelinka, Jessica	Calgary	7.53	7.56	5
3	265	Serby, Karlyn	Saskatchewan	7.68	7.59	4
4	130	Hua, Elaine	Alberta	7.78	7.63	3
5	290	Adu-Gyumfi, Jocely	Toronto	7.64	7.66	2
6	252	Buchholz, Nicky	Saskatchewan	7.74	7.68	1
7	412	Wenner, Stephanie	Windsor	7.87	8.00	

Women 300 Meter Dash

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6 Advance: Top 1 Each Heat plus Next 3 Best Times

Sponsor: Mayhew & Associates

CIS Meet: ! 37.06 1981 Angella Taylor, York

Name	Year	School	Seed	Prelims	H#
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Preliminaries

1	10	Power, Adrienne	Dalhousie	39.16	38.90Q	2
2	265	Serby, Karlyn	Saskatchewan	38.58	39.66Q	3
3	131	Hughes, Heather	Alberta	39.97	40.13Q	1
4	299	MacDonald, Michell	Toronto	40.51	40.45q	2
5	308	Taylor, Cara	Toronto	41.38	40.75q	2
6	80	Leblanc, Marie And	Sherbrooke	40.75	40.80q	3
7	19	Carrington, Troye	McGill	40.68	40.89	3
8	257	Leydon, Shannon	Saskatchewan	40.98	40.93	2
8	152	Czajkowski, Megan	Calgary	41.04	40.93	1
10	262	Rooks, Katie	Saskatchewan	40.11	40.94	1
11	258	Mosewich, Amber	Saskatchewan	41.05	41.35	1
12	6	Huck, Leanne	Dalhousie	42.50	41.36	3

Women 300 Meter Dash

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Sponsor: Mayhew & Associates

CIS Meet: ! 37.06 1981 Angella Taylor, York

Name	Year	School	Prelims	Finals	Points
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Finals

1	10	Power, Adrienne	Dalhousie	38.90	38.23	7
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2	265	Serby, Karlyn	Saskatchewan	39.66	38.91	5
3	131	Hughes, Heather	Alberta	40.13	40.34	4
4	299	MacDonald, Michell	Toronto	40.45	40.94	3
5	308	Taylor, Cara	Toronto	40.75	40.98	2
6	80	Leblanc, Marie And	Sherbrooke	40.80	41.76	1

Women 600 Meter Run

6 Advance: Top 1 Each Heat plus Next 4 Best Times

Sponsor: John Sheldon Automotive Group

CIS Meet: ! 1:27.63 1984 Camille Cato, York

Name	Year	School	Seed	Prelims	H#	
Preliminaries						
1	262	Rooks, Katie	Saskatchewan	1:33.98	1:34.01Q	2
2	216	Whalen, Lisa	Manitoba	1:33.72	1:34.05Q	1
3	155	Jones, Jackie	Calgary	1:34.73	1:34.26q	1
4	367	Lee, Marni	Western	1:35.83	1:34.39q	2
5	260	Poole, Erica	Saskatchewan	1:34.61	1:35.03q	2
6	211	Isaacson, Kja	Manitoba	1:34.83	1:35.40q	1
7	68	Marshall, Joelle	Saint Mary's	1:39.13	1:36.41	1
8	234	Moroschan, Lorinda	Regina	1:37.11	1:36.42	1
9	127	Bouma, Carrah	Alberta	1:36.30	1:37.51	1
10	296	Heale, Liane	Toronto	1:37.24	1:37.55	2
11	74	Beauregard, Emilie	Sherbrooke	1:38.10	1:43.69	2
--	151	Barnett, Gina	Calgary	1:35.57	DNF	2

Women 600 Meter Run

Sponsor: John Sheldon Automotive Group

CIS Meet: ! 1:27.63 1984 Camille Cato, York

Name	Year	School	Prelims	Finals	Points	
Finals						
1	216	Whalen, Lisa	Manitoba	1:34.05	1:33.40	7
2	155	Jones, Jackie	Calgary	1:34.26	1:33.85	5

3	262 Rooks, Katie	Saskatchewan	1:34.01	1:34.14	4
4	367 Lee, Marni	Western	1:34.39	1:34.34	3
5	211 Isaacson, Kja	Manitoba	1:35.40	1:34.92	2
6	260 Poole, Erica	Saskatchewan	1:35.03	1:36.43	1

Women 1000 Meter Run

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Sponsor: Jason Kryk/LancerPhotos.com

2 Alleys, 1 Turn

CIS Meet: ! 2:42.81 1988 Paula Schnurr, McMaster

Name	Year	School	Seed	Finals	Points	
1	214	Trembath, Darolyn	Manitoba	2:49.89	2:51.18	7
2	216	Whalen, Lisa	Manitoba	2:52.26	2:51.92	5
3	158	Slater, Shannon	Calgary	2:48.01	2:51.98	4
4	266	Sieminska, Edyta	Saskatchewan	2:47.60	2:53.07	3
5	8	Maclean, Leanna	Dalhousie	2:54.20	2:54.82	2
6	309	Wells, Sandy	Toronto	2:51.79	2:55.04	1
7	329	DePol, Andrea	Victoria	2:54.03	2:55.97	
8	157	Sim, Heather	Calgary	2:54.89	2:56.77	
9	125	Acheson, Lindsay	Alberta	2:54.55	2:57.00	
10	23	Warren, Jessica	McGill	2:53.68	2:57.81	

Women 1500 Meter Run

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Sponsor: Nike Canada

2 Alleys, 1 Turn

CIS Meet: ! 4:16.41 1988 Paula Schnurr, McMaster

Name	Year	School	Seed	Finals	Points	
1	214	Trembath, Darolyn	Manitoba	4:31.60	4:29.75	7
2	266	Sieminska, Edyta	Saskatchewan	4:26.73	4:29.76	5
3	158	Slater, Shannon	Calgary	4:31.32	4:30.27	4
4	8	Maclean, Leanna	Dalhousie	4:32.70	4:34.41	3
5	154	Harper, Sabrina	Calgary	4:38.72	4:35.01	2
6	2	Ashworth, Janice	Dalhousie	4:33.60	4:36.68	1

7	49	Wightman, Beth	Queen's	4:38.61	4:39.09
8	32	Mullins, Rosalind	McMaster	4:38.13	4:40.26
9	37	Barrington, Anne	Queen's	4:37.82	4:41.72
10	181	Moulton, Laura	Guelph	4:41.54	4:48.11
--	101	Lussier Duquette,	Laval	4:48.63	DNF
--	309	Wells, Sandy	Toronto	4:33.49	SCR

Women 3000 Meter Run

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Sponsor: The Heather Swift Memorial

2 alleys, 1 turn

CIS Meet: ! 9:04.88 1988 Brenda Shackleton, Victoria

Name	Year	School	Seed	Finals	Points	
1	49	Wightman, Beth	Queen's	9:37.39	9:37.26	7
2	2	Ashworth, Janice	Dalhousie	9:52.51	9:44.57	5
3	37	Barrington, Anne	Queen's	9:47.70	9:51.18	4
4	32	Mullins, Rosalind	McMaster	9:58.44	9:53.72	3
5	362	Gerrie, Shannon	Western	10:01.09	9:54.97	2
6	358	Bonisteel, Jackie	Western	9:53.47	9:56.54	1
7	69	Hill, Kim	St.Francis X	10:10.34	10:11.51	
8	181	Moulton, Laura	Guelph	10:03.66	10:14.13	
9	128	Dooling, Krissy	Alberta	10:06.44	10:18.67	
10	446	Kirkham, Amy	York	10:17.28	10:33.71	
11	70	MacLean, Erin	St.Francis X	10:17.64	10:37.07	
12	331	Goodfellow, Heathe	Victoria	10:11.57	10:53.68	
13	24	Wilson, Laura	McGill	10:32.49	11:08.13	

Women 60 Meter Hurdles

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7 Advance: Top 2 Each Heat plus Next 3 Best Times

Sponsor: The Windsor Star

2 heats, top 2 plus next 3 advance to final

CIS Meet: ! 8.23 1997 Sonia Paquette, Sherbrooke

Name	Year	School	Seed	Prelims	H#
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Preliminaries

1	161	Zelinka, Jessica	Calgary	8.21	8.59Q	1
1	412	Wenner, Stephanie	Windsor	8.44	8.59Q	2
3	405	Park, Kelley	Windsor	8.68	8.66Q	1
4	365	Hodge, Kristen	Western	8.78	8.72Q	2
5	270	Vinet, Andrea	Saskatchewan	8.76	8.71q	1
6	400	Lachapelle, Mélanie	Windsor	8.63	8.79q	2
7	149	Anderson, Samantha	Calgary	8.79	8.80q	2
8	133	Kupper, Sue	Alberta	8.83	8.85	1
9	268	Tasche, Mandi	Saskatchewan	8.86	8.86	1
10	250	Basnett, Caitlin	Saskatchewan	8.89	8.96	2
11	256	Junkin, Sarah	Saskatchewan	8.92	8.97	2
12	100	Lambert Beaulieu,	Laval	9.98	9.54	1

Women 60 Meter Hurdles

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Sponsor: The Windsor Star

2 heats, top 2 plus next 3 advance to final

CIS Meet: ! 8.23 1997 Sonia Paquette, Sherbrooke

Name	Year	School	Prelims	Finals	Points
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Finals

1	161	Zelinka, Jessica	Calgary	8.59	8.32	7
2	412	Wenner, Stephanie	Windsor	8.59	8.37	5
3	400	Lachapelle, Mélanie	Windsor	8.79	8.63	4
4	270	Vinet, Andrea	Saskatchewan	8.71	8.66	3
5	405	Park, Kelley	Windsor	8.66	8.74	2
6	149	Anderson, Samantha	Calgary	8.80	8.83	1
7	365	Hodge, Kristen	Western	8.72	8.95	

Women 4x200 Meter Relay

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6 Advance: Top 1 Each Heat plus Next 3 Best Times

Sponsor: Ramset-Redhead

CIS Meet: ! 1:37.11 1993 Lancers, Windsor

School	Seed	Prelims	H#
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Preliminaries

1	University of Saskatchewan 'A'	1:39.15	1:41.24Q	2
	1) 252 Buchholz, Nicky			
	3) 257 Leydon, Shannon			
2	Dalhousie University 'A'	1:43.64	1:41.87Q	3
	1) 6 Huck, Leanne			
	3) 4 Campbell, Katie			
3	University of Windsor 'A'	1:44.95	1:42.21Q	1
	1) 404 O'Brien, Jennifer			
	3) 394 Davis, Shavonne			
4	University of Calgary 'A'	1:43.71	1:43.04q	1
	1) 156 O'Brien, Colleen			
	3) 149 Anderson, Samantha			
5	University of Alberta 'A'	1:43.03	1:43.46q	3
	1) 130 Hua, Elaine			
	3) 134 McMillan, Aimee			
6	University of Toronto 'A'	1:41.87	1:43.61q	1
	1) 303 Rosenberg, Emily			
	3) 308 Taylor, Cara			
7	University of Western Ontario 'A'	1:44.26	1:44.59	2
	1) 365 Hodge, Kristen			
	3) 364 Goheen, Kellie			
8	Queen's University 'A'	1:45.10	1:45.59	3
	1) 39 Colangelo, Sarah			
	3) 42 Hall, Fiona			
9	University of Regina 'A'	1:45.88	1:45.68	1
	1) 232 McFadyen, Danielle			
	3) 235 Omene, Eseroghene			
10	University of Guelph 'A'	1:47.21	1:45.99	2
	1) 172 Boyd, Tina			
	3) 177 Kamp, Bridget			
11	McGill University 'A'	1:45.57	1:46.29	3
	1) 19 Carrington, Troye			
	3) 516 Horobjowsky, Vanessa			
	2) 256 Junkin, Sarah			
	4) 258 Mosewich, Amber			
	2) 5 Grant, Lauren			
	4) 10 Power, Adrienne			
	2) 405 Park, Kelley			
	4) 412 Wenner, Stephanie			
	2) 153 Gruber, Diana			
	4) 152 Czajkowski, Megan			
	2) 131 Hughes, Heather			
	4) 133 Kupper, Sue			
	2) 299 MacDonald, Michelle			
	4) 306 Stewart, Christine			
	2) 369 Stephans, Henria			
	4) 361 Ferguson, Kristen			
	2) 43 Hodgins, Kelly-Ann			
	4) 47 Stanisz, Joanna			
	2) 229 Fisher, Erica			
	4) 233 McKell, Nicole			
	2) 173 Burosch, Stef			
	4) 182 Purton, Sarah			
	2) 22 Moffatt, Hannah			
	4) 515 Redpath, Margaret			

12 University of Manitoba 'A'	1:43.85	1:46.33	2
1) 210 Ezirim, Ruth	2) 215 Watson, Kelly		
3) 211 Isaacson, Kja	4) 209 Drake, Sharon		

Women 4x200 Meter Relay

Sponsor: Ramset-Redhead

CIS Meet: ! 1:37.11 1993 Lancers, Windsor

School	Prelims	Finals	Points
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Finals

1 University of Saskatchewan 'A'	1:41.24	1:39.55	7
1) 252 Buchholz, Nicky	2) 265 Serby, Karlyn		
3) 256 Junkin, Sarah	4) 268 Tasche, Mandi		
2 Dalhousie University 'A'	1:41.87	1:42.03	5
1) 6 Huck, Leanne	2) 5 Grant, Lauren		
3) 4 Campbell, Katie	4) 10 Power, Adrienne		
3 University of Toronto 'A'	1:43.61	1:42.47	4
1) 306 Stewart, Christine	2) 299 MacDonald, Michelle		
3) 308 Taylor, Cara	4) 290 Adu-Gyumfi, Jocelyn		
4 University of Windsor 'A'	1:42.21	1:44.12	3
1) 404 O'Brien, Jennifer	2) 405 Park, Kelley		
3) 394 Davis, Shavonne	4) 412 Wenner, Stephanie		
5 University of Alberta 'A'	1:43.46	1:44.26	2
1) 130 Hua, Elaine	2) 131 Hughes, Heather		
3) 134 McMillan, Aimee	4) 133 Kupper, Sue		
6 University of Calgary 'A'	1:43.04	1:45.66	1
1) 156 O'Brien, Colleen	2) 153 Gruber, Diana		
3) 149 Anderson, Samantha	4) 152 Czajkowski, Megan		

Women 4x400 Meter Relay

Sponsor: City of Windsor

CIS Meet: ! 3:45.83 1998 Blues, Toronto

School	Seed	Finals	H#	Points
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1	University of Saskatchewan 'A'		3:53.64	3:49.38	2	7
	1) 262 Rooks, Katie	2) 260 Poole, Erica				
	3) 256 Junkin, Sarah	4) 265 Serby, Karlyn				
2	University of Calgary 'A'		3:53.86	3:55.34	2	5
	1) 156 O'Brien, Colleen	2) 151 Barnett, Gina				
	3) 152 Czajkowski, Megan	4) 155 Jones, Jackie				
3	University of Manitoba 'A'		3:57.97	3:56.99	2	4
	1) 211 Isaacson, Kja	2) 209 Drake, Sharon				
	3) 215 Watson, Kelly	4) 216 Whalen, Lisa				
4	University of Windsor 'A'		3:56.31	3:57.12	2	3
	1) 394 Davis, Shavonne	2) 409 Steckle, Ashley				
	3) 395 Dufresne, Tammy	4) 402 Mokedanz, Amanda				
5	University of Alberta 'A'		3:56.95	3:57.38	2	2
	1) 131 Hughes, Heather	2) 134 McMillan, Aimee				
	3) 125 Acheson, Lindsay	4) 127 Bouma, Carrah				
6	York University 'A'		4:00.15	3:58.22	1	1
	1) 450 Toledo-Moller, Aralia	2) 451 Upuu, Mandy				
	3) 443 Griffin, Loni	4) 448 Momoh, Fatihat				
7	University of Western Ontario 'A'		4:02.80	3:59.01	1	
	1) 360 Clifford, Dana	2) 361 Ferguson, Kristen				
	3) 367 Lee, Marni	4) 356 Aubry, Shauna				
8	University of Toronto 'A'		3:59.71	3:59.62	2	
	1) 308 Taylor, Cara	2) 296 Heale, Liane				
	3) 294 Cushnie, Leigh	4) 299 MacDonald, Michelle				
9	University of Regina 'A'		4:02.87	3:59.88	1	
	1) 237 Schulz, Rulene	2) 232 McFadyen, Danielle				
	3) 230 Hazlewood, Meagan	4) 234 Moroschan, Lorinda				
10	McGill University 'A'		4:04.75	4:01.08	1	
	1) 19 Carrington, Troye	2) 519 Lessard, Lindsay				
	3) 517 Jenkins, Genevieve	4) 23 Warren, Jessica				
11	Universite de Sherbrooke 'A'		4:06.14	4:07.33	1	
	1) 78 Germain, Katia	2) 74 Beauregard, Emilie				
	3) 75 Blais, Marie-Pier	4) 80 Leblanc, Marie Andree				
12	McMaster University 'A'		4:04.44	4:07.63	1	
	1) 29 Elkami, Susan	2) 31 Mitchell, Shannon				

3) 32 Mullins, Rosalind

4) 30 Jaclyn, Durante

Women 4x800 Meter Relay

Sponsor: Lista

2 Alleys, 1 Turn

CIS Meet: ! 8:41.66 1988

Vikes, Victoria

School	Seed	Finals	Points
1 University of Calgary 'A'	9:09.76	9:03.80	7
1) 159 Trites, Beth	2) 160 Wyrostok, Chelsey		
3) 155 Jones, Jackie	4) 158 Slater, Shannon		
2 University of Saskatchewan 'A'	9:17.42	9:11.84	5
1) 262 Rooks, Katie	2) 263 Russell, Letty		
3) 260 Poole, Erica	4) 266 Sieminska, Edyta		
3 University of Toronto 'A'	9:17.34	9:13.94	4
1) 298 Keenan, Siobhan	2) 307 Stillman, Jacquie		
3) 300 McInnes, Genny	4) 309 Wells, Sandy		
4 University of Alberta 'A'	9:20.98	9:17.29	3
1) 127 Bouma, Carrah	2) 128 Dooling, Krissy		
3) 138 Yewchuk, Kerianne	4) 125 Acheson, Lindsay		
5 Dalhousie University 'A'	9:36.60	9:18.13	2
1) 3 Burn, Hilary	2) 1 Alambets, Angie		
3) 2 Ashworth, Janice	4) 8 Maclean, Leanna		
6 University of Victoria 'A'	9:30.88	9:22.50	1
1) 328 Burley, Leah	2) 329 DePol, Andrea		
3) 327 Burley, Heather	4) 330 Fedoruk, Nancy		
7 McGill University 'A'	9:27.31	9:24.36	
1) 517 Jenkins, Genevieve	2) 519 Lessard, Lindsay		
3) 518 Marcotte, Leslie	4) 23 Warren, Jessica		
8 University of Western Ontario 'A'	9:26.89	9:26.75	
1) 357 Boland, Shayna	2) 363 Gilbert, Karen		
3) 366 Johnson, Tara	4) 358 Bonisteel, Jackie		
9 University of Windsor 'A'	9:22.56	9:28.20	
1) 410 Stewart, Crystal	2) 409 Steckle, Ashley		

3) 395 Dufresne, Tammy	4) 402 Mokedanz, Amanda		
10 Queen's University 'A'		9:22.12	9:31.82
1) 49 Wightman, Beth	2) 37 Barrington, Anne		
3) 41 Cumming, Vera	4) 40 Cumming, Margaret		
11 University of Manitoba 'A'		9:21.39	9:57.56
1) 212 Krewiak, Jennifer	2) 211 Isaacson, Kja		
3) 214 Trembath, Darolyn	4) 216 Whalen, Lisa		

Women High Jump

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Sponsor: Dante's Dance Bar

Height Progression: 1.49 by 5cm to 1.64 then by 3cm

CIS Meet: ! 1.87m 1986 Tami Lutz, UBC

Name	Year	School	Seed	Finals	Points				
1	253	Collinge, Angela	Saskatchewan	1.70m	1.73m 7				
	1.49	1.54	1.59	1.64	1.67	1.70	1.73	1.75	
	P	P	O	O	O	O	O	XXX	
2	447	Mankovskaya, Olga	York	1.81m	1.70m 5				
	1.49	1.54	1.59	1.64	1.67	1.70	1.73		
	P	P	P	P	O	O	XXX		
3	9	Payne, Jennifer	Dalhousie	1.68m	J1.70m 4				
	1.49	1.54	1.59	1.64	1.67	1.70	1.73		
	P	O	O	O	XO	XXO	XXX		
4	45	Major, Imola	Queen's	1.70m	1.67m 2				
	1.49	1.54	1.59	1.64	1.67	1.70			
	P	P	O	O	O	XXX			
4	178	McArthur, Brae-Ann	Guelph	1.69m	1.67m 2				
	1.49	1.54	1.59	1.64	1.67	1.70			
	P	O	O	O	O	XXX			
4	179	Menczel, Sue	Guelph	1.66m	1.67m 2				
	1.49	1.54	1.59	1.64	1.67	1.70			
	P	O	O	O	O	XXX			
7	356	Aubry, Shauna	Western	1.69m	J1.67m				
	1.49	1.54	1.59	1.64	1.67	1.70			

		P	O	XO	O	O	XXX			
7	180	Moody, Michelle					Guelph	1.69m	J1.67m	
		1.49	1.54	1.59	1.64	1.67	1.70			
		P	O	O	XO	O	XXX			
9	391	Burch, Stef					Windsor	1.66m	1.64m	
		1.49	1.54	1.59	1.64	1.67				
		P	P	O	O	XXX				
10	359	Boudreau, Alana					Western	1.69m	1.59m	
		1.49	1.54	1.59	1.64					
		P	O	O	XXX					
11	368	Smart, Felicia					Western	1.66m	J1.59m	
		1.49	1.54	1.59	1.64					
		P	O	XO	XXX					
11	150	Baerg, Karen					Calgary	1.63m	J1.59m	
		1.49	1.54	1.59	1.64					
		P	O	XO	XXX					
13	360	Clifford, Dana					Western	1.67m	1.54m	
		1.49	1.54	1.59						
		O	O	XXX						
14	21	Foley, Veronique					McGill	1.55m	J1.54m	
		1.49	1.54	1.59						
		P	XO	XXX						

Women Pole Vault

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Sponsor: Wesco Production Tool

Height Progression: 3.20 by 15cm to 3.50 then by 10cm

CIS Meet: ! 4.15m 2003 Kelsie Hendry, Saskatchewan

Name	Year	School	Seed	Finals	Points						
1	255	Hendry, Kelsie	Saskatchewan	4.21m	4.20m! 7						
		3.20	3.35	3.50	3.60	3.70	3.80	3.90	4.00	4.10	4.20
		P	P	P	P	P	P	O	O	XO	
2	269	Vangool, Adrienne	Saskatchewan	3.81m	4.00m 5						
		3.20	3.35	3.50	3.60	3.70	3.80	3.90	4.00	4.10	

	P	P	XO	XXO	O	XXO	O	XO	XXX			
3	133	Kupper, Sue						Alberta		3.95m	3.80m	4
			3.20	3.35	3.50	3.60	3.70	3.80	3.90			
			P	P	XO	P	XXO	XO	XXX			
4	200	Mitchell, Arielle						Lethbridge		3.65m	3.70m	2.5
			3.20	3.35	3.50	3.60	3.70	3.80				
			P	O	O	O	O	XXX				
4	259	Nieznalska, Karoli						Saskatchewan		3.55m	3.70m	2.5
			3.20	3.35	3.50	3.60	3.70	3.80				
			P	O	O	O	O	XXX				
6	22	Moffatt, Hannah						McGill		3.65m	3.60m	1
			3.20	3.35	3.50	3.60	3.70					
			P	O	O	O	XXX					
7	137	Wedman, Chelsea						Alberta		3.50m	J3.60m	
			3.20	3.35	3.50	3.60	3.70					
			P	O	O	XO	XXX					
8	295	Gossin, Amara						Toronto		3.43m	3.50m	
			3.20	3.35	3.50	3.60						
			O	XO	XO	XXX						
9	126	Anderson, Brynn						Alberta		3.65m	J3.50m	
			3.20	3.35	3.50	3.60						
			P	O	XXO	XXX						
10	132	Jeske, Nikki						Alberta		3.58m	3.35m	
			3.20	3.35	3.50							
			O	O	XXX							
10	150	Baerg, Karen						Calgary		3.45m	3.35m	
			3.20	3.35	3.50							
			O	O	XXX							
10	73	Lefebvre Bertrand,						Montréal		3.50m	3.35m	
			3.20	3.35	3.50							
			O	O	XXX							
10	9	Payne, Jennifer						Dalhousie		3.60m	3.35m	
			3.20	3.35	3.50							
			O	O	XXX							
14	392	Creighton, Janice						Windsor		3.55m	J3.35m	

	3.20	3.35	3.50				
	XXO	O	XXX				
15	297	Jeffs, Ashley	Toronto	3.45m	J3.35m		
	3.20	3.35	3.50				
	O	XO	XXX				
16	46	Roman, Iris	Queen's	3.45m	J3.35m		
	3.20	3.35	3.50				
	XO	XO	XXX				
17	79	Jean, Caroline	Sherbrooke	3.70m	J3.35m		
	3.20	3.35	3.50				
	P	XXO	XXX				
18	304	Sauks, Kate	Toronto	3.60m	3.20m		
	3.20	3.35					
	XO	XXX					
--	264	Schidlowsky, Heath	Saskatchewan	3.58m	NH		
	3.20	3.35	3.50				
	P	P	XXX				

Women Long Jump

=====

Sponsor: Allegra Printing and Imaging

CIS Meet: ! 6.24m 2001 Jocelyn Adu-Gamfi, Toronto

Name	Year	School	Seed	Finals	Points
1	290	Adu-Gyumfi, Jocely	Toronto	5.98m	6.14m 7
		6.14m FOUL	5.32m PASS	PASS	5.61m
2	268	Tasche, Mandi	Saskatchewan	5.86m	5.93m 5
		5.82m 5.93m	5.86m 5.85m	5.81m	5.75m
3	161	Zelinka, Jessica	Calgary	5.83m	5.74m 4
		5.58m PASS	PASS 5.66m	5.63m	5.74m
4	400	Lachapelle, Mélani	Windsor	5.78m	5.73m 3
		5.62m 5.60m	5.60m 5.67m	5.73m	5.46m
5	390	Braithwaite, Kim	Windsor	5.69m	5.71m 2
		5.57m 5.66m	5.71m 5.44m	FOUL	FOUL
6	405	Park, Kelley	Windsor	5.74m	5.62m 1

	FOUL 5.62m	PASS 5.50m	FOUL 5.53m			
7	364 Goheen, Kellie		Western	5.70m	5.55m	
	FOUL 5.30m	5.55m	FOUL 5.42m	5.34m		
8	149 Anderson, Samantha		Calgary	5.74m	5.50m	
	FOUL 5.50m	PASS PASS	FOUL FOUL			
9	403 Notarangelo, Sabri		Windsor	5.75m	5.44m	
	5.44m	5.16m	5.08m			
10	267 Tasche, Lindsay		Saskatchewan	5.68m	5.38m	
	5.11m	5.28m	5.38m			
11	299 MacDonald, Michell		Toronto	5.63m	5.31m	
	5.31m	FOUL 5.27m				
12	78 Germain, Katia		Sherbrooke	5.19m	4.84m	
	4.84m	4.74m	4.83m			

Women Triple Jump

=====

Sponsor: Vanguard Steel

CIS Meet: ! 13.01m 1993 Kelly Dinsmore, Windsor

Name	Year	School	Seed	Finals	Points	
1	390 Braithwaite, Kim	Windsor	12.02m	12.31m	7	
	12.02m	11.59m	11.88m	FOUL 12.08m	12.31m	
2	359 Boudreau, Alana	Western	12.10m	12.29m	5	
	11.90m	11.66m	FOUL 11.82m	12.14m	12.29m	
3	407 Shreve, Jann	Windsor	12.25m	12.09m	4	
	11.44m	11.76m	FOUL 12.09m	FOUL FOUL		
4	290 Adu-Gyumfi, Jocely	Toronto	12.24m	12.05m	3	
	10.96m	11.48m	11.48m	11.46m	11.81m	12.05m
5	268 Tasche, Mandi	Saskatchewan	11.88m	12.00m	2	
	FOUL 11.58m	11.48m	11.35m	11.70m	12.00m	
6	129 Hoyles, Sarah	Alberta	11.86m	11.90m	1	
	11.28m	11.81m	11.67m	11.90m	11.80m	11.79m
7	405 Park, Kelley	Windsor	11.72m	11.72m		
	11.06m	11.32m	11.66m	11.72m	11.32m	FOUL
8	399 Kipping, Sarah	Windsor	11.67m	11.56m		

	11.56m	11.11m	11.00m	9.94m	11.49m	11.36m		
9	172 Boyd, Tina			Guelph			11.38m	11.47m
	10.87m	11.47m	11.07m					
10	200 Mitchell, Arielle			Lethbridge			11.36m	10.95m
	10.50m	10.63m	10.95m					
11	210 Ezirim, Ruth			Manitoba			11.81m	10.88m
	10.74m	FOUL	10.88m					
12	50 Williams, Laura			Queen's			11.63m	10.86m
	10.64m	10.86m	FOUL					

Women Shot Put

=====  
 Sponsor: Featherlite Ladders

CIS Meet: ! 15.31m 1990 Shannon Kekula, Saskatchewan

Name	Year	School	Seed	Finals	Points		
1	198	Forbes, Kate	Lethbridge	15.12m	14.62m 7		
		13.93m	14.44m	FOUL	14.62m	14.53m	FOUL
2	261	Reid, Megan	Saskatchewan	13.34m	13.80m 5		
		12.40m	13.32m	13.26m	13.80m	13.33m	FOUL
3	442	Edney, Megan	York	12.94m	12.98m 4		
		11.57m	12.98m	11.28m	12.08m	12.34m	12.78m
4	213	Sigvaldason, Erin	Manitoba	13.31m	12.97m 3		
		12.17m	12.75m	11.82m	12.97m	FOUL	12.07m
5	136	Way, Jenilee	Alberta	12.52m	12.90m 2		
		FOUL	12.90m	11.91m	12.59m	FOUL	FOUL
6	411	VanDam, Laura	Windsor	13.08m	12.79m 1		
		12.79m	12.04m	FOUL	12.70m	12.56m	12.48m
7	135	These, Melissa	Alberta	12.42m	12.77m		
		12.21m	FOUL	12.77m	11.82m	11.78m	12.38m
8	184	Young, Bev	Guelph	12.16m	12.26m		
		12.25m	12.08m	FOUL	12.26m	11.52m	FOUL
9	271	Walker, Nadine	Saskatchewan	12.21m	11.94m		
		11.08m	11.94m	11.24m			
10	81	Rocheffort, Emilie	Sherbrooke	11.50m	11.12m		



	11.12m	FOUL	10.79m			
11	413 Whitehead, Katie		Windsor	13.13m	10.70m	
	FOUL	FOUL	10.70m			
12	7 Jones, Lindsay		Dalhousie	12.02m	10.57m	
	10.50m	10.57m	10.28m			

Women Weight Throw

=====

Sponsor: Stanley Proto

CIS Meet: ! 17.44m 2002 Kate Forbes, Western

Name	Year	School	Seed	Finals	Points
1	198 Forbes, Kate	Lethbridge	18.39m	18.99m!	7
	18.99m	FOUL	17.79m	18.05m	18.63m
	FOUL				FOUL
2	261 Reid, Megan	Saskatchewan	18.30m	18.91m!	5
	18.91m	18.76m	FOUL	FOUL	17.99m
	FOUL				FOUL
3	136 Way, Jenilee	Alberta	16.04m	17.25m	4
	16.20m	17.25m	FOUL	16.38m	16.43m
	FOUL				FOUL
4	82 Thenor, Nathalie	Sherbrooke	16.35m	16.57m	3
	15.93m	16.57m	16.48m	FOUL	FOUL
	FOUL				16.07m
5	135 These, Melissa	Alberta	15.64m	16.27m	2
	15.59m	15.15m	15.42m	15.62m	15.83m
	16.27m				
6	264 Schidlowsky, Heath	Saskatchewan	16.43m	15.78m	1
	14.48m	15.37m	FOUL	15.78m	15.20m
	FOUL				FOUL
7	251 Brown, Jennifer	Saskatchewan	16.04m	15.49m	
	14.89m	15.00m	FOUL	14.26m	FOUL
	FOUL				15.49m
8	76 Bourgon, Julie	Sherbrooke	14.94m	15.13m	
	13.62m	14.48m	FOUL	FOUL	15.13m
	15.08m				
9	18 Watson, Maureen	Lakehead	15.51m	14.15m	
	13.86m	14.15m	13.47m		
10	197 Binns, Kirsti	Lethbridge	15.04m	14.04m	
	FOUL	13.83m	14.04m		
11	396 Dunster, Lora	Windsor	14.43m	13.75m	
	13.75m	13.43m	13.62m		
12	196 Alliban, Jamie	Lethbridge	14.43m	13.25m	

FOUL FOUL 13.25m

Women Indoor Pentathlon

=====

Sponsor: E.W.I.E.

CIS Meet: ! 3931 2003 Jessica Zelinka, Calgary

Name	Year	School	Seed	Finals	Points
1 161 Zelinka, Jessica		Calgary	3978	4062!	7
2 149 Anderson, Samantha		Calgary	3734	3873	5
3 256 Junkin, Sarah		Saskatchewan	3661	3570	4
4 267 Tasche, Lindsay		Saskatchewan	3271	3366	3
5 199 Harper, Kendra		Lethbridge	3373	3344	2
6 356 Aubry, Shauna		Western	3410	3322	1
7 360 Clifford, Dana		Western	3376	3263	
8 271 Walker, Nadine		Saskatchewan	3312	3259	
9 169 Akeroyd, Liz		Guelph	3302	3243	
10 9 Payne, Jennifer		Dalhousie	3175	3207	
11 397 Gordon, Novelette		Windsor	3312	3060	
12 20 Chynoweth, Andrea		McGill	2964	3028	

MEN'S RESULTS

Licensed to Legion Track & Field Club Hy-Tek's Meet Manager 3/13/2004 05:13 PM

Canadian Interuniversity Sport

2004 Indoor Track & Field Championships

St. Denis Centre, University of Windsor - 3/11/2004 to 3/13/2004

Results

Men 60 Meter Dash

=====

7 Advance: Top 2 Each Heat plus Next 3 Best Times

Sponsor: Nike Canada

CIS Meet: ! 6.58 2002 Ibrahim Meite, Sherbrooke

Name	Year	School	Seed	Prelims	H#
------	------	--------	------	---------	----

=====  
Preliminaries

1	89 Meite, Ibrahim	Sherbrooke	6.81	6.80Q	2
2	141 Boussombo, Antoine	Alberta	6.82	6.85Q	1
3	87 Grenier, Martin	Sherbrooke	6.83	6.86Q	1
4	379 McAuley, Randy	Western	6.90	6.90Q	2
5	92 Montreuil, Emmanue	Sherbrooke	6.93	6.95q	1
6	140 Bisset, Dave	Alberta	6.97	6.96q	2
7	99 Banim-Massok, Patr	Uqam	6.96	6.97q	1
8	219 Dutton, James	Manitoba	6.95	6.98	2
9	311 Arthur, Augustine	Toronto	6.95	7.00	1
10	453 Garber, Anthony	York	6.96	7.02	2
11	14 Koenig, Jeremy	Dalhousie	6.97	7.03	1
12	322 MacInnis, Luke	Toronto	6.91	7.17	2

Men 60 Meter Dash

=====  
Sponsor: Nike Canada

CIS Meet: ! 6.58 2002 Ibrahim Meite, Sherbrooke

Name	Year	School	Prelims	Finals	Points
------	------	--------	---------	--------	--------

=====  
Finals

1	89 Meite, Ibrahim	Sherbrooke	6.80	6.75	7
2	87 Grenier, Martin	Sherbrooke	6.86	6.79	5
3	141 Boussombo, Antoine	Alberta	6.85	6.84	4
4	379 McAuley, Randy	Western	6.90	6.90	3
5	99 Banim-Massok, Patr	Uqam	6.97	6.92	2
6	92 Montreuil, Emmanue	Sherbrooke	6.95	6.93	1
7	140 Bisset, Dave	Alberta	6.96	6.99	

Men 300 Meter Dash

=====  
6 Advance: Top 1 Each Heat plus Next 3 Best Times

Sponsor: Coach Canada

CIS Meet: ! 33.40 1999 Alexandre Marchand, Sherbrooke

Name	Year	School	Seed	Prelims	H#
------	------	--------	------	---------	----

=====  
Preliminaries

1	389 Westman, Bob	Western	33.79	34.51Q	3
2	89 Meite, Ibrahim	Sherbrooke	34.49	34.63Q	1
3	141 Boussombo, Antoine	Alberta	34.32	35.58Q	2
4	322 MacInnis, Luke	Toronto	34.67	34.89q	3
5	377 Heffernan, Christi	Western	34.40	34.91q	1
6	92 Montreuil, Emmanue	Sherbrooke	34.68	34.95q	3
7	95 Perron, Marc Andre	Sherbrooke	35.14	35.04	1
8	91 Montreuil, David	Sherbrooke	34.96	35.70	2
9	287 Taylor, Mike	Saskatchewan	35.21	35.79	1
10	25 Gianfrancesco, Oma	McGill	35.77	35.87	3
11	145 Fisher, Rob	Alberta	35.26	35.93	2
--	87 Grenier, Martin	Sherbrooke	34.67	DNF	2

Men 300 Meter Dash

=====  
Sponsor: Coach Canada

CIS Meet: ! 33.40 1999 Alexandre Marchand, Sherbrooke

Name	Year	School	Prelims	Finals	Points	
=====						
Finals						
1	89	Meite, Ibrahim	Sherbrooke	34.63	34.22	7
2	389	Westman, Bob	Western	34.51	34.29	5
3	141	Boussombo, Antoine	Alberta	35.58	34.72	4
4	322	MacInnis, Luke	Toronto	34.89	34.83	3
5	92	Montreuil, Emmanue	Sherbrooke	34.95	39.29	2
6	377	Heffernan, Christi	Western	34.91	47.67	1

Men 600 Meter Run

=====  
6 Advance: Top 1 Each Heat plus Next 4 Best Times

Sponsor: The Thirsty Scholar

CIS Meet: ! 1:16.10 1995 Bryon Goodwin, Manitoba

Name	Year	School	Seed	Prelims	H#
=====					

Preliminaries

1	430 McKenzie, Ryan	Windsor	1:18.66	1:19.95Q	1
2	334 Kennedy, Scott	Victoria	1:20.21	1:21.32Q	2
3	167 Shanks, David	Calgary	1:20.61	1:20.30q	1
4	333 Henderson, Josh	Victoria	1:20.81	1:20.58q	1
5	226 Kilcullen, Sheldon	Manitoba	1:21.49	1:21.55q	1
6	186 Bourke, Robin	Guelph	1:21.26	1:21.69q	2
7	107 Gill, David	Laval	1:19.53	1:22.09	2
8	12 Duffy, Colin	Dalhousie	1:24.50	1:22.30	1
9	433 Pye, Trevor	Windsor	1:22.02	1:22.33	2
10	185 Armitage, Steve	Guelph	1:21.22	1:22.67	2
11	323 Mbadiwe, Tafari	Toronto	1:22.14	1:24.05	2
--	93 Morency, Jean Phil	Sherbrooke	1:21.54	DNF	1

Men 600 Meter Run

=====

Sponsor: The Thirsty Scholar

CIS Meet: ! 1:16.10 1995 Bryon Goodwin, Manitoba

Name	Year	School	Prelims	Finals	Points
------	------	--------	---------	--------	--------

Finals

1	430 McKenzie, Ryan	Windsor	1:19.95	1:19.30	7
2	167 Shanks, David	Calgary	1:20.30	1:19.74	5
3	333 Henderson, Josh	Victoria	1:20.58	1:21.02	4
4	186 Bourke, Robin	Guelph	1:21.69	1:21.51	3
5	334 Kennedy, Scott	Victoria	1:21.32	1:22.20	2
6	226 Kilcullen, Sheldon	Manitoba	1:21.55	1:22.37	1

Men 1000 Meter Run

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Sponsor: Pepper's Bar & Grill

2 Alleys, 1 Turn

CIS Meet: ! 2:23.08 1999 Sebastien Ouellet, Sherbrooke

Name	Year	School	Seed	Finals	Points
------	------	--------	------	--------	--------

1	430 McKenzie, Ryan	Windsor	2:23.99	2:23.10	7
---	--------------------	---------	---------	---------	---

2	286	Scobie, Matthew	Saskatchewan	2:27.97	2:27.15	5
3	186	Bourke, Robin	Guelph	2:28.93	2:27.49	4
4	26	McCabe, Jeff	McGill	2:29.13	2:29.35	3
5	187	Desormeaux, Kyle	Guelph	2:29.13	2:30.73	2
6	107	Gill, David	Laval	2:28.20	2:31.60	1
7	279	McCormick, Iain	Saskatchewan	2:28.96	2:35.62	
8	36	Switzer, Robert	McMaster	2:29.56	2:37.99	
--	224	Jerema, Sam	Manitoba	2:28.95	DNF	

Men 1500 Meter Run

=====

Sponsor: The Ridge Tool Company

2 Alleys, 1 Turn

CIS Meet: ! 3:46.85 1990 Allan Klassen, UBC

Name	Year	School	Seed	Finals	Points	
1	430	McKenzie, Ryan	Windsor	3:44.64	3:52.38	7
2	102	Blouin, Daniel	Laval	3:53.27	3:53.46	5
3	71	Gillis, Eric	St. Francis X	4:01.14	3:54.47	4
4	224	Jerema, Sam	Manitoba	3:55.85	3:56.69	3
5	314	Caldwell, Trevor	Toronto	3:53.92	3:57.64	2
6	345	Arnald, Scott	Waterloo	3:54.91	3:58.96	1
7	187	Desormeaux, Kyle	Guelph	3:56.20	3:59.59	
8	335	Saqui, Glenn	Victoria	3:55.66	4:01.00	
9	195	Thorson, Cleve	Guelph	3:55.10	4:01.20	
10	228	Walker, Brian	Manitoba	3:58.28	4:01.63	
11	332	Babiuk, Craig	Victoria		4:04.60	
12	286	Scobie, Matthew	Saskatchewan	3:55.23	4:24.40	

Men 3000 Meter Run

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Sponsor: The Running Factory

2 Alleys, 1 Turn

CIS Meet: ! 7:59.29 1996 Jeff Schiebler, UBC

Name	Year	School	Seed	Finals	Points
------	------	--------	------	--------	--------

1	437 Young, Brandon	Windsor	8:22.69	8:18.44	7
2	71 Gillis, Eric	St.Francis X	8:11.27	8:21.66	5
3	165 Kendrick, Nathan	Calgary	8:30.92	8:24.12	4
4	147 Keleman, Kelsey	Alberta	8:27.54	8:28.96	3
5	228 Walker, Brian	Manitoba	8:29.18	8:31.85	2
6	314 Caldwell, Trevor	Toronto	8:26.39	8:33.50	1
7	195 Thorson, Cleve	Guelph	8:27.90	8:34.98	
8	352 Logue, Michael	Waterloo	8:30.81	8:39.40	
9	238 Bain, Sandy	Regina	8:29.14	8:46.74	
10	426 Gosselin, James	Windsor	8:32.98	8:55.20	
--	102 Blouin, Daniel	Laval	8:27.44	DNF	
--	417 Bodirlau, John	Windsor	8:29.06	DNF	

Men 60 Meter Hurdles

=====  
 7 Advance: Top 2 Each Heat plus Next 3 Best Times

Sponsor: The Pepsi Bottling Group

2 heats, top 2 plus next 3 advance to final

CIS Meet: ! 7.83 1983 Mark McKoy, York

Name	Year	School	Seed	Prelims	H#
=====					
Preliminaries					
1	456	Russell, Patrick	York	8.18	8.29Q 2
2	325	Sahadath, Cameron	Toronto	8.32	8.30Q 1
3	241	Gullacher, Aaron	Regina	8.35	8.36Q 2
4	383	Miller, Mike	Western	8.53	8.50Q 1
5	97	St. Jean, Wilson	Sherbrooke	8.50	8.48q 2
6	415	Adjetey-Nelson, Ja	Windsor	8.34	8.51q 1
7	436	Wilson, Cameron	Windsor	8.45	8.52q 1
8	384	Moleko, Tumelo	Western	8.54	8.66 2
9	247	Peters, Darren	Regina	8.49	8.68 2
9	428	Lambert, Sean	Windsor	8.38	8.68 2
11	190	Jamieson, Brian	Guelph	8.54	8.78 1
--	272	Armstrong, Corey	Saskatchewan	8.49	SCR

Men 60 Meter Hurdles

=====  
Sponsor: The Pepsi Bottling Group

2 heats, top 2 plus next 3 advance to final

CIS Meet: ! 7.83 1983 Mark McKoy, York

Name Year School Prelims Finals Points  
=====

Finals

1	456	Russell, Patrick	York	8.29	8.27	7
2	325	Sahadath, Cameron	Toronto	8.30	8.35	5
3	241	Gullacher, Aaron	Regina	8.36	8.36	4
4	383	Miller, Mike	Western	8.50	8.54	3
5	97	St. Jean, Wilson	Sherbrooke	8.48	J8.54	2
6	415	Adjetey-Nelson, Ja	Windsor	8.51	8.56	1
7	436	Wilson, Cameron	Windsor	8.52	8.61	

Men 4x200 Meter Relay

=====  
6 Advance: Top 1 Each Heat plus Next 3 Best Times

Sponsor: Sherwin Williams

CIS Meet: ! 1:26.35 1984 Yeomen, York

School Seed Prelims H#  
=====

Preliminaries

1	Universite de Sherbrooke 'A'	1:30.23	1:28.14Q	1
	1) 92 Montreuil, Emmanuel			
	2) 91 Montreuil, David			
	3) 95 Perron, Marc Andre			
	4) 87 Grenier, Martin			
2	University of Western Ontario 'A'	1:29.74	1:28.35Q	3
	1) 389 Westman, Bob			
	2) 377 Heffernan, Christian			
	3) 380 McConnell, Ryan			
	4) 379 McAuley, Randy			
3	University of Saskatchewan 'A'	1:28.71	1:30.22Q	2
	1) 274 Berlinic, Henry			
	2) 287 Taylor, Mike			
	3) 284 Reindl, Jason			
	4) 273 Baynes, Aaron			
4	University of Toronto 'A'	1:29.59	1:29.58q	3
	1) 311 Arthur, Augustine			
	2) 322 MacInnis, Luke			
	3) 313 Barbarie, Daniel			
	4) 312 Barakat, Neil			



5	University of Alberta 'A'		1:28.57	1:29.76q	1
	1) 148 Wright, Neville	2) 145 Fisher, Rob			
	3) 142 Cocks, Mark	4) 143 Cross, Nathan			
6	University of Manitoba 'A'		1:31.45	1:29.78q	3
	1) 219 Dutton, James	2) 221 Hanrahan, Ryan			
	3) 217 Boudreau, Jon	4) 226 Kilcullen, Sheldon			
7	University of Waterloo 'A'		1:30.31	1:30.26	2
	1) 346 Blair, Adrian	2) 349 Ferth, Shane			
	3) 347 Brown, Joe	4) 355 Ukwuoma, Nnaemeka			
8	University of Regina 'A'		1:30.03	1:30.68	2
	1) 247 Peters, Darren	2) 248 Peters, Shawn			
	3) 249 Polisky, Gary	4) 242 Huber, Wade			
9	York University 'A'		1:32.42	1:32.53	2
	1) 459 Zakher, George	2) 454 Myers, Christian			
	3) 458 St Benard, David	4) 456 Russell, Patrick			
10	University of Windsor 'A'		1:30.10	1:32.54	1
	1) 415 Adjetey-Nelson, Jamie	2) 428 Lambert, Sean			
	3) 424 Foglia, Joe	4) 434 Quigley, Derek			
11	Queen's University 'A'		1:33.58	1:32.90	1
	1) 52 Crawford, Bryan	2) 62 Rogan, Chris			
	3) 63 Sisley, Andrew	4) 51 Bale, Michael			
12	McGill University 'A'		1:30.52	1:34.91	3
	1) 25 Gianfrancesco, Omar	2) 511 Brown, Andrrew			
	3) 512 Frattini, Alex	4) 510 Brunet, Pierre-Oliver			

Men 4x200 Meter Relay

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Sponsor: Sherwin Williams

CIS Meet: ! 1:26.35 1984

Yeomen, York

School

Prelims

Finals

Points

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Finals

1	Universite de Sherbrooke 'A'		1:28.14	1:26.66	7
	1) 92 Montreuil, Emmanuel	2) 91 Montreuil, David			
	3) 95 Perron, Marc Andre	4) 87 Grenier, Martin			

2	University of Western Ontario	'A'	1:28.35	1:28.96	5
	1) 389 Westman, Bob		2) 377 Heffernan, Christian		
	3) 382 McTavish, Gavin		4) 379 McAuley, Randy		
3	University of Toronto	'A'	1:29.58	1:29.75	4
	1) 311 Arthur, Augustine		2) 322 MacInnis, Luke		
	3) 313 Barbarie, Daniel		4) 312 Barakat, Neil		
4	University of Saskatchewan	'A'	1:30.22	1:30.25	3
	1) 274 Berlinic, Henry		2) 287 Taylor, Mike		
	3) 284 Reindl, Jason		4) 273 Baynes, Aaron		
5	University of Alberta	'A'	1:29.76	1:30.51	2
	1) 148 Wright, Neville		2) 141 Boussombo, Antoine		
	3) 145 Fisher, Rob		4) 142 Cocks, Mark		
6	University of Manitoba	'A'	1:29.78	1:31.42	1
	1) 219 Dutton, James		2) 221 Hanrahan, Ryan		
	3) 217 Boudreau, Jon		4) 226 Kilcullen, Sheldon		

Men 4x400 Meter Relay

Sponsor: Nike Canada

CIS Meet: ! 3:14.60 1993

Mustangs, Western

School	Seed	Finals	H#	Points
1 University of Western Ontario 'A'	3:13.23	3:20.83	2	7
1) 379 McAuley, Randy		2) 382 McTavish, Gavin		
3) 389 Westman, Bob		4) 377 Heffernan, Christian		
2 Universite de Sherbrooke 'A'	3:21.67	3:21.33	2	5
1) 95 Perron, Marc Andre		2) 91 Montreuil, David		
3) 87 Grenier, Martin		4) 94 Morin, Steve		
3 University of Saskatchewan 'A'	3:22.79	3:21.59	2	4
1) 275 Bernard, Moses		2) 279 McCormick, Iain		
3) 284 Reindl, Jason		4) 273 Baynes, Aaron		
4 University of Windsor 'A'	3:19.94	3:21.68	2	3
1) 419 Dietrich, Neil		2) 434 Quigley, Derek		
3) 416 Aseltine, Ian		4) 415 Adjetey-Nelson, Jamie		
5 University of Regina 'A'	3:23.51	3:25.02	2	2

1) 247 Peters, Darren	2) 241 Gullacher, Aaron				
3) 249 Polisky, Gary	4) 242 Huber, Wade				
6 University of Waterloo 'A'		3:24.39	3:25.27	1	1
1) 347 Brown, Joe	2) 349 Ferth, Shane				
3) 348 Dowhaniuk, Davis	4) 346 Blair, Adrian				
7 University of Toronto 'A'		3:25.62	3:25.33	1	
1) 322 MacInnis, Luke	2) 313 Barbarie, Daniel				
3) 320 Kalisz, Matt	4) 323 Mbadiwe, Tafari				
8 McGill University 'A'		3:25.13	3:26.16	1	
1) 25 Gianfrancesco, Omar	2) 511 Brown, Andrew				
3) 26 McCabe, Jeff	4) 512 Frattini, Alex				
9 Dalhousie University 'A'		3:24.34	3:26.37	1	
1) 11 Davidson, Joshua	2) 17 White, Sandy				
3) 13 Goulet, Chris	4) 12 Duffy, Colin				
10 University of Manitoba 'A'		3:24.68	3:26.48	1	
1) 222 Harrison, Darryl	2) 225 Kilcullen, Jon				
3) 226 Kilcullen, Sheldon	4) 218 Caines, Cliff				
11 Université Laval 'A'		3:25.80	3:27.15	1	
1) 105 Bouit, Yohan	2) 113 Levesque, Gino				
3) 106 Chamard, Pierre Etienne	4) 107 Gill, David				
12 University of Guelph 'A'		3:23.99	3:27.24	2	
1) 186 Bourke, Robin	2) 185 Armitage, Steve				
3) 194 Straw, Brady	4) 188 Dunbrack, Andrew				

Men 4x800 Meter Relay

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Sponsor: 3M Canada

2 Alleys, 1 Turn

CIS Meet: ! 7:29.23 1995                      Bison, Manitoba

School	Seed	Finals	Points
1 University of Windsor 'A'	7:45.03	7:36.73	7
1) 418 Coates, Andrew	2) 435 Savard, Kevin		
3) 433 Pye, Trevor	4) 430 McKenzie, Ryan		
2 University of Victoria 'A'	7:44.32	7:38.34	5

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1) 333 Henderson, Josh	2) 332 Babiuk, Craig			
3) 335 Saqui, Glenn	4) 334 Kennedy, Scott			
3 University of Guelph 'A'		7:46.72	7:44.32	4
1) 186 Bourke, Robin	2) 188 Dunbrack, Andrew			
3) 194 Straw, Brady	4) 185 Armitage, Steve			
4 University of Saskatchewan 'A'		7:52.79	7:52.47	3
1) 281 McInnes, Mitch	2) 279 McCormick, Iain			
3) 285 Rhinas, Jeff	4) 286 Scobie, Matthew			
5 University of Waterloo 'A'		7:52.80	7:52.99	2
1) 350 Gibbons, Will	2) 348 Dowhaniuk, Davis			
3) 345 Arnald, Scott	4) 351 Lawrence, Colin			
6 University of Manitoba 'A'		7:45.35	7:53.15	1
1) 223 Hrynkow, Chris	2) 220 Fletcher, Jared			
3) 226 Kilcullen, Sheldon	4) 224 Jerema, Sam			
7 Dalhousie University 'A'		8:01.74	8:02.06	
1) 12 Duffy, Colin	2) 13 Goulet, Chris			
3) 15 Lakshman, Mihira	4) 16 McBride, Nicholas			
8 Universite de Sherbrooke 'A'		7:53.35	8:05.34	
1) 98 Thouin, Nicolas	2) 84 Bosse, Ynuk			
3) 90 Menard, Francois	4) 94 Morin, Steve			
9 University of Toronto 'A'		7:53.66	8:09.78	
1) 323 Mbadiwe, Tafari	2) 320 Kalisz, Matt			
3) 319 Godfrey, Matt	4) 521 Burrell, Craig			
10 Université Laval 'A'		8:01.10	8:12.49	
1) 113 Levesque, Gino	2) 104 Bossé, Yohan			
3) 120 Sylvestre, Philippe	4) 107 Gill, David			

#### Men High Jump

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Sponsor: Westmont Hospitality Group

Height Progression: 1.89 by 5cm to 1.99 then by 3cm

CIS Meet: ! 2.24m 1993 Alex Zaliauskas, Toronto

Name	Year	School	Seed	Finals	Points
1	316	Dillon, Mark	Toronto	2.19m	2.08m 7

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13 66 Vanags, Alex Queen's 1.98m J1.89m  
 1.89 1.94  
 XO XXX

Men Pole Vault

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Sponsor: United Computers Ltd.

Height Progression: 4.40 by 15cm to 4.55 then by 10cm

CIS Meet: ! 5.65m 1992 Doug Wood, York

Name	Year	School	Seed	Finals	Points
1 460 Zubycck, Todd		York	5.35m	5.25m	7
4.40 4.55 4.65 4.75 4.85 4.95 5.05 5.15 5.25 5.40					
PPP PPP PPP PPP XO PPP XO XO O XPP					
2 146 Johnson, Jamie		Alberta	5.05m	5.15m	5
4.40 4.55 4.65 4.75 4.85 4.95 5.05 5.15 5.25					
PPP PPP PPP XO PPP XO O XXO XXX					
3 86 Gauthier, Rene		Sherbrooke	5.00m	4.95m	4
4.40 4.55 4.65 4.75 4.85 4.95 5.05 5.15					
PPP PPP XXO PPP XO XXO XXP X					
4 277 Hanson, Rob		Saskatchewan	4.85m	4.85m	3
4.40 4.55 4.65 4.75 4.85 4.95					
PPP O PPP XO O XXX					
5 85 Foley, David		Sherbrooke	5.10m	J4.85m	2
4.40 4.55 4.65 4.75 4.85 4.95					
PPP PPP XXO XO O XXX					
6 139 Archambault, Mike		Alberta	4.60m	4.65m	1
4.40 4.55 4.65 4.75					
XO PPP O XXX					
7 375 Edwards, Jeff		Western	4.58m	J4.65m	
4.40 4.55 4.65 4.75					
XXO XO O XXX					
8 83 Belanger, Simon		Sherbrooke	4.60m	J4.65m	
4.40 4.55 4.65 4.75					
PPP XO XO XXX					

9	420	Dinardo, Kevin	Windsor	4.64m	J4.65m
	4.40	4.55	4.65	4.75	
	O	XXO	XXO	XXX	
10	425	Gosselin, Dan	Windsor	4.50m	4.55m
	4.40	4.55	4.65		
	O	XXO	XXX		
10	280	McCubbing, Scott	Saskatchewan	4.55m	4.55m
	4.40	4.55	4.65		
	PPP	XXO	XXX		

Men Long Jump

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Sponsor: Creative Benefit Solutions

CIS Meet: ! 7.64m 2003 Patrick Banim-Massock, UQAM

Name	Year	School	Seed	Finals	Points		
1	99	Banim-Massok, Patr	Uqam	7.44m	7.42m 7		
		7.16m	7.20m	FOUL	FOUL	7.42m	FOUL
2	248	Peters, Shawn	Regina	7.22m	7.37m	5	
		7.11m	FOUL	6.93m	7.11m	7.08m	7.37m
3	415	Adjetey-Nelson, Ja	Windsor	7.23m	7.32m	4	
		6.67m	6.84m	6.82m	6.68m	6.91m	7.32m
4	432	Nriagu, Osi	Windsor	6.95m	7.10m	3	
		6.83m	FOUL	FOUL	FOUL	7.10m	6.78m
5	56	Martin, Jonathan	Queen's	7.15m	7.03m	2	
		6.57m	6.84m	FOUL	7.03m	6.74m	6.98m
6	243	Jestadt, Sean	Regina	6.98m	6.88m	1	
		6.69m	6.84m	6.88m	6.47m	6.88m	6.70m
7	242	Huber, Wade	Regina	6.95m	6.80m		
		6.80m	FOUL	6.58m	FOUL	FOUL	FOUL
8	245	McCannel, Bruce	Regina	7.03m	6.75m		
		FOUL	FOUL	6.75m	FOUL	FOUL	FOUL
9	168	Swanlund, Mark	Calgary	6.86m	6.62m		
		6.11m	6.62m	FOUL			
10	67	Woods, Bill	Queen's	6.83m	6.50m		

6.50m FOUL 6.29m  
 11 458 St Benard, David York 7.02m 6.38m  
 6.15m 6.38m FOUL

Men Triple Jump

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 Sponsor: Danley I.E.M.

CIS Meet: ! 15.80m 2003 Patrick Banim-Massock, UQAM

Name	Year	School	Seed	Finals	Points
1 99 Banim-Massok, Patr		Uqam	15.87m	15.57m	7
15.04m 15.21m 13.57m		15.57m FOUL 15.55m			
2 248 Peters, Shawn		Regina	15.24m	15.27m	5
15.12m 15.20m 15.17m		15.27m FOUL 15.09m			
3 243 Jestadt, Sean		Regina	15.02m	15.06m	4
14.45m 15.06m 14.44m		14.44m 14.71m FOUL			
4 67 Woods, Bill		Queen's	14.17m	14.51m	3
14.08m 13.48m 13.56m		13.86m 14.51m 14.44m			
5 245 McCannel, Bruce		Regina	14.82m	14.12m	2
14.12m FOUL FOUL		14.09m FOUL FOUL			
6 421 Edwards, Darl		Windsor	14.36m	13.97m	1
13.67m FOUL 13.97m		13.70m FOUL 13.93m			
7 384 Moleko, Tumelo		Western	13.82m	13.81m	
13.38m 13.52m 13.78m		FOUL 13.45m 13.81m			
8 353 MacDonald, Andrew		Waterloo	13.54m	13.47m	
FOUL FOUL 13.47m		12.91m FOUL FOUL			
9 455 Nangle, Marlon		York	14.71m	13.45m	
FOUL FOUL 13.45m					
10 373 Cholewa, Scott		Western	13.75m	13.36m	
FOUL 13.13m 13.36m					
11 163 Fairbairn, John		Calgary	13.40m	13.00m	
13.00m 12.85m 12.93m					

Men Shot Put

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 Sponsor: Mindbox Creative Group



CIS Meet: ! 17.21m 1982 Frank Bakovec, Toronto

Name	Year	School	Seed	Finals	Points	
1	202	Meisner, Chris	Lethbridge	17.68m	18.46m!	7
		FOUL 18.08m	FOUL	FOUL	FOUL	18.46m
2	206	Steady, Jim	Lethbridge	15.97m	16.65m	5
		15.13m 14.92m	16.28m	16.65m	FOUL	16.35m
3	57	Melaney, Mike	Queen's	15.90m	16.12m	4
		14.71m 15.06m	FOUL	FOUL	16.12m	FOUL
4	201	Doucette, Jonathan	Lethbridge	15.58m	15.67m	3
		14.41m 14.61m	FOUL	15.49m	15.67m	FOUL
5	144	Doherty, Matt	Alberta	15.36m	15.44m	2
		15.44m 14.72m	14.68m	FOUL	FOUL	15.16m
6	431	Montigny, Lance	Windsor	15.77m	15.06m	1
		14.96m	FOUL	15.06m	15.05m	15.05m 15.00m
7	53	Gillespie, Brian	Queen's	14.59m	14.89m	
		14.59m 14.89m	14.26m	FOUL	FOUL	14.44m
8	427	Jones, Brian	Windsor	15.27m	14.71m	
		14.25m 14.56m	14.53m	14.71m	FOUL	FOUL
9	27	Merrick, Jim	McGill	14.89m	14.40m	
		14.40m 14.39m	14.32m			
9	289	Wilson, Ben	Saskatchewan	14.46m	14.40m	
		14.04m 14.40m	14.16m			
11	65	Trudeau, Corey	Queen's	15.61m	14.35m	
		13.76m 14.35m	FOUL			
12	205	Smith, Adam	Lethbridge	14.05m	13.59m	
		13.49m 13.59m	FOUL			

Men Weight Throw

Sponsor: Power Bar

CIS Meet: ! 20.45m 2003 Jim Steady, Lethbridge

Name	Year	School	Seed	Finals	Points	
1	206	Steady, Jim	Lethbridge	22.02m	21.46m!	7

	20.40m	20.77m	FOUL	20.95m	21.46m	FOUL			
2	202 Meisner, Chris			Lethbridge			18.37m	18.13m	5
	18.13m	FOUL	FOUL	FOUL	FOUL	FOUL			
3	283 Piercy, Jeff			Saskatchewan			17.45m	17.39m	4
	17.39m	16.72m	16.62m	FOUL	16.76m	FOUL			
4	204 Sagert, Mike			Lethbridge			17.19m	17.14m	3
	17.08m	16.55m	FOUL	16.11m	16.07m	17.14m			
5	205 Smith, Adam			Lethbridge			17.02m	17.03m	2
	15.67m	16.99m	17.03m	FOUL	16.04m	FOUL			
6	278 Kindrachuk, Mark			Saskatchewan			17.34m	16.73m	1
	FOUL	16.64m	14.25m	FOUL	FOUL	16.73m			
7	57 Melaney, Mike			Queen's			16.63m	16.31m	
	16.31m	FOUL	FOUL	15.66m	FOUL	FOUL			
8	201 Doucette, Jonathan			Lethbridge			17.24m	16.28m	
	16.28m	FOUL	FOUL	FOUL	16.10m	FOUL			
9	431 Montigny, Lance			Windsor			16.38m	15.99m	
	14.43m	15.60m	15.99m						
10	203 Paterson, Scott			Lethbridge			16.12m	15.79m	
	15.79m	15.45m	FOUL						
11	144 Doherty, Matt			Alberta			15.54m	14.88m	
	FOUL	14.88m	FOUL						
12	72 Robichaud, Yves			Moncton			15.24m	14.73m	
	14.55m	14.65m	14.73m						

#### Men Indoor Pentathlon

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Sponsor: Windsor Factory Supply

CIS Meet: ! 3834 2003 Trevor Phillips, Calgary

Name	Year	School	Seed	Finals	Points	
1	415	Adjetey-Nelson, Ja	Windsor	3690	3902!	7
2	247	Peters, Darren	Regina	3625	3856!	5
3	456	Russell, Patrick	York	3547	3791	4
4	218	Caines, Cliff	Manitoba	3668	3753	3
5	272	Armstrong, Corey	Saskatchewan	3559	3432	2

6	162	Betzelt, Adam	Calgary	3488	3406	1
7	240	Groeller, Mark	Regina	3296	3383	
8	246	Ottenbreit, Kyle	Regina	3299	3280	
9	97	St. Jean, Wilson	Sherbrooke	3012	3209	
10	458	St Benard, David	York	3397	3163	
11	370	Atwal, Preet	Western	3320	3122	
12	436	Wilson, Cameron	Windsor	3301	2533	