

Women 60 Meter Course Minime

Name	Year	Team	Prelims
Heat 1 Preliminaries Wind: -0.5			
1 Jobin, Lea	93	Saint Laurent Se	9.17q
2 Lusterio-Adler, Olivia	95	West Island	9.61q
3 Chabot, Sandrine	94	Jeunesse Athleti	9.93q
4 Pellletier, Cloé	93	Club D'Athlétism	10.14q
5 Vautour, Jocya	93	Jeunesse Athleti	10.36
6 Brodeur, Eloise	93	Montreal Interna	10.44
7 Moustaine, Sarah	95	Dynamique Laval	11.03
Heat 2 Preliminaries Wind: 0.4			
1 Toussaint, Cassandra	93	Perfmax-Racing	9.37q
2 Renaud, Sabrina	93	Club D'Athlétism	9.50q
3 Zilversmit, Shauna	93	West Island	9.59q
4 Husbans, Jallea	95	West Island	10.26q
5 Karkavilas, Theodora	94	Kilomaitres de L	10.33
6 Hailstone, Megan	93	West Island	10.98
7 Sidhu, Arashdeed	98	West Island	12.11

Women 60 Meter Course Minime

Name	Year	Team	Finals	Points
Section 1 Finals Wind: -2.1				
1 Jobin, Lea	93	Saint Laurent Se	9.07	
2 Toussaint, Cassandra	93	Perfmax-Racing	9.33	
3 Renaud, Sabrina	93	Club D'Athlétism	9.36	
4 Zilversmit, Shauna	93	West Island	9.42	
5 Lusterio-Adler, Olivia	95	West Island	9.70	
6 Chabot, Sandrine	94	Jeunesse Athleti	9.92	
7 Pellletier, Cloé	93	Club D'Athlétism	10.04	
8 Husbans, Jallea	95	West Island	10.26	

Women 80 Meter Course Benjamin

Name	Year	Team	Prelims
Heat 1 Preliminaries Wind: 1.6			
1 Fontaine, Myriam	91	Dynamique Laval	10.87q
2 Chabot, Sarah	92	Jeunesse Athleti	11.23q
3 D'Aoust, Laurence	91	Saint Laurent Se	11.54
4 Boivin-Ouellet, Maude	91	Sherbrooke	11.64
5 Cote, Marie-Jeanne	91	Baie Comeau	12.90
Heat 2 Preliminaries Wind: 1.8			
1 Lemay, Maggy	91	Energie	10.83q
2 Chenier, Pascale	92	Montreal Interna	11.49
3 Bolduc, Aurelie	92	Montreal Interna	11.57
4 Tremblay, Jade	92	Saint Laurent Se	11.80
5 Perigny, Catherine	91	Energie	11.84
6 Dumais, Melanie	92	St-Jean Olympiqu	12.35
7 Bernard, Laurence	92	Dynamique Laval	13.28
Heat 3 Preliminaries Wind: +0.0			
1 Jones, Brooke	91	Saint Laurent Se	11.35q
2 Ouellet, Vanessa	91	Coubertin	11.81
3 Trigiani, Lianne	91	McGill Olympic C	12.27
4 Picard, Ariane	92	Dynamique Laval	12.62
5 Gigere, Sabrina	91	Coubertin	12.75
6 Brousseau, Christelle	92	Petite Nation	12.81
7 Morissette-Rodrigue, Ale	91	Sherbrooke	12.99
Heat 4 Preliminaries Wind: 0.8			
1 Beaudoin, Lana	91	McGill Olympic C	11.20q
2 Tasse, Elisa	91	Perfmax-Racing	11.38q
3 Morency, Edith	91	Vaudreuil-Dorion	11.71
4 Deschamps, Marie-Elizabe	92	Jeunesse Athleti	12.11
5 Martin, Marie-Eve	92	Club D'Athlétism	12.18
6 Ouellet, Anne-Laurence	92	Pantheres Pointe	12.34
7 Watchan, Natasha	92	Cirrus	12.55
8 Vaillancourt, Tanya	91	Coubertin	13.24
Heat 5 Preliminaries Wind: 2.4			
1 Parent-Banachowski, Soph	91	Montreal Interna	11.06q
2 G.-Lafreniere, Amelie	92	Energie	11.24q
3 Savard, Claudine	92	Corsaire Chapara	11.86

4 Barbe, Cloe	92 Montreal Interna	12.01
5 Turgeaon, Annabelle	92 Sherbrooke	12.07
6 Hetu-Nielly, Celyse	91 Sherbrooke	12.63

Women 80 Meter Course Benjamin

Name	Year Team	Finals	Points
Section 1 Finals Wind: -3.8			
1 Lemay, Maggy	91 Energie	10.74	
2 Fontaine, Myriam	91 Dynamique Laval	10.77	
3 Beaudoin, Lana	91 McGill Olympic C	11.17	
4 Parent-Banachowski, Soph	91 Montreal Interna	11.29	
5 Jones, Brooke	91 Saint Laurent Se	11.34	
6 G.-Lafreniere, Amelie	92 Energie	11.38	
7 Tasse, Elisa	91 Perfmax-Racing	11.49	
8 Chabot, Sarah	92 Jeunesse Athleti	11.50	

Women 100 Meter Course Cadet

Name	Year Team	Prelims
Heat 1 Preliminaries Wind: 1.3		
1 Hyacinthe, Kimberly	89 Saint Laurent Se	12.43Q
2 Chartier, Emilie	89 Corsaire Chapara	13.32
3 Bernier, Justine	89 Lavironde	13.35
4 Normandin, Sophie	90 St-Jean Olympiqu	14.27
5 Bordage, Marylise	90 Dynamique Laval	14.95
6 Poirier, Gabrielle	90 Dynamique Laval	16.60
Heat 2 Preliminaries Wind: 3.5		
1 Audet, Alexandrine	89 Sport-Etudes Dis	12.83Q
2 Belanger, Laurence	89 Sherbrooke	13.09q
3 Gagne, Myriam	90 Rouge et Or	13.63
4 Gagnon, Lucie	90 Sherbrooke	13.86
5 Fortier, Camille	89 Pantheres Pointe	14.12
6 Ouellet, Virginie	89 Coubertin	15.31
Heat 3 Preliminaries Wind: 0.6		
1 Beaudry, Vanessa	90 St-Jean Olympiqu	13.11Q
2 Trigiani, Elena-Amanda	89 Saint Laurent Se	13.17q
3 Fortin, Anne-Marie	89 Saguenay Lac St-	13.94
4 Boubalos, Chloe	90 Pantheres Pointe	14.27
5 V.-Brizard, Stephanie	90 Espoir Externat	15.24
Heat 4 Preliminaries Wind: 1.8		
1 Kerkerian, Genevieve	90 Energie	12.95Q
2 Dumais, Isabelle	89 St-Jean Olympiqu	13.64
3 Champagne, Catherine	89 Pantheres Pointe	13.76
4 David, Elisabeth	89 Sherbrooke	13.99
5 Emond, Catherine	89 Vaillants	14.39
Heat 5 Preliminaries Wind: 0.2		
1 Bruno, Virginie	90 Impulsion	12.97Q
2 Blanchard, Genevieve	89 Sherbrooke	13.01q
3 Rondeau, Marika	89 Energie	13.46
3 Vidal, Anne-Christelle	90 Corsaire Chapara	13.46
5 Letourneau, Joelle	90 Espoir Externat	13.81
6 Provencal, Vanessa	89 Dynamique Laval	14.23

Women 100 Meter Course Cadet

Name	Year Team	Finals	Points
Section 1 Finals Wind: -2.5			
1 Hyacinthe, Kimberly	89 Saint Laurent Se	12.49	
2 Audet, Alexandrine	89 Sport-Etudes Dis	12.56	
3 Kerkerian, Genevieve	90 Energie	13.06	
4 Trigiani, Elena-Amanda	89 Saint Laurent Se	13.21	
4 Bruno, Virginie	90 Impulsion	13.21	
6 Beaudry, Vanessa	90 St-Jean Olympiqu	13.25	
7 Blanchard, Genevieve	89 Sherbrooke	13.35	
8 Belanger, Laurence	89 Sherbrooke	14.60	

Women 100 Meter Course Juvenile

Name	Year Team	Prelims
Heat 1 Preliminaries Wind: 2.4		
1 Renaud, Catherine	87 Perfmax-Racing	12.25Q
2 Chenard, Virginie	87 Coubertin	13.25Q
3 Mastroianni, Lisa	88 West Island	13.52Q
4 Therrien, Andre-Anne	88 Sport-Etudes Dis	13.79
5 Fournier, Melissa	88 Energie	14.34
Heat 2 Preliminaries Wind: 0.8		

1	Delisle, Pascale	87	Rouge et Or	12.50Q
2	Gosselin-Berube, Karine	88	Coubertin	12.98Q
3	Watters, Alexandra	87	Perfmax-Racing	13.00Q
4	Fontaine, Magalie	87	Dynamique Laval	13.17q
5	Myrand-Lapierre, Marie-E	88	Energie	13.50q
6	Prevost, Tania	87	Petite Nation	13.64
7	Durocher, Claudia	87	Cirrus	13.71

Women 100 Meter Course Juvenile

Name	Year	Team	Finals	Points
Section 1 Finals Wind: -1.5				
1	Renaud, Catherine	87	Perfmax-Racing	12.55
2	Delisle, Pascale	87	Rouge et Or	12.84
3	Gosselin-Berube, Karine	88	Coubertin	13.15
4	Watters, Alexandra	87	Perfmax-Racing	13.18
5	Chenard, Virginie	87	Coubertin	13.55
6	Mastroianni, Lisa	88	West Island	13.64
7	Myrand-Lapierre, Marie-E	88	Energie	13.73

Women 100 Meter Course Junior

Name	Year	Team	Prelims	
Heat 1 Preliminaries Wind: 0.8				
1	Dugas, Marie-Eve	85	Corsaire Chapara	12.09q
2	Jobin, Marjolaine	85	Corsaire Chapara	12.67q
3	Baillargeon, Julie	85	Saguenay Lac St-	13.03q
4	Nadeau, Catherine	86	Rouge et Or	13.43q
5	Bergeron, Mireille	85	Saguenay Lac St-	13.71q

Women 100 Meter Course Junior

Name	Year	Team	Finals	
Section 1 Finals Wind: 3.0				
1	Dugas, Marie-Eve	85	Corsaire Chapara	12.10
2	Jobin, Marjolaine	85	Corsaire Chapara	12.62
3	Baillargeon, Julie	85	Saguenay Lac St-	13.10
4	Bergeron, Mireille	85	Saguenay Lac St-	13.61

Women 100 Meter Course Senior

Name	Year	Team	Prelims	
Heat 1 Preliminaries Wind: 1.4				
1	Mensah, Philomena	75	Saint Laurent Se	11.71Q
2	Cloutier-Leblanc, Martin	80	Perfmax-Racing	12.15Q
3	Leblanc, Andree	82	Sherbrooke	12.28Q
4	Dubreuil, Maryse	84	Perfmax-Racing	12.55q
5	Lavoie, Veronique	83	Corsaire Chapara	12.56q
6	Charles, Lorna	82	Perfmax-Racing	13.46
Heat 2 Preliminaries Wind: 0.3				
1	Cherubin, Nathalie	84	Perfmax-Racing	12.35Q
2	Toure, Hawoye	79	Athletica	12.65Q
3	Montour, Marjorie	81	Perfmax-Racing	12.80Q
4	Desnoyer, Marylène	81	Rouge et Or	12.82
5	Lucia-Khani, Adrienne	79	Sherbrooke	12.91

Women 100 Meter Course Senior

Name	Year	Team	Finals	
Section 1 Finals Wind: -2.0				
1	Mensah, Philomena	75	Saint Laurent Se	11.88
2	Cloutier-Leblanc, Martin	80	Perfmax-Racing	12.21
3	Leblanc, Andree	82	Sherbrooke	12.46
4	Cherubin, Nathalie	84	Perfmax-Racing	12.50
5	Lavoie, Veronique	83	Corsaire Chapara	12.72
6	Dubreuil, Maryse	84	Perfmax-Racing	12.85
7	Montour, Marjorie	81	Perfmax-Racing	12.95
8	Toure, Hawoye	79	Athletica	13.03

Women 150 Meter Course Minime

Name	Year	Team	Prelims	
Heat 1 Preliminaries Wind: -3.2				
1	Renaud, Sabrina	93	Club D'Athlétism	22.52q
2	Zilversmit, Shauna	93	West Island	23.33q

3	Lusterio-Adler, Olivia	95	West Island	24.33q
4	Karkavilas, Theodora	94	Kilomaitres de L	26.72
5	Sidhu, Arashdeed	98	West Island	31.68
Heat 2 Preliminaries Wind: -0.5				
1	Jobin, Lea	93	Saint Laurent Se	22.65q
2	Toussaint, Cassandra	93	Perfmax-Racing	23.22q
3	Chabot, Sandrine	94	Jeunesse Athleti	24.96q
4	Husbans, Jallea	95	West Island	25.87q
5	Hailstone, Megan	93	West Island	25.97q

Women 150 Meter Course Minime

Name	Year	Team	Finals	Points
Section 1 Finals Wind: -4.3				
1	Jobin, Lea	93	Saint Laurent Se	22.69
2	Renaud, Sabrina	93	Club D'Athlétism	23.01
3	Toussaint, Cassandra	93	Perfmax-Racing	23.18
4	Zilversmit, Shauna	93	West Island	23.22
5	Lusterio-Adler, Olivia	95	West Island	24.67
6	Chabot, Sandrine	94	Jeunesse Athleti	25.17
7	Hailstone, Megan	93	West Island	26.52
8	Husbans, Jallea	95	West Island	26.62

Women 150 Meter Course Benjamin

Name	Year	Team	Prelims	
Heat 1 Preliminaries Wind: -1.4				
1	Fontaine, Myriam	91	Dynamique Laval	20.39q
2	Tasse, Elisa	91	Perfmax-Racing	21.30q
3	Deschamps, Marie-Elizabe	92	Jeunesse Athleti	22.42
4	Tremblay, Jade	92	Saint Laurent Se	22.47
5	Trigiani, Lianne	91	McGill Olympic C	23.25
Heat 2 Preliminaries Wind: -0.5				
1	Lemay, Maggy	91	Energie	20.20q
2	Jones, Brooke	91	Saint Laurent Se	21.21q
3	Chabot, Sarah	92	Jeunesse Athleti	21.55q
4	Chartrand, Sonia	92	Petite Nation	23.96
5	Bernard, Laurence	92	Dynamique Laval	24.69
Heat 3 Preliminaries Wind: -0.2				
1	Beaudoin, Lana	91	McGill Olympic C	21.28q
2	Turgeon, Annabelle	92	Sherbrooke	22.76
3	Ouellet, Vanessa	91	Coubertin	22.77
4	Perron Deschenes, Freder	91	Coubertin	23.04
5	Tremblay, Christina	91	Lavironde	23.81
6	Emond, Maeli	91	Sherbrooke	25.04
Heat 4 Preliminaries Wind: 0.2				
1	G.-Lafreniere, Amelie	92	Energie	21.11q
2	Perigny, Catherine	91	Energie	21.84q
3	Morency, Edith	91	Vaudreuil-Dorion	22.18
4	Savard, Claudine	92	Corsaire Chapara	22.40
5	Boivin-Ouellet, Maude	91	Sherbrooke	22.66
6	Watchan, Natasha	92	Cirrus	23.37
7	Langlois, Daphnee	92	Coubertin	23.48
8	Hetu-Nielly, Celyse	91	Sherbrooke	23.59

Women 150 Meter Course Benjamin

Name	Year	Team	Finals	Points
Section 1 Finals Wind: -3.1				
1	Fontaine, Myriam	91	Dynamique Laval	19.62
2	Lemay, Maggy	91	Energie	19.95
3	Beaudoin, Lana	91	McGill Olympic C	20.94
4	G.-Lafreniere, Amelie	92	Energie	21.12
5	Tasse, Elisa	91	Perfmax-Racing	21.36
6	Jones, Brooke	91	Saint Laurent Se	21.37
7	Chabot, Sarah	92	Jeunesse Athleti	21.65
8	Perigny, Catherine	91	Energie	21.89

Women 200 Meter Course Cadet

Name	Year	Team	Prelims	
Heat 1 Preliminaries Wind: +0.0				
1	Hyacinthe, Kimberly	89	Saint Laurent Se	26.39Q
2	Dampousse, Chloe	89	Energie	27.55
3	Champagne, Catherine	89	Pantheres Pointe	28.27
4	Fortier, Camille	89	Pantheres Pointe	28.61
5	Savard, Marie-Pier	90	Lavironde	30.83

6	Bordage, Marylise	90	Dynamique Laval	31.93
Heat 2 Preliminaries Wind: +0.0				
1	Beaudry, Vanessa	90	St-Jean Olympiqu	27.12Q
2	Jacquemin, Charlotte	89	Pantheres Pointe	27.56
3	Chartier, Emilie	89	Corsaire Chapara	28.19
4	Langlois, Marie-Isabel	89	Coubertin	29.08
5	Emond, Catherine	89	Vaillants	29.74
6	Poirier, Gabrielle	90	Dynamique Laval	34.39
Heat 3 Preliminaries Wind: 0.1				
1	Robitaille-Beaumier, Eve	89	Energie	26.67Q
2	Bernier, Justine	89	Lavironde	27.13q
3	Gagne, Myriam	90	Rouge et Or	28.41
4	Provencal, Vanessa	89	Dynamique Laval	29.43
5	Giroux, Stephanie	90	Espoir Externat	31.07
Heat 4 Preliminaries Wind: 0.4				
1	Kerkerian, Genevieve	90	Energie	26.72Q
2	Trigiani, Elena-Amanda	89	Saint Laurent Se	26.81q
3	Vidal, Anne-Christelle	90	Corsaire Chapara	27.81
4	David, Elisabeth	89	Sherbrooke	29.02
5	Gagnon, Lucie	90	Sherbrooke	29.15
6	Major, Rachel	90	Energie	29.45
Heat 5 Preliminaries Wind: -1.4				
1	Blanchard, Genevieve	89	Sherbrooke	26.86Q
2	Bruno, Virginie	90	Impulsion	27.37q
3	Rondeau, Marika	89	Energie	28.43
4	Gilbert, Andreanne	89	Espoir Externat	29.28
5	Michaud, Alexandra	90	Coubertin	29.30
6	Boubalos, Chloe	90	Pantheres Pointe	29.59
7	Robinson, Caitlin	89	West Island	32.62

#### Women 200 Meter Course Cadet

Name	Year	Team	Finals	Points
Section 1 Finals Wind: -2.2				
1	Hyacinthe, Kimberly	89	Saint Laurent Se	25.22
2	Robitaille-Beaumier, Eve	89	Energie	26.43
3	Blanchard, Genevieve	89	Sherbrooke	26.57
4	Kerkerian, Genevieve	90	Energie	26.95
5	Bernier, Justine	89	Lavironde	27.07
6	Trigiani, Elena-Amanda	89	Saint Laurent Se	27.20
7	Bruno, Virginie	90	Impulsion	27.25
8	Beaudry, Vanessa	90	St-Jean Olympiqu	27.38

#### Women 200 Meter Course Juvenile

Name	Year	Team	Prelims
Heat 1 Preliminaries Wind: -2.4			
1	Renaud, Catherine	87	Perfmax-Racing
2	Mastroianni, Lisa	88	West Island
3	Savard, Agathe	88	Corsaire Chapara
4	Fournier, Melissa	88	Energie
5	Dietz, Steffi	88	Saint Laurent Se
Heat 2 Preliminaries Wind: -0.6			
1	Delisle, Pascale	87	Rouge et Or
2	Chenard, Virginie	87	Coubertin
3	Durocher, Claudia	87	Cirrus
4	Therrien, Andre-Anne	88	Sport-Etudes Dis
5	Grand'Maison, Sara	87	Vaillants
6	Sdicu, Katerine	87	Sherbrooke
Heat 3 Preliminaries Wind: +0.0			
1	Gosselin-Berube, Karine	88	Coubertin
2	Labrie, Christine	87	Sherbrooke
3	Dugas, Katerine	88	Dynamique Laval
4	Couture-Berube, Audrey	74	Coubertin
5	Gonthier, Stephanie	88	Lavironde

#### Women 200 Meter Course Juvenile

Name	Year	Team	Finals	Points
Section 1 Finals Wind: -2.8				
1	Renaud, Catherine	87	Perfmax-Racing	25.38
2	Delisle, Pascale	87	Rouge et Or	26.20
3	Gosselin-Berube, Karine	88	Coubertin	27.13
4	Chenard, Virginie	87	Coubertin	28.02
5	Mastroianni, Lisa	88	West Island	28.10
6	Durocher, Claudia	87	Cirrus	28.64
7	Therrien, Andre-Anne	88	Sport-Etudes Dis	29.65
8	Labrie, Christine	87	Sherbrooke	30.24

Women 200 Meter Course Junior

Name	Year Team	Prelims
Heat 1 Preliminaries Wind: -5.1		
1 Dugas, Marie-Eve	85 Corsaire Chapara	25.06q
2 Jobin, Marjolaine	85 Corsaire Chapara	25.62q
3 Costa, Camille	85 McGill Olympic C	26.73q
4 Nadeau, Catherine	86 Rouge et Or	27.83q
5 Bergeron, Mireille	85 Saguenay Lac St-	28.19q

Women 200 Meter Course Junior

Name	Year Team	Finals
Section 1 Finals Wind: -5.1		
1 Jobin, Marjolaine	85 Corsaire Chapara	25.53
2 Costa, Camille	85 McGill Olympic C	26.63
3 Bergeron, Mireille	85 Saguenay Lac St-	28.34

Women 200 Meter Course Senior

Name	Year Team	Prelims
Heat 1 Preliminaries Wind: -1.3		
1 Cloutier-Leblanc, Martin	80 Perfmax-Racing	24.47Q
2 Desnoyer, Marylène	81 Rouge et Or	25.93Q
3 Charles, Lorna	82 Perfmax-Racing	27.44Q
4 Blais, Marie-Pier	83 Oxygene Amiante	28.35q
Heat 2 Preliminaries Wind: -3.3		
1 Dubreuil, Maryse	84 Perfmax-Racing	26.06Q
2 Momoh, Naike	84 Saint Laurent Se	26.16Q
3 Beauchamp, Marie-Anne	83 Rouge et Or	28.27Q

Women 200 Meter Course Senior

Name	Year Team	Finals
Section 1 Finals Wind: -0.3		
1 Cloutier-Leblanc, Martin	80 Perfmax-Racing	24.43
2 Dubreuil, Maryse	84 Perfmax-Racing	25.64
3 Momoh, Naike	84 Saint Laurent Se	25.78
4 Charles, Lorna	82 Perfmax-Racing	27.67
5 Blais, Marie-Pier	83 Oxygene Amiante	28.07
6 Beauchamp, Marie-Anne	83 Rouge et Or	28.12

Women 400 Meter Course Juvenile

Name	Year Team	Finals	Points
Section 1			
1 Savard, Marianne	88 Corsaire Chapara	1:04.54	
2 Mastroianni, Lisa	88 West Island	1:04.56	
3 Grand'Maison, Sara	87 Vaillants	1:04.72	
4 Savard, Agathe	88 Corsaire Chapara	1:07.18	
5 Alexandrou, Mary	87 Saint Laurent Se	1:09.00	
6 Hudon, Anne-Marie	88 Cirrus	1:09.13	
7 Sdicu, Katerine	87 Sherbrooke	1:09.28	
8 Royer, Fannie	88 Lavironde	1:12.42	
Section 2			
1 Renaud, Catherine	87 Perfmax-Racing	58.88	
2 Lavoie, Sabrina	87 McGill Olympic C	59.64	
3 Ogrodnick, Avril	87 McGill Olympic C	1:00.52	
4 Savard, Marilaine	87 St-Jean Olympiqu	1:01.25	
5 Rondeau, Catherine	88 Sherbrooke	1:02.09	
6 Morency, Rebecca	88 Vaudreuil-Dorion	1:04.70	
7 David, Kim	87 Saint Laurent Se	1:06.24	
8 Labrie, Christine	87 Sherbrooke	1:09.95	

Women 400 Meter Course Junior

Name	Year Team	Finals
Section 1		
1 Jobin, Marjolaine	85 Corsaire Chapara	57.86
2 Costa, Camille	85 McGill Olympic C	59.20
3 Jean-Philippe, Sonia	85 Pantheres Pointe	1:00.07
4 Beaucage-Gauvreau, Erica	85 Montreal Olympiq	1:00.61

Women 400 Meter Course Senior

Name	Year	Team	Finals
1 Venturelli, Emilie	82	McGill Olympic C	56.44
2 Foley, Marie-Claude	84	Sherbrooke	57.48
3 Momoh, Naike	84	Saint Laurent Se	57.63
4 Jarry, Rose-Marie	83	Montreal Olympiq	58.52
5 Desnoyer, Marylène	81	Rouge et Or	1:00.88
Section 2			
1 Boivin, Marianne	84	Rouge et Or	1:02.97
2 Beauchamp, Marie-Anne	83	Rouge et Or	1:03.97
3 Grondines, Melissa	83	Rouge et Or	1:04.45
4 Blais, Marie-Pier	83	Oxygene Amiante	1:06.52
5 Laforce-Tremblay, Anne	84	Montreal Olympiq	1:08.29

Women 800 Meter Demi Fond Benjamin

Name	Year	Team	Finals	Points
Section 1				
1 Vissers, Jennifer	91	McGill Olympic C	2:25.59	
2 Streche, Viktoria-Erika	91	Athletica	2:27.02	
3 Sidhu, Gursharan	91	West Island	2:32.08	
4 Boucher, Leonie	91	Coubertin	2:32.48	
5 Ricard, Karen	91	McGill Olympic C	2:32.83	
6 Bouffard-Nesbitt, Olivia	92	Corsaire Chapara	2:40.94	
7 Lahaie, Sophie	91	McGill Olympic C	2:43.00	
8 G.-Lafreniere, Amelie	92	Energie	2:43.94	
9 Langlois, Daphnee	92	Coubertin	2:49.11	
10 Tremblay, Christina	91	Lavironde	2:56.79	

Women 800 Meter Demi Fond Cadet

Name	Year	Team	Finals	Points
Section 1				
1 Beaulieu-Boire, Laurence	90	Sherbrooke	2:31.18	
2 Gendron, Caroline	89	Cirrus	2:35.49	
3 Bilodeau, Veronique	89	St-Jean Olympiqu	2:36.36	
4 Bergeron-Dussault, Kim	90	Montreal Olympiq	2:38.07	
5 Hailstone, Sarah	90	West Island	2:48.00	
6 Giroux, Stephanie	90	Espoir Externat	2:57.19	
7 Savard, Marie-Pier	90	Lavironde	3:02.72	
8 Beaulieu, Caroline	89	Vaillants	3:18.76	
Section 2				
1 L'Heureux, Justine	89	Energie	2:21.68	
2 Desmarais-Gagnon, Alexan	90	Cirrus	2:23.26	
3 Ottoni, Amanda	89	McGill Olympic C	2:25.75	
4 Cote, Marjorie	89	Corsaire Chapara	2:26.58	
5 Beaulieu Bernard, Monika	89	Coubertin	2:27.31	
6 Pearsall, Lyndsey	90	McGill Olympic C	2:27.38	
7 Jacquemin, Charlotte	89	Pantheres Pointe	2:32.30	
8 Laberge, Annie-Claude	89	Montreal Olympiq	2:32.80	
9 Therrien, Sarah	90	Espoir Externat	2:35.79	

Women 800 Meter Demi Fond Juvenile

Name	Year	Team	Finals	Points
Section 1				
1 Beckeret, Lemlem	87	Saint Laurent Se	2:12.11	
2 Savard, Marilaine	87	St-Jean Olympiqu	2:22.80	
3 Rondeau, Catherine	88	Sherbrooke	2:23.08	
4 Picard-Arsenault, Josée	88	Rouge et Or	2:23.70	
5 Lafontaine, Marie-Michel	88	Energie	2:23.95	
6 Morency, Rebecca	88	Vaudreuil-Dorion	2:32.66	
7 Grand'Maison, Sara	87	Vaillants	2:36.28	
8 Hudon, Anne-Marie	88	Cirrus	2:39.00	
9 Bernard Brouillard, Sara	88	Coubertin	2:40.40	
10 Royer, Fannie	88	Lavironde	2:42.72	

Women 800 Meter Demi Fond Junior

Name	Year	Team	Finals
1 Allen, Chloe	86	McGill Olympic C	2:13.42
2 Kamariza-Pearson, Claudi	86	Vainqueurs	2:15.97
3 Beaucage-Gauvreau, Erica	85	Montreal Olympiq	2:17.53
4 Riopel-Meunier, Annie	86	Coriaces	2:18.11
5 Jean-Philippe, Sonia	85	Pantheres Pointe	2:18.44
6 Mainguy, Justine	85	Montreal Olympiq	2:41.41

Women 800 Meter Demi Fond Senior

Name	Year	Team	Finals
1 Venturelli, Emilie	82	McGill Olympic C	2:14.32
2 Jarry, Rose-Marie	83	Montreal Olympiq	2:21.22
3 Boivin, Marianne	84	Rouge et Or	2:25.65
4 Grondines, Melissa	83	Rouge et Or	2:30.07
5 Sauriol, Caroline	82	Universite Laval	2:31.94
6 Girard, Lyne	74	Saguenay Lac St-	2:36.07
7 Laforce-Tremblay, Anne	84	Montreal Olympiq	2:36.51

Women 1000 Meter Demi Fond Minime

Name	Year	Team	Finals	Points
1 Zilversmit, Shauna	93	West Island	3:34.0h	
2 Train, Julie-Anne	93	Club D'Athlétism	3:43.9h	
3 Bouchard, Sophie	94	Saguenay Lac St-	4:17.9h	
4 Ettaleb, Fatima-Azzahra	95	McGill Olympic C	4:48.3h	
-- Vautour, Jocya	93	Jeunesse Athleti		DNF

Women 1200 Meter Demi Fond Benjamin

Name	Year	Team	Finals	Points
1 Vissers, Jennifer	91	McGill Olympic C	3:55.48	
2 Ricard, Karen	91	McGill Olympic C	3:59.84	
3 Sidhu, Gursharan	91	West Island	4:02.56	
4 Bouffard-Nesbitt, Olivia	92	Corsaire Chapara	4:05.31	
5 Boucher, Leonie	91	Coubertin	4:07.00	
6 Lahaie, Sophie	91	McGill Olympic C	4:12.22	
7 Brousseau, Christelle	92	Petite Nation	4:20.33	
8 Langlois, Daphnee	92	Coubertin	4:23.70	
9 Tremblay, Christina	91	Lavironde	4:31.50	

Women 1200 Meter Demi Fond Cadet

Name	Year	Team	Finals	Points
1 L'Heureux, Justine	89	Energie	3:46.04	
2 Cote, Marjorie	89	Corsaire Chapara	3:46.99	
3 Pearsall, Lyndsey	90	McGill Olympic C	3:47.57	
4 Desmarais-Gagnon, Alexan	90	Cirrus	3:49.42	
5 Beaulieu Bernard, Monika	89	Coubertin	3:53.37	
6 Ottoni, Amanda	89	McGill Olympic C	3:54.87	
7 Hogan, Marianne	90	St-Johns High Sc	3:57.14	
8 Bilodeau, Veronique	89	St-Jean Olympiqu	3:59.22	
9 Laberge, Annie-Claude	89	Montreal Olympiq	4:08.51	
-- Therrien, Sarah	90	Espoir Externat		DNF

Section 2

1 Jalbert Bosse, Tania	89	Coubertin	4:05.47
2 Gendron, Caroline	89	Cirrus	4:13.79
3 Bergeron-Dussault, Kim	90	Montreal Olympiq	4:27.71
4 Lessard, Amelie	89	Sport-Etudes Dis	4:29.29
5 Rioux-Castonguay, Marina	89	Coubertin	4:39.19
6 Giroux, Stephanie	90	Espoir Externat	4:39.33
7 Hailstone, Sarah	90	West Island	4:58.53
8 Robinson, Caitlin	89	West Island	5:29.58

Women 1500 Meter Demi Fond Juvenile

Name	Year	Team	Finals	Points
1 Beckeret, Lemlem	87	Saint Laurent Se	4:29.82	
2 Ogrodnick, Avril	87	McGill Olympic C	4:31.02	
3 Ogrodnick, Lise	87	McGill Olympic C	4:37.41	
4 Lafontaine, Marie-Michel	88	Energie	5:01.90	
5 Picard-Arsenault, Josée	88	Rouge et Or	5:05.78	
6 Morency, Rebecca	88	Vaudreuil-Dorion	5:33.18	
7 Royer, Fannie	88	Lavironde	5:47.30	

Women 1500 Meter Demi Fond Junior

Name	Year	Team	Finals
1 Kamariza-Pearson, Claudi	86	Vainqueurs	4:48.74
2 Riopel-Meunier, Annie	86	Coriaces	4:49.45
3 Myrand, Melanie	85	McGill Olympic C	4:53.96
4 Lavoie, Audrey-Sophie	85	Rouge et Or	5:20.23



Women 1500 Meter Demi Fond Senior

Name	Year	Team	Finals
1 Richard-St-Denis, Andrea	84	McGill Olympic C	4:51.36
2 Girard, Lyne	74	Saguenay Lac St-	5:16.42
3 Cote, Marie-Christine	82	Rouge et Or	5:22.74

Women 2000 Meter Demi Fond Cadet

Name	Year	Team	Finals	Points
1 Pearsall, Lyndsey	90	McGill Olympic C	6:45.35	
2 Cote, Marjorie	89	Corsaire Chapara	6:45.76	
3 Bilodeau, Veronique	89	St-Jean Olympiqu	6:50.50	
4 Hogan, Marianne	90	St-Johns High Sc	6:57.68	
5 Desmarais-Gagnon, Alexan	90	Cirrus	6:59.66	
6 Beaulieu Bernard, Monika	89	Coubertin	7:06.37	
7 Jalbert Bosse, Tania	89	Coubertin	7:06.76	
8 Ricard, Karen	91	McGill Olympic C	7:11.77	
9 Gendron, Caroline	89	Cirrus	7:19.23	
10 Ottoni, Amanda	89	McGill Olympic C	7:29.99	
11 Rioux-Castonguay, Marina	89	Coubertin	8:09.42	
12 Gingras-Perron, Justine	90	Petite Nation	8:39.16	
13 Proulx-Ouellet, Magalie	90	Club D'Athlétism	8:40.83	

Women 3000 Meter Demi Fond Juvenile

Name	Year	Team	Finals	Points
1 Beckeret, Lemlem	87	Saint Laurent Se	9:47.12	
2 Ogrodnick, Avril	87	McGill Olympic C	9:48.51	
3 Ogrodnick, Lise	87	McGill Olympic C	10:06.43	

Women 5000 Meter Demi Fond Junior

Name	Year	Team	Finals
1 Myrand, Melanie	85	McGill Olympic C	18:05.78

Women 5000 Meter Demi Fond Senior

Name	Year	Team	Finals
1 Richard-St-Denis, Andrea	84	McGill Olympic C	19:15.93

Women 60 Meter Haies 24 po Minime

Name	Year	Team	Finals	Points
Section 1 Wind: +0.0				
1 Pellletier, Cloé	93	Club D'Athlétism	12.56	
2 Husbans, Jallea	95	West Island	13.55	
3 Gagnon, Ariane	93	Baie Comeau	13.58	
4 Sidhu, Arashdeed	98	West Island	20.75	
Section 2 Wind: -0.2				
1 Jobin, Lea	93	Saint Laurent Se	11.83	
2 Brodeur, Eloise	93	Montreal Interna	12.76	
3 Karkavilas, Theodora	94	Kilomaitres de L	13.00	
4 Hailstone, Megan	93	West Island	13.35	
5 Moustaine, Sarah	95	Dynamique Laval	14.02	

Women 60 Meter Haies 27 po Benjamin

Name	Year	Team	Finals	Points
Section 1 Wind: 3.2				
1 Fontaine, Myriam	91	Dynamique Laval	10.49	
2 D'Aoust, Laurence	91	Saint Laurent Se	11.55	
3 Chartrand, Sonia	92	Petite Nation	11.68	
4 Dumais, Melanie	92	St-Jean Olympiqu	11.91	
5 Rodrigue, Marie-Isabelle	92	Jeunesse Athleti	12.32	
6 Morissette-Rodrigue, Ale	91	Sherbrooke	12.81	
7 Bernard, Laurence	92	Dynamique Laval	13.67	
Section 2 Wind: -1.3				
1 Jones, Brooke	91	Saint Laurent Se	10.62	
2 Chenier, Pascale	92	Montreal Interna	11.71	
3 Morency, Edith	91	Vaudreuil-Dorion	11.76	
4 Gigere, Sabrina	91	Coubertin	13.01	
5 Picard, Ariane	92	Dynamique Laval	14.13	

## Section 3 Wind: -4.4

1 Lemay, Maggy	91 Energie	10.08
2 Parent-Banachowski, Soph	91 Montreal Interna	10.76
3 Bolduc, Aurelie	92 Montreal Interna	10.92
4 Barbe, Cloe	92 Montreal Interna	13.17

## Women 80 Meter Haies 30 po Cadet

Name	Year Team	Prelims
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## Heat 1 Preliminaries Wind: 1.8

1 Cere, Susanna	89 McGill Olympic C	12.40Q
2 Aubin, Virginie	90 Jeunesse Athleti	13.07Q
3 Dumais, Isabelle	89 St-Jean Olympiqu	13.62Q
4 Michaud, Alexandra	90 Coubertin	13.83q
5 Major, Rachel	90 Energie	14.35
6 Boulianne-Fortin, Stépha	89 Saguenay Lac St-	15.08
7 Bordage, Marylise	90 Dynamique Laval	16.23

## Heat 2 Preliminaries Wind: 1.9

1 Beaumont-Courteau, Arian	90 Montreal Interna	12.54Q
2 Robitaille-Beaumier, Eve	89 Energie	12.73Q
3 Bernier, Justine	89 Lavironde	13.24Q
4 Fortin, Anne-Marie	89 Saguenay Lac St-	13.32q
5 Beaulieu-Boire, Laurence	90 Sherbrooke	14.14
6 Martin-Rouillard, Fannie	90 Impulsion	15.24
7 Gilbert, Andreeanne	89 Espoir Externat	16.66
8 Poirier, Gabrielle	90 Dynamique Laval	19.70

## Women 80 Meter Haies 30 po Cadet

Name	Year Team	Finals	Points
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## Section 1 Finals Wind: 0.3

1 Cere, Susanna	89 McGill Olympic C	12.33
2 Robitaille-Beaumier, Eve	89 Energie	12.56
3 Beaumont-Courteau, Arian	90 Montreal Interna	12.69
4 Dumais, Isabelle	89 St-Jean Olympiqu	13.10
5 Aubin, Virginie	90 Jeunesse Athleti	13.15
6 Fortin, Anne-Marie	89 Saguenay Lac St-	13.19
7 Bernier, Justine	89 Lavironde	13.42
8 Michaud, Alexandra	90 Coubertin	13.56

## Women 100 Meter Haies 30 po Juvenile

Name	Year Team	Prelims
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## Heat 1 Preliminaries Wind: 0.5

1 Delisle, Pascale	87 Rouge et Or	15.16Q
2 Dugas, Katerine	88 Dynamique Laval	16.18Q
3 Hebert, Audrey	88 Energie	16.76Q
4 Sarazin-Cote, Josee-Anne	88 Saint Laurent Se	17.24q
5 Gonthier, Stephanie	88 Lavironde	18.04q
6 Tremblay-Lucier, Genevieve	87 Corsaire Chapara	18.46
-- Laplante, Amelie	87 Saint Laurent Se	DNF

## Heat 2 Preliminaries Wind: 3.6

1 Fontaine, Magalie	87 Dynamique Laval	15.15Q
2 Myrand-Lapierre, Marie-E	88 Energie	15.72Q
3 Renaud, Esther	88 Jeunesse Athleti	17.07Q
4 Therien, Jessica	88 Espoir Externat	18.54
5 Longpre, Veronique	88 Dynamique Laval	19.13
6 Deschenes, Katerine	88 Corsaire Chapara	19.52

## Women 100 Meter Haies 30 po Juvenile

Name	Year Team	Finals	Points
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## Section 1 Finals Wind: 1.2

1 Delisle, Pascale	87 Rouge et Or	14.82
2 Fontaine, Magalie	87 Dynamique Laval	15.15
3 Myrand-Lapierre, Marie-E	88 Energie	15.79
4 Dugas, Katerine	88 Dynamique Laval	16.42
5 Hebert, Audrey	88 Energie	16.55
6 Sarazin-Cote, Josee-Anne	88 Saint Laurent Se	16.63
7 Renaud, Esther	88 Jeunesse Athleti	17.07
8 Gonthier, Stephanie	88 Lavironde	17.29

## Women 100 Meter Haies 33 po Junior

Name	Year Team	Prelims
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## Heat 1 Preliminaries Wind: 1.9

1	Dugas, Marie-Eve	85	Corsaire Chapara	14.29q
2	Momoh, Nana-Aishetu	85	Saint Laurent Se	15.21q
3	Massicotte, Jessica	86	Sherbrooke	15.71q
4	Barangana, Annick	86	Sherbrooke	16.11q
5	Gendron-Daigneault, Pasc	86	Sherbrooke	18.57q
6	Brosseau, Mylene	86	Jeunesse Athleti	18.71q

Women 250 Meter Haies 30 po Cadet

Name	Year	Team	Finals	Points
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Section 1

1	Robitaille-Beaumier, Eve	89	Energie	37.25
2	Cere, Susanna	89	McGill Olympic C	37.47
3	Beaumont-Courteau, Arian	90	Montreal Interna	38.30
4	Fontaine, Myriam	91	Dynamique Laval	40.31
5	Dumais, Isabelle	89	St-Jean Olympiqu	41.26
6	Bernier, Justine	89	Lavironde	41.74
7	L'Heureux, Justine	89	Energie	42.06

Section 2

1	Blanchard, Genevieve	89	Sherbrooke	41.53
2	Beaulieu-Boire, Laurence	90	Sherbrooke	42.09
3	Trigiani, Elena-Amanda	89	Saint Laurent Se	43.14
4	Gilbert, Andreanne	89	Espoir Externat	44.26
5	Vidal, Anne-Christelle	90	Corsaire Chapara	44.68
6	Brodeur, Maude-Emilie	89	Jean De La Menna	44.80

Women 300 Meter Haies 30 po Juvenile

Name	Year	Team	Finals	Points
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Section 1

1	Lavoie, Sabrina	87	McGill Olympic C	45.70
2	Allen, Charlotte	88	McGill Olympic C	47.83
3	Hebert, Audrey	88	Energie	47.99
4	Laplante, Amelie	87	Saint Laurent Se	51.95
5	Bernard Brouillard, Sara	88	Coubertin	54.99
--	Sdicu, Katerine	87	Sherbrooke	DQ

Women 400 Meter Haies 30 po Junior

Name	Year	Team	Finals
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1	Momoh, Nana-Aishetu	85	Saint Laurent Se	1:08.64
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Women 400 Meter Haies 30 po Senior

Name	Year	Team	Finals
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1	Foley, Marie-Claude	84	Sherbrooke	1:02.75
2	Momoh, Naike	84	Saint Laurent Se	1:07.15

Women 2000 Meter Steeplechase Juvenile

Name	Year	Team	Finals	Points
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1	Ogrodnick, Lise	87	McGill Olympic C	7:14.11
2	Hebert, Audrey	88	Energie	8:01.02
3	Bernard Brouillard, Sara	88	Coubertin	9:07.43

Women 2000 Meter Steeplechase Junior

Name	Year	Team	Finals
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1	Genest, Audrey	85	Energie	7:39.82
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Women 2000 Meter Steeplechase Senior

Name	Year	Team	Finals
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--	Cote, Marie-Christine	82	Rouge et Or	DNF
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Women 1500 Meter Marche Benjamin

Name	Year	Team	Finals	Points
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1	Gagne, Tanya	91	Saguenay Lac St-	9:47.78
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Women 1500 Meter Marche Cadet

Name	Year	Team	Finals	Points
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1	Menard, Veronique	89	Saguenay Lac St-	7:50.60
2	Gingras-Perron, Justine	90	Petite Nation	8:26.34
3	Nadeau, Jessica	89	St-Johns High Sc	8:35.88
4	Gaudreau, Marie-Pier	90	Lavironde	8:51.71
5	Houle, Gabrielle	90	Petite Nation	9:03.41

#### Women 3000 Meter Marche Juvenile

Name	Year	Team	Finals	Points
1 Desmarais, Marilyn	88	Dynamique Laval	15:27.73	

#### Women 5000 Meter Marche Junior

Name	Year	Team	Finals
1 Pelletier, Annie	86	Vaillants	33:34.75

#### Women 10000 Meter Marche Senior

Name	Year	Team	Finals
1 Crivello, Marina	79	Montreal Olympiq	49:40.75
2 Hortense Ebena, Anne	81	McGill Olympic C	58:12.77
3 Farnessi, Carla	86	McGill Olympic C	58:15.49

#### Women Saut en hauteur Minime

Name	Year	Team	Finals	Points
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#### Flight 1

1	Chabot, Sandrine	94	Jeunesse Athleti	1.12m
2	Brodeur, Eloise	93	Montreal Interna	1.00m
3	Karkavilas, Theodora	94	Kilomaitres de L	J0.95m
3	Pelletier, Cloé	93	Club D'Athlétism	0.95m
5	Moustaine, Sarah	95	Dynamique Laval	0.80m
5	Perusse, Marie-Eve	94	Baie Comeau	0.80m

#### Women Saut en hauteur Benjamin

Name	Year	Team	Finals	Points
1	Tremblay, Jade	92	Saint Laurent Se	1.37m
2	Parent-Banachowski, Soph	91	Montreal Interna	1.35m
3	Morency, Edith	91	Vaudreuil-Dorion	1.32m
4	Chabot, Sarah	92	Jeunesse Athleti	1.29m
5	Deschamps, Marie-Elizabe	92	Jeunesse Athleti	1.26m
6	Boudreau, Kim	92	St-Jean Olympiqu	1.22m
7	Picard, Ariane	92	Dynamique Laval	1.18m
7	Perigny, Catherine	91	Energie	1.18m
9	Chartrand, Sonia	92	Petite Nation	1.15m

#### Women Saut en hauteur Cadet

Name	Year	Team	Finals	Points
1	Hyacinthe, Kimberly	89	Saint Laurent Se	1.54m
2	Aubin, Virginie	90	Jeunesse Athleti	1.50m
2	Nadeau, Jessica	89	St-Johns High Sc	J1.50m
2	Beaumont-Courteau, Arian	90	Montreal Interna	J1.50m
5	Fortin, Anne-Marie	89	Saguenay Lac St-	1.45m
5	Dampousse, Chloe	89	Energie	J1.45m
7	Boulianne-Fortin, Stépha	89	Saguenay Lac St-	1.35m
8	Proulx-Ouellet, Magalie	90	Club D'Athlétism	1.30m
8	Blanchard, Genevieve	89	Sherbrooke	J1.30m
--	Jalbert Bosse, Tania	89	Coubertin	NH
--	Rioux-Castonguay, Marina	89	Coubertin	NH

#### Women Saut en hauteur Juvenile

Name	Year	Team	Finals	Points
1	Dugas, Katerine	88	Dynamique Laval	1.55m
2	Chenard, Virginie	87	Coubertin	1.50m
2	Pontbriand-Malo, Laurenc	88	Impulsion	J1.50m
4	Couture-Berube, Audrey	74	Coubertin	1.45m
4	Gonthier, Stephanie	88	Lavironde	J1.45m
6	Prevost, Tania	87	Petite Nation	J1.35m
6	Savard, Agathe	88	Corsaire Chapara	J1.35m
6	Therien, Jessica	88	Espoir Externat	1.35m

9	Sarazin-Cote, Josee-Anne	88	Saint Laurent Se	1.30m
9	Deschenes, Katerine	88	Corsaire Chapara	J1.30m
9	Hebert, Audrey	88	Energie	1.30m
12	Dietz, Steffi	88	Saint Laurent Se	1.25m
13	Savard, Marianne	88	Corsaire Chapara	1.20m

#### Women Saut a la perche Cadet

Name	Year	Team	Finals	Points
1	Beaumont-Courteau, Arian	90	Montreal Interna	3.05m
2	Normandin, Sophie	90	St-Jean Olympiqu	1.80m

#### Women Saut a la perche Juvenile

Name	Year	Team	Finals	Points
1	Rock, Melinda-Megan	87	Baie Comeau	2.40m
2	David, Kim	87	Saint Laurent Se	2.30m

#### Women Saut a la perche Junior

Name	Year	Team	Finals	
1	Duclos Lasnier, Gabriell	88	Rouge et Or	3.40m
2	Dufour-Chouniard, Emilie	85	Sherbrooke	3.00m
3	Brosseau, Mylene	86	Jeunesse Athleti	2.80m

#### Women Saut a la perche Senior

Name	Year	Team	Finals	
1	Jean, Caroline	80	Sherbrooke	3.63m
2	Frigon, Melanie	82	Sherbrooke	3.40m
2	Cleary, Sara	80	Rouge et Or	3.40m
4	Lefebvre-Bertrand, Emili	83	St-Jean Olympiqu	3.20m
5	Barta, Mihaela	80	Montreal Interna	3.00m
6	Lambert Beaulieu, Eve	84	Rouge et Or	2.40m

#### Women Saut en longueur Minime

Name	Year	Team	Finals	Wind	Points
1	Jobin, Lea	93	Saint Laurent Se	4.08m	NWI
2	Train, Julie-Anne	93	Club D'Athlétism	3.75m	NWI
3	Zilversmit, Shauna	93	West Island	J3.71m	NWI
3	Renaud, Sabrina	93	Club D'Athlétism	3.71m	NWI
5	Chabot, Sandrine	94	Jeunesse Athleti	3.39m	NWI
6	Vautour, Jocya	93	Jeunesse Athleti	3.35m	NWI
7	Karkavilas, Theodora	94	Kilomaitres de L	3.31m	NWI
8	Gagnon, Ariane	93	Baie Comeau	3.30m	NWI
9	Moustaine, Sarah	95	Dynamique Laval	3.04m	NWI

#### Women Saut en longueur Benjamin

Name	Year	Team	Finals	Wind	Points
1	Fontaine, Myriam	91	Dynamique Laval	4.80m	-2.0
2	Jones, Brooke	91	Saint Laurent Se	4.79m	-1.0
3	Chabot, Sarah	92	Jeunesse Athleti	4.29m	-0.8
3	Tremblay, Jade	92	Saint Laurent Se	4.29m	-2.0
5	Martin, Marie-Eve	92	Club D'Athlétism	4.28m	+0.0
6	Dumais, Melanie	92	St-Jean Olympiqu	4.24m	-2.1
7	Boucher, Leonie	91	Coubertin	4.20m	-0.6
8	Turgeon, Annabelle	92	Sherbrooke	4.15m	-1.0
9	Boivin-Ouellet, Maude	91	Sherbrooke	4.09m	1.9
9	Parent-Banachowski, Soph	91	Montreal Interna	4.09m	+0.0
11	Bolduc, Aurelie	92	Montreal Interna	4.08m	1.3
12	Deschamps, Marie-Elizabe	92	Jeunesse Athleti	4.07m	-1.1
13	Chenier, Pascale	92	Montreal Interna	4.01m	-2.0
14	Lemay, Maggy	91	Energie	3.97m	-1.7
15	Chartrand, Sonia	92	Petite Nation	3.96m	-1.9
16	Hetu-Nielly, Celyse	91	Sherbrooke	3.88m	-0.8
17	Morissette-Rodrigue, Ale	91	Sherbrooke	3.86m	0.7
18	Barbe, Cloe	92	Montreal Interna	3.76m	-1.3
19	Langlois, Daphnee	92	Coubertin	3.72m	-2.1
20	Picard, Ariane	92	Dynamique Laval	3.56m	-0.4
21	Bouffard-Nesbitt, Olivia	92	Corsaire Chapara	3.45m	-2.4
22	Emond, Maeli	91	Sherbrooke	3.44m	-2.0
23	Perron Deschenes, Freder	91	Coubertin	3.39m	-1.7
24	Bernard, Laurence	92	Dynamique Laval	3.28m	-0.5

Women Saut en longueur Cadet

Name	Year	Team	Finals	Wind	Points
1 Dampousse, Chloe	89	Energie	5.02m	-1.8	
2 Trigiani, Elena-Amanda	89	Saint Laurent Se	4.84m	-2.6	
3 Beaumont-Courteau, Arian	90	Montreal Interna	4.81m	-1.2	
4 Aubin, Virginie	90	Jeunesse Athleti	4.76m	1.3	
5 Beaulieu-Boire, Laurence	90	Sherbrooke	4.65m	0.4	
5 Jacquemin, Charlotte	89	Pantheres Pointe	J4.65m	1.1	
7 Bernier, Justine	89	Lavironde	4.52m	-1.5	
8 Emond, Catherine	89	Vaillants	4.37m	0.7	
9 David, Elisabeth	89	Sherbrooke	4.31m	1.4	
10 Chartier, Emilie	89	Corsaire Chapara	4.28m	1.0	
11 Gagnon, Lucie	90	Sherbrooke	4.01m	1.6	
12 Major, Rachel	90	Energie	3.94m	-1.7	
13 V.-Brizard, Stephanie	90	Espoir Externat	3.67m	-3.1	
14 Giroux, Stephanie	90	Espoir Externat	3.56m	-2.7	
15 Savard, Marie-Pier	90	Lavironde	3.42m	1.4	
16 Ouellet, Virginie	89	Coubertin	2.73m	NWI	

Women Saut en longueur Juvenile

Name	Year	Team	Finals	Wind	Points
1 Delisle, Pascale	87	Rouge et Or	5.22m	NWI	
2 Renaud, Esther	88	Jeunesse Athleti	J5.01m	NWI	
2 Allen, Charlotte	88	McGill Olympic C	5.01m	NWI	
4 Chenard, Virginie	87	Coubertin	4.95m	NWI	
5 Ho, Marie-Tran	87	Saint Laurent Se	4.83m	NWI	
6 Sarazin-Cote, Josee-Anne	88	Saint Laurent Se	4.64m	NWI	
7 Tremblay-Lucier, Genevieve	87	Corsaire Chapara	4.57m	NWI	
8 Myrand-Lapierre, Marie-E	88	Energie	4.50m	NWI	
9 Savard, Agathe	88	Corsaire Chapara	4.40m	NWI	
10 Gonthier, Stephanie	88	Lavironde	4.37m	NWI	
11 Grand'Maison, Sara	87	Vaillants	4.33m	NWI	
12 Therrien, Andre-Anne	88	Sport-Etudes Dis	4.29m	NWI	
13 Gosselin-Berube, Karine	88	Coubertin	4.27m	NWI	
14 Deschenes, Katherine	88	Corsaire Chapara	4.19m	NWI	
15 Savard, Marianne	88	Corsaire Chapara	4.10m	NWI	
16 Therien, Jessica	88	Espoir Externat	3.78m	NWI	

Women Saut en longueur Junior

Name	Year	Team	Finals	Wind
1 Caban, Julie-Christine	85	Saint Laurent Se	5.27m	1.5
2 Sanche, Caroline	86	Espoir Externat	5.10m	0.8
3 Gendron-Daigneault, Pasc	86	Sherbrooke	4.65m	1.6
4 Brosseau, Mylene	86	Jeunesse Athleti	4.62m	1.2

Women Saut en longueur Senior

Name	Year	Team	Finals	Wind
1 Rozefort, Alexandra	84	Saint Laurent Se	5.86m	1.2
2 Foley, Veronique	82	McGill Universit	4.90m	1.4

Women Triple saut Juvenile

Name	Year	Team	Finals	Wind	Points
1 Allen, Charlotte	88	McGill Olympic C	10.15m	-1.9	
2 Ho, Marie-Tran	87	Saint Laurent Se	9.84m	-1.9	
3 Sarazin-Cote, Josee-Anne	88	Saint Laurent Se	9.81m	0.8	
4 Laplante, Amelie	87	Saint Laurent Se	9.67m	-1.1	
5 Nadeau, Jessica	89	St-Johns High Sc	9.64m	-1.7	
6 Myrand-Lapierre, Marie-E	88	Energie	9.36m	-1.0	
7 Fournier, Melissa	88	Energie	8.23m	-0.5	

Women Triple saut Junior

Name	Year	Team	Finals	Wind
1 Sanche, Caroline	86	Espoir Externat	10.15m	-0.5

Women Triple saut Senior

Name	Year	Team	Finals	Wind
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1	Rozefort, Alexandra	84	Saint Laurent Se	10.73m	-0.2
--	Williams, Althia		Ottawa Lions	X13.37m	NWI

Women Lancer su poids 2 kg Minime

Name	Year	Team	Finals	Points
1	Labrecque, Genevieve	93	Mistral	8.81m
1	Train, Julie-Anne	93	Club D'Athlétism	J8.81m
3	Gagnon, Ariane	93	Baie Comeau	7.51m
4	Dumont, Anais	94	Baie Comeau	6.22m
5	Perusse, Marie-Eve	94	Baie Comeau	5.15m
6	Moustaine, Sarah	95	Dynamique Laval	4.55m

Women Lancer su poids 2 kg Benjamin

Name	Year	Team	Finals	Points
1	Vaillancourt, Tanya	91	Coubertin	8.92m
3	Boudreau, Kim	92	St-Jean Olympiqu	6.99m
--	Rodrigue, Marie-Isabelle	92	Jeunesse Athleti	7.04m
--	Jones, Brooke	91	Saint Laurent Se	9.64m
--	Belanger, Catherine	91	Corsaire Chapara	11.87m

Women Lancer su poids 3 Kg Cadet

Name	Year	Team	Finals	Points
1	Boudreau, Isabelle	89	St-Jean Olympiqu	12.27m
2	Larose, Annie	89	St-Jean Olympiqu	11.04m
3	Corbeil, Joanie	90	Petite Nation	10.05m
4	Gaudreau, Marie-Pier	90	Lavironde	9.98m
5	Rock, Bianca-Brigitte	89	Baie Comeau	9.90m
6	Begin, Marie-Louise	89	St-Jean Olympiqu	9.55m
7	Duchesneau, Janie	90	St-Jean Olympiqu	8.83m

Women Lancer su poids 3 Kg Juvenile

Name	Year	Team	Finals	Points
1	Dumont-Breton, Myriam	88	Vaillants	13.94m
2	Bond, Jessica	88	Petite Nation	12.26m
3	Pelletier, Mylene	88	Vaillants	11.37m
4	Beaulieu, Veronique	87	Vaillants	11.09m
5	David, Kim	87	Saint Laurent Se	10.40m
6	Trottier, Amy	87	Energie	10.35m
7	Ferland, Melanie	88	Sherbrooke	8.37m

Women Lancer su poids 4 Kg Junior

Name	Year	Team	Finals	
1	Samson, Marie-Lise	86	Lavironde	10.21m
2	Bastille-Rousseau, Cathe	86	Vaillants	9.94m
3	Lim, Mona	86	Saint Laurent Se	9.32m

Women Lancer su poids 4 Kg Senior

Name	Year	Team	Finals	
1	Larose, Caroline	78	Petite Nation	13.51m
2	Guy, Melanie	78	Coriaces	11.26m
3	Dumont, Nathalie	69	Baie Comeau	10.34m
3	Duliepre, Gaelle	83	Corsaire Chapara	10.34m
5	Wright, Alicia	84	Saint Laurent Se	9.94m
6	Blais, Karell	82	Lavironde	9.14m

Women Lancer du disque 600 gr Minime

Name	Year	Team	Finals	Points
1	Dumont, Anais	94	Baie Comeau	20.93m
2	Labrecque, Genevieve	93	Mistral	19.91m
3	Perusse, Marie-Eve	94	Baie Comeau	15.41m
4	Gagnon, Ariane	93	Baie Comeau	15.35m

Women Lancer du disque 600 gr Benjamin

Name	Year	Team	Finals	Points
1	Belanger, Catherine	91	Corsaire Chapara	34.04m

2	Cote, Marie-Jeanne	91	Baie Comeau	32.12m
3	Boudreau, Kim	92	St-Jean Olympiqu	21.91m
4	Vaillancourt, Tanya	91	Coubertin	21.21m
5	Gigere, Sabrina	91	Coubertin	18.62m
6	D'Aoust, Laurence	91	Saint Laurent Se	15.95m
7	Hetu-Nielly, Celyse	91	Sherbrooke	15.20m

Women Lancer du disque 600 gr Cadet

Name	Year	Team	Finals	Points
1	Boudreau, Isabelle	89	St-Jean Olympiqu	35.00m
2	Larose, Annie	89	St-Jean Olympiqu	30.23m
3	Rock, Bianca-Brigitte	89	Baie Comeau	29.42m
4	Dumontet, Cindy	90	Coriaces	26.46m
5	Cote, Marie-Jeanne	91	Baie Comeau	23.36m
6	Duchesneau, Janie	90	St-Jean Olympiqu	20.77m
7	Gaudreau, Marie-Pier	90	Lavironde	20.68m
8	Corbeil, Joanie	90	Petite Nation	18.72m

Women Lancer du disque 1 Kg Juvenile

Name	Year	Team	Finals	Points
1	Dumont-Breton, Myriam	88	Vaillants	34.40m
2	Bond, Jessica	88	Petite Nation	28.71m
3	Pelletier, Mylene	88	Vaillants	28.12m
4	Beaulieu, Veronique	87	Vaillants	27.45m
5	Rock, Melinda-Megan	87	Baie Comeau	27.12m
6	Trottier, Amy	87	Energie	27.00m
7	Rock, Bianca-Brigitte	89	Baie Comeau	26.48m
8	Dufour, Caroline	88	Baie Comeau	23.66m
9	David, Kim	87	Saint Laurent Se	23.12m
10	Martel, Veronique	88	Jeunesse Athleti	18.30m

Women Lancer du disque 1 Kg Junior

Name	Year	Team	Finals	
1	Samson, Marie-Lise	86	Lavironde	30.50m
2	Lim, Mona	86	Saint Laurent Se	28.82m
3	Bastille-Rousseau, Cathe	86	Vaillants	28.30m
4	Dufour, Caroline	88	Baie Comeau	24.42m

Women Lancer du disque 1 Kg Senior

Name	Year	Team	Finals	
1	Bourgon, Julie	80	St-Jean Olympiqu	49.90m
2	Guy, Melanie	78	Coriaces	37.39m
3	Duliepre, Gaelle	83	Corsaire Chapara	29.78m
4	Dumont, Nathalie	69	Baie Comeau	29.52m
5	Beauchamp, Marie-Anne	83	Rouge et Or	25.35m

Women Lancer du javelot 400 gr Minime

Name	Year	Team	Finals	Points
1	Jobin, Lea	93	Saint Laurent Se	22.05m
2	Labrecque, Genevieve	93	Mistral	17.51m
3	Gagnon, Ariane	93	Baie Comeau	16.83m
4	Perusse, Marie-Eve	94	Baie Comeau	12.36m
5	Vautour, Jocya	93	Jeunesse Athleti	12.25m
6	Dumont, Anais	94	Baie Comeau	7.34m

Women Lancer du javelot 400 gr Benjamin

Name	Year	Team	Finals	Points
1	Belanger, Catherine	91	Corsaire Chapara	34.29m
2	Chartrand, Sonia	92	Petite Nation	22.70m
3	Hetu-Nielly, Celyse	91	Sherbrooke	21.38m
4	Emond, Maeli	91	Sherbrooke	18.16m
5	Bouffard-Nesbitt, Olivia	92	Corsaire Chapara	17.70m
6	Rodrigue, Marie-Isabelle	92	Jeunesse Athleti	17.46m
7	Tremblay, Christina	91	Lavironde	12.69m
8	Savard, Claudine	92	Corsaire Chapara	10.60m

Women Lancer du javelot 500gr Cadet

Name	Year	Team	Finals	Points
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1	Aubin, Virginie	90	Jeunesse Athleti	29.64m
2	Normandin, Sophie	90	St-Jean Olympiqu	28.25m
3	Dagenais, Marily	90	Vaillants	22.03m
4	Dumontet, Cindy	90	Coriaces	21.75m
5	Duchesneau, Janie	90	St-Jean Olympiqu	21.50m
6	Blanchard, Genevieve	89	Sherbrooke	13.76m

Women Lancer du javelot 600 gr Juvenile

Name	Year	Team	Finals	Points
1	Ares, Patricia	87	Jeunesse Athleti	34.59m
2	Lackey, Meredith	88	St-Jean Olympiqu	34.21m
3	Bond, Jessica	88	Petite Nation	34.11m
4	Rock, Melinda-Megan	87	Baie Comeau	28.84m
5	Pontbriand-Malo, Laurenc	88	Impulsion	26.02m
6	Ferland, Melanie	88	Sherbrooke	25.09m
7	Therien, Jessica	88	Espoir Externat	23.22m
8	Martel, Veronique	88	Jeunesse Athleti	23.17m
9	Dufour, Caroline	88	Baie Comeau	20.71m
10	Dietz, Steffi	88	Saint Laurent Se	20.01m

Women Lancer du javelot 600 gr Junior

Name	Year	Team	Finals	
1	Caban, Julie-Christine	85	Saint Laurent Se	33.21m
2	Dufour-Chouniard, Emilie	85	Sherbrooke	32.11m
3	Brosseau, Mylene	86	Jeunesse Athleti	31.46m
4	Lim, Mona	86	Saint Laurent Se	27.87m
5	Massicotte, Jessica	86	Sherbrooke	26.52m
6	Gendron-Daigneault, Pasc	86	Sherbrooke	22.97m
7	Baragengana, Annick	86	Sherbrooke	19.24m

Women Lancer du javelot 600 gr Senior

Name	Year	Team	Finals	
1	Bilodeau, Dominique	79	Sherbrooke	46.11m
2	Guy, Melanie	78	Coriaces	38.86m
3	Blais, Karell	82	Lavironde	34.19m
4	Fortin, Veronique	78	Sherbrooke	30.70m
5	Foley, Veronique	82	McGill Universit	21.35m

Women Lancer du marteau 3 Kg Cadet

Name	Year	Team	Finals	Points
1	Rock, Bianca-Brigitte	89	Baie Comeau	32.69m
2	Cote, Marie-Jeanne	91	Baie Comeau	29.68m
3	Boudreau, Isabelle	89	St-Jean Olympiqu	27.33m
4	Larose, Annie	89	St-Jean Olympiqu	20.68m
5	Dumontet, Cindy	90	Coriaces	20.49m
6	Boudreau, Kim	92	St-Jean Olympiqu	16.33m

Women Lancer du marteau 3 Kg Juvenile

Name	Year	Team	Finals	Points
1	Dumont-Breton, Myriam	88	Vaillants	42.07m
2	Beaulieu, Veronique	87	Vaillants	38.79m
3	Rock, Melinda-Megan	87	Baie Comeau	37.88m
4	Pelletier, Mylene	88	Vaillants	28.33m
5	Trottier, Amy	87	Energie	28.28m
6	Dufour, Caroline	88	Baie Comeau	22.83m

Women Lancer du marteau 4 Kg Junior

Name	Year	Team	Finals	
1	Boisselle, Marie-Eve	86	St-Jean Olympiqu	53.06m
2	Bastille-Rousseau, Cathe	86	Vaillants	33.42m

Women Lancer du marteau 4 Kg Senior

Name	Year	Team	Finals	
1	Fournier, Michelle	77	Corsaire Chapara	58.87m
2	Thenor, Nathalie	81	St-Jean Olympiqu	55.00m
3	Dion, Sonia	82	Sherbrooke	42.82m

4	Duliepre, Gaelle	83	Corsaire Chapara	39.83m
5	Guy, Melanie	78	Coriaces	39.77m
--	Grant, Natalie	81	Usa	X60.89m

Men 60 Meter Course Minime

Name	Year	Team	Prelims
Heat 1 Preliminaries Wind: +0.0			
1	Desrosiers, Jonathan	93	Coubertin 9.05q
2	Husbans, Jamal	93	West Island 9.07q
3	Lamoureux, Antoine	94	Saint Laurent Se 9.60q
4	Willis, Janner	93	West Island 9.82
5	Fouillet, Laurent	93	Petite Nation 9.92
6	Phaneuf, Dominic	93	Saint Laurent Se 10.54
7	St-Amand, Joey	93	Baie Comeau 10.91
Heat 2 Preliminaries Wind: 0.1			
1	Sinnathurai, Shangethan	93	Saint Laurent Se 8.89q
2	Plante, Maxime	94	Energie 9.77
3	Corriveau-Windvist, Simo	93	Sherbrooke 9.87
4	Perron, Maxandre	94	Coubertin 10.30
5	Letourneau, Simon	93	Baie Comeau 10.70
6	Khalsa, Shubeg	94	West Island 11.13
Heat 3 Preliminaries Wind: +0.0			
1	Bonneau, Sebastien	93	Jeunesse Athleti 8.84q
2	Daigneau, Jean-Felix	94	Saint Laurent Se 9.13q
3	Karkavilas, George	93	Kilomaitres de L 9.28q
4	Dubuc, Sebastien	93	Saint Laurent Se 9.51q
5	Belliveau, Patrick	93	Club D'Athlétism 10.27
6	Khalsa, Jora	96	West Island 11.41

Men 60 Meter Course Minime

Name	Year	Team	Finals	Points
Section 1 Finals Wind: +0.0				
1	Husbans, Jamal	93	West Island	8.80
2	Sinnathurai, Shangethan	93	Saint Laurent Se	8.90
3	Bonneau, Sebastien	93	Jeunesse Athleti	9.02
4	Desrosiers, Jonathan	93	Coubertin	9.10
5	Daigneau, Jean-Felix	94	Saint Laurent Se	9.35
6	Karkavilas, George	93	Kilomaitres de L	9.47
7	Lamoureux, Antoine	94	Saint Laurent Se	9.66
8	Dubuc, Sebastien	93	Saint Laurent Se	9.75

Men 80 Meter Course Benjamin

Name	Year	Team	Prelims
Heat 1 Preliminaries Wind: 1.6			
1	Pelletier, Alexandre	91	Club D'Athlétism 10.53q
2	Charbonneau, Jason	92	Saint Laurent Se 10.66q
3	Plante, Marc-Andre	91	Energie 11.76
4	Dubuc, Guillaume	92	Saint Laurent Se 11.97
5	Sinnathurai, Rukshan	91	Saint Laurent Se 12.64
--	Bouchard, Patrick	91	Saguenay Lac St-DQ
Heat 2 Preliminaries Wind: 3.0			
1	Phaneuf, Benjamin	91	Saint Laurent Se 10.62q
2	Davidson, Mikhail	91	Impulsion 11.28q
3	Lamarche, Maxime	92	Jeunesse Athleti 11.66q
4	Charest, Olivier	92	Energie J11.67
5	Senecal, Patrice	92	Corsaire Chapara 13.06
Heat 3 Preliminaries Wind: 2.2			
1	Tremblay, Etienne	91	Coubertin 10.89q
2	Mbongo, Axel	91	Saint Laurent Se 11.67q
3	Dupuis, Mathieu	92	Baie Comeau 11.80
4	Spring, Jonathan	91	Pantheres Pointe 11.91
5	Renaud, Olivier	92	Jeunesse Athleti 11.92
6	Leblond, David	92	Coubertin 12.72
Heat 4 Preliminaries Wind: 0.2			
1	Viger, Francis	91	Dynamique Laval 11.54q
2	Gohier, Bruno	91	Espoir Externat 12.02
3	Luce, Alex	91	Sherbrooke 12.29
4	Thibodeau, Jeremy	92	Saint Laurent Se 12.32
5	Rodrigue, Leandre	91	Coubertin 12.67

Men 80 Meter Course Benjamin

Name	Year	Team	Finals	Points
Section 1 Finals Wind: -2.9				

1	Pelletier, Alexandre	91	Club D'Athlétism	10.65
2	Charbonneau, Jason	92	Saint Laurent Se	10.87
3	Phaneuf, Benjamin	91	Saint Laurent Se	10.89
4	Tremblay, Etienne	91	Coubertin	11.09
5	Viger, Francis	91	Dynamique Laval	11.60
6	Davidson, Mikhail	91	Impulsion	11.67
7	Mbongo, Axel	91	Saint Laurent Se	11.90
8	Lamarche, Maxime	92	Jeunesse Athleti	12.03

Men 100 Meter Course Cadet

Name	Year	Team	Prelims
Heat 1 Preliminaries Wind: 0.1			
1	Okorie, Royal	89 Saint Laurent Se	11.29Q
2	Ouellet, Toby-Olivier	89 Coubertin	12.32Q
3	Renaud, Jean-Christophe	90 Jeunesse Athleti	13.09
4	Parizeau, Hadrien	90 Impulsion	13.13
5	Scott, Etienne	89 Corsaire Chapara	13.20
6	Dupont, Maxime	90 Energie	13.21
Heat 2 Preliminaries Wind: 0.7			
1	Paquet, Olivier	89 Energie	11.39Q
2	Fugere, David	90 Energie	12.20Q
3	Gagnon, Samuel	90 Energie	12.21q
4	Blanchard, Vincent	90 Sherbrooke	13.18
5	Brien, Joel	89 Baie Comeau	13.42
6	Bordage, jeremy	89 Dynamique Laval	13.74
7	Regimbald-Belanger, Scot	89 Cirrus	13.83
Heat 3 Preliminaries Wind: 0.8			
1	Leblanc, Guillaume	89 Saguenay Lac St-	11.51Q
2	Michaud, Yan	89 Saint Laurent Se	11.88Q
3	Dionne, Pierre-Marc	90 Coubertin	12.40q
4	Menard, Leandre	89 Petite Nation	12.58
5	Toulouse-Stosik, Yan-Fra	90 Montreal Olympiq	12.90
6	Richard, Marc-Andre	90 Sherbrooke	12.96
7	Blais, Jeremi	90 Cirrus	13.65
8	Desmarrais, Hugo	90 Dynamique Laval	14.02

Men 100 Meter Course Cadet

Name	Year	Team	Finals	Points
Section 1 Finals Wind: -1.0				
1	Okorie, Royal	89 Saint Laurent Se	11.42	
2	Paquet, Olivier	89 Energie	11.53	
3	Leblanc, Guillaume	89 Saguenay Lac St-	11.59	
4	Michaud, Yan	89 Saint Laurent Se	12.15	
5	Fugere, David	90 Energie	12.37	
6	Gagnon, Samuel	90 Energie	12.39	
7	Ouellet, Toby-Olivier	89 Coubertin	12.53	
8	Dionne, Pierre-Marc	90 Coubertin	13.21	

Men 100 Meter Course Juvenile

Name	Year	Team	Prelims
Heat 1 Preliminaries Wind: NWI			
1	Charest, Jonathan	88 Energie	10.90Q
2	Boisvert-Lacroix, Alex	87 Sherbrooke	11.49q
3	Guindon, Marc-Olivier	88 Corsaire Chapara	11.72
4	Lachapelle, Vincent	87 Espoir Externat	11.92
5	Bonnoyer, Mathieu	87 Corsaire Chapara	12.28
6	Dionne, Charles-Edouard	87 Coubertin	12.40
7	Leger, Benjamin	88 Coriaces	17.80
Heat 2 Preliminaries Wind: 1.4			
1	Lacombe, Pierre-Luc	87 Petite Nation	11.09Q
2	Gravel, François	87 Perfmax-Racing	11.62q
3	Sigouin, Joel	88 St-Jean Olympiqu	11.73
4	Patel, Shamit	88 McGill Olympic C	12.18
5	Lapointe, Félix-Antoine	87 Mistral	12.66
6	Chun, Sterlong Kendrick	88 Perfmax-Racing	13.60
--	Sarfati, Michael	88 Independant	X11.43
Heat 3 Preliminaries Wind: 2.3			
1	Ouellet-Leveille, Clemen	88 Montreal Olympiq	11.40Q
2	Richard, Bianco	88 Vainqueurs	11.67q
3	Piche, Jean-Philippe	87 Dynamique Laval	11.91
4	Durocher-Dumais, Laurent	87 Perfmax-Racing	12.04
5	Poulin-Lamarre, Gabriel	88 Sherbrooke	13.16
6	Michaud, Pier-Luc	88 Cirrus	13.72
Heat 4 Preliminaries Wind: -2.0			
1	Greenaway, Christopher	87 Saint Laurent Se	11.54Q

2	Gelinas, Alexandre	87	Independant	11.56q
3	Esparon, David	88	Impulsion	12.00
4	Langevin, James	87	Rouge et Or	12.16
5	Guichard, Jerome	88	Vaillants	12.58
6	Morissette, Jonathan	87	Cirrus	12.76

Men 100 Meter Course Juvenile

Name	Year	Team	Finals	Points
Section 1 Finals Wind: -2.3				
1	Charest, Jonathan	88	Energie	10.97
2	Lacombe, Pierre-Luc	87	Petite Nation	11.29
3	Ouellet-Leveille, Clemen	88	Montreal Olympiq	11.37
4	Gelinas, Alexandre	87	Independant	11.57
5	Greenaway, Christopher	87	Saint Laurent Se	11.62
6	Boisvert-Lacroix, Alex	87	Sherbrooke	11.70
7	Richard, Bianco	88	Vainqueurs	11.75
8	Gravel, François	87	Perfmax-Racing	11.96

Men 100 Meter Course Junior

Name	Year	Team	Prelims
Heat 1 Preliminaries Wind: 1.3			
1	Pedneault, David	86	Perfmax-Racing 10.86Q
2	Poulin, Tobie	85	Sherbrooke 11.55Q
3	Samson, Laurent	85	Saint Laurent Se 11.68Q
4	Sarfati, David	86	Saint Laurent Se 11.71q
5	Deslauriers, Simon	86	Espoir Externat 11.83q
6	Daguste, Michel-Ange	86	Impulsion 12.64
Heat 2 Preliminaries Wind: 0.4			
1	Fredette, Maxime	85	Sherbrooke 11.71Q
2	Poulin-Lamarre, Mathieu	85	Sherbrooke 11.88Q
3	Mboule, Graig-William	86	Perfmax-Racing 12.12Q
4	Veilleux, Dominic	86	Espoir Externat 13.02

Men 100 Meter Course Junior

Name	Year	Team	Finals
Section 1 Finals Wind: -0.2			
1	Pedneault, David	86	Perfmax-Racing 11.09
2	Poulin, Tobie	85	Sherbrooke 11.69
3	Fredette, Maxime	85	Sherbrooke 11.84
3	Samson, Laurent	85	Saint Laurent Se 11.84
5	Sarfati, David	86	Saint Laurent Se 11.88
6	Mboule, Graig-William	86	Perfmax-Racing 11.97
7	Poulin-Lamarre, Mathieu	85	Sherbrooke 12.13
8	Deslauriers, Simon	86	Espoir Externat 12.21

Men 100 Meter Course Senior

Name	Year	Team	Prelims
Heat 1 Preliminaries Wind: 2.6			
1	Kulesza, Jarek	77	Saint Laurent Se 10.68Q
2	Montreuil-Jean-Pois, Emm	82	Oxygene Amiante 11.14
3	Sanou, Maxime	83	Rouge et Or 11.44
4	Noah, Patrick	76	Rouge et Or 11.45
5	Chamberland, Eric	73	Sherbrooke 11.50
6	Vidal, Louis-Philippe	83	Corsaire Chapara 11.93
7	Randez, Francois	77	Saint Laurent Se 12.09
Heat 2 Preliminaries Wind: -0.2			
1	Rehel, Wesley	82	Saint Laurent Se 11.19Q
2	Faille, David	84	McGill Olympic C 11.31
3	Acolatse, Yohanes	80	Rouge et Or 11.44
4	Stoute, Barry	83	McGill Olympic C 11.72
5	Monirith, Diden	80	Saint Laurent Se 12.07
Heat 3 Preliminaries Wind: +0.0			
1	Grenier, Martin	79	Perfmax-Racing 10.93Q
2	Rodas-Figueroa, Jose-Alb	81	Saint Laurent Se 11.22
3	Fontaine, David	84	Dynamique Laval 11.49
4	Guerrier, Jean-Francois	79	Perfmax-Racing 11.58
5	Andre, Nelson	84	Perfmax-Racing 11.83
6	Chamard, Pierre étienne	83	Rouge et Or 11.86
7	Fortier, Danny	84	St-Jean Olympiqu 12.28
Heat 4 Preliminaries Wind: 0.9			
1	Beaulieu, Benoit	82	St-Jean Olympiqu 11.02Q
2	Montreuil-Jean-Pois, Dav	82	Oxygene Amiante 11.07q
3	Charbonneau, Robert	80	Saint Laurent Se 11.07

4	Brooks, Russell	76	Perfmax-Racing	11.20
5	Lavoie, Michel	83	Coubertin	11.35
6	Bowers, Newton	82	Perfmax-Racing	11.72
7	Bouchard, Frederick	84	Sherbrooke	11.73
Heat 5 Preliminaries		Wind:	1.4	
1	Fils-Aime, Junior	83	Saint Laurent Se	10.71Q
2	Khani, Remy-Ezra	77	Sherbrooke	10.84q
3	Darbouze, Yvan	77	Sherbrooke	11.04q
4	Lavigne, Eric	84	Cirrus	11.20
5	Gill, David	78	Rouge et Or	11.47
6	Dore, Alexandre	77	Corsaire Chapara	11.66
7	Czuban, Jacek	83	Cirrus	11.69

#### Men 100 Meter Course Senior

Name	Year	Team	Finals	
Section 1 Finals Wind: +0.0				
1	Grenier, Martin	79	Perfmax-Racing	10.63
2	Fils-Aime, Junior	83	Saint Laurent Se	10.74
3	Kulesza, Jarek	77	Saint Laurent Se	10.75
4	Khani, Remy-Ezra	77	Sherbrooke	10.91
5	Darbouze, Yvan	77	Sherbrooke	10.96
6	Beaulieu, Benoit	82	St-Jean Olympiqu	11.04
7	Montreuil-Jean-Pois, Dav	82	Oxygene Amiante	11.20
8	Rehel, Wesley	82	Saint Laurent Se	11.23

#### Men 150 Meter Course Minime

Name	Year	Team	Prelims	
Heat 1 Preliminaries Wind: +0.0				
1	Bonneau, Sebastien	93	Jeunesse Athleti	22.01Q
2	Desrosiers, Jonathan	93	Coubertin	22.19Q
3	Corriveau-Windvist, Simo	93	Sherbrooke	24.01Q
4	Fouillet, Laurent	93	Petite Nation	24.11q
5	Plante, Maxime	94	Energie	24.21
6	Thibault, Antoine	94	Energie	25.09
7	Khalsa, Jora	96	West Island	28.50
Heat 2 Preliminaries Wind: +0.0				
1	Sinnathurai, Shangethan	93	Saint Laurent Se	21.55Q
2	Husbans, Jamal	93	West Island	21.88Q
3	Daigneault, Jean-Felix	94	Saint Laurent Se	22.64Q
4	Karkavilas, George	93	Kilomaitres de L	23.42q
5	Lamoureux, Antoine	94	Saint Laurent Se	24.13
6	Desmarais-Gagnon, Vincen	93	Cirrus	24.57
7	Willis, Janner	93	West Island	25.06
8	Khalsa, Shubeg	94	West Island	27.86

#### Men 150 Meter Course Minime

Name	Year	Team	Finals	Points
Section 1 Finals Wind: -2.8				
1	Husbans, Jamal	93	West Island	21.57
2	Sinnathurai, Shangethan	93	Saint Laurent Se	21.87
3	Bonneau, Sebastien	93	Jeunesse Athleti	21.88
4	Desrosiers, Jonathan	93	Coubertin	22.19
5	Daigneault, Jean-Felix	94	Saint Laurent Se	22.95
6	Karkavilas, George	93	Kilomaitres de L	23.42
7	Corriveau-Windvist, Simo	93	Sherbrooke	23.87
8	Fouillet, Laurent	93	Petite Nation	24.05

#### Men 150 Meter Course Benjamin

Name	Year	Team	Prelims	
Heat 1 Preliminaries Wind: 1.5				
1	Phaneuf, Benjamin	91	Saint Laurent Se	20.66Q
2	Dupuis, Mathieu	92	Baie Comeau	21.38Q
3	Plante, Marc-Andre	91	Energie	21.52q
4	Spring, Jonathan	91	Pantheres Pointe	22.23
5	Robitaille-Beaumier, Gui	91	Energie	22.32
6	Gravel, Ludovic	93	Cirrus	24.07
7	Leblond, David	92	Coubertin	24.44
Heat 2 Preliminaries Wind: 0.2				
1	Davidson, Mikhail	91	Impulsion	21.17Q
2	Viger, Francis	91	Dynamique Laval	21.20Q
3	Charest, Olivier	92	Energie	21.65q
4	Cantin, Alexandre	91	Jeunesse Athleti	21.79
5	Kerkerian, Richard	92	Energie	21.83

6	Dubuc, Guillaume	92	Saint Laurent Se	21.87
7	Lamarche, Maxime	92	Jeunesse Athleti	22.37
Heat 3 Preliminaries		Wind: +0.0		
1	Tremblay, Etienne	91	Coubertin	20.07Q
2	Bouchard, Patrick	91	Saguenay Lac St-	20.10Q
3	Plante-Dube, Sacha	91	Lavironde	21.66
4	Mehenni, Samuel	91	Impulsion	21.68
5	Emond, Yuri-Christophe	92	Sherbrooke	22.70
6	Raymond, Benjamin	92	Dynamique Laval	23.20
7	Rodrigue, Leandre	91	Coubertin	24.01
8	Senecal, Patrice	92	Corsaire Chapara	25.61

#### Men 150 Meter Course Benjamin

Name	Year	Team	Finals	Points
Section 1 Finals		Wind: -4.5		
1	Tremblay, Etienne	91	Coubertin	20.04
2	Bouchard, Patrick	91	Saguenay Lac St-	20.09
3	Phaneuf, Benjamin	91	Saint Laurent Se	20.66
4	Viger, Francis	91	Dynamique Laval	20.88
5	Davidson, Mikhail	91	Impulsion	21.53
6	Plante, Marc-Andre	91	Energie	21.83
7	Charest, Olivier	92	Energie	22.02
8	Dupuis, Mathieu	92	Baie Comeau	22.04

#### Men 200 Meter Course Cadet

Name	Year	Team	Prelims	
Heat 1 Preliminaries		Wind: +0.0		
1	Paquet, Olivier	89	Energie	22.79Q
2	Fugere, David	90	Energie	24.57q
3	Scott, Etienne	89	Corsaire Chapara	27.13
4	Brien, Joel	89	Baie Comeau	27.52
5	Blais, Jeremi	90	Cirrus	28.76
6	Leger, Philippe	90	Coriaces	34.86
Heat 2 Preliminaries		Wind: -2.3		
1	Jones, Blake	89	Saint Laurent Se	23.32Q
2	Couture, Alexandre	89	Dynamique Laval	24.36q
3	Gagnon, Samuel	90	Energie	25.46
4	Menard, Leandre	89	Petite Nation	25.99
5	Amyot, Nathaniel	89	Pantheres Pointe	29.38
6	Picard, Etienne	90	Sherbrooke	29.87
Heat 3 Preliminaries		Wind: +0.0		
1	Okorie, Royal	89	Saint Laurent Se	22.85Q
2	Ouellet, Toby-Olivier	89	Coubertin	25.40q
3	Toulouse-Stosik, Yan-Fra	90	Montreal Olympiq	26.28
4	Blanchard, Vincent	90	Sherbrooke	27.14
5	Gohier, Felix	89	Espoir Externat	29.21
Heat 4 Preliminaries		Wind: -1.3		
1	Ganon, Remi	89	Saint Laurent Se	23.96Q
2	Michaud, Yan	89	Saint Laurent Se	24.34q
3	Vinet-Gasse, Olivier	89	Espoir Externat	25.69
4	Dionne, Pierre-Marc	90	Coubertin	26.03
5	Bordage, jeremy	89	Dynamique Laval	29.25

#### Men 200 Meter Course Cadet

Name	Year	Team	Finals	Points
Section 1 Finals		Wind: -2.0		
1	Okorie, Royal	89	Saint Laurent Se	22.78
2	Paquet, Olivier	89	Energie	23.02
3	Jones, Blake	89	Saint Laurent Se	23.19
4	Ganon, Remi	89	Saint Laurent Se	24.17
5	Michaud, Yan	89	Saint Laurent Se	24.24
6	Couture, Alexandre	89	Dynamique Laval	24.52
7	Fugere, David	90	Energie	24.87
8	Ouellet, Toby-Olivier	89	Coubertin	25.44

#### Men 200 Meter Course Juvenile

Name	Year	Team	Prelims	
Heat 1 Preliminaries		Wind: -3.8		
1	Charest, Jonathan	88	Energie	21.93Q
2	Boisvert-Lacroix, Alex	87	Sherbrooke	23.83q
3	Esparon, David	88	Impulsion	24.29
4	Patel, Shamit	88	McGill Olympic C	24.71
5	Bergeron, Charles-Andre	88	Sherbrooke	25.02

6	Guichard, Jerome	88	Vaillants	25.67
7	Fortier, Jean-Philippe	88	Sport-Etudes Dis	26.77
--	Sarfati, Michael	88	Independant	X23.54
Heat 2 Preliminaries	Wind:		-4.7	
1	Ouellet-Leveille, Clemen	88	Montreal Olympiq	23.27Q
2	Fournier, Martin	87	Dynamique Laval	23.42q
3	Gravel, Franis	87	Perfmax-Racing	23.81q
4	Guindon, Marc-Olivier	88	Corsaire Chapara	24.88
5	James, Michael	87	Saint Laurent Se	25.04
6	D.Pomerleau, Jose	88	Saguenay Lac St-	26.17
7	Campeau, Dominic	87	Corsaire Chapara	27.84
Heat 3 Preliminaries	Wind:		-3.7	
1	Piche, Jean-Philippe	87	Dynamique Laval	23.80Q
2	Durocher-Dumais, Laurent	87	Perfmax-Racing	24.15
3	Welt, Dominique	88	McGill Olympic C	24.42
4	Belanger, Samuel	88	Espoir Externat	25.44
5	Rioux-Ouimet, Hubert	88	Corsaire Chapara	26.29
6	Michaud, Pier-Luc	88	Cirrus	27.44
Heat 4 Preliminaries	Wind:		-3.9	
1	Lacombe, Pierre-Luc	87	Petite Nation	23.09Q
2	Richard, Bianco	88	Vainqueurs	23.63q
3	Langevin, James	87	Rouge et Or	24.29
4	Bonnoyer, Mathieu	87	Corsaire Chapara	24.81
5	Poirier, Dany	88	Coubertin	24.95
6	Dionne, Charles-Edouard	87	Coubertin	25.04
7	Chun, Sterlong Kendrick	88	Perfmax-Racing	28.65

#### Men 200 Meter Course Juvenile

Name	Year	Team	Finals	Points
Section 1 Finals Wind: -2.3				
1	Charest, Jonathan	88	Energie	21.98
2	Ouellet-Leveille, Clemen	88	Montreal Olympiq	22.89
3	Lacombe, Pierre-Luc	87	Petite Nation	22.93
4	Fournier, Martin	87	Dynamique Laval	23.41
5	Piche, Jean-Philippe	87	Dynamique Laval	23.57
6	Boisvert-Lacroix, Alex	87	Sherbrooke	23.82
7	Richard, Bianco	88	Vainqueurs	24.18

#### Men 200 Meter Course Junior

Name	Year	Team	Prelims	
Heat 1 Preliminaries Wind: -4.6				
1	Jatta, Musa	86	Perfmax-Racing	22.04Q
2	Mboule, Graig-William	86	Perfmax-Racing	24.33Q
3	Collin, Louis-Michel	85	Lavironde	24.63Q
4	Benyoucef, Assim	86	Saint Laurent Se	25.31q
Heat 2 Preliminaries Wind: -4.1				
1	Pedneault, David	86	Perfmax-Racing	22.88Q
2	Alexis, Jonathan	85	Perfmax-Racing	23.40Q
3	Samson, Laurent	85	Saint Laurent Se	23.79Q
4	Poulin-Lamarre, Mathieu	85	Sherbrooke	24.46q

#### Men 200 Meter Course Junior

Name	Year	Team	Finals	
Section 1 Finals Wind: -2.0				
1	Jatta, Musa	86	Perfmax-Racing	22.06
2	Alexis, Jonathan	85	Perfmax-Racing	23.04
3	Samson, Laurent	85	Saint Laurent Se	23.57
4	Mboule, Graig-William	86	Perfmax-Racing	24.43
5	Collin, Louis-Michel	85	Lavironde	24.78
6	Benyoucef, Assim	86	Saint Laurent Se	25.11

#### Men 200 Meter Course Senior

Name	Year	Team	Prelims	
Heat 1 Preliminaries Wind: -3.7				
1	Montreuil-Jean-Pois, Dav	82	Oxygene Amiante	22.61Q
2	Faille, David	84	McGill Olympic C	22.74q
3	Moisan, Guillaume	82	Rouge et Or	24.89
Heat 2 Preliminaries Wind: -3.9				
1	Grenier, Martin	79	Perfmax-Racing	22.30Q
2	Rehel, Wesley	82	Saint Laurent Se	22.52q
3	Lavigne, Eric	84	Cirrus	22.85
4	Dube, Benoit	83	Coubertin	23.01
5	Czuban, Jacek	83	Cirrus	23.86

6	Scott, Guillaume	84	Corsaire Chapara	25.02
Heat 3 Preliminaries Wind: -3.9				
1	Dugal, Julien	84	Energie	22.49Q
2	Chamberland, Eric	73	Sherbrooke	22.79
3	Chamard, Pierre Étienne	83	Rouge et Or	23.90
4	Fortier, Danny	84	St-Jean Olympiqu	25.02
Heat 4 Preliminaries Wind: -1.0				
1	Brooks, Russell	76	Perfmax-Racing	22.50Q
2	Gill, David	78	Rouge et Or	22.58q
3	Lavoie, Michel	83	Coubertin	22.77q
4	Remillard-Savard, Antoin	83	Sherbrooke	23.23
5	Stoute, Barry	83	McGill Olympic C	23.87
6	Choudar, Kaddour	70	Saint Laurent Se	24.71
7	Vidal, Louis-Philippe	83	Corsaire Chapara	24.74

#### Men 200 Meter Course Senior

Name	Year	Team	Finals
Section 1 Finals Wind: -4.3			
1	Dugal, Julien	84	Energie 22.34
2	Montreuil-Jean-Pois, Dav	82	Oxygene Amiante 22.50
3	Rehel, Wesley	82	Saint Laurent Se 22.68
4	Faille, David	84	McGill Olympic C 22.89
5	Lavoie, Michel	83	Coubertin 23.04

#### Men 400 Meter Course Juvenile

Name	Year	Team	Finals	Points
Section 1				
1	Masse, Mathieu	88	Corsaire Chapara	54.42
2	Rioux-Ouimet, Hubert	88	Corsaire Chapara	56.69
3	D.Pomerleau, José	88	Saguenay Lac St-	57.65
4	Guichard, Jerome	88	Vaillants	58.22
5	Spearson, Marc-Andre	88	Petite Nation	58.38
6	Benghenam, Fateh	88	Saint Laurent Se	58.70
7	Fortier, Jean-Philippe	88	Sport-Études Dis	59.95
8	Pilon, Maxime-Olivier	87	Vaudreuil-Dorion	59.99
Section 2				
1	Poirier, Dany	88	Coubertin	54.32
2	Bergeron, Charles-Andre	88	Sherbrooke	54.71
3	Hunting, Alexander	87	Montreal Olympiq	55.01
4	Plourde, Alexandre	88	Energie	55.57
5	Belanger, Samuel	88	Espoir Externat	57.15
6	Lapointe, Félix-Antoine	87	Mistral	58.32
7	Poulin-Lamarre, Gabriel	88	Sherbrooke	1:00.93
Section 3				
1	Patel, Shamit	88	McGill Olympic C	53.79
2	James, Michael	87	Saint Laurent Se	54.37
3	Forget, Sebastien	88	St-Jean Olympiqu	54.73
4	Lapierre, Nathanael	88	Rouge et Or	54.82
5	Montigny, Laurent	88	Espoir Externat	56.51
6	Marquis, Jean-Francois	87	Jean De La Menna	56.84
Section 4				
1	Charest, Jonathan	88	Energie	48.96
2	Raymond, Mathieu	87	Dynamique Laval	50.77
3	Boudreau-Tanghe, Jean-Ph	87	McGill Olympic C	52.46
4	Welt, Dominique	88	McGill Olympic C	53.67
5	Lacombe, Pierre-Luc	87	Petite Nation	53.73
6	Boisvert-Lacroix, Alex	87	Sherbrooke	54.01
7	Soucy, Philippe	88	Corsaire Chapara	55.07
8	Richard, Bianco	88	Vainqueurs	1:07.51

#### Men 400 Meter Course Junior

Name	Year	Team	Finals
Section 1			
1	Roberts, Andrew	86	McGill Olympic C 50.33
2	Ethier, Marc-Olivier	86	Montreal Olympiq 52.06
3	Michaud, Dominic	85	Cirrus 52.36
4	Cloutier, Sylvain	85	Mistral 53.28
5	Samson, Laurent	85	Saint Laurent Se 53.60
6	Lemay-Lelievre, Guillaum	85	Montreal Olympiq 54.03
7	Benyoucef, Assim	86	Saint Laurent Se 57.67
8	Collin, Louis-Michel	85	Lavironde 59.44

#### Men 400 Meter Course Senior

Name	Year	Team	Finals
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1	Jatta, Musa	86	Perfmax-Racing	47.48
2	Banks, Winston	71	Perfmax-Racing	47.95
3	Westman, Robert	81	Sherbrooke	48.17
4	Rehel, Wesley	82	Saint Laurent Se	48.39
5	Dugal, Julien	84	Energie	48.46
Section 2				
1	Gill, David	78	Rouge et Or	49.81
2	Chamberland, Eric	73	Sherbrooke	50.01
3	Montreuil-Jean-Pois, Dav	82	Oxygene Amiante	50.35
4	Dube, Benoit	83	Coubertin	50.70
5	Remillard-Savard, Antoin	83	Sherbrooke	50.71
6	Gosselin, Simon	83	Montreal Olympiq	53.46
Section 3				
1	Pontbriand, Philip	80	Dynamique Laval	50.96
2	Morency, Jean-Philippe	78	Montreal Olympiq	51.61
3	Moisan, Guillaume	82	Rouge et Or	54.10
4	Scott, Guillaume	84	Corsaire Chapara	54.43
5	Lord, Charles Antoine	83	Rouge et Or	54.70

#### Men 800 Meter Demi Fond Benjamin

Name	Year	Team	Finals	Points
Section 1				
1	Payne-Gagnon, Sylvain	91	Saguenay Lac St-	2:15.38
2	Fradette, Daniel	91	Saint Laurent Se	2:20.68
3	Bouchard, Frédéric	91	Saguenay Lac St-	2:20.72
4	Plante-Dube, Sacha	91	Lavironde	2:22.77
5	Raymond, Benjamin	92	Dynamique Laval	2:30.65
6	Pearsall, Benjamin	91	McGill Olympic C	2:37.72
7	Thibault, Antoine	94	Energie	2:50.33
Section 2				
1	Spring, Jonathan	91	Pantheres Pointe	2:32.55
2	Gohier, Bruno	91	Espoir Externat	2:33.83
3	Dubuc, Guillaume	92	Saint Laurent Se	2:38.95
4	Kerkerian, Richard	92	Energie	2:41.49
5	Luce, Alex	91	Sherbrooke	2:45.12
6	Beltrami, David	91	McGill Olympic C	2:52.56

#### Men 800 Meter Demi Fond Cadet

Name	Year	Team	Finals	Points
Section 1				
1	Fortin, Mathieu	89	Corsaire Chapara	2:21.84
2	Macaulay, Jean-Sebastien	90	Sherbrooke	2:24.65
3	Scott, Etienne	89	Corsaire Chapara	2:27.41
4	Thomas, Samuel	89	Cirrus	2:28.89
5	Carriere, Yan	89	Vaudreuil-Dorion	2:32.40
6	Blanchard, Vincent	90	Sherbrooke	2:32.52
7	Amyot, Nathaniel	89	Pantheres Pointe	2:38.27
8	Leger, Philippe	90	Coriaces	3:09.81
Section 2				
1	Jones, Blake	89	Saint Laurent Se	2:11.03
2	Desautels, Maxime	89	Espoir Externat	2:12.22
3	Bernard, Olivier	89	Dynamique Laval	2:12.72
4	Brosseau, Michael	90	Jeunesse Athleti	2:15.33
5	Philie, Benoit	89	McGill Olympic C	2:15.42
6	Simard-Tremblay, Gabriel	89	Saguenay Lac St-	2:15.50
7	Vinet-Gasse, Olivier	89	Espoir Externat	2:15.89
8	Sidhu, Mohkam	89	West Island	2:18.06
9	Ellemo, Eric	89	West Island	2:20.06
10	Villemaire-Cote, Olivier	90	Cirrus	2:23.01

#### Men 800 Meter Demi Fond Juvenile

Name	Year	Team	Finals	Points
Section 1				
1	Bouchard, Remi	87	Saguenay Lac St-	2:11.85
2	Plourde, Alexandre	88	Energie	2:18.62
3	Spearson, Marc-Andre	88	Petite Nation	2:19.46
4	Laverdure, Elie	88	Sherbrooke	2:20.77
5	Benghenam, Fateh	88	Saint Laurent Se	2:22.54
6	Belanger, Samuel	88	Espoir Externat	2:23.08
7	Pilon, Maxime-Olivier	87	Vaudreuil-Dorion	2:25.92
8	Dube, Guillaume	88	Baie Comeau	2:26.96
Section 2				
1	Lavoie, Olivier	88	Corsaire Chapara	1:57.83
2	Raymond, Mathieu	87	Dynamique Laval	1:57.92

3	Gravel, Benjamin	87	Cirrus	1:59.05
4	Soucy, Philippe	88	Corsaire Chapara	2:03.52
5	Brisson, Yannick	87	Coubertin	2:04.45
6	Hunting, Alexander	87	Montreal Olympiq	2:04.95
7	Masse, Mathieu	88	Corsaire Chapara	2:05.50
8	Taillon, Marc-Philippe	87	Cirrus	2:06.01
9	Sweet, Christopher	88	McGill Olympic C	2:06.03
10	White, Jeffrey	87	Kilomaitres de L	2:06.88
11	Ricard, Alexandre	88	McGill Olympic C	2:10.20
12	Lapierre, Nathanael	88	Rouge et Or	2:12.17
13	Langevin, Francis	88	McGill Olympic C	2:18.73

Men 800 Meter Demi Fond Junior

Name	Year	Team	Finals	
Section 1				
1	Roberts, Andrew	86	McGill Olympic C	1:55.11
2	Ethier, Marc-Olivier	86	Montreal Olympiq	1:58.80
3	Roy, Marc-Andre	85	Coriaces	1:59.36
4	Sweet, Andrew	86	McGill Olympic C	1:59.89
5	Gonneville, Maxime	85	Rouge et Or	2:02.50
6	Cloutier, Sylvain	85	Mistral	2:02.55
7	Begin, Jean-Francois	85	Sherbrooke	2:05.52
8	Godbout, Mathieu	86	Lavironde	2:07.05
9	Robidoux, Philippe	86	Coriaces	2:10.62
10	Pelletier, Matthieu	85	Vaudreuil-Dorion	2:13.62

Men 800 Meter Demi Fond Senior

Name	Year	Team	Finals	
1	Carle, John	83	Montreal Olympiq	1:49.88
2	Gill, David	78	Rouge et Or	1:50.20
3	Currie, Adam	84	Montreal Olympiq	1:51.12
4	Levesque, Gino	83	Rouge et Or	1:53.02
5	Gingras, Mathieu	82	Coubertin	1:57.85
6	Morency, Jean-Philippe	78	Montreal Olympiq	1:59.03
7	Malo, Marc	78	Sherbrooke	2:00.92
8	Gosselin, Simon	83	Montreal Olympiq	2:01.06
9	Savard, Luc	82	Saguenay Lac St-	2:01.21
10	Ibnouzhahir, Abdel	78	Saint Laurent Se	2:06.89
11	Leblanc, Marc-Andre	80	Cirrus	2:14.21
--	Choudar, Kaddour	70	Saint Laurent Se	DNF

Men 800 Meter Demi Fond Veteran

Name	Year	Team	Finals	
1	Pearson, Lord Shalom	40	Vainqueurs	2:28.84
2	David, Claude	55	Vaudreuil-Dorion	2:30.53

Men 1000 Meter Demi Fond Minime

Name	Year	Team	Finals	Points
Section 1				
1	Thibault, Antoine	94	Energie	3:29.9h
2	Belgherbi, Lotfi	94	Vainqueurs	3:31.8h
3	Desmarais-Gagnon, Vincen	93	Cirrus	3:35.1h
4	Belanger, Alexis	93	Montreal Interna	3:39.4h
5	Roy, Jean-Simon	93	Sherbrooke	3:39.8h
6	Rouleau, Simon	93	Mistral	3:46.2h
7	Willis, Janner	93	West Island	3:54.1h
--	Bonneau, Sebastien	93	Jeunesse Athleti	DNF
Section 2				
1	Perron, Maxandre	94	Coubertin	3:54.0h
2	Letourneau, Simon	93	Baie Comeau	3:58.6h
3	Ettaleb, Hamaza	94	McGill Olympic C	3:59.5h
4	St-Amand, Joey	93	Baie Comeau	4:06.4h
5	Corbin, Pierre-Luc	94	Coubertin	4:09.5h
6	Phaneuf, Dominic	93	Saint Laurent Se	4:12.3h
--	Belliveau, Patrick	93	Club D'Athlétism	DNF

Men 1200 Meter Demi Fond Benjamin

Name	Year	Team	Finals	Points
Section 1				
1	Payne-Gagnon, Sylvain	91	Saguenay Lac St-	3:34.93
2	Fradette, Daniel	91	Saint Laurent Se	3:44.02
3	Bouchard, Frédéric	91	Saguenay Lac St-	3:45.51

4	Raymond, Benjamin	92	Dynamique Laval	3:50.61
5	Plante-Dube, Sacha	91	Lavironde	3:58.64
6	Pearsall, Benjamin	91	McGill Olympic C	4:00.32
7	Hince, Nicolas	91	Saguenay Lac St-	4:04.05
8	Gagnon, Lawrence	91	Corsaire Chapara	4:13.02
9	Emond, Yuri-Christophe	92	Sherbrooke	4:14.86
10	Beltrami, David	91	McGill Olympic C	4:33.92
11	Robitaille-Beaumier, Gui	91	Energie	4:46.75

Men 1200 Meter Demi Fond Cadet

Name	Year	Team	Finals	Points
1	Bernard, Olivier	89	Dynamique Laval	3:26.79
2	Desautels, Maxime	89	Espoir Externat	3:27.56
3	Cossette, Raphael	89	Energie	3:30.89
4	Philie, Benoit	89	McGill Olympic C	3:31.91
5	Simard-Tremblay, Gabriel	89	Saguenay Lac St-	3:37.02
6	Genest, Jean-Sebastien	89	Baie Comeau	3:39.07
7	Sidhu, Mohkam	89	West Island	3:39.44
8	Lepage, Samuel	90	Baie Comeau	3:48.67
9	Macaulay, Jean-Sebastien	90	Sherbrooke	3:49.20
10	Villemaire-Cote, Olivier	90	Cirrus	3:52.63
11	Thomas, Samuel	89	Cirrus	3:56.29
12	Fouillet, Alexandre	90	Petite Nation	4:04.06
13	Corriveau-Windvist, Zach	90	Sherbrooke	4:07.64
14	Picard, Etienne	90	Sherbrooke	4:07.81

Men 1500 Meter Demi Fond Juvenile

Name	Year	Team	Finals	Points
1	Lavoie, Olivier	88	Corsaire Chapara	4:08.59
2	Raymond, Mathieu	87	Dynamique Laval	4:09.18
3	Blanchette, Samuel	87	Energie	4:10.39
4	Gravel, Benjamin	87	Cirrus	4:11.67
5	Soucy, Philippe	88	Corsaire Chapara	4:12.16
6	Hunting, Alexander	87	Montreal Olympiq	4:15.41
7	Ricard, Alexandre	88	McGill Olympic C	4:19.49
8	Taillon, Marc-Philippe	87	Cirrus	4:21.31
9	Brisson, Yannick	87	Coubertin	4:23.69
10	Landry, Kevin	88	St-Jean Olympiqu	4:28.94

Section 2

1	Bouchard, Remi	87	Saguenay Lac St-	4:30.07
2	roy, Nicolas	88	Sherbrooke	4:31.87
3	Wongkee, Matthew	88	McGill Olympic C	4:33.27
4	Sweet, Christopher	88	McGill Olympic C	4:34.31
5	Langevin, Francis	88	McGill Olympic C	4:37.12
6	Kennedey-Zimmerer, James	88	McGill Olympic C	4:38.15
7	White, Jeffrey	87	Kilomaitres de L	4:39.38
8	Soucy, Frederic	88	Coubertin	4:48.09

Men 1500 Meter Demi Fond Junior

Name	Year	Team	Finals	
1	Sweet, Andrew	86	McGill Olympic C	4:09.59
2	Landry, Simon-Pierre	86	Montreal Olympiq	4:16.26
3	Godbout, Mathieu	86	Lavironde	4:16.43
4	Roy, Marc-Andre	85	Coriaces	4:20.15
5	Pelletier, Matthieu	85	Vaudreuil-Dorion	4:31.27

Men 1500 Meter Demi Fond Senior

Name	Year	Team	Finals	
1	Gill, David	78	Rouge et Or	3:55.92
2	Poulin-Cadovius, James	85	Montreal Olympiq	3:56.25
3	Currie, Adam	84	Montreal Olympiq	4:02.63
4	Gingras, Mathieu	82	Coubertin	4:03.32
5	Gonneville, Maxime	85	Rouge et Or	4:11.88
6	Ibnouzahir, Abdel	78	Saint Laurent Se	4:13.89
7	Sylvestre, Philippe	82	Rouge et Or	4:13.91
8	Duval, Jean-Nicolas	74	Corsaire Chapara	4:26.45
9	Plaisance, Mathieu	84	Montreal Olympiq	4:27.85
10	Choudar, Kaddour	70	Saint Laurent Se	4:43.04
--	Carle, John	83	Montreal Olympiq	DNF

Men 1500 Meter Demi Fond Veteran

Name	Year	Team	Finals
1 Normandin, Jean-Marc	63	Saguenay Lac St-	4:21.02
2 Bourgeois, Jacques	58	Vaillants	4:26.01
3 Pearson, Lord Shalom	40	Vainqueurs	5:12.11

#### Men 2000 Meter Demi Fond Cadet

Name	Year	Team	Finals	Points
1 Bernard, Olivier	89	Dynamique Laval	6:13.74	
2 Cossette, Raphael	89	Energie	6:22.59	
3 Desautels, Maxime	89	Espoir Externat	6:28.83	
4 Philie, Benoit	89	McGill Olympic C	6:29.55	
5 Genest, Jean-Sebastien	89	Baie Comeau	6:35.10	
6 Lepage, Samuel	90	Baie Comeau	6:45.87	
7 Villemaire-Cote, Olivier	90	Cirrus	6:52.19	
8 Carriere, Yan	89	Vaudreuil-Dorion	6:55.50	
9 Thomas, Samuel	89	Cirrus	7:00.84	
10 Fouillet, Alexandre	90	Petite Nation	7:03.46	
11 Picard, Etienne	90	Sherbrooke	7:26.81	

#### Men 3000 Meter Demi Fond Juvenile

Name	Year	Team	Finals	Points
1 Blanchette, Samuel	87	Energie	8:57.18	
2 Ricard, Alexandre	88	McGill Olympic C	9:14.82	
3 Soucy, Philippe	88	Corsaire Chapara	9:17.78	
4 Landry, Kevin	88	St-Jean Olympiqu	9:40.45	
5 Delorme, Eric	87	Cirrus	9:51.80	
6 Kennedey-Zimmerer, James	88	McGill Olympic C	10:15.47	
7 Sweet, Christopher	88	McGill Olympic C	10:27.16	
8 Wongkee, Matthew	88	McGill Olympic C	10:40.82	
9 Soucy, Frederic	88	Coubertin	10:41.86	
-- Dillon, Marcus	87	Toronto Olympic	X9:00.40	

#### Men 5000 Meter Demi Fond Junior

Name	Year	Team	Finals
1 Nduwingoma, Jean-Claude	88	Saint Laurent Se	13:53.20
2 Landry, Simon-Pierre	86	Montreal Olympiq	15:49.18
3 Sweet, Andrew	86	McGill Olympic C	15:54.88
4 Gonneville, Maxime	85	Rouge et Or	16:06.91
5 Ricard, Alexandre	88	McGill Olympic C	16:14.39
6 Pelletier, Matthieu	85	Vaudreuil-Dorion	17:11.57

#### Men 5000 Meter Demi Fond Senior

Name	Year	Team	Finals
1 Bourque, Jonathan	75	Coubertin	14:57.66
2 Menard-Kilrane, Francois	82	Cirrus	14:59.81
3 Bechard, Sebastien	82	Montreal Olympiq	15:29.80
4 Ibnouzahir, Abdel	78	Saint Laurent Se	15:37.97
5 Savard-Gagnon, David	81	Rouge et Or	15:41.63
6 More, Vincent	78	Fil-Oup	19:28.95
-- Mulloy, Brandon	85	Usa	X17:53.79

#### Men 5000 Meter Demi Fond Veteran

Name	Year	Team	Finals
1 Langlois, Jeannot	64	Coubertin	18:53.93

#### Men 60 Meter Haies 24 po Minime

Name	Year	Team	Finals	Points
Section 1 Wind: -1.8				
1 Desrosiers, Jonathan	93	Coubertin	12.03	
2 Simpson, Charles	93	West Island	12.53	
3 Simoneau, Frederick	93	Baie Comeau	12.86	
4 Perron, Maxandre	94	Coubertin	14.08	
Section 2 Wind: 2.8				
1 Sinnathurai, Shangethan	93	Saint Laurent Se	10.97	
2 Belanger, Alexis	93	Montreal Interna	11.89	
3 Karkavilas, George	93	Kilomaitres de L	11.94	
4 Husbans, Jamal	93	West Island	12.21	
5 Lamoureux, Antoine	94	Saint Laurent Se	12.55	

6 Richard, Frederic 93 Sherbrooke 15.15

Men 80 Meter Haies 30 po Benjamin

Name	Year	Team	Prelims
Heat 1 Preliminaries Wind: -0.1			
1 Robitaille-Beaumier, Gui	91	Energie	16.05q
2 Gagnon, Lawrence	91	Corsaire Chapara	16.59q
3 Charest, Olivier	92	Energie	17.67q
4 Sirois, Pierre	92	Coubertin	18.17
Heat 2 Preliminaries Wind: +0.0			
1 Phaneuf, Benjamin	91	Saint Laurent Se	13.47q
2 Charbonneau, Jason	92	Saint Laurent Se	14.69q
3 Thibodeau, Jeremy	92	Saint Laurent Se	16.58q
4 Emond, Yuri-Christophe	92	Sherbrooke	16.69q
5 Mbongo, Axel	91	Saint Laurent Se	16.97q

Men 80 Meter Haies 30 po Benjamin

Name	Year	Team	Finals	Points
Section 1 Finals Wind: 0.9				
1 Phaneuf, Benjamin	91	Saint Laurent Se	13.27	
2 Charbonneau, Jason	92	Saint Laurent Se	14.28	
3 Robitaille-Beaumier, Gui	91	Energie	15.62	
4 Thibodeau, Jeremy	92	Saint Laurent Se	15.74	
5 Gagnon, Lawrence	91	Corsaire Chapara	15.92	
6 Mbongo, Axel	91	Saint Laurent Se	J16.32	
6 Emond, Yuri-Christophe	92	Sherbrooke	16.32	
8 Charest, Olivier	92	Energie	16.94	

Men 100 Meter Haies 33 po Cadet

Name	Year	Team	Prelims
Heat 1 Preliminaries Wind: +0.0			
1 Gagnon, Gabriel	89	Energie	14.67Q
2 Momoh, Aloaye	90	Saint Laurent Se	14.83Q
3 Couture, Alexandre	89	Dynamique Laval	15.35Q
4 Jelena, Cosmin	89	Saint Laurent Se	15.61q
5 Desmarais, Hugo	90	Dynamique Laval	18.81q
6 Corriveau-Windvist, Zach	90	Sherbrooke	19.83
Heat 2 Preliminaries Wind: -1.3			
1 Leblanc, Guillaume	89	Saguenay Lac St-	14.49Q
2 Leveille, Simon	90	Corsaire Chapara	14.78Q
3 Fortin, Mathieu	89	Corsaire Chapara	16.50Q
4 Richard, Marc-Andre	90	Sherbrooke	18.95
5 Marcil, Marc-Andre	89	Baie Comeau	19.64
6 Gohier, Felix	89	Espoir Externat	20.56

Men 100 Meter Haies 33 po Cadet

Name	Year	Team	Finals	Points
Section 1 Finals Wind: 0.4				
1 Leblanc, Guillaume	89	Saguenay Lac St-	14.06	
2 Gagnon, Gabriel	89	Energie	14.18	
3 Leveille, Simon	90	Corsaire Chapara	14.23	
4 Couture, Alexandre	89	Dynamique Laval	15.09	
5 Jelena, Cosmin	89	Saint Laurent Se	15.32	
6 Fortin, Mathieu	89	Corsaire Chapara	16.03	
-- Momoh, Aloaye	90	Saint Laurent Se	DNF	

Men 110 Meter Haies 36 po Juvenile

Name	Year	Team	Prelims
Heat 1 Preliminaries Wind: 1.1			
1 Marquis, Jean-Francois	87	Jean De La Menna	15.69q
2 Forget, Sebastien	88	St-Jean Olympiqu	16.67q
3 Fournier, Martin	87	Dynamique Laval	16.69q
4 Beaumont-Courteau, Maxim	87	Montreal Interna	16.91q
5 Gouin, David	88	Sport-Etudes Dis	17.05q
6 Gelin, Alexandre	87	Independant	17.19q
7 Rioux-Ouimet, Hubert	88	Corsaire Chapara	18.97q

Men 110 Meter Haies 36 po Juvenile

Name	Year	Team	Finals	Points
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## Section 1 Finals Wind: 1.8

1	Marquis, Jean-Francois	87	Jean De La Menna	15.85
2	Forget, Sebastien	88	St-Jean Olympiqu	16.20
3	Gelinas, Alexandre	87	Independant	16.40
4	Fournier, Martin	87	Dynamique Laval	16.41
5	Beaumont-Courteau, Maxim	87	Montreal Interna	16.92

## Men 110 Meter Haies 39 po Junior

Name	Year	Team	Prelims	
Heat 1 Preliminaries Wind: 2.4				
1	Altenor, Jean-Moise	86	Saint Laurent Se	16.15q
2	Aubry, Alexandre	86	Saint Laurent Se	18.82q

## Men 250 Meter Haies 33 po Cadet

Name	Year	Team	Finals	Points
Section 1				
1	Leveille, Simon	90	Corsaire Chapara	34.10
2	Momoh, Aloaye	90	Saint Laurent Se	34.29
3	Gagnon, Gabriel	89	Energie	34.59
4	Couture, Alexandre	89	Dynamique Laval	34.99
5	Ellemo, Eric	89	West Island	39.31
6	Fortin, Mathieu	89	Corsaire Chapara	40.02
7	Gohier, Felix	89	Espoir Externat	44.03
Section 2				
1	Jones, Blake	89	Saint Laurent Se	34.26
2	Ganon, Remi	89	Saint Laurent Se	34.67
3	Brosseau, Michael	90	Jeunesse Athleti	38.84
4	Marcil, Marc-Andre	89	Baie Comeau	40.98
5	Macaulay, Jean-Sebastien	90	Sherbrooke	41.93
6	Desmarais, Hugo	90	Dynamique Laval	42.55

## Men 300 Meter Haies 33 po Juvenile

Name	Year	Team	Finals	Points
Section 1				
1	Ouellet-Leveille, Clemen	88	Montreal Olympiq	40.86
2	Marquis, Jean-Francois	87	Jean De La Menna	41.24
3	Fournier, Martin	87	Dynamique Laval	41.96
4	Forget, Sebastien	88	St-Jean Olympiqu	42.64
5	Rioux-Ouimet, Hubert	88	Corsaire Chapara	43.34
6	Beaumont-Courteau, Maxim	87	Montreal Interna	45.48
7	Bonnoyer, Mathieu	87	Corsaire Chapara	46.45
8	Plourde, Alexandre	88	Energie	46.57

## Men 400 Meter Haies 36 po Junior

Name	Year	Team	Finals	
1	Labelle, Shane	85	McGill Olympic C	54.30
2	Altenor, Jean-Moise	86	Saint Laurent Se	57.67
3	Aubry, Alexandre	86	Saint Laurent Se	1:02.13

## Men 400 Meter Haies 36 po Senior

Name	Year	Team	Finals	
1	Rehel, Wesley	82	Saint Laurent Se	53.67
2	Morin, Steve	81	St-Jean Olympiqu	53.87
3	Pontbriand, Philip	80	Dynamique Laval	57.05
4	Leroux, Guillaume	84	Dynamique Laval	1:02.03
--	Perron, Marc-Andre	81	Sherbrooke	DNF

## Men 2000 Meter Steeplechase Juvenile

Name	Year	Team	Finals	Points
1	Lavoie, Olivier	88	Corsaire Chapara	6:14.56
2	Blanchette, Samuel	87	Energie	6:21.13
3	Gravel, Benjamin	87	Cirrus	6:35.02
4	Landry, Kevin	88	St-Jean Olympiqu	6:43.46
5	Langevin, Francis	88	McGill Olympic C	7:19.84
--	Delorme, Eric	87	Cirrus	DNF

## Men 3000 Meter Steeplechase Senior

Name	Year	Team	Finals
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1	Blouin, Daniel	78	Coubertin	9:11.79
2	Poulin-Cadovius, James	85	Montreal Olympiq	9:16.28
3	Plaisance, Mathieu	84	Montreal Olympiq	10:13.12
4	Duval, Jean-Nicolas	74	Corsaire Chapara	10:38.94
--	Sylvestre, Philippe	82	Rouge et Or	DNF

#### Men 1500 Meter Marche Benjamin

Name	Year	Team	Finals	Points
1	Voyer, Julien	91	Saguenay Lac St-	8:55.55
2	Ménard, Jean-Sébastien	91	Saguenay Lac St-	8:56.36
3	Gohier, Bruno	91	Espoir Externat	10:35.06

#### Men 5000 Meter Marche Juvenile

Name	Year	Team	Finals	
1	Gagne, Alexandre	88	Saguenay Lac St-	25:13.53
2	Houle, David	88	Petite Nation	27:10.43
3	Leclerc, Francois	88	Coriaces	29:15.82
4	Lalonde, Sebastien	88	Petite Nation	31:52.97

#### Men 10000 Meter Marche Senior

Name	Year	Team	Finals	
--	Ruest, Jocelyn	80	Montreal Olympiq	DNF

#### Men Saut en hauteur Minime

Name	Year	Team	Finals	Points
Flight 1				
1	Gravel, Ludovic	93	Cirrus	1.30m
2	Corriveau-Windvist, Simo	93	Sherbrooke	1.23m
3	Simpson, Charles	93	West Island	J1.19m
3	Daigneault, Jean-Felix	94	Saint Laurent Se	1.19m
5	Karkavilas, George	93	Kilomaitres de L	J1.15m
5	Desmarais-Gagnon, Vincen	93	Cirrus	1.15m
7	St-Amand, Joey	93	Baie Comeau	1.00m
7	Letourneau, Simon	93	Baie Comeau	J1.00m

#### Men Saut en hauteur Benjamin

Name	Year	Team	Finals	Points
1	Pelletier, Alexandre	91	Club D'Athlétism	1.53m
2	Renaud, Olivier	92	Jeunesse Athleti	1.40m
3	Charbonneau, Jason	92	Saint Laurent Se	1.35m
4	Mbongo, Axel	91	Saint Laurent Se	1.30m
5	Dupuis, Mathieu	92	Baie Comeau	1.25m
5	Sirois, Pierre	92	Coubertin	J1.25m
5	Thibodeau, Jeremy	92	Saint Laurent Se	J1.25m
8	Luce, Alex	91	Sherbrooke	1.20m
9	Plante-Dube, Sacha	91	Lavironde	1.15m
9	Gagnon, Lawrence	91	Corsaire Chapara	J1.15m

#### Men Saut en hauteur Cadet

Name	Year	Team	Finals	Points
1	Caron-Marquis, Charles	90	Rouge et Or	1.78m
2	Leveille, Simon	90	Corsaire Chapara	1.76m
3	Paquet, Olivier	89	Energie	1.73m
4	Michaud, Yan	89	Saint Laurent Se	1.60m
5	Morin, Francois	89	Baie Comeau	1.55m
5	Guilbault, Etienne	89	Corsaire Chapara	J1.55m
5	Momoh, Aloaye	90	Saint Laurent Se	J1.55m
8	Macaulay, Jean-Sebastien	90	Sherbrooke	1.50m
9	Parizeau, Hadrien	90	Impulsion	1.35m

#### Men Saut en hauteur Juvenile

Name	Year	Team	Finals	Points
1	Diop, Ndiaga	87	Saint Laurent Se	1.95m
1	Greenaway, Christopher	87	Saint Laurent Se	J1.95m
3	Nantel, Sebastien	87	Saint Laurent Se	1.90m
4	Tremblay, Alexis	87	Baie Comeau	1.75m

5	Morissette, Jonathan	87	Cirrus	J1.70m
5	Lachapelle, Vincent	87	Espoir Externat	1.70m
7	Gelinas, Alexandre	87	Independant	J1.65m
7	Grand'Maison, Alex	88	Vaillants	1.65m
9	Lalonde, Sebastien	88	Petite Nation	1.50m

#### Men Saut en hauteur Junior

Name	Year	Team	Finals
1	Jobe, Abdoulaye	86 Saint Laurent Se	1.95m
2	Laplante, Louis-Philippe	85 Saint Laurent Se	1.70m

#### Men Saut en hauteur Senior

Name	Year	Team	Finals
1	Alexandre, Peter-Mike	78 Athletica	2.00m
2	Trépanier, Pablo	78 Rouge et Or	1.85m
3	El Fouladi, Yassine	84 Saint Laurent Se	1.80m

#### Men Saut a la perche Cadet

Name	Year	Team	Finals	Points
1	Richard, Marc-Andre	90 Sherbrooke	2.50m	
2	Marcil, Marc-Andre	89 Baie Comeau	1.90m	
2	Morin, Francois	89 Baie Comeau	J1.90m	
--	Dufour, Dominic	91 Baie Comeau	NH	

#### Men Saut a la perche Juvenile

Name	Year	Team	Finals	Points
1	Beaumont-Courteau, Maxim	87 Montreal Interna	3.60m	
2	Normandin, David	88 St-Jean Olympiqu	3.00m	
3	Dube, Guillaume	88 Baie Comeau	2.60m	

#### Men Saut a la perche Junior

Name	Year	Team	Finals
1	Normandin, Gaetan	86 St-Jean Olympiqu	3.50m

#### Men Saut a la perche Senior

Name	Year	Team	Finals
1	Foley, David	84 Sherbrooke	4.80m
1	Thenault, Francois	72 Sherbrooke	4.80m
3	Gauthier, Rene	81 Sherbrooke	4.70m
4	Genest-Lahaye, Michel	72 Corsaire Chapara	4.60m
5	Hawey, Maxime	84 Rouge et Or	4.40m
5	Foley, Eric	84 Sherbrooke	4.40m
7	Lynden, Allen	83 Montreal Interna	4.20m
8	Bouchard, Frederick	84 Sherbrooke	3.80m
9	Chamard, Pierre étienne	83 Rouge et Or	3.50m
--	Authier, Simon	82 Sherbrooke	NH

#### Men Saut en longueur zone Minime

Name	Year	Team	Finals	Wind	Points
1	Sinnathurai, Shangethan	93 Saint Laurent Se	4.15m	NWI	
2	Desrosiers, Jonathan	93 Coubertin	4.01m	NWI	
3	Karkavilas, George	93 Kilomaitres de L	4.00m	NWI	
4	Bonneau, Sebastien	93 Jeunesse Athleti	3.97m	NWI	
5	Dubuc, Sebastien	93 Saint Laurent Se	3.88m	NWI	
6	Corriveau-Windvist, Simo	93 Sherbrooke	3.79m	NWI	
7	Fouillet, Laurent	93 Petite Nation	3.62m	NWI	
8	Belliveau, Patrick	93 Club D'Athlétism	3.18m	NWI	
9	Letourneau, Simon	93 Baie Comeau	2.94m	2.0	

#### Men Saut en longueur zone Benjamin

Name	Year	Team	Finals	Wind	Points
1	Pelletier, Alexandre	91 Club D'Athlétism	5.09m	1.0	
2	Tremblay, Etienne	91 Coubertin	4.93m	3.0	
3	Guay, Marc-Antoine	91 Saguenay Lac St-	4.83m	2.3	
4	Mehenni, Samuel	91 Impulsion	4.80m	2.4	



5	Phaneuf, Benjamin	91	Saint Laurent Se	4.39m	0.7
6	Renaud, Olivier	92	Jeunesse Athleti	4.38m	2.9
7	Luce, Alex	91	Sherbrooke	4.36m	1.1
8	Davidson, Mikhail	91	Impulsion	4.27m	2.3
9	Thibodeau, Jeremy	92	Saint Laurent Se	4.17m	0.4
10	Plante, Marc-Andre	91	Energie	4.08m	1.7
11	Sirois, Pierre	92	Coubertin	4.01m	1.1
12	Mbongo, Axel	91	Saint Laurent Se	4.00m	0.9
13	Emond, Yuri-Christophe	92	Sherbrooke	3.94m	1.5
14	Dubuc, Guillaume	92	Saint Laurent Se	3.92m	1.0
14	Dupuis, Mathieu	92	Baie Comeau	3.92m	1.0
16	Gohier, Bruno	91	Espoir Externat	3.89m	1.9
17	Lamarche, Maxime	92	Jeunesse Athleti	3.85m	1.4
18	Sinnathurai, Rukshan	91	Saint Laurent Se	3.62m	1.0
19	Rodrigue, Leandre	91	Coubertin	3.60m	2.2

#### Men Saut en longueur Cadet

Name	Year	Team	Finals	Wind	Points
1	Paquet, Olivier	89	Energie	6.35m	0.3
2	Okorie, Royal	89	Saint Laurent Se	5.82m	1.2
3	Leveille, Simon	90	Corsaire Chapara	5.68m	-0.2
4	Gagnon, Gabriel	89	Energie	5.36m	2.4
5	Menard, Leandre	89	Petite Nation	5.23m	2.0
6	Brosseau, Michael	90	Jeunesse Athleti	5.00m	1.0
7	Renaud, Jean-Christophe	90	Jeunesse Athleti	4.92m	0.1
8	Genest, Jean-Sebastien	89	Baie Comeau	4.53m	1.4
9	Regimbald-Belanger, Scot	89	Cirrus	4.47m	2.3
10	Desmarais, Hugo	90	Dynamique Laval	4.24m	0.6
11	Fugere, David	90	Energie	4.23m	1.4
12	Dupont, Maxime	90	Energie	4.09m	0.8
13	Blais, Jeremi	90	Cirrus	3.70m	0.5

#### Men Saut en longueur Juvenile

Name	Year	Team	Finals	Wind	Points
1	Diop, Ndiaga	87	Saint Laurent Se	6.67m	-0.6
2	Greenaway, Christopher	87	Saint Laurent Se	6.64m	+0.0
3	Gelinas, Alexandre	87	Independant	6.49m	+0.0
4	Nantel, Sebastien	87	Saint Laurent Se	6.30m	-0.8
5	Pierre, Jhonny	87	Saint Laurent Se	6.20m	-0.7
6	Tremblay, Alexis	87	Baie Comeau	6.19m	+0.0
7	Richard, Bianco	88	Vainqueurs	6.16m	-1.0
8	Bergeron, Jean	87	Jeunesse Athleti	5.76m	-0.7
9	James, Michael	87	Saint Laurent Se	5.45m	-0.2
9	Bonnoyer, Mathieu	87	Corsaire Chapara	5.45m	+0.0
11	Grand'Maison, Alex	88	Vaillants	5.29m	-0.8
12	Benghenam, Fateh	88	Saint Laurent Se	4.95m	-1.1
13	Guichard, Jerome	88	Vaillants	4.89m	+0.0
14	Fortier, Jean-Philippe	88	Sport-Etudes Dis	4.85m	+0.0

#### Men Saut en longueur Junior

Name	Year	Team	Finals	Wind
1	Laplante, Louis-Philippe	85	Saint Laurent Se	5.93m -0.4
2	Deslauriers, Simon	86	Espoir Externat	5.35m 0.4
3	Dubois, Charles	85	Corsaire Chapara	4.91m 0.3

#### Men Saut en longueur Senior

Name	Year	Team	Finals	Wind
1	Rodas-Figueroa, Jose-Alb	81	Saint Laurent Se	7.04m 0.1
2	Guerrier, Jean-Francois	79	Perfmax-Racing	6.73m 0.1
3	Houle, Mathieu	82	Corsaire Chapara	6.59m 0.3
4	Richard, Stephane	82	Vainqueurs	6.58m +0.0
5	Marcel, Daniel	84	Saint Laurent Se	6.33m -0.9
6	El Fouladi, Yassine	84	Saint Laurent Se	6.21m 0.3
7	Bowers, Newton	82	Perfmax-Racing	5.93m +0.0

#### Men Triple saut Juvenile

Name	Year	Team	Finals	Wind	Points
1	Greenaway, Christopher	87	Saint Laurent Se	12.71m	-1.0
2	Tremblay, Alexis	87	Baie Comeau	11.91m	-1.6
3	Bergeron, Jean	87	Jeunesse Athleti	11.59m	-0.6
4	Benghenam, Fateh	88	Saint Laurent Se	11.31m	-0.5

5 Grand'Maison, Alex 88 Vaillants 10.32m -1.3

Men Triple saut Junior

Name	Year	Team	Finals	Wind
1 Jobe, Abdoulaye	86	Saint Laurent Se	12.87m	-2.1
2 Poulin, Tobie	85	Sherbrooke	12.49m	-1.9

Men Triple saut Senior

Name	Year	Team	Finals	Wind
1 Richard, Stephane	82	Vainqueurs	13.37m	-1.5
2 Marcel, Daniel	84	Saint Laurent Se	12.85m	-1.0

Men Lancer su poids 2 Kg Minime

Name	Year	Team	Finals	Points
1 Tremblay-Lucier, Sebasti	93	Corsaire Chapara	11.03m	
2 Chenier, Benoit	93	Petite Nation	10.48m	
3 Coulombe, Alexandre	93	Saint Laurent Se	9.02m	

Men Lancer su poids 3 Kg Benjamin

Name	Year	Team	Finals	Points
1 Guay, Marc-Antoine	91	Saguenay Lac St-	11.09m	
2 Sinnathurai, Rukshan	91	Saint Laurent Se	9.73m	
3 Cantin, Alexandre	91	Jeunesse Athleti	9.22m	
4 Charbonneau, Charles-Emm	92	Saint Laurent Se	8.66m	
5 Charest, Marc-Andre	92	Energie	8.55m	
6 Dumont-Breton, Olivier	91	Vaillants	8.36m	
7 Cloutier-Blain, Francis	91	Montreal Interna	7.95m	

Men Lancer su poids 4 Kg Cadet

Name	Year	Team	Finals	Points
1 Houde, Christopher	89	Vaillants	17.17m	
2 Caron, Richard	89	Espoir Externat	12.73m	
3 Dainius, Gedi	89	West Island	12.44m	
4 Regimbald-Belanger, Scot	89	Cirrus	11.19m	
5 Lion, Allan	89	West Island	9.41m	

Men Lancer su poids 5 Kg Juvenile

Name	Year	Team	Finals	Points
1 O.Dumont, Mathieu	87	Vaillants	13.77m	
2 Cloutier-Langlois, Ludov	88	St-Jean Olympiqu	13.26m	
3 Tremblay, Alexis	87	Baie Comeau	13.16m	
4 Dagenais, Patrick	87	Vaillants	12.66m	
5 Bisailon, Vincent	87	St-Jean Olympiqu	12.57m	
6 Philippon, Rene	87	Sport-Etudes Dis	12.51m	
7 Roy, Alexandre	88	Jean De La Menna	11.39m	
8 Lachapelle, Vincent	87	Espoir Externat	11.10m	

Men Lancer su poids 6 Kg Junior

Name	Year	Team	Finals
1 Caron, Bobby	86	Vaillants	12.41m
2 Veilleux, Dominic	86	Espoir Externat	9.31m

Men Lancer du disque 600 gr Minime

Name	Year	Team	Finals	Points
1 Tremblay-Lucier, Sebasti	93	Corsaire Chapara	24.22m	
2 Simoneau, Frederick	93	Baie Comeau	22.74m	
3 Coulombe, Alexandre	93	Saint Laurent Se	21.68m	
4 Chenier, Benoit	93	Petite Nation	19.00m	
5 St-Amand, Joey	93	Baie Comeau	18.53m	
6 Dubuc, Sebastien	93	Saint Laurent Se	18.04m	
7 Richard, Frederic	93	Sherbrooke	17.16m	
8 Heon, Arthur	95	Dynamique Laval	14.45m	

Men Lancer du disque 1 Kg Benjamin

Name	Year	Team	Finals	Points
1 Guay, Marc-Antoine	91	Saguenay Lac St-	27.75m	
2 Dumont-Breton, Olivier	91	Vaillants	22.56m	
3 Cloutier-Blain, Francis	91	Montreal Interna	22.18m	
4 Cantin, Alexandre	91	Jeunesse Athleti	21.72m	
5 Charbonneau, Charles-Emm	92	Saint Laurent Se	19.70m	
6 Dufour, Dominic	91	Baie Comeau	17.99m	
7 Charest, Marc-Andre	92	Energie	16.47m	
8 Emond, Yuri-Christophe	92	Sherbrooke	15.45m	

#### Men Lancer du disque 1 Kg Cadet

Name	Year	Team	Finals	Points
1 Houde, Christopher	89	Vaillants	52.20m	
2 Castonguay, Marc-Andre	89	Energie	44.39m	
3 Morin, Francois	89	Baie Comeau	37.77m	
4 Tardif, Philippe	89	Vaillants	34.17m	
5 Ready, Pier-Julien	89	Club D'Athlétism	34.05m	
6 Dainius, Gedi	89	West Island	31.90m	
7 Ganon, Remi	89	Saint Laurent Se	31.58m	
8 Richard, Marc-Andre	90	Sherbrooke	30.95m	
9 Lion, Allan	89	West Island	22.07m	
10 Corriveau-Windvist, Zach	90	Sherbrooke	18.90m	
11 Leger, Philippe	90	Coriaces	17.95m	
12 Picard, Etienne	90	Sherbrooke	14.40m	
-- Leveille, Simon	90	Corsaire Chapara	FOUL	

#### Men Lancer du disque 1.5 Kg Juvenile

Name	Year	Team	Finals	Points
1 Tremblay, Alexis	87	Baie Comeau	39.43m	
2 Bisailon, Vincent	87	St-Jean Olympiqu	38.56m	
3 Cloutier-Langlois, Ludov	88	St-Jean Olympiqu	36.60m	
4 Roy, Alexandre	88	Jean De La Menna	33.80m	
5 O.Dumont, Mathieu	87	Vaillants	33.25m	
6 Leger, Benjamin	88	Coriaces	18.64m	

#### Men Lancer du disque 1.75 Kg Junior

Name	Year	Team	Finals
1 Dendane, Al'Arlbi	86	Corsaire Chapara	40.20m
2 Tremblay, Alexis	87	Baie Comeau	39.54m
3 Caron, Bobby	86	Vaillants	31.01m

#### Men Lancer du disque 2 Kg Senior

Name	Year	Team	Finals
1 Gagne, France	62	Rouge et Or	42.65m

#### Men Lancer du javelot 400 gr Minime

Name	Year	Team	Finals	Points
1 Tremblay-Lucier, Sebastien	93	Corsaire Chapara	30.35m	
2 Dubuc, Sebastien	93	Saint Laurent Se	27.36m	
3 Coulombe, Alexandre	93	Saint Laurent Se	22.91m	
4 Richard, Frederic	93	Sherbrooke	22.89m	
5 Desmarais-Gagnon, Vincen	93	Cirrus	21.20m	
6 Simoneau, Frederick	93	Baie Comeau	20.20m	
7 Chenier, Benoit	93	Petite Nation	20.07m	
8 Letourneau, Simon	93	Baie Comeau	19.56m	
9 Phaneuf, Dominic	93	Saint Laurent Se	19.31m	
10 St-Amand, Joey	93	Baie Comeau	16.11m	
11 Heon, Arthur	95	Dynamique Laval	14.48m	

#### Men Lancer du javelot 500 gr Benjamin

Name	Year	Team	Finals	Points
1 Cantin, Alexandre	91	Jeunesse Athleti	31.56m	
2 Sinnathurai, Rukshan	91	Saint Laurent Se	27.58m	
3 Mbongo, Axel	91	Saint Laurent Se	26.39m	
4 Renaud, Olivier	92	Jeunesse Athleti	25.22m	
5 Charest, Marc-Andre	92	Energie	24.95m	
6 Dufour, Dominic	91	Baie Comeau	21.64m	
7 Luce, Alex	91	Sherbrooke	21.48m	

8	Lamarche, Maxime	92	Jeunesse Athleti	18.80m
9	Senecal, Patrice	92	Corsaire Chapara	17.81m
10	Thibodeau, Jeremy	92	Saint Laurent Se	16.29m
11	Charbonneau, Charles-Emm	92	Saint Laurent Se	14.64m
12	Sirois, Pierre	92	Coubertin	13.75m
--	Gagnon, Lawrence	91	Corsaire Chapara	FOUL

Men Lancer du javelot 600 gr Cadet

Name	Year	Team	Finals	Points
1	Castonguay, Marc-Andre	89	Energie	51.12m
2	Richard, Marc-Andre	90	Sherbrooke	40.84m
3	Ready, Pier-Julien	89	Club D'Athlétism	40.67m
4	Ganon, Remi	89	Saint Laurent Se	36.35m
5	Jelena, Cosmin	89	Saint Laurent Se	36.25m
6	Brosseau, Michael	90	Jeunesse Athleti	36.10m
7	Blanchard, Vincent	90	Sherbrooke	35.71m
8	Renaud, Jean-Christophe	90	Jeunesse Athleti	30.30m
9	Brien, Joel	89	Baie Comeau	29.68m
10	Marcil, Marc-Andre	89	Baie Comeau	28.76m
11	Gagnon, Gabriel	89	Energie	25.64m
12	Lion, Allan	89	West Island	22.15m
13	Corriveau-Windvist, Zach	90	Sherbrooke	18.05m
14	Leger, Philippe	90	Coriaces	16.14m
--	Genest, Jean-Sebastien	89	Baie Comeau	FOUL

Men Lancer du javelot 700 gr Juvenile

Name	Year	Team	Finals	Points
1	Tremblay, Alexis	87	Baie Comeau	49.33m
2	Roy, Alexandre	88	Jean De La Menna	48.77m
3	Masse, Mathieu	88	Corsaire Chapara	45.59m
4	Normandin, David	88	St-Jean Olympiqu	43.81m
5	Gelinas, Alexandre	87	Independant	42.90m
6	Spearson, Marc-Andre	88	Petite Nation	39.58m
7	Dube, Guillaume	88	Baie Comeau	38.56m
8	Campeau, Dominic	87	Corsaire Chapara	38.34m
9	O.Dumont, Mathieu	87	Vaillants	32.08m
10	Leger, Benjamin	88	Coriaces	25.83m

Men Lancer du javelot 800 gr Junior

Name	Year	Team	Finals	
1	Landry, Christopher	86	St-Jean Olympiqu	48.20m
2	Landry, Sacha	85	Baie Comeau	44.78m
3	Normandin, Gaetan	86	St-Jean Olympiqu	43.69m
4	Dubois, Charles	85	Corsaire Chapara	35.96m
5	Veilleux, Dominic	86	Espoir Externat	29.48m

Men Lancer du javelot 800 gr Senior

Name	Year	Team	Finals	
1	Morneau, Dave	84	Vaillants	49.47m
2	Leroux, Guillaume	84	Dynamique Laval	43.23m

Men Lancer du marteau 3 Kg Benjamin

Name	Year	Team	Finals	Points
1	Dufour, Dominic	91	Baie Comeau	16.17m

Men Lancer du marteau 4 Kg Cadet

Name	Year	Team	Finals	Points
1	Houde, Christopher	89	Vaillants	41.82m
2	Castonguay, Marc-Andre	89	Energie	28.38m
3	Brien, Joel	89	Baie Comeau	28.07m
4	Morin, Francois	89	Baie Comeau	24.29m

Men Lancer du marteau 5 Kg Juvenile

Name	Year	Team	Finals	Points
1	Dagenais, Patrick	87	Vaillants	38.37m
2	O.Dumont, Mathieu	87	Vaillants	36.06m
3	Cloutier-Langlois, Ludov	88	St-Jean Olympiqu	32.38m

4	Philippon, Rene	87	Sport-Etudes Dis	29.02m
5	Bisailon, Vincent	87	St-Jean Olympiqu	28.83m
6	Leger, Benjamin	88	Coriaces	17.43m

Men Lancer du marteau 6 Kg Junior

Name	Year	Team	Finals
1 Dendane, Al'Arlbi	86	Corsaire Chapara	57.67m
2 Caron, Maxime	85	Corsaire Chapara	55.28m
3 Landry, Sacha	85	Baie Comeau	27.98m

Men Lancer du marteau 7.257 Kg Senior

Name	Year	Team	Finals
1 Lapierre, Jarom	77	Rouge et Or	54.38m
2 Baines, Jason	78	Corsaire Chapara	53.23m
-- Probstfield, Erick	71	Usa	X56.48m

Men 10000 Meter Marche Inter Juvenile

Name	Year	Team	Finals	Points
Section 1				
1 Menard, Pierre-Luc	86	Saguenay Lac St-	45:52.58	

Women 300 Meter Course Cadet

Name	Year	Team	Finals	Points
1 Laberge, Annie-Claude	89	Montreal Olympiq	45.56	
2 Langlois, Marie-Isabel	89	Coubertin	46.06	
3 Provencal, Vanessa	89	Dynamique Laval	46.69	
4 Bergeron-Dussault, Kim	90	Montreal Olympiq	48.74	
5 Robinson, Caitlin	89	West Island	50.07	
6 Hailstone, Sarah	90	West Island	50.25	
7 Savard, Marie-Pier	90	Lavironde	51.18	
Section 2				
1 Robitaille-Beaumier, Eve	89	Energie	42.27	
2 Jacquemin, Charlotte	89	Pantheres Pointe	43.13	
3 Vissers, Jennifer	91	McGill Olympic C	43.24	
4 Cere, Susanna	89	McGill Olympic C	43.91	
5 Bruno, Virginie	90	Impulsion	44.24	
6 L'Heureux, Justine	89	Energie	44.61	
7 Dampousse, Chloe	89	Energie	45.17	
8 Brodeur, Maude-Emilie	89	Jean De La Menna	48.16	

Men 300 Meter Course Cadet

Name	Year	Team	Finals	Points
Section 1				
1 Brosseau, Michael	90	Jeunesse Athleti	41.18	
2 Villemaire-Cote, Olivier	90	Cirrus	42.30	
3 Brien, Joel	89	Baie Comeau	42.87	
4 Bordage, jeremy	89	Dynamique Laval	50.13	
Section 2				
1 Paquet, Olivier	89	Energie	35.80	
2 Jones, Blake	89	Saint Laurent Se	36.25	
3 Momoh, Aloaye	90	Saint Laurent Se	37.26	
4 Ellemo, Eric	89	West Island	40.81	
5 Toulouse-Stosik, Yan-Fra	90	Montreal Olympiq	42.20	
6 Sidhu, Mohkam	89	West Island	42.78	

Men 1500 Meter Steeplechase Cadet

Name	Year	Team	Finals	Points
Section 1				
1 Cossette, Raphael	89	Energie	5:01.21	
2 Genest, Jean-Sebastien	89	Baie Comeau	5:13.67	
3 Lepage, Samuel	90	Baie Comeau	5:17.68	
-- Morin, Francois	89	Baie Comeau	DNF	

Men Triple saut Cadet

Name	Year	Team	Finals	Wind	Points
Flight 1					
1 Momoh, Aloaye	90	Saint Laurent Se	12.28m	-1.5	

2	Caron-Marquis, Christoph	90	Rouge et Or	11.51m	-1.8
3	Gagnon, Gabriel	89	Energie	11.16m	-1.3
4	Ganon, Remi	89	Saint Laurent Se	11.07m	-0.7
5	Jelena, Cosmin	89	Saint Laurent Se	10.73m	-1.1
6	Renaud, Jean-Christophe	90	Jeunesse Athleti	9.79m	-0.1
7	Macaulay, Jean-Sebastien	90	Sherbrooke	9.75m	-1.6
8	Picard, Etienne	90	Sherbrooke	8.25m	-1.1

Men 3000 Meter Marche Cadet

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	Name	Year	Team	Finals	Points
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Section	1				
1	Harvey, Pierre-Luc	91	Saguenay Lac St-	18:39.08	