# Classement cumulatif par catégorie d'âge (final)

| Positions | 19 ans et moins | Points totaux |
|---|---|---|
| | **FEMMES** | |
| **1** | **Simard, Amelie** | **724,5** |
| | 21km - Simard, Amelie - F - 1:22:39 - 728 points | 728 |
| | 15km - Simard, Amélie - F - 0:58:09 - 721 points | 721 |
| | 5km - Simard, Amélie - F - 00:18:04 - 720 points | 720 |
| **2** | **Dubois, Mathilde** | **415** |
| | 21km - Dubois, Mathilde - F - 1:53:38 - 445 points | 445 |
| | 15km - Dubois, Mathilde - F - 1:25:00 - 385 points | 385 |
| **3** | **Gaudreault, Laura** | **408,5** |
| | 21km - Gaudreault, Laura - F - 1:53:45 - 444 points | 444 |
| | 15km - Gaudreault, Laura - F - 1:26:20 - 373 points | 373 |
| **4** | **Boivin Panagiotopoulos, Catherine** | **383,5** |
| | 21km - Boivin Panagiotopoulos, Catherine - F - 2:01:56 - 390 points | 390 |
| | 5km - Boivin Panagiotopoulos, Catherine - F - 00:25:49 - 377 points | 377 |
| **5** | **Sirois-Dompierre, Maryon** | **112** |
| | 5km - Sirois-Dompierre, Maryon - F - 00:36:32 - 118 points | 118 |
| | 21km - Sirois-Dompierre, Maryon - F - 3:08:02 - 106 points | 106 |

| Positions | 19 ans et moins | Points totaux |
|---|---|---|
| | **HOMMES** | |
| **1** | **Tougas, Mathys** | **614** |
| | 10km - Tougas, Mathys - H - 00:35:14 - 616 points | 616 |
| | 5km - Tougas, Mathys - H - 00:16:54 - 612 points | 612 |
| **2** | **Goulet, Nicolas** | **587,5** |
| | 15km - Goulet, Nicolas - H - 0:54:11 - 607 points | 607 |
| | 5km - Goulet, Nicolas - H - 00:17:42 - 568 points | 568 |
| | 10km - Goulet, Nicolas - H - 00:38:14 - 545 points | 545 |
| | 21km - Goulet, Nicolas - H - 1:58:32 - 320 points | 320 |
| **3** | **Guevremont, Edouard** | **575,5** |
| | 5km - Guévremont, Édouard - H - 00:16:56 - 610 points | 610 |

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| | 10km - Guévremont, Édouard - H - 00:38:25 - 541 points | 541 |
| **4** | **Lehoux, Edouard** | **568** |
| | 10km - Lehoux, Edouard - H - 00:37:06 - 570 points | 570 |
| | 5km - Lehoux, Edouard - H - 00:17:44 - 566 points | 566 |
| **5** | **Djadja Avonyo, Kossi Germain** | **446** |
| | 21km - Djadja Avonyo, Kossi Germain - H - 1:37:33 - 447 points | 447 |
| | 10km - Djadja Avonyo, Kossi Germain - H - 00:43:31 - 445 points | 445 |
| **6** | **Richard, Joel** | **374,5** |
| | 21km - Richard, Joel - H - 1:47:32 - 384 points | 384 |
| | 10km - Richard, Joël - H - 00:48:27 - 365 points | 365 |

| Positions | 20-29 ans | Points totaux |
|---|---|---|
| | **FEMMES** | |
| **1** | **Pomerleau, Caroline** | **844** |
| | 21km - Pomerleau, Caroline - F - 1:17:06 - 800 + 50 = 850 points | 850 |
| | 15km - Pomerleau, Caroline - F - 0:53:32 - 808 + 30 = 838 points | 838 |
| | 5km - Pomerleau, Caroline - F - 00:16:45 - 804 + 20 = 824 points | 824 |
| | 10km - Pomerleau, Caroline - F - 00:36:01 - 777 + 20 = 797 points | 797 |
| **2** | **Fleurent-gregoire, Chloe** | **739,5** |
| | 21km - Fleurent-gregoire, Chloe - F - 1:20:05 - 760 points | 760 |
| | 10km - Fleurent-Gregoire, Chloe - F - 00:38:02 - 719 points | 719 |
| **3** | **Morin, Elisa** | **733,5** |
| | 10km - Morin, Élisa - F - 00:35:18 - 799 + 30 = 829 points | 829 |
| | 5km - Morin, Élisa - F - 00:19:32 - 638 points | 638 |
| **4** | **Riopel, Camille** | **693** |
| | 21km - Riopel, Camille - F - 1:20:53 - 750 points | 750 |
| | 10km - Riopel, Camille - F - 00:41:15 - 636 points | 636 |
| **5** | **Potvin, Melanie** | **503,5** |
| | 21km - Potvin, Melanie - F - 1:44:28 - 514 points | 514 |
| | 15km - Potvin, Mélanie - F - 1:14:25 - 493 points | 493 |
| **6** | **Couture-lacasse, Margaux** | **493** |
| | 21km - Couture-lacasse, Margaux - F - 1:46:36 - 497 points | 497 |
| | 15km - Couture-Lacasse, Margaux - F - 1:14:42 - 489 points | 489 |
| **7** | **Nollet, Stephanie** | **492,5** |
| | 21km - Nollet, Stephanie - F - 1:46:28 - 498 points | 498 |
| | 15km - Nollet, Stéphanie - F - 1:14:53 - 487 points | 487 |

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| **8** | **Dupuis, Anik** | **431,5** |
| | 5km - Dupuis, Anik - F - 00:23:56 - 443 points | 443 |
| | 10km - Dupuis, Anik - F - 00:52:10 - 420 points | 420 |
| **9** | **Trinh, Kim Hoang** | **394** |
| | 21km - Trinh, Kim Hoang - F - 1:58:11 - 414 points | 414 |
| | 10km - Trinh, Kim Hoang - F - 00:55:11 - 374 points | 374 |
| **10** | **Collard, Amelie** | **391** |
| | 21km - Collard, Amelie - F - 2:01:02 - 396 points | 396 |
| | 15km - Collard, Amélie - F - 1:24:51 - 386 points | 386 |
| **11** | **Fortin, Genevieve** | **391** |
| | 21km - Fortin, Genevieve - F - 2:01:02 - 396 points | 396 |
| | 15km - Fortin, Geneviève - F - 1:24:50 - 386 points | 386 |
| **12** | **Cloutier, Laurie** | **390,5** |
| | 21km - Cloutier, Laurie - F - 1:56:50 - 423 points | 423 |
| | 10km - Cloutier, Laurie - F - 00:56:17 - 358 points | 358 |
| **13** | **St-Aubin, Alix** | **338,5** |
| | 15km - St-Aubin, Alix - F - 1:27:10 - 366 points | 366 |
| | 21km - St-aubin, Alix - F - 2:15:50 - 311 points | 311 |
| **14** | **Guay, Alicia** | **296** |
| | 15km - Guay, Alicia - F - 1:34:49 - 304 points | 304 |
| | 21km - Guay, Alicia - F - 2:20:25 - 288 points | 288 |
| | 10km - Guay, Alicia - F - 01:05:37 - 243 points | 243 |

| Positions | 20-29 ans | Points totaux |
|---|---|---|
| | **HOMMES** | |
| **1** | **Senneville, Marc-Antoine** | **848** |
| | 15km - Senneville, Marc-Antoine - H - 0:45:24 - 800 + 50 = 850 points | 850 |
| | 21km - Senneville, Marc-antoine - H - 1:04:57 - 796 + 50 = 846 points | 846 |
| | 10km - Senneville, Marc-Antoine - H - 00:31:35 - 728 points | 728 |
| **2** | **Fafard, Thomas** | **838,5** |
| | 5km - Fafard, Thomas - H - 00:14:15 - 811 + 50 = 861 points | 861 |
| | 10km - Fafard, Thomas - H - 00:30:38 - 766 + 50 = 816 points | 816 |
| **3** | **Labonte, Patrice** | **773,5** |
| | 15km - Labonté, Patrice - H - 0:46:07 - 778 + 30 = 808 points | 808 |
| | 10km - Labonte, Patrice - H - 00:31:18 - 739 points | 739 |
| **4** | **Jarry, Francois** | **752** |
| | 5km - Jarry, François - H - 00:14:39 - 773 points | 773 |

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| | 15km - Jarry, François - H - 0:47:49 - 731 points | 731 |
| | 10km - Jarry, François - H - 00:32:26 - 698 points | 698 |
| **5** | **Poulin, Charles-Antoine** | **714,5** |
| | 5km - Poulin, Charles-Antoine - H - 00:14:47 - 761 points | 761 |
| | 10km - Poulin, Charles-Antoine - H - 00:33:22 - 668 points | 668 |
| **6** | **Billerot, Pierre-Lou** | **703** |
| | 10km - Billerot, Pierre-Lou - H - 00:32:10 - 707 points | 707 |
| | 5km - Billerot, Pierre-Lou - H - 00:15:34 - 699 points | 699 |
| **7** | **Dionne, Anthony** | **701,5** |
| | 21km - Dionne, Anthony - H - 1:09:49 - 703 points | 703 |
| | 5km - Dionne, Anthony - H - 00:15:33 - 700 points | 700 |
| **8** | **Caron, Jean-Rene** | **699,5** |
| | 15km - Caron, Jean-René - H - 0:48:10 - 723 points | 723 |
| | 10km - Caron, Jean-Rene - H - 00:33:07 - 676 points | 676 |
| **9** | **Curdy, Maxime** | **671,5** |
| | 5km - Curdy, Maxime - H - 00:15:44 - 687 points | 687 |
| | 10km - Curdy, Maxime - H - 00:33:47 - 656 points | 656 |
| **10** | **Dufour, Joe** | **646,5** |
| | 5km - Dufour, Joé - H - 00:16:14 - 653 points | 653 |
| | 15km - Dufour, Joé - H - 0:52:12 - 640 points | 640 |
| | 10km - Dufour, Joé - H - 00:34:33 - 634 points | 634 |
| **11** | **Leblanc, Benjamin** | **605** |
| | 5km - Leblanc, Benjamin - H - 00:16:54 - 612 points | 612 |
| | 21km - Leblanc, Benjamin - H - 1:18:17 - 598 points | 598 |
| **12** | **Theriault, Benoit** | **586** |
| | 5km - Thériault, Benoît - H - 00:17:00 - 606 points | 606 |
| | 15km - Thériault, Benoît - H - 0:57:06 - 566 points | 566 |
| **13** | **Despres, Richard** | **525** |
| | 21km - Despres, Richard - H - 1:20:32 - 576 points | 576 |
| | 10km - Despres, Richard - H - 00:41:51 - 474 points | 474 |
| **14** | **Bherer-magnan, Felix** | **513** |
| | 21km - Bherer-magnan, Felix - H - 1:25:37 - 533 points | 533 |
| | 5km - Bhérer-Magnan, Félix - H - 00:19:16 - 493 points | 493 |
| **15** | **Nonfoux, Louis** | **473** |
| | 21km - Nonfoux, Louis - H - 1:33:44 - 473 points | 473 |
| | 5km - NONFOUX, Louis - H - 00:19:43 - 473 points | 473 |

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| **16** | **Des Rosiers, Pascal** | **464** |
| | 21km - Des Rosiers, Pascal - H - 1:34:50 - 465 points | 465 |
| | 15km - Des Rosiers, Pascal - H - 1:06:02 - 463 points | 463 |
| **17** | **Berthelot, Ugo** | **462** |
| | 10km - Berthelot, Ugo - H - 00:40:44 - 495 points | 495 |
| | 21km - Berthelot, Ugo - H - 1:40:22 - 429 points | 429 |
| | 5km - Berthelot, Ugo - H - 00:21:14 - 411 points | 411 |
| **18** | **Lepine, Kaesey-andrew** | **461** |
| | 21km - Lepine, Kaesey-andrew - H - 1:32:10 - 484 points | 484 |
| | 10km - Lepine, Kaesey-Andrew - H - 00:43:55 - 438 points | 438 |
| **19** | **Fiset, Felix** | **457,5** |
| | 21km - Fiset, Felix - H - 1:35:20 - 462 points | 462 |
| | 15km - Fiset, Félix - H - 1:07:01 - 453 points | 453 |
| **20** | **Omnes, Erwan** | **450,5** |
| | 21km - Omnes, Erwan - H - 1:36:27 - 454 points | 454 |
| | 5km - Omnes, Erwan - H - 00:20:20 - 447 points | 447 |
| **21** | **Deschenes, Emile** | **440,5** |
| | 21km - Deschenes, Emile - H - 1:36:00 - 457 points | 457 |
| | 15km - Deschênes, Émile - H - 1:09:54 - 424 points | 424 |
| **22** | **Robitaille-Tanguay, Luc** | **434,5** |
| | 5km - Robitaille-Tanguay, Luc - H - 00:20:17 - 449 points | 449 |
| | 10km - Robitaille-Tanguay, Luc - H - 00:44:57 - 420 points | 420 |
| **23** | **MAETZ, Renaud** | **399,5** |
| | 5km - MAETZ, Renaud - H - 00:21:23 - 405 points | 405 |
| | 21km - MAETZ, Renaud - H - 1:45:52 - 394 points | 394 |
| **24** | **Rochette, Antoine** | **388** |
| | 21km - Rochette, Antoine - H - 1:42:10 - 417 points | 417 |
| | 5km - Rochette, Antoine - H - 00:22:38 - 359 points | 359 |
| **25** | **Gaillard, Romuald** | **375,5** |
| | 21km - Gaillard, Romuald - H - 1:48:02 - 381 points | 381 |
| | 5km - Gaillard, Romuald - H - 00:22:19 - 370 points | 370 |
| **26** | **Lafreniere, Philippe** | **354,5** |
| | 10km - Lafrenière, Philippe - H - 00:37:29 - 562 points | 562 |
| | 21km - Lafreniere, Philippe - H - 2:32:21 - 147 points | 147 |
| **27** | **Bouchard, Jean-christophe** | **288,5** |
| | 21km - Bouchard, Jean-Christophe - H - 2:01:10 - 305 points | 305 |
| | 5km - Bouchard, Jean-Christophe - H - 00:25:14 - 272 points | 272 |

| Positions | 30-39 ans | Points totaux |
|---|---|---|
| | **FEMMES** | |
| **1** | **Menard, Anne-Laure** | **754,5** |
| | 5km - Ménard, Anne-Laure - F - 00:17:15 - 771 points | 771 |
| | 10km - Menard, Anne-Laure - F - 00:37:21 - 738 points | 738 |
| **2** | **Morin, Isabelle** | **732,5** |
| | 5km - Morin, Isabelle - F - 00:17:28 - 757 points | 757 |
| | 10km - Morin, Isabelle - F - 00:38:25 - 708 points | 708 |
| **3** | **Bolduc, Marie-Joelle** | **577** |
| | 15km - Bolduc, Marie-Joëlle - F - 1:07:02 - 585 points | 585 |
| | 21km - Bolduc, Marie-joelle - F - 1:37:56 - 569 points | 569 |
| **4** | **Boily, Caroline** | **523** |
| | 15km - Boily, Caroline - F - 1:11:38 - 525 points | 525 |
| | 21km - Boily, Caroline - F - 1:43:35 - 521 points | 521 |
| **5** | **Gaudreault Belley, Mariella** | **502,5** |
| | 21km - Gaudreault Belley, Mariella - F - 1:45:14 - 507 points | 507 |
| | 15km - Gaudreault Belley, Mariella - F - 1:13:59 - 498 points | 498 |
| **6** | **Audet-lalancette, Elise** | **494** |
| | 21km - Audet-lalancette, Elise - F - 1:45:05 - 509 points | 509 |
| | 15km - Audet-Lalancette, Élise - F - 1:15:35 - 479 points | 479 |
| **7** | **Dionne, Audrey** | **456** |
| | 15km - Dionne, Audrey - F - 1:15:25 - 481 points | 481 |
| | 21km - Dionne, Audrey - F - 1:55:40 - 431 points | 431 |
| **8** | **Beaulieu, Roxane** | **443,5** |
| | 15km - Beaulieu, Roxane - F - 1:16:47 - 466 points | 466 |
| | 21km - Beaulieu, Roxane - F - 1:57:05 - 421 points | 421 |
| **9** | **Beaudet, Jessye** | **442,5** |
| | 15km - Beaudet, Jessye - F - 1:18:45 - 445 points | 445 |
| | 21km - Beaudet, Jessye - F - 1:54:15 - 440 points | 440 |
| **10** | **Gagnon, Audrey** | **404,5** |
| | 15km - Gagnon, Audrey - F - 1:22:10 - 411 points | 411 |
| | 21km - Gagnon, Audrey - F - 2:00:38 - 398 points | 398 |
| **11** | **St-Pierre, Anne-Marie** | **396** |
| | 15km - St-Pierre, Anne-Marie - F - 1:21:23 - 419 points | 419 |
| | 21km - St-pierre, Anne-marie - F - 2:04:41 - 373 points | 373 |

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| **12** | **Tremblay, Lydia** | **390** |
| | 21km - Tremblay, Lydia - F - 2:00:44 - 397 points | 397 |
| | 15km - Tremblay, Lydia - F - 1:25:10 - 383 points | 383 |
| **13** | **Tremblay-Gagne, Fanny** | **381,5** |
| | 15km - Tremblay-Gagné, Fanny - F - 1:24:50 - 386 points | 386 |
| | 21km - Tremblay-Gagné, Fanny - F - 2:04:05 - 377 points | 377 |
| **14** | **Thibeault, Jessica** | **368** |
| | 21km - Thibeault, Jessyca - F - 2:03:12 - 382 points | 382 |
| | 15km - Thibeault, Jessica - F - 1:28:28 - 354 points | 354 |
| **15** | **Lerouxel, Sonia** | **358,5** |
| | 5km - Lerouxel, Sonia - F - 00:26:15 - 363 points | 363 |
| | 21km - Lerouxel, Sonia - F - 2:07:56 - 354 points | 354 |
| **16** | **Page Giguere, Isa Alexandre** | **356** |
| | 21km - Pagé Giguere, Isa Alexandre - F - 2:06:09 - 364 points | 364 |
| | 5km - Pagé Giguere, Isa Alexandre - F - 00:26:44 - 348 points | 348 |
| **17** | **Simard, Karine** | **352** |
| | 15km - Simard, Karine - F - 1:27:00 - 367 points | 367 |
| | 21km - Simard, Karine - F - 2:10:57 - 337 points | 337 |
| **18** | **Fortin, Stephanie** | **333** |
| | 21km - Fortin, Stéphanie - F - 2:01:43 - 391 points | 391 |
| | 15km - Fortin, Stéphanie - F - 1:38:40 - 275 points | 275 |
| **19** | **Harvey, Joannie** | **327** |
| | 21km - Harvey, Joannie - F - 2:08:34 - 350 points | 350 |
| | 15km - Harvey, Joannie - F - 1:34:42 - 304 points | 304 |
| **20** | **Fradette, Nancy** | **302,5** |
| | 5km - Fradette, Nancy - F - 00:28:13 - 305 points | 305 |
| | 21km - Fradette, Nancy - F - 2:17:53 - 300 points | 300 |
| **21** | **Villeneuve, Audrey** | **288,5** |
| | 15km - Villeneuve, Audrey - F - 1:36:41 - 290 points | 290 |
| | 21km - Villeneuve, Audrey - F - 2:20:39 - 287 points | 287 |
| **22** | **Tremblay, Alexandra** | **266** |
| | 15km - Tremblay, Alexandra - F - 1:38:03 - 280 points | 280 |
| | 21km - Tremblay, Alexandra - F - 2:28:06 - 252 points | 252 |
| **23** | **Desautels, Alicia** | **253,5** |
| | 21km - Desautels, Alicia - F - 2:19:40 - 292 points | 292 |
| | 10km - Desautels, Alicia - F - 01:08:20 - 215 points | 215 |

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| **24** | **Lessard, Katherine** | **227** |
| | 21km - Lessard, Katherine - F - 2:33:52 - 227 points | 227 |
| | 5km - Lessard, Katherine - F - 00:31:14 - 227 points | 227 |
| **25** | **V. Desrosiers, Lucie** | **217** |
| | 15km - V. Desrosiers, Lucie - F - 1:47:11 - 220 points | 220 |
| | 21km - V. Desrosiers, Lucie - F - 2:36:59 - 214 points | 214 |
| **26** | **Tremblay, Melanie** | **171,5** |
| | 21km - Tremblay, Melanie - F - 2:23:57 - 271 points | 271 |
| | 5km - Tremblay, Melanie - F - 00:39:14 - 72 points | 72 |
| **27** | **Beaulieu, Sonia** | **73** |
| | 5km - Beaulieu, Sonia - F - 00:38:12 - 89 points | 89 |
| | 10km - Beaulieu, Sonia - F - 01:28:16 - 57 points | 57 |

| Positions | 30-39 ans | Points totaux |
|---|---|---|
| | **HOMMES** | |
| **1** | **Lapointe, Jean-Samuel** | **785** |
| | 10km - Lapointe, Jean-Samuel - H - 00:30:47 - 759 + 30 = 789 points | 789 |
| | 5km - Lapointe, Jean-Samuel - H - 00:14:34 - 781 points | 781 |
| | 21km - Lapointe, Jean-samuel - H - 1:08:33 - 724 + 20 = 744 points | 744 |
| **2** | **Hoa Mai, Vincent** | **747,5** |
| | 15km - Hoa Mai, Vincent - H - 0:46:57 - 754 + 20 = 774 points | 774 |
| | 10km - Hoa Mai, Vincent - H - 00:31:47 - 721 points | 721 |
| **3** | **Boudreau, Simon** | **726** |
| | 5km - Boudreau, Simon - H - 00:15:00 - 743 points | 743 |
| | 15km - Boudreau, Simon - H - 0:48:44 - 709 points | 709 |
| | 10km - Boudreau, Simon - H - 00:32:53 - 683 points | 683 |
| **4** | **Serre, Alexandre** | **674,5** |
| | 21km - Serre, Alexandre - H - 1:11:45 - 675 points | 675 |
| | 5km - Serre, Alexandre - H - 00:15:55 - 674 points | 674 |
| **5** | **Guay, Marc-antoine** | **651** |
| | 21km - Guay, Marc-antoine - H - 1:13:29 - 652 points | 652 |
| | 15km - Guay, Marc-Antoine - H - 0:51:37 - 650 points | 650 |
| **6** | **Rousseau, Alexi** | **643,5** |
| | 5km - Rousseau, Alexi - H - 00:16:17 - 650 points | 650 |
| | 10km - Rousseau, Alexi - H - 00:34:27 - 637 points | 637 |
| **7** | **Pilote, Michael** | **581** |

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| | 21km - Pilote, Michael - H - 1:19:46 - 583 points | 583 |
| | 15km - Pilote, Michaël - H - 0:56:06 - 579 points | 579 |
| **8** | **Turmel, Dominic** | **566** |
| | 5km - Turmel, Dominic - H - 00:16:35 - 631 points | 631 |
| | 21km - Turmel, Dominic - H - 1:29:45 - 501 points | 501 |
| **9** | **Cote-robin, Francois** | **549,5** |
| | 21km - Cote-robin, Francois - H - 1:22:07 - 562 points | 562 |
| | 5km - Côté-Robin, François - H - 00:18:19 - 537 points | 537 |
| **10** | **Couturier, Raphael** | **532,5** |
| | 21km - Couturier, Raphael - H - 1:22:56 - 555 points | 555 |
| | 10km - Couturier, Raphael - H - 00:39:56 - 510 points | 510 |
| **11** | **Lamontagne, Frederic** | **461,5** |
| | 21km - Lamontagne, Frederic - H - 1:34:28 - 468 points | 468 |
| | 10km - Lamontagne, Frédéric - H - 00:42:54 - 455 points | 455 |
| **12** | **Larouche, Keven** | **455,5** |
| | 15km - Larouche, Keven - H - 1:05:05 - 473 points | 473 |
| | 21km - Larouche, Keven - H - 1:38:55 - 438 points | 438 |
| **13** | **Ouellette, Marc-andre** | **449** |
| | 21km - Ouellette, Marc-andre - H - 1:36:54 - 451 points | 451 |
| | 15km - Ouellette, Marc-André - H - 1:07:33 - 447 points | 447 |
| **14** | **Regis, Marc-andre** | **441** |
| | 21km - Regis, Marc-andre - H - 1:36:03 - 457 points | 457 |
| | 15km - Régis, Marc-André - H - 1:09:51 - 425 points | 425 |
| **15** | **Parker, David** | **437,5** |
| | 21km - Parker, David - H - 1:34:02 - 471 points | 471 |
| | 5km - Parker, David - H - 00:21:25 - 404 points | 404 |
| **16** | **Thibeault, Mathieu** | **435,5** |
| | 21km - Thibeault, Mathieu - H - 1:31:06 - 491 points | 491 |
| | 15km - Thibeault, Mathieu - H - 1:14:38 - 380 points | 380 |
| **17** | **Benoit-Pelletier, Serge** | **434,5** |
| | 10km - Benoit-Pelletier, Serge - H - 00:41:21 - 483 points | 483 |
| | 21km - Benoit-pelletier, Serge - H - 1:47:14 - 386 points | 386 |
| **18** | **Vaillancourt, Olivier** | **429,5** |
| | 21km - Vaillancourt, Olivier - H - 1:36:36 - 453 points | 453 |
| | 15km - Vaillancourt, Olivier - H - 1:11:48 - 406 points | 406 |
| **19** | **Cloutier, Jonathan** | **426,5** |

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|---|---|---|
| | 5km - Cloutier, Jonathan - H - 00:19:54 - 465 points | 465 |
| | 15km - Cloutier, Jonathan - H - 1:13:45 - 388 points | 388 |
| **20** | **Lantier, Simon** | **420,5** |
| | 21km - Lantier, Simon - H - 1:40:27 - 428 points | 428 |
| | 15km - Lantier, Simon - H - 1:11:09 - 413 points | 413 |
| | 10km - Lantier, Simon - H - 00:53:46 - 289 points | 289 |
| **21** | **Leblanc, Guillaume** | **392** |
| | 15km - Leblanc, Guillaume - H - 1:10:56 - 415 points | 415 |
| | 21km - Leblanc, Guillaume - H - 1:50:01 - 369 points | 369 |
| **22** | **Lavoie, Frederic** | **388** |
| | 21km - Lavoie, Frederic - H - 1:39:05 - 437 points | 437 |
| | 5km - Lavoie, Frédéric - H - 00:23:13 - 339 points | 339 |
| **23** | **Migneault, Eric** | **370** |
| | 21km - Migneault, Eric - H - 1:49:52 - 370 points | 370 |
| | 10km - Migneault, Eric - H - 00:48:05 - 370 points | 370 |
| **24** | **Paradis, Guillaume** | **337,5** |
| | 21km - Paradis, Guillaume - H - 1:51:41 - 360 points | 360 |
| | 15km - Paradis, Guillaume - H - 1:22:10 - 315 points | 315 |
| **25** | **Lacas, Louis-Philippe** | **327** |
| | 15km - Lacas, Louis-Philippe - H - 1:20:07 - 332 points | 332 |
| | 21km - Lacas, Louis-philippe - H - 1:58:17 - 322 points | 322 |
| **26** | **Blackburn, Maxime** | **317,5** |
| | 21km - Blackburn, Maxime - H - 1:54:07 - 345 points | 345 |
| | 15km - Blackburn, Maxime - H - 1:25:09 - 290 points | 290 |
| **27** | **Boudreault, Michael** | **281** |
| | 15km - Boudreault, Michaël - H - 1:25:24 - 288 points | 288 |
| | 21km - Boudreault, Michael - H - 2:06:56 - 274 points | 274 |
| **28** | **Thibault, Guy** | **192,5** |
| | 5km - Thibault, Guy - H - 00:27:24 - 208 points | 208 |
| | 10km - Thibault, Guy - H - 01:02:41 - 177 points | 177 |

| Positions | 40-49 ans | Points totaux |
|---|---|---|
| | **FEMMES** | |
| **1** | **Lajeunesse, Julie** | **768,5** |
| | 10km - Lajeunesse, Julie - F - 00:36:10 - 773 points | 773 |
| | 21km - Lajeunesse, Julie - F - 1:19:49 - 764 points | 764 |
| | 5km - Lajeunesse, Julie - F - 00:17:28 - 757 points | 757 |

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|---|---|---|
| **2** | **Lefebvre, Karine** | **740,5** |
| | 21km - Lefebvre, Karine - F - 1:21:08 - 747 points | 747 |
| | 5km - Lefebvre, Karine - F - 00:17:50 - 734 points | 734 |
| | 15km - Lefebvre, Karine - F - 0:58:28 - 716 points | 716 |
| **3** | **Nadeau, Marie-josee** | **609** |
| | 21km - Nadeau, Marie-josee - F - 1:32:10 - 624 points | 624 |
| | 5km - Nadeau, Marie-Josée - F - 00:20:24 - 594 points | 594 |
| **4** | **Lemieux, Annie** | **527,5** |
| | 21km - Lemieux, Annie - F - 1:40:18 - 548 points | 548 |
| | 10km - Lemieux, Annie - F - 00:47:14 - 507 points | 507 |
| **5** | **Blouin, Maude-Genevieve** | **525,5** |
| | 21km - Blouin, Maude-Geneviève - F - 1:41:44 - 536 points | 536 |
| | 10km - Blouin, Maude-Geneviève - F - 00:46:50 - 515 points | 515 |
| | 15km - Blouin, Maude-Geneviève - F - 1:13:10 - 507 points | 507 |
| | 5km - Blouin, Maude-Geneviève - F - 00:22:51 - 485 points | 485 |
| **6** | **Tremblay, Mireille** | **499,5** |
| | 15km - Tremblay, Mireille - F - 1:12:43 - 512 points | 512 |
| | 21km - Tremblay, Mireille - F - 1:47:54 - 487 points | 487 |
| **7** | **Dionne, Genevieve** | **490,5** |
| | 5km - Dionne, Geneviève - F - 00:22:43 - 491 points | 491 |
| | 15km - Dionne, Geneviève - F - 1:14:40 - 490 points | 490 |
| **8** | **Savard, Marie-Claude** | **455** |
| | 15km - Savard, Marie-Claude - F - 1:17:24 - 460 points | 460 |
| | 21km - Savard, Marie-claude - F - 1:52:54 - 450 points | 450 |
| **9** | **Allard, Marilyn** | **441,5** |
| | 21km - Allard, Marilyn - F - 1:52:08 - 455 points | 455 |
| | 15km - Allard, Marilyn - F - 1:20:30 - 428 points | 428 |
| **10** | **Bouchard, Sylvie** | **440** |
| | 15km - Bouchard, Sylvie - F - 1:18:25 - 449 points | 449 |
| | 21km - Bouchard, Sylvie - F - 1:55:33 - 431 points | 431 |
| **11** | **Prive, Sonya** | **437,5** |
| | 15km - Privé, Sonya - F - 1:17:31 - 458 points | 458 |
| | 21km - Prive, Sonya - F - 1:57:46 - 417 points | 417 |
| **12** | **Gauthier, Nathalie** | **427** |
| | 21km - Gauthier, Nathalie - F - 1:55:25 - 432 points | 432 |
| | 15km - Gauthier, Nathalie - F - 1:21:07 - 422 points | 422 |

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| **13** | **Maltais, Nadine** | **422,5** |
| | 21km - Maltais, Nadine - F - 1:56:37 - 424 points | 424 |
| | 15km - Maltais, Nadine - F - 1:21:12 - 421 points | 421 |
| **14** | **Perron, Melanie** | **422,5** |
| | 21km - Perron, Melanie - F - 1:54:15 - 440 points | 440 |
| | 15km - Perron, Mélanie - F - 1:22:49 - 405 points | 405 |
| **15** | **Belley, Karine** | **420,5** |
| | 15km - Belley, Karine - F - 1:21:13 - 421 points | 421 |
| | 21km - Belley, Karine - F - 1:57:19 - 420 points | 420 |
| **16** | **Cantin, Julie** | **419,5** |
| | 21km - Cantin, Julie - F - 1:55:58 - 429 points | 429 |
| | 15km - Cantin, Julie - F - 1:22:17 - 410 points | 410 |
| **17** | **Neron, Manon** | **415** |
| | 15km - Néron, Manon - F - 1:21:35 - 417 points | 417 |
| | 21km - Neron, Manon - F - 1:58:23 - 413 points | 413 |
| **18** | **Perron, Josee** | **404** |
| | 21km - Perron, Josee - F - 1:58:48 - 410 points | 410 |
| | 15km - Perron, Josée - F - 1:23:35 - 398 points | 398 |
| **19** | **Dionne, Nathalie** | **396** |
| | 21km - Dionne, Nathalie - F - 1:57:11 - 420 points | 420 |
| | 10km - Dionne, Nathalie - F - 00:55:18 - 372 points | 372 |
| **20** | **Fleury, Karine** | **384,5** |
| | 15km - Fleury, Karine - F - 1:22:35 - 407 points | 407 |
| | 21km - Fleury, Karine - F - 2:06:38 - 362 points | 362 |
| **21** | **Savard, Josianne** | **383** |
| | 21km - Savard, Josianne - F - 2:01:33 - 392 points | 392 |
| | 15km - Savard, Josianne - F - 1:26:12 - 374 points | 374 |
| **22** | **Fleury, Isabelle** | **320,5** |
| | 21km - Fleury, Isabelle - F - 1:59:46 - 404 points | 404 |
| | 10km - Fleury, Isabelle - F - 01:06:11 - 237 points | 237 |
| **23** | **Nadeau, Claudine** | **317** |
| | 21km - Nadeau, Claudine - F - 2:13:04 - 326 points | 326 |
| | 5km - Nadeau, Claudine - F - 00:28:05 - 308 points | 308 |
| **24** | **Gauthier, Genevieve** | **309** |
| | 21km - Gauthier, Genevieve - F - 2:12:20 - 330 points | 330 |
| | 15km - Gauthier, Geneviève - F - 1:36:52 - 288 points | 288 |

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| **25** | **Mailhot, Mireille** | **289** |
| | 15km - Mailhot, Mireille - F - 1:36:33 - 291 points | 291 |
| | 21km - Mailhot, Mireille - F - 2:20:39 - 287 points | 287 |
| **26** | **Potvin, Veronique** | **249,5** |
| | 21km - Potvin, Veronique - F - 2:21:56 - 280 points | 280 |
| | 15km - Potvin, Véronique - F - 1:47:13 - 219 points | 219 |
| **27** | **Brassard, Melanie** | **210** |
| | 15km - Brassard, Mélanie - F - 1:48:36 - 211 points | 211 |
| | 21km - Brassard, Melanie - F - 2:38:06 - 209 points | 209 |
| **28** | **Lebrun, Sophie** | **202** |
| | 15km - Lebrun, Sophie - F - 1:46:39 - 223 points | 223 |
| | 21km - Lebrun, Sophie - F - 2:45:26 - 181 points | 181 |
| | 10km - Lebrun, Sophie - F - 01:16:09 - 144 points | 144 |

| Positions | 40-49 ans | Points totaux |
|---|---|---|
| | **HOMMES** | |
| **1** | **Savard-Gagnon, David** | **694,5** |
| | 5km - Savard-Gagnon, David - H - 00:15:36 - 696 points | 696 |
| | 21km - Savard-Gagnon, David - H - 1:10:31 - 693 points | 693 |
| | 10km - Savard-Gagnon, David - H - 00:34:52 - 625 points | 625 |
| **2** | **Senechal, Jean-Sebastien** | **646,5** |
| | 21km - Sénéchal, Jean-Sébastien - H - 1:13:13 - 655 points | 655 |
| | 15km - Sénéchal, Jean-Sébastien - H - 0:52:18 - 638 points | 638 |
| **3** | **Theriault, Jean-Marc** | **627** |
| | 15km - Thériault, Jean-Marc - H - 0:52:38 - 632 points | 632 |
| | 10km - Thériault, Jean-Marc - H - 00:34:59 - 622 points | 622 |
| **4** | **Gobeil, Jimmy** | **607** |
| | 15km - Gobeil, Jimmy - H - 0:52:33 - 634 points | 634 |
| | 10km - Gobeil, Jimmy - H - 00:36:40 - 580 points | 580 |
| **5** | **Ste-Marie, Andre** | **550,5** |
| | 15km - Ste-Marie, André - H - 0:58:07 - 552 points | 552 |
| | 21km - Ste-marie, Andre - H - 1:23:33 - 549 points | 549 |
| **6** | **Ouellet, Sebastien** | **548** |
| | 21km - Ouellet, Sebastien - H - 1:23:08 - 553 points | 553 |
| | 10km - Ouellet, Sébastien - H - 00:38:19 - 543 points | 543 |
| **7** | **Gregoire, Tommy** | **538,5** |
| | 15km - Grégoire, Tommy - H - 0:58:38 - 546 points | 546 |

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| | 21km - Gregoire, Tommy - H - 1:25:45 - 531 points | 531 |
| **8** | **Clement, Sebastien** | **531,5** |
| | 15km - Clément, Sébastien - H - 0:59:20 - 537 points | 537 |
| | 21km - Clement, Sebastien - H - 1:26:29 - 526 points | 526 |
| **9** | **Pronovost, Dary** | **529** |
| | 21km - Pronovost, Dary - H - 1:23:43 - 548 points | 548 |
| | 15km - Pronovost, Dary - H - 1:01:37 - 510 points | 510 |
| **10** | **Gravel, Gino** | **521** |
| | 15km - Gravel, Gino - H - 1:00:15 - 526 points | 526 |
| | 21km - Gravel, Gino - H - 1:27:48 - 516 points | 516 |
| **11** | **Mercille, Jean-Frederic** | **517** |
| | 15km - Mercille, Jean-Frédéric - H - 1:01:03 - 517 points | 517 |
| | 21km - Mercille, Jean-Frédéric - H - 1:27:37 - 517 points | 517 |
| **12** | **Mokaddem, Mohamed Aymen** | **503** |
| | 10km - Mokaddem, Mohamed Aymen - H - 00:38:52 - 532 points | 532 |
| | 5km - Mokaddem, Mohamed Aymen - H - 00:19:41 - 474 points | 474 |
| **13** | **Mercier, Felix** | **497,5** |
| | 5km - Mercier, Félix - H - 00:19:06 - 500 points | 500 |
| | 21km - Mercier, Felix - H - 1:30:34 - 495 points | 495 |
| **14** | **Roy, Sylvain** | **486** |
| | 21km - Roy, Sylvain - H - 1:31:05 - 491 points | 491 |
| | 5km - Roy, Sylvain - H - 00:19:32 - 481 points | 481 |
| **15** | **St-hilaire, Yannick** | **485,5** |
| | 21km - St-hilaire, Yannick - H - 1:30:49 - 493 points | 493 |
| | 15km - St-Hilaire, Yannick - H - 1:04:35 - 478 points | 478 |
| **16** | **Bedard, Alain** | **477** |
| | 21km - Bedard, Alain - H - 1:31:59 - 485 points | 485 |
| | 15km - Bédard, Alain - H - 1:05:28 - 469 points | 469 |
| **17** | **Desnoyers, Sebastien** | **473** |
| | 21km - Desnoyers, Sebastien - H - 1:33:04 - 477 points | 477 |
| | 5km - Desnoyers, Sébastien - H - 00:19:48 - 469 points | 469 |
| **18** | **Landry, Sylvain** | **471** |
| | 21km - Landry, Sylvain - H - 1:32:43 - 480 points | 480 |
| | 15km - Landry, Sylvain - H - 1:06:07 - 462 points | 462 |
| **19** | **Jardines Herrera, Raul** | **469** |
| | 15km - Jardines Herrera, Raul - H - 1:04:25 - 480 points | 480 |

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| | 21km - Jardines Herrera, Raul - H - 1:35:56 - 458 points | 458 |
| **20** | **Baker, Erik** | **444** |
| | 5km - Baker, Erik - H - 00:19:25 - 486 points | 486 |
| | 21km - Baker, Erik - H - 1:44:34 - 402 points | 402 |
| **21** | **Gaudreault, Gilles** | **422,5** |
| | 21km - Gaudreault, Gilles - H - 1:39:02 - 437 points | 437 |
| | 15km - Gaudreault, Gilles - H - 1:11:40 - 408 points | 408 |
| **22** | **Berube, Francois** | **416** |
| | 15km - Bérubé, François - H - 1:10:31 - 419 points | 419 |
| | 21km - Berube, Francois - H - 1:42:53 - 413 points | 413 |
| **23** | **Ste-Marie, Charles** | **408** |
| | 5km - Ste-Marie, Charles - H - 00:21:18 - 408 points | 408 |
| | 15km - Ste-Marie, Charles - H - 1:11:39 - 408 points | 408 |
| **24** | **Pilote, Dominique** | **393,5** |
| | 21km - Pilote, Dominique - H - 1:42:06 - 418 points | 418 |
| | 15km - Pilote, Dominique - H - 1:15:56 - 369 points | 369 |
| **25** | **Pare, Alexandre** | **392** |
| | 21km - Pare, Alexandre - H - 1:44:03 - 406 points | 406 |
| | 10km - Paré, Alexandre - H - 00:47:36 - 378 points | 378 |
| **26** | **Gauthier, Simon** | **363** |
| | 15km - Gauthier, Simon - H - 1:15:26 - 373 points | 373 |
| | 21km - Gauthier, Simon - H - 1:52:47 - 353 points | 353 |
| **27** | **Desbiens, Michel** | **362,5** |
| | 21km - Desbiens, Michel - H - 1:48:22 - 379 points | 379 |
| | 15km - Desbiens, Michel - H - 1:18:28 - 346 points | 346 |
| **28** | **Desrochers, Philippe** | **358,5** |
| | 21km - Desrochers, Philippe - H - 1:48:31 - 378 points | 378 |
| | 5km - Desrochers, Philippe - H - 00:23:12 - 339 points | 339 |
| **29** | **Gauthier, Jean-Francois** | **352** |
| | 10km - Gauthier, Jean-François - H - 00:48:57 - 357 points | 357 |
| | 21km - Gauthier, Jean-francois - H - 1:53:52 - 347 points | 347 |
| | 15km - Gauthier, Jean-François - H - 1:22:22 - 313 points | 313 |
| | 5km - Gauthier, Jean-François - H - 00:24:31 - 295 points | 295 |
| **30** | **Boivin, Eric** | **341** |
| | 15km - Boivin, Éric - H - 1:16:15 - 366 points | 366 |
| | 21km - Boivin, Eric - H - 1:59:13 - 316 points | 316 |

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| **31** | **Menard, Stephane** | **340** |
| | 21km - Menard, Stephane - H - 1:53:13 - 351 points | 351 |
| | 15km - Ménard, Stéphane - H - 1:20:27 - 329 points | 329 |
| **32** | **Ducharme, Alex** | **337** |
| | 21km - Ducharme, Alex - H - 1:52:36 - 354 points | 354 |
| | 5km - Ducharme, Alex - H - 00:23:46 - 320 points | 320 |
| **33** | **Levesque, Frederic** | **332** |
| | 21km - Levesque, Frederic - H - 1:54:25 - 344 points | 344 |
| | 5km - Lévesque, Frédéric - H - 00:23:46 - 320 points | 320 |
| **34** | **Racine, Jean-francois** | **330,5** |
| | 21km - Racine, Jean-francois - H - 1:43:09 - 411 points | 411 |
| **35** | **Hebert, Etienne** | **315,5** |
| | 15km - Hébert, Étienne - H - 1:21:57 - 317 points | 317 |
| | 21km - Hebert, Etienne - H - 1:59:37 - 314 points | 314 |
| **36** | **esculier, Matthieu** | **276,5** |
| | 5km - esculier, Matthieu - H - 00:24:08 - 308 points | 308 |
| | 10km - Esculier, Matthieu - H - 00:57:05 - 245 points | 245 |
| **37** | **Berube, Sebastien** | **246** |
| | 15km - Bérubé, Sébastien - H - 1:16:14 - 366 points | 366 |
| | 21km - Berube, Sebastien - H - 2:36:58 - 126 points | 126 |
| **38** | **Morin, Jean-Frederic** | **228** |
| | 21km - Morin, Jean-Frederic - H - 1:55:18 - 339 points | 339 |
| | 10km - Morin, Jean-Frederic - H - 01:08:07 - 117 points | 117 |
| **39** | **Lebon, Johann** | **206** |
| | 21km - Lebon, Johann - H - 1:59:51 - 313 points | 313 |
| | 5km - Lebon, Johann - H - 00:31:35 - 99 points | 99 |
| **40** | **Voyer, Martin** | **0** |
| | 21km - Voyer, Martin - H - 3:09:37 - 0 points | 0 |
| | 5km - Voyer, Martin - H - 00:39:26 - 0 points | 0 |
| | 10km - Voyer, Martin - H - 01:32:20 - 0 points | 0 |

| Positions | 50-59 ans | Points totaux |
|---|---|---|
| | **FEMMES** | |
| **1** | **Laliberte, Vicky** | **578,5** |
| | 21km - Laliberte, Vicky - F - 1:33:56 - 607 points | 607 |
| | 10km - Laliberte, Vicky - F - 00:45:05 - 550 points | 550 |

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| **2** | **Munger, Nathalie** | **555** |
| | 21km - Munger, Nathalie - F - 1:38:38 - 563 points | 563 |
| | 15km - Munger, Nathalie - F - 1:09:55 - 547 points | 547 |
| | 10km - Munger, Nathalie - F - 00:47:26 - 503 points | 503 |
| **3** | **Grenon, Nancy** | **534,5** |
| | 15km - Grenon, Nancy - F - 1:10:47 - 536 points | 536 |
| | 21km - Grenon, Nancy - F - 1:42:04 - 533 points | 533 |
| **4** | **Guerin, Nathalie** | **479,5** |
| | 15km - Guérin, Nathalie - F - 1:15:22 - 482 points | 482 |
| | 21km - Guerin, Nathalie - F - 1:49:11 - 477 points | 477 |
| **5** | **Minier, Isabelle** | **478** |
| | 21km - Minier, Isabelle - F - 1:47:59 - 486 points | 486 |
| | 15km - Minier, Isabelle - F - 1:16:26 - 470 points | 470 |
| **6** | **Tremblay, Josee** | **476** |
| | 21km - Tremblay, Josee - F - 1:48:05 - 485 points | 485 |
| | 15km - Tremblay, Josée - F - 1:16:42 - 467 points | 467 |
| **7** | **Gravel, Betsy** | **424,5** |
| | 21km - Gravel, Betsy - F - 1:55:10 - 434 points | 434 |
| | 15km - Gravel, Betsy - F - 1:21:49 - 415 points | 415 |
| **8** | **Woodbury, Lise** | **401,5** |
| | 21km - Woodbury, Lise - F - 2:00:01 - 402 points | 402 |
| | 15km - Woodbury, Lise - F - 1:23:18 - 401 points | 401 |
| **9** | **Lavoie, Joyce** | **362,5** |
| | 21km - Lavoie, Joyce - F - 2:01:34 - 392 points | 392 |
| | 15km - Lavoie, Joyce - F - 1:31:06 - 333 points | 333 |
| **10** | **Poirier, Marlene** | **276** |
| | 21km - Poirier, Marlene - F - 2:14:48 - 316 points | 316 |
| | 15km - Poirier, Marlène - F - 1:44:30 - 236 points | 236 |
| **11** | **Brassard, Cathy** | **199,5** |
| | 21km - Brassard, Cathy - F - 2:38:06 - 209 points | 209 |
| | 15km - Brassard, Cathy - F - 1:52:16 - 190 points | 190 |

| Positions | 50-59 ans | Points totaux |
|---|---|---|
| | **HOMMES** | |
| **1** | **Lemelin, Patrick** | **545,5** |
| | 15km - Lemelin, Patrick - H - 0:58:33 - 547 points | 547 |
| | 5km - Lemelin, Patrick - H - 00:18:10 - 544 points | 544 |

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| | 21km - Lemelin, Patrick - H - 1:25:55 - 530 points | 530 |
| | 10km - Lemelin, Patrick - H - 00:39:33 - 518 points | 518 |
| **2** | **Cote, Rejean** | **479** |
| | 15km - Côté, Réjean - H - 1:02:53 - 496 points | 496 |
| | 21km - Cote, Rejean - H - 1:35:21 - 462 points | 462 |
| **3** | **Simard, Luc** | **420,5** |
| | 21km - Simard, Luc - H - 1:38:47 - 439 points | 439 |
| | 15km - Simard, Luc - H - 1:12:17 - 402 points | 402 |
| **4** | **Poulin, Donald** | **409** |
| | 21km - Poulin, Donald - H - 1:42:06 - 418 points | 418 |
| | 15km - Poulin, Donald - H - 1:12:27 - 400 points | 400 |
| **5** | **Veillette, Sacha** | **399** |
| | 21km - Veillette, Sacha - H - 1:44:21 - 404 points | 404 |
| | 15km - Veillette, Sacha - H - 1:13:09 - 394 points | 394 |
| **6** | **Morneau, Claude** | **398,5** |
| | 10km - Morneau, Claude - H - 00:45:32 - 411 points | 411 |
| | 5km - Morneau, Claude - H - 00:21:54 - 386 points | 386 |
| **7** | **Perron, Robin** | **379** |
| | 15km - Perron, Robin - H - 1:12:29 - 400 points | 400 |
| | 21km - Perron, Robin - H - 1:51:53 - 358 points | 358 |
| **8** | **Clermont, Daniel** | **364,5** |
| | 21km - Clermont, Daniel - H - 1:49:25 - 373 points | 373 |
| | 15km - Clermont, Daniel - H - 1:17:25 - 356 points | 356 |
| **9** | **Rheaume, Richard** | **323,5** |
| | 10km - Rhéaume, Richard - H - 00:49:57 - 342 points | 342 |
| | 5km - Rhéaume, Richard - H - 00:24:13 - 305 points | 305 |
| **10** | **Fortin, Luc** | **313** |
| | 21km - Fortin, Luc - H - 1:55:58 - 335 points | 335 |
| | 15km - Fortin, Luc - H - 1:25:07 - 291 points | 291 |
| **11** | **Daniel, Gerard** | **272** |
| | 21km - Daniel, Gerard - H - 2:02:52 - 296 points | 296 |
| | 5km - DANIEL, Gerard - H - 00:26:02 - 248 points | 248 |
| **12** | **Robitaille, Martin** | **271,5** |
| | 21km - Robitaille, Martin - H - 1:38:51 - 439 points | 439 |
| | 10km - Robitaille, Martin - H - 01:09:17 - 104 points | 104 |
| **13** | **Gilbert, Eric** | **233,5** |

| | | |
|---|---|---|
| | 21km - Gilbert, Eric - H - 2:12:50 - 243 points | 243 |
| | 15km - Gilbert, Éric - H - 1:33:33 - 224 points | 224 |

| Positions | 60-69 ans | Points totaux |
|---|---|---|
| | **FEMMES** | |
| **1** | **Rochon, Lucie** | **560** |
| | 21km - Rochon, Lucie - F - 1:38:02 - 568 points | 568 |
| | 10km - Rochon, Lucie - F - 00:44:58 - 552 points | 552 |
| | 5km - Rochon, Lucie - F - 00:23:05 - 476 points | 476 |
| **2** | **Munger, Suzanne** | **555** |
| | 21km - Munger, Suzanne - F - 1:38:38 - 563 points | 563 |
| | 15km - Munger, Suzanne - F - 1:09:55 - 547 points | 547 |
| **3** | **Dubeau, France** | **520,5** |
| | 21km - Dubeau, France - F - 1:41:22 - 539 points | 539 |
| | 5km - Dubeau, France - F - 00:22:26 - 502 points | 502 |
| | 10km - Dubeau, France - F - 00:47:39 - 499 points | 499 |
| **4** | **Poirier, France** | **296** |
| | 21km - Poirier, France - F - 2:17:40 - 302 points | 302 |
| | 15km - Poirier, France - F - 1:36:41 - 290 points | 290 |
| **5** | **Bolduc, Louise** | **269,5** |
| | 21km - Bolduc, Louise - F - 2:23:31 - 273 points | 273 |
| | 15km - Bolduc, Louise - F - 1:39:57 - 266 points | 266 |

| Positions | 60-69 ans | Points totaux |
|---|---|---|
| | **HOMMES** | |
| **1** | **Marcotte, Daniel** | **457,5** |
| | 21km - Marcotte, Daniel - H - 1:31:33 - 488 points | 488 |
| | 10km - Marcotte, Daniel - H - 00:44:33 - 427 points | 427 |
| **2** | **Letourneau, Daniel** | **445,5** |
| | 21km - Letourneau, Daniel - H - 1:34:19 - 469 points | 469 |
| | 10km - Létourneau, Daniel - H - 00:44:52 - 422 points | 422 |
| **3** | **Dionne, Richard** | **426,5** |
| | 21km - Dionne, Richard - H - 1:39:23 - 435 points | 435 |
| | 10km - Dionne, Richard - H - 00:45:06 - 418 points | 418 |
| **4** | **Corcoran, Marc** | **416** |
| | 21km - Corcoran, Marc - H - 1:40:15 - 429 points | 429 |
| | 10km - Corcoran, Marc - H - 00:46:02 - 403 points | 403 |

| | | |
|---|---|---|
| **5** | **Ross, Jules** | **413,5** |
| | 21km - Ross, Jules - H - 1:37:15 - 449 points | 449 |
| | 10km - Ross, Jules - H - 00:47:34 - 378 points | 378 |
| **6** | **Tremblay, Pierre** | **384** |
| | 21km - Tremblay, Pierre - H - 1:43:37 - 408 points | 408 |
| | 5km - Tremblay, Pierre - H - 00:22:37 - 360 points | 360 |
| **7** | **Tremblay, Bruno** | **369,5** |
| | 21km - Tremblay, Bruno - H - 1:48:42 - 377 points | 377 |
| | 15km - Tremblay, Bruno - H - 1:16:40 - 362 points | 362 |
| | 5km - Tremblay, Bruno - H - 00:23:32 - 328 points | 328 |
| **8** | **Fradette, Roger** | **321,5** |
| | 21km - Fradette, Roger - H - 1:55:49 - 336 points | 336 |
| | 15km - Fradette, Roger - H - 1:23:09 - 307 points | 307 |
| **9** | **Lessard, Carl** | **272,5** |
| | 15km - Lessard, Carl - H - 1:21:07 - 324 points | 324 |
| | 21km - Lessard, Carl - H - 2:17:10 - 221 points | 221 |
| **10** | **Guillette, Denis** | **239,5** |
| | 21km - Guillette, Denis - H - 2:08:27 - 266 points | 266 |
| | 15km - Guillette, Denis - H - 1:35:07 - 213 points | 213 |

| **Positions** | **70 ans et plus** | **Points totaux** |
|---|---|---|
| | **HOMMES** | |
| **1** | **Naud, Andre** | **491,5** |
| | 15km - Naud, André - H - 1:02:43 - 498 points | 498 |
| | 21km - Naud, Andre - H - 1:31:58 - 485 points | 485 |
| | 5km - Naud, André - H - 00:20:08 - 455 points | 455 |
| | 10km - Naud, André - H - 00:44:38 - 426 points | 426 |
| **2** | **Landreville, Mario** | **276** |
| | 21km - Landreville, Mario - H - 2:02:44 - 297 points | 297 |
| | 15km - Landreville, Mario - H - 1:29:38 - 255 points | 255 |
| **3** | **Menetrier, Jean** | **272** |
| | 10km - Ménétrier, Jean - H - 00:52:30 - 306 points | 306 |
| | 5km - Ménétrier, Jean - H - 00:26:22 - 238 points | 238 |