Fédération québécoise d'athlétisme
Records des vétérans

Épreuves admissibles

Comité des records – Septembre 2015

Plein air – hommes

	H35	H40	H45	H50	H55	H60	H65	H70	H75	H80	H85	H90	H95	H100
100 m	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
200 m	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
400 m	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
800 m	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
1500 m	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Mille	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
3000 m	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
5000 m	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
10 000 m	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
80 m haies								✓	✓	✓	✓	✓	✓	✓
100 m haies				✓	✓	✓	✓							
110 m haies	✓	✓	✓											
200 m haies										✓	✓	✓	✓	✓
300 m haies						✓	✓	✓	✓					
400 m haies	✓	✓	✓	✓	✓									
2000 m steeple						✓	✓	✓	✓	✓	✓	✓	✓	✓
3000 m steeple	✓	✓	✓	✓	✓									
1500 m marche	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
3000 m marche	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
5000 m marche	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
10 000 m marche	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Hauteur	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Perche	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

	H35	H40	H45	H50	H55	H60	H65	H70	H75	H80	H85	H90	H95	H100
Longueur	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Triple saut	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Poids 7,26 kg	✓	✓	✓											
Poids 6 kg				✓	✓									
Poids 5 kg						✓	✓							
Poids 4 kg								✓	✓					
Poids 3 kg										✓	✓	✓	✓	✓
Disque 2 kg	✓	✓	✓											
Disque 1,5 kg				✓	✓									
Disque 1 kg						✓	✓	✓	✓	✓	✓	✓	✓	✓
Javelot 800 g	✓	✓	✓											
Javelot 700 g				✓	✓									
Javelot 600 g						✓	✓							
Javelot 500 g								✓	✓					
Javelot 400 g										✓	✓	✓	✓	✓
Marteau long 7,26 g	✓	✓	✓											
Marteau long 6 kg				✓	✓									
Marteau long 5 kg						✓	✓							
Marteau long 4 kg								✓	✓					
Marteau long 3 kg										✓	✓	✓	✓	✓
Marteau court 15,87 kg	✓	✓	✓											
Marteau court 11,34 kg				✓	✓									
Marteau court 9,07 kg						✓	✓							
Marteau court 7,26 kg								✓	✓					
Marteau court 5,44 kg										✓	✓	✓	✓	✓
Pentathlon	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Décathlon	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

Plein air – femmes

	F35	F40	F45	F50	F55	F60	F65	F70	F75	F80	F85	F90	F95	F100
100 m	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
200 m	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
400 m	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
800 m	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
1500 m	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Mille	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
3000 m	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
5000 m	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
10 000 m	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
80 m haies		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
100 m haies	✓													
200 m haies								✓	✓	✓	✓	✓	✓	✓
300 m haies				✓	✓	✓	✓							
400 m haies	✓	✓	✓											
2000 m steeple	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
1500 m marche	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
3000 m marche	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
5000 m marche	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
10 000 m marche	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Hauteur	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Perche	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Longueur	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Triple saut	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Poids 4 kg	✓	✓	✓											
Poids 3 kg				✓	✓	✓	✓	✓						
Poids 2 kg									✓	✓	✓	✓	✓	✓
Disque 1 kg	✓	✓	✓	✓	✓	✓	✓	✓						
Disque 0,75 kg									✓	✓	✓	✓	✓	✓
Javelot 600 g	✓	✓	✓											

	F35	**F40**	**F45**	**F50**	**F55**	**F60**	**F65**	**F70**	**F75**	**F80**	**F85**	**F90**	**F95**	**F100**
Javelot 500 g				✓	✓									
Javelot 400 g						✓	✓	✓	✓	✓	✓	✓	✓	✓
Marteau long 4 kg	✓	✓	✓											
Marteau long 3 kg				✓	✓	✓	✓	✓						
Marteau long 2 kg									✓	✓	✓	✓	✓	✓
Marteau court 9,07 kg	✓	✓	✓											
Marteau court 7,26 kg				✓	✓									
Marteau court 5,44 kg						✓	✓							
Marteau court 4 kg								✓	✓	✓	✓	✓	✓	✓
Pentathlon	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Heptathlon	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

Salle – hommes

	H35	H40	H45	H50	H55	H60	H65	H70	H75	H80	H85	H90	H95	H100
60 m	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
200 m	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
400 m	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
800 m	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
1500 m	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Mille	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
3000 m	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
5000 m	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
60 m haies	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
1500 m marche	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
3000 m marche	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
5000 m marche	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Hauteur	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Perche	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Longueur	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Triple saut	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Poids 7,26 kg	✓	✓	✓											
Poids 6 kg				✓	✓									
Poids 5 kg						✓	✓							
Poids 4 kg								✓	✓					
Poids 3 kg										✓	✓	✓	✓	✓
Marteau 15,87 kg	✓	✓	✓											
Marteau 11,34 kg				✓	✓									
Marteau 9,07 kg						✓	✓							
Marteau 7,26 kg								✓	✓					
Marteau 5,44 kg										✓	✓	✓	✓	✓
Pentahlon	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Heptathlon	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

Salle – femmes

	F35	F40	F45	F50	F55	F60	F65	F70	F75	F80	F85	F90	F95	F100
60 m	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
200 m	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
400 m	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
800 m	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
1500 m	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Mille	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
3000 m	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
5000 m	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
60 m haies	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
1500 m marche	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
3000 m marche	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
5000 m marche	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Hauteur	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Perche	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Longueur	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Triple saut	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Poids 4 kg	✓	✓	✓											
Poids 3 kg				✓	✓	✓	✓	✓						
Poids 2 kg									✓	✓	✓	✓	✓	✓
Marteau 9,07 kg	✓	✓	✓											
Marteau 7,26 kg				✓	✓									
Marteau 5,44 kg						✓	✓							
Marteau 4 kg								✓	✓	✓	✓	✓	✓	✓
Pentahlon	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Heptathlon	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓