

Normes Élite Hommes 2023

	24 ans et -	25 ans	26 ans	27 ans	28 ans	29 ans	30 ans	31 ans	32 ans	33 ans	34 ans	35 ans et +
100m	10.57	10.55	10.52	10.51	10.48	10.48	10.48	10.48	10.48	10.48	10.48	10.48
200m	21.42	21.39	21.35	21.33	21.30	21.28	21.26	21.26	21.24	21.24	21.24	21.22
400m	47.68	47.62	47.53	47.51	47.47	47.42	47.39	47.39	47.39	47.37	47.37	47.33
110m haies	14.43	14.40	14.32	14.31	14.30	14.26	14.23	14.21	14.20	14.20	14.19	14.18
400m haies	52.63	52.40	52.32	52.29	52.25	52.21	52.13	52.13	52.10	52.10	52.10	52.10
3000m steeple	8:53.62	8:50.06	8:48.64	8:47.47	8:47.23	8:47.23	8:47.23	8:46.99	8:46.76	8:46.76	8:46.76	8:46.76
800m	1:50.61	1:50.19	1:50.12	1:49.94	1:49.70	1:49.70	1:49.56	1:49.56	1:49.56	1:49.56	1:49.56	1:49.52
1500m	3:47.39	3:46.69	3:46.38	3:45.91	3:45.83	3:45.83	3:45.76	3:45.53	3:45.45	3:45.45	3:45.45	3:45.45
3000m	8:10.06	8:08.31	8:07.61	8:06.40	8:06.22	8:06.05	8:05.70	8:05.53	8:05.36	8:05.36	8:05.36	8:05.36
5000m	14:04.54	14:00.92	13:59.72	13:57.33	13:57.03	13:56.73	13:55.83	13:55.83	13:55.83	13:55.83	13:55.83	13:55.83
10000m	29:53.64	29:36.17	29:31.31	29:27.17	29:24.41	29:24.41	29:23.72	29:23.03	29:21.66	29:21.66	29:21.66	29:21.66
½ Marathon	1h05:54	1h05:09	1h04:50	1h04:35	1h04:32	1h04:27	1h04:26	1h04:18	1h04:14	1h04:10	1h04:08	1h04:05
Marathon	2h22:48	2h20:57	2h19:51	2h19:01	2h19:01	2h18:41	2h18:37	2h17:59	2h17:51	2h17:32	2h17:24	2h17:09
10000m marche	44:08.81	43:50.68	43:38.65	43:20.70	43:14.74	43:05.83	42:59.90	42:51.03	42:46.61	42:46.61	42:40.71	42:24.58
20km marche	1h31:24	1h30:47	1h30:23	1h29:46	1h29:34	1h29:16	1h29:04	1h28:46	1h28:37	1h28:37	1h28:25	1h27:52
35km marche	2h51:55	2h50:37	2h49:45	2h48:28	2h48:02	2h47:24	2h46:58	2h46:20	2h46:01	2h46:01	2h45:36	2h44:26
Hauteur	2.06m	2.08m	2.10m	2.10m	2.11m	2.11m	2.11m	2.13m	2.13m	2.13m	2.13m	2.13m
Perche	4.97m	4.98m	5.03m	5.06m	5.08m	5.11m	5.13m	5.13m	5.13m	5.13m	5.13m	5.13m
Longueur	7.33m	7.38m	7.40m	7.41m	7.42m	7.43m	7.45m	7.45m	7.45m	7.45m	7.45m	7.45m
Triple saut	14.98m	15.14m	15.21m	15.25m	15.30m	15.36m	15.43m	15.45m	15.45m	15.45m	15.45m	15.48m
Poids	16.54m	17.11m	17.26m	17.48m	17.72m	17.90m	18.10m	18.24m	18.24m	18.24m	18.27m	18.34m
Disque	52.00m	52.38m	52.87m	53.53m	53.91m	54.51m	55.49m	56.09m	56.09m	56.09m	56.20m	56.58m
Marteau	61.33m	62.37m	62.95m	64.05m	65.22m	65.61m	65.87m	66.06m	66.51m	66.64m	66.96m	67.16m
Javelot	67.42m	68.55m	69.46m	70.03m	70.24m	70.73m	70.87m	71.09m	71.09m	71.44m	71.44m	71.79m
Décathlon	6765	6857	6903	6929	6936	6949	6981	7021	7040	7053	7053	7060

Note : L'atteinte des normes de performance ci-haut ne garantit pas automatiquement l'identification au niveau Élite Hommes.
Veuillez vous référer aux Règles d'identification pour connaître les critères applicables ainsi que le processus de sélection.