

Licensed to Claude-Robillard Sport Facility - Site License

HY-TEK's Meet Manager 29-01-2011 06:19 PM

16th annual McGill Team Challenge 2011 - 28-01-2011 to 29-01-2011

Montreal

Results

Women 60 Meter Dash

```

=====
Fieldhouse: ! 7.35 20-01-2010 Toyin Olupena
Meet: % 7.39 30-01-2009 Genevieve Thibault
CI Standards: $ 7.59
Name Year Team Prelims
=====
Heat 1 Preliminaries
1 Khan, Janelle Alberta 7.70Q
2 Cornwall, Karry-Ann Gryphons 7.99q
3 Dobosh, Cassie STFX 8.34
4 Ssemanda, Caroline McMaster 8.50
5 Leonard, Jordan Dal Tigers 8.79
6 Shewchuk, Nicole Laval 8.91
7 Crump, Hannah McGill Universit 9.58
-- Beliveau, Emy St Jean Olympiqu X8.02
Heat 2 Preliminaries
1 Jean-Baptiste, Audrey U. Quebec a Mont 7.78Q
2 Barry, Tomeizel Gryphons 7.97q
3 Pepper, Brittany Lions 8.02q
4 Johnson, Nadine Ottawa 8.41
5 Stoffman, Zaria McGill Universit 8.48
6 Badibanga, Sarah Ottawa 8.73
7 Gauthier, Catherine Sherbrooke 8.77
8 Bordeleau, Manon Chicoutimi 9.16
Heat 3 Preliminaries
1 Simulik, Mila Mustangs 7.88Q
2 Daudelin-Gauthier, Lauri Sherbrooke 8.35
3 Maxfield, Heather LAKE 8.36
4 Neron, Sabrina Sherbrooke 8.45
5 Stirling, Heidi STFX 8.56
6 Timbrell, Reba Ottawa 8.68
7 Murray, Claudia Sherbrooke 9.39
-- Jacques, Farah Perf Max X7.72
Heat 4 Preliminaries
1 Bergeron, Karyanne Chicoutimi 8.21Q
2 Mallais, Alexa-Maude Univ de Moncton 8.24
3 Vandervoort, Katrina Waterloo 8.49
4 Yacob, Marina Ottawa 8.58
5 Dillon, Krista Ottawa 8.77
-- Olupona, Toyin Flying Angels X7.68
-- St-Pierre, Marie-Colombe Club Rouge et Or X7.96
Heat 5 Preliminaries
1 Rintoul, Jenny Alberta 7.88Q
2 Bushie, Christine Alberta 7.97q
3 Jespersen, Lauren Gryphons 8.11
4 Mooney, Ali Lions 8.26
5 Kodo, Valérie Sherbrooke 8.35
6 L'Écuyer, Vannessa Umtl 8.51
7 Rheault, Eloise Sherbrooke 8.55
8 Black, Alex UNB 8.88
Heat 6 Preliminaries
1 Lela, Christiane Ottawa 7.90Q
2 Maddex, Ashlea Ottawa 7.97q
3 Coxhead, Emily Mustangs 8.25
4 Iliescu, Caroline McGill Universit 8.52
5 McDonald, Rachelle UNB 8.72
6 Tesfaye, Sophia Gaels 9.00
7 Levasseur, Anne Sherbrooke 9.03
-- Bonneau, Audrey Lavironde X8.23
Heat 7 Preliminaries
1 Hyacinthe, Kimberly U. Quebec a Mont $ 7.58Q
2 De Carufel, Sarah Ottawa 7.98q
3 Blanchard, Genevieve McGill Universit 8.07q
4 Renaud, Esther Sherbrooke 8.33
5 Ducasse, Sarah Ottawa 8.38
6 Riley, Natalie UNB 8.71
7 Phillips, Jaclyn STFX 8.79
Heat 8 Preliminaries
1 Cadogan, Ashara U of T Varsity 7.94Q
2 Ikomi, Dere Dal Tigers 8.35
3 Ehrhardt, Caroline Mustangs 8.36
4 Beretta, Pauliina Gaels 8.45
5 Gaudet, Cierra Ottawa 8.48

```

6 Zisa, Anna	McGill Universit	8.71	
Heat 9 Preliminaries			
1 Goode, Jeannette	Gryphons	7.93Q	
2 Lesperance, Annie-Jade	Umtl	8.13	
3 Blois, Juliana	Dal Tigers	8.15	
4 Hilchie, Kailey	Dal Tigers	8.43	
5 Robitaille-Beaumier, Eve	Sherbrooke	8.46	
6 Brosseau, Mylene	Sherbrooke	8.64	
7 Vuong, Kim-Quyen	Ottawa	8.92	
-- Akinsulie, Esther	On-Ottawa Lions	DQ	170.7

Women 60 Meter Dash invitation

Name	Year Team	Finals	
Section 1			
-- Akinsulie, Esther	On-Ottawa Lions	X7.57	
-- Olupona, Toyin	Flying Angels	X7.58	
-- Jacques, Farah	Perf Max	X7.67	
-- St-Pierre, Marie-Colombe	Club Rouge et Or	X7.87	
-- Beliveau, Emy	St Jean Olympiqu	X8.04	
-- Bonneau, Audrey	Lavironde	XDQ	170.7

Women 60 Meter Dash

Fieldhouse: !	7.35	20-01-2010	Toyin Olupena	
Meet: %	7.39	30-01-2009	Genevieve Thibault	
CI Standards: \$	7.59			
Name	Year Team	Finals		
Section 1 Finals				
1 Hyacinthe, Kimberly	U. Quebec a Mont	7.48\$		
2 Khan, Janelle	Alberta	7.75		
3 Lela, Christiane	Ottawa	7.78		
4 Jean-Baptiste, Audrey	U. Quebec a Mont	7.83		
5 Simulik, Mila	Mustangs	7.89		
6 Goode, Jeannette	Gryphons	7.94		
7 Cadogan, Ashara	U of T Varsity	7.96		
7 Rintoul, Jenny	Alberta	7.96		
Section 2 Finals				
1 Maddex, Ashlea	Ottawa	7.85		
2 Bushie, Christine	Alberta	7.93		
3 Blanchard, Genevieve	McGill Universit	7.97		
4 Barry, Tomeizel	Gryphons	7.99		
5 De Carufel, Sarah	Ottawa	8.00		
6 Pepper, Brittany	Lions	8.07		
7 Bergeron, Karyanne	Chicoutimi	8.15		
-- Cornwall, Karry-Ann	Gryphons	DQ	162.7	

Women 300 Meter Dash

Fieldhouse: !	37.55	2005	Adrienne Power	
Meet: %	37.55	2005	Celia Peters	
CI Standards: \$	39.87			
Name	Year Team	Finals		
Section 1				
1 Hyacinthe, Kimberly	U. Quebec a Mont	38.59\$		
2 Jean-Baptiste, Audrey	U. Quebec a Mont	40.65		
-- Akinsulie, Esther	On-Ottawa Lions	X38.02\$		
-- Jacques, Farah	Perf Max	X39.55\$		
-- Ruediger, Kate	Club Ltoronto Tr	X39.94		
-- St-Pierre, Marie-Colombe	Club Rouge et Or	X40.29		

Women 1000 Meter Run

Fieldhouse: !	2:45.10	2003	Sarah Ali-Khan	
Meet: %	2:49.97	30-01-2009	Lindsay Carson	
CI Standards: \$	2:50.28			
Name	Year Team	Finals		
Section 1				
1 Frost, Lydia	Gryphons	2:51.07		
2 Frost, Nadine	Gryphons	2:52.05		
3 Degaust, Hayley	Alberta	2:52.95		
4 McCuaig, Sarah	McGill Universit	2:53.94		
5 Biewald, Jennie	Gryphons	2:53.98		
6 Castro, Aimee	McGill Universit	2:57.63		
7 MacDonald, Tara	Gryphons	2:58.41		
8 Picard-Arsenault, Josee	Laval	3:00.45		
9 Roy, Joanie	Laval	3:01.68		
-- Leblanc, Annie	Lanaudiere Olymp	X2:50.93		

-- Galbraith, Emma	On-Ottawa Lions	X2:59.23
-- Prud'homme, Nathalie	Dynamique de Lav	X3:00.92
-- Brochu, Sarah-Michele	Club Rouge et Or	X3:06.40
Section 2		
1 Cote, Laurence	Laval	3:04.59
2 Liz, O'Connell	STFX	3:06.10
3 DiGiacomo, Alessandra	U of T Varsity	3:06.31
4 Turcotte, Kim	Sherbrooke	3:06.86
5 Tremblay, Myriam	Laval	3:07.68
6 Maryuen, Chantelle	U of T Varsity	3:07.74
7 Spettigue, Kelly-Lynne	Waterloo	3:08.38
8 Marcotte-Toale, Charlott	U of T Varsity	3:09.50
9 Gauthier, Virginie	Sherbrooke	3:11.34
10 Myatt, Sarah	UNB	3:12.64
11 Bernard-Brouillard, Sara	Laval	3:12.87

Women 300 Meter Dash

=====			
Fieldhouse: !	37.55	2005	Adrienne Power
Meet: %	37.55	2005	Celia Peters
CI Standards: \$	39.87		

Name	Year Team	Finals
=====		
1 Brown, Alicia	U of T Varsity	40.54
2 Maxfield, Heather	LAKE	41.34
3 Blanchard, Genevieve	McGill Universit	41.43
4 Delisle, Pascale	Sherbrooke	41.90
-- Dobranowski, Alicia	Halifast	X41.07
-- Peters, Celia	Halifast	X42.09

Section 3

1 Cadogan, Ashara	U of T Varsity	41.66
2 Johnson, Nadine	Ottawa	42.15
3 McNeil, Amanda	Dal Tigers	42.44
4 Bergeron, Karyanne	Chicoutimi	43.00
5 Bushie, Christine	Alberta	43.53
-- Thuot, Marie-Christine	Perf Max	X41.35

Section 4

1 Tat, Jessica	McMaster	42.75
2 Stirling, Heidi	STFX	43.05
3 Ikomi, Dere	Dal Tigers	43.25
4 Barrow, Jennifer	Gaels	43.55
5 Mooney, Ali	Lions	44.13

Section 5

1 Jespersen, Lauren	Gryphons	41.83
2 Lance, Naomi	Waterloo	43.13
3 Rayner, Heather	Gryphons	43.64
4 Cameron-Vendrig, Alison	McGill Universit	43.72
5 Neron, Sabrina	Sherbrooke	44.09
6 Robitaille-Beaumier, Eve	Sherbrooke	45.01

Section 6

1 Hislop, Dana	McMaster	42.95
2 Savard, Marianne	Umtl	43.61
3 Phillips, Jaclyn	STFX	44.52
4 Gauthier, Catherine	Sherbrooke	44.65
5 Forde, Diandra	Lions	45.06

Section 7

1 Van Mierlo, Morgan	McMaster	43.82
2 Yacob, Marina	Ottawa	45.41
3 Ruggirello, Anne	McGill Universit	45.77
4 Savard, Agathe	Umtl	46.26
5 Cauley, Elizabeth	McGill Universit	47.11
6 Pathak, Laura	Ottawa	47.25

Section 8

1 Dobosh, Cassie	STFX	43.54
2 Timbrell, Reba	Ottawa	43.64
3 Mallais, Alexa-Maude	Univ de Moncton	45.62
4 Tesfaye, Sophia	Gaels	46.24
5 Skoff, Ashley	Lions	46.26
6 Giannone, Tania	McGill Universit	47.01

Section 9

1 McDonald, Rachelle	UNB	45.58
2 Badibanga, Sarah	Ottawa	45.84
3 Froelich, Chloe	STFX	46.41
4 Riley, Natalie	UNB	46.60
5 Iliescu, Caroline	McGill Universit	46.74
6 Brown, Jennifer	McGill Universit	47.70

Section 10

1 Lela, Christiane	Ottawa	40.70
2 Shewchuk, Nicole	Laval	45.92

Women 60 Meter Hurdles 39po

```

=====
Fieldhouse: ! 8.28 09-03-2007 Jessica Zelinka
Meet: % 8.56 2000 Sonia Paquette
CI Standards: $ 8.84
Name Year Team Finals
=====
Section 1 Finals
2 Wilkes, Courtney Alberta 8.92
3 Stoffman, Zaria McGill Universit 8.95
3 McCaffrey, Kathryn Alberta J8.95
5 Cap, Tamara Umtl 9.02
6 Delisle, Pascale Sherbrooke 9.04
-- Merrill, Tory Ottawa DNF 1636

```

```

Women 300 Meter Dash
=====
Fieldhouse: ! 37.55 2005 Adrienne Power
Meet: % 37.55 2005 Celia Peters
CI Standards: $ 39.87
Name Year Team Finals
=====
Section 10
3 Henry, Audrey Anne McGill Universit 46.41
4 Bordeleau, Manon Chicoutimi 48.44
5 Nwaonumah, Laurett UNB 49.01
6 Stacey, Holly McGill Universit 49.20
Section 11
1 McCaig, Cassandra Mustangs 40.69
2 Olson, Jenessa Mustangs 41.89
3 Semplonius, Tia Mustangs 42.74
4 Clancy, Sarah Mustangs 43.38
5 Black, Celeste STFX 45.00
-- Thomson, Brenna Mustangs DQ 163.3

```

```

Women 600 Meter Run
=====
Fieldhouse: ! 1:29.51 10-03-2007 Holly Ratzlaff
Meet: % 1:32.32 30-01-2010 Celia Peters
CI Standards: $ 1:33.12
Name Year Team Finals
=====
Section 1
1 Tousaw, Julia Ottawa 1:33.42
2 Soderberg, Nicole Alberta 1:33.78
3 Momoh, Nana Sherbrooke 1:35.48
4 Serafina, Rosa U of T Varsity 1:35.53
5 Kennedy, Shannon U of T Varsity 1:37.19
6 Malek, Shauna Gryphons 1:37.27
7 Picard-Arsenault, Josee Laval 1:39.21
-- Tolton, Vicki On-Ottawa Lions X1:31.12%
-- Leblanc, Annie Lanaudiere Olymp X1:32.26%
-- Dobranowski, Alicia Halifax X1:35.03
Section 2
1 Smith, Corinne Gryphons 1:36.70
2 Castro, Aimee McGill Universit 1:37.23
3 Long, Courtney Mustangs 1:37.49
4 Cote, Laurence Laval 1:37.64
5 Todd, Jackie Mustangs 1:39.40
6 MacArthur, Britany Dal Tigers 1:39.78
7 Savard, Marilaine Sherbrooke 1:40.35
8 Myatt, Sarah UNB 1:43.64
9 Jacquemin, Charlotte Umtl 1:43.82
-- Galbraith, Emma On-Ottawa Lions X1:39.05
Section 3
1 Tremblay, Myriam Laval 1:40.71
2 Black, Celeste STFX 1:41.47
3 Gaudet, Cierra Ottawa 1:41.49
4 Gauthier, Virginie Sherbrooke 1:45.09
5 Hinton, Stephanie Waterloo 1:47.19
6 Froelich, Chloe STFX 1:47.75
7 Parenteau, Élizabéth Sherbrooke 1:48.55
8 Moran, Keirstyn Ottawa 1:48.73
9 Jalbert-B, Tania Laval 1:48.89
Section 4
1 Cress, Michelle Waterloo 1:48.68
2 Haché, Joëlle Univ de Moncton 1:50.36
3 Babineau, Gabrielle Univ de Moncton 1:50.50
4 Carette, Marie-Christine Sherbrooke 1:50.74
5 Hamilton, Katrina Ottawa 1:52.60
6 Beland, Emilie Paladins 1:53.06
7 Pinnock, Mallory UNB 1:59.11

```

8 Loeper, Kristin	Ottawa	1:59.58
9 Nwaonumah, Laurett	UNB	2:02.83

Women 1000 Meter Run

=====
 Fieldhouse: ! 2:45.10 2003 Sarah Ali-Khan
 Meet: % 2:49.97 30-01-2009 Lindsay Carson
 CI Standards: \$ 2:50.28

Name	Year Team	Finals
Section 2		
12 Kowanda, Michelle	McGill Universit	3:13.72
13 Ubbens, Sara	Dal Tigers	3:14.22
Section 3		
1 Stubbs, Ceilidh	Gaels	3:11.73
2 Hodgins, Bronwyn	Gaels	3:14.15
3 Deschenes, Beatrice	Laval	3:16.54
4 Parenteau, Elizabeth	Sherbrooke	3:19.47
5 St-Gelais, Marjorie	Chicoutimi	3:20.12
6 Babineau, Gabrielle	Univ de Moncton	3:20.45
7 Jalbert-B, Tania	Laval	3:22.87
8 Haché, Joëlle	Univ de Moncton	3:24.30
9 Tremblay-Laforce, Anne	Umtl	3:29.03
10 Best, CJ	Paladins	3:30.42
11 Hamilton, Katrina	Ottawa	3:39.79
12 Pinnock, Mallory	UNB	3:46.27
13 Loeper, Kristin	Ottawa	3:46.60

Women 1500 Meter Run

=====
 Fieldhouse: ! 4:18.75 10-03-2007 Megan Brown
 Meet: % 4:26.93 2005 Leanna MacLean
 CI Standards: \$ 4:30.74

Name	Year Team	Finals
Section 1		
1 Biewald, Jennie	Gryphons	4:32.89
2 Haliburton, Sarah	McMaster	4:34.56
3 Ryer, Ashley	Dal Tigers	4:35.05
4 McCuaig, Sarah	McGill Universit	4:35.38
5 Frost, Lydia	Gryphons	4:37.80
6 Schlosser, Caroline	Dal Tigers	4:38.21
7 Laurie, Courtney	Gryphons	4:39.43
8 Giovannetti, Sara	McMaster	4:39.73
9 Furtado, Lindsay	Gryphons	4:40.45
10 Thompson, Carise	Gryphons	4:40.48
11 Degau, Hayley	Alberta	4:43.17
12 Frost, Nadine	Gryphons	4:49.30
-- Pfister, Caroline	Sherbrooke T&F	X4:36.00
Section 2		
1 Larocque, Leah	Gaels	4:39.05
2 Coates, Victoria	McMaster	4:39.32
3 Bays, Jennifer	Mustangs	4:39.60
4 Stewart, Gina	Dal Tigers	4:41.11
5 MacDonald, Tara	Gryphons	4:42.39
6 Roy, Joanie	Laval	4:42.57
7 Driedger, Emily	Gryphons	4:43.44
8 Pieter, Becky	Mustangs	4:44.37
9 Kannenberg, Natalie	STFX	4:45.96
10 Hoy, Karoline	Gryphons	4:48.20
11 Desjardins, Laura	Mustangs	4:58.07
-- Secaffien, Andrea	Speed River Tfc	X4:51.75
-- Nikonorova, Julia	On-Ottawa Lions	XDNF
Section 3		
1 Giles, Lisa	McMaster	4:44.42
2 Volterman, Kim	McMaster	4:44.43
3 Hennessy, Colleen	U of T Varsity	4:44.68
4 Hulse, Stephanie	Gaels	4:44.79
5 Gendron, Caroline	Sherbrooke	4:47.60
6 Thiel, Danielle	LAKE	4:47.96
7 Beverley, Megan	McMaster	4:52.47
8 Pinsonnault-Bilodeau, Gi	McGill Universit	4:56.76
9 Cummings, Madeleine	McGill Universit	5:02.30
-- Norman, Emma	On-Ottawa Lions	X4:42.45
-- Brochu, Sarah-Michele	Club Rouge et Or	X4:47.44
-- Walsh, Brenna	Fleur de Lys	X4:56.56
-- Plante-Dube, Marguerite	Lavironde	X4:57.48
Section 4		
1 MacNeill, Stephanie	McMaster	4:50.99
2 Turcotte, Kim	Sherbrooke	4:52.57
3 Maher, Paulina	U of T Varsity	4:52.99

4	DiGiacomo, Alessandra	U of T Varsity	4:54.63
5	Groves, Cara	Dal Tigers	4:55.46
6	Spettigue, Kelly-Lynne	Waterloo	4:57.01
7	Liz, O'Connell	STFX	4:57.18
8	Bolejszo, Monika	Gaels	4:58.54
9	Naroski, Tess	LAKE	5:00.04
10	Cummings, Hailey	Mustangs	5:00.08
11	Fiore, Helena	STFX	5:00.33
12	MacNaughton, Kate	Ottawa	5:24.90
Section 5			
1	Marcotte-Toale, Charlott	U of T Varsity	4:55.37
2	Maryuen, Chantelle	U of T Varsity	4:57.33
3	Keenleyside, Grace	Gaels	4:57.92
4	Zasowski, Teresa	U of T Varsity	4:58.68
5	Ubbens, Sara	Dal Tigers	5:05.55
6	Rashid, Zeena	Ottawa	5:06.22
7	Hewitt, Kelly	Conu	5:09.15
8	Kowanda, Michelle	McGill Universit	5:11.10
9	Herron, Natasha	STFX	5:14.34
10	Deschenes, Beatrice	Laval	5:15.54
11	Cranmer-Byng, Sarah	STFX	5:16.65
12	St-Gelais, Marjorie	Chicoutimi	5:21.65
Section 6			
1	Haines, Marie	McGill Universit	5:08.16
2	Bernard-Brouillard, Sara	Laval	5:08.81
3	Pettes, Katie	Gaels	5:12.80
4	Rioux-Castonguay, Marina	Laval	5:12.93
5	Brunet, Ariane	Ottawa	5:13.96
6	Morin, Isabelle	Laval	5:19.63
7	Deschenes, Anais	Laval	5:20.69
8	Maguire, Dorothy	McGill Universit	5:24.98
9	MacNeil, Beth	STFX	5:36.09
--	Tremblay-Laforce, Anne	Umtl	DNF

Women 3000 Meter Run

=====
 Fieldhouse: ! 9:11.69 30-01-2009 Megan Brown
 Meet: % 9:11.69 30-01-2009 Megan Brown
 CI Standards: \$ 9:45.87

Name	Year Team	Finals
===== Section 1		
1	Laurie, Courtney	Gryphons 9:59.48
2	Furtado, Lindsay	Gryphons 10:04.08
3	Hulse, Stephanie	Gaels 10:10.71
4	Pieteron, Becky	Mustangs 10:13.28
5	Thompson, Carise	Gryphons 10:13.74
6	Hoy, Karoline	Gryphons 10:14.01
7	Groves, Cara	Dal Tigers 10:18.09
8	Driedger, Emily	Gryphons 10:23.51
--	Nikonorova, Julia	On-Ottawa Lions X9:54.40
--	Secaffien, Andrea	Speed River Tfc X10:01.30
--	Pfister, Caroline	Sherbrooke T&F X10:08.60
--	Walsh, Brenna	Fleur de Lys X10:57.38
--	Beattie, Samantha	Gryphons DNF
--	Stewart, Gina	Dal Tigers DNF
===== Section 2		
1	Kannenber, Natalie	STFX 10:18.05
2	Grand'maison, Sara	Sherbrooke 10:23.05
3	Thiel, Danielle	LAKE 10:27.07
4	Patterson, Courtney	McMaster 10:28.54
5	Lobigs, Louisa	McGill Universit 10:30.61
6	Keenleyside, Grace	Gaels 10:34.34
7	Zasowski, Teresa	U of T Varsity 10:38.56
8	Naroski, Tess	LAKE 10:39.61
9	Cummings, Hailey	Mustangs 10:47.19
10	Pinsonnault-Bilodeau, Gi	McGill Universit 10:50.95
11	Bolejszo, Monika	Gaels 10:58.59
12	Tait, Meghan	Gaels 11:01.25
--	Boyd, Cleo	Physi-Kult Kings XDNF
===== Section 3		
1	Cummings, Madeleine	McGill Universit 10:44.29
2	Fiore, Helena	STFX 10:55.50
3	Pettes, Katie	Gaels 10:59.11
4	Rioux-Castonguay, Marina	Laval 10:59.82
5	Herron, Natasha	STFX 11:04.21
6	Morin, Isabelle	Laval 11:17.69
7	Cranmer-Byng, Sarah	STFX 11:28.51
8	Brunet, Ariane	Ottawa 11:32.69
9	Valevicius, Aida	McGill Universit 11:33.36
10	Deschenes, Anais	Laval 11:39.55

11 MacNeil, Beth	STFX	11:43.81
12 Trenholm, Allison	STFX	11:53.47
13 Dykstra, Luci	Conu	11:56.20

Women 60 Meter Hurdles Inviration

Name	Year Team	Prelims
Heat 1 Preliminaries		
1 Dugas, Marie-Eve	Club Corsaire Ch	8.66q

Women 60 Meter Hurdles 39po

Fieldhouse: !	8.28	09-03-2007	Jessica Zelinka
Meet: %	8.56	2000	Sonia Paquette
CI Standards: \$	8.84		

Name	Year Team	Prelims
1 Maddex, Ashlea	Ottawa	\$ 8.81Q
2 Barry, Tomeizel	Gryphons	9.25
3 Krech, Michele	Ottawa	9.30
4 Dobransky, Johanna	Ottawa	9.74
5 Pitman, Jennifer	Mustangs	9.79
6 Antczak, Anna	Waterloo	10.04
Heat 2 Preliminaries		
1 McCaffrey, Kathryn	Alberta	8.92Q
2 Wilkes, Courtney	Alberta	8.98q
3 Delisle, Pascale	Sherbrooke	9.03q
4 Lajoie, Susie	STFX	9.57
5 Villalta, Danielle	Lions	9.62
6 Gauthier, Catherine	Sherbrooke	9.95

Heat 3 Preliminaries		
1 Stoffman, Zaria	McGill Universit	9.00Q
2 Merrill, Tory	Ottawa	9.19q
3 Dugas, Katerine	Umtl	9.58
4 Giannone, Tania	McGill Universit	9.68
5 Johnson, Katie	Mustangs	10.44
6 Fitzel, Jamie	Univ de Moncton	10.67
-- Dugas, Marie-Eve	Club Corsaire Ch	\$ X8.73

Heat 4 Preliminaries		
1 Beaudet, Laurence	Umtl	8.85Q
2 Cap, Tamara	Umtl	9.07q
3 Kowalchuk, Shaylyn	Mustangs	9.27
4 Coxhead, Emily	Mustangs	9.33
5 Lance, Naomi	Waterloo	9.88
6 Desharnais-Dion, Stephan	Laval	10.22
7 Haworth, Rebecca	Dal Tigers	10.23

Women 60 Meter Hurdles 39po

Fieldhouse: !	8.28	09-03-2007	Jessica Zelinka
Meet: %	8.56	2000	Sonia Paquette
CI Standards: \$	8.84		

Name	Year Team	Finals
Section 1 Finals		
1 Beaudet, Laurence	Umtl	8.70\$
-- Maddex, Ashlea	Ottawa	DQ 168.7 b

Women 4x200 Meter Relay

Fieldhouse: !	1:37.57	1999	Saskatchewan
Meet: %	1:41.09	1997	Waterloo
CI Standards: \$	1:42.15		

Team	Finals
Section 1	
1 Ottawa 'A'	1:43.10
1) Johnson, Nadine	2) Maddex, Ashlea
3) Lela, Christiane	4) Krech, Michele
2 Western 'A'	1:44.10
1) Ehrhardt, Caroline	2) McCaig, Cassandra
3) Thomson, Brenna	4) Semplonius, Tia
3 Alberta 'A'	1:44.49
1) Khan, Janelle	2) Bushie, Christine
3) Rintoul, Jenny	4) McCaffrey, Kathryn
4 Queen's 'A'	1:46.55
1) Catry, Veronica	2) Beretta, Pauliina
3) Barrow, Jennifer	4) Boyle, Rachel
5 Guelph 'A'	1:46.74
1) Rayner, Heather	2) Malek, Shauna

- 3) Cornwall, Karry-Ann
 Section 2
 1 York 'A' 1:46.14
 1) Mooney, Ali
 3) Villalta, Danielle
 2 Montreal 'A' 1:46.42
 1) Beaudet, Laurence
 3) Lesperance, Annie-Jade
 4) Forde, Diandra
 2) Cap, Tamara
 4) Kalembe, Dali-Jennifer
 3 McMaster 'A' 1:46.96
 1) Van Mierlo, Morgan
 3) Tat, Jessica
 4) Hislop, Dana
 2) Ssemanda, Caroline
 4) Hilchie, Kailey
 4 Dalhousie 'A' 1:47.51
 1) Blois, Juliana
 3) Ikomi, Dere
 2) McNeil, Amanda
 4) Hilchie, Kailey
 5 Sherbrooke 'A' 1:50.02
 1) Rheault, Eloise
 3) Sarazin, Josée-Anne
 2) Kodo, Valérie
 4) Renaud, Esther
- Section 3
 1 St Francis Xavier 'A' 1:50.45
 1) Dobosh, Cassie
 3) Black, Celeste
 2) Stirling, Heidi
 4) Phillips, Jaclyn
 2 Laval 'A' 1:56.86
 1) Shewchuk, Nicole
 3) Bernard-Brouillard, Sarah
 2) Tremblay, Myriam
 4) Picard-Arsenault, Josee
 3 Chicoutimi 'A' 1:58.63
 1) Fortin, Anne Marie
 3) Bordeleau, Manon
 2) St-Gelais, Marjorie
 4) Bergeron, Karyanne

Women 4x400 Meter Relay

=====
 Fieldhouse: ! 3:47.77 1999 Saskatchewan
 Meet: % 3:50.38 1997 Syracuse
 CI Standards: \$ 3:52.34
 Team Finals
 =====

- Section 1
 1 Ottawa 'A' 3:49.24%
 1) Krech, Michele
 3) Merrill, Tory
 2) Lela, Christiane
 4) Tousaw, Julia
 2 Sherbrooke 'A' 4:00.08
 1) Delisle, Pascale
 3) Momoh, Nana
 2) Savard, Marilaine
 4) Gauthier, Catherine
 3 Western 'A' 4:01.86
 1) Pitman, Jennifer
 3) Semplonius, Tia
 4) Olson, Jenessa
 4 McMaster 'A' 4:03.50
 1) Hislop, Dana
 3) Tat, Jessica
 2) Van Mierlo, Morgan
 4) Volterman, Kim
 5 Queen's 'A' 4:08.37
 1) Beretta, Pauliina
 3) Larocque, Leah
 2) Barrow, Jennifer
 4) Boyle, Rachel
 6 York 'A' 4:14.33
 1) Forde, Diandra
 3) Mooney, Ali
 2) Pepper, Brittany
 4) Skoff, Ashley

- Section 2
 1 Laval 'A' 4:08.85
 1) Picard-Arsenault, Josee
 3) Tremblay, Myriam
 2) Roy, Joanie
 4) Cote, Laurence
 2 Dalhousie 'A' 4:13.03
 1) McNeil, Amanda
 3) Ikomi, Dere
 2) MacArthur, Britany
 4) Boudreau, Madeleine
 3 McGill 'A' 4:17.86
 1) Cameron-Vendrig, Alison
 3) Henry, Audrey Anne
 2) Ruggirello, Anne
 4) McCuaig, Sarah
 4 Waterloo 'A' 4:20.55
 1) Lance, Naomi
 3) Cress, Michelle
 2) Hinton, Stephanie
 4) Spettigue, Kelly-Lynne

Women 4x800 Meter Relay

=====
 Fieldhouse: ! 8:56.62 2007 Toronto
 Meet: % 9:13.21 30-01-2009 McMaster
 CI Standards: \$ 9:09.06
 Team Finals
 =====

- Section 1
 1 Dalhousie 'A' 9:09.24%
 1) Stewart, Gina
 3) Schlosser, Caroline
 2) MacArthur, Britany
 4) Ryer, Ashley
 2 McMaster 'A' 9:15.23
 1) Haliburton, Sarah
 2) Giles, Lisa

3) Beverley, Megan	4) Volterman, Kim	9:21.02
3 Toronto 'A'	1) Kennedy, Shannon	2) Hennessy, Colleen
1) Kennedy, Shannon	3) Serafina, Rosa	4) Maher, Paulina
3) Serafina, Rosa	4) Maher, Paulina	9:24.90
4 Sherbrooke 'A'	1) Desmarais-Gagnon, Alexandre	2) Gendron, Caroline
1) Desmarais-Gagnon, Alexandre	3) Savard, Marilaine	4) Momoh, Nana
3) Savard, Marilaine	4) Momoh, Nana	9:25.31
5 Western 'A'	1) Long, Courtney	2) Todd, Jackie
1) Long, Courtney	3) Desjardins, Laura	4) Bays, Jennifer
3) Desjardins, Laura	4) Bays, Jennifer	9:48.90
6 Queen's 'A'	1) Larocque, Leah	2) Hodgins, Bronwyn
1) Larocque, Leah	3) Stubbs, Ceilidh	4) Hulse, Stephanie
3) Stubbs, Ceilidh	4) Hulse, Stephanie	

Women High Jump

=====
 Fieldhouse: ! 1.89m 1998 Natlja Jackhesne
 Meet: % 1.80m 25-01-2008 Michelle Moody
 CI Standards: \$ 1.68m

Name	Year	Team	Finals
Flight 1			
6 Pitman, Jennifer		Mustangs	1.60m
1.55 1.60 1.65			
O XO XXX			
7 Whitley, Tayler		Ottawa	J1.60m
1.50 1.55 1.60 1.65			
O XXO XO XXX			
8 Johnson, Katie		Mustangs	J1.60m
1.45 1.50 1.55 1.60 1.65			
O O O XXO XXX			
9 Massicotte, Jessica		Laval	1.55m
1.55 1.60			
O XXX			
9 Krech, Michele		Ottawa	1.55m
1.45 1.50 1.55 1.60			
O O O XXX			
9 Morin Lemay, Audrey		Sherbrooke	1.55m
1.50 1.55 1.60			
XO O XXX			
9 Villalta, Danielle		Lions	1.55m
1.50 1.55 1.60			
XO XO XXX			
9 Dobson, Emma		Gryphons	1.55m
1.45 1.50 1.55 1.60			
O O O XXX			
9 Pett, Isabel		McGill Universit	1.55m
1.45 1.50 1.55 1.60			
O O XO XXX			
15 Merrill, Tory		Ottawa	1.50m
1.40 1.45 1.50 1.55			
O XO O XXX			
15 Kowalchuk, Shaylyn		Mustangs	1.50m
1.45 1.50 1.55			
XO O XXX			
17 Chainey, Marie-Eve		Ottawa	1.45m
1.40 1.45 1.50			
XO O XXX			
18 Zisa, Anna		McGill Universit	1.40m
1.35 1.40 1.45			
O XO XXX			
18 Bell, Rebecca		STFX	1.40m
1.40 1.45			
XO XXX			
20 Fitzel, Jamie		Univ de Moncton	1.35m
1.35 1.40			
XO XXX			
-- Eberwein, Pauline		Club A S E A	X1.60m
1.50 1.55 1.60 1.65			
O O XXO XXX			

Women Pole Vault

=====
 Fieldhouse: ! 4.06m 31-01-2009 Heather Hamilton
 Meet: % 4.06m 31-01-2009 Heather Hamilton
 CI Standards: \$ 3.65m

Name	Year	Team	Finals
1 Solnit, Sarah		McGill Universit	J3.00m
2.40 2.60 2.80 3.00 3.15			
O O XO O XXX			

2	Blouin, Melanie	Laval	3.90m\$
	3.45 3.60 3.70 3.80 3.90 4.00		
	o XO o o o XXX		
3	Brosseau, Mylene	Sherbrooke	J3.15m
	3.00 3.15 3.30		
	o XXO XXX		
3	Bartha, Tessa	Lions	2.60m
	2.60 2.80		
	o XXX		
5	Siu, Carmen	Mustangs	J3.30m
	3.30 3.45		
	XO XXX		
5	Rock, Melinda-Megan	McGill Universit	3.15m
	2.60 2.80 3.00 3.15 3.30		
	o o o o XXX		
7	Michalak, Sharon	Mustangs	3.30m
	3.15 3.30 3.45		
	X XO XXX		
12	Fiedler, Erika	Gryphons	3.60m
	3.30 3.45 3.60 3.70		
	XO XXO XO XXX		
13	Leonard, Jordan	Dal Tigers	3.00m
	2.60 2.80 3.00 3.15		
	o o o XXX		
13	Vuong, Kim-Quyen	Ottawa	2.40m
	2.20 2.40 2.60		
	o XXO XXX		
15	Lareau Dussault, Rosemon	Sherbrooke	2.80m
	2.20 2.40 2.60 2.80 3.00		
	o XO o o XXX		
7	DuclosLasnier, Gabriella	Sherbrooke T&F	X4.20m!
	3.90 4.00 4.10 4.20		
	o o XO XXO		
10	Lyons, Adriana	Sherbrooke T&F	X3.45m
	3.15 3.30 3.45		
	XO o XO		
--	Lefebvre-Bertrand, Emili	Montreal Interna	X3.30m
	3.30 3.45		
	o XXX		

Women 4x800 Meter Relay

```

=====
Fieldhouse: ! 8:56.62 2007 Toronto
Meet: % 9:13.21 30-01-2009 McMaster
CI Standards: $ 9:09.06
Team Finals
=====

```

Section 1

```

7 Ottawa 'A' 10:16.79
1) Rashid, Zeena 2) MacNaughton, Kate
3) Moran, Keirstyn 4) Hamilton, Katrina

```

Women High Jump

```

=====
Fieldhouse: ! 1.89m 1998 Natlja Jackhesne
Meet: % 1.80m 25-01-2008 Michelle Moody
CI Standards: $ 1.68m
Name Year Team Finals
=====

```

Flight 1

1	Bergevin, Lindsey	Alberta	1.75m\$
	1.60 1.65 1.70 1.75 1.80		
	o XO XO XXO XXX		
2	Olah, Courtney	Mustangs	1.70m\$
	1.55 1.60 1.65 1.70 1.75		
	o o XXO o XXX		
3	Wallace, Julia	Gryphons	J1.70m\$
	1.50 1.55 1.60 1.65 1.70 1.75		
	o o o XO XO XXX		
4	Haworth, Rebecca	Dal Tigers	J1.70m\$
	1.55 1.60 1.65 1.70 1.75		
	o o XO XXO XXX		
5	Dugas, Katerine	Umtl	1.65m
	1.55 1.60 1.65 1.70		
	o XO XXO XXX		

Women Weight Throw 20lb

```

=====
Fieldhouse: ! 18.18m 21-02-2009 Annie Larose
Meet: % 17.88m 2009 Annie Larose
CI Standards: $ 16.32m

```

Name	Year	Team	Finals
6 MacDonald, Elizabeth		Dal Tigers	14.10m
	12.86m	FOUL 13.54m	14.10m 13.40m FOUL
7 Vidal, Justine		Lions	13.13m
	FOUL 12.49m	13.10m 13.13m FOUL FOUL	
8 Lowry, Megan		Gryphons	12.42m
	11.37m 12.42m	12.05m 12.00m FOUL FOUL	
9 Maltais, Naomie		Univ de Moncton	12.38m
	11.84m 12.38m	11.88m	
10 Paris, Chantal		STFX	11.79m
	FOUL 11.79m	FOUL	
11 Brosseau, Mylene		Sherbrooke	10.44m
	9.99m 10.28m	10.44m	
12 Allan, Katerina		Dal Tigers	10.04m
	10.04m 9.12m	FOUL	
13 Penney, Tara		Gryphons	9.93m
	FOUL 9.93m	FOUL	
14 Seguin, Nathalie		Laval	9.81m
	9.81m 9.61m	9.35m	
15 Lajoie, Susie		STFX	9.70m
	8.74m FOUL	9.70m	
16 Bailey, Alexandra		McGill Universit	8.80m
	8.62m 8.80m	8.59m	
-- DiRico, Tiffany		unattached	X12.85m
	12.23m 12.45m	FOUL FOUL 12.85m FOUL	

Indoor Pentathlon: #5 Women 800 Meter Dash

Name	Year	Team	Finals	Points
Section 1				
1 Schneck, Amanda		Alberta	2:21.89	798
2 Robbertse, Chantelle		Dal Tigers	2:27.62	723
3 Harris, Meghan		Gryphons	2:37.95	597
4 Pilon, Chantel		Waterloo	2:40.30	569
5 Hildenbrandt, Leanne		Alberta	2:42.97	539
6 Massicotte, Jessica		Laval	2:46.30	503
7 Flourent, Agathe		McGill Universit	2:48.52	479
8 Roulin, Raphaelle		Laval	2:49.14	473
9 Fortin, Anne Marie		Chicoutimi	3:05.87	313
-- Battiston, Alana		Club Saint Laure	X2:24.17	768
-- Phelan, Emily		Halifast	X2:26.71	735

Indoor Pentathlon: #1 Women 60 Meter Hurdles 39po

Name	Year	Team	Finals	Points
Section 2				
1 Harris, Meghan		Gryphons	9.18	873
2 Schneck, Amanda		Alberta	9.19	871
3 Fortin, Anne Marie		Chicoutimi	10.27	662
4 Flourent, Agathe		McGill Universit	10.78	573
5 Pilon, Chantel		Waterloo	11.99	385
-- Phelan, Emily		Halifast	X9.57	794
1 Hildenbrandt, Leanne		Alberta	9.79	752
2 Robbertse, Chantelle		Dal Tigers	10.02	708
3 Massicotte, Jessica		Laval	10.14	686
4 Garcia, Lina		Ottawa	10.65	595
5 Roulin, Raphaelle		Laval	10.73	582
-- Battiston, Alana		Club Saint Laure	X9.53	802

Indoor Pentathlon: #2 Women High Jump

Name	Year	Team	Finals	Points
Flight 1				
1 Massicotte, Jessica		Laval	1.64m	783
	1.52 1.55 1.58 1.61 1.64 1.70			
	O O XO O XO XXX			
2 Schneck, Amanda		Alberta	1.58m	712
	1.46 1.49 1.52 1.55 1.58 1.61			
	O O O O XXX			
3 Robbertse, Chantelle		Dal Tigers	1.52m	644
	1.43 1.49 1.52 1.55			
	O O XO XXX			
3 Hildenbrandt, Leanne		Alberta	1.52m	644
	1.40 1.43 1.46 1.49 1.52 1.55			
	O O XO XXO O XXX			
5 Fortin, Anne Marie		Chicoutimi	1.46m	577
	1.34 1.37 1.40 1.43 1.46 1.49			

5	Flourent, Agathe	1.40	1.43	1.46	1.49	XXX	McGill Universit	1.46m	577
5	Harris, Meghan	1.34	1.37	1.40	1.43	1.46	Gryphons	1.46m	577

Women Pole Vault

=====									
Fieldhouse: ! 4.06m 31-01-2009 Heather Hamilton									
Meet: % 4.06m 31-01-2009 Heather Hamilton									
CI Standards: \$ 3.65m									
=====									
	Name		Year	Team				Finals	
=====									
10	Bergevin, Lindsey			Alberta				NH	
	3.30								
	XXX								
--	Harper, Marielle			U of T Varsity				J3.00m	
	2.80	3.00	3.15						
	0	XO	XXX						
--	Tartaglia, Alessandra			Lions				2.80m	
	2.60	2.80	3.00						
	0	0	XXX						
--	Roulin, Raphaelle			Laval				2.40m	
	1.40	1.60	1.80	2.00	2.20	2.40	2.60		
	0	0	0	0	0	XO	XXX		
--	Tan, Josephine			McGill Universit				1.80m	
	1.40	1.60	1.80	2.00					
	0	0	0	XXX					

Women Long Jump

=====									
Fieldhouse: ! 6.17m 1998 Alice Falaiye									
Meet: % 5.85m 25-01-2008 Michelle Moody									
CI Standards: \$ 5.65m									
=====									
	Name		Year	Team				Finals	
=====									
1	Lajoie, Susie			STFX				5.00m	
	5.00m	4.80m	4.33m						
2	Daudelin-Gauthier, Lauri			Sherbrooke				4.97m	
	4.90m	4.97m	4.57m						
2	Desharnais-Dion, Stephan			Laval				4.97m	
	FOUL	4.97m	FOUL						
4	Pitman, Jennifer			Mustangs				4.88m	
	4.88m	FOUL	4.55m						
5	Rheault, Eloise			Sherbrooke				4.86m	
	4.86m	4.74m	4.65m						
6	Fitzel, Jamie			Univ de Moncton				4.83m	
	4.80m	4.83m	4.66m						
7	Vandervoort, Katrina			Waterloo				4.82m	
	4.82m	FOUL	FOUL						
8	Boyle, Rachel			Gaels				4.71m	
	FOUL	4.71m	4.69m						
9	McDonald, Rachelle			UNB				4.69m	
	FOUL	4.60m	4.69m						
10	Brosseau, Mylene			Sherbrooke				4.55m	
	4.50m	4.55m	4.51m						
11	Antczak, Anna			Waterloo				4.53m	
	4.25m	4.29m	4.53m						
12	Spreitzer, Nancy			Waterloo				4.49m	
	4.45m	FOUL	4.49m						
13	Bell, Rebecca			STFX				4.40m	
	4.38m	4.40m	4.31m						
14	Savard, Agathe			Umtl				4.34m	
	4.34m	4.19m	4.16m						
14	Landry, Stéphanie			Univ de Moncton				4.34m	
	4.29m	4.26m	4.34m						
16	Murray, Claudia			Sherbrooke				4.27m	
	4.27m	3.81m	3.94m						
17	Ducasse, Sarah			Ottawa				4.16m	
	4.04m	4.16m	3.98m						
18	Brophy, Meghan			STFX				4.05m	
	4.05m	FOUL	3.90m						
19	Bordeleau, Manon			Chicoutimi				3.95m	
	3.95m	3.89m	3.85m						
--	Johnson, Katie			Mustangs				FOUL	
	FOUL	FOUL	FOUL						
Flight 2									
1	Beudet, Laurence			Umtl				5.95m%	
	5.86m	5.68m	5.68m	5.83m	5.74m	5.95m			

2	Simulik, Mila				Mustangs	5.50m
	FOUL	5.50m	5.43m	FOUL	FOUL FOUL	
3	Cap, Tamara				Umtl	5.47m
	5.47m	FOUL	5.20m	FOUL	5.29m 5.23m	
4	Ehrhardt, Caroline				Mustangs	5.44m
	FOUL	5.29m	FOUL	FOUL	5.44m FOUL	
5	Wallace, Julia				Gryphons	5.42m
	5.42m	5.15m	5.01m	5.09m	5.42m 4.69m	
6	Kodo, Valérie				Sherbrooke	5.29m
	5.29m	FOUL	4.75m	FOUL	FOUL FOUL	
7	Smith, Alicia				Mustangs	5.28m
	5.09m	FOUL	5.23m	5.10m	5.28m FOUL	
8	Villalta, Danielle				Lions	5.12m
	FOUL	4.82m	5.12m	4.73m	4.87m 4.79m	
9	Sarazin, Josée-Anne				Sherbrooke	5.00m
	5.00m	5.00m	5.00m			
10	Dobransky, Johanna				Ottawa	4.95m
	4.93m	4.95m	FOUL			
11	Mirota, Julia				Gryphons	4.84m
	4.84m	4.74m	FOUL			
12	Leonard, Jordan				Dal Tigers	4.79m
	4.79m	4.71m	4.74m			
13	Morin Lemay, Audrey				Sherbrooke	4.77m
	4.63m	4.64m	4.77m			
14	Dobson, Emma				Gryphons	4.76m
	4.76m	4.62m	FOUL			
15	Dillon, Krista				Ottawa	4.74m
	FOUL	4.74m	4.72m			
--	Bonneau, Audrey				Lavironde	X5.35m
	5.14m	5.20m	5.07m	5.17m	5.35m FOUL	
--	Gagne, Genevieve				Club Rouge et Or	X5.24m
	5.07m	5.24m	5.14m	4.98m	5.20m 4.86m	
--	Renaud, Esther				Sherbrooke	FOUL
	FOUL	FOUL	FOUL			

Women Triple Jump

=====						
Fieldhouse:	!	12.75m	1999		Michelle Hastick	
Meet:	%	12.22m	1997		Jennifer Williamson	
CI Standards:	\$	11.87m				
Name			Year	Team		Finals
=====						
Flight 1						
1	Wallace, Julia				Gryphons	12.24m%
	11.36m	11.24m	11.62m	11.27m	11.76m 12.24m	
2	Smith, Alicia				Mustangs	12.15m\$
	FOUL	12.15m	FOUL	PASS	PASS PASS	
3	Kodo, Valérie				Sherbrooke	12.11m\$
	11.87m	11.79m	11.42m	FOUL	12.02m 12.11m	
4	Wilkes, Courtney				Alberta	11.84m
	FOUL	11.84m	11.65m	FOUL	11.54m 11.51m	
5	Sarazin, Josée-Anne				Sherbrooke	11.40m
	11.29m	11.40m	FOUL	11.22m	11.20m FOUL	
5	Morin Lemay, Audrey				Sherbrooke	J11.40m
	11.40m	11.27m	11.03m	FOUL	11.21m 10.84m	
7	Dillon, Krista				Ottawa	11.03m
	FOUL	10.88m	10.72m	10.58m	11.03m 10.95m	
8	Kalamba, Dali-Jennifer				Umtl	10.95m
	10.43m	10.95m	FOUL	10.90m	10.90m FOUL	
9	Spreitzer, Nancy				Waterloo	10.70m
	FOUL	10.70m	10.37m			
9	Mirota, Julia				Gryphons	10.70m
	10.70m	10.37m	10.67m			
11	Dobson, Emma				Gryphons	10.60m
	FOUL	10.37m	10.60m			
12	Antczak, Anna				Waterloo	10.54m
	10.15m	10.54m	10.44m			
13	Lajoie, Susie				STFX	10.47m
	10.47m	FOUL	10.05m			
14	Brophy, Meghan				STFX	10.42m
	9.98m	10.42m	FOUL			
15	Boyle, Rachel				Gaels	10.34m
	10.34m	FOUL	FOUL			
15	Blois, Juliana				Dal Tigers	10.34m
	10.01m	10.34m	10.30m			
17	Vandervoort, Katrina				Waterloo	10.32m
	FOUL	10.32m	FOUL			
18	Bell, Rebecca				STFX	10.22m
	10.22m	10.06m	10.03m			
19	Leonard, Jordan				Dal Tigers	10.18m
	10.18m	FOUL	FOUL			

20 Landry, Stéphanie Univ de Moncton 9.92m
 9.30m FOUL 9.92m

Women Shot Put 4kg

=====
 Fieldhouse: ! 16.22m 05-12-2009 Julie Labonte
 Meet: % 14.36m 2002 Kate Forbes
 CI Standards: \$ 12.83m

Name	Year	Team	Finals
1 Appiah, Cynthia		Lions	13.63m\$
12.86m 12.98m 13.63m	13.40m	13.37m FOUL	
2 Kucharchuk, Chelcie		Alberta	12.30m
10.42m 12.15m 12.30m	11.82m	11.73m 12.04m	
3 Vidal, Justine		Lions	11.59m
11.59m 11.12m 11.28m	FOUL	FOUL FOUL	
4 Lowry, Megan		Gryphons	11.27m
10.74m FOUL 11.27m	FOUL	FOUL 9.91m	
5 Penney, Tara		Gryphons	11.11m
10.60m 11.11m FOUL	FOUL	FOUL 11.04m	
6 Black, Alex		UNB	10.65m
10.65m 10.21m 9.39m	9.98m	10.43m 10.19m	
7 Webb, Amy		UNB	10.20m
10.20m 9.03m 9.40m	9.57m	9.50m 9.13m	
8 Agyei-Gyamera, Marian		Waterloo	10.00m
9.22m 10.00m 9.77m	9.72m	8.97m 9.81m	
9 MacDonald, Elizabeth		Dal Tigers	9.87m
9.87m 9.49m 9.13m			
10 Lajoie, Susie		STFX	9.84m
8.80m 9.84m 9.55m			
11 Paris, Chantal		STFX	9.71m
9.12m 9.61m 9.71m			
12 Bailey, Alexandra		McGill Universit	9.64m
8.96m FOUL 9.64m			
13 Allan, Katerina		Dal Tigers	9.54m
9.11m 9.08m 9.54m			
14 Herd, Brittany		Gryphons	9.46m
9.46m 9.26m FOUL			
15 Krapez, Sarah		Waterloo	9.44m
8.96m 9.13m 9.44m			
16 Harris, Stephanie		McGill Universit	9.42m
9.33m 9.42m FOUL			
17 Coté, Joanie		Univ de Moncton	9.29m
8.88m 8.76m 9.29m			
18 Corbin, Stephanie		Laval	9.07m
8.53m 9.07m 8.91m			
19 Dobransky, Johanna		Ottawa	8.60m
7.74m 8.60m 7.96m			
20 Seguin, Nathalie		Laval	7.78m
7.73m 7.71m 7.78m			
21 Amakodiike, Lucy		UNB	6.96m
6.96m FOUL 6.88m			
-- Porlier-Langlois, Alex		Sherbrooke T&F	X12.46m
FOUL FOUL 12.05m	12.09m	12.46m FOUL	

Women Weight Throw 20lb

=====
 Fieldhouse: ! 18.18m 21-02-2009 Annie Larose
 Meet: % 17.88m 2009 Annie Larose
 CI Standards: \$ 16.32m

Name	Year	Team	Finals
1 Appiah, Cynthia		Lions	16.59m\$
15.64m FOUL 16.42m	16.06m	15.44m 16.59m	
2 Herd, Brittany		Gryphons	15.87m
FOUL 15.77m 15.87m	FOUL	15.14m FOUL	
3 Klodnicki, Katie		Lions	15.78m
14.47m 14.67m 15.61m	15.78m	15.01m 15.17m	
4 Kucharchuk, Chelcie		Alberta	15.23m
15.23m 14.07m 14.20m	14.66m	14.86m FOUL	
5 Harris, Stephanie		McGill Universit	14.36m
13.88m 14.36m 13.96m	FOUL	13.17m 13.42m	

Indoor Pentathlon: #2 Women High Jump

Name	Year	Team	Finals	Points
5 Garcia, Lina		Ottawa	1.46m	577
1.34 1.40 1.43 1.46 1.49				
O O XO O XXX				
9 Roulin, Raphaelle		Laval	1.34m	449

	1.25	1.28	1.31	1.34	1.37			
	O	O	O	XO	XXX			
10	Pilon, Chantel					Waterloo	1.31m	419
	1.28	1.31	1.34					
	O	XO	XXX					
--	Battiston, Alana					Club Saint Laure	X1.58m	712
	1.49	1.52	1.55	1.58	1.61			
	XO	O	XO	XXO	XXX			
--	Phelan, Emily					Halifast	X1.52m	644
	1.43	1.49	1.52	1.55				
	O	XO	O	XXX				

Indoor Pentathlon: #4 Women Long Jump

Name	Year	Team	Finals	Points				
1 Schneck, Amanda		Alberta	5.28m	637				
	FOUL	5.16m	5.28m					
2 Hildenbrandt, Leanne		Alberta	5.17m	606				
	FOUL	FOUL	5.17m					
3 Robbertse, Chantelle		Dal Tigers	5.11m	589				
	4.86m	4.98m	5.11m					
4 Harris, Meghan		Gryphons	5.03m	567				
	4.98m	4.99m	5.03m					
5 Massicotte, Jessica		Laval	4.99m	557				
	4.99m	4.89m	FOUL					
6 Fortin, Anne Marie		Chicoutimi	4.69m	477				
	4.58m	4.64m	4.69m					
7 Flourent, Agathe		McGill Universit	4.54m	438				
	4.51m	4.22m	4.54m					
8 Pilon, Chantel		Waterloo	4.51m	431				
	4.51m	4.44m	4.43m					
9 Garcia, Lina		Ottawa	4.41m	406				
	4.41m	4.21m	FOUL					
10 Roulin, Raphaelle		Laval	4.32m	384				
	4.28m	4.32m	4.23m					
--	Battiston, Alana					Club Saint Laure	X5.06m	576
	4.83m	4.98m	5.06m					
--	Phelan, Emily					Halifast	X4.98m	554
	4.91m	FOUL	4.98m					

Indoor Pentathlon: #3 Women Shot Put 4kg

Name	Year	Team	Finals	Points				
1 Harris, Meghan		Gryphons	9.90m	523				
	9.90m	FOUL	FOUL					
2 Massicotte, Jessica		Laval	9.87m	521				
	9.63m	9.87m	9.27m					
3 Schneck, Amanda		Alberta	9.56m	501				
	9.56m	9.47m	9.31m					
4 Hildenbrandt, Leanne		Alberta	9.46m	494				
	9.45m	9.46m	8.79m					
5 Garcia, Lina		Ottawa	9.43m	492				
	9.43m	8.90m	8.62m					
6 Fortin, Anne Marie		Chicoutimi	9.36m	488				
	8.33m	9.36m	9.14m					
7 Pilon, Chantel		Waterloo	8.26m	416				
	7.91m	8.26m	FOUL					
8 Robbertse, Chantelle		Dal Tigers	7.30m	354				
	6.94m	7.30m	6.71m					
9 Flourent, Agathe		McGill Universit	7.29m	354				
	7.29m	6.98m	6.94m					
10 Roulin, Raphaelle		Laval	6.69m	315				
	FOUL	6.69m	6.55m					
--	Battiston, Alana					Club Saint Laure	X10.05m	533
	9.87m	9.58m	10.05m					
--	Phelan, Emily					Halifast	X8.28m	417
	8.28m	FOUL	FOUL					

Women Indoor Pentathlon

Name	Year	Team	Finals
1 Schneck, Amanda		Alberta	3519\$
2 Battiston, Alana		Club Saint Laure	3391
3 Phelan, Emily		Halifast	3144
4 Harris, Meghan		Gryphons	3137

5	Massicotte, Jessica	Laval	3050
6	Hildenbrandt, Leanne	Alberta	3035
7	Robbertse, Chantelle	Dal Tigers	3018
8	Fortin, Anne Marie	Chicoutimi	2517
9	Flourent, Agathe	McGill Universit	2421
10	Pilon, Chantel	Waterloo	2220
11	Roulin, Raphaelle	Laval	2203

Men 60 Meter Dash

```

=====
Fieldhouse: ! 6.56 2002 Nicolas Macrozonaris
Meet: % 6.73 29-01-2010 Ben Youssef Meite
CI Standards: $ 6.80
=====
Name Year Team Prelims
=====
Heat 1 Preliminaries
1 Bawol, Michael Dal Tigers 7.06Q
2 Brisson, Matt Mustangs 7.13q
3 Persaud, Jason Ottawa 7.38
4 Ellemo, Eric McGill Universit 7.44
5 Lopez, Hugo U of T Varsity 7.66
6 Morden, Matt Mustangs 7.69
-- Richard, Bianco Perf Max X6.97
-- Gbaguidi, Alexandre Perf Max X7.16
Heat 2 Preliminaries
1 Meité, Ben Youssef Sherbrooke $ 6.75Q
2 Stiva-Balla, Mat Gaels 7.20
3 Dunlop, Stephen Gaels 7.31
4 Savoie, Brent Univ de Moncton 7.33
5 Roy, Thierry-Olivier Laval 7.59
6 Courteau-Godmaire, Huber Umtl 7.62
7 Ryan, Sean Ottawa 8.01
Heat 3 Preliminaries
1 MacLeod, Tyler Windsor 7.02Q
2 Moussa, Nabil Dal Tigers 7.32
3 Lukas, KJ Gryphons 7.45
4 Williams, Orrett Ottawa 7.66
5 Blackford, Chris U of T Varsity 7.72
6 Marchand, Pierre-Luc Chicoutimi 7.89
-- Horacius, Pierre-Hans Perf Max X7.11
-- Kaba, Sekou On-Ottawa Lions X7.30
Heat 4 Preliminaries
1 Richards-Kwok, Dontae Lions 6.89Q
2 Govia, Luke Waterloo 7.12q
3 Muirhead, Jacob Waterloo 7.44
4 Songane, Paulo U of T Varsity 7.54
5 Boutin, Jean-Philippe Laval 7.57
6 Miron-Morin, Maxime Paladins 7.60
7 Leblanc, Guillaume Chicoutimi 8.07
-- Dore, Alex Perf Max X7.22
Heat 5 Preliminaries
1 Greenaway, Christopher Ottawa 7.05Q
2 Robertson, Michael Ottawa 7.07q
3 Frenke, Gord Gaels 7.20
4 Gauthier-Kwan, Olivier Ottawa 7.23
5 Johnson, Chris U of T Varsity 7.39
6 Khan, Jeremy Lions 7.60
7 Phillips, Colin STFX 7.79
8 Duquette, Christian Sherbrooke 8.13
Heat 6 Preliminaries
1 Sarfati, David McGill Universit 7.18Q
2 Kwarko-Fosu, Kofi Waterloo 7.25
3 Ivy, Richard UNB 7.35
4 Lawal, Idris Ottawa 7.47
5 Sugantharaj, Raveen McGill Universit 7.50
6 Hypolite, Kwesi Lions 7.55
7 Kim, Ji STFX 7.64
-- Sissoko, Moussa On-Ottawa Lions X6.89
Heat 7 Preliminaries
1 Ogunde, Olu Lions 6.95Q
2 Keating, Justin Windsor 7.05q
3 Cordeau, Felix-Olivier Paladins 7.32
4 Masys, Jordan McGill Universit 7.33
5 Carroll, Alex Gaels 7.36
6 Yanni, Yussuf Lions 7.44
7 Vanderlinden, Alex STFX 8.04
8 Sylvestre, Piere-Olivier Sherbrooke 8.06
Heat 8 Preliminaries
1 Tesfaye, Gabriel Ottawa 7.16Q
2 Frenette, Mathieu Univ de Moncton 7.36
3 Ariwi, Joseph McGill Universit 7.45

```

4	Gagnon, Yvon	Univ de Moncton	7.60
5	Ojuawo, Jide	STFX	7.61
--	Smith, Oluseyi	On-Ottawa Lions	X6.85
--	Palmer, Hank	Club Athletisme	X6.87
Heat 9 Preliminaries			
1	Dunyo, Shlomo	Waterloo	6.93Q
2	Vulgaire, Harold	Sherbrooke	7.00q
3	Honig, Kevin	Gryphons	7.16q
4	Noronha, Denis	McMaster	7.25
5	Stuart, Alex	UNB	7.54
6	Henneberg, Grant	Gaels	7.62
7	Labelle, Pierre-Luc	Umtl	7.82
--	Smellie, Gavin	Flying Angels	\$ X6.77
Heat 10 Preliminaries			
1	Seigny, Sebastien	Sherbrooke	7.09Q
2	Guindon, Marc-Olivier	Umtl	7.36
3	Huff, Wesley	Lions	7.43
4	Osagie, Judah	Lions	7.48
5	Terejko, Ben	Waterloo	7.55
6	Fung, Ian	Gaels	7.70
7	Linares, Keith	UNB	8.28
--	Adu-Bobie, Richard	On-Ottawa Lions	X6.99
Heat 11 Preliminaries			
--	Titi, Emmanuel Mbimbe	Club Tarus	X7.05
--	Massok, Patrick	Club Saint Laure	X7.08
--	Gordon-Maule, Quaysie	Club Athletisme	X7.32
--	Gonzalez, Isael	Perf Max	X7.34

Men 60 Meter Dash invitation

Name	Year	Team	Finals
------	------	------	--------

Section 1

--	Smellie, Gavin	Flying Angels	X6.77
--	Adu-Bobie, Richard	On-Ottawa Lions	X6.83
--	Palmer, Hank	Club Athletisme	X6.87
--	Smith, Oluseyi	On-Ottawa Lions	X6.91
--	Sissoko, Moussa	On-Ottawa Lions	X6.93
--	Richard, Bianco	Perf Max	X6.94
--	Titi, Emmanuel Mbimbe	Club Tarus	X7.03
--	Massok, Patrick	Club Saint Laure	X7.05

Men 60 Meter Dash

Fieldhouse: !	6.56	2002	Nicolas Macrozonaris
Meet: %	6.73	29-01-2010	Ben Youssef Meite
CI Standards: \$	6.80		

Name	Year	Team	Finals
------	------	------	--------

Section 1 Finals

1	Meité, Ben Youssef	Sherbrooke	6.74\$
2	Dunyo, Shlomo	Waterloo	6.90
3	Richards-Kwok, Dontae	Lions	6.91

Men 4x800 Meter Relay

Fieldhouse: !	7:30.83	07-03-2008	Victoria
Meet: %	7:36.01	27-01-2007	Dalhousie
CI Standards: \$	7:41.46		

Team	Finals
------	--------

Section 1

2	Western 'A'		7:45.22
1)	Muldoon, Matt	2)	Leitch, Scott
3)	Hayward, Nathan	4)	Armstrong, Ryan
3	Dalhousie 'A'		7:47.33
1)	Blades, Justin	2)	Falkenham, Andrew
3)	McCabe, Kahmall	4)	Gorman, Dan
4	Guelph 'A'		7:49.09
1)	Boulay, Benoit	2)	MacDonald, Matt
3)	Holmes, Stephen	4)	Jackson, Robert
5	Lakehead 'A'		7:49.23
1)	Brown, Chris	2)	Roske, Travis
3)	Brown, Alastair	4)	Rismay, Dalton
6	Queen's 'A'		7:55.55
1)	Mountjoy, Jeff	2)	Patterson, Clay
3)	Bentley, Michael	4)	Nishiyama, Michael
7	Waterloo 'A'		7:56.76
1)	Briggs, Devon	2)	Allen, Charley
3)	Spalvieri, Justin	4)	Xie, Lawrence
8	Sherbrooke 'A'		7:59.94

1) Menard, Guillaume	2) Thouin, Nicolas	
3) Bilodeau, Mathieu	4) Roy, Marc-andre	
9 McMaster 'A'		8:00.71
1) Harrington, James	2) Walsh, Jeremy	
3) Barry, Eric	4) Downing, Eric	
10 York 'A'		8:11.47
1) Charlton, Ryan	2) Henry, Ethan	
3) Montgomery, Kevin	4) Mayer, David	
11 Ottawa 'A'		8:13.40
1) Boast, Cody	2) Dionne, Andrew	
3) Cloutier, Philippe	4) Cziranka-Crooks, Zachary	

Men High Jump

Fieldhouse: !	2.27m	1996		Kwaku Boateng
Meet: %	2.15m	1998		Kwaku Boateng
CI Standards: \$	2.04m			
Name		Year	Team	Finals
Flight 1				
1 Watts, Simon			Dal Tigers	2.08m\$
	2.00	2.05	2.08	2.12
	XXO	XO	XO	XXX

Men 60 Meter Dash

Fieldhouse: !	6.56	2002		Nicolas Macrozonaris
Meet: %	6.73	29-01-2010		Ben Youssef Meite
CI Standards: \$	6.80			
Name		Year	Team	Finals
Section 1 Finals				
4 Ogunde, Olu			Lions	J6.97
5 MacLeod, Tyler			Windsor	7.03
5 Bawol, Michael			Dal Tigers	7.03
7 Greenaway, Christopher			Ottawa	7.08
8 Sevigny, Sebastien			Sherbrooke	7.09
Section 2 Finals				
1 Vulgaire, Harold			Sherbrooke	6.97
2 Keating, Justin			Windsor	6.98
3 Robertson, Michael			Ottawa	7.04
4 Govia, Luke			Waterloo	7.06
5 Honig, Kevin			Gryphons	7.11
6 Tesfaye, Gabriel			Ottawa	J7.16
7 Sarfati, David			McGill Universit	7.16

Men 300 Meter Dash

Fieldhouse: !	32.95	2002		Shane Niemi
Meet: %	32.95	2002		Shane Niemi
CI Standards: \$	34.64			
Name		Year	Team	Finals
Section 1				
1 Robertson, Michael			Ottawa	33.87\$
2 Richards-Kwok, Dontae			Lions	34.54\$
-- Richard, Bianco			Perf Max	X33.85\$
-- Reid, Jon			On-Ottawa Lions	X34.02\$
-- Sissoko, Moussa			On-Ottawa Lions	X34.48\$
-- Smith, Oluseyi			On-Ottawa Lions	X35.40
Section 2				
1 Reid, Chris			Windsor	34.47\$
2 Dills, Brendan			Windsor	34.63\$
3 Biocchi, Devin			Ottawa	34.99
4 Mosley, Ingvar			Lions	35.00
5 Sevigny, Sebastien			Sherbrooke	35.42
6 Trnkus, Michael			U of T Varsity	35.53
Section 3				
1 Tat, Jimmy			McMaster	35.21
4 Mayer, David			Lions	35.86
5 Stiva-Balla, Mat			Gaels	36.76
10 Goddard, Dan			Mustangs	35.40
11 Granillo, Elias			Mustangs	35.40
-- Chan, Daniel			Club Ltoronto Tr	X35.71
Section 4				
1 MacLeod, Tyler			Windsor	35.27
2 Dunyo, Shlomo			Waterloo	35.60
3 Hutchinson, Scott			McMaster	35.97
4 Montinat, Birko			Lions	36.25
5 Govia, Luke			Waterloo	36.69
-- Nichol, Leonae			Windsor	DQ

163.3

Section 5			
1	Nightingale, Travis	Windsor	35.91
2	Norman, Dwayne	Lions	36.08
3	Davis, Thomas	Mustangs	36.29
4	Wilson, David	Ottawa	36.61
Section 6			
1	Terejko, Ben	Waterloo	36.51
2	Baronette, Rudy	McMaster	36.53
3	Muirhead, Jacob	Waterloo	36.85
4	McKay-Timmermans, Drew	Mustangs	37.30
5	Grant, Oliver	Waterloo	37.37
Section 7			
1	Noronha, Denis	McMaster	36.47
2	Persaud, Jason	Ottawa	37.13
3	Songane, Paulo	U of T Varsity	37.54
4	Lukas, KJ	Gryphons	38.03
5	Wyman, Ben	McGill Universit	38.58
6	Sugantharaj, Raveen	McGill Universit	39.04
Section 8			
1	Cordeau, Felix-Olivier	Paladins	36.84
2	Pawelke, Matt	McMaster	36.98
3	Beaudoin-Hamel, Vincent	Laval	37.26
4	Robitaille-Beaumier, Gui	Sherbrooke	37.57
5	Ryan, Sean	Ottawa	38.74
6	Kirten, Devin	Dal Tigers	39.10
Section 9			
1	Courteau-Godmaire, Huber	Umtl	37.09
2	Boutin, Jean-Philippe	Laval	37.26
3	Stuart, Alex	UNB	37.73
4	Khan, Jeremy	Lions	37.79
5	Johnson, Chris	U of T Varsity	38.63
6	Han, Kevin	McGill Universit	39.79
Section 10			
1	Frenette, Mathieu	Univ de Moncton	37.84
2	Savoie, Brent	Univ de Moncton	37.98
3	Ling, David	U of T Varsity	38.05
4	Kwarko-Fosu, Kofi	Waterloo	38.08
5	Lambert, Jermaine	U of T Varsity	38.42
6	Ojuawo, Jide	STFX	38.87
Section 11			
1	Miron-Morin, Maxime	Paladins	37.91
2	Betty, Gabriel	Sherbrooke	39.65
3	Guindon, Marc-Olivier	Umtl	39.81
4	Williams, Orrett	Ottawa	39.93
5	Kim, Ji	STFX	40.23
--	Osagie, Judah	Lions	DQ 163.3
Section 12			
1	Gagnon, Yvon	Univ de Moncton	38.30
2	Phillips, Colin	STFX	38.95
3	Vanderlinden, Alex	STFX	39.00
4	Campbell, Michael	UNB	41.91
5	Knopp, Zachary	UNB	44.28
--	Powell, Howard	Flying Angels	X37.20
Section 13			
1	Frenke, Gord	Gaels	35.35
2	Ellemo, Eric	McGill Universit	35.95
3	Fung, Ian	Gaels	39.19
4	Beaupre, Jonathan	Chicoutimi	39.47
5	Thauvin, Cedric	McGill Universit	39.58
6	Larade, Nicholas	UNB	39.76

Men 600 Meter Run

```

=====
Fieldhouse: ! 1:17.26 2000 Alexandre Marchand
Meet: % 1:18.36 27-01-2007 Geoff Harris
CI Standards: $ 1:19.64
Name Year Team Finals
=====
Section 1
1 Ostapowich, Jaden Alberta 1:19.26$
2 Eldridge, Dustin Windsor 1:20.12
3 Blades, Justin Dal Tigers 1:20.15
4 Tome, Mitch Windsor 1:20.51
5 Nishiyama, Michael Gaels 1:20.69
6 Lapointe, Jean-Samuel Laval 1:20.87
7 Raymond, Mathieu Laval 1:21.15
8 McCabe, Kahmall Dal Tigers 1:21.98
9 Doiron, Jean-Marc Univ de Moncton 1:22.27
-- Labranche, Jean-Daniel Club Rouge et Or X1:22.13
Section 2
1 Smithers, Cameron Ottawa 1:22.55

```

2 Bentley, Michael	Gaels	1:23.26
3 Cruickshank, Andrew	U of T Varsity	1:24.09
4 Muldoon, Matt	Mustangs	1:24.19
5 Boudreau, Mathieu	Laval	1:24.69
6 Charlton, Ryan	Lions	1:24.79
7 Hayward, Nathan	Mustangs	1:24.82
8 Boast, Cody	Ottawa	1:26.61
-- Parent-Pichette, Vincent	Dynamique de Lav	X1:22.49
-- Lawson, Peter	Halifast	X1:25.55

Section 3

1 Boulay, Benoit	Gryphons	1:23.13
2 Henry, Ethan	Lions	1:24.26
3 Bilodeau, Mathieu	Sherbrooke	1:24.35
4 Levy, Tyler	McGill Universit	1:24.50
5 Primeau, Codie	Ottawa	1:24.75
6 Chevrette Belisle, Huber	Ottawa	1:24.99
7 Xie, Lawrence	Waterloo	1:25.54
8 Babineau, Olivier	McGill Universit	1:25.96
9 Barry, Eric	McMaster	1:32.38

Section 4

1 Greenidge, Jameel	Conu	1:24.34
2 Bates, Brent	Mustangs	1:26.06
3 Taillon, Marc-Philippe	Ottawa	1:26.07
4 Downing, Eric	McMaster	1:26.55
5 Mountjoy, Jeff	Gaels	1:26.58
6 Blackford, Chris	U of T Varsity	1:26.59
7 Forbes, Ian	McGill Universit	1:26.65
8 Falkenham, Andrew	Dal Tigers	1:26.72
9 Cloutier, Philippe	Ottawa	1:27.04
10 Quevillon, Zachary	Ottawa	1:29.26

Section 5

1 Roy, Marc-andre	Sherbrooke	1:25.39
2 Tousignant, Charles	Univ de Moncton	1:26.54
3 Larochele, Philippe	Laval	1:27.05
4 Plante-Dube, Sacha	Laval	1:27.23
5 Sandeson, William	Dal Tigers	1:27.26
6 Barriere, Julien	Sherbrooke	1:27.29
7 Salesse, Thibaut	Sherbrooke	1:29.70
8 Rouleau, Jean-Francois	Sherbrooke	1:29.73
9 Forget, Marc-André	Sherbrooke	1:29.96
10 McNeil, Stu	STFX	1:30.80

Section 6

1 Leitch, Scott	Mustangs	1:19.15\$
2 Paquet, Olivier	Chicoutimi	1:29.92
3 Bérubé, Sylvain	Univ de Moncton	1:31.99
4 Gauthier, Loic	Chicoutimi	1:32.03
5 Campbell, Michael	UNB	1:32.99
6 Dumaresq, Pascal	Chicoutimi	1:35.76
7 Knopp, Zachary	UNB	1:37.81

Men 1000 Meter Run

=====			
Fieldhouse: !	2:23.08	1999	Sebastien Ouellet
Meet: %	2:26.05	1997	Alex Hutchinson
CI Standards: \$	2:25.19		

Name	Year	Team	Finals
------	------	------	--------

=====			
Section 1			
1 Ostapowich, Jaden		Alberta	2:23.66\$
2 Lapointe, Jean-Samuel		Laval	2:26.43
3 Jackson, Robert		Gryphons	2:26.89
4 Boland, Joe		Alberta	2:28.06
5 Holmes, Stephen		Gryphons	2:28.81
6 Raymond, Mathieu		Laval	2:29.69
7 Kramer, Daniel		McGill Universit	2:30.24
8 Mosher, Tommy		Gryphons	2:30.78
9 Henry, Ethan		Lions	2:32.34
10 Greenidge, Jameel		Conu	2:36.25
-- Lecours, Tommy		Speed River Tfc	X2:25.51%
5 Raymond, Benjamin		Dynamique de Lav	X2:31.41

Section 2

1 Gorman, Dan		Dal Tigers	2:28.92
1 Plante-Dube, Sacha		Laval	2:36.23
2 Fournier-Dufour, Jean-Si		Laval	2:36.63
3 Larochele, Philippe		Laval	2:37.20
4 Forbes, Ian		McGill Universit	2:38.36
6 Percival, Mike		McMaster	2:38.90
7 Bouchard, Frederic		Laval	2:33.51
9 Gunn-Deorge, Ben		STFX	2:41.38
8 Day, Kieran		On-Ottawa Lions	X2:42.08
-- Pavelic, Antun		U of T Varsity	2:36.56

Section 3

1	Murphy, James	UNB	2:38.01
2	Behan, Jeff	Gaels	2:38.66
3	Fradet, Laurent	Sherbrooke	2:42.43
4	Palmer, Brad	Ste-Mary's Unive	2:44.08
5	Labuik, Devon	McGill Universit	2:44.35
6	Barriere, Julien	Sherbrooke	2:44.39
7	Churchill, Tyson	Ste-Mary's Unive	2:45.70
8	Paquet, Olivier	Chicoutimi	2:51.27
9	Larade, Nicholas	UNB	2:52.33
10	McNeil, Stu	STFX	2:52.76
11	Gauthier, Loic	Chicoutimi	2:54.09
12	Dumaresq, Pascal	Chicoutimi	3:00.07

Men 1500 Meter Run

=====

Fieldhouse: ! 3:48.82 08-03-2008 Geoff Martinson

Meet: % 3:50.44 30-01-2010 Robert Jackson

CI Standards: \$ 3:52.19

Name Year Team Finals

=====

Section 1

1	Brown, Alastair	LAKE	3:53.27
2	Lavoie, Olivier	Sherbrooke	3:54.28
3	Boland, Joe	Alberta	3:55.62
4	Philibert-Thiboutot, Cha	Laval	3:55.73
5	Holmes, Stephen	Gryphons	3:58.14
6	Jackson, Robert	Gryphons	4:00.22
7	Proudfoot, Ross	Gryphons	4:02.29
8	Armstrong, Ryan	Mustangs	4:03.85
9	Brett, Allan	Gryphons	4:08.17
--	Sikubwabo, Yves	On-Ottawa Lions	X3:52.59
--	Lecours, Tommy	Speed River Tfc	X3:52.77
--	Colle, Stephane	Fleur de Lys	X4:00.62

Section 2

1	Huff, Ryan	Mustangs	3:57.40
2	Davenport, Dennis	U of T Varsity	3:57.52
3	Allen, Charley	Waterloo	3:57.61
4	Walsh, Jeremy	McMaster	3:58.55
5	Mosher, Tommy	Gryphons	3:58.89
6	Kramer, Daniel	McGill Universit	3:59.79
7	Denault, Alex	U of T Varsity	4:01.34
8	Gorman, Dan	Dal Tigers	4:02.25
9	Outhit, Connor	U of T Varsity	4:02.95
10	Patterson, Clay	Gaels	4:03.00
11	O'Neill, Kyle	Mustangs	4:05.11
12	Mackie, Kyle	Ottawa	4:05.84

Section 3

1	MacGuire, Connor	STFX	4:00.86
2	Bowes, Graham	McMaster	4:02.17
3	Montgomery, Kevin	Lions	4:02.87
4	Thouin, Nicolas	Sherbrooke	4:04.31
5	Roske, Travis	LAKE	4:04.67
6	Pavelic, Antun	U of T Varsity	4:05.22
7	Archer, Jeff	Gaels	4:05.69
8	Briggs, Devon	Waterloo	4:06.45
9	Spalvieri, Justin	Waterloo	4:08.81
10	Koziarski, Robert	Gryphons	4:13.16
--	Noel-Hodge, Ryan	Fleur de Lys	X4:01.87
--	Day, Kieran	On-Ottawa Lions	X4:08.16

Section 4

1	Woloshyn, Jake	U of T Varsity	4:07.82
2	Rismay, Dalton	LAKE	4:09.56
3	Russell, Bruce	Dal Tigers	4:10.59
4	MacLean, Julian	STFX	4:10.63
5	Fournier-Dufour, Jean-Si	Laval	4:10.95
6	Menard, Guillaume	Sherbrooke	4:11.40
7	Larouche, Anthony	Laval	4:11.83
8	Behan, Jeff	Gaels	4:13.53
9	Quenneville, Gabe	STFX	4:13.96
10	Bark, Rob	Ottawa	4:15.98
11	Snider, Graydon	McGill Universit	4:16.68
--	Gunn-Deorge, Ben	STFX	DQ

163.2

Section 5

1	Bouchard, Frederic	Laval	4:08.58
2	Murphy, James	UNB	4:10.12
3	Levesque-Tremblay, Charl	Laval	4:10.66
4	Morelli, Didier	Conu	4:13.26
5	Guend, Sofiane	Conu	4:15.30
6	Dionne, Andrew	Ottawa	4:15.42
7	McGregor, Adam	Dal Tigers	4:15.72

8	Lapierre, Maxime	Laval	4:18.41
9	Orchard, Brad	Ste-Mary's Unive	4:19.71
10	Fradet, Laurent	Sherbrooke	4:21.48
11	Strokach, Alexey	U of T Varsity	4:22.96
12	Labuik, Devon	McGill Universit	4:26.88
13	Lorenz, Tyler	McGill Universit	4:39.88
Section 6			
1	Marshall, John	Paladins	4:21.17
2	Grondahl, Jaan	McGill Universit	4:22.96
3	Palmer, Brad	Ste-Mary's Unive	4:26.01
4	Hayes, Richard	Paladins	4:26.02
5	Cziranka-Crooks, Zachary	Ottawa	4:26.43
6	Churchill, Tyson	Ste-Mary's Unive	4:27.95
7	Saul, Donald	Paladins	4:31.64
8	Henderson, Eric	Paladins	4:32.07
9	Lafreniere-Abel, Olivier	Paladins	4:34.81
10	MacAdam, J.K	Ste-Mary's Unive	4:40.22

Men 3000 Meter Run

=====
 Fieldhouse: ! 8:07.38 29-01-2010 Reid Coolaset
 Meet: % 8:15.61 29-01-2010 kyle Boorsma
 CI Standards: \$ 8:20.72

Name	Year Team	Finals
Section 1		
1	Genest, Alex	Gryphons 8:14.96%
2	Proudfoot, Ross	Gryphons 8:22.33
3	Nixon, Andrew	Gryphons 8:22.44
4	Huff, Ryan	Mustangs 8:24.42
5	Boorsma, Kyle	Gryphons 8:26.24
6	O'Neill, Kyle	Mustangs 8:30.78
7	Yorke, Andrew	McMaster 8:31.84
8	Koziarski, Robert	Gryphons 8:45.62
9	Archer, Jeff	Gaels 8:49.19
10	Woloshyn, Jake	U of T Varsity 8:49.57
11	Nicholl, Andrew	U of T Varsity 8:55.86
12	Boychuk, Jay	McGill Universit 8:58.48
13	Mackie, Kyle	Ottawa 9:03.08
14	Brett, Allan	Gryphons 9:08.71
--	Sikubwabo, Yves	On-Ottawa Lions X8:21.88
--	Colle, Stephane	Fleur de Lys X8:30.85

Section 2		
1	Strokach, Alexey	U of T Varsity 8:52.69
2	Hatheway, Oliver	Gaels 9:07.80
8	Bowen, Sean	McMaster 8:57.04
9	Russell, Bruce	Dal Tigers 9:34.26
10	MacGuire, Connor	STFX 8:54.32
6	Noel-Hodge, Ryan	Fleur de Lys X8:36.0h
3	McElligot, Steven	Fleur de Lys X8:43.30
5	Desormeaux, Kyle	Ottawa Elite Rac X8:51.50
7	Asselstine, Robert	Physi-Kult Kings X8:55.40
--	Buzingo, Ferdinand	Sherbrooke DQ 163.3 et 163.5
--	Reid, Taylor	McMaster 8:47.16
--	Sandhu, Tristan	McMaster 8:58.25
--	Snider, Graydon	McGill Universit 9:00.07
--	Orchard, Brad	Ste-Mary's Unive 9:11.72
--	Harrigan, Shane	Ottawa 9:12.78

Section 3		
1	Guend, Sofiane	Conu 8:58.52
2	Lapierre, Maxime	Laval 8:58.60
3	Larouche, Anthony	Laval 8:59.26
4	Levesque-Tremblay, Charl	Laval 9:07.04
5	Stewart, Michael	Waterloo 9:09.01
6	MacLean, Julian	STFX 9:09.45
7	Bark, Rob	Ottawa 9:10.22
8	Morelli, Didier	Conu 9:12.06
9	McGregor, Adam	Dal Tigers 9:17.55
10	Quenneville, Gabe	STFX 9:20.19
11	Tiampo, Matt	Gaels 9:22.67
12	Hayes, Richard	Paladins 9:40.76
13	Grondahl, Jaan	McGill Universit 9:41.09
14	Saul, Donald	Paladins 9:41.27
15	Lorenz, Tyler	McGill Universit 9:48.38
16	Henderson, Eric	Paladins 9:48.53
17	MacAdam, J.K	Ste-Mary's Unive 10:19.36

Men 60 Meter Hurdles 42po

=====
 Fieldhouse: ! 7.75 16-02-2006 Charles Allen
 Meet: % 7.87 2000 Andrew Lissade

CI Standards: \$ 8.31

Name	Year Team	Prelims
Heat 1 Preliminaries		
1 Mosley, Ingvar	Lions	8.34Q
2 Francis, Jafari	U of T Varsity	8.89q
3 Tesfaye, Gabriel	Ottawa	8.90q
4 Mezeret, Sebastien	McGill Universit	9.56
5 Massar, Justin	Lions	10.05
-- Peng, Christopher	McGill Universit	DQ 168.7 b.
Heat 2 Preliminaries		
1 Morden, Matt	Mustangs	8.60Q
2 Sin, Jeremy	U of T Varsity	8.73q
3 Lopez, Hugo	U of T Varsity	8.89q
4 Courteau-Godmaire, Huber	Umtl	9.06
-- Kaba, Sekou	On-Ottawa Lions	\$ X8.26
Heat 3 Preliminaries		
-- Brisson, Matt	Mustangs	8.35q
-- Daly-Grafstein, Matt	U of T Varsity	9.01
1 Chevrette Belisle, Huber	Ottawa	8.64Q
2 Matheson, Brad	Lions	9.51
3 Chan, Daniel	Club Ltoronto Tr	X8.56

Men 60 Meter Hurdles Inviration

Name	Year Team	Finals
Section 1		
-- Kaba, Sekou	On-Ottawa Lions	X8.18

Men 60 Meter Hurdles 42po

Fieldhouse: ! 7.75 16-02-2006 Charles Allen			
Meet: % 7.87 2000 Andrew Lissade			
CI Standards: \$ 8.31			

Name	Year Team	Finals
Section 1 Finals		
1 Mosley, Ingvar	Lions	8.24\$
2 Brisson, Matt	Mustangs	8.25\$
3 Morden, Matt	Mustangs	8.73
4 Chevrette Belisle, Huber	Ottawa	8.78
5 Sin, Jeremy	U of T Varsity	8.83
6 Tesfaye, Gabriel	Ottawa	8.84
7 Lopez, Hugo	U of T Varsity	8.94
8 Francis, Jafari	U of T Varsity	9.05

Men 4x200 Meter Relay

Fieldhouse: ! 1:24.85 27-01-2007 Legacy Athletics			
Meet: % 1:27.14 27-01-2007 Western			
CI Standards: \$ 1:28.79			
Team	Finals		

Section 1			
1 Windsor 'A'			1:27.01%
1) MacLeod, Tyler	2) Dills, Brendan		
3) Reid, Chris	4) Nightingale, Travis		
2 York 'A'			1:29.29
1) Richards-Kwok, Dontae	2) Mosley, Ingvar		
3) Mayer, David	4) Montinat, Birko		
3 Waterloo 'A'			1:29.56
1) Dunyo, Shlomo	2) Govia, Luke		
3) Muirhead, Jacob	4) Terejko, Ben		
4 Sherbrooke 'A'			1:29.61
1) Seigny, Sebastien	2) Vulgaire, Harold		
3) Robitaille-Beaumier, Guillaume	4) Meité, Ben Youssef		
5 Ottawa 'A'			1:30.28
1) Greenaway, Christopher	2) Biocchi, Devin		
3) Tesfaye, Gabriel	4) Gauthier-Kwan, Olivier		
6 Montreal 'A'			1:37.78
1) Guindon, Marc-Olivier	2) Labelle, Pierre-Luc		
3) Normandin, David	4) Courteau-Godmaire, Hubert		
Section 2			
1 McMaster 'A'			1:31.36
1) Tat, Jimmy	2) Pawelke, Matt		
3) Hutchinson, Scott	4) Baronette, Rudy		
2 Western 'A'			1:31.58
1) Brisson, Matt	2) Goddard, Dan		
3) Granillo, Elias	4) McCartney, Brandon		
3 York 'B'			1:34.07

1) Norman, Dwayne	2) Huff, Wesley		
3) Khan, Jeremy	4) Osagie, Judah	X1:35.40	
-- Toronto 'A'			
1) Trnkus, Michael	2) Johnson, Chris		
3)	4) Benard, Townsend		
-- Guelph 'A'		DNF	
1) Robertson, Daryl	2) Haenni, Dustin		
3) Lukas, KJ	4) Honig, Kevin		
-- Queen's 'A'		DQ	170.13
1) Stiva-Balla, Mat	2) Frenke, Gord		
3) Kelly, Shane	4) Dunlop, Stephen		

Section 3

1 McGill 'A'		1:33.69
1) Masys, Jordan	2) Ellemo, Eric	
3) Steinbrenner, Alexander	4) Sarfati, David	
2 Ottawa 'B'		1:34.52
1) Persaud, Jason	2) Wilson, David	
3) Lawal, Idris	4) Williams, Orrett	
3 Laval 'A'		1:35.45
1) Beaudoin-Hamel, Vincent	2) Boudreau, Mathieu	
3) Boutin, Jean-Philippe	4) Bouchard, Frederic	
4 Moncton 'A'		1:36.91
1) Frenette, Mathieu	2) Gagnon, Yvon	
3) Bérubé, Sylvain	4) Savoie, Brent	
5 St Francis Xavier 'A'		1:40.96
1) McNeil, Stu	2) Vanderlinden, Alex	
3) Kim, Ji	4) Ojuawo, Jide	
6 Chicoutimi 'A'		1:41.76
1) Leblanc, Guillaume	2) Gauthier, Loic	
3) Marchand, Pierre-Luc	4) Beaupre, Jonathan	

Men 4x400 Meter Relay

=====
Fieldhouse: ! 3:14.12 08-03-2008 Calgary
Meet: % 3:17.91 1997 Western
CI Standards: \$ 3:20.33
Team Finals
=====

Section 1

1 Windsor 'A'		3:19.55\$
1) Reid, Chris	2) Dills, Brendan	
3) Tome, Mitch	4) Eldridge, Dustin	
2 Waterloo 'A'		3:22.77
1) Muirhead, Jacob	2) Govia, Luke	
3) Terejko, Ben	4) Dunyo, Shlomo	
3 York 'A'		3:23.12
1) Richards-Kwok, Dontae	2) Mayer, David	
3) Norman, Dwayne	4) Mosley, Ingvar	
4 Queen's 'A'		3:23.42
1) Frenke, Gord	2) Kelly, Shane	
3) Nishiyama, Michael	4) Stiva-Balla, Mat	
5 Ottawa 'A'		3:23.79
1) Smithers, Cameron	2) Biocchi, Devin	
3) Primeau, Codie	4) Chevrette Belisle, Hubert	
6 Guelph 'A'		3:28.73
1) Robertson, Daryl	2) Cadeau, Ray	
3) Haenni, Dustin	4) MacDonald, Matt	

Section 2

1 Dalhousie 'A'		3:25.85
1) Blades, Justin	2) McCabe, Kahmall	
3) Sandeson, William	4) Falkenham, Andrew	
2 Western 'A'		3:25.90
1) Davis, Thomas	2) Bates, Brent	
3) Mackay-Timmermans, Drew	4) Hayward, Nathan	
3 McMaster 'A'		3:29.03
1) Pawelke, Matt	2) Baronette, Rudy	
3) Tat, Jimmy	4) Walsh, Jeremy	
-- Toronto 'A'		X3:28.44
1) Songane, Paulo	2) Blackford, Chris	
3) Ling, David	4) Trnkus, Michael	

Section 3

1 Laval 'A'		3:28.52
1) Boudreau, Mathieu	2) Lapointe, Jean-Samuel	
3) Raymond, Mathieu	4) Philibert-Thiboutot, Charles	
2 Ottawa 'B'		3:29.80
1) Wilson, David	2) Boast, Cody	
3) Quevillon, Zachary	4) Persaud, Jason	
3 McGill 'A'		3:30.33
1) Levy, Tyler	2) Wyman, Ben	
3) Kramer, Daniel	4) Babineau, Olivier	
4 Moncton 'A'		3:35.73

- | | |
|---------------------------|------------------------|
| 1) Frenette, Mathieu | 2) Bérubé, Sylvain |
| 3) Tousignant, Charles | 4) Doiron, Jean-Marc |
| 5 Rmc 'A' | 3:39.62 |
| 1) Cordeau, Felix-Olivier | 2) Miron-Morin, Maxime |
| 3) Marshall, John | 4) Hayes, Richard |

Men 4x800 Meter Relay

=====
 Fieldhouse: ! 7:30.83 07-03-2008 Victoria
 Meet: % 7:36.01 27-01-2007 Dalhousie
 CI Standards: \$ 7:41.46
 Team Finals

- Section 1
 1 Toronto 'A' 7:43.83
 1) Outhit, Connor 2) Davenport, Dennis
 3) Denault, Alex 4) Cruickshank, Andrew

Men High Jump

=====
 Fieldhouse: ! 2.27m 1996 Kwaku Boateng
 Meet: % 2.15m 1998 Kwaku Boateng
 CI Standards: \$ 2.04m
 Name Year Team Finals

- Flight 1
 2 Gillis, James Dal Tigers 1.95m
 1.85 1.90 1.95 2.00
 XO O XXO XXX
 3 Ferragne, Jean-Gabriel Sherbrooke 1.85m
 1.70 1.75 1.80 1.85 1.90
 O O O O XXX
 3 Good, Andrew Waterloo 1.85m
 1.65 1.70 1.75 1.80 1.85 1.90
 O O O O XXX
 3 Tremblay, Nick Paladins 1.85m
 1.60 1.65 1.70 1.75 1.80 1.85 1.90
 O O O O XXX
 6 Weatherbie, Mike Ste-Mary's Unive J1.80m
 1.65 1.70 1.75 1.80 1.85
 O XO XO XO XXX
 6 Belfast-Kum, Jose Mustangs 1.80m
 1.70 1.75 1.80 1.85
 O O O XXX
 6 Garant, Jean-Philippe McGill Universit J1.80m
 1.65 1.70 1.75 1.80 1.85
 O O O XO XXX
 9 Beaudoin-Hamel, Vincent Laval 1.70m
 1.60 1.65 1.70 1.75
 O O XO XXX
 10 Massar, Justin Lions 1.65m
 1.60 1.65 1.70
 O O XXX
 -- Jean-Charles, Cedric Club Athletisme X1.85m
 1.75 1.80 1.85 1.90
 XO XO XO XXX

Men Pole Vault

=====
 Fieldhouse: ! 5.40m 25-01-2008 Jason Wunster
 Meet: % 5.40m 25-01-2008 Jason Wunster
 CI Standards: \$ 4.75m
 Name Year Team Finals

- =====
 2 Durward, Luke Lions J4.20m
 4.20 4.35
 XO XXX
 3 Benard, Townsend U of T Varsity 4.35m
 4.35 4.45
 XO XXX
 3 Worndl, Paul Gryphons J4.20m
 4.20 4.35
 XO XXX
 3 Farnsworth, Mark Ottawa J4.20m
 3.75 3.90 3.90 4.05 4.20 4.35
 XO O O XXO XXX
 3 Clark, Lane Gryphons J4.20m
 4.20 4.45
 XO XXX
 9 Normandin, David Umtl J4.20m
 4.05 4.20 4.35

10	Noormohamed, Rahim	McGill Universit	2.95m
	2.95 3.15		
1	Foley, David	Sherbrooke T&F	X4.80m\$
	4.65 4.80		
8	Gauthier, Rene	Sherbrooke T&F	XNH
	4.20		
--	Erle, Chris	Mustangs	4.45m
	4.35 4.45 4.65		
--	Di Bacco, Vince	Lions	4.05m
	3.75 3.90 3.90 4.05 4.20		
--	Busque, Nick	McGill Universit	3.75m
	3.35 3.55 3.75 3.90 3.90		
	0 XO XXO XXX XXX		

Men Long Jump

=====				
Fieldhouse:	!	7.63m	30-01-2010	Christopher Greenaway
Meet:	%	7.63m	30-01-2010	Christopher Greenaway
CI Standards:	\$	7.06m		
=====				
Name		Year	Team	Finals
=====				
1	Stewart, Taylor		Mustangs	7.30m\$
	7.30m FOUL 7.16m FOUL 7.13m FOUL			
2	Kuruner, Guyson		Gryphons	7.17m\$
	7.10m 7.10m 7.11m 7.17m 7.08m 7.10m			
3	Greenaway, Christopher		Ottawa	6.82m
	FOUL 6.82m 5.68m FOUL PASS PASS			
4	Gauthier-Kwan, Olivier		Ottawa	6.77m
	FOUL FOUL 6.67m 6.65m 6.69m 6.77m			
5	Fredette, Maxime		Sherbrooke	6.67m
	6.46m FOUL FOUL 6.67m FOUL FOUL			
6	Honig, Kevin		Gryphons	6.59m
	6.45m FOUL 6.59m 6.45m FOUL 6.53m			
7	Henneberg, Grant		Gaels	6.57m
	6.16m 6.24m FOUL FOUL 6.57m 6.55m			
8	Ariwi, Joseph		McGill Universit	6.34m
	6.34m FOUL FOUL FOUL FOUL 6.08m			
9	Yang, Jeremy		Waterloo	6.24m
	6.24m FOUL FOUL			
10	Yetman, Daniel		Dal Tigers	6.17m
	6.17m FOUL FOUL			
11	Potter, Brandon		Waterloo	6.01m
	5.75m 5.91m 6.01m			
12	Melville, Kevin		Ottawa	5.92m
	5.92m FOUL 5.58m			
13	Hypolite, Kwesi		Lions	5.89m
	5.54m 5.37m 5.89m			
14	Khan, Jeremy		Lions	5.87m
	FOUL 5.87m PASS			
15	Labelle, Pierre-Luc		Umtl	5.74m
	5.74m FOUL 5.51m			
16	Matheson, Brad		Lions	5.61m
	5.61m 5.43m 5.55m			
17	Pratt, Dahn		Lions	5.55m
	5.55m PASS PASS			
18	Weatherbie, Mike		Ste-Mary's Unive	5.36m
	FOUL 5.36m 5.36m			
19	Han, Kevin		McGill Universit	5.33m
	5.33m 5.22m 4.25m			
20	Beaupre, Jonathan		Chicoutimi	4.88m
	4.88m 4.75m 4.75m			
--	Landry, Pierre		Club A S E A	X7.06m\$
	6.83m FOUL 6.58m 6.66m 6.65m 7.06m			
--	Hind, Shawn		Gryphons	FOUL
	FOUL PASS PASS			

Men Triple Jump

=====				
Fieldhouse:	!	16.15m	22-02-2003	Shawn Peters
Meet:	%	15.25m	2006	Marion Nangle
CI Standards:	\$	14.29m		
=====				
Name		Year	Team	Finals
=====				
1	Honig, Kevin		Gryphons	14.30m\$
	14.01m 14.06m 14.06m 13.99m PASS 14.30m			

2	Shen, Carl				Mustangs		13.28m
		13.03m	FOUL	13.28m	13.26m	FOUL	13.22m
3	Potter, Brandon				Waterloo		13.17m
		12.80m	11.57m	13.02m	13.17m	12.75m	13.11m
4	Yetman, Daniel				Dal Tigers		13.10m
		12.70m	FOUL	13.10m	12.77m	12.67m	FOUL
5	Pratt, Dahn				Lions		13.01m
		12.82m	12.85m	12.85m	13.01m	12.69m	12.43m
6	Brown, Clay				Gryphons		12.99m
		12.82m	12.99m	FOUL	12.74m	12.93m	12.69m
7	Belfast-Kum, Jose				Mustangs		12.79m
		12.68m	12.79m	FOUL	FOUL	12.57m	FOUL
8	Melville, Kevin				Ottawa		12.15m
		FOUL	FOUL	12.08m	11.63m	FOUL	12.15m
--	Nangle, Marlon				Club Tarus		X14.36m\$
		FOUL	14.05m	FOUL	FOUL	14.36m	14.25m
--	Myketon, Brett				Halifast		X13.66m
		12.57m	FOUL	FOUL	FOUL	FOUL	13.66m

Men Shot Put 7.26kg

=====
 Fieldhouse: ! 17.52m 10-03-2007 Jim Steacy
 Meet: % 16.35m 1999 Paul Drogaris
 CI Standards: \$ 15.06m

Name	Year	Team	Finals
1 Hendry, Tim		Gryphons	16.93m%
		FOUL 15.46m FOUL 16.93m	FOUL 16.76m
2 Khan, Umar		Lions	16.08m\$
		14.49m 14.81m 15.29m 15.73m	FOUL 16.08m
3 Roubos, Brent		Gryphons	14.79m
		13.29m 14.33m 14.61m 14.79m	FOUL FOUL
4 Sharpe, Chris		Dal Tigers	13.83m
		13.57m 13.38m FOUL 13.33m	13.83m 13.47m
5 Massar, Justin		Lions	11.87m
		11.79m 11.87m 11.24m FOUL	11.36m 11.68m
6 Rodenheiser, Alex		Mustangs	11.84m
		11.66m FOUL FOUL 11.84m	FOUL 11.82m
7 Caissy, Mitchell		Univ de Moncton	11.43m
		11.38m 11.43m 10.67m 11.28m	10.62m 10.71m
8 Quevillon, Zachary		Ottawa	11.27m
		11.27m 10.99m FOUL FOUL	11.17m 11.09m
9 Cyr, Pascal		Univ de Moncton	11.25m
		9.92m 11.16m 11.25m	
10 Bouchard-Vincent, Gabrie		Laval	11.02m
		11.02m 10.93m 10.00m	
11 Brathwaite, Eric		Lions	10.35m
		FOUL FOUL 10.35m	
12 Jean, Philippe		Laval	10.25m
		FOUL FOUL 10.25m	
13 Duquette, Christian		Sherbrooke	9.79m
		9.44m 9.79m 8.47m	
14 Linares, Keith		UNB	9.63m
		9.63m 8.58m 8.93m	
15 McIntyre, Cameron		McGill Universit	9.08m
		8.92m 9.03m 9.08m	
-- Gagné, Alexandre		Sherbrooke T&F	X14.63m
		14.15m 14.63m 14.45m 13.97m	FOUL 14.30m
-- Dugas, Marc-Antoine		Sherbrooke T&F	X13.76m
		13.01m FOUL 13.13m 12.44m	13.76m 13.11m

Men Weight Throw 35lb

=====
 Fieldhouse: ! 23.61m 09-03-2007 Jim Steacy
 Meet: % 18.29m 26-01-2008 Owen Williems
 CI Standards: \$ 16.03m

Name	Year	Team	Finals
1 Hendry, Tim		Gryphons	17.07m\$
		16.25m 17.07m 16.54m 16.64m	16.91m 16.64m
2 Brathwaite, Eric		Lions	15.70m
		15.70m FOUL FOUL FOUL FOUL	
3 London, Seth		Dal Tigers	15.05m
		14.18m 14.92m 14.20m FOUL	FOUL 15.05m
4 Khan, Umar		Lions	14.80m
		13.51m 14.73m 14.80m FOUL	14.44m FOUL
5 Roubos, Brent		Gryphons	14.69m
		13.34m 13.84m FOUL FOUL	14.09m 14.69m
6 Demello, Louis		Dal Tigers	12.86m
		FOUL 11.94m 12.86m FOUL	FOUL FOUL
7 Rodenheiser, Alex		Mustangs	12.82m

8	Jean, Philippe	12.62m	12.82m	FOUL	12.24m	12.69m	12.32m	Laval	11.62m
9	Bouchard-Vincent, Gabrie	11.62m	11.55m	FOUL	FOUL	FOUL	10.07m	Laval	10.86m
10	Caissy, Mitchell	10.66m	10.28m	10.86m				Univ de Moncton	10.19m
11	Lanouette, Etienne	10.19m	9.99m	9.79m				Sherbrooke	9.17m
--	Baines, Jason	9.17m	FOUL	PASS				unattached	X18.82m%
--	Dugas, Marc-Antoine	17.52m	17.73m	18.76m	FOUL	18.82m	18.50m	Sherbrooke T&F	X16.54m\$
--	Haran, Maxime	FOUL	16.02m	FOUL	14.98m	16.54m	15.53m	Clud Vainqueurs	X16.24m\$
--	Gagné, Alexandre	FOUL	FOUL	15.27m	16.17m	FOUL	16.24m	Sherbrooke T&F	X15.90m
		13.33m	FOUL	14.07m	15.09m	13.43m	15.90m		

Indoor Pentathlon: #5 Men 1000 Meter Dash

Name	Year Team	Finals	Points
Section 1			
1 McCulloch, Rob	Dal Tigers	2:47.28	794
2 Allison Abaunz, Alexandr	Laval	2:58.44	680
3 Conlon, Justin	Waterloo	3:02.46	640
4 Arbour, Patrick	Ottawa	3:03.01	635
5 Li, Felix	Mustangs	3:03.51	630
6 Dow, Levi	Lions	3:04.21	624
-- Proulx, Emmett	On-Ottawa Lions	X3:13.71	536
-- Guenette, Jason	Laval	DNF	

Indoor Pentathlon: #1 Men 60 Meter Hurdles 42po

Name	Year Team	Finals	Points
Section 2			
1 Guenette, Jason	Laval	8.64	827
2 Allison Abaunz, Alexandr	Laval	8.93	761
3 Conlon, Justin	Waterloo	9.87	566
-- Proulx, Emmett	On-Ottawa Lions	X9.11	722
1 Arbour, Patrick	Ottawa	8.79	793
2 Li, Felix	Mustangs	9.17	709
3 McCulloch, Rob	Dal Tigers	9.50	639
4 Watts, Simon	Dal Tigers	9.67	605
5 Dow, Levi	Lions	9.74	591

Indoor Pentathlon: #4 Men High Jump

Name	Year Team	Finals	Points
Flight 1			
1 McCulloch, Rob	Dal Tigers	1.99m	794
		1.84 1.87 1.90 1.93 1.96 1.99 2.02	
		O P P O P O XXX	
2 Conlon, Justin	Waterloo	1.90m	714
		1.66 1.69 1.72 1.75 1.78 1.81 1.84 1.87 1.90 1.93	
		O P O P O XO O O XO XXX	
2 Watts, Simon	Dal Tigers	1.90m	714
		1.90 1.93 1.96 1.99	
		XXO P P XXX	
4 Guenette, Jason	Laval	1.78m	610
		1.60 1.63 1.66 1.69 1.72 1.75 1.78 1.81	
		O P O XO XO XO XXO XXX	
4 Arbour, Patrick	Ottawa	1.78m	610
		1.75 1.78 1.81	
		O O XXX	
4 Allison Abaunz, Alexandr	Laval	1.78m	610
		1.69 1.72 1.75 1.78 1.84	
		O O O XO XXX	
4 Dow, Levi	Lions	1.78m	610
		1.78 1.81 1.84	
		XO P XXX	
8 Li, Felix	Mustangs	1.63m	488
		1.60 1.63 1.66	
		XO O XXX	
-- Proulx, Emmett	On-Ottawa Lions	X1.75m	585
		1.66 1.69 1.72 1.75 1.78	
		O O XO XXO XXX	

Indoor Pentathlon: #2 Men Long Jump

Name	Year	Team	Finals	Points
1 McCulloch, Rob 6.47m 6.65m 6.42m		Dal Tigers	6.65m	732
2 Watts, Simon FOUL 6.48m 6.50m		Dal Tigers	6.50m	697
3 Allison Abaunz, Alexandr 6.04m 6.16m 6.24m		Laval	6.24m	639
4 Arbour, Patrick 6.02m FOUL 6.16m		Ottawa	6.16m	621
5 Dow, Levi 5.71m 6.05m 5.97m		Lions	6.05m	597
6 Conlon, Justin 5.73m 5.76m 5.96m		Waterloo	5.96m	578
7 Li, Felix 5.38m FOUL FOUL		Mustangs	5.38m	457
-- Proulx, Emmett FOUL 6.13m 5.57m		On-Ottawa Lions	X6.13m	615
-- Guenette, Jason FOUL FOUL FOUL		Laval	FOUL	

Indoor Pentathlon: #3 Men Shot Put 7.26

Name	Year	Team	Finals	Points
1 Arbour, Patrick 13.40m 13.92m 13.71m		Ottawa	13.92m	723
2 McCulloch, Rob 11.67m 11.43m 11.37m		Dal Tigers	11.67m	586
3 Conlon, Justin 10.93m FOUL FOUL		Waterloo	10.93m	542
4 Allison Abaunz, Alexandr 9.94m 10.23m 10.13m		Laval	10.23m	499
5 Watts, Simon 9.90m 10.09m 9.56m		Dal Tigers	10.09m	491
6 Guenette, Jason 8.61m 8.75m 9.54m		Laval	9.54m	458
7 Dow, Levi 8.94m 9.22m 9.42m		Lions	9.42m	451
8 Li, Felix 8.39m 8.48m 9.15m		Mustangs	9.15m	435
-- Proulx, Emmett 9.23m 8.34m 8.60m		On-Ottawa Lions	X9.23m	440

Men Indoor Pentathlon

Fieldhouse: !	3877	08-03-2007	Jamie Adjetey Nelson
Meet: %	3479	28-01-2008	Yassine El Fouladi
CI Standards: \$	3602		

Name	Year	Team	Finals
1 McCulloch, Rob		Dal Tigers	3545%
2 Arbour, Patrick		Ottawa	3382
3 Allison Abaunz, Alexandr		Laval	3189
4 Conlon, Justin		Waterloo	3040
5 Proulx, Emmett		On-Ottawa Lions	2898
6 Dow, Levi		Lions	2873
7 Li, Felix		Mustangs	2719
8 Guenette, Jason		Laval	1895