

Licensed to Delta Timing Group - Contractor License HY-TEK's Meet Manager
 2010 Canadian Track and Field Championships - 7/28/2010 to 7/31/2010
 Championnats canadiens d'athlétisme 2010
 Varsity Centre, Toronto ON
 Results

Women 100 Meter

8 Advance: Top 2 Each Heat plus Next 2 Best Times
 Cnd Senior: * 10.98 7/6/1987 Angela Bailey
 Champ R.: ! 11.08 1998 Philomena Mensah
 Varsity S.: % 11.56 2009 Toyin Olupona

Name	Year	Team	Prelims	Wind	H#
Preliminaries					
1	434	Bayley, Krysha	Legacy Athletics	% 11.53Q	0.7 3
2	417	Power, Adrienne	Halifast A.	11.58Q	2.1 1
3	338	Bingham, Khamica	Brampton T. C.	12.03Q	-0.8 2
4	391	Olupona, Toyin	Elite Edge	11.74Q	2.1 1
5	659	Griffiths, Miana	Unattached - ON	11.75Q	0.7 3
6	503	Hanlon, Maggie	Pacific A.	12.08Q	-0.8 2
7	412	Peirce, Sarah	Guelph T&F C.	11.93q	2.1 1
8	504	Jacques, Farah	Perfmax-Racing	12.04q	0.7 3
9	408	Bell-Spence, Jonel	G-Force T. C.	12.08	0.7 3
10	716	Khan, Janelle	Voleo Athletics	12.16	0.7 3
11	340	Martin, Simone	Brampton T. C.	12.26	-0.8 2
12	355	Hurrel, Karlene	Capital City	12.28	2.1 1
13	507	Saint-Jean, Marie-	Perfmax-Racing	12.32	2.1 1
14	337	Anane-Bediakoh, Da	Brampton T. C.	12.36	2.1 1
15	399	Ruller, Amanda	Excel Athletika	12.41	-0.8 2
16	721	Harrison, Danielle	Windsor Legion	12.44	2.1 1
--	728	Whitegibson, Billi	Windsor Legion	DNS	-0.8 2
--	536	Thibault, Geneviève	Rouge ET OR	DNS	-0.8 2
--	301	Hyacinthe, Kimberl	Athletisme Mtl	DNS	0.7 3
--	567	Blanchard, Geneviève	Sherbrooke	DNS	0.7 3
--	521	Redhead, Janelle	Project A.	X12.01	-0.8 2

Women 100 Meter

Cnd Senior: * 10.98 7/6/1987 Angela Bailey
 Champ R.: ! 11.08 1998 Philomena Mensah
 Varsity S.: % 11.56 2009 Toyin Olupona

Name	Year	Team	Finals	Wind	Points
Finals					
1	391	Olupona, Toyin	Elite Edge	11.46%	0.4 10
2	434	Bayley, Krysha	Legacy Athletics	11.55%	0.4 8
3	417	Power, Adrienne	Halifast A.	11.60	0.4 6
4	659	Griffiths, Miana	Unattached - ON	11.84	0.4 5
5	412	Peirce, Sarah	Guelph T&F C.	11.88	0.4 4
6	338	Bingham, Khamica	Brampton T. C.	11.89	0.4 3
7	504	Jacques, Farah	Perfmax-Racing	11.97	0.4 2
8	503	Hanlon, Maggie	Pacific A.	12.02	0.4 1

Women 200 Meter

8 Advance: Top 3 Each Heat plus Next 2 Best Times
 Cnd Senior: * 22.62 7/10/1983 Marita Payne
 Champ R.: ! 22.64 1989 Jillian Richardson
 Varsity S.: % 23.22 2009 Adrienne Power

Name	Year	Team	Prelims	Wind	H#
Preliminaries					
1	417	Power, Adrienne	Halifast A.	23.69Q	-0.7 1
2	630	Nelson, Amonn	U OF C Athletics	24.34Q	-1.4 2
3	420	Brennan, Christian	Hamilton O. C.	24.36Q	-0.7 1
4	301	Hyacinthe, Kimberl	Athletisme Mtl	24.71Q	-1.4 2
5	726	Montcalm, Noelle	Windsor Legion	24.56Q	-0.7 1
6	616	Pascal, Cassandra	Take Flight A.	25.04Q	-1.4 2
7	408	Bell-Spence, Jonel	G-Force T. C.	24.87q	-0.7 1
8	407	Emmanuel, Crystal	Flying Angels A.	24.91q	-0.7 1
9	340	Martin, Simone	Brampton T. C.	25.12	-1.4 2
10	504	Jacques, Farah	Perfmax-Racing	25.15	-1.4 2
11	503	Hanlon, Maggie	Pacific A.	25.21	-1.4 2
12	716	Khan, Janelle	Voleo Athletics	25.32	-1.4 2
13	680	Mcbean, Athena	U Toronto TC	25.42	-0.7 1
14	355	Hurrel, Karlene	Capital City	25.44	-0.7 1
--	455	Trusty, Rhonda Kay	Mississauga	DNS	-1.4 2
--	521	Redhead, Janelle	Project A.	X24.58	-0.7 1

Women 200 Meter

=====					
Cnd Senior: *		22.62	7/10/1983	Marita Payne	
Champ R.: !		22.64	1989	Jillian Richardson	
Varsity S.: %		23.22	2009	Adrienne Power	
Name	Year	Team	Finals	Wind	Points
=====					
Finals					
1	417	Power, Adrienne	Halifast A.	23.47	0.8 10
2	630	Nelson, Amonn	U OF C Athletics	23.79	0.8 8
3	420	Brennan, Christian	Hamilton O. C.	23.84	0.8 6
4	301	Hyacinthe, Kimberl	Athletisme Mtl	24.19	0.8 5
5	726	Montcalm, Noelle	Windsor Legion	24.23	0.8 4
6	407	Emmanuel, Crystal	Flying Angels A.	24.39	0.8 3
7	616	Pascal, Cassandra	Take Flight A.	24.57	0.8 2
8	408	Bell-Spence, Jonel	G-Force T. C.	24.65	0.8 1

Women 400 Meter

=====					
8 Advance: Top 3 Each Heat plus Next 2 Best Times					
Cnd Senior: *		49.91	10/25/1988	Jillian Richardson	
Champ R.: !		50.57	1990	Charmaine Crooks	
Varsity S.: %		51.44	2009	Shana Cox	
Name	Year	Team	Prelims	H#	
=====					
Preliminaries					
1	435	Muir, Carline	Legacy Athletics	53.35Q	1
2	630	Nelson, Amonn	U OF C Athletics	53.80Q	2
3	392	Taylor-Chase, Chan	Elite Edge	53.92Q	1
4	648	Tolton, Vicki M.	Unattached - BC	54.37Q	2
5	388	Brown, Alecia	Elite Edge	54.84Q	2
6	682	Ruediger, Kate	U Toronto TC	55.28Q	1
7	483	Callender, Fiona	Ottawa Lions	55.70q	1
8	505	Jean-Baptiste, Aud	Perfmax-Racing	56.21q	1
9	680	Mcbean, Athena	U Toronto TC	56.33	1
10	420	Brennan, Christian	Hamilton O. C.	56.55	2
11	482	Brown, Alicia	Ottawa Lions	56.62	2
12	679	Katz, Sarah	U Toronto TC	57.94	2
--	398	Omene, Eseroghene	Excel Athletika	DNF	2
--	506	Lavoie, Sabrina	Perfmax-Racing	DNS	2
--	662	Mayers, Patricia	Unattached - ON	DNS	1

Women 400 Meter

=====					
Cnd Senior: *		49.91	10/25/1988	Jillian Richardson	
Champ R.: !		50.57	1990	Charmaine Crooks	
Varsity S.: %		51.44	2009	Shana Cox	
Name	Year	Team	Finals	Points	
=====					
Finals					
1	435	Muir, Carline	Legacy Athletics	52.41	10
2	630	Nelson, Amonn	U OF C Athletics	52.72	8
3	392	Taylor-Chase, Chan	Elite Edge	53.96	6
4	648	Tolton, Vicki M.	Unattached - BC	54.00	5
5	388	Brown, Alecia	Elite Edge	54.92	4
6	682	Ruediger, Kate	U Toronto TC	55.39	3
7	483	Callender, Fiona	Ottawa Lions	55.73	2
8	505	Jean-Baptiste, Aud	Perfmax-Racing	56.72	1

Women 800 Meter

=====					
8 Advance: Top 2 Each Heat plus Next 2 Best Times					
Cnd Senior: *		1:58.39	10/2/2001	Diane Cummins	
Champ R.: !		1:59.46	2004	Diane Cummins	
Varsity S.: %		2:06.15	2009	Jennifer Kemp	
Name	Year	Team	Prelims	H#	
=====					
Preliminaries					
1	547	Ogbasilassie, Leml	Saint Laurent S.	2:06.18Q	2
2	308	Crofts, Helen J.	BC Athletics	2:07.33Q	3
3	644	Cummins, Diane E.	Unattached - BC	2:07.91Q	1
4	540	Kemp, Jennifer	Running Room	2:06.45Q	2
5	430	Leblanc, Annie	Lanaudiere-Olymp	2:07.42Q	3
6	416	Peters, Celia	Halifast A.	2:09.49Q	1
7	320	Smith, Jessica L.	BC Athletics	2:06.82q	2
8	481	Bishop, Melissa	Ottawa Lions	2:07.82q	3
9	585	Aubry, Rachel	Speed River T&F	2:08.07	2
10	349	Ratzlaff, Holly	Caltaf Athl. A.	2:08.20	2
11	705	Belleau-Béliveau,	Vainqueurs	2:09.44	3
12	645	Kane, Brianna M.	Valley Royal T&F	2:10.60	1
13	362	Frost, Nadine	Charlotte County	2:10.61	2

14	490	Malleck, Julia	Ottawa Lions	2:10.80	1
15	491	Murphy, Samantha	Ottawa Lions	2:11.23	1
16	361	Frost, Lydia	Charlotte County	2:12.45	2
17	513	Maclean, Leanna	Phoenix A. A.	2:12.88	1
18	383	Soderberg, Nicole	Edmonton Thunder	2:13.29	3
19	571	Momoh, Nana-Aishet	Sherbrooke	2:13.92	3
20	159	Gollish, Sasha	U Toronto TC	2:15.51	3
21	116	Degaust, Hayley	Edmonton Thunder	2:16.30	1
22	647	Shaw, Angela E.	Unattached - BC	2:17.01	3
23	162	Hauseman, Jaime	Upper Waterloo	2:20.14	1
--	122	Drouin-Audet, Cath	BC Athletics	DNS	2

Women 800 Meter

=====
 Cnd Senior: * 1:58.39 10/2/2001 Diane Cummins
 Champ R.: ! 1:59.46 2004 Diane Cummins
 Varsity S.: % 2:06.15 2009 Jennifer Kemp

Name	Year	Team	Finals	Points
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Finals

1	644	Cummins, Diane E.	Unattached - BC	2:02.06%	10
2	547	Ogbasilassie, Leml	Saint Laurent S.	2:03.11%	8
3	481	Bishop, Melissa	Ottawa Lions	2:04.12%	6
4	430	Leblanc, Annie	Lanaudiere-Olymp	2:04.47%	5
5	540	Kemp, Jennifer	Running Room	2:04.51%	4
6	320	Smith, Jessica L.	BC Athletics	2:04.72%	3
7	308	Crofts, Helen J.	BC Athletics	2:05.05%	2
8	416	Peters, Celia	Halifast A.	2:09.50	1

Women 1500 Meter

=====
 12 Advance: Top 4 Each Heat plus Next 4 Best Times
 Cnd Senior: * 4:00.27 8/30/1985 Lynn Williams
 Champ R.: ! 4:04.51 2004 Malindi Elmore
 Varsity S.: % 4:15.04 2009 Malindi Elmore

Name	Year	Team	Prelims
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Preliminaries

1	629	Elmore, Malindi	U OF C Athletics	4:18.78Q
2	707	Howard, Julia P.	Valley Royal T&F	4:18.89Q
3	621	Edwards, Nicole	The Peter & Andr	4:18.91Q
4	411	Douma-Hussar, Carm	Guelph T&F C.	4:18.97Q
5	594	Stellingwerff, Hil	Speed River T&F	4:19.26Q
6	384	Wright, Megan (Met	Edmonton Thunder	4:22.45Q
7	674	Hinther, Ashley	Unattached - SK	4:20.27Q
8	710	Cliff, Rachel L.	Vancouver T.	4:24.51Q
9	313	Maludzinski, Laura	BC Athletics	4:20.36q
10	456	Van Buskirk, Kate	Mississauga	4:25.28q
11	490	Malleck, Julia	Ottawa Lions	4:26.48q
12	592	Mcgown, Amber	Speed River T&F	4:27.01q
13	664	Wyman, Jillian	Unattached - ON	4:27.85
14	342	Boyle, Shari	Calgary Intl	4:31.15
15	403	Roy, Dominique	Fleur De Lys	4:31.39
16	566	Bélanger, Valérie	Sherbrooke	4:31.78
17	433	Mccuaig, Sarah	Laurel Creek	4:32.24
18	466	Hughes, Melanie	Montreal Oly	4:34.57
19	361	Frost, Lydia	Charlotte County	4:38.13
20	362	Frost, Nadine	Charlotte County	4:40.19
21	382	Soderberg, Alana	Edmonton Thunder	4:41.38
22	647	Shaw, Angela E.	Unattached - BC	4:47.92
--	705	Belleau-Béliveau,	Vainqueurs	DNS

Women 1500 Meter

=====
 Cnd Senior: * 4:00.27 8/30/1985 Lynn Williams
 Champ R.: ! 4:04.51 2004 Malindi Elmore
 Varsity S.: % 4:15.04 2009 Malindi Elmore

Name	Year	Team	Finals	Points
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Finals

1	629	Elmore, Malindi	U OF C Athletics	4:16.52	10
2	621	Edwards, Nicole	The Peter & Andr	4:16.60	8
3	594	Stellingwerff, Hil	Speed River T&F	4:17.12	6
4	411	Douma-Hussar, Carm	Guelph T&F C.	4:17.79	5
5	313	Maludzinski, Laura	BC Athletics	4:18.14	4
6	707	Howard, Julia P.	Valley Royal T&F	4:18.69	3
7	384	Wright, Megan (Met	Edmonton Thunder	4:21.86	2
8	674	Hinther, Ashley	Unattached - SK	4:21.88	1
9	710	Cliff, Rachel L.	Vancouver T.	4:24.37	
10	490	Malleck, Julia	Ottawa Lions	4:27.49	
11	456	Van Buskirk, Kate	Mississauga	4:30.68	

Women 5000 Meter

=====					
Cnd Senior:	*	14:54.98	8/30/2003	Courtney Babcock	
Champ R.:	!	15:08.90	2003	Emilie Mondor	
Varsity S.:	%	15:50.35	2009	Tara Quinn-Smith	
Name		Year	Team	Finals	Points
=====					
1	384	Wright, Megan (Met)	Edmonton Thunder	16:45.44	10
2	322	Wodak, Natasha	BC Athletics	16:45.81	8
3	663	Sexton, Leslie	Unattached - ON	16:47.33	6
4	535	Cormier, Catherine	Rouge ET OR	16:52.03	5
5	527	Souter, Jodi	Queen City S.	16:53.06	4
6	591	Laurie, Courtney	Speed River T&F	17:01.02	3
7	586	Beattie, Samantha	Speed River T&F	17:20.71	2
8	588	Furtado, Lindsay	Speed River T&F	17:34.79	1
9	590	Hoy, Karoline	Speed River T&F	17:38.99	
10	566	Bélanger, Valérie	Sherbrooke	17:47.84	
11	576	Corrick, Jennifer	South Simcoe D.	18:11.36	
12	678	Cullis, Jane	U Toronto TC	18:20.67	

Women 100 Meter Hurdles

=====					
8 Advance:	Top 3 Each Heat plus	Next 2 Best Times			
Cnd Senior:	*	12.46	6/19/2004	Perdita Felicien	
Champ R.:	!	12.60	2004	Perdita Felicien	
Varsity S.:	%	12.80	2009	Perdita Felicien	
Name		Year	Team	Prelims	Wind H#
=====					
Preliminaries					
1	501	Felicien, Perdita	Over The Top	12.72Q	2.4 2
2	390	Lopes-Schliep, Pri	Elite Edge	13.02Q	1.3 1
3	643	Whyte, Angela	Unattached - AB	12.93Q	2.4 2
4	642	Gordon, Christie	Unattached - AB	13.39Q	1.3 1
5	522	George, Phylcia	Project A.	13.51Q	2.4 2
6	726	Montcalm, Noelle	Windsor Legion	13.69Q	1.3 1
7	374	Dugas, Marie-Eve	Corsaire Chapara	13.63q	2.4 2
8	117	Holder, Nikkita	Elite Edge	13.72q	1.3 1
9	444	Cotten, Jennifer	London Western	13.80	2.4 2
10	489	Maddex, Ashlea	Ottawa Lions	13.83	2.4 2
11	372	Beaudet, Laurence	Corsaire Chapara	13.98	1.3 1
12	163	Stoffman, Zaria	Vancouver O. C.	14.08	2.4 2
13	555	Drouin, Jillian	Sarnia Athl. SW	14.16	1.3 1
14	151	Mccaffrey, Kathryn	Ualberta AC	14.66	1.3 1
15	718	Wilkes, Courtney	Voleo Athletics	14.69	2.4 2
16	104	Patterson, Jasmine	Brampton T. C.	15.02	1.3 1

Women 100 Meter Hurdles

=====					
Cnd Senior:	*	12.46	6/19/2004	Perdita Felicien	
Champ R.:	!	12.60	2004	Perdita Felicien	
Varsity S.:	%	12.80	2009	Perdita Felicien	
Name		Year	Team	Finals	Wind Points
=====					
Finals					
1	501	Felicien, Perdita	Over The Top	12.72%	1.0 10
2	390	Lopes-Schliep, Pri	Elite Edge	12.75%	1.0 8
3	643	Whyte, Angela	Unattached - AB	13.00	1.0 6
4	642	Gordon, Christie	Unattached - AB	13.46	1.0 5
5	726	Montcalm, Noelle	Windsor Legion	13.64	1.0 4
6	117	Holder, Nikkita	Elite Edge	13.70	1.0 3
7	374	Dugas, Marie-Eve	Corsaire Chapara	13.71	1.0 1.50 [13.701]
7	522	George, Phylcia	Project A.	13.71	1.0 1.50 [13.701]

Women 400 Meter Hurdles

=====					
8 Advance:	Top 3 Each Heat plus	Next 2 Best Times			
Cnd Senior:	*	54.39	7/31/1996	Rosey Edeh	
Champ R.:	!	55.29	1993	Rosey Edeh	
Varsity S.:	%	1:00.77	2009	Christine A. Lowe	
Name		Year	Team	Prelims	H#
=====					
Preliminaries					
1	683	Wells, Sarah	U Toronto TC	% 58.34Q	1
2	314	Mensah, Yvonne	BC Athletics	% 59.62Q	2
3	317	Pearse, Anastasia	BC Athletics	1:00.93Q	1
4	437	Malek, Shauna	London Legion	1:01.41Q	2
5	577	Fonseca, Danielle	South Simcoe D.	1:01.18Q	1
6	415	Dobranowski, Alici	Halifast A.	1:01.48Q	2
7	681	Merrill, Tory	U Toronto TC	1:02.13q	1

8	371	Boss, Traci W.	Coquitlam C.	1:03.05q	2
9	339	Kerr, Brittany	Brampton T. C.	1:08.48	2
--	506	Lavoie, Sabrina	Perfmax-Racing	DNS	1

Women 400 Meter Hurdles

=====					
Cnd Senior:	*	54.39	7/31/1996	Rosey Edeh	
Champ R.:	!	55.29	1993	Rosey Edeh	
Varsity S.:	%	1:00.77	2009	Christine A. Lowe	
Name			Year Team	Finals	Points
=====					

Finals

1	683	Wells, Sarah	U Toronto TC	56.98%	10
2	314	Mensah, Yvonne	BC Athletics	57.07%	8
3	317	Pearse, Anastasia	BC Athletics	1:00.13%	6
4	437	Malek, Shauna	London Legion	1:00.94	5
5	415	Dobranowski, Alici	Halifast A.	1:01.01	4
6	577	Fonseca, Danielle	South Simcoe D.	1:01.72	3
7	681	Merrill, Tory	U Toronto TC	1:02.43	2
8	371	Boss, Traci W.	Coquitlam C.	1:03.43	1

Women 3000 Meter Steeplechase

=====					
Cnd Senior:	*	9:51.10	6/1/2002	Carol Henry	
Champ R.:	!	10:17.24	2007	Danelle Woods	
Varsity S.:	%	10:28.12	2009	Meredith Macgregor	
Name			Year Team	Finals	Points
=====					

1	587	Buchanan, Dana	Speed River T&F	10:13.04!	10
2	312	Macgregor, Meredit	BC Athletics	10:16.94!	8
3	646	Kennelly, Bevin S.	Unattached - BC	10:23.70%	6
4	595	Willemse, Lydia	Speed River T&F	10:37.41	5
5	342	Boyle, Shari	Calgary Intl	10:44.55	4
6	348	Dressler, Tara	Caltaf Athl. A.	11:00.64	3
7	511	Winterink, Geneva	Phoenix A. A.	11:21.69	2
8	442	Pietererson, Rebecca	London Runner DC	11:25.58	1
9	554	Cadwallader, Haley	Sarnia Athl. SW	11:51.49	
--	366	Gendron, Caroline	Cirrus	DNS	

Women High Jump

=====					
Cnd Senior:	*	1.98m	9/2/1984	Debbie Brill	
Champ R.:	!	1.95m	2008	Nicole Forrester	
Varsity S.:	%	1.91m	2009	Amy Acuff	
Name			Year Team	Finals	Points
=====					

1	454	Forrester, Nicole	Mississauga	1.90m	10
		1.50 1.70 1.75 1.78 1.81 1.84 1.87 1.90 1.93			
		PPP PPP PPP PPP O O PPP O XXX			
2	555	Drouin, Jillian	Sarnia Athl. SW	1.81m	8
		1.50 1.70 1.75 1.78 1.81 1.84			
		PPP O O O XXX			
3	675	Boyle, Sarah	U Toronto TC	J1.81m	6
		1.50 1.70 1.75 1.78 1.81 1.84			
		PPP O XO O XXO XXX			
4	656	Cadienhead, Maresa	Unattached - ON	1.75m	5
		1.50 1.70 1.75 1.78			
		PPP O O XXX			
5	593	Moody, Michelle	Speed River T&F	J1.75m	4
		1.50 1.70 1.75 1.78			
		PPP O XXO XXX			
6	315	Miller, Natasha	BC Athletics	1.70m	2.50
		1.50 1.70 1.75			
		PPP O XXX			
6	316	Parent, Holly E.	BC Athletics	1.70m	2.50
		1.50 1.70 1.75			
		PPP O XXX			
8	363	Maessen, Laura	Chebucto A.	1.50m	0.50
		1.50 1.70			
		O XXX			
8	373	Dugas, Katerine	Corsaire Chapara	1.50m	0.50
		1.50 1.70			
		O XXX			
--	484	Chainey, Marie-Eve	Ottawa Lions	NH	
		1.50			
		XXX			

Women Pole Vault

=====					
Cnd Senior:	*	4.55m	6/14/2008	Kelsie Hendry	
Champ R.:	!	4.35m	2002	Stephanie McCann	

Varsity S.: % 4.35m 2009		Kelsie Hendry							
Name	Year	Team	Finals	Points					
1 569 Duclos-Lasnier, Ga		Sherbrooke	4.20m	10					
3.80 3.90 4.00 4.10 4.20 4.30									
PPP PPP PPP XO XO XXX									
2 309 Dockendorf, Carly		BC Athletics	J4.20m	8					
3.80 3.90 4.00 4.10 4.20 4.30									
PPP PPP XO XO XO XXX									
3 532 Hendry, Kelsie		Riversdale A.	J4.20m	6					
3.80 3.90 4.00 4.10 4.20 4.30									
PPP PPP PPP PPP XXO XXX									
4 533 Vause, Leah		Riversdale A.	4.10m	5					
3.80 3.90 4.00 4.10 4.20									
PPP O O XO XXX									
5 742 Hamilton, Heather		York University	4.00m	4					
3.80 3.90 4.00 4.10									
PPP PPP O XXX									
6 725 Maaten, Dayna		Windsor Legion	3.90m	3					
3.80 3.90 4.00									
XO O XXX									
7 463 Beaumont-Courteau,		Montreal Int	J3.90m	2					
3.80 3.90 4.00									
XO XO XXX									
8 631 Webster, Robyn		U OF C Athletics	J3.90m	1					
3.80 3.90 4.00									
O XXO XXX									
-- 735 Logozar, Teresa		Winnipeg O.	NH						
3.80									
XXX									
-- 736 Robson, Victoria		Winnipeg O.	NH						
3.80 3.90									
PPP XXX									
-- 378 Gerwing, Michelle		Edmonton Int	NH						
3.80									
XXX									
-- 356 Wellwood, Leanna		Capital City	NH						
3.80									
XXX									
-- 570 Lyons, Adrianna		Sherbrooke	NH						
3.80									
XXX									

Women Long Jump

Cnd Senior: * 6.82m 6/7/2008		Tabia Charles							
Champ R.: ! 6.61m 1985		Donna Smelie							
Varsity S.: % 6.64m 2009		Ruky Abdulai							
Name	Year	Team	Finals	Wind	Points				
1 389 Charles, Tabia		Elite Edge	6.43m	-1.1	10				
6.43m(-1.1) 5.99m(-2.4) FOUL			6.25m(-1.9) FOUL						
2 307 Abdulai, Ruky		BC Athletics	6.37m	0.1	8				
6.34m(-2.0) 6.32m(0.7) 5.94m(-2.2) FOUL			6.15m(-1.1) 6.37m(0.1)						
3 658 Falaiye, Alice		Unattached - ON	6.33m	-1.0	6				
6.22m(-1.5) 6.33m(-1.0) FOUL			6.25m(-0.9) FOUL						
4 434 Bayley, Krysha		Legacy Athletics	6.05m	-0.5	5				
5.91m(-2.9) FOUL 6.05m(-0.5) PASS			PASS						
5 444 Cotten, Jennifer		London Western	5.64m	-0.7	4				
5.55m(-1.5) 5.64m(-0.7) 5.59m(-0.8) 5.62m(-1.1) FOUL			5.36m(-0.5)						
7 372 Beaudet, Laurence		Corsaire Chapara	J5.59m	0.1	3				
FOUL 5.59m(0.1) FOUL			FOUL						
8 657 Crombeen, Charlott		Unattached - ON	J5.48m	NWI	2				
5.25m(-0.5) 5.45m(-1.2) 5.48m(-0.0) FOUL			5.34m(-0.8)						
9 336 Baker, Dana		Bison Track	J5.34m	-1.2	1				
5.34m(-1.2) FOUL(-1.4) 5.09m(1.3) 5.07m(5.1) 5.16m(-0.9) 5.08m(-1.7)			J5.30m	0.7					
10 660 Hall, Morgan		Unattached - ON	J5.30m	0.7					
FOUL 5.30m(0.7) 4.98m(-2.4)									
-- 723 Lambert-Beaulieu,		Windsor Legion	DNS	NWI					
-- 423 Renaud, Esther		Jeunesse A. W.	DNS	NWI					
-- 512 Cross, Samantha		Phoenix A. A.	DNS	NWI					
-- 523 Whittingham, Natoy		Project A.	DNS	NWI					
-- 553 Daley, Jodian		Sarnia Athl. SW	X5.60m	-0.9					
FOUL 5.60m(-0.9) 5.37m(0.1) 5.33m(-2.0) 5.26m(-2.1) 5.52m(-0.9)									

Women Triple Jump

Cnd Senior: * 13.99m 7/3/2010		Tabia Charles							
Champ R.: ! 13.92m 2008		Tabia Charles							
Varsity S.: % 12.89m 2009		Tabia Charles							
Name	Year	Team	Finals	Wind	Points				

1	389 Charles, Tabia	Elite Edge	13.94m!	-2.6	10
	13.20m(-1.0) 13.71m(-0.9) 13.94m(-2.6) FOUL		FOUL		13.76m(-0.6)
2	502 Zachariah, Neb	Over The Top	12.41m	+0.0	8
	11.93m(-1.2) 12.41m(+0.0) 12.38m(-3.1) 12.22m(-1.1) FOUL				12.23m(-1.4)
3	724 Lowe, Jaideene	Windsor Legion	12.26m	-1.9	6
	FOUL 11.82m(-0.6) FOUL		12.06m(-1.5) 12.12m(-0.1) 12.26m(-1.9)		
4	617 Smith, Alicia	Take Flight A.	12.02m	-2.8	5
	FOUL 11.78m(-0.6) FOUL		FOUL 11.92m(-2.3) 12.02m(-2.8)		
5	718 Wilkes, Courtney	Voleo Athletics	11.95m	-0.3	4
	FOUL 11.87m(+0.0) 11.46m(-2.5) 11.95m(-0.3) 11.87m(-2.3) 11.69m(-1.7)				
6	449 Simulik, Mila	London Western	11.74m	-2.9	3
	11.64m(-2.0) 11.74m(-2.9) 11.52m(-0.8) FOUL		11.61m(-1.8) 11.64m(-2.5)		
7	548 Sarazin-Côté, José	Saint Laurent S.	11.68m	-2.8	2
	11.68m(-2.8) 11.25m(-2.2) FOUL		FOUL		11.59m(-1.9)
8	471 Sprenkels, Tiffany	Norwesters T&F	11.54m	-1.0	1
	11.54m(-1.0) 11.44m(-2.4) FOUL		FOUL		11.47m(-0.7) FOUL(-0.9)
9	426 Morin-Lemay, Audre	Kalenjins	11.48m	-1.6	
	11.38m(-1.1) 10.94m(-2.2) 11.48m(-1.6)				
10	579 Garrett, Sherri	South Simcoe D.	11.28m	-1.2	
	11.11m(-1.2) 11.28m(-1.2) FOUL				
11	346 Baerg, Karen	Calgary Spartans	9.81m	-0.9	
	FOUL FOUL 9.81m(-0.9)				
--	421 Neely, Taylor	I Be Fast T. C.	FOUL		
	FOUL FOUL FOUL				
--	413 Richardson, Kim	Guelph T&F C.	DNS	NWI	

Women Shot Put 4 kg

Cnd Senior: * 17.83m 6/13/2007 Lieja Tunks					
Champ R.: ! 17.43m 2007 Lieja Tunks					
Varsity S.: % 14.96m 2009 Julie Labonte					
Name	Year	Team	Finals	Points	
1	402 Labonté, Julie	Fleur De Lys	16.32m%	10	
	16.19m FOUL 15.96m 16.32m 16.14m 16.04m				
2	661 Liske, Allison	Unattached - ON	15.11m%	8	
	14.64m FOUL 14.80m 14.62m 14.94m 15.11m				
3	546 Le Jour, Marie-Jos	Saint Laurent S.	14.23m	6	
	FOUL 13.16m 14.23m FOUL		FOUL		
4	745 Petrov, Elizabeth	York University	14.12m	5	
	13.81m FOUL 14.12m FOUL		FOUL		
5	446 Jackson, Stephanie	London Western	14.01m	4	
	13.36m 13.53m 14.01m 13.70m FOUL		FOUL		
6	741 Appiah, Cynthia	York University	13.99m	3	
	13.83m 13.91m FOUL 13.99m FOUL		FOUL		
7	556 Mullen, Maggie	Sarnia Athl. SW	13.74m	2	
	13.16m FOUL 13.41m FOUL		13.74m FOUL		
8	561 Suttie, Taryn	Saskatoon TF C.	13.61m	1	
	13.14m FOUL 13.14m 13.61m 13.57m 13.57m				
9	492 Thibault, Dominiqu	Ottawa Lions	12.93m		
	12.93m FOUL 12.35m				

Women Discus Throw 1 kg

Cnd Senior: * 62.72m 8/23/1979 Carmen Lonescu					
Champ R.: ! 59.58m 1978 Carmen Lonescu					
Varsity S.: % 48.61m 1965 Marie-Josée Le Jour					
Name	Year	Team	Finals	Points	
1	321 Spies, Chantel	BC Athletics	49.99m%	10	
	48.14m 48.95m 47.04m FOUL 49.19m 49.99m				
2	402 Labonté, Julie	Fleur De Lys	48.92m%	8	
	FOUL 46.83m 45.61m 48.92m 47.82m FOUL				
3	611 Boudreau, Isabelle	St-Jean O.	48.62m%	6	
	44.92m 45.02m 47.04m 47.59m 48.62m FOUL				
4	661 Liske, Allison	Unattached - ON	48.10m	5	
	44.32m FOUL 47.66m 48.10m 45.53m 48.10m				
5	581 Kovacs, Alanna	South Simcoe D.	47.29m	4	
	41.21m 46.85m 47.29m 46.18m 44.80m FOUL				
6	546 Le Jour, Marie-Jos	Saint Laurent S.	46.24m	3	
	FOUL 46.24m FOUL		FOUL 44.16m		
7	436 Dumont-Breton, Myr	Les Vaillants	45.45m	2	
	43.29m 45.45m 41.74m 42.94m 44.19m 42.82m				
8	676 Chin, Rayann	U Toronto TC	42.44m	1	
	39.78m 40.87m 42.14m 40.25m FOUL 42.44m				
9	743 Klodnicki, Katie	York University	42.10m		
	35.92m 39.23m 42.10m				
10	556 Mullen, Maggie	Sarnia Athl. SW	40.86m		
	FOUL 35.30m 40.86m				
--	492 Thibault, Dominiqu	Ottawa Lions	DNS		

Women Hammer Throw 4 kg

Cnd Senior: * 72.24m 5/23/2010 Sultana Frizell							
Champ R.: ! 70.94m 2008 Sultana Frizell							
Varsity S.: % 69.05m 2009 Jennifer K. Joyce							
Name	Year	Team				Finals	Points
1	487	Frizell, Sultana	Ottawa Lions	71.89m!			10
		69.04m 70.84m 68.30m	67.65m 71.47m 71.89m				
2	319	Smith, Crystal	BC Athletics	65.45m			8
		65.14m FOUL 65.29m	65.45m 63.34m 58.89m				
3	318	Rodhe, Megann	BC Athletics	64.17m			6
		60.85m 64.17m FOUL	FOUL FOUL 62.46m				
4	364	Steaey, Heather	Chinook T & F C.	62.94m			5
		FOUL FOUL 60.63m 62.83m	62.94m FOUL				
5	673	Dubourt, Elisabeth	Unattached - SK	58.28m			4
		54.41m 53.86m FOUL	54.96m FOUL 58.28m				
6	744	Obrochta, Kristin	York University	55.87m			3
		54.78m 55.54m 55.87m	FOUL 55.42m FOUL				
7	612	Larose, Annie	St-Jean O.	55.04m			2
		52.50m FOUL FOUL	FOUL FOUL 55.04m				
8	589	Herd, Brittany	Speed River T&F	49.49m			1
		45.13m 45.51m 49.49m	45.45m FOUL FOUL				
9	741	Appiah, Cynthia	York University	47.48m			
		47.48m FOUL FOUL					
10	448	Schimanski, Ami	London Western	43.30m			
		FOUL FOUL 43.30m					
11	743	Klodnicki, Katie	York University	41.77m			
		FOUL 36.22m 41.77m					
12	485	Chartrand, Valerie	Ottawa Lions	38.85m			
		34.93m FOUL 38.85m					
--	745	Petrov, Elizabeth	York University	FOUL			
		FOUL FOUL FOUL					
--	556	Mullen, Maggie	Sarnia Athl. SW	FOUL			
		FOUL FOUL FOUL					

Women Javelin Throw 600 g

Cnd Senior: * 58.21m 7/9/2009 Elizabeth Gleadle							
Champ R.: ! 54.89m 2007 Krista Woodward							
Varsity S.: % 54.76m 2009 Elizabeth Gleadle							
Name	Year	Team				Finals	Points
1	323	Woodward, Krista	BC Athletics	53.53m			10
		43.36m 52.19m 53.27m	47.72m 53.53m FOUL				
2	746	Webb, Vicki	York University	51.96m			8
		46.36m 45.65m 48.94m	48.63m 48.67m 51.96m				
3	581	Kovacs, Alanna	South Simcoe D.	50.71m			6
		42.46m 43.68m 50.71m	46.95m 49.37m 47.37m				
4	325	Zelinka, Deanna	BC Athletics	49.65m			5
		41.66m 40.29m 49.65m	46.21m FOUL 45.43m				
5	310	Gleadle, Elizabeth	BC Athletics	49.37m			4
		49.37m 47.20m FOUL	FOUL 47.06m 45.55m				
6	578	Fraser, Melissa	South Simcoe D.	47.56m			3
		45.50m 47.09m 42.85m	45.08m FOUL 47.56m				
7	375	Petitjean, Élise	Corsaire Chapara	46.69m			2
		46.69m FOUL 42.70m	40.65m 43.69m 42.99m				
8	556	Mullen, Maggie	Sarnia Athl. SW	46.09m			1
		43.80m FOUL 42.25m	43.15m 46.09m FOUL				
9	727	Wachna, Bethanie	Windsor Legion	42.90m			
		42.90m 38.99m 41.52m					
10	509	Bond, Jessica	Petite Nation	41.69m			
		38.30m 41.69m 39.37m					
11	580	Johnston, Madison	South Simcoe D.	40.29m			
		FOUL FOUL 40.29m					
12	485	Chartrand, Valerie	Ottawa Lions	35.96m			
		30.59m 32.38m 35.96m					
--	376	Taillefer, Sandra	Corsaire Chapara	DNS			

Heptathlon: #4 Women 200 Meter Heptathlon

Name	Year	Team	Finals	Wind	H#	Points
1	665	Zelinka, Jessica	Unattached - ON	24.64	-0.2	2 920
2	444	Cotten, Jennifer	London Western	24.76	-0.2	2 909
3	315	Miller, Natasha	BC Athletics	25.51	-0.2	2 841
4	568	Delisle, Pascale	Sherbrooke	25.67	-0.2	2 826
5	677	Coltman, Susan	U Toronto TC	25.89	-0.2	2 807
6	564	Rudell, Rita	Saugeen T&F	26.23	-0.2	2 777
7	717	Schneck, Amanda	Voleo Athletics	26.53	-0.6	1 751

8	447	Mcparland, Shellie	London Western	26.95	-0.6	1	716
9	488	Krech, Michele	Ottawa Lions	27.05	-0.6	1	708
10	545	Cap, Tamara	Saint Laurent S.	27.22	-0.2	2	694
11	544	Battiston, Alana	Saint Laurent S.	27.35	-0.2	2	683
12	445	Harris, Meghan	London Western	27.36	-0.6	1	682
13	486	Dobransky, Johanna	Ottawa Lions	27.73	-0.6	1	652
14	722	Kelly, Alanna	Windsor Legion	28.20	-0.6	1	615
15	354	Hildenbrandt, Lean	Capital City	28.40	-0.6	1	600
16	345	Anderson, Samantha	Calgary Spartans	29.57	-0.6	1	513

Heptathlon: #7 Women 800 Meter Heptathlon

Name	Year	Team	Finals	H#	Points
1	444	Cotten, Jennifer	2:15.75	2	882
2	665	Zelinka, Jessica	2:17.46	2	858
3	544	Battiston, Alana	2:19.90	2	825
4	488	Krech, Michele	2:20.57	1	816
5	717	Schneck, Amanda	2:21.15	1	808
6	315	Miller, Natasha	2:21.75	2	800
7	568	Delisle, Pascale	2:25.99	1	744
8	345	Anderson, Samantha	2:26.73	1	734
9	447	Mcparland, Shellie	2:28.08	2	717
10	486	Dobransky, Johanna	2:28.12	1	717
11	564	Rudell, Rita	2:38.79	2	587
12	722	Kelly, Alanna	2:41.68	1	554
13	545	Cap, Tamara	2:46.58	2	500
14	354	Hildenbrandt, Lean	2:48.65	1	478
--	677	Coltman, Susan	U Toronto TC	DNS	2

Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

Name	Year	Team	Finals	Wind	H#	Points
1	665	Zelinka, Jessica	13.27	1.0	2	1084
2	444	Cotten, Jennifer	13.74	1.0	2	1015
3	677	Coltman, Susan	14.07	1.0	2	968
4	315	Miller, Natasha	14.21	1.0	2	949
5	568	Delisle, Pascale	14.58	1.8	1	898
6	564	Rudell, Rita	14.67	1.0	2	886
7	345	Anderson, Samantha	14.77	1.0	2	872
8	545	Cap, Tamara	14.91	1.0	2	854
9	717	Schneck, Amanda	14.98	1.8	1	844
10	447	Mcparland, Shellie	15.00	1.0	2	842
11	488	Krech, Michele	15.28	1.8	1	805
12	544	Battiston, Alana	15.31	1.8	1	801
13	486	Dobransky, Johanna	16.01	1.8	1	713
14	445	Harris, Meghan	16.38	1.8	1	668
15	354	Hildenbrandt, Lean	16.42	1.8	1	664
16	722	Kelly, Alanna	16.91	1.8	1	607

Heptathlon: #2 Women High Jump Heptathlon

Name	Year	Team	Finals	Points
1	315	Miller, Natasha	1.76m	928
	1.40	1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70 1.73 1.76 1.79		
	PPP PPP PPP PPP PPP PPP PPP PPP	O PPP	XO O	O XXX
2	564	Rudell, Rita	1.73m	891
	1.40	1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70 1.73 1.76		
	PPP PPP PPP PPP PPP PPP PPP	O O	O XO	XXX
2	665	Zelinka, Jessica	1.73m	891
	1.40	1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70 1.73 1.76		
	PPP PPP PPP PPP PPP PPP PPP	O O	O XXO	XXX
4	444	Cotten, Jennifer	1.67m	818
	1.40	1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70		
	PPP PPP PPP PPP PPP	O O XXO XXO	XXX	
4	677	Coltman, Susan	1.67m	818
	1.40	1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70		
	PPP PPP PPP PPP PPP	PPP PPP	O O XO	XXX
6	545	Cap, Tamara	1.61m	747
	1.40	1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64		
	PPP PPP PPP	O O	O XXO	O XXX
7	486	Dobransky, Johanna	1.58m	712
	1.40	1.43 1.46 1.49 1.52 1.55 1.58 1.61		
	PPP PPP	O O	XO XO	XXX
7	717	Schneck, Amanda	1.58m	712
	1.40	1.43 1.46 1.49 1.52 1.55 1.58 1.61		
	PPP PPP	O PPP	XXO XO	XXX
7	488	Krech, Michele	1.58m	712

	1.40	1.43	1.46	1.49	1.52	1.55	1.58	1.61		
	PPP	PPP	O	XO	XO	XXO	XXO	XXX		
7	345	Anderson, Samantha				Calgary Spartans			1.58m	712
	1.40	1.43	1.46	1.49	1.52	1.55	1.58	1.61		
	PPP	PPP	PPP	O	XO	O	XO	XXX		
7	722	Kelly, Alanna				Windsor Legion			1.58m	712
	1.40	1.43	1.46	1.49	1.52	1.55	1.58	1.61		
	PPP	PPP	O	O	O	XO	XO	XXX		
7	447	Mcparland, Shellie				London Western			1.58m	712
	1.40	1.43	1.46	1.49	1.52	1.55	1.58	1.61		
	O	O	XO	O	XO	XXO	XO	XXX		
13	544	Battiston, Alana				Saint Laurent S.			1.55m	678
	1.40	1.43	1.46	1.49	1.52	1.55	1.58			
	PPP	PPP	PPP	O	PPP	XO	XXX			
14	568	Delisle, Pascale				Sherbrooke			1.52m	644
	1.40	1.43	1.46	1.49	1.52	1.55				
	PPP	O	O	O	XO	XXX				
14	354	Hildenbrandt, Lean				Capital City			1.52m	644
	1.40	1.43	1.46	1.49	1.52	1.55				
	PPP	O	XO	XXO	O	XXX				
16	445	Harris, Meghan				London Western			1.49m	610
	1.40	1.43	1.46	1.49	1.52					
	O	XO	O	O	XXX					

Heptathlon: #5 Women Long Jump Heptathlon

Name	Year	Team	Finals	Wind	Points
1 444 Cotten, Jennifer		London Western	6.12m	3.3	887
6.12m(3.3) 5.88m(2.1) 6.12m(2.3)					
2 665 Zelinka, Jessica		Unattached - ON	5.91m	2.4	822
5.88m(2.1) 5.91m(2.4) 5.87m(2.0)					
3 677 Coltman, Susan		U Toronto TC	5.70m	3.5	759
5.68m(2.7) FOUL 5.70m(3.5)					
4 545 Cap, Tamara		Saint Laurent S.	5.63m	1.8	738
5.63m(1.8) FOUL FOUL					
5 315 Miller, Natasha		BC Athletics	5.55m	1.2	715
5.35m(1.3) 5.55m(1.2) 5.54m(3.7)					
6 447 Mcparland, Shellie		London Western	5.54m	3.6	712
4.36m(1.5) 5.54m(3.6) FOUL(2.2)					
7 345 Anderson, Samantha		Calgary Spartans	5.46m	3.6	688
FOUL 5.46m(3.6) 5.45m(1.0)					
8 354 Hildenbrandt, Lean		Capital City	5.36m	4.8	660
FOUL(2.0) 5.04m(3.0) 5.36m(4.8)					
9 544 Battiston, Alana		Saint Laurent S.	5.32m	2.5	648
5.32m(2.5) 5.16m(4.1) 5.06m(1.5)					
10 568 Delisle, Pascale		Sherbrooke	5.24m	1.8	626
4.96m(2.4) 5.24m(1.8) 5.21m(2.1)					
11 486 Dobransky, Johanna		Ottawa Lions	5.14m	3.5	598
4.85m(3.2) 5.14m(3.5) 5.05m(2.1)					
12 717 Schneck, Amanda		Voleo Athletics	5.10m	1.6	587
5.10m(1.6) FOUL 5.06m(2.2)					
13 488 Krech, Michele		Ottawa Lions	4.96m	1.4	548
FOUL 4.96m(1.4) FOUL					
14 564 Rudell, Rita		Saugeen T&F	4.88m	1.3	527
4.88m(1.3) 4.75m(2.9) 4.60m(1.5)					
15 722 Kelly, Alanna		Windsor Legion	4.75m	1.8	492
4.69m(3.9) 4.75m(1.8) 4.73m(4.0)					
-- 445 Harris, Meghan		London Western	DNS	NWI	

Heptathlon: #3 Women Shot Put Heptathlon

Name	Year	Team	Finals	Points
1 665 Zelinka, Jessica		Unattached - ON	13.27m	745
13.24m 13.27m 12.98m				
2 677 Coltman, Susan		U Toronto TC	12.70m	707
12.70m 11.94m FOUL				
3 447 Mcparland, Shellie		London Western	11.05m	598
11.05m 10.66m 10.17m				
4 545 Cap, Tamara		Saint Laurent S.	10.91m	589
10.09m 10.91m 10.85m				
5 544 Battiston, Alana		Saint Laurent S.	10.87m	587
10.08m 10.87m 9.83m				
6 444 Cotten, Jennifer		London Western	10.75m	579
10.75m 9.87m 10.16m				
7 564 Rudell, Rita		Saugeen T&F	10.57m	567
10.57m 9.38m 10.30m				
8 568 Delisle, Pascale		Sherbrooke	10.12m	537
9.09m 10.12m 9.36m				
9 717 Schneck, Amanda		Voleo Athletics	10.06m	533

	10.06m	9.56m	8.71m			
10	445 Harris, Meghan			London Western	9.93m	525
	9.80m	9.93m	FOUL			
11	488 Krech, Michele			Ottawa Lions	9.91m	524
	9.91m	9.82m	9.60m			
12	315 Miller, Natasha			BC Athletics	9.62m	505
	9.14m	9.32m	9.62m			
13	345 Anderson, Samantha			Calgary Spartans	9.34m	486
	9.20m	9.32m	9.34m			
14	486 Dobransky, Johanna			Ottawa Lions	8.66m	442
	8.66m	FOUL	8.13m			
15	354 Hildenbrandt, Lean			Capital City	8.64m	441
	8.39m	8.58m	8.64m			
16	722 Kelly, Alanna			Windsor Legion	7.58m	372
	7.58m	FOUL	6.92m			

Heptathlon: #6 Women Javelin Throw Heptathlon

=====						
Name	Year	Team		Finals	Points	
=====						
1	665	Zelinka, Jessica		Unattached - ON	40.57m	678
		40.57m	38.59m	40.30m		
2	544	Battiston, Alana		Saint Laurent S.	35.54m	582
		35.54m	32.58m	32.36m		
3	677	Coltman, Susan		U Toronto TC	35.29m	577
		29.81m	34.15m	35.29m		
4	315	Miller, Natasha		BC Athletics	32.17m	518
		30.07m	26.05m	32.17m		
5	545	Cap, Tamara		Saint Laurent S.	31.72m	509
		29.83m	31.09m	31.72m		
6	447	Mcparland, Shellie		London Western	30.51m	486
		FOUL	30.51m	FOUL		
7	345	Anderson, Samantha		Calgary Spartans	30.42m	485
		29.19m	25.79m	30.42m		
8	488	Krech, Michele		Ottawa Lions	30.10m	479
		FOUL	27.78m	30.10m		
9	564	Rudell, Rita		Saugeen T&F	27.52m	430
		22.70m	27.52m	FOUL		
10	444	Cotten, Jennifer		London Western	25.99m	401
		25.25m	25.99m	25.65m		
11	354	Hildenbrandt, Lean		Capital City	24.84m	379
		24.27m	16.66m	24.84m		
12	722	Kelly, Alanna		Windsor Legion	24.08m	365
		19.01m	24.08m	21.76m		
13	717	Schneck, Amanda		Voleo Athletics	23.57m	355
		FOUL	23.57m	20.33m		
14	568	Delisle, Pascale		Sherbrooke	21.70m	321
		20.62m	21.70m	FOUL		
15	486	Dobransky, Johanna		Ottawa Lions	19.91m	287
		15.36m	16.16m	19.91m		
--	445	Harris, Meghan		London Western	DNS	

Women Heptathlon

=====						
Cnd Senior: *	6490	8/16/2008	Jessica Zelinka			
Champ R.: !	6058	1993	Catherine Bond-Mills			
Varsity S.: %	5847	2009	Brienne Theisen			
Name	Year	Team		Finals	Points	
=====						
1	665	Zelinka, Jessica		Unattached - ON	5998%	10
2	444	Cotten, Jennifer		London Western	5491	8
3	315	Miller, Natasha		BC Athletics	5256	6
4	544	Battiston, Alana		Saint Laurent S.	4804	5
5	447	Mcparland, Shellie		London Western	4783	4
6	564	Rudell, Rita		Saugeen T&F	4665	3
7	545	Cap, Tamara		Saint Laurent S.	4631	2
8	568	Delisle, Pascale		Sherbrooke	4596	1
9	488	Krech, Michele		Ottawa Lions	4592	
10	717	Schneck, Amanda		Voleo Athletics	4590	
11	345	Anderson, Samantha		Calgary Spartans	4490	
12	486	Dobransky, Johanna		Ottawa Lions	4121	
13	354	Hildenbrandt, Lean		Capital City	3866	
14	722	Kelly, Alanna		Windsor Legion	3717	

Women 20000 Meter Race Walk

=====						
Cnd Senior: *	1:34:50.00	8/13/2000	Janice McCaffrey			
Champ R.: !	1:34:50.00	2000	Janice McCaffrey			
Name	Year	Team		Finals	Points	
=====						
1	479	Seaman, Rachel		Ontario RW	1:38:48.5h	10

2	324	Wylie, Megan C.	BC Athletics	1:49:12.8h	8
3	529	Evangelista, Nicol	Racewalk West	1:52:40.3h	6
4	424	Warwick, Heather	Kajaks T&F	1:57:45.0h	5
5	478	Mccormack, Catheri	Ontario RW	1:58:39.0h	4
--	530	Larssen, Beverley	Racewalk West	DNF	
--	699	Michta, Maria	USA	1:40:29.8h	
--	700	Randall, Susan	USA	1:47:42.8h	

Men 100 Meter

8 Advance: Top 2 Each Heat plus Next 2 Best Times

Cnd Senior: * 9.84 7/27/1996 Donovan Bailey
 Champ R.: ! 9.89 1998 Bruny Surin
 Varsity S.: % 10.00 2009 Usain Bolt

Name	Year	Team	Prelims	Wind	H#
Preliminaries					
1	520	Connaughton, Jared	Prince Edward I.	10.31Q	1.3 1
2	306	Leblanc, Michael	Athletisme SE	10.43Q	1.0 3
3	461	Smellie, Gavin	Mississauga	10.50Q	3.1 2 [10.491]
4	632	Effah, Sam	U OF C Athletics	10.35Q	1.3 1
5	514	Brown, Aaron	Phoenix A. A.	10.50Q	1.0 3 [10.498]
6	357	Barnett, Brian	Capital City	10.56Q	3.1 2
7	397	Warner, Justyn	Etobicoke T&F C.	10.45q	1.3 1
8	304	Palmer, Hank	Athletisme Mtl	10.51q	1.0 3
9	499	Smith, Oluseyi	Ottawa Lions	10.55	1.0 3
10	123	Sterling, Rhoan	Laurel Creek	10.63	3.1 2
11	493	Adu-Bobie, Richard	Ottawa Lions	10.65	1.3 1
12	393	King, Shannon	Elite Edge	10.66	1.3 1 [10.656]
13	670	Warner, Ian	Unattached - ON	10.66	3.1 2 [10.657]
14	334	Vaughan, Jarid B.	BC Athletics	10.67	1.0 3
15	152	Rinholm, Graeme	U of S Huskies	10.74	1.3 1
16	749	Halstead, Tyrone	York University	10.76	3.1 2
17	709	Nathan, Andrew C.	Vancouver O. C.	10.95	3.1 2
18	125	Holmes, Seon	Mississauga	10.98	1.3 1
19	105	Hayle, Phillip	Brampton T. C.	11.00	1.0 3
20	108	Fernuik, Taylor	Capital City	11.03	1.0 3
21	133	Risling, Tony	Ottawa Lions	11.12	3.1 2
22	135	Larouche, Louis-Al	Perfmax-Racing	11.56	1.3 1
--	451	Kerr, Jason	London Western	DNF	3.1 2

Men 100 Meter

Cnd Senior: * 9.84 7/27/1996 Donovan Bailey
 Champ R.: ! 9.89 1998 Bruny Surin
 Varsity S.: % 10.00 2009 Usain Bolt

Name	Year	Team	Finals	Wind	Points
Finals					
1	632	Effah, Sam	U OF C Athletics	10.21	1.5 10
2	520	Connaughton, Jared	Prince Edward I.	10.28	1.5 8
3	306	Leblanc, Michael	Athletisme SE	10.37	1.5 6
4	397	Warner, Justyn	Etobicoke T&F C.	10.47	1.5 5
5	514	Brown, Aaron	Phoenix A. A.	10.47	1.5 4
6	357	Barnett, Brian	Capital City	10.57	1.5 3
7	304	Palmer, Hank	Athletisme Mtl	10.65	1.5 2

Men 200 Meter

8 Advance: Top 3 Each Heat plus Next 2 Best Times

Cnd Senior: * 20.17 8/26/1991 Atlee Mahorn
 Champ R.: ! 20.34 2008 Jared Connaughton
 Varsity S.: % 20.71 2009 Brian Barnett

Name	Year	Team	Prelims	Wind	H#
Preliminaries					
1	520	Connaughton, Jared	Prince Edward I.	21.12Q	-1.9 1
2	357	Barnett, Brian	Capital City	21.13Q	-0.9 2
3	749	Halstead, Tyrone	York University	21.54Q	-0.9 2
4	457	Bennett, Wayndale	Mississauga	21.96Q	-1.9 1
5	334	Vaughan, Jarid B.	BC Athletics	21.68Q	-0.9 2
6	496	Makinde, Oluwasegu	Ottawa Lions	22.00Q	-1.9 1
7	148	Rodney, Brendon	Take Flight A.	22.02q	-1.9 1
8	730	Macleod, Tyler	Windsor Legion	22.06q	-0.9 2
9	126	Nichol, Leonae	Mississauga	22.12	-1.9 1
10	709	Nathan, Andrew C.	Vancouver O. C.	22.17	-0.9 2
11	152	Rinholm, Graeme	U of S Huskies	22.26	-0.9 2
12	425	Lim, Kevin	Kajaks T&F	22.41	-0.9 2
13	108	Fernuik, Taylor	Capital City	22.61	-1.9 1
14	359	Reddy, Julian	Capital City	22.62	-1.9 1
--	461	Smellie, Gavin	Mississauga	FS	-0.9 2

-- 499 Smith, Oluseyi Ottawa Lions DNS -1.9 1

Men 200 Meter

=====
Cnd Senior: * 20.17 8/26/1991 Atlee Mahorn
Champ R.: ! 20.34 2008 Jared Connaughton
Varsity S.: % 20.71 2009 Brian Barnett

Name	Year	Team	Finals	Wind	Points
=====					
Finals					
1	520	Connaughton, Jared	Prince Edward I.	20.66%	0.1 10
2	357	Barnett, Brian	Capital City	21.02	0.1 8
3	334	Vaughan, Jarid B.	BC Athletics	21.36	0.1 6
4	496	Makinde, Oluwasegu	Ottawa Lions	21.53	0.1 5
5	749	Halstead, Tyrone	York University	21.60	0.1 4
6	148	Rodney, Brendon	Take Flight A.	21.86	0.1 3
7	730	Macleod, Tyler	Windsor Legion	22.49	0.1 2
--	457	Bennett, Wayndale	Mississauga	DNF	0.1

Men 400 Meter

=====
8 Advance: Top 3 Each Heat plus Next 2 Best Times
Cnd Senior: * 44.44 8/12/2005 Tyler Christopher
Champ R.: ! 45.03 2008 Tyler Christopher
Varsity S.: % 44.83 2009 Lashawn Merritt

Name	Year	Team	Prelims	H#
=====				
Preliminaries				
1	341	Harper, Daniel	Brampton T. C.	47.31Q 1
2	732	Reid, Jonathan	Windsor Legion	47.52Q 2
3	740	Vadeboncoeur, Nath	Winnipeg O.	47.87Q 1
4	508	Richard, Bianco	Perfmax-Racing	48.08Q 2
5	498	Robertson, Michael	Ottawa Lions	47.93Q 1
6	414	Dills, Brendan	Guelph T&F C.	48.43Q 2 [48.421]
7	516	Hamilton, Andre	Phoenix A. A.	48.23q 1
8	693	Trnkus, Michael	U Toronto TC	48.43q 2 [48.427]
9	409	Harris, Tremain	G-Force T. C.	48.46 2
10	755	Richards-Kwok, Don	York University	48.73 2
11	636	Sumani, Abdulhafee	U OF C Athletics	48.75 1
12	425	Lim, Kevin	Kajaks T&F	48.81 2
13	460	Osei, Philip	Mississauga	49.23 1
14	156	Blades, Justin	Unattached - NS	49.54 1
15	462	Triumbari, Joseph	Mississauga	50.12 1
--	410	Moona, Alistair	G-Force T. C.	DNF 2

Men 400 Meter

=====
Cnd Senior: * 44.44 8/12/2005 Tyler Christopher
Champ R.: ! 45.03 2008 Tyler Christopher
Varsity S.: % 44.83 2009 Lashawn Merritt

Name	Year	Team	Finals	Points
=====				
Finals				
1	341	Harper, Daniel	Brampton T. C.	46.71 10
2	740	Vadeboncoeur, Nath	Winnipeg O.	47.14 8
3	508	Richard, Bianco	Perfmax-Racing	47.52 6
4	498	Robertson, Michael	Ottawa Lions	47.81 5
5	693	Trnkus, Michael	U Toronto TC	48.29 4
6	414	Dills, Brendan	Guelph T&F C.	49.12 3
--	516	Hamilton, Andre	Phoenix A. A.	FS
--	732	Reid, Jonathan	Windsor Legion	DQ Rule 163.3

Men 800 Meter

=====
8 Advance: Top 2 Each Heat plus Next 2 Best Times
Cnd Senior: * 1:43.68 7/29/2008 Gary Reed
Champ R.: ! 1:44.93 2007 Gary Reed
Varsity S.: % 1:45.73 2009 Khadevis Robinson

Name	Year	Team	Prelims	H#
=====				
Preliminaries				
1	517	Smith, Kyle	Phoenix A. A.	1:51.51Q 2
2	387	Ostapowich, Jaden	Edmonton Thunder	1:51.62Q 3
3	627	Ellerton, Andrew	Track North AC	1:52.20Q 1
4	671	Ferguson, Quin	Unattached - MB	1:51.67Q 3
5	733	Tome, Mitchell	Windsor Legion	1:51.69Q 2
6	418	Harris, Geoffrey	Halifast A.	1:52.40Q 1
7	353	Saizew, Michael	Caltaf Athl. A.	1:51.69q 3
8	302	Currie, Adam	Athletisme Mtl	1:51.73q 2
9	696	Mazzei, Darren	Unattached - SK	1:52.05 2
10	633	Homer, Jeffrey	U OF C Athletics	1:52.29 2

11	368	Bernard, Olivier	C. A. Dynamique	1:52.43	2
12	689	Del Monte, Michael	U Toronto TC	1:52.62	1
13	539	Lecours, Tommy	Rouge ET OR	1:52.82	3
14	650	Hole, Nigel	Unattached - BC	1:53.36	1
15	367	Gravel, Benjamin	Cirrus	1:53.66	2
16	127	Denault, Robert	Newmarket H.	1:53.83	3
17	369	Raymond, Mathieu	C. A. Dynamique	1:54.04	3
18	635	Nicol, Scott	U OF C Athletics	1:54.17	3
19	472	Doiron, Jean-Marc	O2	1:54.34	1
20	113	Parent-Pichette, V	C. A. Dynamique	1:54.96	1
21	111	Azzi, Sofian	Cirrus	1:56.21	1
22	161	Cruickshank, Andre	U Toronto TC	1:56.52	2
--	538	Laflamme, Pier-Oli	Rouge ET OR	DNS	1
--	102	Dill, Shaquille	Bermuda	X1:53.08	3

Men 800 Meter

=====					
Cnd Senior:	*	1:43.68	7/29/2008	Gary Reed	
Champ R.:	!	1:44.93	2007	Gary Reed	
Varsity S.:	%	1:45.73	2009	Khadevis Robinson	
Name			Year Team	Finals	Points

Finals

1	627	Ellerton, Andrew	Track North AC	1:50.83	10
2	517	Smith, Kyle	Phoenix A. A.	1:51.08	8
3	671	Ferguson, Quin	Unattached - MB	1:51.11	6
4	387	Ostapowich, Jaden	Edmonton Thunder	1:51.45	5
5	418	Harris, Geoffrey	Halifast A.	1:52.02	4
6	353	Saizew, Michael	Caltaf Athl. A.	1:52.04	3
7	302	Currie, Adam	Athletisme Mtl	1:53.52	2
8	733	Tome, Mitchell	Windsor Legion	1:56.21	1

Men 1500 Meter

=====					
12 Advance: Top 4 Each Heat plus Next 4 Best Times					
Cnd Senior:	*	3:31.71	6/30/2000	Kevin Sullivan	
Champ R.:	!	3:38.03	2008	Taylor Milne	
Varsity S.:	%	3:39.54	2008	Taylor Milne	
Name			Year Team	Prelims	

Preliminaries

1	331	Martinson, Geoffre	BC Athletics	3:49.02Q	
2	596	Boorsma, Kyle	Speed River T&F	3:49.88Q	
3	602	Milne, Taylor	Speed River T&F	3:49.23Q	
4	429	Hulse, Matthew	Kingston Napanee	3:50.15Q	
5	538	Laflamme, Pier-Oli	Rouge ET OR	3:49.40Q	
6	713	Collin, Olivier	Vaudreuil-Dorion	3:50.51Q	
7	649	Burke, Logan	Unattached - BC	3:49.86Q	
8	623	Berkis, Anthony	Toronto Olympic	3:51.42Q	
9	515	Finn, Ryan	Phoenix A. A.	3:50.41q	
10	626	Rengifo, Chris	Toronto Olympic	3:52.28q	
11	624	Khan, Saheed	Toronto Olympic	3:52.42q	
12	470	Walters, Mathew	North Bay Legion	3:52.51q	
13	575	Poulin-Cadovius, J	Sherbrooke	3:52.77	
14	672	Kellar, Adam	Unattached - NB	3:53.26	
15	542	Corrigan, Peter	Running Room	3:53.36	
16	326	Childs, Clifford	BC Athletics	3:53.72	
17	377	Lavoie, Olivier	Corsaire Chapara	3:54.69	
18	385	Boland, Joseph	Edmonton Thunder	3:54.75	
--	601	Konoval, Tim	Speed River T&F	DNS	

Men 1500 Meter

=====					
Cnd Senior:	*	3:31.71	6/30/2000	Kevin Sullivan	
Champ R.:	!	3:38.03	2008	Taylor Milne	
Varsity S.:	%	3:39.54	2008	Taylor Milne	
Name			Year Team	Finals	Points

Finals

1	713	Collin, Olivier	Vaudreuil-Dorion	3:44.04	10
2	331	Martinson, Geoffre	BC Athletics	3:45.16	8
3	602	Milne, Taylor	Speed River T&F	3:45.17	6
4	429	Hulse, Matthew	Kingston Napanee	3:47.30	5
5	623	Berkis, Anthony	Toronto Olympic	3:48.91	4
6	626	Rengifo, Chris	Toronto Olympic	3:50.37	3
7	649	Burke, Logan	Unattached - BC	3:50.85	2
8	624	Khan, Saheed	Toronto Olympic	3:51.38	1
9	538	Laflamme, Pier-Oli	Rouge ET OR	3:51.57	
10	470	Walters, Mathew	North Bay Legion	3:54.26	
11	596	Boorsma, Kyle	Speed River T&F	3:54.70	
12	515	Finn, Ryan	Phoenix A. A.	3:58.85	

Men 5000 Meter

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=====
Cnd Senior: * 13:13.96 9/1/1998 Jeff Schiebler
Champ R.: ! 13:25.16 2000 Sean Kaley
Varsity S.: % 13:22.70 2009 Saif Shaheen
Name Year Team Finals Points
=====
1 519 Wykes, Dylan Physi-Kult 14:03.26 10
2 628 Dekker, Kyle Tri City T. C. 14:27.66 8
3 625 Nakluski, Derek Toronto Olympic 14:32.02 6
4 352 Majock, Nyial Caltaf Athl. A. 14:33.53 5
5 634 Kerr, Geoff U OF C Athletics 14:38.29 4
6 404 Colle, Stephane Fleur De Lys 14:42.13 3
7 685 Campanelli, Joseph U Toronto TC 14:42.22 2
8 653 Brockerville, Ryan Unattached - NL 14:49.32 1
9 406 Noel-Hodge, Ryan Fleur De Lys 15:07.15
10 525 Boisvert, Emmanuel Québec Endurance 15:11.44
11 526 Lapointe, Jean-Sam Québec Endurance 15:23.44
12 405 Mcelligott, Steven Fleur De Lys 15:28.92
-- 666 Benninger, Kurt Unattached - ON DNF
-- 518 Desormeaux, Kyle Physi-Kult DNF
-- 541 Kangogo, Kip Running Room X13:59.18
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Men 10000 Meter

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=====
Cnd Senior: * 27:23.63 5/1/2010 Simon Bairu
Champ R.: ! 28:14.30 2000 Jeff Schiebler
Varsity S.: % 29:20.81 2009 Reid Coolsaet
Name Year Team Finals Points
=====
1 528 Bairu, Simon Queen City S. 28:49.25% 10
2 598 Coolsaet, Reid Speed River T&F 29:14.63% 8
3 599 Gillis, Eric Speed River T&F 29:35.82 6
4 691 Kitz, Robert U Toronto TC 31:39.78 5
5 604 Parrott, John Speed River T&F 32:39.33 4
6 714 Monette, Sebastien Vaudreuil-Dorion 32:56.76 3
-- 541 Kangogo, Kip Running Room X29:02.12
-- 480 Ball (T44), Richar Orillia Legion X37:53.51
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Men 110 Meter Hurdles

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8 Advance: Top 3 Each Heat plus Next 2 Best Times
Cnd Senior: * 13.08 7/1/1993 Mark McKoy
Champ R.: ! 13.27 1985 Mark McKoy
Varsity S.: % 13.81 2007 Charles Allen
Name Year Team Prelims Wind H#
=====
Preliminaries
1 751 Jennings, Karl York University 13.75Q 2.3 2
2 739 Macleod, Jared Winnipeg O. 14.23Q 1.8 1
3 668 Grant, Tremaine Unattached - ON 14.35Q 1.8 1
4 655 Theriau, Christoph Unattached - NS 14.50Q 2.3 2
5 557 Drouin, Derek Sarnia Athl. SW 14.47Q 1.8 1
6 607 Brisson, Matthew ST Thomas Legion 14.51Q 2.3 2
7 610 Vandendool, Andrew ST Thomas Legion 14.54q 1.8 1
8 379 Hinton, Jackson Edmonton Int 14.86q 1.8 1
-- 431 Chevrette-Belisle, Lanaudiere-Olymp FS 2.3 2
-- 496 Makinde, Oluwasegu Ottawa Lions DNS 2.3 2
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Men 110 Meter Hurdles

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=====
Cnd Senior: * 13.08 7/1/1993 Mark McKoy
Champ R.: ! 13.27 1985 Mark McKoy
Varsity S.: % 13.81 2007 Charles Allen
Name Year Team Finals Wind Points
=====
Finals
1 751 Jennings, Karl York University 13.72% 0.9 10
2 668 Grant, Tremaine Unattached - ON 14.13 0.9 8
3 739 Macleod, Jared Winnipeg O. 14.26 0.9 6
4 610 Vandendool, Andrew ST Thomas Legion 14.51 0.9 5 [14.501]
5 655 Theriau, Christoph Unattached - NS 14.51 0.9 4 [14.502]
6 607 Brisson, Matthew ST Thomas Legion 14.55 0.9 3
7 557 Drouin, Derek Sarnia Athl. SW 14.72 0.9 2
8 379 Hinton, Jackson Edmonton Int 14.74 0.9 1
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Men 400 Meter Hurdles

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=====
8 Advance: Top 3 Each Heat plus Next 2 Best Times
Cnd Senior: * 48.24 7/27/2007 Adam Kunkel
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Champ R.: ! 49.68 2007 Adam Kunkel
 Varsity S.: % 51.98 2009 Trent Ratzlaff

Name	Year	Team	Prelims	H#
Preliminaries				
1 432 El Hanbli, Gabriel		Lanaudiere-Olymp	% 51.62Q	2
2 394 Kunkel, Adam		Elite Edge	52.54Q	1
3 335 Woytkowiak, Paul		BC Athletics	52.38Q	2
4 439 Leitch, Scott		London Legion	52.71Q	1
5 687 Chan, Daniel		U Toronto TC	53.05Q	1
6 343 Joseph, Nigel		Calgary Intl	53.25Q	2
7 431 Chevrette-Belisle,		Lanaudiere-Olymp	54.46q	1
8 500 Smithers, Cameron		Ottawa Lions	54.68q	2
9 719 Bates, Brent		West Toronto T&F	55.34	1
10 497 Ohlsen, Jack		Ottawa Lions	55.42	1
11 697 Grant, Oliver		Upper Waterloo	56.50	2
12 358 Hayes, Clayton		Capital City	56.91	2
13 395 Moseley, Ingvar		Elite Edge	58.38	1
14 608 Harris, Tayler		ST Thomas Legion	1:19.18	2
-- 400 Andersen, Les		Excel Athletika	DNF	1
-- 422 Quevedo, Camilo		International	X55.09	2

Men 400 Meter Hurdles

Cnd Senior: * 48.24 7/27/2007 Adam Kunkel
 Champ R.: ! 49.68 2007 Adam Kunkel
 Varsity S.: % 51.98 2009 Trent Ratzlaff

Name	Year	Team	Finals	Points
Finals				
1 432 El Hanbli, Gabriel		Lanaudiere-Olymp	50.94%	10
2 394 Kunkel, Adam		Elite Edge	51.14%	8
3 343 Joseph, Nigel		Calgary Intl	51.98%	6
4 335 Woytkowiak, Paul		BC Athletics	52.69	5
5 687 Chan, Daniel		U Toronto TC	53.08	4
6 439 Leitch, Scott		London Legion	53.12	3
7 431 Chevrette-Belisle,		Lanaudiere-Olymp	54.69	2
8 500 Smithers, Cameron		Ottawa Lions	55.91	1

Men 3000 Meter Steeplechase

Cnd Senior: * 8:12.58 8/28/1985 Graeme Fell
 Champ R.: ! 8:25.82 1986 Graeme Fell
 Varsity S.: % 8:32.87 2009 Robin Watson

Name	Year	Team	Finals	Points
Finals				
1 574 Genest, Alex		Sherbrooke	8:36.11	10
2 605 Watson, Robin		Speed River T&F	8:44.43	8
3 386 Mckay, Travis		Edmonton Thunder	8:45.12	6
4 597 Brunsting, Matthew		Speed River T&F	8:56.12	5
5 641 Weston, David		U OF Windsor	8:59.31	4
6 443 O'Neill, Kyle		London Runner DC	9:11.15	3
7 351 Hadfield, Gareth		Caltaf Athl. A.	9:13.26	2
8 350 Dib, Abdelkader		Caltaf Athl. A.	9:13.28	1
9 467 Degroot, Andrew		Newmarket H.	9:16.93	
10 396 Wanuch, Nathan		Etobicoke T&F C.	9:18.21	
11 458 Dulhanty, Christop		Mississauga	9:18.32	
12 686 Chafe, Paul		U Toronto TC	9:25.77	
13 510 Deshaies, Nicolas		Phenix	9:31.73	
14 603 Murray, Cody		Speed River T&F	9:36.53	
15 706 Charvet, Camille		Vainqueurs	9:56.67	
16 698 Melnik, Matthew		Upper Waterloo	10:39.64	

Men High Jump

Cnd Senior: * 2.35m 7/12/2002 Mark Boswell
 Champ R.: ! 2.33m 1986 Milton Ottey
 Varsity S.: % 2.25m 2009 Jesse Williams

Name	Year	Team	Finals	Points
Finals				
1 557 Drouin, Derek		Sarnia Athl. SW	2.24m	10
1.98 2.03 2.08 2.13 2.16 2.19 2.24 2.29				
PPP PPP O O O XO O XXX				
2 708 Mason, Michael		Valley Royal T&F	2.16m	7
1.98 2.03 2.08 2.13 2.16 2.19				
PPP PPP PPP O XXO XXX				
2 734 Watkins, Derek		Windsor Legion	2.16m	7
1.98 2.03 2.08 2.13 2.16 2.19				
PPP PPP O PPP XXO XXX				
4 690 Dillon, Mark		U Toronto TC	J2.16m	5
1.98 2.03 2.08 2.13 2.16 2.19				

	PPP	PPP	PPP	XXO	XXO	XXX			
5	330	Little, Paul J.			BC Athletics		2.03m	4	
	1.98	2.03	2.08						
	O	O	XXX						
--	303	Darlington, Justin			Athletisme Mtl		NH		
	1.98								
	XXX								

Men Pole Vault

=====									
Cnd Senior: * 5.61m 7/14/1991 Douglas Wood									
Champ R.: ! 5.50m 1989 Douglas Wood									
Varsity S.: % 5.40m 2010 Jason Wurster									
Name	Year	Team	Finals	Points					
=====									
1	695	Wurster, Jason	U Toronto TC	5.30m	10				
	4.70	4.85	5.00	5.15	5.25	5.30	5.35	5.40	5.45
	PPP	PPP	PPP	O	PPP	O	PPP	PPP	XXX
2	534	Petrucha, Taylor	Riversdale A.	5.15m	8				
	4.70	4.85	5.00	5.15	5.25				
	PPP	O	O	O	XXX				
3	688	Creighton, Doug	U Toronto TC	5.00m	6				
	4.70	4.85	5.00	5.15					
	PPP	XO	XO	XXX					
4	381	Theodore, Deryk	Edmonton Int	4.85m	5				
	4.70	4.85	5.00						
	PPP	O	XXX						
5	652	Vu, Ryan	Unattached - BC	J4.85m	4				
	4.70	4.85	5.00						
	PPP	XO	XXX						
6	465	Vaughan, Richard	Montreal Int	4.70m	3				
	4.70	4.85							
	O	XXX							
7	573	Gauthier, René	Sherbrooke	J4.70m	2				
	4.70	4.85							
	XO	XXX							
8	468	Diston, Matthew	Niagara Regional	J4.70m	1				
	4.70	4.85							
	XXO	XXX							
--	750	Hayhoe, Jeff	York University	NH					
	4.70								
	XXX								
--	640	Vukasovic, Jeffrey	U OF Windsor	NH					
	4.70								
	XXX								
--	464	Beaumont-Courteau,	Montreal Int	NH					
	4.70								
	XXX								
--	380	Janssen, Matt	Edmonton Int	NH					
	4.70								
	XXX								
--	703	Schmidt, Dylan	USA	XNH					
	4.70								
	XXX								
--	572	Foley, David	Sherbrooke	NH					
	4.70	4.85							
	PPP	XXX							

Men Long Jump

=====									
Cnd Senior: * 8.20m 7/20/1991 Edrick Floreal									
Champ R.: ! 8.02m 1989 Edrick Floreal									
Varsity S.: % 7.63m 2009 Brian Chibudu									
Name	Year	Team	Finals	Wind	Points				
=====									
1	550	Greenaway, Christo	Saint Laurent S.	7.56m	-2.3	10			
	7.16m	(-3.0)	FOUL	7.44m	(-1.9)	FOUL	7.56m	(-2.3)	FOUL
2	495	Chibudu, Brian	Ottawa Lions	7.46m	-1.5	8			
	5.01m	(-1.4)	FOUL	7.15m	(-3.4)	7.03m	(-2.0)	7.46m	(-1.5)
						7.34m	(-1.7)		
3	453	Stewart, Taylor	London Western	7.43m	-1.8	6			
	7.00m	(-1.7)	7.28m	(-2.1)	7.32m	(-2.2)	7.43m	(-1.8)	7.39m
						(-2.0)	7.26m	(-2.3)	
4	146	Bowry, Jharyl	Take Flight A.	7.32m	-1.8	5			
	6.94m	(-1.1)	FOUL	(-2.9)	7.01m	(-2.4)	7.24m	(-2.7)	7.32m
						(-1.8)	7.28m	(-1.7)	
5	618	Douglas, Kadeem	Take Flight A.	7.30m	-2.1	4			
	7.18m	(-2.7)	7.11m	(-3.2)	7.25m	(-2.7)	7.26m	(-1.7)	7.30m
						(-2.1)	6.88m	(-2.9)	
6	401	Huber, Wade	Excel Athletika	J7.30m	-2.7	3			
	7.16m	(-3.0)	7.30m	(-2.7)	FOUL	5.26m	(-2.0)	5.21m	(-2.6)
							7.01m	(-0.0)	
7	731	Nriagu, Osi Tadinm	Windsor Legion	7.02m	-2.6	2			
	7.02m	(-2.6)	6.68m	(-3.5)	6.85m	(-3.4)	FOUL	FOUL	FOUL
8	119	Kuruner, Guyson	Guelph T&F C.	6.98m	-1.5	1			
	6.96m	(-1.1)	6.28m	(-3.7)	5.15m	(-2.8)	FOUL	(-2.5)	5.10m
							(-2.5)	6.98m	(-1.5)

9	124 Scherle, Mark	London Western	6.92m	-1.7
	6.46m(-1.7) FOUL	6.92m(-1.7)		
10	537 Ahanda-Noah, Patri	Rouge ET OR	6.32m	-2.2
	6.32m(-2.2) PASS	PASS		
--	140 Crossley, Chris	Saskatoon TF C.	FOUL	
	FOUL FOUL FOUL			
--	474 Latham, Clayton	Ontario Masters	DNS	NWI
--	138 Massok, Patrick	Saint Laurent S.	X7.43m	-2.3
	6.71m(-1.5) 6.99m(-3.0) 7.30m(-3.2) 7.23m(-1.5) 7.43m(-2.3)		FOUL	

Men Triple Jump

=====						
Cnd Senior: *		17.29m	6/3/1989	Edrick Floreal		
Champ R.: !		16.56m	1989	Edrick Floreal		
Varsity S.: %		15.59m	2009	David St-Bernard		
Name	Year	Team	Finals	Wind	Points	
=====						
1	620 Zorzella, Jacob	Take Flight A.	15.47m	-0.7	10	
	15.47m(-0.7) FOUL	15.32m(-0.7) PASS	15.33m(-0.4) FOUL			
2	584 McCormick, Kurt	Sparta Athletics	14.72m	-1.3	8	
	14.18m(-2.0) FOUL	14.65m(-0.7) 14.09m(-1.0)	14.72m(-1.3) 14.25m(2.4)			
3	756 St. Bernard, David	York University	14.71m	1.1	6	
	FOUL 14.41m(-0.8) FOUL	14.69m(-0.6) FOUL	14.71m(1.1)			
4	614 Harriott, Dwayne	Supreme A.	14.63m	+0.0	5	
	14.43m(-1.2) 14.63m(+0.0)	14.48m(-0.4) 13.59m(-0.3)	FOUL 14.47m(-0.4)			
5	615 Muschette, Marvin	Supreme A.	14.56m	-0.6	4	
	14.08m(-1.6) 14.34m(-1.0) FOUL	14.38m(-0.6) 14.56m(-0.6)	FOUL			
6	303 Darlington, Justin	Athletisme Mtl	14.50m	-0.3	3	
	13.78m(-0.1) 13.76m(+0.0)	14.37m(-1.3) 14.19m(-1.0)	14.50m(-0.3) 14.27m(+0.0)			
7	551 Nangle, Marlon	Saint Laurent S.	14.48m	-0.7	2	
	14.24m(-1.2) 14.48m(-0.7)	14.13m(-0.3) FOUL	FOUL 14.39m(+0.0)			
8	619 Tita, Samuel	Take Flight A.	14.29m	+0.0	1	
	FOUL 14.29m(+0.0) FOUL	13.17m(-0.4) FOUL	PASS			
9	715 Diop, Ndiaga	Vert et Or	14.24m	-0.6		
	14.24m(-0.6) 14.12m(-0.2) FOUL(-1.2)					
10	738 Gundrum, Joshua	Winnipeg O.	14.16m	-1.4		
	14.16m(-1.4) 14.12m(0.1) 13.89m(-1.1)					
11	613 Goetz, Jason	Supreme A.	14.15m	-1.1		
	14.15m(-1.1) FOUL	FOUL				
12	419 Quilty, Patrick	Halifast A.	13.99m	-1.3		
	13.99m(-1.3) FOUL	FOUL				
--	370 Landry, Pierre	Club Elite	DNS	NWI		

Men Shot Put 7.26 kg

=====						
Cnd Senior: *		21.58m	6/2/2010	Dylan Armstrong		
Champ R.: !		20.57m	2001	Brad Snyder		
Varsity S.: %		20.30m	2009	Dylan Armstrong		
Name	Year	Team	Finals	Points		
=====						
1	428 Armstrong, Dylan	Kamloops T&F C.	20.55m%	10		
	20.55m FOUL FOUL	20.22m FOUL FOUL				
2	563 Smith, Andrew	Saskatoon TF C.	17.75m	8		
	17.58m FOUL 17.69m FOUL	17.75m FOUL				
3	600 Hendry, Timothy	Speed River T&F	16.70m	6		
	16.42m 16.70m FOUL FOUL	16.51m 16.38m				
4	752 Khan, Umar	York University	16.61m	5		
	16.61m 15.83m FOUL FOUL	FOUL FOUL				
5	560 Ysebaert, Andy	Sarnia Athl. SW	16.33m	4		
	15.98m 15.99m FOUL	15.80m 16.33m FOUL				
6	720 Marcoccia, Mathieu	West Toronto T&F	16.11m	3		
	FOUL 16.11m FOUL FOUL	15.79m 16.06m				
7	452 Russell-Ford, Zach	London Western	15.90m	2		
	15.24m 15.26m 15.90m 15.87m 15.77m 15.71m					
8	524 Simmons, Shakir	Project A.	15.16m	1		
	15.07m FOUL 15.16m 14.68m FOUL FOUL					
9	753 Novia, Daniel	York University	14.31m			
	FOUL 14.31m PASS					
--	606 Willems, Owen	Speed River T&F	FOUL			
	FOUL FOUL FOUL					
--	427 Rodhe, Justin	Kamloops T&F C.	X18.70m			
	18.33m 18.65m 18.70m 18.36m 18.65m FOUL					

Men Discus Throw 2 kg

=====						
Cnd Senior: *		67.88m	5/14/1998	Jason Tunks		
Champ R.: !		64.84m	2001	Jason Tunks		
Varsity S.: %		56.14m	2009	Jason Tunks		
Name	Year	Team	Finals	Points		
=====						
1	475 Ransky, Mike	Ontario Masters	53.24m	10		

2	48.80m 50.62m 52.15m 53.24m	FOUL FOUL	Unattached - ON	51.56m	8
3	669 Pilling, Greg				
	51.54m 50.81m	FOUL 50.71m	FOUL 51.56m		
3	606 Willems, Owen		Speed River T&F	49.96m	6
	45.85m 46.90m 49.96m	FOUL 49.85m	46.99m		
4	747 Anisko, Damian		York University	47.85m	5
	47.38m 47.85m	FOUL 47.66m	47.77m	FOUL	
5	560 Ysebaert, Andy		Sarnia Athl. SW	47.69m	4
	46.54m 47.12m	FOUL 47.69m	FOUL 43.82m		
6	694 Wells, Andrew		U Toronto TC	47.62m	3
	47.62m 45.87m	FOUL 47.44m	43.96m 43.30m		
7	692 Roubos, Brent		U Toronto TC	46.52m	2
	46.52m 46.18m 46.31m	FOUL 45.18m	FOUL		
8	559 Gray, Jackson		Sarnia Athl. SW	46.48m	1
	45.16m 46.48m	FOUL FOUL	43.48m 45.70m		
9	360 Myatt, Geoffrey		Celtic Athletics	46.18m	
	46.18m 45.89m 43.23m				
10	469 Young, Mark		Niagara Regional	45.25m	
	41.36m 45.25m 44.98m				
11	452 Russell-Ford, Zach		London Western	44.56m	
	43.27m 43.00m 44.56m				
12	720 Marcoccia, Mathieu		West Toronto T&F	44.39m	
	43.73m 44.39m 43.06m				
13	450 Judson, Jarod		London Western	42.65m	
	FOUL 42.65m	FOUL			
14	667 Dabrowski, Andrew		Unattached - ON	37.66m	
	37.66m 37.64m 36.44m				
--	524 Simmons, Shakir		Project A.	DNS	

Men Hammer Throw 7.26 kg

=====					
Cnd Senior:	* 79.13m	5/16/2008	James Steacy		
Champ R.:	! 78.52m	2008	James Steacy		
Varsity S.:	% 73.36m	2009	James Steacy		
Name		Year Team		Finals	Points
=====					
1	654 Doherty, Matthew		Unattached - NS	67.06m	10
	62.44m	FOUL 65.63m	67.06m 65.94m	FOUL	
2	329 Henderson, Nolan		BC Athletics	64.45m	8
	61.57m	FOUL 63.66m	64.45m	FOUL	
3	753 Novia, Daniel		York University	61.12m	6
	57.05m 58.06m	FOUL 59.15m	58.00m 61.12m		
4	549 Besspalov, Alexandr		Saint Laurent S.	59.83m	5
	51.46m 55.36m	59.20m	FOUL 59.33m	59.83m	
5	473 Fahie, Jamie		Ontario Masters	59.32m	4
	55.43m 56.07m	59.32m	57.11m 58.81m	59.32m	
6	365 Steacy, Sean		Chinook T & F C.	59.08m	3
	59.08m 55.74m	FOUL FOUL	56.91m 56.29m		
7	565 Millar, Brad		Saugeen T&F	57.77m	2
	FOUL 56.56m	57.08m	57.77m 56.50m	FOUL	
8	639 Lennie, Nathan		U OF Windsor	57.56m	1
	55.07m 57.56m	56.50m	55.46m 57.43m	55.07m	
9	347 Burnett, Wilson		Calgary Spartans	52.97m	
	46.92m	FOUL 52.97m	51.69m 48.22m	FOUL	
10	747 Anisko, Damian		York University	52.20m	
	51.38m 52.20m 51.70m				

Men Javelin Throw 800 g

=====					
Cnd Senior:	* 84.41m	7/20/2005	Scott Russell		
Champ R.:	! 80.17m	2001	Scott Russell		
Varsity S.:	% 72.01m	2009	Kyle J. Nielsen		
Name		Year Team		Finals	Points
=====					
1	332 Moss, Curtis		BC Athletics	74.76m%	10
	73.03m 71.53m	73.48m	69.89m 74.76m	FOUL	
2	543 Jones, Caleb		Saint John T&F	73.25m%	8
	73.25m 67.95m	66.16m	68.68m 68.55m	69.84m	
3	333 Nielsen, Kyle J.		BC Athletics	71.68m	6
	71.68m 69.84m	69.49m	FOUL 68.43m	67.98m	
4	438 Collins, Wiley		London Legion	65.73m	5
	64.95m 65.73m	63.80m	FOUL FOUL FOUL		
5	622 Peet, Geoff		Tisdale Track	64.40m	4
	63.63m	FOUL 60.87m	FOUL 59.67m	64.40m	
6	712 White, Andy		Vancouver T.	63.85m	3
	59.72m 59.52m	63.85m	FOUL 61.04m	60.76m	
7	558 Garbaty, Casey		Sarnia Athl. SW	61.19m	2
	59.86m 61.19m	FOUL 57.59m	59.78m 58.19m		
8	754 Renton, Tyler		York University	59.43m	1
	59.08m 56.97m	59.43m	55.97m	FOUL 57.82m	
9	305 Cyr, Pascal		Athletisme SE	56.85m	

	56.85m	53.61m	52.13m		
10	552 Roy, Alexandre			Saint Laurent S.	55.11m
	47.24m	55.11m	48.32m		
11	582 Kovacs, Adam			South Simcoe D.	54.11m
	FOUL	54.11m	50.78m		
12	583 Massar, Justin			South Simcoe D.	51.94m
	51.94m	FOUL	50.89m		
13	667 Dabrowski, Andrew			Unattached - ON	50.33m
	47.58m	47.58m	50.33m		
14	476 Shaikh, Sharaz			Ontario Masters	49.72m
	46.95m	FOUL	49.72m		
--	748 Beatty, Brendan			York University	FOUL
	FOUL	PASS	PASS		
--	701 Hetzendorf, John			USA	X64.65m
	64.65m	FOUL	FOUL	FOUL	62.61m
				FOUL	

Decathlon: #1 Men 100 Meter Decathlon

Name	Year	Team	Finals	Wind	H#	Points
1 440 Warner, Damian		London Legion	10.56	2.3	2	961
2 729 Adjetey-Nelson, Ja		Windsor Legion	10.73	2.3	2	922
3 684 Bertocchi, Massimo		U Toronto TC	10.79	2.3	2	908
4 609 Kirkpatrick, Joshu		ST Thomas Legion	10.99	2.3	2	863
5 711 Chenery, Mark		Vancouver T.	11.27	2.3	2	801
6 737 Caines, Cliff		Winnipeg O.	11.55	3.1	1	742
7 494 Arbour, Patrick		Ottawa Lions	11.66	3.1	1	719
8 637 Thomas, Craig		U OF C Athletics	12.37	3.1	1	580
-- 651 Staeheli, Ivan		Unattached - BC	DNS	3.1	1	

Decathlon: #5 Men 400 Meter Decathlon

Name	Year	Team	Finals	Points
1 684 Bertocchi, Massimo		U Toronto TC	48.79	871
2 729 Adjetey-Nelson, Ja		Windsor Legion	49.41	842
3 440 Warner, Damian		London Legion	49.85	822
4 737 Caines, Cliff		Winnipeg O.	50.56	789
5 711 Chenery, Mark		Vancouver T.	50.81	778
6 494 Arbour, Patrick		Ottawa Lions	52.02	724
7 609 Kirkpatrick, Joshu		ST Thomas Legion	53.43	663
-- 637 Thomas, Craig		U OF C Athletics	DNS	

Decathlon: #10 Men 1500 Meter Decathlon

Name	Year	Team	Finals	Points
1 729 Adjetey-Nelson, Ja		Windsor Legion	4:50.18	618
2 440 Warner, Damian		London Legion	4:56.32	581
3 711 Chenery, Mark		Vancouver T.	4:57.37	575
4 494 Arbour, Patrick		Ottawa Lions	5:02.84	543
-- 737 Caines, Cliff		Winnipeg O.	DNS	
-- 609 Kirkpatrick, Joshu		ST Thomas Legion	DNS	
-- 684 Bertocchi, Massimo		U Toronto TC	DNS	

Decathlon: #6 Men 110 Meter Hurdles Decathlon

Name	Year	Team	Finals	Wind	Points
1 684 Bertocchi, Massimo		U Toronto TC	14.39	-1.8	925
2 729 Adjetey-Nelson, Ja		Windsor Legion	14.74	-1.8	881
3 711 Chenery, Mark		Vancouver T.	15.34	-1.8	809
4 440 Warner, Damian		London Legion	15.42	-1.8	799
5 494 Arbour, Patrick		Ottawa Lions	15.64	-1.8	774
6 609 Kirkpatrick, Joshu		ST Thomas Legion	15.70	-1.8	767
7 737 Caines, Cliff		Winnipeg O.	17.38	-1.8	585

Decathlon: #4 Men High Jump Decathlon

Name	Year	Team	Finals	Points								
1 729 Adjetey-Nelson, Ja		Windsor Legion	2.00m	803								
	1.70	1.73	1.76	1.79	1.82	1.85	1.88	1.91	1.94	1.97	2.00	2.03
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	O	PPP	XXO	O	XXX
2 737 Caines, Cliff		Winnipeg O.	1.97m	776								
	1.70	1.73	1.76	1.79	1.82	1.85	1.88	1.91	1.94	1.97	2.00	
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	XO	PPP	O	XXX	
2 440 Warner, Damian		London Legion	1.97m	776								
	1.70	1.73	1.76	1.79	1.82	1.85	1.88	1.91	1.94	1.97	2.00	
	PPP	PPP	O	PPP	O	O	O	O	XO	XO	XXX	

4	684 Bertocchi, Massimo	U Toronto TC	1.91m	723
	1.70 1.73 1.76 1.79 1.82 1.85 1.88 1.91 1.94			
	PPP PPP PPP PPP O PPP O XO XXX			
5	609 Kirkpatrick, Joshu	ST Thomas Legion	1.88m	696
	1.70 1.73 1.76 1.79 1.82 1.85 1.88 1.91			
	PPP PPP XXO PPP XO XO XO XXX			
5	711 Chenery, Mark	Vancouver T.	1.88m	696
	1.70 1.73 1.76 1.79 1.82 1.85 1.88 1.91			
	PPP PPP PPP PPP XO O O XXX			
7	494 Arbour, Patrick	Ottawa Lions	1.82m	644
	1.70 1.73 1.76 1.79 1.82 1.85			
	PPP PPP O PPP O XXX			
--	637 Thomas, Craig	U OF C Athletics	NH	
	1.70			
	XXX			
--	651 Staeheli, Ivan	Unattached - BC	DNS	
	1.70			
	DNS			

Decathlon: #8 Men Pole Vault Decathlon

Starting Height: 3.20m - Progression: 10cm															
Name	Year	Team	Finals										Points		
1	729	Adjetey-Nelson, Ja	Windsor Legion	4.50m											760
		3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20 4.30 4.40 4.50 4.60													
		PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP O PPP O XXO XXX													
2	440	Warner, Damian	London Legion	4.10m											645
		3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20 4.30													
		PPP PPP PPP O PPP XO PPP PPP XO O PPP XXX													
3	494	Arbour, Patrick	Ottawa Lions	3.90m											590
		3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00													
		PPP PPP PPP XO XXO XO PPP O XXX													
4	711	Chenery, Mark	Vancouver T.	3.30m											431
		3.20 3.30 3.40													
		PPP XXO XXX													
--	684	Bertocchi, Massimo	U Toronto TC	NH											
		3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20 4.30 4.40 4.50 4.60 4.70													
		PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP XXX													
--	609	Kirkpatrick, Joshu	ST Thomas Legion	NH											
		3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20 4.30 4.40 4.50													
		PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP XXX													
--	737	Caines, Cliff	Winnipeg O.	NH											
		3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00													
		PPP PPP PPP PPP PPP PPP PPP PPP XXX													
--	651	Staeheli, Ivan	Unattached - BC	DNS											
		3.20													
		DNS													
--	637	Thomas, Craig	U OF C Athletics	DNS											
		3.20													
		DNS													

Decathlon: #2 Men Long Jump Decathlon

Name	Year	Team	Finals	Wind	Points	
1	440	Warner, Damian	London Legion	7.25m	0.3	874
		6.98m(-0.1) FOUL 7.25m(0.3)				
2	729	Adjetey-Nelson, Ja	Windsor Legion	7.13m	-0.1	845
		5.71m(5.3) 6.67m(-3.0) 7.13m(-0.1)				
3	684	Bertocchi, Massimo	U Toronto TC	7.09m	2.2	835
		6.98m(-1.2) 7.09m(2.2) PASS				
4	609	Kirkpatrick, Joshu	ST Thomas Legion	7.00m	1.5	814
		7.00m(1.5) 6.99m(-4.3) FOUL				
5	494	Arbour, Patrick	Ottawa Lions	6.50m	-3.6	697
		6.38m(-0.9) FOUL 6.50m(-3.6)				
6	737	Caines, Cliff	Winnipeg O.	6.44m	2.2	684
		6.31m(0.9) 6.27m(-1.6) 6.44m(2.2)				
7	711	Chenery, Mark	Vancouver T.	6.35m	-5.4	664
		FOUL FOUL 6.35m(-5.4)				
8	637	Thomas, Craig	U OF C Athletics	6.33m	6.2	659
		6.33m(6.2) FOUL 6.09m(-2.4)				
--	651	Staeheli, Ivan	Unattached - BC	DNS	NWI	

Decathlon: #3 Men Shot Put Decathlon

Name	Year	Team	Finals	Points	
1	684	Bertocchi, Massimo	U Toronto TC	14.89m	783
		14.32m 14.35m 14.89m			
2	729	Adjetey-Nelson, Ja	Windsor Legion	14.71m	772

	14.51m 14.58m 14.71m			
3	609 Kirkpatrick, Joshu 13.40m 14.03m 13.74m	ST Thomas Legion	14.03m	730
4	494 Arbour, Patrick 13.92m 13.91m 13.63m	Ottawa Lions	13.92m	723
5	737 Caines, Cliff 13.66m 12.94m 12.54m	Winnipeg O.	13.66m	708
6	440 Warner, Damian FOUL 12.07m FOUL	London Legion	12.07m	611
7	711 Chenery, Mark FOUL 11.64m 11.85m	Vancouver T.	11.85m	597
8	637 Thomas, Craig 11.54m FOUL 11.51m	U OF C Athletics	11.54m	579
--	651 Staeheli, Ivan	Unattached - BC	DNS	

Decathlon: #7 Men Discus Throw Decathlon

Name	Year Team	Finals	Points
1 684 Bertocchi, Massimo 48.39m 50.72m FOUL	U Toronto TC	50.72m	885
2 494 Arbour, Patrick 44.11m 44.17m 46.74m	Ottawa Lions	46.74m	803
3 711 Chenery, Mark 37.35m 40.94m 36.00m	Vancouver T.	40.94m	684
4 440 Warner, Damian 37.47m 39.77m 39.89m	London Legion	39.89m	662
5 737 Caines, Cliff FOUL FOUL 35.99m	Winnipeg O.	35.99m	584
6 609 Kirkpatrick, Joshu 34.94m 33.34m 32.59m	ST Thomas Legion	34.94m	562
7 729 Adjetey-Nelson, Ja 34.68m 32.84m 33.53m	Windsor Legion	34.68m	557
-- 651 Staeheli, Ivan	Unattached - BC	DNS	
-- 637 Thomas, Craig	U OF C Athletics	DNS	

Decathlon: #9 Men Javelin Throw Decathlon

Name	Year Team	Finals	Points
1 494 Arbour, Patrick 62.87m 66.82m 66.02m	Ottawa Lions	66.82m	841
2 729 Adjetey-Nelson, Ja 62.77m 59.27m 57.48m	Windsor Legion	62.77m	780
3 440 Warner, Damian 55.45m 58.25m 58.69m	London Legion	58.69m	718
4 711 Chenery, Mark 53.45m 55.14m FOUL	Vancouver T.	55.14m	665
-- 637 Thomas, Craig	U OF C Athletics	DNS	
-- 684 Bertocchi, Massimo	U Toronto TC	DNS	
-- 609 Kirkpatrick, Joshu	ST Thomas Legion	DNS	
-- 737 Caines, Cliff	Winnipeg O.	DNS	
-- 651 Staeheli, Ivan	Unattached - BC	DNS	

Men Decathlon

Cnd Senior: *	8626	5/26/1996	Michael Smith		
Champ R.: !	8498	1995	Michael Smith		
Varsity S.: %	7146	2009	Reid Gustavson		
Name	Year Team	Finals	Points		
1 729 Adjetey-Nelson, Ja	Windsor Legion	7780%	10		
2 440 Warner, Damian	London Legion	7449%	8		
3 494 Arbour, Patrick	Ottawa Lions	7058	6		
4 711 Chenery, Mark	Vancouver T.	6700	5		

Men 20000 Meter Race Walk

Cnd Senior: *	1:21:03.00	7/7/2000	Arturo Huerta		
Champ R.: !	1:21:24.00	2000	Arturo Huerta		
Name	Year Team	Finals	Points		
1 327 Dunfee, Evan F.	BC Athletics	1:25:57.7h	10		
2 328 Gomez, Inaki	BC Athletics	1:27:07.2h	8		
3 531 Connolly, Creighto	Racewalk West	1:36:02.4h	6		
4 477 Xu, Jianping	Ontario Masters	1:47:27.0h	5		
-- 704 Seaman, Tim	USA	1:38:45.1h			
-- 702 Mannozi, Mike	USA	1:39:59.6h			

Women - Team Rankings - 19 Events Scored

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1) BC ATHLETICS	117	2) ELITE EDGE	51
3) SPEED RIVER TRACK & FIELD	32	4) U OF C ATHLETICS CLUB	27
5) SAINT LAURENT SELECT	26	6) LONDON WESTERN T.F.C.	23
6) YORK UNIVERSITY TRACK & FI	23	6) LEGACY ATHLETICS	23
9) UNIVERSITY of TORONTO T.C	22	10) HALIFAST ATHLETICS	21
11) OTTAWA LIONS T.F.C.	18	11) OVER THE TOP HIGH PERFORM	18
11) FLEUR De LYS	18	14) WINDSOR LEGION TRACK & FI	17
15) SOUTH SIMCOE DUFFERIN T.F	16	16) ONTARIO RACEWALKERS	14
17) EDMONTON THUNDER	12	18) SARNIA ATHLETICS SOUTHWES	11
18) SHERBROOKE	11	18) RIVERSDALE ATHLETICS	11
21) MISSISSAUGA T.F.C.	10	22) GUELPH TRACK & FIELD CLUB	9
23) ST-JEAN OLYMPIQUE	8	23) THE PETER & ANDREW RUNNIN	8
25) CORSAIRE CHAPARAL	7	25) TAKE FLIGHT ATHLETICS	7
27) RACEWALK WEST	6	27) HAMILTON OLYMPIC CLUB	6
29) CHINOOK TRACK & FIELD CLU	5	29) ROUGE et Or u. LAVAL	5
29) ATHLETISME MONTREAL	5	29) LANAUDIÈRE-OLYMPIQUE	5
29) LONDON LEGION TRACK & FIEL	5	29) KAJAKS TRACK & FIELD	5
35) CALGARY INTERNATIONAL	4	35) RUNNING ROOM ATHLETIC CLU	4
35) VOLEO ATHLETICS	4	35) QUEEN CITY STRIDERS	4
39) SAUGEEN TRACK AND FIELD	3	39) VALLEY ROYALS TRACK & FIE	3
39) BRAMPTON TRACK CLUB INC.	3	39) PERFMAX-RACING	3
39) FLYING ANGELS ACADEMY	3	39) CALTAF ATHLETIC ASSOCIAT	3
45) PHOENIX ATHLETICS ASSOC.	2	45) LES VAILLANTS	2
45) MONTREAL INTERNATIONAL	2	48) PROJECT ATHLETICS T&F CLU	1.50
49) LONDON RUNNER DISTANCE CLU	1	49) COQUITLAM CHEETAHS	1
49) PACIFIC ATHLETICS	1	49) G-FORCE TRACK CLUB	1
49) NORWESTERS TRACK & FIELD	1	49) SASKATOON TF CLUB	1
49) BISON TRACK AND FIELD CLUB	1	56) CHEBUCTO ATHLETICS	0.50

Men - Team Rankings - 20 Events Scored

1) BC ATHLETICS	65	2) SPEED RIVER TRACK & FIELD	49
3) UNIVERSITY of TORONTO T.C	41	4) YORK UNIVERSITY TRACK & F	37
5) OTTAWA LIONS T.F.C.	25	6) TAKE FLIGHT ATHLETICS	23
6) SARNIA ATHLETICS SOUTHWEST	23	8) WINDSOR LEGION TRACK & FI	22
9) ONTARIO MASTERS ATHLETICS	20	10) PRINCE EDWARD ISLAND	18
11) LONDON LEGION TRACK & FIEL	16	12) WINNIPEG OPTIMIST ATHLETI	14
12) TORONTO OLYMPIC CLUB	14	12) U OF C ATHLETICS CLUB	14
15) VAUDREUIL-DORION	13	16) LANAUDIÈRE-OLYMPIQUE	12
16) SAINT LAURENT SELECT	12	16) PHOENIX ATHLETICS ASSOC.	12
16) SHERBROOKE	12	20) CAPITAL CITY TRACK CLUB	11
20) CALTAF ATHLETIC ASSOCIATI	11	20) EDMONTON THUNDER	11
23) BRAMPTON TRACK CLUB INC.	10	23) PHYSI-KULT KINGSTON	10
23) QUEEN CITY STRIDERS	10	23) TRACK NORTH ATHLETIC CLUB	10
23) KAMLOOPS TRACK & FIELD CLU	10	28) SUPREME ATHLETICS	9
29) LONDON WESTERN T.F.C.	8	29) RIVERSDALE ATHLETICS	8
29) ST THOMAS LEGION T.F.C.	8	29) SPARTA ATHLETICS	8
29) VANCOUVER THUNDERBIRDS	8	29) SAINT JOHN TRACK & FIELD	8
29) ELITE EDGE	8	29) TRI CITY TRACK CLUB	8
29) SASKATOON TF CLUB	8	38) ATHLETISME MONTREAL	7
38) VALLEY ROYALS TRACK & FIEL	7	40) U OF WINDSOR TF ALUMNI CL	6
40) RACEWALK WEST	6	40) EDMONTON INTERNATIONAL TC	6
40) PERFMAX-RACING	6	40) CALGARY INTERNATIONAL	6
40) ATHLETISME SUD-EST	6	46) ETOBICOKE TRACK & FIELD C	5
46) KINGSTON NAPANEE T.F.C.	5	48) CHINOOK TRACK & FIELD CLU	4
48) GUELPH TRACK & FIELD CLUB	4	48) HALIFAST ATHLETICS	4
48) TISDALE TRACK	4	52) EXCEL ATHLETIKA	3
52) FLEUR De LYS	3	52) LONDON RUNNER DISTANCE CL	3
52) MONTREAL INTERNATIONAL	3	52) SAUGEEN TRACK AND FIELD	3
52) WEST TORONTO TRACK & FIELD	3	58) NIAGARA REGIONAL ATHLETIC	1
58) PROJECT ATHLETICS T&F CLUB	1	58) CALGARY SPARTANS	1

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 2010 Canadian Track & Field Championships AWD - 7/28/2010 to 7/31/2010
 Championnats canadiens d'athlétisme 2010 AWD
 Varsity Centre, Toronto ON
 Results

Women 100 Meter T12

=====					
Will be run with event 21 and 25					
Canadian Rec: @ 13.83 7/20/2009 Noella Klawitter					
Name	Year	Team	Finals	Wind	Points
=====					
Finals					
1	228	Rennebohm, Jacquél	London Western	14.41	1.5 10
--	289	Hodge, G - Simon	London Western	XNT	1.5

Women 200 Meter T12

=====

Will be run with event 57
Canadian Rec: @ 28.82 8/9/2009 Noella Klawitter

Name	Year	Team	Finals	Wind	Points
1 241 Klawitter, Noella		Ottawa Lions	29.67	0.9	10
2 228 Rennebohm, Jacquiel		London Western	29.94	0.9	8
-- 289 Hodge, G - Simon		London Western	XNT	0.9	
-- 287 St-Aubin, G - Mia		Ottawa Lions	XNT	0.9	

Women 400 Meter T12

Will be run with event 85
Canadian Rec: @ 1:04.30 8/9/2009 Noella Klawitter

Name	Year	Team	Finals	Points
1 241 Klawitter, Noella		Ottawa Lions	1:04.72	10
2 228 Rennebohm, Jacquiel		London Western	1:08.24	8
-- Boast, G - Cody		Ottawa Lions	XNT	
-- 289 Hodge, G - Simon		London Western	XNT	

Women 800 Meter T12

Name	Year	Team	Finals	Points
1 241 Klawitter, Noella		Ottawa Lions	2:33.30	10

Women 100 Meter T34

Will be run with event 29 and 31
Canadian Rec: @ 19.45 2006 Chelsea Clark

Name	Year	Team	Finals	Wind	Points
1 208 Clark, Chelsea		Cruisers S. F. P	21.77	1.5	10

Women 200 Meter T34

Will be run with event 61 and 63
Canadian Rec: @ 34.55 2004 Chelsea Clark

Name	Year	Team	Finals	Wind	Points
1 208 Clark, Chelsea		Cruisers S. F. P	38.11	-0.9	10

Women 100 Meter T36

Will be run with event 13 and 15
Canadian Rec: @ 16.47 1989 S. Sauve

Name	Year	Team	Finals	Wind	Points
1 222 O'Brien, Meghan		Kitchener W.	19.03	1.5	10

Women 200 Meter T36

Will be run with event 45 and 47
Canadian Rec: @ 37.39 8/9/2009 Meghan O'Brien

Name	Year	Team	Finals	Wind	Points
1 222 O'Brien, Meghan		Kitchener W.	38.93	0.9	10

Women 400 Meter T36

Will be run with event 77 and 89
Canadian Rec: @ 1:28.89 2006 Meghan O'Brien

Name	Year	Team	Finals	Points
1 222 O'Brien, Meghan		Kitchener W.	1:32.28	10

Women 100 Meter T37

Will be run with event 11 and 15
Canadian Rec: @ 15.31 1994 K. Lucas

Name	Year	Team	Finals	Wind	Points
1 281 Muscat, Megan		Windsor Legion	15.74	1.5	10
2 227 Robinson, Leah		Laurel Creek	15.85	1.5	8
3 280 Mclachlan, Virgini		Windsor Legion	17.09	1.5	6

Women 200 Meter T37

Will be run with event 43 and 47
Canadian Rec: @ 31.15 1994 K. Lucas

Name	Year	Team	Finals	Wind	Points

1	227	Robinson, Leah	Laurel Creek	32.64	0.9	10
2	281	Muscat, Megan	Windsor Legion	33.45	0.9	8
3	280	Mclachlan, Virgini	Windsor Legion	35.67	0.9	6

Women 400 Meter T37

Will be run with event 75 and 89						
Canadian Rec: @ 1:11.54 2008 Leah Robinson						
Name	Year	Team	Finals	Points		
--	269	Pylkki, Krista	USA	X1:30.42		

Women 100 Meter T38

Will be run with event 11 and 13						
Canadian Rec: @ 14.90 1990 C. Burt						
Name	Year	Team	Finals	Wind	Points	
1	217	Burt, Cindy	Durham Dragon	15.81	1.5	10

Women 200 Meter T38

Will be run with event 43 and 45						
Canadian Rec: @ 31.89 1992 Lesley Pollock						
Name	Year	Team	Finals	Wind	Points	
1	217	Burt, Cindy	Durham Dragon	34.00	0.9	10

Women 100 Meter T46

Will be run with event 3 and 21						
Canadian Rec: @ 13.90 1988 Lynette Wildeman						
Name	Year	Team	Finals	Wind	Points	
1	268	Roxon, Katarina	Unattached NL	15.17	0.3	10

Women 200 Meter T46

Will be run with event 35						
Canadian Rec: @ 28.37 1988 Lynette Wildeman						
Name	Year	Team	Finals	Wind	Points	
1	268	Roxon, Katarina	Unattached NL	31.30	0.9	10

Women 400 Meter T46

Will be run with event 75 and 77						
Canadian Rec: @ 1:12.15 6/26/2010 Katarina Roxon						
Name	Year	Team	Finals	Points		
1	268	Roxon, Katarina	Unattached NL	1:10.70@	10	

Women 100 Meter T53

Will be run with event 7 and 31						
Canadian Rec: @ 17.39 5/22/2008 Ilana Duff						
Name	Year	Team	Finals	Wind	Points	
1	245	White, Sarah	Saint Laurent S.	20.06	0.3	10
--	204	Lewis, Jessica	Bermuda	X20.47	0.3	

Women 200 Meter T53

Will be run with event 39 and 63						
Canadian Rec: @ 31.43 5/10/2008 Ilana Duff						
Name	Year	Team	Finals	Wind	Points	
1	245	White, Sarah	Saint Laurent S.	36.23	-0.9	10
--	204	Lewis, Jessica	Bermuda	X37.83	-0.9	

Women 400 Meter T53

Will be run with event 95						
Canadian Rec: @ 58.93 9/10/2008 Ilana Duff						
Name	Year	Team	Finals	Points		
1	245	White, Sarah	Saint Laurent S.	1:14.46	10	
--	204	Lewis, Jessica	Bermuda	XDQ	Rule 163.3	

Women 100 Meter T54

Will be run with event 7 and 29

Canadian Rec: @ 15.92 7/5/2008 Chantal Petitclerc

Name	Year	Team	Finals	Wind	Points
1	250	Roy, Diane	Sherbrooke	18.45	0.3 10
2	215	Frie, Keira	Cyclones R&T C.	18.77	0.3 8
3	260	Hawtin, Melanie	Unattached - ON	19.31	0.3 6

Women 200 Meter T54

Will be run with event 39 and 61

Canadian Rec: @ 27.52 9/14/2008 Chantal Petitclerc

Name	Year	Team	Finals	Wind	Points
1	215	Frie, Keira	Cyclones R&T C.	34.58	-0.9 10
2	260	Hawtin, Melanie	Unattached - ON	35.36	-0.9 8

Women 400 Meter T54

Will be run with event 93

Canadian Rec: @ 51.91 9/25/2004 Chantal Petitclerc

Name	Year	Team	Finals	Points
1	250	Roy, Diane	Sherbrooke	1:02.38 10
2	260	Hawtin, Melanie	Unattached - ON	1:12.95 8
--	215	Frie, Keira	Cyclones R&T C.	DNS

Women 1500 Meter T54

Name	Year	Team	Finals	Points
1	250	Roy, Diane	Sherbrooke	4:09.19 10
--	215	Frie, Keira	Cyclones R&T C.	DNS

Women Shot Put 4kg F11

Canadian Rec: @ 10.99m 1988 L. Ljubisic

Name	Year	Team	Finals	Points
--	203	Murby, Vanessa	Australia	X7.78m
			7.31m 7.28m 7.29m 7.78m 7.69m 7.78m	

Women Other 397g Tie Down F32

Canadian Rec: @ 10.91m 8/9/2009 Madison Ciccone

Name	Year	Team	Finals	Points
1	206	Cicone, Madison	Cruisers S. F. P	10.53m 10
			6.92m 6.82m 8.51m 10.53m 7.90m 8.94m	

Women Shot Put 3kg Tie Down F33

Canadian Rec: @ 3.32m 1996 Julie Grand

Name	Year	Team	Finals	Points
--	270	Stawski, Robyn	USA	X5.38m
			5.28m 5.10m 5.38m 4.99m 5.29m 5.03m	

Women Javelin Throw 600g Tie Down F33

Canadian Rec: @ 4.18m 1989 S. ross

Name	Year	Team	Finals	Points
--	270	Stawski, Robyn	USA	X11.20m
			9.60m 10.35m 9.68m 9.22m 10.43m 11.20m	

Women Discus Throw 1kg Tie Down F34

Name	Year	Team	Finals	Points
1	220	Campbell, Christin	Kitchener W.	10.79m 10
			7.32m 9.59m 8.77m 10.79m 10.19m FOUL	

Women Long Jump F37

Canadian Rec: @ 3.22m 6/2009 Virginia McLachlan

Name	Year	Team	Finals	Wind	Points
1	280	Mclachlan, Virgini	Windsor Legion	3.36m@	0.1 10
			FOUL FOUL 2.95m(-2.3) FOUL 3.27m(-1.1) 3.36m(0.1)		

Women Shot Put 3kg F37

Canadian Rec: @ 9.97m 1992							Joanne Bouw			
Name	Year	Team					Finals	Points		
1	209	Foessel, Renée	Cruisers S. F. P	8.90m	8.22m	8.76m	8.42m	7.94m	8.90m	10

Women Discus Throw 1kg F37

Canadian Rec: @ 27.84m 1992							Joanne Bouw			
Name	Year	Team					Finals	Points		
1	209	Foessel, Renée	Cruisers S. F. P	27.00m	26.49m	26.77m	26.57m	25.98m	27.00m	10

Women Javelin Throw 600g F37

Canadian Rec: @ 27.84m 1990							Joanne Bouw			
Name	Year	Team					Finals	Points		
1	209	Foessel, Renée	Cruisers S. F. P	20.66m	FOUL	FOUL	20.05m	FOUL	20.66m	10

Women Shot Put 2kg Tie Down F52

Canadian Rec: @ 3.86m 7/5/2008							Marta Sandoval Moya			
Name	Year	Team					Finals	Points		
1	210	Sandoval Gustafson	Cruisers S. F. P	3.73m	3.66m	3.41m	3.41m	3.66m	3.73m	10

Women Discus Throw 1kg Tie Down F52

Name	Year	Team					Finals	Points			
1	210	Sandoval Gustafson	Cruisers S. F. P	9.89m	9.13m	9.60m	9.38m	9.67m	9.75m	9.13m	9.89m

Women Discus Throw 1kg Tie Down F53

Name	Year	Team					Finals	Points			
--	232	Marin, Estela Sala	Mexico	X12.36m	11.37m	10.94m	11.78m	12.17m	12.36m	11.37m	FOUL

Women Javelin Throw 600g Tie Down F53

Name	Year	Team					Finals	Points			
--	236	Robles, Esther Riv	Mexico	X11.54m	10.77m	11.08m	11.54m	11.34m	11.10m	FOUL	10.77m
--	232	Marin, Estela Sala	Mexico	X10.08m	FOUL	FOUL	FOUL	FOUL	FOUL	FOUL	FOUL

Women Shot Put 3kg Tie Down F56

Canadian Rec: @ 5.03m 6/18/2005							Beatrice Quedraogo				
Name	Year	Team					Finals	Points			
1	221	Gibson, Kierra	Kitchener W.	4.61m	4.51m	4.36m	4.60m	4.54m	4.61m	4.19m	4.51m
--	233	Miranda, Veronica	Mexico	X7.66m	7.57m	7.37m	7.63m	7.66m	7.01m	7.39m	7.57m

Women Discus Throw 1kg Tie Down F56

Name	Year	Team					Finals	Points			
--	233	Miranda, Veronica	Mexico	X17.15m	17.15m	16.36m	16.18m	16.62m	FOUL	FOUL	17.15m

Women Shot Put 3kg Tie Down F58

Name	Year	Team					Finals	Points			
--	235	Ortiz Hernandez, M	Mexico	X11.08m	10.53m	10.62m	10.66m	11.08m	9.96m	10.96m	10.53m
--	234	Montiel, Catalina	Mexico	X9.19m	9.15m	9.02m	8.93m	8.91m	9.16m	9.19m	9.15m

Women Discus Throw 1kg Tie Down F58

Name	Year	Team	Finals	Points
-- 234 Montiel, Catalina		Mexico	X28.91m	
28.40m 27.30m 28.91m 28.56m 28.18m 28.46m				
-- 235 Ortiz Hernandez, M		Mexico	X26.40m	
24.47m 23.28m 7.04m 24.77m 25.88m 26.40m				

Women Javelin Throw 600g Tie Down F58

Name	Year	Team	Finals	Points
-- 237 Velasco Reyes, Jen		Mexico	X28.92m	
27.06m 26.97m 28.46m 27.33m 28.92m 28.84m				

Men 100 Meter T11

Will be run with event 4 and 6
 Canadian Rec: @ 11.80 1984 Y. Bourdeau

Name	Year	Team	Finals	Wind	Points
1 248 Carr, Richard		Saugeen T&F	13.05	-1.9	10
-- 282 Porter, G - Evan		Saugeen T&F	XNT	-1.9	

Men 400 Meter T11

Will be run with event 68 and 70
 Canadian Rec: @ 53.05 2006 D. Walsh

Name	Year	Team	Finals	Points
1 243 Dunkerley, Jon		Ottawa Lions	54.95	10
2 267 Walsh, Dustin R.		Unattached BC	55.52	8
-- 290 Walters, G - Steve		Unattached BC	XNT	
-- 284 Young, G - Sean		Ottawa Lions	XNT	

Men 800 Meter T11

Will be run with event 102
 Canadian Rec: @ 2:01.80 2000 J. Dunkerley

Name	Year	Team	Finals	Points
1 242 Dunkerley, Jason		Ottawa Lions	2:05.51	10
2 243 Dunkerley, Jon		Ottawa Lions	2:06.45	8
-- 284 Young, G - Sean		Ottawa Lions	XNT	
-- 283 Daily, G - Greg		Ottawa Lions	XNT	

Men 100 Meter T12

Will be run with event 2 and 6
 Canadian Rec: @ 11.70 1986 F. DiPiedromenico

Name	Year	Team	Finals	Wind	Points
1 261 Johnson, Courtney		Unattached - ON	12.77	-1.9	10
-- 285 Daniel, G - Marcus		Unattached	XNT	-1.9	

Men 200 Meter T12

Will be run with event 38, 52 and 54
 Canadian Rec: @ 24.15 6/11/2009 Brandon King

Name	Year	Team	Finals	Wind	Points
1 218 King, Brandon		Hamilton O. C.	24.91	1.1	10
2 261 Johnson, Courtney		Unattached - ON	26.24	1.1	8
-- 285 Daniel, G - Marcus		Unattached	XNT	1.1	
-- 286 Harris, G - Mark		Hamilton O. C.	XNT	1.1	

Men 400 Meter T12

Will be run with event 66 and 70
 Canadian Rec: @ 52.74 1986 F. Diplerdomenico

Name	Year	Team	Finals	Points
1 218 King, Brandon		Hamilton O. C.	55.16	10
-- 286 Harris, G - Mark		Hamilton O. C.	XNT	

Men 100 Meter T13

Will be run with event 2 and 4
 Canadian Rec: @ 11.49 2005 W. Stanley

Name	Year	Team	Finals	Wind	Points
1 225 Dolfo, Braedon S.		Langley Mustangs	12.13	-1.9	10

Men 200 Meter T13

Will be run with event 36, 52 and 54
 Canadian Rec: @ 23.48 1990 G. Della Siega

Name	Year	Team	Finals	Wind	Points
1 225 Dolfo, Braedon S.		Langley Mustangs	23.76	1.1	10

Men 400 Meter T13

Will be run with event 66 and 68
 Canadian Rec: @ 51.02 2004 S. McGregor

Name	Year	Team	Finals	Points
1 244 Mcgregor, Stuart		Ottawa Lions	55.55	10

Men 800 Meter T13

Will be run with event 98
 Canadian Rec: @ 1:53.63 2005 S. McGregor

Name	Year	Team	Finals	Points
1 244 Mcgregor, Stuart		Ottawa Lions	2:02.32	10

Men 100 Meter T34

Will be run with event 30
 Canadian Rec: @ 15.97 2003 Jason Lachance

Name	Year	Team	Finals	Wind	Points
1 278 Dewitt, Nathan		WC Race Series	19.78	1.5	10
2 279 Solla, Eddy		WC Race Series	20.29	1.5	8

Men 200 Meter T34

Will be run with event 62
 Canadian Rec: @ 28.83 2000 Jason Lachance

Name	Year	Team	Finals	Wind	Points
1 278 Dewitt, Nathan		WC Race Series	37.43	-2.2	10

Men 400 Meter T34

Will be run with event 94
 Canadian Rec: @ 1:07.97 2003 Joe Radmore

Name	Year	Team	Finals	Points
-- 278 Dewitt, Nathan		WC Race Series	DQ	Rule 163.3

Men 200 Meter T36

Will be run with event 46 and 48
 Canadian Rec: @ 35.99 1989 A Miron

Name	Year	Team	Finals	Wind	Points
-- 271 Chasanoff, Thomas		USA	X27.69	1.3	

Men 400 Meter T36

Will be run with event 80 and 86
 Canadian Rec: @ 1:21.05 1984 W. Butt

Name	Year	Team	Finals	Points
-- 271 Chasanoff, Thomas		USA	X1:02.31	

Men 100 Meter T37

Canadian Rec: @ 13.72 1988 B Warner

Name	Year	Team	Finals	Wind	Points
1 224 Kaemingk, Daniel		Lakehead A. C.	14.11	1.9	10
2 249 Mattiussi, Harry		Saugeen T&F	15.11	1.9	8
3 223 Furey, Jonathan		Kitchener W.	15.22	1.9	6

Men 200 Meter T37

Will be run with event 44 and 48

Canadian Rec: @ 28.38 1988 B Warner
 Name Year Team Finals Wind Points
 =====
 1 224 Kaemingk, Daniel Lakehead A. C. 30.29 1.3 10

Men 100 Meter T38

Will be run with event 20 and 22
 Canadian Rec: @ 12.09 1992 Frank Bruno
 Name Year Team Finals Wind Points
 =====
 1 240 Whitehouse, Kyle Niagara Regional 12.26 2.0 10
 2 265 Johnstone, Michael Unattached - ON 14.66 2.0 8

Men 200 Meter T38

Will be run with event 44 and 46
 Canadian Rec: @ 24.16 1992 Frank Bruno
 Name Year Team Finals Wind Points
 =====
 1 240 Whitehouse, Kyle Niagara Regional 25.19 1.3 10
 2 265 Johnstone, Michael Unattached - ON 30.68 1.3 8

Men 400 Meter T38

Will be run with event 76 and 86
 Canadian Rec: @ 54.14 1992 Frank Bruno
 Name Year Team Finals Points
 =====
 1 240 Whitehouse, Kyle Niagara Regional 56.87 10

Men 100 Meter T43

Will be run with event 16 and 22
 Name Year Team Finals Wind Points
 =====
 -- 273 Leeper, Blake USA X11.73 2.0

Men 200 Meter T43

Will be run with event 36, 38 and 54
 Name Year Team Finals Wind Points
 =====
 -- 273 Leeper, Blake USA X25.68 1.1

Men 100 Meter T44

Will be run with event 16 and 20
 Canadian Rec: @ 12.08 7/11/2009 Alister McQueen
 Name Year Team Finals Wind Points
 =====
 1 205 Mcqueen, Alister Calgary Warriors 12.51 2.0 10
 2 229 Salomons, Cody London Western 14.06 2.0 8

Men 200 Meter T44

Will be run with event 36, 38 and 52
 Canadian Rec: @ 24.36 7/11/2009 Alister McQueen
 Name Year Team Finals Wind Points
 =====
 1 205 Mcqueen, Alister Calgary Warriors 25.86 1.1 10
 -- 275 Prince, David USA X23.94 1.1

Men 400 Meter T44

Will be run with event 76 and 80
 Canadian Rec: @ 56.29 7/4/2009 Alister McQueen
 Name Year Team Finals Points
 =====
 -- 275 Prince, David USA X54.14

Men 10000 Meter T44

Name Year Team Finals Points
 =====
 1 291 Ball, Richard Orilla Legion AC 37:53.51 10

Men 100 Meter T53

Will be run with event 8
 Canadian Rec: @ 14.85 6/19/2010 Brent Lakatos

Name	Year	Team	Finals	Wind	Points
1 202 Lakatos, Brent		Ass. Fauteuil R.	15.46	1.5	10
2 254 Gauthier, Éric		Sherbrooke	16.37	1.5	8
3 246 Bouchard, Jacques		Saint Laurent S.	17.59	1.5	6
-- 251 Soulama, Basile Na		Sherbrooke	X16.64	1.5	

Men 200 Meter T53

Will be run with event 40

Canadian Rec: @ 26.35 7/11/2009 Brent Lakatos

Name	Year	Team	Finals	Wind	Points
1 254 Gauthier, Éric		Sherbrooke	29.45	-2.2	10
-- 246 Bouchard, Jacques		Saint Laurent S.	DQ	-2.2	Rule 163.3
-- 251 Soulama, Basile Na		Sherbrooke	X29.73	-2.2	

Men 400 Meter T53

Will be run with event 72

Canadian Rec: @ 50.40 9/11/2008 Brent Lakatos

Name	Year	Team	Finals	Points
1 254 Gauthier, Éric		Sherbrooke	57.14	10
2 246 Bouchard, Jacques		Saint Laurent S.	1:01.16	8
-- 251 Soulama, Basile Na		Sherbrooke	XDQ	Rule 163.3

Men 800 Meter T53

Canadian Rec: @ 1:39.39 7/1/2007 Eric Gauthier

Name	Year	Team	Finals	Points
1 254 Gauthier, Éric		Sherbrooke	2:01.18	10
-- 251 Soulama, Basile Na		Sherbrooke	X1:58.38	

Men 100 Meter T54

Canadian Rec: @ 13.92 7/19/2008 Alexandre Dupot

Name	Year	Team	Finals	Wind	Points
1 255 Mathieson, Colin		Sherbrooke	15.19	1.7	10
2 214 Thom, Curtis		Cruisers S. F. P	15.31	1.7	8
3 201 Dupont, Alexandre		Ass. Fauteuil R.	15.74	1.7	6
4 256 Normandin, Daniel		Sherbrooke	15.76	1.7	5
5 211 Christophe, Isaiah		Cruisers S. F. P	16.34	1.7	4
6 212 Kahn, Michael		Cruisers S. F. P	16.52	1.7	3
7 231 Van Heteren, Ian		London Western	17.44	1.7	2

Men 200 Meter T54

Canadian Rec: @ 25.39 8/12/2000 Jeff Adams

Name	Year	Team	Finals	Wind	Points
1 255 Mathieson, Colin		Sherbrooke	26.39	-0.7	10
2 214 Thom, Curtis		Cruisers S. F. P	26.61	-0.7	8
3 201 Dupont, Alexandre		Ass. Fauteuil R.	27.54	-0.7	6
4 256 Normandin, Daniel		Sherbrooke	28.75	-0.7	5
5 211 Christophe, Isaiah		Cruisers S. F. P	29.06	-0.7	4
6 212 Kahn, Michael		Cruisers S. F. P	29.14	-0.7	3
7 231 Van Heteren, Ian		London Western	31.79	-0.7	2
-- 258 Vermette, Philippe		Sherbrooke	DQ	-0.7	Rule 163.3A

Men 400 Meter T54

Canadian Rec: @ 47.73 9/22/2004 Jeff Adams

Name	Year	Team	Finals	Points
1 255 Mathieson, Colin		Sherbrooke	51.49	10
2 214 Thom, Curtis		Cruisers S. F. P	51.70	8
3 252 Compaore, Jean-Pau		Sherbrooke	52.47	6
4 201 Dupont, Alexandre		Ass. Fauteuil R.	53.10	5
5 211 Christophe, Isaiah		Cruisers S. F. P	56.98	4
6 212 Kahn, Michael		Cruisers S. F. P	59.46	3
7 258 Vermette, Philippe		Sherbrooke	1:04.10	2

Men 800 Meter T54

Canadian Rec: @ 1:33.29 6/24/2010 Jean-Paul Compaore

Name	Year	Team	Finals	Points
1 263 Cassidy, Josh		Unattached - ON	1:46.86	10

2	252	Compaore, Jean-Pau	Sherbrooke	1:47.13	8
3	201	Dupont, Alexandre	Ass. Fauteuil R.	1:47.14	6
4	255	Mathieson, Colin	Sherbrooke	1:47.61	5
5	212	Kahn, Michael	Cruisers S. F. P	1:51.26	4
6	216	Shaw, Kyle	Cyclones R&T C.	1:51.91	3
7	211	Christophe, Isaiah	Cruisers S. F. P	1:57.04	2
8	258	Vermette, Philippe	Sherbrooke	2:06.76	1

Men 1500 Meter T54

Canadian Rec: @ 2:55.73 6/24/2010 Josh Cassidy

Name	Year	Team	Finals	Points
1	263	Cassidy, Josh	Unattached - ON	3:22.50 10
2	252	Compaore, Jean-Pau	Sherbrooke	3:23.95 8
3	201	Dupont, Alexandre	Ass. Fauteuil R.	3:24.68 6
4	202	Lakatos, Brent	Ass. Fauteuil R.	3:30.43 5
5	216	Shaw, Kyle	Cyclones R&T C.	3:35.86 4
6	253	Filteau, Michel	Sherbrooke	3:39.63 3

Men 5000 Meter T54

Canadian Rec: @ 9:55.13 6/24/2010 Josh Cassidy

Name	Year	Team	Finals	Points
1	263	Cassidy, Josh	Unattached - ON	11:40.89 10
2	216	Shaw, Kyle	Cyclones R&T C.	12:37.86 8

Men High Jump F11

Canadian Rec: @ 1.60m 7/20/2009 Richard Carr

Name	Year	Team	Finals	Points
--	248	Carr, Richard	Saugeen T&F	NH
	1.45	1.48	1.51	
	PPP	PPP	XXX	

Men Javelin Throw 800g F11

Canadian Rec: @ 35.06m 1992 A. Abdo

Name	Year	Team	Finals	Points
1	264	Islam, Naveed	Unattached - ON	37.11m@ 10
	34.91m	FOUL	31.69m	34.78m 37.11m 33.20m
2	248	Carr, Richard	Saugeen T&F	31.26m 8
	27.49m	31.26m	29.70m	22.03m 24.54m 26.03m

Men High Jump F12

Canadian Rec: @ 1.80m 7/6/2010 Braedon Dolfo

Name	Year	Team	Finals	Points
--	218	King, Brandon	Hamilton O. C.	DNS

Men High Jump F13

Canadian Rec: @ 1.75m 7/19/2010 Braedon Dolfo

Name	Year	Team	Finals	Points
1	225	Dolfo, Braedon S.	Langley Mustangs	1.71m 10
	1.45	1.48	1.51	1.54 1.57 1.60 1.63 1.66 1.69 1.75 1.78
	PPP	PPP	PPP	PPP PPP PPP O PPP PPP XXX

Men Long Jump F13

Canadian Rec: @ 6.32m 6/19/2010 Braedon Dolfo

Name	Year	Team	Finals	Wind	Points
1	225	Dolfo, Braedon S.	Langley Mustangs	5.81m	+0.0 10
	5.73m(-1.2)	5.41m(-2.5)	5.71m(-0.8)	5.78m(-0.2)	5.76m(-3.9) 5.81m(+0.0)

Men Shot Put 3kg Tie Down F33

Canadian Rec: @ 8.82m 2008 Rob Hughes

Name	Year	Team	Finals	Points
1	247	Hughes, Robert	Sarnia A. SW	8.57m 10
	8.23m	FOUL	8.52m	8.31m 8.57m 8.45m

Men Discus Throw 1kg Tie Down F33

Canadian Rec: @ 21.96m 2008 Rob Hughes

Name	Year	Team	Finals	Points
1 247 Hughes, Robert		Sarnia A. SW	18.94m	10
18.86m FOUL FOUL	17.83m	FOUL	18.94m	

Men Javelin Throw 600g Tie Down F33

Canadian Rec: @ 15.64m 6/6/2009 Robert Hughes

Name	Year	Team	Finals	Points
1 247 Hughes, Robert		Sarnia A. SW	15.54m	10
15.22m 15.05m 15.45m	15.54m	15.18m 15.51m		

Men Shot Put 4kg Tie Down F34

Canadian Rec: @ 11.24m 6/12/2010 Kyle Pettey

Name	Year	Team	Finals	Points
1 213 Pettey, Kyle		Cruisers S. F. P	10.76m	10
9.94m 10.22m 10.59m	10.76m	10.35m 10.75m		

Men Discus Throw 1kg Tie Down F34

Canadian Rec: @ 36.72m 2008 Kyle Pettey

Name	Year	Team	Finals	Points
1 213 Pettey, Kyle		Cruisers S. F. P	36.17m	10
35.48m 36.16m 35.25m	35.64m	35.76m 36.17m		

Men Shot Put 4kg F36

Canadian Rec: @ 9.15m 2007 Dean Newton

Name	Year	Team	Finals	Points
-- 271 Chasanoff, Thomas		USA	X9.69m	
8.50m 9.69m 9.09m	7.93m	9.62m 9.21m		

Men Shot Put 5kg F37

Canadian Rec: @ 11.61m 1998 Rick Gronman

Name	Year	Team	Finals	Points
1 266 Strybosch, Kevin		Unattached - ON	9.67m	10
9.22m 9.50m 9.22m	9.41m	FOUL 9.67m		
2 226 Bambrick, David		Launchers A.	9.52m	8
FOUL 9.19m 8.50m	9.52m	9.04m 9.40m		
3 262 Brown, Jonathan		Unattached - ON	7.50m	6
7.26m 7.27m FOUL	7.00m	7.02m 7.50m		

Men Discus Throw 1kg F37

Canadian Rec: @ 36.61m Rick Gronman

Name	Year	Team	Finals	Points
1 266 Strybosch, Kevin		Unattached - ON	29.10m	10
FOUL 27.65m FOUL FOUL	29.10m	FOUL		

Men Javelin Throw 600g F37

Canadian Rec: @ 38.83m 2007 Andy Shaw

Name	Year	Team	Finals	Points
1 266 Strybosch, Kevin		Unattached - ON	28.36m	10
26.40m 26.61m 27.79m	25.76m	28.36m 26.39m		

Men Long Jump F43

Name	Year	Team	Finals	Wind	Points
-- 276 Rizzieri, Daniel		USA	X5.30m	+0.0	
5.07m(-1.8) 5.12m(-1.4)	5.02m(-1.1)	4.69m(-2.6)	FOUL(-1.0)	5.30m(+0.0)	

Men High Jump F44

Name	Year	Team	Finals	Points
1 229 Salomons, Cody		London Western	1.54m	10
1.45 1.48 1.51 1.54 1.57				
0 0 0 XO XXX				

Men Shot Put 6kg F46

Canadian Rec: @ 12.36m Kenneth Trudgeon

Name	Year	Team	Finals	Points
1 230 Trudgeon, Kenneth		London Western	12.22m	10
11.79m 12.16m FOUL	12.22m	FOUL	12.07m	

Men Discus Throw 1.5kg F46

Canadian Rec: @ 38.75m Kenneth Trudgeon

Name	Year	Team	Finals	Points
1 230 Trudgeon, Kenneth		London Western	35.18m	10
FOUL 32.21m 34.28m FOUL	35.18m	33.17m		

Men Javelin Throw 800g F46

Canadian Rec: @ 38.31m Kenneth Trudgeon

Name	Year	Team	Finals	Points
1 230 Trudgeon, Kenneth		London Western	35.69m	10
35.69m 35.68m 34.76m	34.52m	35.24m	FOUL	

Men Shot Put 3kg Tie Down F53

Canadian Rec: @ 5.68m 7/7/1995 B Major

Name	Year	Team	Finals	Points
-- 239 Maximo De Jesus, M		Mexico	X8.12m	
8.07m 7.97m 8.12m 7.77m	7.99m	8.03m		
-- 277 Severn, Scot		USA	X7.88m	
7.68m 7.72m 7.59m 7.88m	7.83m	7.82m		

Men Discus Throw 1kg Tie Down F53

Name	Year	Team	Finals	Points
-- 277 Severn, Scot		USA	X23.02m	
22.31m 23.02m 21.73m	21.23m	20.37m	22.43m	

Men Javelin Throw 600g Tie Down F53

Canadian Rec: @ 14.30m 7/18/1990 Rick Reelie

Name	Year	Team	Finals	Points
-- 239 Maximo De Jesus, M		Mexico	X20.85m	
18.93m FOUL 20.17m	19.67m	20.15m	20.85m	
-- 277 Severn, Scot		USA	X17.35m	
16.48m 17.35m 16.31m	16.48m	16.39m	FOUL	

Men Shot Put 4kg Tie Down F54

Canadian Rec: @ 5.84m 6/25/1994 K. Gregory

Name	Year	Team	Finals	Points
-- 238 Felix, Luis Albert		Mexico	X7.63m	
7.29m 7.56m 7.48m	7.63m	7.49m	7.44m	

Men Javelin Throw 600g Tie Down F54

Canadian Rec: @ 13.00m 7/11/1998 K. Gregory

Name	Year	Team	Finals	Points
-- 238 Felix, Luis Albert		Mexico	X26.57m	
24.54m 25.63m 26.57m	25.55m	25.82m	FOUL	

Men Discus Throw 1kg Tie Down F56

Name	Year	Team	Finals	Points
1 259 Zongo, Simande Ala		Sherbrooke	23.48m	10
22.40m 23.48m 22.13m	21.00m	21.25m	FOUL	

Men Shot Put 5kg Tie Down F58

Canadian Rec: @ 10.04m 7/10/2010 Issa Ouedraogo

Name	Year	Team	Finals	Points
1 257 Ouedraogo, Issa		Sherbrooke	9.12m	10
8.86m 8.43m 8.69m	9.12m	8.53m	8.63m	

Men Discus Throw 1kg Tie Down F58

Name	Year	Team	Finals	Points
1 257 Ouedraogo, Issa		Sherbrooke	26.19m	10
FOUL FOUL 24.80m	26.19m	24.46m	25.80m	

Men Javelin Throw 600g Tie Down F58

Canadian Rec: @ 34.95m 7/25/2008 Issa Ouedraogo

Name	Year	Team	Finals	Points
1 257 Ouedraogo, Issa		Sherbrooke	31.57m	10
30.76m 31.57m FOUL	30.77m	30.16m	FOUL	

Men Shot Put 6kg F40

Name	Year	Team	Finals	Points
-- 272 Danberg, Scott		USA	X9.34m	
8.40m 8.96m 8.90m	8.57m	9.34m	8.31m	

Men Discus Throw 1.5kg F40

Name	Year	Team	Finals	Points
-- 272 Danberg, Scott		USA	X32.29m	
32.29m 28.21m FOUL	26.69m	29.33m	28.65m	

Men Javelin Throw 800g F40

Name	Year	Team	Finals	Points
-- 272 Danberg, Scott		USA	X27.42m	
FOUL 27.42m 27.14m	25.10m	25.21m	FOUL	

Women - T12 - Team Rankings - 4 Events Scored

1) OTTAWA LIONS T.F.C.	30	2) LONDON WESTERN T.F.C.	26
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Women - T34 - Team Rankings - 2 Events Scored

1) CRUISERS SPORTS FOR P.	20
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Women - T36 - Team Rankings - 3 Events Scored

1) KITCHENER WATERLOO T.F.A.	30
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Women - T37 - Team Rankings - 3 Events Scored

1) WINDSOR LEGION TRACK & FIE	30	2) LAUREL CREEK TRACK & FIEL	18
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Women - T38 - Team Rankings - 2 Events Scored

1) DURHAM DRAGONS ATHLETICS	20
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Women - T53 - Team Rankings - 3 Events Scored

1) SAINT LAURENT SELECT	30
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Women - T54 - Team Rankings - 4 Events Scored

1) SHERBROOKE	30	2) CYCLONES ROAD & TRACK CLU	18
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Women - Tie Down F32 - Team Rankings - 1 Events Scored

1) CRUISERS SPORTS FOR P.	10
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Women - Tie Down F34 - Team Rankings - 1 Events Scored

1) KITCHENER WATERLOO T.F.A.	10
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Women - F37 - Team Rankings - 4 Events Scored

1) CRUISERS SPORTS FOR P.	30	2) WINDSOR LEGION TRACK & FI	10
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Women - Tie Down F52 - Team Rankings - 2 Events Scored

1) CRUISERS SPORTS FOR P.	20
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Women - Tie Down F56 - Team Rankings - 2 Events Scored

1) KITCHENER WATERLOO T.F.A. 10

Men - T11 - Team Rankings - 3 Events Scored

1) OTTAWA LIONS T.F.C. 28 2) SAUGEEN TRACK AND FIELD 10

Men - T12 - Team Rankings - 3 Events Scored

1) HAMILTON OLYMPIC CLUB 20

Men - T13 - Team Rankings - 4 Events Scored

1) OTTAWA LIONS T.F.C. 20 1) LANGLEY MUSTANGS 20

Men - T34 - Team Rankings - 3 Events Scored

1) WC RACE SERIES 28

Men - T37 - Team Rankings - 2 Events Scored

1) LAKEHEAD ATHLETICS CLUB 20 2) SAUGEEN TRACK AND FIELD 8
3) KITCHENER WATERLOO T.F.A. 6

Men - T38 - Team Rankings - 3 Events Scored

1) NIAGARA REGIONAL ATHLETIC 30

Men - T44 - Team Rankings - 4 Events Scored

1) CALGARY WARRIORS 20 2) Orillia Legion Athletic C 10
3) LONDON WESTERN T.F.C. 8

Men - T53 - Team Rankings - 4 Events Scored

1) SHERBROOKE 38 2) SAINT LAURENT SELECT 14
3) ASS. FAUTEUIL ROULANT 10

Men - T54 - Team Rankings - 6 Events Scored

1) SHERBROOKE 73 2) CRUISERS SPORTS FOR P. 51
3) ASS. FAUTEUIL ROULANT 34 4) CYCLONES ROAD & TRACK CLU 15
5) LONDON WESTERN T.F.C. 4

Men - F11 - Team Rankings - 2 Events Scored

1) SAUGEEN TRACK AND FIELD 8

Men - F13 - Team Rankings - 2 Events Scored

1) LANGLEY MUSTANGS 20

Men - Tie Down F33 - Team Rankings - 3 Events Scored

1) SARNIA ATHLETICS SOUTHWEST 30

Men - Tie Down F34 - Team Rankings - 2 Events Scored

1) CRUISERS SPORTS FOR P. 20

Men - F37 - Team Rankings - 3 Events Scored

1) LAUNCHERS ATHLETICS 8

Men - F44 - Team Rankings - 1 Events Scored

1) LONDON WESTERN T.F.C. 10

Men - F46 - Team Rankings - 3 Events Scored

1) LONDON WESTERN T.F.C. 30

Men - Tie Down F56 - Team Rankings - 1 Events Scored

1) SHERBROOKE 10

Men - Tie Down F58 - Team Rankings - 3 Events Scored

1) SHERBROOKE 30

