

Épreuve 1 Femme 100 Metre Course

=====			
	CJR: * 11.21	8/15/1981	Angela Bailey
	CJCR: ! 11.58	2003	Jenni Hucul
Nom	Année	Équipe	Prelims
=====			
Vague 1 Preliminaries	Vent: 0.5		
1 Bell-Spence, Jonelle	92	G-Force T.C.	11.93Q
2 Walkeden, Leah	93	Edmonton Harrier	12.03Q
3 Margetts, Merissa	91	Excel Ath.	12.28Q
4 Mchaina, Chisomo	92	Laurel Creek	12.58q
5 Rhode, Mercedes	92	Saskatoon T&F	12.91
6 Boswall, Meghan	92	Islanders T&F	13.02
Vague 2 Preliminaries	Vent: 0.4		
1 Emmanuel, Crystal	91	Flying Angel	11.94Q
2 Lewis, Sade	93	Take Flight	12.11Q
3 Warren, Hayley	91	York Univers	12.53Q
4 Collins, Cassandre	94	Chebucto	12.74q
5 Miller, Lacey	92	Lethbridge T&F	12.78
6 Nolan, Jillian	94	Truro Track	13.23
7 Smith-Foster, Christina	93	Take Flight	13.26
Vague 3 Preliminaries	Vent: 0.7		
1 Davis, Shai	93	BC Athletics	11.71Q
2 Brennan, Christian	95	Hamilton O.C.	12.05Q
3 Martin, Simone	92	Brampton T.C.	12.15Q
4 Joannis, Ariane	91	Cirrus	12.72q
5 Luedke, Veronica	92	Comox Valley	12.75
6 Baba, Victoria	92	Fredericton	13.29
Vague 4 Preliminaries	Vent: 0.7		
1 Bingham, Khamica	94	Brampton T.C.	11.72Q
2 Laarman, Loudia	91	Calgary Int'l	11.90Q
3 Pascal, Cassandra	93	Take Flight	12.17Q
4 Westney, Jellisa	93	Supreme Athletic	12.24q
5 Macdougall, Meryl	93	Unattached N	12.94
6 Taplin, Sarah	94	Unattached-N	13.14

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=====			
	CJR: * 11.21	8/15/1981	Angela Bailey
	CJCR: ! 11.58	2003	Jenni Hucul
Nom	Année	Équipe	Semi
=====			
Vague 1 Semi Finale	Vent: -0.5		
1 Bingham, Khamica	94	Brampton T.C.	11.90Q
2 Bell-Spence, Jonelle	92	G-Force T.C.	12.05Q
3 Brennan, Christian	95	Hamilton O.C.	12.07Q
4 Pascal, Cassandra	93	Take Flight	12.26q
5 Walkeden, Leah	93	Edmonton Harrier	12.41
6 Margetts, Merissa	91	Excel Ath.	12.55
7 Mchaina, Chisomo	92	Laurel Creek	12.84
8 Joannis, Ariane	91	Cirrus	12.92
Vague 2 Semi Finale	Vent: -0.2		
1 Davis, Shai	93	BC Athletics	11.78Q
2 Laarman, Loudia	91	Calgary Int'l	11.92Q
2 Emmanuel, Crystal	91	Flying Angel	11.92Q
4 Martin, Simone	92	Brampton T.C.	12.17q
5 Lewis, Sade	93	Take Flight	12.27
6 Westney, Jellisa	93	Supreme Athletic	12.32
7 Warren, Hayley	91	York Univers	12.63
8 Collins, Cassandre	94	Chebucto	12.67

Épreuve 1 Femme 100 Metre Course

=====			
	CJR: * 11.21	8/15/1981	Angela Bailey
	CJCR: ! 11.58	2003	Jenni Hucul
Nom	Année	Équipe	Finales
=====			
Section 1 Finales	Vent: -1.8		
1 Davis, Shai	93	BC Athletics	12.04
2 Laarman, Loudia	91	Calgary Int'l	12.05
3 Emmanuel, Crystal	91	Flying Angel	12.17
4 Bingham, Khamica	94	Brampton T.C.	12.22
5 Bell-Spence, Jonelle	92	G-Force T.C.	12.46

5 Pascal, Cassandra	93 Take Flight	12.46
7 Brennan, Christian	95 Hamilton O.C.	12.53
8 Martin, Simone	92 Brampton T.C.	12.54

Épreuve 2 Homme 100 Metre Course

=====			
CJR: * 10.26		7/30/2005	Justyn Warner
CJCR: ! 10.33		1994	Eric Frampong-Manso
Nom	Année	Équipe	Prelims
=====			
Vague 1 Preliminaries	Vent:	0.9	
1 Hayle, Phillip	91	Brampton T.C.	10.71Q
2 Sévigny, Sébastien	91	Corsaire Chap.	10.77Q
3 Rodney, Brendon	92	Take Flight	10.96Q
4 Graf, Ryan	93	Saskatoon T&F	11.01q
5 Akins, Michael	93	Unattached-M	11.15q
6 Gregoire, Chase	91	Ottawa Lions	11.21
7 Maclean, Stewart	93	Islanders T&F	11.65
Vague 2 Preliminaries	Vent:	2.4	
2 Bennett, Kyle	93	Take Flight	10.91Q
3 Hayle, Tyler	93	Brampton T.C.	10.97Q
4 Izat, Josh	92	U Of C Ath	11.09q
5 Allen, Benjamin	92	Unattached-M	11.16
6 Stuart, Alex	92	ASEA	11.32
7 Gajadhar, Mack	91	Winnipeg Opt	11.42
8 Franz, Shae	93	Winnipeg Opt	11.78
Vague 3 Preliminaries	Vent:	1.8	
1 Brown, Aaron	92	Phoenix Athl	10.54Q
2 Zaid, François	92	Perfmax-Racing	11.00Q
3 Ullberg, Carl-Cédric	92	Athletisme Mtl	11.09Q
4 Skory, Kale	92	Unattached A	11.20
5 Ivey, Richard	91	Fredericton	11.41
6 Coholan, Alexandre	93	ASEA	11.66
-- Breski, Josh	91	U Of C Ath	DNF
Vague 4 Preliminaries	Vent:	1.7	
1 Macleod, Tyler	91	Windsor Legion	10.91Q
2 Agada, Emeka	93	Supreme Athletic	10.98Q
3 Holland, Brandon	91	Windsor Legion	11.02Q
4 Montgiraud, Iseah	92	C.A.N.I.	11.12q
5 Samking, Wilfred Jr.	92	Winnipeg Opt	11.22
6 Peabody, Alexander	93	Saint John T&F	11.51
7 Moore, Nicholas	91	Chebucto	11.52

Épreuve 2 Homme 100 Metre Course

=====			
CJR: * 10.26		7/30/2005	Justyn Warner
CJCR: ! 10.33		1994	Eric Frampong-Manso
Nom	Année	Équipe	Semi
=====			
Vague 1 Semi Finale	Vent:	-0.5	
1 Brown, Aaron	92	Phoenix Athl	10.59Q
2 Hayle, Phillip	91	Brampton T.C.	10.86Q
3 Holland, Brandon	91	Windsor Legion	11.08Q
4 Agada, Emeka	93	Supreme Athletic	11.10q
5 Montgiraud, Iseah	92	C.A.N.I.	11.24
5 Hayle, Tyler	93	Brampton T.C.	11.24
7 Bennett, Kyle	93	Take Flight	11.26
8 Izat, Josh	92	U Of C Ath	11.40
Vague 2 Semi Finale	Vent:	-0.1	
1 Sévigny, Sébastien	91	Corsaire Chap.	11.03Q
2 Macleod, Tyler	91	Windsor Legion	11.04Q
3 Rodney, Brendon	92	Take Flight	11.08Q
4 Zaid, François	92	Perfmax-Racing	11.09q
5 Ullberg, Carl-Cédric	92	Athletisme Mtl	11.16
6 Graf, Ryan	93	Saskatoon T&F	11.17
7 Akins, Michael	93	Unattached-M	11.24
-- Cho, Kyu-Won	91	Chebucto	DQ

Rule # 162.7

Épreuve 2 Homme 100 Metre Course

=====			
CJR: * 10.26		7/30/2005	Justyn Warner
CJCR: ! 10.33		1994	Eric Frampong-Manso
Nom	Année	Équipe	Finales
=====			
Section 1 Finales	Vent:	-5.1	
1 Brown, Aaron	92	Phoenix Athl	11.11
2 Hayle, Phillip	91	Brampton T.C.	11.20
3 Agada, Emeka	93	Supreme Athletic	11.39
4 Macleod, Tyler	91	Windsor Legion	11.45
5 Rodney, Brendon	92	Take Flight	11.49
6 Sévigny, Sébastien	91	Corsaire Chap.	11.51

7 Holland, Brandon	91 Windsor Legion	11.58
8 Zaid, François	92 Perfmax-Racing	11.65

Épreuve 3 Femme 200 Metre Course

=====		
CJR: * 22.86 8/14/1981 Angela Bailey		
CJCR: ! 23.60 1997 Atia Weekes		
Nom	Année Équipe	Prelims
=====		
Vague 1 Preliminaries	Vent: -2.0	
1 Brennan, Christian	95 Hamilton O.C.	24.85Q
2 Kerr, Naomi	94 Brampton T.C.	25.49Q
3 Laarman, Loudia	91 Calgary Int'l	26.67Q
4 Semplonius, Tia	91 Laurel Creek	26.78Q
5 Beaton, Heather	95 Unattached N	27.14
6 Boswall, Meghan	92 Islanders T&F	27.15
7 Gariba, Sarah	91 C.A.N.I.	27.69
Vague 2 Preliminaries	Vent: -2.0	
1 Reid, Katie	93 BC Athletics	24.98Q
2 Westney, Jellisa	93 Supreme Athletic	25.95Q
3 St-Pierre, Marie-Colombe	94 Québec Endurance	26.78Q
4 Okankwu, Gift	92 C.A.N.I.	26.96Q
5 Dubuc, Andrea	91 Cirrus	27.43
-- Mchaina, Chisomo	92 Laurel Creek	DNF
Vague 3 Preliminaries	Vent: -1.8	
1 Davis, Shai	93 BC Athletics	24.48Q
2 Walkeden, Leah	93 Edmonton Harrier	25.12Q
3 Bell-Spence, Jonelle	92 G-Force T.C.	25.25Q
4 Kitching, Melissa	93 Winnipeg Opt	26.23Q
5 Macquarrie, Eilish	93 Antigonish T	26.79
6 Hunter, Jaclyn	92 U Of C Ath	26.87
7 Huebert, Sarah	92 Winnipeg Opt	27.14
Vague 4 Preliminaries	Vent: -1.3	
1 Pascal, Cassandra	93 Take Flight	24.80Q
2 Martin, Simone	92 Brampton T.C.	25.31Q
3 Jean-Baptiste, Audrey	91 Perfmax-Racing	25.66Q
4 Cornwall, Kerry-Ann	91 Speed River	26.13Q
5 Luedke, Veronica	92 Comox Valley	26.41q
6 Sjoberg, Vanessa	94 BC Athletics	26.63q
Vague 5 Preliminaries	Vent: -1.9	
1 Emmanuel, Crystal	91 Flying Angel	24.50Q
2 Bingham, Khamica	94 Brampton T.C.	24.76Q
3 Lewis, Sade	93 Take Flight	25.69Q
4 Margetts, Merissa	91 Excel Ath.	26.03Q
5 Miller, Lacey	92 Lethbridge T&F	26.45q
6 Joannis, Ariane	91 Cirrus	26.67q
7 Phelan, Emily	93 Chebucto	27.01

Épreuve 3 Femme 200 Metre Course

=====		
CJR: * 22.86 8/14/1981 Angela Bailey		
CJCR: ! 23.60 1997 Atia Weekes		
Nom	Année Équipe	Semi
=====		
Vague 1 Semi Finale	Vent: -1.6	
1 Davis, Shai	93 BC Athletics	24.35Q
2 Bingham, Khamica	94 Brampton T.C.	24.67Q
3 Walkeden, Leah	93 Edmonton Harrier	24.82q
4 Lewis, Sade	93 Take Flight	25.63
5 Jean-Baptiste, Audrey	91 Perfmax-Racing	25.87
6 Kitching, Melissa	93 Winnipeg Opt	26.33
7 Semplonius, Tia	91 Laurel Creek	26.53
8 Joannis, Ariane	91 Cirrus	26.75
Vague 2 Semi Finale	Vent: 0.6	
1 Emmanuel, Crystal	91 Flying Angel	24.34Q
2 Reid, Katie	93 BC Athletics	24.51Q
3 Bell-Spence, Jonelle	92 G-Force T.C.	24.94q
4 Martin, Simone	92 Brampton T.C.	25.02
5 Laarman, Loudia	91 Calgary Int'l	25.33
6 Cornwall, Kerry-Ann	91 Speed River	25.98
7 Sjoberg, Vanessa	94 BC Athletics	26.52
-- Okankwu, Gift	92 C.A.N.I.	DQ
Vague 3 Semi Finale	Vent: -0.5	
1 Pascal, Cassandra	93 Take Flight	24.32Q
2 Brennan, Christian	95 Hamilton O.C.	24.58Q
3 Kerr, Naomi	94 Brampton T.C.	25.14
4 Westney, Jellisa	93 Supreme Athletic	25.50
5 Margetts, Merissa	91 Excel Ath.	25.92
6 Luedke, Veronica	92 Comox Valley	26.20
7 St-Pierre, Marie-Colombe	94 Québec Endurance	26.21
8 Miller, Lacey	92 Lethbridge T&F	26.91

Rule # 162.7

Épreuve 3 Femme 200 Metre Course

=====			
	CJR: * 22.86	8/14/1981	Angela Bailey
	CJCR: ! 23.60	1997	Atia Weekes
Nom	Année	Équipe	Finales
=====			
Section 1 Finales Vent: -0.4			
1 Pascal, Cassandra	93	Take Flight	24.03
2 Emmanuel, Crystal	91	Flying Angel	24.16
3 Davis, Shai	93	BC Athletics	24.25
4 Reid, Katie	93	BC Athletics	24.33
5 Brennan, Christian	95	Hamilton O.C.	24.43
6 Bingham, Khamica	94	Brampton T.C.	24.68
7 Walkeden, Leah	93	Edmonton Harrier	24.89
8 Bell-Spence, Jonelle	92	G-Force T.C.	25.84

Épreuve 4 Homme 200 Metre Course

=====			
	CJR: * 20.62	5/25/1991	Peter Ogilvie
	CJCR: ! 20.65	1994	Eric Frampong-Manso
Nom	Année	Équipe	Prelims
=====			
Vague 1 Preliminaries Vent: -2.0			
1 Hayle, Tyler	93	Brampton T.C.	22.64Q
2 Graf, Ryan	93	Saskatoon T&F	23.20Q
3 Breski, Josh	91	U Of C Ath	23.31Q
4 Ostberg, Dylan	91	Bison Track	23.52Q
5 Stuart, Alex	92	ASEA	23.64q
6 Coholan, Alexandre	93	ASEA	24.22
Vague 2 Preliminaries Vent: -3.2			
1 Macleod, Tyler	91	Windsor Legion	22.49Q
2 Rodney, Brendon	92	Take Flight	22.74Q
3 Rice, Shayne	91	Windsor Legion	23.02Q
4 Allen, Benjamin	92	Unattached-M	23.17Q
5 Skory, Kale	92	Unattached A	23.45q
6 Gregoire, Chase	91	Ottawa Lions	23.60q
7 Boudreau, Mathieu	91	Québec Endurance	23.94
Vague 3 Preliminaries Vent: -2.5			
1 Makinde, Oluwasegun	91	Ottawa Lions	21.85Q
2 Smith-Drouin, Brandon	91	Perfmax-Racing	22.57Q
3 Gaudes, Adam	92	Fast Tracks	22.67Q
4 Bennett, Kyle	93	Take Flight	22.99Q
5 Izat, Josh	92	U Of C Ath	23.85
6 Montgiraud, Iseah	92	C.A.N.I.	23.86
Vague 4 Preliminaries Vent: -2.0			
1 Laidlaw-Allen, Marlon	93	Phoenix Athl	22.14Q
2 Holland, Brandon	91	Windsor Legion	22.72Q
3 Richards, Garrett	93	Brockville Lgn	22.77Q
4 Akins, Michael	93	Unattached-M	23.42Q
5 Franz, Shae	93	Winnipeg Opt	23.69
6 Falkenham, Andrew	91	Unattached N	24.36
-- Hayle, Phillip	91	Brampton T.C.	DQ
Vague 5 Preliminaries Vent: -1.9			
1 Cho, Kyu-Won	91	Chebucto	22.23Q
2 Sévigny, Sébastien	91	Corsaire Chap.	22.36Q
3 Harris, Tremaine	92	G-Force T.C.	22.46Q
4 Moore, Nicholas	91	Chebucto	23.45Q
5 Ivey, Richard	91	Fredericton	23.68q
-- Gajadhar, Mack	91	Winnipeg Opt	DQ

Épreuve 4 Homme 200 Metre Course

=====			
	CJR: * 20.62	5/25/1991	Peter Ogilvie
	CJCR: ! 20.65	1994	Eric Frampong-Manso
Nom	Année	Équipe	Semi
=====			
Vague 1 Semi Finale Vent: 0.6			
1 Laidlaw-Allen, Marlon	93	Phoenix Athl	22.07Q
2 Hayle, Tyler	93	Brampton T.C.	22.16Q
3 Harris, Tremaine	92	G-Force T.C.	22.19q
4 Holland, Brandon	91	Windsor Legion	22.69
5 Rice, Shayne	91	Windsor Legion	22.76
6 Allen, Benjamin	92	Unattached-M	22.88
7 Stuart, Alex	92	ASEA	23.37
8 Ostberg, Dylan	91	Bison Track	23.38
Vague 2 Semi Finale Vent: 1.3			
1 Makinde, Oluwasegun	91	Ottawa Lions	21.98Q
2 Sévigny, Sébastien	91	Corsaire Chap.	22.33Q
3 Gaudes, Adam	92	Fast Tracks	22.70
4 Smith-Drouin, Brandon	91	Perfmax-Racing	23.09

5	Akins, Michael	93	Unattached-M	23.23
6	Moore, Nicholas	91	Chebucto	23.53
7	Ivey, Richard	91	Fredericton	23.61
Vague 3 Semi Finale Vent: -0.7				
1	Macleod, Tyler	91	Windsor Legion	22.07Q
2	Rodney, Brendon	92	Take Flight	22.08Q
3	Bennett, Kyle	93	Take Flight	22.64q
4	Graf, Ryan	93	Saskatoon T&F	22.90
5	Breski, Josh	91	U Of C Ath	23.10
6	Gregoire, Chase	91	Ottawa Lions	23.30
7	Skory, Kale	92	Unattached A	23.42
--	Cho, Kyu-Won	91	Chebucto	X21.95

Épreuve 4 Homme 200 Metre Course

=====				
CJR: * 20.62 5/25/1991 Peter Ogilvie				
CJCR: ! 20.65 1994 Eric Frampong-Manso				
Nom	Année	Équipe	Finales	
=====				
Section 1 Finales Vent: -0.4				
1	Makinde, Oluwasegun	91	Ottawa Lions	21.57
2	Laidlaw-Allen, Marlon	93	Phoenix Athl	21.88
3	Macleod, Tyler	91	Windsor Legion	22.02
4	Harris, Tremaine	92	G-Force T.C.	22.05
5	Rodney, Brendon	92	Take Flight	22.07
6	Hayle, Tyler	93	Brampton T.C.	22.19
7	Sévigny, Sébastien	91	Corsaire Chap.	22.27
8	Bennett, Kyle	93	Take Flight	22.57

Épreuve 5 Femme 400 Metre Course

=====				
CJR: * 51.85 7/25/1984 Jillian Richardson				
CJCR: ! 53.60 1982 Jilian Richardson				
Nom	Année	Équipe	Prelims	
=====				
Vague 1 Preliminaries				
1	Reid, Katie	93	BC Athletics	53.89Q
2	Bauer, Nicole	93	Calgary O.T.C.	56.18q
3	Sjoberg, Vanessa	94	BC Athletics	57.00q
4	Whyte, Christena	93	Brampton T.C.	57.79
5	Baran, Melanie	94	Stride Ahead	58.40
6	Creary, Olivia	92	G-Force T.C.	58.88
7	Huebert, Sarah	92	Winnipeg Opt	1:00.31
Vague 2 Preliminaries				
1	Balkwill, Kelsey	92	Windsor Legion	54.91Q
2	Paracholski, Carly	93	Unattached-M	55.17q
3	Leblanc, Annie	92	Lanaudiere-Olym.	56.77q
4	Scott, Evelyn	93	Ottawa Lions	57.86
5	Macquarrie, Eilish	93	Antigonish T	59.09
6	Hunter, Jaclyn	92	U Of C Ath	1:00.15
7	Ritchie, Katrin	92	Saskatoon T&F	1:00.65
Vague 3 Preliminaries				
1	Taylor-Chase, Chanice	93	Elite Edge	54.09Q
2	Brennan, Christian	95	Hamilton O.C.	55.48q
3	Thuot, Marie-Christine	92	Perfmax-Racing	57.16q
4	Maxfield, Heather	92	Lakehead A.C.	57.70
5	Johnson, Alyssa	91	Flying M A.C.	58.21
6	Myatt, Sarah	92	Fredericton	1:00.59
Vague 4 Preliminaries				
1	Watson, Sage	94	Medicine Hat	55.70Q
2	Forbes, Bianca	91	Flying Angel	56.13q
3	Lewis, Sade	93	Take Flight	56.75q
4	Murphy, Samantha	92	Ottawa Lions	57.09q
5	Kerr, Naomi	94	Brampton T.C.	58.02
6	Beaton, Heather	95	Unattached N	59.34
7	Dubuc, Andrea	91	Cirrus	1:00.66
8	Rayner, Lesley	91	Speed River	1:02.56
Vague 5 Preliminaries				
1	Archer, Ocian	93	Project Athl	55.11Q
2	Jean-Baptiste, Audrey	91	Perfmax-Racing	56.21q
3	Callender, Fiona	92	Ottawa Lions	56.24q
4	Okankwu, Gift	92	C.A.N.I.	57.66
5	Gariba, Sarah	91	C.A.N.I.	57.96
6	Kitching, Melissa	93	Winnipeg Opt	58.71
7	Rayner, Heather	91	Speed River	1:00.06

Épreuve 5 Femme 400 Metre Course

=====				
CJR: * 51.85 7/25/1984 Jillian Richardson				
CJCR: ! 53.60 1982 Jilian Richardson				
Nom	Année	Équipe	Finales	
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Section 1 Finales
1 Leblanc, Annie          92 Lanaudiere-Olym.      56.21
2 Jean-Baptiste, Audrey  91 Perfmax-Racing        56.51
3 Sjoberg, Vanessa       94 BC Athletics          56.61
4 Bauer, Nicole          93 Calgary O.T.C.        56.65
5 Thuot, Marie-Christine 92 Perfmax-Racing        56.96
Section 2 Finales
1 Reid, Katie            93 BC Athletics          53.47!
2 Taylor-Chase, Chanice  93 Elite Edge            53.52!
3 Brennan, Christian     95 Hamilton O.C.        54.15
4 Paracholski, Carly     93 Unattached-M          55.14
5 Balkwill, Kelsey       92 Windsor Legion        55.17
6 Forbes, Bianca         91 Flying Angel          56.24
7 Watson, Sage           94 Medicine Hat          56.45
8 Archer, Ocian          93 Project Athl          57.14

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Épreuve 6 Homme 400 Metre Course

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CJR: * 45.83 7/19/1997 Shane Niemi
CJCR: ! 46.55 2006      Brian Barnett
Nom Année Équipe Prelims
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Vague 1 Preliminaries

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1 Smith-Drouin, Brandon  91 Perfmax-Racing        49.02Q
2 Blades, Justin         91 Unattached N          49.15q
3 Triumbari, Joseph     91 Mississauga            49.36q
4 Smith, Spencer        92 Islanders T&F        50.76q
5 Duguay, Vincent       91 Zénith                50.93
6 Falkenham, Andrew     91 Unattached N          51.94
7 Tree, Andrew          91 Motley Crew           53.73

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Vague 2 Preliminaries

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1 Trnkus, Michael       91 U. Of Toronto         49.02Q
2 Home, Mitchell        92 Capital City          49.78q
3 Smithers, Cameron     91 Ottawa Lions          49.95q
4 Ostberg, Dylan       91 Bison Track           50.66q
5 Krolikowski, Maciek   91 U Of C Ath            51.31
6 Wile, Lucas           94 Bluenose A.T.        52.70
-- Bergeron, Alexandre  91 Sherbrooke            DQ

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Rule # 163.3

Vague 3 Preliminaries

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1 Biocchi, Devin        92 Ottawa Lions          49.39Q
2 Laidlaw-Allen, Marlon 93 Phoenix Athl         49.51q
3 Brennand, Dylan       93 Niagara Regional     51.20
4 Boudreau, Mathieu    91 Québec Endurance    51.53
5 Drennan, Jesse        93 Bluenose A.T.        52.08
6 Karakochuk, Michael  91 Capital City         53.05
7 McGinn, Tomas        94 Fast Tracks          54.20

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Vague 4 Preliminaries

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1 Harris, Tremaine     92 G-Force T.C.         48.34Q
2 Gaudes, Adam         92 Fast Tracks          48.84q
3 Vankoughnet, Joel    91 Bison Track           50.59q
4 Basler, Matt          91 Ottawa Lions          51.06
5 Giles, Cameron       93 Niagara Olympics    51.58
6 Robertson, Chris     92 ASEA                 53.08
7 Andrais, Greg        91 Capital City         53.94

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Vague 5 Preliminaries

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1 Moona, Alistair      92 G-Force T.C.         47.60Q
2 Greco, Domenic       91 Brampton T.C.        49.31q
3 Ajugo, Benjamin      92 Capital City         50.34q
4 Murray, Steven       93 Hamilton O.C.        50.85
5 Haenni, Dustin       91 South Simcoe         51.48
6 Laviolette, Francis  92 Perfmax-Racing      52.43
7 Coy, Jesaiah         93 Calgary O.T.C.      52.60

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Épreuve 6 Homme 400 Metre Course

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CJR: * 45.83 7/19/1997 Shane Niemi
CJCR: ! 46.55 2006      Brian Barnett
Nom Année Équipe Finales
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Section 1 Finales

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1 Home, Mitchell       92 Capital City          50.20
2 Vankoughnet, Joel    91 Bison Track           50.33
3 Ostberg, Dylan       91 Bison Track           50.74
4 Smith, Spencer       92 Islanders T&F        50.81
5 Ajugo, Benjamin     92 Capital City          50.85

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Section 2 Finales

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1 Moona, Alistair     92 G-Force T.C.         46.54!
2 Harris, Tremaine    92 G-Force T.C.         47.82
3 Gaudes, Adam        92 Fast Tracks          48.19
4 Trnkus, Michael     91 U. Of Toronto        48.23

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5 Biocchi, Devin	92 Ottawa Lions	48.50	
6 Greco, Domenic	91 Brampton T.C.	48.98	
7 Blades, Justin	91 Unattached N	49.40	
-- Smith-Drouin, Brandon	91 Perfmax-Racing	DQ	Rule # 163.3

Épreuve 7 Femme 800 Metre Demi Fond

=====
 CJR: * 2:03.17 8/19/1973 Glenda Reiser
 CJCR: ! 2:06.59 1984 Elise Brathwaite

Nom	Année Équipe	Prelims
Vague 1 Preliminaries		
1 Leblanc, Annie	92 Lanaudiere-Olym.	2:11.91Q
2 Zrinyi, Julia	94 Stride Ahead	2:12.67Q
3 Callender, Fiona	92 Ottawa Lions	2:13.35q
4 Teschuk, Erin	94 Winnipeg Opt	2:14.47q
5 Molodynia, Michelle	93 Niagara Olympics	2:16.89q
6 Flavel, Meghan	92 Saskatoon T&F	2:17.34
7 Stewart, Kirsten	92 Newmarket H. TC	2:17.35
8 Moore, Jenica	91 U. Of Victoria	2:20.30
9 Macarthur, Britany	92 Athletics East	2:23.13
10 Wolter, Maria	94 Bluenose A.T.	2:24.24
Vague 2 Preliminaries		
1 Paracholski, Carly	93 Unattached-M	2:10.08Q
2 Francois, Rachel	92 Edmonton Harrier	2:10.29Q
3 Soderberg, Nicole	92 Edmonton Thunder	2:10.35q
4 Fernandes, Leanne	92 Phoenix Athl	2:12.06q
5 Mcinnis, Shauna K.	92 Peninsula T&F	2:14.05q
6 Simon, Ashlynn	92 Queen City	2:14.13q
7 Islam, Rachel	92 South Simcoe	2:14.58q
8 Myatt, Sarah	92 Fredericton	2:17.00
9 Barker, Madeleine	92 Sherbrooke	2:20.48
10 Wolff, Rebecca	93 YHZ	2:28.74
Vague 3 Preliminaries		
1 Glenn, Caileigh	92 Newmarket H. TC	2:12.00Q
2 Bauer, Nicole	93 Calgary O.T.C.	2:15.15Q
3 Mackinnon, Chelsea	93 Hamilton Hmrrhds	2:16.11q
4 Mcculligh, Maureen F.	91 U. Of Victoria	2:16.39q
5 Rempel, Megan	96 Niagara Olympics	2:16.92q
6 Macdonald, Alannah	94 Niagara Olympics	2:17.16
7 Van Vliet, Jenna	92 U Of C Ath	2:17.34
8 Rempel, Karley	93 Niagara Olympics	2:18.22
9 O'Connell, Elizabeth	92 U Of C Ath	2:19.21
10 Rawding, Hilary	93 Unattached N	2:23.91
Vague 4 Preliminaries		
1 Murphy, Samantha	92 Ottawa Lions	2:10.91Q
2 Paracholski, Meagan	93 Unattached-M	2:12.19Q
3 Westaway, Jenna	94 Calgary Int'l	2:12.42q
4 Pomfret, Kendra	91 U. Of Victoria	2:12.61q
5 Tallman, Emma	91 Track North	2:14.36q
6 Hill, Samantha	94 U. Of Toronto	2:15.13q
7 Morrison, Laura	93 London Legion	2:15.28q
8 Kennedy, Shannon	92 U. Of Toronto	2:17.81
9 Kanuka, Gloria	91 Caltaf A.A.	2:18.42
10 Hawkes, Morgan	93 Fast Tracks	2:20.77

Épreuve 7 Femme 800 Metre Demi Fond

=====
 CJR: * 2:03.17 8/19/1973 Glenda Reiser
 CJCR: ! 2:06.59 1984 Elise Brathwaite

Nom	Année Équipe	Finales
Section 1 Finales		
1 Teschuk, Erin	94 Winnipeg Opt	2:13.75
2 Simon, Ashlynn	92 Queen City	2:14.47
3 Tallman, Emma	91 Track North	2:14.59
4 Molodynia, Michelle	93 Niagara Olympics	2:14.64
5 Mackinnon, Chelsea	93 Hamilton Hmrrhds	2:14.69
6 Morrison, Laura	93 London Legion	2:15.72
7 Hill, Samantha	94 U. Of Toronto	2:15.82
8 Mcinnis, Shauna K.	92 Peninsula T&F	2:16.52
9 Mcculligh, Maureen F.	91 U. Of Victoria	2:16.56
10 Islam, Rachel	92 South Simcoe	2:18.31
11 Rempel, Megan	96 Niagara Olympics	2:21.33
Section 2 Finales		
1 Leblanc, Annie	92 Lanaudiere-Olym.	2:07.66
2 Paracholski, Carly	93 Unattached-M	2:08.17
3 Murphy, Samantha	92 Ottawa Lions	2:09.95
4 Glenn, Caileigh	92 Newmarket H. TC	2:11.24
5 Francois, Rachel	92 Edmonton Harrier	2:11.73
6 Zrinyi, Julia	94 Stride Ahead	2:11.86

7	Bauer, Nicole	93	Calgary O.T.C.	2:12.39
8	Pomfret, Kendra	91	U. Of Victoria	2:13.50
9	Paracholski, Meagan	93	Unattached-M	2:13.75
10	Soderberg, Nicole	92	Edmonton Thunder	2:14.20
11	Westaway, Jenna	94	Calgary Int'l	2:14.52
12	Fernandes, Leanne	92	Phoenix Athl	2:16.20

Épreuve 8 Homme 800 Metre Demi Fond

=====
 CJR: * 1:46.60 6/23/2001 Nathan Brannen
 CJCR: ! 1:46.72 1992 Kevin Sullivan

Nom	Année	Équipe	Prelims
=====			
Vague 1 Preliminaries			
1	Parent-Pichette, Vincent	91 C.A. Dynamique	1:55.52Q
2	Miedema, Christopher	91 Niagara Regional	1:55.61Q
3	Souleiman, Mohammed	93 Ottawa Lions	1:55.78q
4	Muldoon, Matthew	92 U. Of Toronto	1:56.11q
5	Raymond, Benjamin	92 C.A. Dynamique	1:56.42q
6	Grieve, Kyle	93 U. Of Toronto	1:56.90q
7	Henry, Ethan	92 Toronto Olympic	1:58.05
8	Thibeault, Antoine	94 Phenix	1:58.08
9	Paré, Alexandre	91 Sherbrooke	2:02.51
10	Murdock, Robin	93 Fredericton	2:05.97
Vague 2 Preliminaries			
1	Keane, Sean	93 BC Athletics	1:53.53Q
2	Romaniw, Anthony	91 Runners Edge	1:54.13Q
3	Neal, Keffri W.	93 BC Athletics	1:54.73q
4	Bickley, Brad	91 U Of C Ath	1:55.07q
5	Labranche, Jean-Daniel	91 Québec Endurance	1:55.34q
6	Schiavone, Trevor	91 St. Albert T	1:55.45q
7	Cunliffe, Bj	92 Durham Dragons	1:55.75q
8	Porter, Evan	91 Saugeen T&F	1:55.88q
9	Forbes, Ian	92 Fast Tracks	1:57.53
10	Roske, Travis	91 Excel Ath.	1:59.19
11	Mcgin, Tomas	94 Fast Tracks	2:01.23
Vague 3 Preliminaries			
1	Sayers, Trent	91 Phoenix Athl	1:54.59Q
2	Peterson, Cole	93 Edmonton Harrier	1:54.80Q
3	Robertson, Karl	91 Leduc T.F.C.	1:54.91q
4	Janikowski, Paul	92 Windsor Legion	1:55.73q
5	Langille, Andrew	93 Toronto Olympic	1:56.11q
6	Boast, Cody	91 Ottawa Lions	1:57.08q
7	Prajea, Mihai	91 Calgary Warriors	1:58.15
8	Block, Daniel	91 Unattached-S	1:58.21
9	Thacher, Eric	92 Stride Ahead	1:58.62
10	Jacobs, Mike	92 Motley Crew	1:58.97
11	Andrews, Bradley	92 YHZ	2:11.12
Vague 4 Preliminaries			
1	Vugteveen, Travis	92 BC Athletics	1:54.77Q
2	La Marra, Paul	92 London Legion	1:55.29Q
3	Bussièrès, Alex	94 Mille Pays	1:56.04q
4	Outhit, Connor	92 Laurel Creek	1:57.51q
5	Tars, Zac	91 U. Of Toronto	1:58.69
6	Robitaille-Beaumier, Max	93 Phenix	1:59.81
7	Miller, Thomas	92 River City	2:02.16
8	Butler, Thomas	93 Saint John T&F	2:08.21

Épreuve 8 Homme 800 Metre Demi Fond

=====
 CJR: * 1:46.60 6/23/2001 Nathan Brannen
 CJCR: ! 1:46.72 1992 Kevin Sullivan

Nom	Année	Équipe	Finales
=====			
Section 1 Finales			
1	Janikowski, Paul	92 Windsor Legion	1:54.26
2	Souleiman, Mohammed	93 Ottawa Lions	1:54.68
3	Muldoon, Matthew	92 U. Of Toronto	1:54.96
4	Langille, Andrew	93 Toronto Olympic	1:54.99
5	Raymond, Benjamin	92 C.A. Dynamique	1:55.21
6	Grieve, Kyle	93 U. Of Toronto	1:55.53
7	Bussièrès, Alex	94 Mille Pays	1:56.84
8	Boast, Cody	91 Ottawa Lions	1:57.49
9	Schiavone, Trevor	91 St. Albert T	1:58.29
10	Outhit, Connor	92 Laurel Creek	1:58.31
11	Porter, Evan	91 Saugeen T&F	1:59.30
Section 2 Finales			
1	Romaniw, Anthony	91 Runners Edge	1:50.99
2	Sayers, Trent	91 Phoenix Athl	1:51.68
3	Vugteveen, Travis	92 BC Athletics	1:52.27
4	Miedema, Christopher	91 Niagara Regional	1:52.32

5	Parent-Pichette, Vincent	91	C.A. Dynamique	1:52.85
6	La Marra, Paul	92	London Legion	1:53.82
7	Robertson, Karl	91	Leduc T.F.C.	1:54.74
8	Keane, Sean	93	BC Athletics	1:54.86
9	Labranche, Jean-Daniel	91	Québec Endurance	1:56.75
10	Peterson, Cole	93	Edmonton Harrier	1:57.41
11	Bickley, Brad	91	U Of C Ath	1:57.49
12	Neal, Keffri W.	93	BC Athletics	2:09.58

Épreuve 9 Femme 1500 Metre Demi Fond

=====			
	CJR: * 4:06.71	10/4/1972	Glenda Reiser
	CJCR: ! 4:20.50	7/18/2009	Kendra Schaaf
Nom	Année	Équipe	Prelims
=====			

Vague 1 Preliminaries

1	Whelan, Elizabeth	93	U. Of Toronto	4:40.66Q
2	Parry, Jessica	91	London Western	4:40.66Q
3	Molodynia, Michelle	93	Niagara Olympics	4:41.21Q
4	Mackinnon, Chelsea	93	Hamilton Hmrrhds	4:41.27Q
5	Rempel, Karley	93	Niagara Olympics	4:41.57Q
6	Plante-Dubé, Marguerite	92	Lavironde	4:42.33
7	Van Vliet, Jenna	92	U Of C Ath	4:42.42
8	Dowling-Medley, Jenn	91	Speed River	4:43.73
9	Brochu, Sarah-Michelle	92	Québec Endurance	4:46.58
10	Beverley, Megan	92	Toronto Olympic	4:47.77
11	Callaghan, Brigid	93	Newmarket H. TC	4:50.16
12	Macpherson, Sarah	91	Fast Tracks	4:53.98
13	Wolff, Rebecca	93	YHZ	4:55.83
14	Rawding, Hilary	93	Unattached N	5:13.07

Vague 2 Preliminaries

1	Lalonde, Geneviève	91	O2	4:33.71Q
2	Johnson, Justine A.	91	BC Athletics	4:33.85Q
3	Hennessy, Colleen	92	U. Of Toronto	4:34.38Q
4	Driedger, Emily	92	Speed River	4:34.65Q
5	Stewart, Kirsten	92	Newmarket H. TC	4:34.81Q
6	Hawthorn, Natalia	95	Newmarket H. TC	4:34.96q
7	Housley, Katie	91	Phoenix Athl	4:35.36q
8	Roy, Joanie	91	Rouge et Or	4:39.89
9	Slinn, Heather	92	Ottawa Lions	4:47.52
10	Thiel, Danielle	92	Excel Ath.	4:50.05
11	Rollins, Jaclyn	91	Brantford T.F.C.	4:52.23
12	O'Connell, Elizabeth	92	U Of C Ath	4:53.09
13	Clarke, Emily	91	Dartmouth Ath.	5:05.68

Épreuve 9 Femme 1500 Metre Demi Fond

=====			
	CJR: * 4:06.71	10/4/1972	Glenda Reiser
	CJCR: ! 4:20.50	7/18/2009	Kendra Schaaf
Nom	Année	Équipe	Finales
=====			

Section 1 Finales

1	Parry, Jessica	91	London Western	4:26.68
2	Lalonde, Geneviève	91	O2	4:27.35
3	Whelan, Elizabeth	93	U. Of Toronto	4:34.06
4	Johnson, Justine A.	91	BC Athletics	4:35.23
5	Hennessy, Colleen	92	U. Of Toronto	4:36.44
6	Hawthorn, Natalia	95	Newmarket H. TC	4:37.44
7	Molodynia, Michelle	93	Niagara Olympics	4:37.56
8	Mackinnon, Chelsea	93	Hamilton Hmrrhds	4:38.60
9	Driedger, Emily	92	Speed River	4:38.64
10	Stewart, Kirsten	92	Newmarket H. TC	4:40.18
11	Rempel, Karley	93	Niagara Olympics	4:40.98
12	Housley, Katie	91	Phoenix Athl	4:56.81

Épreuve 10 Homme 1500 Metre Demi Fond

=====			
	CJR: * 3:39.11	9/20/1992	Kevin Sulllivan
	CJCR: ! 3:46.48	1985	Andrew McGuigan
Nom	Année	Équipe	Prelims
=====			

Vague 1 Preliminaries

1	Rae, Jeremy	91	Niagara Regional	4:02.88Q
2	Janikowski, Paul	92	Windsor Legion	4:02.92Q
3	Boulay, Benoit	91	Speed River	4:02.96Q
4	Proudfoot, Ross	92	Track North	4:03.05Q
5	Bruchet, Lucas	91	BC Athletics	4:03.25Q
6	Hendrikx, Aaron	93	London Runners	4:03.57q
7	Coyle, Josh	91	Halifast Ath.	4:05.10
8	Bickley, Brad	91	U Of C Ath	4:05.42
9	Sportak, Kenton	91	U Of C Ath	4:05.86

10 Lipp, Jaden	92 Excel Ath.	4:10.87
11 Mcneil, Matthew	93 Saint John T&F	4:11.89
12 Murphy, James	91 Motley Crew	4:14.16
13 Lewis, Daniel	91 Unattached N	4:14.74
14 Mcmullin, Scott	93 Fast Tracks	4:23.75
15 Murdock, Robin	93 Fredericton	4:46.78
Vague 2 Preliminaries		
1 Lapointe, Jean-Samuel	91 Québec Endurance	3:59.12Q
2 Malette, John Paul	91 Windsor Legion	3:59.48Q
3 Denault, Robert	93 Newmarket H. TC	4:01.14Q
4 De Vries, Thomas	92 London Western	4:01.62Q
5 Stone, Jeff	92 Mississauga	4:01.87Q
6 Bocksnick, Jackson	92 Lethbridge T&F	4:03.04q
7 Outhit, Connor	92 Laurel Creek	4:03.74
8 Block, Daniel	91 Unattached-S	4:04.67
9 Denault, Alex	91 Newmarket H. TC	4:05.55
10 Thacher, Eric	92 Stride Ahead	4:08.14
11 Miller, Thomas	92 River City	4:09.65
12 Wesselius, Lee	94 ASEA	4:11.33
13 Langley, Jonah	94 Bluenose A.T.	4:24.08
-- Cunliffe, Bj	92 Durham Dragons	DNF

Épreuve 10 Homme 1500 Metre Demi Fond

=====			
CJR: * 3:39.11 9/20/1992 Kevin Sulllivan			
CJCR: ! 3:46.48 1985 Andrew McGuigan			
Nom	Année Équipe		Finales
=====			
Section 1 Finales			
1 Rae, Jeremy	91 Niagara Regional		3:52.07
2 Malette, John Paul	91 Windsor Legion		3:53.16
3 Denault, Robert	93 Newmarket H. TC		3:55.09
4 Proudfoot, Ross	92 Track North		3:55.74
5 Lapointe, Jean-Samuel	91 Québec Endurance		3:57.03
6 Janikowski, Paul	92 Windsor Legion		3:57.97
7 Hendrikx, Aaron	93 London Runners		3:58.31
8 Boulay, Benoit	91 Speed River		3:58.72
9 Bruchet, Lucas	91 BC Athletics		4:04.03
10 Bocksnick, Jackson	92 Lethbridge T&F		4:04.13
11 De Vries, Thomas	92 London Western		4:11.84
12 Stone, Jeff	92 Mississauga		4:14.51

Épreuve 11 Femme 3000 Metre Demi Fond

=====			
CJR: * 9:12.39 8/16/1985 Brenda Shackleton			
CJCR: ! 9:14.62 7/19/2009 Kendra Schaaf			
Nom	Année Équipe		Finales
=====			
Section 1			
1 Langley, Clara	94 Physi-Kult		10:18.94
2 Boyd, Cleo	93 Physi-Kult		10:22.94
3 Slinn, Heather	92 Ottawa Lions		10:29.90
4 Tait, Meghan	92 Newmarket H. TC		10:30.19
5 Clarke, Emily	91 Dartmouth Ath.		10:35.86
6 Lesage, Kristie	93 South Simcoe		10:36.92
7 Houde-Pearce, Erika	91 London Runners		10:42.65
8 Thiel, Danielle	92 Excel Ath.		10:54.10
9 Monette, Carole-Anne	92 Vaudreuil-Dorion		11:32.66
Section 2			
1 Pfister, Caroline	92 Sherbrooke		9:47.61
2 Phelan, Jamie	95 Laurel Creek		9:52.24
3 Hanna, Victoria	91 Toronto Olympic		9:53.38
4 Pennock, Ellen	92 U Of C Ath		9:58.11
5 Driedger, Emily	92 Speed River		10:00.59
6 Roy, Joanie	91 Rouge et Or		10:07.69
7 Dowling-Medley, Jenn	91 Speed River		10:08.14
8 Coates, Victoria	91 Newmarket H. TC		10:08.34
9 Rollins, Jaclyn	91 Brantford T.F.C.		10:11.80
10 Hennessy, Colleen	92 U. Of Toronto		10:14.31
11 Brasz, Deanna	93 Niagara Olympics		10:16.40
12 Kannenberg, Natalie	91 Guelph Track		10:24.97
13 Oliver, Kaitlyn	93 Newmarket H. TC		10:27.46
14 Petrie, Sadie	94 YHZ		10:48.39
-- Kujawa, Kate	91 Excel Ath.		DNF
-- Smith, Caileigh	93 Guelph Track		DNF

Épreuve 12 Homme 5000 Metre Demi Fond

=====			
CJR: * 13:43.80 6/2/1962 Bruce Kidd			
CJCR: ! 14:11.77 1983 John Castellano			
Nom	Année Équipe		Finales

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=====
Section 1
1 Mcguire, Connor          91 Islanders T&F          15:20.10
2 Brown, Dylan             93 Newmarket H. TC        15:22.06
3 Ahmed, Ibrahim           93 Niagara Olympics       15:23.21
4 Druken, Matthew         94 South Simcoe            15:33.34
5 Wing, Jacob              93 YHZ                      15:47.69
6 Dulhanty, Christopher   92 Mississauga              15:53.71
7 Pellerin, Jérémie       93 O2                       15:54.72
8 Delaney, Liam           93 Brockville Lgn         16:10.87
9 Woloshyn, Jake          91 U. Of Toronto           16:11.63
10 Wood, Nicolas           92 YHZ                      16:15.37
11 Parker, Kaelan          93 Quinte Legion           16:21.66
12 Bouchard, Frédéric     91 Fleur de Lys            16:28.84
13 Wanuch, Jacob           93 Etobicoke T.F.C.       17:30.50
-- Middlemiss, Michael    92 Excel Ath.              DNF

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Section 2
1 Ahmed, Mohammed         91 Niagara Olympics       14:15.92
2 Proudfoot, Ross         92 Track North             14:43.35
3 Nixon, Andrew           91 Speed River             14:46.53
4 Kowalsky, Andrew        92 Windsor Legion          14:50.64
5 Asselstine, Robert     92 Physi-Kult              15:08.02
6 Boisvert, Emmanuel     91 Québec Endurance       15:08.87
7 Wolter, Mattias         91 Bluenose A.T.           15:10.53
8 Hendrikx, Aaron         93 London Runners          15:11.71
9 De Vries, Thomas        92 London Western          15:17.69
10 Cooper, Jeremy          93 Track North             15:20.96
11 Lapointe, Jean-Samuel  91 Québec Endurance       15:21.65
12 Pesce, Michael         92 South Simcoe            15:34.01
13 Archer, Jeff           92 Physi-Kult              15:59.55
14 Mavrovic, Alex         91 Sherbrooke              15:59.92

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Épreuve 13 Femme 100 Metre Haies

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CJR: * 13.32 10/7/1982 Karen Nelson
CJCR: ! 13.57 2004 Frances Keating

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Nom	Année	Équipe	Prelims
=====			
Vague 1 Preliminaries Vent: 2.4			
1 Green, Anika	91	Flying Angel	14.43Q
2 Macneill, Christine	94	London Legion	14.47Q
3 Biswal, Devyani	93	Ottawa Lions	14.65q
4 Siuciak, Emma	93	Niagara Olympics	14.73
5 Barry, Tomeizel	91	Supreme Athletic	15.21
6 Phelan, Emily	93	Chebucto	15.36
7 Beiswanger, Kari	94	Chebucto	17.66
8 Baba, Victoria	92	Fredericton	19.57
Vague 2 Preliminaries Vent: 2.1			
1 Maddex, Ashlea	92	Ottawa Lions	13.95Q
2 Thomas, Deanna	93	Project Athl	14.66Q
3 Mcintosh, Rachael	91	Bluenose A.T.	15.01
4 Crombeen, Charlotte	92	Unattached A	15.82
5 Lance, Naomi	91	Laurel Creek	16.02
6 Wallace, Lindsay	93	Hamilton O.C.	16.09
7 Stickney, Jessica	91	Unattached N	16.32
8 Morris, Tomi	91	U Of C Ath	16.32
Vague 3 Preliminaries Vent: 1.2			
1 Taylor-Chase, Chanice	93	Elite Edge	14.08Q
2 Warren, Hayley	91	York Univers	14.40Q
3 Rudell, Rita	91	Saugeen T&F	14.52q
4 Newman, Alysha	94	London Legion	14.76
5 Evered, Caitlin	92	London Legion	14.94
6 Wadden, Nicole	93	Chebucto	15.89
7 Macdonald, Samantha	92	ASEA	17.16

Épreuve 13 Femme 100 Metre Haies

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CJR: * 13.32 10/7/1982 Karen Nelson
CJCR: ! 13.57 2004 Frances Keating

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Nom	Année	Équipe	Finales
=====			
Section 1 Finales Vent: -4.0			
1 Maddex, Ashlea	92	Ottawa Lions	14.21
2 Rudell, Rita	91	Saugeen T&F	14.51
3 Taylor-Chase, Chanice	93	Elite Edge	14.82
4 Warren, Hayley	91	York Univers	14.87
5 Macneill, Christine	94	London Legion	15.07
6 Thomas, Deanna	93	Project Athl	15.15
7 Green, Anika	91	Flying Angel	15.36
8 Biswal, Devyani	93	Ottawa Lions	15.52

Épreuve 14 Homme 110 Metre Haies

=====			
	CJR: * 13.72	6/14/2009	Gregory MacNeil
	CJCR: ! 13.83	7/18/2009	Gregory MacNeil
Nom	Année	Équipe	Prelims
=====			
Vague 1 Preliminaries Vent: 2.1			
1 Grant, Tremaine	91	Unattached A	14.01Q
2 Wilson, Brandon	91	Durham Dragons	14.40Q
3 Arsenault, Calvin	93	Laurel Creek	14.64q
4 Bellefontaine, Matthew	92	Chebucto	14.71q
5 Bell, Spencer	91	Ottawa Lions	15.37
6 Hiscock, Vance	92	Chebucto	15.83
7 Coy, Jesaiah	93	Calgary O.T.C.	15.91
Vague 2 Preliminaries Vent: 0.7			
1 Makinde, Oluwasegun	91	Ottawa Lions	13.92Q
2 Slythe-Léveillé, Gabriel	93	Corsaire Chap.	14.93Q
3 Bates, Brent	92	West Toronto	14.94
4 Courteau-Godmaire, Huber	91	Corsaire Chap.	15.54
5 Samking, Wilfred Jr.	92	Winnipeg Opt	15.64
6 Hancock, Scott	92	Jeunesse A.W.	16.14
-- Tesfaye, Gabriel	92	London Legion	DQ
Vague 3 Preliminaries Vent: 1.4			
1 Moseley, Ingvar	91	Elite Edge	14.43Q
2 Wilhelm, Branden	92	London Legion	14.74Q
3 Mcllellan, Ian	92	Excel Ath.	14.98
4 Dejong, Dylan	92	Ottawa Lions	15.14
5 Primeau, Codie	92	Ottawa Lions	15.62

Rule # 168.7b

Épreuve 14 Homme 110 Metre Haies

=====			
	CJR: * 13.72	6/14/2009	Gregory MacNeil
	CJCR: ! 13.83	7/18/2009	Gregory MacNeil
Nom	Année	Équipe	Finales
=====			
Section 1 Finales Vent: -2.6			
1 Makinde, Oluwasegun	91	Ottawa Lions	14.18
2 Grant, Tremaine	91	Unattached A	14.27
3 Wilhelm, Branden	92	London Legion	14.56
4 Moseley, Ingvar	91	Elite Edge	14.57
5 Wilson, Brandon	91	Durham Dragons	14.76
6 Arsenault, Calvin	93	Laurel Creek	14.97
7 Bellefontaine, Matthew	92	Chebucto	15.07
8 Slythe-Léveillé, Gabriel	93	Corsaire Chap.	15.39

Épreuve 15 Femme 400 Metre Haies

=====			
	CJR: * 56.55	7/28/1986	Donalda Duprey
	CJCR: ! 57.66	1992	Erica Peterson
Nom	Année	Équipe	Prelims
=====			
Vague 1 Preliminaries			
1 Archer, Ocian	93	Project Athl	1:01.44Q
2 Mccalla, Jenelle	91	York Univers	1:03.00Q
3 Jewett, Rachel	92	U. Of Toronto	1:04.03q
4 Scott, Evelyn	93	Ottawa Lions	1:05.33
5 Loader, Mikhaila	92	U. Of Toronto	1:06.77
6 G.-Lafrenière, Amélie	92	Phenix	1:07.51
Vague 2 Preliminaries			
1 Lloyd, Haleigh	92	Comox Valley	1:02.09Q
2 Maddex, Ashlea	92	Ottawa Lions	1:03.10Q
3 Thuot, Marie-Christine	92	Perfmax-Racing	1:04.34
4 Lance, Naomi	91	Laurel Creek	1:07.22
5 Rayner, Lesley	91	Speed River	1:07.49
6 Jacklin, Chelsea	92	South Simcoe	1:07.71
Vague 3 Preliminaries			
1 Watson, Sage	94	Medicine Hat	1:02.16Q
2 Balkwill, Kelsey	92	Windsor Legion	1:02.80Q
3 Macmillan, Caitlyn	92	Saugeen T&F	1:04.02q
4 Brereton, Tamar	92	Project Athl	1:04.44
5 Wallace, Lindsay	93	Hamilton O.C.	1:08.39
6 Spafford, Megan	93	Saskatoon T&F	1:10.75
7 Maclean, Rachel	92	YHZ	1:11.04

Épreuve 15 Femme 400 Metre Haies

=====			
	CJR: * 56.55	7/28/1986	Donalda Duprey
	CJCR: ! 57.66	1992	Erica Peterson
Nom	Année	Équipe	Finales
=====			
Section 1 Finales			

1	Balkwill, Kelsey	92	Windsor Legion	59.82
2	Maddex, Ashlea	92	Ottawa Lions	1:00.11
3	Archer, Ocian	93	Project Athl	1:00.95
4	Lloyd, Haleigh	92	Comox Valley	1:01.60
5	Watson, Sage	94	Medicine Hat	1:01.69
6	Mccalla, Jenelle	91	York Univers	1:03.53
7	Macmillan, Caitlyn	92	Saugeen T&F	1:03.74
8	Jewett, Rachel	92	U. Of Toronto	1:05.34

Épreuve 16 Homme 400 Metre Haies

=====				
	CJR: * 52.92	5/3/1997	Nick Stewart	
	CJCR: ! 51.28	1984	John Graham	
Nom		Année	Équipe	Prelims
=====				

Vague 1 Preliminaries

1	Nystuen, Tait	91	Excel Ath.	53.13q
2	Smithers, Cameron	91	Ottawa Lions	55.31q
3	Bates, Brent	92	West Toronto	55.82q
4	Sampson, Terrence	92	Unattached-M	58.29
5	Harris, Tayler	91	St Thomas Lgn	58.44
6	Courteau-Godmaire, Huber	91	Corsaire Chap.	59.11
7	Bellefontaine, Matthew	92	Chebucto	59.53

Vague 2 Preliminaries

1	Chan, Daniel	91	U. Of Toronto	53.80q
2	Bell, Spencer	91	Ottawa Lions	56.24q
3	Reid, Matthew	91	Windsor Legion	56.32
4	Arsenault, Calvin	93	Laurel Creek	57.12
5	Dejong, Dylan	92	Ottawa Lions	57.88
6	Forde, Albert	92	West Toronto	1:00.07
7	Andrais, Greg	91	Capital City	1:01.31

Vague 3 Preliminaries

1	Grant, Oliver	91	Upper Waterloo	55.80q
2	Mclellan, Ian	92	Excel Ath.	56.09q
3	Grant, Tremaine	91	Unattached A	56.15q
4	Maclennan, Cameron	92	Bluenose A.T.	56.48
5	Sutton, Charlie	93	Speed River	58.16
6	Moseley, Ingvar	91	Elite Edge	59.19
7	Hiscock, Vance	92	Chebucto	1:01.00
8	Tremblay, Étienne	91	Sherbrooke	1:02.61

Épreuve 16 Homme 400 Metre Haies

=====				
	CJR: * 52.92	5/3/1997	Nick Stewart	
	CJCR: ! 51.28	1984	John Graham	
Nom		Année	Équipe	Finales
=====				

Section 1 Finales

1	Nystuen, Tait	91	Excel Ath.	51.79*
2	Chan, Daniel	91	U. Of Toronto	52.14*
3	Grant, Tremaine	91	Unattached A	53.85
4	Grant, Oliver	91	Upper Waterloo	54.60
5	Bates, Brent	92	West Toronto	54.61
6	Mclellan, Ian	92	Excel Ath.	55.81
7	Smithers, Cameron	91	Ottawa Lions	58.17
8	Bell, Spencer	91	Ottawa Lions	1:07.96

Épreuve 17 Femme 2000 Metre Steeplechase

=====				
	CJR: * 6:36.05	7/29/2007	Danelle Woods	
	CJCR: ! 6:36.05	2007	Danelle Woods	
Nom		Année	Équipe	Finales
=====				

Section 1

1	Lalonde, Geneviève	91	O2	6:37.41
2	Beauregard-Breton, Ariel	91	Montreal Olympiqu	6:54.00
3	Kujawa, Kate	91	Excel Ath.	6:55.62
4	Codyre, Katey	94	Durham Dragons	6:55.69
5	Gutmanis, Micha	92	Newmarket H. TC	7:19.46
6	Dulhanty, Emily	93	Mississauga	7:22.79
7	Houde-Pearce, Erika	91	London Runners	7:27.61
8	Deighan, Kayla	93	Newmarket H. TC	7:29.73
9	Tomasovic, Simonne	92	Laurel Creek	7:34.70
10	Baydoun, Zeinab	92	Windsor Legion	7:37.52
11	Blacklaws, Emily	92	South Simcoe	7:39.20
12	Lausch, Sara	94	YHZ	7:42.04
13	Langley, Tristan	93	Central Nova Lgn	7:49.50
14	Monette, Carole-Anne	92	Vaudreuil-Dorion	7:52.75
15	Watts, Sophie	94	YHZ	7:53.42
16	Jeannotte-Maranda, Gabri	91	Cirrus	8:00.24
17	Yungblut, Emily	91	London Runners	8:29.80

Épreuve 18 Homme 3000 Metre Steeplechase

=====			
CJR: * 8:37.83		6/14/2005	Alexander Genest
CJCR: ! 8:49.20		2005	Alex Genest
Nom	Année	Équipe	Finales
=====			
1 Wolter, Mattias	91	Bluenose A.T.	9:00.48
2 Cassidy, Ryan	93	O2	9:02.27
3 Smith, Daryl	91	Windsor Legion	9:08.67
4 Degroot, Andrew	91	Newmarket H. TC	9:11.99
5 Dulhanty, Christopher	92	Mississauga	9:16.39
6 Hadfield, Gareth	92	Caltaf A.A.	9:16.75
7 Deshaies, Nicolas	92	Phenix	9:38.28
8 Delaney, Liam	93	Brockville Lgn	9:43.69
9 Collison, Jordan	91	Saugeen T&F	9:53.90
10 Bouchard, Frédéric	91	Fleur de Lys	9:54.80
11 Lloyd, Duke	92	Hamilton Hmrrhds	9:55.21
12 Bourgeois, Michael	93	Newmarket H. TC	9:56.58
13 Hick, Jeremy	93	London Western	9:58.50
14 Kent, Justin	92	BC Athletics	10:01.33
15 Karley, Christopher	91	Laurel Creek	10:32.04

Épreuve 19 Femme 4x100 Metre Relais

=====			
*WILL RUN WITH EVENT 41			
CJR: * 44.88		7/26/1985	
K. Anderson, A. Thomas, C. Taffe, F. Garbeau			
CJCR: ! 47.79		7/19/2009	, Laurel Creek TFC
J. Westney, T. Semplonius, O. Charnuski, C.McHaina			
Équipe			Finales
=====			
1 Laurel Creek Track & Fiel 'A'			49.39
2 Ottawa Lions T.F.C. 'A'			49.78
1) Biswal, Devyani 93	2) Maddex, Ashlea	92	
3) Callender, Fiona 92	4) Scott, Evelyn	93	
3 Chebucto Athletics 'A'			51.04

Épreuve 20 Homme 4x100 Metre Relais

=====			
*WILL RUN WITH EVENT 42			
CJR: * 39.64		8/15/2006	
J. Warner, S. Smith, T. Pyper, B. Barnett			
CJCR: ! 42.40		7/18/2009	, Take Flight Athletics
K. Douglas, W. Bennett, J. Zorzella, K. Bennett			
Équipe			Finales
=====			
1 Ottawa Lions T.F.C. 'A'			42.29!
1) Biocchi, Devin 92	2) Makinde, Oluwasegun	91	
3) Gregoire, Chase 91	4) Basler, Matt	91	
2 Windsor Legion Track & FI 'A'			42.30!
1) Reid, Matthew 91	2) Macleod, Tyler	91	
3) Rice, Shayne 91	4) Holland, Brandon	91	
3 Take Flight Athletics 'A'			43.02
1) Boreland, Jermal	2) Rodney, Brendon	92	
3) Tita, Samuel 91	4) Bennett, Kyle	93	
4 Chebucto Athletics 'A'			43.13
5 U OF C Athletics Club 'A'			43.81

Épreuve 21 Femme 4x400 Metre Relais

=====			
CJR: * 3:36.41		7/31/1988	
C. Fortin, S. Steingruber, K. Layne, C. Allen			
CJCR: ! 3:51.87		7/19/2009	, Ottawa Lions TFC
A. Brown, F. Callender, R. Aubry, E. Halle			
Équipe			Finales
=====			
1 Ottawa Lions T.F.C. 'A'			3:46.33!
1) Scott, Evelyn 93	2) Callender, Fiona	92	
3) Murphy, Samantha 92	4) Maddex, Ashlea	92	
2 Saskatoon TF Club 'A'			4:04.47
1) Flavel, Meghan 92	2) Ritchie, Katrin	92	
3) Spafford, Megan 93	4) Rhode, Mercedes	92	
3 University OF Toronto T.C 'A'			4:06.21
1) Jewett, Rachel 92	2) Kennedy, Shannon	92	
3) Loader, Mikhaïla 92	4) Hill, Samantha	94	

Épreuve 22 Homme 4x400 Metre Relais

=====			
CJR: * 3:08.92		8/25/1984	
B. Whyte, N. Douglas, R. Richards, J. Graham			

Équipe		Finales	
1	Ottawa Lions T.F.C. 'A'		3:17.40!
	1) Basler, Matt 91	2) Smithers, Cameron 91	
	3) Biocchi, Devin 92	4) Souleiman, Mohammed 93	
2	Niagara Regional Athletic 'A'		3:21.59
	1) Rae, Jeremy 91	2) Miedema, Christopher 91	
	3) Brennard, Dylan 93	4) Varley, Kyle	
3	Capital City Track Club 'A'		3:25.24
	1) Home, Mitchell 92	2) Karakochuk, Michael 91	
	3) Andrais, Greg 91	4) Ajugo, Benjamin 92	
5	Windsor Legion Track & FI 'A'		3:28.04
	1) Reid, Matthew 91	2) Malette, John Paul 91	
	3) Rice, Shayne 91	4) Macleod, Tyler 91	
6	Sherbrooke 'A'		3:35.72
	1) Bergeron, Alexandre 91	2) Paré, Alexandre 91	
	3) Mavrovic, Alex 91	4) Tremblay, Étienne 91	
--	Ottawa Lions T.F.C. 'B'		x3:25.90
	1) Boast, Cody 91	2) Primeau, Codie 92	
	3) Dejong, Dylan 92	4) Gregoire, Chase 91	

Épreuve 23 Femme 10000 Metre Marche

CJR: * 49:15.00 10/24/1987 Lora Rigutto		CJCR: ! 49:49.16 2004 Megan Huzzey	
Nom	Année	Équipe	Finales
1	Voyer, Anne	93 Mille Pays	59:34.58

Épreuve 24 Homme 10000 Metre Marche

CJR: * 42:37.40 7/22/1981 Guillaume Lelanc		CJCR: ! 42:37.40 1982 Guillaume Leblanc	
Nom	Année	Équipe	Finales
1	Carrière, Bruno	92 Gatineau	51:36.85
--	Voyer, Julien	91 C.A.Les 2 M	DQ

Rule # 230.6a

Épreuve 25 Femme Saut en hauteur

CJR: * 1.92m 8/6/1993 Wanita Dykstra		CJCR: ! 1.83m 1988 Coralea Brown	
Nom	Année	Équipe	Prelims

Groupe 1 Preliminaries

1	Pitman, Jennifer	91 Halifast Ath.	1.66mq
	1.46 1.51 1.56 1.61 1.66		
	P O O XXO O		
1	Treasure, Alyxandria M.	92 BC Athletics	1.66mq
	1.46 1.51 1.56 1.61 1.66		
	P P P P O		
1	Rowland, Brooke	94 York Univers	1.66mq
	1.46 1.51 1.56 1.61 1.66		
	P O O XXO O		
1	Olah, Courtney	91 Niagara Regional	1.66mq
	1.46 1.51 1.56 1.61 1.66		
	P P O O XO		
1	Kimoto, Emma T.	91 BC Athletics	1.66mq
	1.46 1.51 1.56 1.61 1.66		
	P P P XO O		
6	Haselhan, Shalane	91 Excel Ath.	1.61mq
	1.46 1.51 1.56 1.61 1.66		
	P O O XXO XXX		
6	Peters, Flo	91 Laurel Creek	1.61mq
	1.46 1.51 1.56 1.61 1.66		
	P O O XXO XXX		
8	Macdonald, Samantha	92 ASEA	1.56m
	1.46 1.51 1.56 1.61		
	P O O XXX		
--	Romu, Rachel	93 Lakehead A.C.	NH
	1.46 1.51 1.56 1.61		
	P P P XXX		
--	Jewett, Rachel	92 U. Of Toronto	NH
	1.46		
	XXX		

Groupe 2 Preliminaries

1	Fetaz, Jennifer	93 Unattached A	1.66mq
	1.46 1.51 1.56 1.61 1.66		
	P O O O O		

1	Rudell, Rita	91	Saugeen T&F	1.66mq
	1.46 1.51 1.56 1.61 1.66			
	P P P O O			
1	Parent, Holly E.	91	BC Athletics	1.66mq
	1.46 1.51 1.56 1.61 1.66			
	P P P O O			
1	Mcintosh, Rachael	91	Bluenose A.T.	1.66mq
	1.46 1.51 1.56 1.61 1.66			
	P P XO O XXO			
5	Whitley, Tayler	91	Ottawa Lions	1.61m
	1.46 1.51 1.56 1.61 1.66			
	O O XO XXO XXX			
5	Siuciak, Emma	93	Niagara Olympics	1.61mq
	1.46 1.51 1.56 1.61 1.66			
	P P XO XO XXX			
5	Haworth, Rebecca	92	Chebucto	1.61mq
	1.46 1.51 1.56 1.61 1.66			
	P O O XO XXX			
8	Lee, Caitlin	92	Kilomaitres	1.56m
	1.46 1.51 1.56 1.61			
	O O O XXX			
8	Doiron, Stéphanie	93	ASEA	1.56m
	1.46 1.51 1.56 1.61			
	O O O XXX			
8	Wallace, Julia	91	Guelph Track	1.56m
	1.46 1.51 1.56 1.61			
	P O O XXX			

Épreuve 25 Femme Saut en hauteur

=====				
CJR: * 1.92m 8/6/1993 Wanita Dykstra				
CJCR: ! 1.83m 1988 Coralea Brown				
Nom	Année		Équipe	Finales
=====				
Groupe 1 Finales				
1	Parent, Holly E.	91	BC Athletics	1.77m
	1.60 1.65 1.68 1.71 1.74 1.77 1.83			
	P O O O O XO XXX			
2	Treasure, Alyxandria M.	92	BC Athletics	1.74m
	1.60 1.65 1.68 1.71 1.74 1.77			
	P P O O XO XXX			
3	Rudell, Rita	91	Saugeen T&F	1.71m
	1.60 1.65 1.68 1.71 1.74 1.77			
	O O P XXO XXP X			
4	Haworth, Rebecca	92	Chebucto	1.68m
	1.60 1.65 1.68 1.71			
	O XXO O XXX			
4	Pitman, Jennifer	91	Halifax Ath.	1.68m
	1.60 1.65 1.68 1.71			
	O XXO O XXX			
6	Siuciak, Emma	93	Niagara Olympics	1.65m
	1.60 1.65 1.68			
	XO O XXX			
6	Olah, Courtney	91	Niagara Regional	1.65m
	1.60 1.65 1.68			
	O XO XXX			
6	Kimoto, Emma T.	91	BC Athletics	1.65m
	1.60 1.65 1.68			
	P O XXX			
9	Mcintosh, Rachael	91	Bluenose A.T.	1.60m
	1.60 1.65			
	O XXX			
9	Rowland, Brooke	94	York Univers	1.60m
	1.60 1.65			
	O XXX			
9	Peters, Flo	91	Laurel Creek	1.60m
	1.60 1.65			
	XXO XXX			
9	Haselhan, Shalane	91	Excel Ath.	1.60m
	1.60 1.65			
	O XXX			
--	Fetaz, Jennifer	93	Unattached A	NH
	1.60			
	XXX			

Épreuve 26 Homme Saut en hauteur

=====				
CJR: * 2.27m 8/2/2009 Derek Drouin				
CJCR: ! 2.24m 1990 Alex Zaliauskas				
Nom	Année		Équipe	Finales
=====				

Groupe 1

1	Wilhelm, Branden	92 London Legion	2.17m
	1.70 1.75 1.80 1.85 1.90 1.95 2.00 2.05 2.08 2.11 2.14 2.17 2.20		
	P P P P P P P P XO P O O XO XXX		
2	Lovett, Django	92 BC Athletics	2.14m
	1.70 1.75 1.80 1.85 1.90 1.95 2.00 2.05 2.08 2.11 2.14 2.17		
	P P P P P P P O P O XO XXX		
3	Borgdorff, Jacob	93 U. Of Toronto	2.00m
	1.70 1.75 1.80 1.85 1.90 1.95 2.00 2.05		
	P O O O XXO XXO XXO XXX		
4	Brown, Preston	92 Unattached A	1.90m
	1.70 1.75 1.80 1.85 1.90 1.95		
	P O O O XXO XXX		
4	Graham, Jonathan	91 Take Flight	1.90m
	1.70 1.75 1.80 1.85 1.90 1.95		
	P P P XO XO XXX		
4	Olson, Steven	93 Winnipeg Opt	1.90m
	1.70 1.75 1.80 1.85 1.90 1.95		
	P P O XXO XXO XXX		
4	Buchanan, Arthur	91 Winnipeg Opt	1.90m
	1.70 1.75 1.80 1.85 1.90 1.95		
	P P O XO O XXX		
4	Gillis, James	92 Ceilidh T.C.	1.90m
	1.70 1.75 1.80 1.85 1.90 1.95		
	P P P O O XXX		
4	West, Mat	93 Saugeen T&F	1.90m
	1.70 1.75 1.80 1.85 1.90 1.95		
	P P O XO XXO XXX		
10	Slythe-Léveillé, Gabriel	93 Corsaire Chap.	1.80m
	1.70 1.75 1.80 1.85		
	O O O XXX		
10	Castillo, Diego	92 Capital City	1.80m
	1.70 1.75 1.80 1.85		
	P O XO XXX		
12	Fawcett, Sean	91 Lethbridge T&F	1.70m
	1.70 1.75		
	O XXX		
--	Tita, Samuel	91 Take Flight	NH
	1.70 1.75 1.80 1.85 1.90 1.95 2.00 2.05		
	P P P P P P P P XXX		
--	Akomolafe, Charles	91 Take Flight	NH
	1.70 1.75 1.80 1.85 1.90 1.95 2.00 2.05		
	P P P P P P P P XXX		

Épreuve 27 Femme Saut a la perche

=====

CJR: * 4.20m 5/28/2007 Gabriella Duclos
 CJCR: ! 4.10m 2004 Adrienne Vangool

Nom	Année Équipe	Prelims
=====		
Groupe 1 Preliminaries		
1	Ridout, Paige 92 U Of C Ath	3.50mq
	2.75 2.95 3.15 3.35 3.50	
	P P O O XXO	
1	Bone, Robin 94 Saint John T&F	3.50mq
	2.75 2.95 3.15 3.35 3.50	
	P P P O O	
1	Parker, Karleigh 92 Unattached A	3.50mq
	2.75 2.95 3.15 3.35 3.50	
	P P P O O	
4	Darnay, Kendall 93 Niagara Regional	3.15mq
	2.75 2.95 3.15 3.35	
	XO O XO XXX	
5	Craig, Kira 93 BC Athletics	2.95mq
	2.75 2.95 3.15	
	P O XXX	
5	Gauthier, Carissa 93 Winnipeg Opt	2.95mq
	2.75 2.95 3.15	
	P XO XXX	
--	Richards, Melissa 93 Winnipeg Opt	NH
	2.75 2.95	
	P XXX	
--	Garfinkel, Mikaela Kagan 92 Winnipeg Opt	NH
	2.75	
	XXX	
--	Salmon, Brittany 95 Montreal Int'l	NH
	2.75	
	XXX	
Groupe 2 Preliminaries		
1	Newman, Alysha 94 London Legion	3.50mq
	2.75 2.95 3.15 3.35 3.50	

	3.60	3.80	4.00	4.20	4.35	4.50	4.65	4.75	4.85	5.01	
	P	P	P	P	P	XO	P	O	O	XXX	
2	Mckay, David					92 BC Athletics					4.75m
	3.60	3.80	4.00	4.20	4.35	4.50	4.65	4.75	4.85		
	P	P	P	P	O	O	O	XXO	XXX		
3	Diston, Matthew					92 Niagara Regional					4.50m
	3.60	3.80	4.00	4.20	4.35	4.50	4.65				
	P	P	P	O	XO	O	XXX				
3	Durward, Luke					91 Unattached A					4.50m
	3.60	3.80	4.00	4.20	4.35	4.50	4.65				
	P	P	O	O	O	XXO	XXX				
5	Pfaff, Jake					92 Windsor Legion					4.35m
	3.60	3.80	4.00	4.20	4.35	4.50					
	P	P	P	P	O	XXX					
6	Sorgini, Taylor					92 South Simcoe					3.80m
	3.60	3.80	4.00								
	O	O	XXX								
7	Choi, Andrew					92 Edmonton Int'l					3.60m
	3.60	3.80									
	O	XXX									
7	Curtis, Anthony					92 Montreal Int'l					3.60m
	3.60	3.80									
	O	XXX									
--	Benard, Townsend					91 Runners Edge					NH
	3.60	3.80	4.00	4.20							
	P	P	P	XXX							
--	Goodwin, Lyndon					92 U Of C Ath					NH
	3.60										
	XXX										

Épreuve 29 Femme Saut en longueur

=====

CJR: * 6.50m 7/4/1982 Karen Nelson
 CJCR: ! 6.11m 2001 Keri-Ann Michell

Nom	Année	Équipe	Prelims	Vent
=====				
Groupe 1 Preliminaries				
1		Ehrhardt, Caroline	92 Track North	5.58mq 0.8
		5.58m(0.8)		
2		Romu, Rachel	93 Lakehead A.C.	5.45mq -0.1
		5.12m(2.3) 4.82m(-0.1) 5.45m(-0.1)		
3		Sutherland, Carolyn	94 BC Athletics	5.44mq 0.6
		5.44m(0.6) 5.28m(-1.0) FOUL(-0.5)		
4		Biswal, Devyani	93 Ottawa Lions	5.36mq 0.6
		5.36m(0.6) FOUL(-0.9) FOUL(-0.1)		
5		Bonneau, Audrey	92 Lavironde	5.17mq -0.2
		5.09m(0.9) 5.09m(1.0) 5.17m(-0.2)		
6		Porlier-Langlois, Alex	93 Sherbrooke	5.15m -0.1
		FOUL(0.3) 5.13m(-0.8) 5.15m(-0.1)		
7		Bedek, Kelly	93 St Thomas Lgn	5.05m 0.2
		4.74m(1.0) 4.62m(0.4) 5.05m(0.2)		
8		Dillon, Krista	92 Ottawa Lions	4.99m 0.1
		4.96m(0.8) 4.71m(-0.4) 4.99m(0.1)		
9		White, Julia	92 Queen City	4.93m 0.2
		FOUL(0.8) FOUL(0.2) 4.93m(0.2)		
10		Thompson, Nicole	93 Take Flight	4.82m 1.8
		FOUL(0.6) 4.82m(1.8) 4.77m(0.8)		
11		Macdonald, Samantha	92 ASEA	4.79m 0.5
		4.72m(-0.2) 4.67m(0.7) 4.79m(0.5)		
12		Russell, Karly	92 Split City	4.50m 0.2
		4.43m(-2.3) 4.25m(2.2) 4.50m(0.2)		
13		Baba, Victoria	92 Fredericton	4.42m 2.3
		4.15m(0.7) 4.42m(2.3) 4.21m(0.4)		
Groupe 2 Preliminaries				
1		Cobb, Aleisha	91 BC Athletics	5.76mq 0.6
		5.76m(0.6) PASS PASS		
2		Fetaz, Jennifer	93 Unattached A	5.62mq 0.8
		5.62m(0.8) PASS PASS		
3		Stewart, Hayley M.	93 BC Athletics	5.61mq -0.4
		5.49m(1.7) 5.42m(-0.4) 5.61m(-0.4)		
4		Rhode, Mercedes	92 Saskatoon T&F	5.41mq -0.7
		4.94m(-1.2) 5.41m(-0.7) 5.37m(-0.1)		
5		Crombeen, Charlotte	92 Unattached A	5.39mq -0.3
		4.75m(0.7) 5.08m(0.6) 5.39m(-0.3)		
6		Stille, Julia	93 Ottawa Lions	5.35mq -0.7
		5.35m(-0.7) FOUL FOUL		
7		Haselhan, Shalane	91 Excel Ath.	5.33mq 1.0
		4.56m(1.0) FOUL(-0.7) 5.33m(1.0)		
8		Stewart, Alana	91 U. Of Toronto	5.15m -0.2
		FOUL(0.5) 5.14m(-0.2) 5.15m(-0.2)		
9		Flemington, Katie	92 Guelph Track	5.12m 0.8

	5.12m(0.8)	FOUL(-0.4)	4.86m(-0.4)		
10	Griffiths, Kara	92 York Univers		5.07m	0.2
	5.07m(0.2)	4.71m(-0.5)	4.53m(-0.7)		
11	Knowles, Shaniqua	93 Take Flight		5.00m	+0.0
	5.00m(+0.0)	2.13m(+0.0)	4.56m(0.3)		
12	Joannis, Ariane	91 Cirrus		4.94m	0.4
	4.94m(0.4)	4.83m(1.3)	FOUL(-0.2)		
13	Springer, Jaimee	92 Split City		4.80m	1.8
	4.54m(-0.2)	4.80m(1.8)	4.65m(0.1)		

Épreuve 29 Femme Saut en longueur

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CJR: * 6.50m 7/4/1982 Karen Nelson
 CJCR: ! 6.11m 2001 Keri-Ann Michell

Nom	Année	Équipe	Finales	Vent
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Groupe 1 Finales

1	Ehrhardt, Caroline	92 Track North		5.79m	-1.5
	5.56m(+0.0)	4.00m(-6.6)	5.76m(-1.3)	5.64m(-2.1)	5.52m(-1.1)
2	Cobb, Aleisha	91 BC Athletics		5.64m	NWI
	5.39m(1.4)	5.37m(-0.1)	5.32m(-1.7)	5.46m(-2.1)	5.64m(-0.0)
3	Romu, Rachel	93 Lakehead A.C.		5.61m	-1.7
	5.15m(-0.6)	5.28m(-2.8)	5.36m(-2.5)	5.48m(0.4)	5.61m(-1.7)
4	Fetaz, Jennifer	93 Unattached A		5.51m	-1.7
	5.50m(-0.4)	5.44m(-0.5)	5.32m(-0.0)	5.13m(-3.1)	5.51m(-1.7)
5	Crombeen, Charlotte	92 Unattached A		5.50m	-0.6
	5.27m(-2.5)	5.50m(-0.6)	5.19m(-0.7)	5.31m(1.0)	5.15m(-1.8)
6	Stewart, Hayley M.	93 BC Athletics		5.45m	0.1
	FOUL(-1.4)	5.45m(0.1)	5.45m(-1.7)	5.28m(-1.7)	5.34m(-2.1)
7	Bonneau, Audrey	92 Lavironde		5.34m	-2.0
	5.18m(-2.4)	5.15m(0.6)	5.34m(-2.0)	5.06m(-2.2)	5.24m(-1.2)
8	Rhode, Mercedes	92 Saskatoon T&F		5.22m	NWI
	5.19m(-0.6)	5.22m(-0.0)	4.63m(-5.7)	4.77m(-3.1)	4.95m(-2.4)
9	Haselhan, Shalane	91 Excel Ath.		5.20m	-0.5
	5.20m(-0.5)	3.52m(-4.7)	FOUL(-2.2)		
10	Sutherland, Carolyn	94 BC Athletics		5.04m	-4.5
	FOUL(-1.4)	FOUL(-0.0)	5.04m(-4.5)		
10	Stille, Julia	93 Ottawa Lions		5.04m	-3.4
	FOUL(-0.5)	4.96m(-0.7)	5.04m(-3.4)		
12	Biswal, Devyani	93 Ottawa Lions		4.93m	-1.9
	4.84m(-0.5)	FOUL(-4.7)	4.93m(-1.9)		

Épreuve 30 Homme Saut en longueur

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CJR: * 7.88m 4/30/1976 Richard Rock
 CJCR: ! 7.48m 1994 Andrew Channer

Nom	Année	Équipe	Prelims	Vent
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Groupe 1 Preliminaries

1	Thibodeau, Jeremy	92 Saint Lauren		6.94mq	0.6
	6.41m(0.4)	6.83m(-0.6)	6.94m(0.6)		
2	Tita, Samuel	91 Take Flight		6.81mq	0.3
	FOUL(0.3)	6.63m(0.3)	6.81m(0.3)		
2	Young, Arren	92 Phoenix Athl		6.81mq	0.8
	6.81m(0.8)	6.22m(+0.0)	FOUL(-0.1)		
4	Mcphee, Stephen	91 Capital City		6.57mq	0.2
	6.33m(0.1)	6.57m(0.2)	6.54m(-0.5)		
5	Massicotte, Yannick	92 S-Jean Olympique		6.55mq	+0.0
	FOUL(+0.0)	6.55m(+0.0)	FOUL(0.4)		
6	Akomolafe, Charles	91 Take Flight		6.29mq	-0.1
	FOUL(-0.8)	FOUL(-0.1)	6.29m(-0.1)		
7	Yetman, Daniel	92 Chebucto		6.05m	-0.2
	6.05m(-0.2)	FOUL(0.8)	6.02m(0.4)		
8	Skory, Kale	92 Unattached A		6.04m	-0.7
	6.04m(-0.7)	5.94m(0.1)	5.98m(0.6)		
9	Giroux, Cory	91 Laurel Creek		5.96m	0.5
	FOUL(-1.6)	5.96m(0.5)	FOUL(0.2)		
10	Choghri, Brandon	93 South Simcoe		5.86m	-0.1
	FOUL(0.3)	5.86m(-0.1)	5.55m(0.1)		

Groupe 2 Preliminaries

1	Stewart, Taylor	91 London Western		! 7.61mq	-0.8
	7.61m(-0.8)	PASS	PASS		
2	Gallaughner, Robert	91 BC Athletics		6.93mq	+0.0
	6.93m(+0.0)	PASS	PASS		
3	O'Donnell, Mitch	94 Supreme Athletic		6.76mq	-0.1
	FOUL(-0.3)	6.56m(-0.2)	6.76m(-0.1)		
4	Hind, Shawn	91 Niagara Regional		6.70mq	0.5
	6.57m(0.3)	6.06m(0.1)	6.70m(0.5)		
5	Macadam, Nicholas	92 Halifax Ath.		6.66mq	-0.2
	FOUL(+0.0)	FOUL(+0.0)	6.66m(-0.2)		
6	Bednarik, Thomas	93 Windsor Legion		6.30mq	0.7

	6.30m(0.7)	6.14m(-0.1)	6.02m(-0.1)		
7	Graham, Jonathan		91 Take Flight	6.25m	0.4
	FOUL(0.2)	6.25m(0.4)	FOUL(0.6)		
8	Feldschun, Matthew		92 Winnipeg Opt	6.20m	0.1
	6.01m(-0.3)	6.07m(0.3)	6.20m(0.1)		
9	Minton, Corey		91 Calgary Warriors	6.00m	0.4
	FOUL(0.6)	6.00m(0.4)	FOUL(0.2)		
10	Martell, Devon		93 Unattached N	5.88m	0.1
	5.88m(0.1)	5.79m(-0.4)	5.88m(0.2)		

Épreuve 30 Homme Saut en longueur

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CJR: * 7.88m 4/30/1976 Richard Rock
 CJCR: ! 7.48m 1994 Andrew Channer

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 Nom Année Équipe Finales Vent

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Groupe 1 Finales

1	Stewart, Taylor		91 London Western	7.30m	-1.2	
	7.18m(-2.2)	7.30m(-1.2)	FOUL(-1.1)	7.14m(-2.5)	7.11m(-1.6)	7.19m(-1.9)
2	Mcphee, Stephen		91 Capital City	6.99m	2.4	
	6.48m(-0.3)	6.80m(-1.1)	4.40m(-0.4)	6.99m(2.4)	4.55m(1.0)	FOUL(-1.1)
3	Akomolafe, Charles		91 Take Flight	6.86m	-3.0	
	6.47m(-1.1)	FOUL(-1.0)	6.86m(-3.0)	6.44m(1.4)	6.22m(-3.1)	6.61m(-1.0)
3	Gallaugher, Robert		91 BC Athletics	6.86m	-1.7	
	6.71m(-0.9)	6.72m(-2.4)	FOUL(1.0)	5.49m(-0.7)	6.86m(-1.7)	FOUL(-5.9)
5	Massicotte, Yannick		92 S-Jean Olympique	6.69m	0.2	
	6.52m(-0.2)	6.69m(0.2)	6.50m(-0.2)	6.28m(-1.4)	FOUL(0.5)	6.14m(-2.9)
6	Tita, Samuel		91 Take Flight	6.65m	-1.3	
	FOUL(-0.3)	6.65m(-1.3)	6.51m(-1.6)	6.46m(-0.9)	6.57m(-1.5)	FOUL(0.9)
7	O'Donnell, Mitch		94 Supreme Athletic	6.64m	-0.7	
	FOUL(-0.2)	FOUL(-2.7)	6.61m(-0.7)	6.16m(-2.0)	6.64m(-0.7)	6.32m(-1.5)
8	Thibodeau, Jeremy		92 Saint Lauren	6.56m	-2.2	
	6.56m(-2.2)	FOUL(-0.4)	FOUL(-0.4)	4.40m(-1.5)	FOUL(-2.8)	FOUL(-1.1)
9	Hind, Shawn		91 Niagara Regional	6.42m	0.2	
	6.42m(0.2)	6.17m(-2.7)	6.25m(0.2)			
10	Young, Arren		92 Phoenix Athl	6.40m	-0.7	
	6.40m(-0.7)	FOUL(-2.2)	FOUL(-0.3)			
11	Bednarik, Thomas		93 Windsor Legion	6.29m	-1.1	
	FOUL(-0.2)	6.29m(-1.1)	6.25m(0.1)			

Épreuve 31 Femme Triple saut

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CJR: * 13.43m 5/3/2004 Tabia Charles
 CJCR: ! 12.64m 2008 Chloe Hetherton

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 Nom Année Équipe Prelims Vent

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Groupe 1 Preliminaries

1	Stille, Julia		93 Ottawa Lions	11.37mq	-0.2
	11.17m(-2.3)	11.37m(-0.2)	10.91m(-1.1)		
2	Stewart, Alana		91 U. Of Toronto	11.31mq	-0.8
	FOUL(2.1)	11.02m(-1.4)	11.31m(-0.8)		
3	Mirotta, Julia		92 Guelph Track	11.15mq	-1.7
	FOUL(-1.7)	10.97m(0.3)	11.15m(-1.7)		
4	Flemington, Katie		92 Guelph Track	11.08mq	-1.0
	10.93m(-1.3)	11.08m(-1.0)	11.07m(-0.6)		
5	Dillon, Krista		92 Ottawa Lions	11.01mq	-0.5
	10.64m(-4.4)	11.01m(-0.5)	10.69m(-2.3)		
6	Wallace, Julia		91 Guelph Track	10.96mq	-1.8
	10.47m(0.1)	10.50m(-2.4)	10.96m(-1.8)		
7	Goad, Emily		91 London Western	10.78mq	-0.8
	10.74m(1.5)	10.72m(-0.2)	10.78m(-0.8)		
8	Bedek, Kelly		93 St Thomas Lgn	10.67m	-1.7
	10.67m(-1.7)	10.29m(-0.7)	10.64m(-2.0)		
9	Violin, Alicia		92 Track North	10.61m	-2.4
	10.58m(-2.4)	10.61m(-2.4)	10.58m(-2.4)		
--	Hetherton, Chloe		92 Saskatoon T&F	FOUL	NWI
	FOUL(-4.6)	FOUL(-2.2)	FOUL(-2.4)		

Groupe 2 Preliminaries

1	Ehrhardt, Caroline		92 Track North	12.46mq	-0.6
	12.46m(-0.6)	PASS	PASS		
2	Biswal, Divyajyoti		93 Ottawa Lions	11.31mq	0.4
	FOUL(-2.5)	11.31m(0.4)	10.68m(-1.2)		
3	Romu, Rachel		93 Lakehead A.C.	11.20mq	-0.8
	10.94m(-2.8)	11.20m(-0.8)	11.08m(-0.4)		
4	Russell, Karly		92 Split City	10.87mq	-0.9
	9.80m(1.4)	10.53m(-1.6)	10.87m(-0.9)		
5	Gibson, Kristen		94 Chebucto	10.78mq	-0.3
	10.78m(-0.3)	10.76m(-2.0)	10.50m(-0.8)		
6	Griffiths, Kara		92 York Univers	10.76m	0.2
	9.92m(-3.3)	9.95m(0.2)	10.76m(0.2)		
7	Olah, Courtney		91 Niagara Regional	10.73m	-2.2

	10.67m(-0.1)	10.73m(-2.2)	10.68m(-1.5)		
8 Neely, Taylor			92 I Be Fast T.C.	10.70m	-2.3
	FOUL(-2.5)	FOUL(-0.3)	10.70m(-2.3)		
9 Taplin, Sarah			94 Unattached-N	10.23m	-1.7
	10.23m(-1.7)	FOUL(-2.0)	9.82m(-0.6)		

Épreuve 31 Femme Triple saut

	CJR: * 13.43m	5/3/2004	Tabia Charles		
	CJCR: ! 12.64m	2008	Chloe Hetherton		
Nom		Année	Équipe	Finales	Vent
=====					
Groupe 1 Finales					
1 Ehrhardt, Caroline		92	Track North	12.54m	-0.4
	12.47m(-2.9)	12.54m(-0.4)	12.44m(0.1)	FOUL(-1.5)	12.08m(3.1)
					12.48m(-2.3)
2 Romu, Rachel		93	Lakehead A.C.	11.95m	-0.7
	11.37m(-0.2)	11.26m(0.5)	11.68m(-0.8)	11.72m(-0.4)	11.95m(-0.7)
					11.54m(-2.7)
3 Stille, Julia		93	Ottawa Lions	11.91m	2.3
	11.35m(-1.6)	11.91m(2.3)	FOUL(-2.9)	11.72m(3.3)	11.71m(-0.1)
					FOUL(-1.8)
4 Dillon, Krista		92	Ottawa Lions	11.58m	1.9
	11.18m(-1.8)	11.01m(-1.6)	11.58m(1.9)	11.51m(-0.5)	10.90m(-0.4)
					10.83m(-3.0)
5 Stewart, Alana		91	U. Of Toronto	11.38m	0.2
	FOUL(-1.7)	10.81m(1.5)	11.23m(-0.6)	11.38m(0.2)	10.93m(0.7)
					10.49m(-0.8)
6 Flemington, Katie		92	Guelph Track	11.34m	-0.3
	FOUL(-1.5)	11.09m(-1.6)	10.95m(-0.9)	FOUL(1.3)	11.34m(-0.3)
					10.97m(-1.7)
7 Gibson, Kristen		94	Chebucto	11.14m	0.7
	10.57m(-0.9)	FOUL(-0.1)	10.96m(0.7)	11.14m(0.7)	FOUL(-1.0)
					10.56m(-1.1)
8 Mirotta, Julia		92	Guelph Track	10.97m	1.5
	10.39m(-2.5)	10.97m(1.5)	FOUL(1.2)	10.80m(0.3)	10.75m(-0.3)
					FOUL(-0.6)
9 Biswal, Divyajyoti		93	Ottawa Lions	10.91m	-0.7
	10.85m(-2.8)	FOUL(-0.6)	10.91m(-0.7)		
10 Wallace, Julia		91	Guelph Track	10.88m	-0.5
	10.72m(0.3)	10.45m(-2.8)	10.88m(-0.5)		
11 Goad, Emily		91	London Western	10.45m	-1.7
	10.45m(-1.7)	10.33m(-2.8)	9.83m(-0.1)		
12 Russell, Karly		92	Split City	10.16m	-1.1
	10.08m(-0.6)	10.16m(-1.1)	FOUL(0.5)		

Épreuve 32 Homme Triple saut

	CJR: * 16.44m	8/4/1985	Edrick Floreal		
	CJCR: ! 15.96m	1986	Bruny Surin		
Nom		Année	Équipe	Finales	Vent
=====					
Groupe 1					
1 Muschette, Marvin		92	Supreme Athletic	14.91m	1.9
	14.19m(-0.3)	14.00m(-1.3)	14.91m(1.9)	14.74m(0.3)	14.83m(-0.2)
					14.81m(-0.1)
2 Akomolafe, Charles		91	Take Flight	14.63m	-0.4
	13.98m(-1.8)	14.63m(-0.4)	13.60m(-1.6)	FOUL(-2.0)	14.46m(-3.1)
					FOUL(-0.8)
3 Tita, Samuel		91	Take Flight	13.97m	2.2
	13.22m(-0.6)	13.07m(-2.7)	13.96m(-0.7)	13.78m(-1.5)	12.61m(-0.7)
					13.97m(2.2)
4 Bednarik, Thomas		93	Windsor Legion	13.85m	2.7
	FOUL(-0.7)	13.43m(-0.6)	13.39m(-0.2)	13.44m(0.2)	13.85m(2.7)
					13.27m(0.4)
5 Young, Arren		92	Phoenix Athl	13.84m	0.2
	FOUL(0.1)	13.74m(-1.2)	13.80m(1.1)	13.84m(0.2)	FOUL(-1.2)
					13.38m(-0.3)
6 Mykety, Brett		91	Chebucto	13.75m	1.0
	13.75m(1.0)	13.36m(-1.0)	FOUL(2.4)	FOUL(-1.1)	PASS
					FOUL(-1.8)
7 O'Donnell, Mitch		94	Supreme Athletic	13.59m	-2.1
	FOUL(-2.5)	FOUL(1.8)	13.59m(-2.1)	FOUL(-1.4)	FOUL(0.2)
					FOUL(0.1)
8 Le, Vinh		93	Niagara Regional	13.57m	-1.1
	13.57m(-1.1)	13.33m(-1.7)	13.44m(-1.4)	13.44m(-1.8)	13.55m(2.2)
					13.32m(-0.6)
9 Yetman, Daniel		92	Chebucto	13.17m	0.6
	12.98m(-2.8)	13.17m(0.6)	13.03m(-1.8)		
10 Smith, Dejaun		93	Take Flight	12.92m	-2.2
	12.38m(-2.3)	12.92m(-2.2)	12.67m(-0.5)		
11 Feldschun, Matthew		92	Winnipeg Opt	12.79m	-2.2
	12.39m(-2.2)	FOUL(-2.3)	12.79m(-2.2)		
12 Choghri, Brandon		93	South Simcoe	12.72m	-1.7
	FOUL(-0.4)	12.72m(-1.7)	12.55m(-2.3)		
13 Martell, Devon		93	Unattached N	12.67m	0.2
	12.43m(-2.1)	12.63m(-0.1)	12.67m(0.2)		
14 Hancock, Scott		92	Jeunesse A.W.	12.58m	-1.4
	12.58m(-1.4)	FOUL(1.7)	12.26m(-2.2)		

Épreuve 33 Femme Lancer du Disque

	CJR: * 52.52m	5/29/1986	Michelle Brotherton		
	CJCR: ! 49.18m	1993	Jennifer Vermette		
Nom		Année	Équipe	Prelims	
=====					
Groupe 1 Preliminaries					

1	Chin, Rayann	40.33m 43.19m PASS	93 U. Of Toronto	43.19mq
2	Rak, Breanna	42.22m PASS PASS	91 Saskatoon T&F	42.22mq
3	Vandeneinden, Sarah	36.40m 34.24m 35.13m	92 London Western	36.40mq
4	Johnston, Madison	FOUL 34.94m FOUL	93 South Simcoe	34.94mq
5	Ferris, Karen	33.25m 34.72m 34.72m	91 Flying M A.C.	34.72mq
6	Crew, Brittany	FOUL 34.13m FOUL	94 Phoenix Athl	34.13mq
7	Vidal, Justine	32.49m 33.37m 31.55m	91 York Univers	33.37mq
8	Trudel-Sabourin, Jade	FOUL 29.61m 31.43m	93 Petite Nation	31.43m
Groupe 2 Preliminaries				
1	Klodnicki, Katie	36.71m 39.39m FOUL	92 York Univers	39.39mq
2	Dyck, Emma	38.16m 33.60m 34.92m	91 Excel Ath.	38.16mq
2	Richardson, Jade E.	38.16m FOUL FOUL	92 BC Athletics	38.16mq
4	Levy, Daina	FOUL FOUL 35.93m	93 Unattached-M	35.93mq
5	Macdonald, Eilish	33.39m 34.62m 35.00m	94 Ottawa Lions	35.00mq
6	Allen, Bernadette	32.14m 33.09m 32.21m	91 London Western	33.09m
7	Heshka-Wolf, Ciera	24.33m 26.13m 28.28m	91 Edmonton Harrier	28.28m
8	Maltais, Naomie	25.92m 26.84m FOUL	92 Athletigouch	26.84m

Épreuve 33 Femme Lancer du Disque

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 CJR: * 52.52m 5/29/1986 Michelle Brotherton
 CJCR: ! 49.18m 1993 Jennifer Vermette

Nom	Année	Équipe	Finales
===== Groupe 1 Finales			
1	Rak, Breanna	91 Saskatoon T&F	45.42m
	45.42m 39.15m FOUL	FOUL FOUL FOUL	
2	Chin, Rayann	93 U. Of Toronto	43.76m
	41.69m 40.87m 42.63m	41.06m 43.76m FOUL	
3	Klodnicki, Katie	92 York Univers	41.44m
	37.15m 38.75m 36.47m	40.10m 40.67m 41.44m	
4	Levy, Daina	93 Unattached-M	40.09m
	FOUL 40.09m FOUL	FOUL FOUL	
5	Dyck, Emma	91 Excel Ath.	38.08m
	36.84m 35.86m 36.37m	34.62m 38.08m FOUL	
6	Crew, Brittany	94 Phoenix Athl	38.00m
	FOUL 34.57m 38.00m	37.64m 35.38m 34.21m	
7	Johnston, Madison	93 South Simcoe	37.09m
	36.13m 37.09m FOUL	35.64m 34.85m 35.04m	
8	Macdonald, Eilish	94 Ottawa Lions	36.79m
	FOUL FOUL 36.79m	34.99m FOUL 34.80m	
9	Richardson, Jade E.	92 BC Athletics	35.75m
	FOUL 33.99m 35.75m		
10	Vandeneinden, Sarah	92 London Western	35.74m
	35.00m 35.74m 34.92m		
11	Vidal, Justine	91 York Univers	33.80m
	33.46m 31.90m 33.80m		
12	Ferris, Karen	91 Flying M A.C.	33.47m
	FOUL FOUL 33.47m		

Épreuve 34 Homme Lancer du Disque

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 CJR: * 56.29m 7/26/2009 Zach Russell-Ford
 CJCR: ! 54.29m 7/18/2009 Brent Roubos

Nom	Année	Équipe	Prelims
===== Groupe 1 Preliminaries			
1	Myatt, Geoffrey	91 Celtic Athletics	51.84mq
	51.84m PASS PASS		
2	Keenan, Adam	93 BC Athletics	51.67mq
	48.84m 51.67m PASS		
3	Wells, Andrew	91 U. Of Toronto	50.22mq
	47.75m FOUL 50.22m		
4	Gray, Jackson	91 Sarnia Athletics	48.67mq
	47.18m 48.67m FOUL		

5	Pilar, Alex	44.39m 45.11m 45.20m	91 Saugeen T&F	45.20mq
6	Wingate, Corey	44.52m 44.25m 42.10m	91 Ottawa Lions	44.52mq
7	Link, Steven	41.27m 41.85m FOUL	91 U Of C Ath	41.85m
8	Bowman, Kevin	FOUL 34.95m FOUL	93 Saugeen T&F	34.95m
Groupe 2 Preliminaries				
1	Young, Jordan	49.91m PASS PASS	93 Windsor Legion	49.91mq
2	Willcox, Tom	FOUL 48.24m 48.12m	91 BC Athletics	48.24mq
3	Gagné, Alexandre	47.60m 48.12m FOUL	91 Sherbrooke	48.12mq
4	Karakolis, Adam	46.13m 44.45m 46.46m	92 Phoenix Athl	46.46mq
5	Machiskinic, Nolan	44.77m FOUL FOUL	91 Saskatoon T&F	44.77mq
6	Palios, Stefan	44.39m 43.48m 42.88m	92 London Western	44.39mq
7	Robertson, Chris	40.02m 37.10m FOUL	92 ASEA	40.02m
8	Pilon, Seb	34.15m 36.12m FOUL	91 Saugeen T&F	36.12m

Épreuve 34 Homme Lancer du Disque

=====				
	CJR: *	56.29m	7/26/2009	Zach Russell-Ford
	CJCR: !	54.29m	7/18/2009	Brent Roubos
Nom			Année Équipe	Finales
=====				

Groupe 1 Finales

1	Wells, Andrew	53.54m FOUL 52.15m FOUL	91 U. Of Toronto	53.54m
2	Young, Jordan	FOUL FOUL 49.89m FOUL	93 Windsor Legion	51.50m
3	Gray, Jackson	46.01m FOUL 47.19m FOUL	91 Sarnia Athletics	51.48m
4	Keenan, Adam	47.93m 49.07m FOUL	93 BC Athletics	51.10m
5	Willcox, Tom	48.94m FOUL 49.34m FOUL	91 BC Athletics	50.12m
6	Myatt, Geoffrey	49.19m FOUL FOUL FOUL	91 Celtic Athletics	49.19m
7	Gagné, Alexandre	47.40m 48.42m 47.72m	91 Sherbrooke	49.16m
8	Karakolis, Adam	44.61m 44.50m 46.32m	92 Phoenix Athl	47.39m
9	Pilar, Alex	FOUL FOUL 44.46m	91 Saugeen T&F	44.46m
10	Wingate, Corey	44.32m 44.05m 43.85m	91 Ottawa Lions	44.32m
11	Palios, Stefan	44.18m 43.33m 42.20m	92 London Western	44.18m
12	Machiskinic, Nolan	44.05m FOUL 43.83m	91 Saskatoon T&F	44.05m

Épreuve 35 Femme Lancer du marteau

=====				
	CJR: *	58.84m	5/22/1999	Jennifer Joyce
	CJCR: !	57.34m	2005	Marie Eve Boisselle
Nom			Année Équipe	Finales
=====				

Groupe 1

1	Franke-Kuhn, Joanna	49.87m 49.99m FOUL	92 BC Athletics	52.10m
2	Levy, Daina	FOUL 47.80m FOUL	93 Unattached-M	50.07m
3	Stuart, Lauren	FOUL 43.14m FOUL	91 BC Athletics	49.43m
4	Kennedy, Samantha	45.58m FOUL FOUL	93 BC Athletics	45.58m
5	Heshka-Wolf, Ciera	FOUL 42.38m FOUL	91 Edmonton Harrier	42.38m
6	Klodnicki, Katie	31.93m 37.12m 39.04m	92 York Univers	39.71m
7	Macdonald, Eilish	FOUL FOUL 35.96m	94 Ottawa Lions	38.25m
8	Maltais, Naomie	33.33m 34.40m FOUL	92 Athletigouch	35.70m

9	Trudel-Sabourin, Jade	93	Petite Nation	33.28m
	FOUL FOUL 33.28m			
10	Dyck, Emma	91	Excel Ath.	32.83m
	32.83m FOUL FOUL			
11	Mara, Alexandra	91	London Western	32.55m
	32.55m FOUL 30.97m			
12	Vandeneynnden, Sarah	92	London Western	32.13m
	31.02m 30.66m 32.13m			
13	Vidal, Justine	91	York Univers	28.09m
	FOUL 28.09m FOUL			

Épreuve 36 Homme Lancer du marteau

=====				
CJR: * 74.09m 6/21/2003 James Steacy				
CJCR: ! 71.03m 2003 Jim Stacey				
Nom	Année Équipe			Finales
=====				
1	Bowman, Kevin	93	Saugeen T&F	60.72m
	FOUL 52.90m FOUL 57.78m		60.72m 60.62m	
2	Dugas, Marc-Antoine	91	Sherbrooke	60.46m
	52.29m 60.44m FOUL 55.75m		60.46m FOUL	
3	Tarnava, Ryan	91	Chinook T.F.C.	60.00m
	56.49m 60.00m 58.12m		FOUL FOUL FOUL	
4	Prince, Spencer R.	92	BC Athletics	56.35m
	51.02m 50.89m 56.35m		FOUL FOUL FOUL	
5	Keenan, Adam	93	BC Athletics	55.14m
	52.86m 54.29m 55.14m		FOUL FOUL FOUL	
6	Young, Jordan	93	Windsor Legion	53.02m
	FOUL 53.02m FOUL FOUL		FOUL FOUL	
7	Pilar, Alex	91	Saugeen T&F	51.16m
	48.94m FOUL FOUL FOUL		51.16m FOUL	
8	Pilon, Seb	91	Saugeen T&F	48.04m
	48.04m FOUL FOUL 46.16m		FOUL FOUL	
9	Smart, Justin	92	Saskatoon T&F	47.52m
	47.52m FOUL FOUL			
10	Preece, Chris	92	York Univers	47.38m
	FOUL 46.96m 47.38m			
11	Gray, Jackson	91	Sarnia Athletics	46.26m
	46.26m FOUL FOUL			
12	Braithwaite, Eric	91	York Univers	45.43m
	FOUL FOUL 45.43m			
13	Kovacs, Adam	92	South Simcoe	43.23m
	FOUL FOUL 43.23m			
14	Hotte, Patrick	91	Ottawa Lions	38.94m
	38.94m FOUL FOUL			

Épreuve 37 Femme Lancer du javelot

=====				
CJR: * 52.36m 4/13/2007 Elizabeth Gleadle				
CJCR: ! 50.86m 2006 Elizabeth Gleadle				
Nom	Année Équipe			Finales
=====				
1	Perkins, Tiffany	91	BC Athletics	47.42m
	39.85m 46.78m 45.02m		FOUL 44.03m 47.42m	
2	Whalen, Chelsea	92	Launchers Ath.	46.75m
	46.75m FOUL 43.29m 44.52m		FOUL 43.24m	
3	Johnston, Madison	93	South Simcoe	42.92m
	31.63m 40.00m 36.43m		42.92m 41.41m FOUL	
4	Springer, Jaimee	92	Split City	40.13m
	40.13m 36.28m 39.66m		36.95m 36.57m 3.56m	
5	Rowland, Brooke	94	York Univers	39.20m
	39.04m 38.48m FOUL FOUL		39.20m FOUL	
6	Chartrand, Sonia	92	Petite Nation	38.35m
	32.11m 38.35m 37.29m		FOUL FOUL FOUL	
7	Gyemi, Daniellle	91	Windsor Legion	38.25m
	35.81m 37.62m 37.62m		FOUL 38.25m FOUL	
8	Gauvin, Lindsay	92	Athlétisme Chlr	38.11m
	38.11m FOUL FOUL 34.55m		FOUL 30.73m	
9	Perry, Rebecca	92	Brockville Lgn	37.36m
	36.91m 32.74m 37.36m			
10	Parker, Karleigh	92	Unattached A	35.78m
	FOUL 33.03m 35.78m			
11	Bélanger, Catherine	91	Corsaire Chap.	35.61m
	35.61m FOUL 34.76m			
12	Poole, Alexandra	93	Truro Track	34.50m
	34.50m 32.37m FOUL			

Épreuve 38 Homme Lancer du javelot

=====				
CJR: * 75.46m 5/17/1998 Scott Russell				
CJCR: ! 68.82m 1998 Scott Russell				

Nom	Année	Équipe	Prelims
Groupe 1 Preliminaries			
1 Mainville, Charles	91	S-Jean Olympique	60.78mq
55.50m 55.81m 60.78m			
2 Parker, Cody	92	BC Athletics	58.95mq
58.95m PASS PASS			
3 Renton, Tyler	94	York Univers	58.81mq
54.62m 56.58m 58.81m			
4 Quigg, Mitch	92	Saint John T&F	55.56mq
55.56m 52.10m PASS			
5 Dykstra, Ray	92	Niagara Regional	54.53mq
52.94m 54.53m FOUL			
6 Kovacs, Adam	92	South Simcoe	51.04mq
FOUL 51.04m FOUL			
7 Ausman, Paul	91	Ottawa Lions	50.34m
49.08m 48.57m 50.34m			
8 Neradilek, Sébastian	92	Corsaire Chap.	48.14m
48.14m 47.23m 47.73m			
9 Munn, Lukas	91	Unattached-N	47.02m
43.63m 47.02m 42.40m			
Groupe 2 Preliminaries			
1 Jones, Caleb	91	Saint John T&F	67.70mq
FOUL 67.70m PASS			
2 Watson, Marcus	92	U Of C Ath	58.22mq
58.22m PASS PASS			
3 Dueck, Joel	92	U Of C Ath	56.92mq
56.32m 56.92m 54.64m			
4 Massar, Justin	91	South Simcoe	53.34mq
53.34m 51.93m FOUL			
5 Rumble, Scott	91	Woodstock Legion	52.80mq
52.80m 51.63m 51.66m			
6 Charest, Marc-Andre	92	Energie	51.98mq
51.98m FOUL FOUL			
7 Larsen, Josh	92	Excel Ath.	46.35m
46.35m FOUL 41.39m			
8 Buchanan, Arthur	91	Winnipeg Opt	46.15m
45.66m 45.57m 46.15m			

Épreuve 38 Homme Lancer du javelot

Nom	Année	Équipe	Finales
CJR: * 75.46m 5/17/1998 Scott Russell			
CJCR: ! 68.82m 1998 Scott Russell			
Groupe 1 Finales			
1 Jones, Caleb	91	Saint John T&F	69.68m!
67.91m 69.68m FOUL FOUL PASS 64.29m			
2 Dykstra, Ray	92	Niagara Regional	63.07m
59.88m 58.83m 58.19m 57.09m 62.53m 63.07m			
3 Parker, Cody	92	BC Athletics	62.68m
61.00m 62.68m FOUL 55.40m 57.36m 60.94m			
4 Renton, Tyler	94	York Univers	61.72m
58.39m FOUL 61.72m FOUL 58.60m FOUL			
5 Kovacs, Adam	92	South Simcoe	60.83m
56.84m 57.53m 56.57m 60.83m 56.43m 56.55m			
6 Watson, Marcus	92	U Of C Ath	58.89m
58.89m 58.10m 56.85m FOUL 53.91m FOUL			
7 Dueck, Joel	92	U Of C Ath	57.44m
57.44m 56.31m FOUL FOUL FOUL 54.64m			
8 Massar, Justin	91	South Simcoe	56.66m
56.66m FOUL 52.84m 55.46m 56.66m FOUL			
9 Quigg, Mitch	92	Saint John T&F	56.02m
56.02m FOUL 52.67m			
10 Charest, Marc-Andre	92	Energie	52.82m
51.58m 52.82m 50.76m			
11 Rumble, Scott	91	Woodstock Legion	51.98m
51.98m FOUL 51.03m			
12 Mainville, Charles	91	S-Jean Olympique	51.08m
51.08m FOUL FOUL			

Épreuve 39 Femme Lancer du poids

Nom	Année	Équipe	Finales
CJR: * 16.39m 7/18/2009 Julie Labonte			
CJCR: ! 16.39m 7/18/2009 Julie Labonte			
Groupe 1			
1 Whalen, Chelsea	92	Launchers Ath.	13.93m
12.47m FOUL 12.82m 13.14m 13.93m FOUL			
2 Porlier-Langlois, Alex	93	Sherbrooke	13.85m

	13.85m	13.52m	13.18m	12.54m	FOUL	13.37m	
3	Chin, Rayann			93	U. Of Toronto		12.63m
	11.78m	12.01m	12.52m	12.63m	FOUL	FOUL	
4	Vidal, Justine			91	York Univers		11.81m
	10.59m	10.81m	11.81m	11.18m	11.29m	FOUL	
5	Vandeneinden, Sarah			92	London Western		11.72m
	11.41m	11.72m	11.72m	FOUL	FOUL	FOUL	
6	Macdonald, Eilish			94	Ottawa Lions		11.56m
	10.59m	FOUL	11.24m	FOUL	11.56m	11.47m	
7	Crew, Brittany			94	Phoenix Athl		11.55m
	11.55m	10.99m	11.34m	11.39m	FOUL	FOUL	
8	Trudel-Sabourin, Jade			93	Petite Nation		10.29m
	10.29m	9.59m	9.66m				
9	Richardson, Jade E.			92	BC Athletics		9.66m
	9.48m	FOUL	9.66m				

Épreuve 40 Homme Lancer du poids

=====							
CJR: * 19.10m 6/26/2002 Chris Meisner							
CJCR: ! 18.79m 2002 Chris Meisner							
	Nom	Année Équipe		Finales			
=====							
1	Welch, Drew	91 London Western		18.13m			
	17.60m	17.75m	FOUL	18.13m	FOUL	FOUL	
2	Willcox, Tom	91 BC Athletics		17.35m			
	16.84m	16.40m	17.35m	FOUL	FOUL	FOUL	
3	Braithwaite, Eric	91 York Univers		15.88m			
	14.44m	15.88m	15.57m	15.23m	15.39m	15.58m	
4	Palios, Stefan	92 London Western		15.85m			
	15.55m	15.55m	15.59m	15.76m	15.63m	15.85m	
5	Prince, Spencer R.	92 BC Athletics		15.73m			
	14.28m	15.73m	15.35m	FOUL	FOUL	FOUL	
6	Young, Jordan	93 Windsor Legion		15.56m			
	15.56m	FOUL	FOUL	FOUL	FOUL	15.15m	
7	Gagné, Alexandre	91 Sherbrooke		15.18m			
	15.18m	15.12m	14.58m	14.73m	14.80m	14.90m	
8	Jean, Philippe	91 Lavironde		14.74m			
	FOUL	14.37m	14.74m	FOUL	FOUL	14.54m	
9	Machiskinic, Nolan	91 Saskatoon T&F		14.59m			
	14.59m	FOUL	FOUL				
10	Link, Steven	91 U Of C Ath		14.39m			
	14.10m	14.39m	FOUL				
11	Stern, Nathan	91 Flying Angel		14.07m			
	13.11m	14.07m	13.04m				
12	Wingate, Corey	91 Ottawa Lions		14.06m			
	12.10m	FOUL	14.06m				
13	Welch, Alex	93 Saugeen T&F		13.87m			
	FOUL	12.73m	13.87m				
14	Hotte, Patrick	91 Ottawa Lions		12.98m			
	12.98m	12.58m	FOUL	FOUL			

Épreuve 41 Femme 4x100 Metre Relais Branch Relay

=====							
*WILL RUN WITH EVENT 19							
	Équipe		Finales				
=====							
Section 1							
1	Team Ontario 'A'		46.11				
	1) Ken, Naomi		2) Bell, Janelle	Spencer			
	3) Martin, Simone		4) Bingham, Khamica				
2	Team NB 'A'		52.65				

Épreuve 42 Homme 4x100 Metre Relais Branch Relay

=====							
*WILL RUN WITH EVENT 20							
	Équipe		Finales				
=====							
1	Team Manitoba 'A'		42.45				
	1) Samking, Wilfred		2) Allen, Ben				
	3) Gajdahar, MACK		4) Aikins, Michael				
2	Team Ontario 'A'		42.48				
	1) Laidlaw, Allen		2) O'Donnell, Mitch				
	3) Hayle, Tyler		4) Aguda, Emeka				
3	Team NB 'A'		43.88				

Épreuve 43 Femme 4x400 Metre Relais Branch Relay

=====							
Branch Relays							
	Équipe		Finales				
=====							
1	Team Alberta 'A'		3:48.43				

- | | | |
|-----------------------|-----------------------|---------|
| 1) Watson, Sage | 2) Westaway, Jenna | |
| 3) Francois, Rachel | 4) Bauer, Nicole | |
| 2 Team Manitoba 'A' | | 3:58.17 |
| 1) Kitching, Melissa | 2) Baren, Melanie | |
| 3) Paracholski, Megan | 4) Paracholski, Carly | |

Épreuve 44 Homme 4x400 Metre Relais Branch Relay

Équipe		Finales
1	Team Manitoba 'A'	3:24.10
	1) Allen, Ben	2) Samson, Terrence
	3) Ostberg, Dylan	4) Vankoughnee, Joel
2	BC Athletics 'A'	3:25.57
	1) Vugteveen, Travis 92	2) Keane, Sean 93
	3) Neal, Keffri W. 93	4) Bruchet, Lucas 91